

Welcome to Adelphi University!

In the following pages, you'll find descriptions of classes designed by faculty around campus on a whole range of topics. Please take some time to read through all of these classes and consider exploring a topic you might never have thought about studying before. After all, one of the most exciting things about the transition from high school to college is that you're going to be exposed to new ideas and disciplines (Gender Studies, Anthropology, Environmental Studies, among others). Whichever First Year Seminar you take, you'll get to work alongside a faculty member and a Peer Assistant Leader (PAL) as you and your classmates begin your journey at Adelphi.

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FIRST YEAR SEMINARS - Fall 2021

Please consult the [General Education Requirements](#) or go to E-campus, open CLASS, then Fall 2021 courses, and look under the department “Freshman Experience (0952)” for updates of course descriptions, staffing, scheduling, and availability. Students are invited to check CLASS periodically to see if any seats have opened up in those sections, or if any new course sections have been added. **Shaded course sections are not currently available.**

Section 1

0952-110-001 MW – 8:35-9:50am

Abdin Chande, Associate Professor – Department of History

Epics, Legends and History

What do stories of heroes, dreamers, travelers, monsters inform us about an age of real and mythical intermingling? This seminar interrogates the contours of "history," "fact," "fiction," "myth," when studying epics: Gilgamesh, Sundiata, Iliad, Mahayana, and others. A central question is how to use narratives to understand cultures we study.

Section 2

0952-110-002 MW - 8:35-9:50am

Athanasia Biska, Adjunct Faculty - Department of Languages, Literatures and Cultures

Greek Influences on the World

Throughout history Greeks contributed much to Modern Society: We will study how their achievements in science, mathematics, medicine, philosophy, architecture, technology, politics, literature, arts, logic, concepts and ideas shaped our world. We will learn basic Greek elements in English language that will improve the understanding of our language and communication-skills.

Section 3

0952-110-003 MW - 8:35-9:50am

Rita Verma, Professor - Ruth S. Ammon School of Education

Human Rights, Global Conflict and Social Change

This course examines global challenges promoting human rights justice, and how people, acting responsibly, have changed the world. Local/global human rights issues observed; and specifically, globalization and political and social challenges that impact human rights around the world, with the goal of developing enhanced global citizenship and leadership skills.

Section 13

0952-110-013 MW – 8:35-9:50am

M. Cristina Zaccarini, Associate Professor – Department of History

Mindfulness & the Study of History

Students will learn mindfulness, applying it – to their own lives, the lives of others, and the interpretation of historical sources. Each student can earn a mindfulness certificate and interview a formerly incarcerated individual who has studied mindfulness with the reentry organization Network Support Services.

Section 5

0952-110-005 MWF 9:00-9:50am

Devin Thornburg, Professor - Ruth S. Ammon School of Education

Intercultural Competence and Communication

Students will explore the differences of culture and communication around the world that have influenced all spheres of life, including economics, technology, politics, education and the arts. Greater awareness of their own and others' cultural values will result in both individual and collective growth. **Priority will be given to international students, but open to everyone with instructor permission.**

Section 6

0952-110-006 MWF – 10:00-10:50am

Margaret Cassidy, Professor – Department of Communications

Early Child Development and Media

This course examines early childhood development from birth to age 3 in order to understand the role of media in young children's lives. Students will explore the cognitive, social, emotional, and physical development of young children and the impact that media might have on these aspects of development.

Section 7

0952-110-007 MWF – 10:00-10:50am

Jonathan Hiller, Associate Professor – Department of Languages, Literatures, & Cultures

Italian Opera, Theater and Film

In this course, students will explore works of Italian opera, theater, and film from approximately 1800 to the present. They will analyze and interpret these works from the perspectives of history, nationalism, scientific culture, warfare, colonialism, and fascism. No knowledge of the Italian language is required for this course.

Section 8

0952-110-008 MWF 11:00-11:50am

Eric Knee, Assistant Professor - Department of Health and Sport Sciences

Exploring Queer Lives Through Leisure

Leisure practices and spaces provide important context in the histories of LGBTQ2S+ persons and the formation of queer cultures. As such, this course will explore LGBTQ2S+ persons through a leisure lens, with particular emphasis on leisure's role in the development of North American LGBTQ2S+ histories and queer cultural practices.

Section 9

0952-110-009 MWF 11:00-11:50am

Jonathan Gargiulo, Adjunct Faculty - Department of Health and Sport Sciences

Psychology of Happiness

In this course you will engage in a series of challenges designed to increase your own levels of happiness and build more productive habits. As preparation for these tasks, we will reveal misconceptions about happiness, inability to forecast our own sustainable happiness, and the research that can help us change.

Section 10

0952-110-010 MW – 2:25-3:40pm

Ryan Ehrhart, Lecturer – Environmental Studies & Sciences

Into the Wild: Humans Impacting Wilderness

Students will explore how human activities impact wilderness areas, how evolving relationships with wilderness are part of larger political, economic, and cultural movements, and how our socially constructed ideas of wilderness change over space and time. Students will also investigate what are the best strategies to preserve wilderness.

Section 11

0952-110-011 MW – 2:25-3:40pm

Lauren Rosenblum, Lecturer – General Studies

Women in Comics

After exploring the role of women in comics’ “golden age,” we will turn to contemporary graphic narratives by women who build on the earlier themes of gender, sexuality, race, and disability. Students will create their own multimedia review of a recent comic and develop their own graphic narrative.

Section 12

0952-110-012 MW 2:25-3:40pm

Natalie Johnson, Adjunct Faculty - Department of Human Resources

Sex, Law and Power

Understanding power relations requires attention to context, particularly social values, cultural mores and communal norms shaping society. This course explores the process by which “sexuality” (understood broadly to include gender and sexual difference) is constituted through relations of power and comes to shape the lives of everyday citizens.

Section 14

0952-110-014 MW – 4:15-5:30pm

Anagnostis Agelarakis, Professor – Department of History

The Ancients Speak - Archeohistory & Forensics in 15 World Sites

Adventures, experiences and scientific discoveries through the instructor’s 35 year research/work in forensic archaeo-historical projects, in Thailand, Iraq, Israel, Egypt, Cyprus, Turkey, Greece, Sweden, US and Puerto Rico, unveil secrets of humanity, of failures, adaptations and achievements, ranging from the 12th millennium before present to the 15th century.

Section 15

0952-110-015 MW – 4:15-5:30pm

Nathan Ross, Assistant Director – Faculty Center for Professional Excellence

What is Art?

The class will examine debates about what counts as art; personal reflection and discussion on how to enjoy art and what value it has in human life. Students will read foundational texts, debate, as well as engage in direct experience of artworks, both in class and on field trips.

Section 4

0952-110-004 MW – 4:15-5:30pm

Susan Cushman, Adjunct Faculty- Department of General Education

Introduction to Peace Studies

Students examine peace movements, leaders, and literature, concluding with a project where students investigate and visit local peace organizations that practice non-violent conflict resolution. The course introduces “peace work” across industries (from grassroots to government to NGOs), which may inspire or overlap with students' own budding academic and career interests.

Section 16

0952-110-016 T – 4:30-7:00pm

Edmund Pajarillo, Associate Professor - Department of Nursing

Global and Multidiscipline Health Roles

This is one of two General Education foundational workshop courses where students will learn fundamental concepts and worldviews from the perspective of healthcare interprofessional disciplines. The aim is to instill self-reflections and experiential inquiries to explore complex global health issues that require multifaceted approaches in addressing its compounding intricacies.

Section 17

0952-110-017 TR – 8:00-9:15am

Michael LaCombe, Associate Professor – Department of History

Rebels and Indians in Early America

Our class will focus on the American Revolution in NYC and on Native American diplomacy on the Pennsylvania frontier. By playing distinct roles in two Reacting to the Past games, students will develop the critical and creative thinking skills expected of all students at Adelphi, no matter what their major.

Section 18

0952-110-018 TR – 9:25-10:40am

Gary Schechter, Adjunct Faculty – General Education

Science for the Global Citizen

This seminar will focus on bioethical, economic, environmental, and political issues as they relate to the sciences, while emphasizing global perspectives and personal responsibility. Students may participate in real and ongoing research projects as citizen scientists. The seminar is designed for both non-science and science majors.

Section 19

0952-110-019 TR – 3:05-4:20pm

Danielle Barnhart, Adjunct Faculty – Department of English

Capturing Delight

With a sense of wonder and intellectual curiosity, this class will focus on the practice of exploring and articulating that which brings us delight. Students will read works in myriad genres, engage with various forms of art, and write reflective essays, poems, and other nontraditional compositions.

Section 20

0952-110-020 TR – 10:50am-12:05pm

Laraine Wallowitz, Associate Professor – Ruth S. Ammon School of Education

Gender Studies

What role does gender (both masculinity and femininity) play in our lives? What does it mean to be a feminist? Using both print and non-print sources, students will explore the answers to these questions as we investigate together the changing notions of gender in the U.S. and around the globe.

Section 21

0952-110-021 TR – 10:50am-12:05pm

H. Robert Perez, Associate Professor – Department of Health & Sport Sciences

Fitness & The Active Lifestyle

This course explores problems associated with inactive lifestyles. Among other topics, students will study how low energy output can cause hypokinetic disorders that reduce longevity and will investigate myths associated with physical activity. This work will help students develop individualized programs of personal wellness.

Section 22

0952-110-0225 TR – 10:50-12:05pm

Susan Kilgore, Assistant Professor – Environmental Studies & Sciences

Into the Wild: Peaks to Plains

What is wild? Do humans benefit from wilderness? In the U.S. interior, thousands of acres of pristine land are designated as Wilderness. Although preservation is the goal for these areas, they are vulnerable to human pressures and climate change. We will explore these wild places and the challenges they face.

Section 23

0952-110-023 TR – 10:50am-12:05pm

Jacqueline Olvera, Associate Professor – Department of Sociology

Beliefs, Morals, & College Life

Is deciding between “right” and “wrong” purely personal? Students explore beliefs and moral judgments about everyday college life issues. Through collaborative activities and assignments, we will share our beliefs and uncover how groups we belong to, organizations we join, and institutions that shape us influence what we view as moral.

Section 24

0952-110-024 TR – 12:15-1:30pm

Laura Quiros, Associate Professor – School of Social Work

Trauma & the Work of Social Justice

Students will study writers such as bell hooks, Paulo Freire, and Chimamanda Ngozi Adichie to understand the nature of trauma from various critical perspectives. They will come away with a strong understanding of how trauma, privilege, and difference manifest in how we communicate, lead, and work with each other.

Section 25

0952-110-025 TR – 12:15-1:30pm

Jessica Klein, Associate Professor – Department of Sociology

Building a Culture of Empathy

Many people today grapple with depression, anxiety, and loneliness. Using a sociological approach to this “culture of misery,” this class explores empathy as a tool for improving schools, families, and the criminal justice system. Students will play empathy-building games, attend talks by restorative-justice speakers, and participate in collaborative projects.

Section 26

0952-110-026 TR – 12:15-1:30pm

Joan Schimke, Associate Professor – Department of Communications

Film & the Immigrant Experience

How are immigrants to the United States portrayed in film? Students in this class will consider how cinematic portrayals of the immigrant experience contribute to the American understanding of immigration and its connection to a shared national identity. Films will include The Godfather Part II and An American Tail.

Section 27

0952-110-027 TR – 12:15-1:30pm

Cindy Maguire, Associate Professor – Department of Art and Art History

Art and Activism

Learn how the visual and performing arts have been used to advocate for justice and human rights around the world. Explore how artists can collaborate with communities to rebuild after conflict and what can we do to advocate for human rights through the arts.

Section 28

0952-110-029 TR – 1:40-2:55pm

Ann Holt, Adjunct Professor – Department of Art and Art History

Data Visualization and Art

Seminar explores/encounters contemporary and interdisciplinary art and how artists use data to understand the world, society, and self. Students learn how to access and critically analyze data, and create art that intersects with data visualization. Students participate in one field trip. Final project involves arts-based research using data visualization.

Section 29

0952-110-028 TR – 1:40-2:55pm

Martin Garrell, Professor – Department of Physics

Environmentalism: 1700-2020

Environmentalism had its U.S. origins in western and native land traditions, developed through the 19th century conservation movement, then burst forth in the 20th century. Students will explore the challenges and opportunities of 21st century environmentalism both on campus and beyond.

Section 30

0952-110-030 TR – 1:40-2:55pm

Clara Bauler, Associate Professor – Ruth S. Ammon School of Education

Multilingualism in Schools & Society

In this course students will critically examine and discuss key social and educational issues in the study of multilingualism. Through in-class and online learning tasks/projects, students will question assumptions, concepts, and understandings of multilingualism, as well as analyze problems of linguistic diversity and equity in schools, media, and society.

Section 31

0952-110-031 TR – 1:40-2:55pm

Lyudmila Bryzzheva, Associate Professor – Ruth S. Ammon School of Education

Justice with Strangers

Via dialogues, mini-lectures, text, and research, this multidisciplinary course engages the question: In our shared world, what do I owe strangers? Students explore the politics of difference, faces of oppression, and social connection model of responsibility. They find spheres of influence and plan a socially responsible action.

Section 32

0952-110-032 TR – 3:05-4:20pm

Ann Holt, Adjunct Professor – Department of Art and Art History

Getting Lost at Adelphi

This seminar focuses on thinking more about *how* we learn/encounter/understand and less about *what* we learn. The Adelphi campus is our interdisciplinary classroom – students experience embodied processes of learning through wayfaring/exploration and aesthetics of possibility. Course requires fieldnotes, an openness to undetermined journeys, making sense through arts-based methodology, and play.

Section 33

0952-110-033 TR – 3:05-4:20pm

Dolapo Adeniji-Neill, Professor – Ruth S. Ammon School of Education

Gender and the Self

This course introduces the field of Gender Studies to help students make sense of their lives as men and women. As we examine the role of gender in film and other media, students will work on an oral history project exploring the changing nature of manhood and womanhood across generations.

Section 34

0952-110-034 TR – 3:05-4:20pm

Jill Campbell, Adjunct Faculty – Department of Art and Art History

Music Video and Popular Culture

Music videos are considered artistic expressions and promotional devices whose content has transformed popular culture. This course combines the study of the history of the music video with hands-on production. Students will learn basic editing and filmmaking skills while analyzing different genres of music video within historical eras.

Section 35

0952-110-035 TR – 4:30-5:45pm

Matt Lavery, Director of Learning and Writing Centers

That's Debatable

Everyone knows what debate is, right? Are you sure? This course will explore debate as something more complex than a canned exercise or an exchange of rehearsed talking points. Through historical, rhetorical, and philosophical examination, students will experience debate as a way of discovering one's world and one's self.

Section 36

0952-110-036 TR – 4:30-5:45pm

Robert Goldberg, Clinical Assistant Professor – Department of Finance & Economics

Your Money AND Your Life: A Course in Personal Finance

The course introduces economics and finance for the individual. Topics include credit cards, investments, and the debate on taxes and wealth distribution. Students learn how to evaluate personal financial decisions, establish financial goals, and consider strategies for achieving these goals. Current events are discussed. Not recommended for business majors.

Section 37

0952-110-037 TR – 4:30-5:45pm

Anne Mungai, Associate Provost for Strategic Initiatives and Graduate Studies

It Takes a Village

In this arts-based course, students will examine the role of social media in social movements and revolutions around the globe. Among other topics, we will consider the importance of narratives, art, documentary film, and photographs on public opinion, political and economic policies, and human rights.

LIVING-LEARNING COMMUNITY FIRST YEAR SEMINARS

(Open to Residential Students Only)

If you highly value community service and leadership then apply to become a member of Adelphi's Living-Learning Communities. Live and learn with other students who embrace and immerse themselves in opportunities that cultivate a strong sense of community and common purpose. With an emphasis on personal engagement, collaboration and service-learning, these programs are a valuable opportunity for students to make friends, earn credits that are required for all first-year students, and be an active part of student life from their very first day at Adelphi. The LLC participates in outreach on and off campus. The leadership-centered LLC brings together students to share in a fun and engaging exploration of leadership and personal leadership development, while the service-learning LLC focuses on compassionate dispositions, being engaged citizens, and pursuing students' interests. The LLC's work very closely together. For questions regarding the required on-campus living component of this program, please visit housing.adelphi.edu/options/#fyllc, call the Office of Residential Life and Housing 516-877-3650, or email housing@adelphi.edu.

Section 64

0952-110-064 MW – 2:25-3:40m

Lisa Minicozzi, Clinical Associate Professor – Ruth S. Ammon School of Education

Learning to Lead

This leadership-oriented seminar introduces students to life at Adelphi, both academically and socially. Through experience-based learning activities, students will explore the principles of relational leadership and develop collaboration, leadership, and communication skills to enable them to become successful in college, in their chosen career, and in their communities.

Section 65

0952-110-065 MW – 2:25-3:40pm

MaryJean McCarthy, Clinical Associate Professor – Ruth S. Ammon School of Education

Compassionate Citizenship

Students will identify and develop the dispositions and practices of engaged citizens in the 21st century. In addition to reading texts focused on what it means to be an “awake” citizen and meeting with diverse “agents of change,” students will participate in service and advocacy outreach on and off campus.

LEVERMORE GLOBAL SCHOLARS

THE FOLLOWING SECTIONS ARE RESERVED FOR LEVERMORE GLOBAL SCHOLARS ONLY

The following sections are reserved for Levermore Global Scholars (LGS) students. LGS is a learning community focusing on global learning, social justice and civic engagement that is open to students from all majors, who fulfill most of their general education requirements through the program. If you are interested in joining LGS, visit the LGS webpage. To learn more, then contact Dr. Katie Laatikainen, Professor and Director of International Studies, and LGS Academic Director, at laatikai@adelphi.edu or Peter DeBartolo, Administrative Director, at pdebartolo@adelphi.edu.

LGS Section 1

0960-110-001 TR– 1:40-2:55pm

Sarah Eltabib, Senior Lecturer – General Studies

Human Rights & Social Movements

This course will examine the historical legacy of social movements, their political and legal implications, and their overall social consequences on a global scale. Several factors are considered including the examination of politicized spaces (Universities, Coffeehouses), Social Media (Twitter, Facebook) and discussions regarding the evolution of rights to assembly and speech.

LGS Section 2

0960-110-002 TR - 3:05-4:20pm

Melanie Bush, Professor – Department of Sociology

Community, Love and Justice

At a time when the social world is increasingly chaotic, this course explores these principles as a guide for a “better tomorrow.” We will consider what they mean for individuals, groups, and society as a whole, and how they can be a foundation for social policies, everyday life and practices.

LGS Section 3

0960-110-003 MW 4:15-5:30pm

Adam Bucko and Michael Sniffen, Adjunct Faculty – General Education (Interfaith Center)

Mindfulness and Justice

In the face of environmental and humanitarian crises, finding meaning and purpose in life is a challenge. Life-stories of great spiritual leaders are an inspiring resource. Discover the human capacity for spirituality and reveal your part in envisioning a world that is just for all, not just for some.