Welcome to Adelphi University!

In the following pages, you’ll find descriptions of classes designed by faculty around campus on a whole range of topics. Please take some time to read through all of these classes and consider exploring a topic you might never have thought about studying before. After all, one of the most exciting things about the transition from high school to college is that you’re going to be exposed to new ideas and disciplines (Gender Studies, Anthropology, Environmental Studies, among others). Whichever First Year Seminar you take, you’ll get to work alongside a faculty member and a Peer Assistant Leader (PAL) as you and your classmates begin your journey at Adelphi.

Dr. Salvatore Petrilli
Associate Dean for General Education and Academic Operations
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Please consult the General Education Requirements or go to E-campus, open CLASS, then Fall 2021 courses, and look under the department “Freshman Experience (0952)” for updates of course descriptions, staffing, scheduling, and availability. Students are invited to check CLASS periodically to see if any seats have opened up in those sections, or if any new course sections have been added. Shaded course sections are not currently available.

Section 1
0952-110-001 MW – 8:35-9:50am
Abdin Chande, Associate Professor – Department of History

Epics, Legends and History
What do stories of heroes, dreamers, travelers, monsters inform us about an age of real and mythical intermingling? This seminar interrogates the contours of "history," "fact," "fiction," "myth," when studying epics: Gilgamesh, Sundiata, Iliad, Mahayana, and others. A central question is how to use narratives to understand cultures we study.

Section 2
0952-110-002 MW - 8:35-9:50am
Athanasia Biska, Adjunct Faculty - Department of Languages, Literatures and Cultures

Greek Influences on the World
Throughout history Greeks contributed much to Modern Society: We will study how their achievements in science, mathematics, medicine, philosophy, architecture, technology, politics, literature, arts, logic, concepts and ideas shaped our world. We will learn basic Greek elements in English language that will improve the understanding of our language and communication-skills.

Section 3
0952-110-003 MW - 8:35-9:50am
Rita Verma, Professor - Ruth S. Ammon School of Education

Human Rights, Global Conflict and Social Change
This course examines global challenges promoting human rights justice, and how people, acting responsibly, have changed the world. Local/global human rights issues observed; and specifically, globalization and political and social challenges that impact human rights around the world, with the goal of developing enhanced global citizenship and leadership skills.

Section 13
0952-110-013 MW – 8:35-9:50am
M. Cristina Zaccarini, Associate Professor – Department of History

Mindfulness & the Study of History
Students will learn mindfulness, applying it – to their own lives, the lives of others, and the interpretation of historical sources. Each student can earn a mindfulness certificate and interview a formerly incarcerated individual who has studied mindfulness with the reentry organization Network Support Services.
Section 5

0952-110-005 MWF 9:00-9:50am
Devin Thornburg, Professor - Ruth S. Ammon School of Education

Intercultural Competence and Communication

Students will explore the differences of culture and communication around the world that have influenced all spheres of life, including economics, technology, politics, education and the arts. Greater awareness of their own and others' cultural values will result in both individual and collective growth. Priority will be given to international students, but open to everyone with instructor permission.

Section 6

0952-110-006 MWF – 10:00-10:50am
Margaret Cassidy, Professor – Department of Communications

Early Child Development and Media

This course examines early childhood development from birth to age 3 in order to understand the role of media in young children's lives. Students will explore the cognitive, social, emotional, and physical development of young children and the impact that media might have on these aspects of development.

Section 7

0952-110-007 MWF – 10:00-10:50am
Jonathan Hiller, Associate Professor – Department of Languages, Literatures, & Cultures

Italian Opera, Theater and Film

In this course, students will explore works of Italian opera, theater, and film from approximately 1800 to the present. They will analyze and interpret these works from the perspectives of history, nationalism, scientific culture, warfare, colonialism, and fascism. No knowledge of the Italian language is required for this course.

Section 8

0952-110-008 MWF 11:00-11:50am
Eric Knee, Assistant Professor - Department of Health and Sport Sciences

Exploring Queer Lives Through Leisure

Leisure practices and spaces provide important context in the histories of LGBTQ2S+ persons and the formation of queer cultures. As such, this course will explore LGBTQ2S+ persons through a leisure lens, with particular emphasis on leisure’s role in the development of North American LGBTQ2S+ histories and queer cultural practices.

Section 9

0952-110-009 MWF 11:00-11:50am
Jonathan Gargiulo, Adjunct Faculty - Department of Health and Sport Sciences

Psychology of Happiness

In this course you will engage in a series of challenges designed to increase your own levels of happiness and build more productive habits. As preparation for these tasks, we will reveal misconceptions about happiness, inability to forecast our own sustainable happiness, and the research that can help us change.
Section 10
0952-110-010  MW – 2:25-3:40pm
Ryan Ehrhart, Lecturer – Environmental Studies & Sciences
**Into the Wild: Humans Impacting Wilderness**
Students will explore how human activities impact wilderness areas, how evolving relationships with wilderness are part of larger political, economic, and cultural movements, and how our socially constructed ideas of wilderness change over space and time. Students will also investigate what are the best strategies to preserve wilderness.

Section 11
0952-110-011  MW – 2:25-3:40pm
Lauren Rosenblum, Lecturer – General Studies
**Women in Comics**
After exploring the role of women in comics’ “golden age,” we will turn to contemporary graphic narratives by women who build on the earlier themes of gender, sexuality, race, and disability. Students will create their own multimedia review of a recent comic and develop their own graphic narrative.

Section 12
0952-110-012  MW 2:25-3:40pm
Natalie Johnson, Adjunct Faculty - Department of Human Resources
**Sex, Law and Power**
Understanding power relations requires attention to context, particularly social values, cultural mores and communal norms shaping society. This course explores the process by which “sexuality” (understood broadly to include gender and sexual difference) is constituted through relations of power and comes to shape the lives of everyday citizens.

Section 14
0952-110-014  MW – 4:15-5:30pm
Anagnostis Agelarakis, Professor – Department of History
**The Ancients Speak - Archeohistory & Forensics in 15 World Sites**
Adventures, experiences and scientific discoveries through the instructor’s 35 year research/work in forensic archaeo-historical projects, in Thailand, Iraq, Israel, Egypt, Cyprus, Turkey, Greece, Sweden, US and Puerto Rico, unveil secrets of humanity, of failures, adaptations and achievements, ranging from the 12th millennium before present to the 15th century.

Section 15
0952-110-015  MW – 4:15-5:30pm
Nathan Ross, Assistant Director – Faculty Center for Professional Excellence
**What is Art?**
The class will examine debates about what counts as art; personal reflection and discussion on how to enjoy art and what value it has in human life. Students will read foundational texts, debate, as well as engage in direct experience of artworks, both in class and on field trips.
Section 4
0952-110-004    MW – 4:15-5:30pm
Susan Cushman, Adjunct Faculty - Department of General Education

Introduction to Peace Studies
Students examine peace movements, leaders, and literature, concluding with a project where students investigate and visit local peace organizations that practice non-violent conflict resolution. The course introduces “peace work” across industries (from grassroots to government to NGOs), which may inspire or overlap with students' own budding academic and career interests.

Section 16
0952-110-016    T – 4:30-7:00pm
Edmund Pajarillo, Associate Professor - Department of Nursing

Global and Multidiscipline Health Roles
This is one of two General Education foundational workshop courses where students will learn fundamental concepts and worldviews from the perspective of healthcare interprofessional disciplines. The aim is to instill self-reflections and experiential inquiries to explore complex global health issues that require multifaceted approaches in addressing its compounding intricacies.

Section 17
0952-110-017    TR – 8:00-9:15am
Michael LaCombe, Associate Professor – Department of History

Rebels and Indians in Early America
Our class will focus on the American Revolution in NYC and on Native American diplomacy on the Pennsylvania frontier. By playing distinct roles in two Reacting to the Past games, students will develop the critical and creative thinking skills expected of all students at Adelphi, no matter what their major.

Section 18
0952-110-018    TR – 9:25-10:40am
Gary Schechter, Adjunct Faculty – General Education

Science for the Global Citizen
This seminar will focus on bioethical, economic, environmental, and political issues as they relate to the sciences, while emphasizing global perspectives and personal responsibility. Students may participate in real and ongoing research projects as citizen scientists. The seminar is designed for both non-science and science majors.

Section 19
0952-110-019    TR – 3:05-4:20pm
Danielle Barnhart, Adjunct Faculty – Department of English

Capturing Delight
With a sense of wonder and intellectual curiosity, this class will focus on the practice of exploring and articulating that which brings us delight. Students will read works in myriad genres, engage with various forms of art, and write reflective essays, poems, and other nontraditional compositions.
Section 20
0952-110-020 TR – 10:50am-12:05pm
Laraine Wallowitz, Associate Professor – Ruth S. Ammon School of Education
Gender Studies
What role does gender (both masculinity and femininity) play in our lives? What does it mean to be a feminist? Using both print and non-print sources, students will explore the answers to these questions as we investigate together the changing notions of gender in the U.S. and around the globe.

Section 21
0952-110-021 TR – 10:50am-12:05pm
H. Robert Perez, Associate Professor – Department of Health & Sport Sciences
Fitness & The Active Lifestyle
This course explores problems associated with inactive lifestyles. Among other topics, students will study how low energy output can cause hypokinetic disorders that reduce longevity and will investigate myths associated with physical activity. This work will help students develop individualized programs of personal wellness.

Section 22
0952-110-0225 TR – 10:50-12:05pm
Susan Kilgore, Assistant Professor – Environmental Studies & Sciences
Into the Wild: Peaks to Plains
What is wild? Do humans benefit from wilderness? In the U.S. interior, thousands of acres of pristine land are designated as Wilderness. Although preservation is the goal for these areas, they are vulnerable to human pressures and climate change. We will explore these wild places and the challenges they face.

Section 23
0952-110-023 TR – 10:50am-12:05pm
Jacqueline Olvera, Associate Professor – Department of Sociology
Beliefs, Morals, & College Life
Is deciding between “right” and “wrong” purely personal? Students explore beliefs and moral judgments about everyday college life issues. Through collaborative activities and assignments, we will share our beliefs and uncover how groups we belong to, organizations we join, and institutions that shape us influence what we view as moral.

Section 24
0952-110-024 TR – 12:15-1:30pm
Laura Quiros, Associate Professor – School of Social Work
Trauma & the Work of Social Justice
Students will study writers such as bell hooks, Paulo Freire, and Chimamanda Ngozi Adichie to understand the nature of trauma from various critical perspectives. They will come away with a strong understanding of how trauma, privilege, and difference manifest in how we communicate, lead, and work with each other.
Section 25
0952-110-025 TR – 12:15-1:30pm
Jessica Klein, Associate Professor – Department of Sociology
**Building a Culture of Empathy**
Many people today grapple with depression, anxiety, and loneliness. Using a sociological approach to this “culture of misery,” this class explores empathy as a tool for improving schools, families, and the criminal justice system. Students will play empathy-building games, attend talks by restorative-justice speakers, and participate in collaborative projects.

Section 26
0952-110-026 TR – 12:15-1:30pm
Joan Schimke, Associate Professor – Department of Communications
**Film & the Immigrant Experience**
How are immigrants to the United States portrayed in film? Students in this class will consider how cinematic portrayals of the immigrant experience contribute to the American understanding of immigration and its connection to a shared national identity. Films will include The Godfather Part II and An American Tail.

Section 27
0952-110-027 TR – 12:15-1:30pm
Cindy Maguire, Associate Professor – Department of Art and Art History
**Art and Activism**
Learn how the visual and performing arts have been used to advocate for justice and human rights around the world. Explore how artists can collaborate with communities to rebuild after conflict and what can we do to advocate for human rights through the arts.

Section 28
0952-110-029 TR – 1:40-2:55pm
Ann Holt, Adjunct Professor – Department of Art and Art History
**Data Visualization and Art**
Seminar explores/encounters contemporary and interdisciplinary art and how artists use data to understand the world, society, and self. Students learn how to access and critically analyze data, and create art that intersects with data visualization. Students participate in one field trip. Final project involves arts-based research using data visualization.

Section 29
0952-110-028 TR – 1:40-2:55pm
Martin Garrell, Professor – Department of Physics
**Environmentalism: 1700-2020**
Environmentalism had its U.S. origins in western and native land traditions, developed through the 19th century conservation movement, then burst forth in the 20th century. Students will explore the challenges and opportunities of 21st century environmentalism both on campus and beyond.
Section 30
0952-110-030  TR – 1:40-2:55pm
Clara Bauler, Associate Professor – Ruth S. Ammon School of Education

**Multilingualism in Schools & Society**
In this course students will critically examine and discuss key social and educational issues in the study of multilingualism. Through in-class and online learning tasks/projects, students will question assumptions, concepts, and understandings of multilingualism, as well as analyze problems of linguistic diversity and equity in schools, media, and society.

Section 31
0952-110-031  TR – 1:40-2:55pm
Lyudmila Bryzzheva, Associate Professor – Ruth S. Ammon School of Education

**Justice with Strangers**
Via dialogues, mini-lectures, text, and research, this multidisciplinary course engages the question: In our shared world, what do I owe strangers? Students explore the politics of difference, faces of oppression, and social connection model of responsibility. They find spheres of influence and plan a socially responsible action.

Section 32
0952-110-032  TR – 3:05-4:20pm
Ann Holt, Adjunct Professor – Department of Art and Art History

**Getting Lost at Adelphi**
This seminar focuses on thinking more about *how* we learn/encounter/understand and less about *what* we learn. The Adelphi campus is our interdisciplinary classroom – students experience embodied processes of learning through wayfaring/exploration and aesthetics of possibility. Course requires fieldnotes, an openness to undetermined journeys, making sense through arts-based methodology, and play.

Section 33
0952-110-033  TR – 3:05-4:20pm
Dolapo Adeniji-Neill, Professor – Ruth S. Ammon School of Education

**Gender and the Self**
This course introduces the field of Gender Studies to help students make sense of their lives as men and women. As we examine the role of gender in film and other media, students will work on an oral history project exploring the changing nature of manhood and womanhood across generations.

Section 34
0952-110-034  TR – 3:05-4:20pm
Jill Campbell, Adjunct Faculty – Department of Art and Art History

**Music Video and Popular Culture**
Music videos are considered artistic expressions and promotional devices whose content has transformed popular culture. This course combines the study of the history of the music video with hands-on production. Students will learn basic editing and filmmaking skills while analyzing different genres of music video within historical eras.
Section 35

0952-110-035 TR – 4:30-5:45pm
Matt Lavery, Director of Learning and Writing Centers
That's Debatable
Everyone knows what debate is, right? Are you sure? This course will explore debate as something more complex than a canned exercise or an exchange of rehearsed talking points. Through historical, rhetorical, and philosophical examination, students will experience debate as a way of discovering one's world and one's self.

Section 36

0952-110-036 TR – 4:30-5:45pm
Robert Goldberg, Clinical Assistant Professor – Department of Finance & Economics
Your Money AND Your Life: A Course in Personal Finance
The course introduces economics and finance for the individual. Topics include credit cards, investments, and the debate on taxes and wealth distribution. Students learn how to evaluate personal financial decisions, establish financial goals, and consider strategies for achieving these goals. Current events are discussed. Not recommended for business majors.

Section 37

0952-110-037 TR – 4:30-5:45pm
Anne Mungai, Associate Provost for Strategic Initiatives and Graduate Studies
It Takes a Village
In this arts-based course, students will examine the role of social media in social movements and revolutions around the globe. Among other topics, we will consider the importance of narratives, art, documentary film, and photographs on public opinion, political and economic policies, and human rights.
LIVING-LEARNING COMMUNITY FIRST YEAR SEMINARS
(Open to Residential Students Only)

If you highly value community service and leadership then apply to become a member of Adelphi’s Living-Learning Communities. Live and learn with other students who embrace and immerse themselves in opportunities that cultivate a strong sense of community and common purpose. With an emphasis on personal engagement, collaboration and service-learning, these programs are a valuable opportunity for students to make friends, earn credits that are required for all first-year students, and be an active part of student life from their very first day at Adelphi. The LLC participates in outreach on and off campus. The leadership-centered LLC brings together students to share in a fun and engaging exploration of leadership and personal leadership development, while the service-learning LLC focuses on compassionate dispositions, being engaged citizens, and pursuing students’ interests. The LLC’s work very closely together. For questions regarding the required on-campus living component of this program, please visit housing.adelphi.edu/options/#fyllc, call the Office of Residential Life and Housing 516-877-3650, or email housing@adelphi.edu.

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Section 64
0952-110-064  MW – 2:25-3:40m
Lisa Minicozzi, Clinical Associate Professor – Ruth S. Ammon School of Education
Learning to Lead
This leadership-oriented seminar introduces students to life at Adelphi, both academically and socially. Through experience-based learning activities, students will explore the principles of relational leadership and develop collaboration, leadership, and communication skills to enable them to become successful in college, in their chosen career, and in their communities.

Section 65
0952-110-065  MW – 2:25-3:40pm
MaryJean McCarthy, Clinical Associate Professor – Ruth S. Ammon School of Education
Compassionate Citizenship
Students will identify and develop the dispositions and practices of engaged citizens in the 21st century. In addition to reading texts focused on what it means to be an “awake” citizen and meeting with diverse “agents of change,” students will participate in service and advocacy outreach on and off campus.
LEVERMORE GLOBAL SCHOLARS

THE FOLLOWING SECTIONS ARE RESERVED FOR
LEVERMORE GLOBAL SCHOLARS ONLY

The following sections are reserved for Levermore Global Scholars (LGS) students. LGS is a learning community focusing on global learning, social justice and civic engagement that is open to students from all majors, who fulfill most of their general education requirements through the program. If you are interested in joining LGS, visit the LGS webpage. To learn more, then contact Dr. Katie Laatikainen, Professor and Director of International Studies, and LGS Academic Director, at laatikai@adelphi.edu or Peter DeBartolo, Administrative Director, at pdebartolo@adelphi.edu.

LGS Section 1
0960-110-001 TR– 1:40-2:55pm
Sarah Eltabib, Senior Lecturer – General Studies
Human Rights & Social Movements
This course will examine the historical legacy of social movements, their political and legal implications, and their overall social consequences on a global scale. Several factors are considered including the examination of politicized spaces (Universities, Coffeehouses), Social Media (Twitter, Facebook) and discussions regarding the evolution of rights to assembly and speech.

LGS Section 2
0960-110-002 TR - 3:05-4:20pm
Melanie Bush, Professor – Department of Sociology
Community, Love and Justice
At a time when the social world is increasingly chaotic, this course explores these principles as a guide for a “better tomorrow.” We will consider what they mean for individuals, groups, and society as a whole, and how they can be a foundation for social policies, everyday life and practices.

LGS Section 3
0960-110-003 MW 4:15-5:30pm
Adam Bucko and Michael Sniffen, Adjunct Faculty – General Education (Interfaith Center)
Mindfulness and Justice
In the face of environmental and humanitarian crises, finding meaning and purpose in life is a challenge. Life-stories of great spiritual leaders are an inspiring resource. Discover the human capacity for spirituality and reveal your part in envisioning a world that is just for all, not just for some.