

Welcome to Adelphi!

In the following pages, you'll find descriptions of classes designed by faculty around campus on a whole range of topics. Please take some time to read through all of these classes and consider exploring a topic you might never have thought about studying before. After all, one of the most exciting things about the transition from high school to college is that you're going to be exposed to new ideas and disciplines (Gender Studies, Anthropology, Environmental Studies, among others). Whichever First Year Seminar you take, you'll get to work alongside a faculty member and a Peer Assistant Leader (PAL) as you and your classmates begin your journey at Adelphi.

Salvatore Petrilli
Associate Dean for General Education
petrilli@adelphi.edu

FIRST YEAR SEMINARS - Fall 2020

Please consult the [General Education Requirements](#) or go to E-campus, open CLASS, then Fall 2020 courses, and look under the department "Freshman Experience (0952)" for updates of course descriptions, staffing, scheduling, and availability. Students are invited to check CLASS periodically to see if any seats have opened up in those sections, or if any new course sections have been added.

CLOSED CLASSES ARE HIGHLIGHTED

Please note: Students in Section 020 can earn a certificate (mindfulness) and possibly, experience working with a criminal justice nonprofit organization which can be added to their linked in profile. See complete course listing below.

Section 1 - CLOSED

0952-110-001– MW – 8:35-9:50am

Abdin Chande, Associate Professor – Department of History

Epics, Legends and History

What do stories of heroes, dreamers, travelers, monsters inform us about an age of real and mythical intermingling? This seminar interrogates the contours of "history," "fact," "fiction," "myth," when studying epics: Gilgamesh, Sundiata, Iliad, Mahayana, and others. A central question is how to use narratives to understand cultures we study.

Section 2

0952-110-002- MW - 8:35-9:50am

Athanasia Biska, Adjunct Faculty - Department of Languages, Literatures and Cultures

Greek Influences on the World

Throughout history Greeks contributed much to Modern Society: We will study how their achievements in science, mathematics, medicine, philosophy, architecture, technology, politics, literature, arts, logic, concepts and ideas shaped our world. We will learn basic Greek elements in English language that will improve the understanding of our language and communication-skills.

Section 3

0952-110-003- MWF 9:00-9:50am

Natalie Johnson, Adjunct Faculty - Department of Human Resources

Sex, Law and Power

Understanding power relations requires attention to context, particularly social values, cultural mores and communal norms shaping society. This course explores the process by which “sexuality” (understood broadly to include gender and sexual difference) is constituted through relations of power and comes to shape the lives of everyday citizens.

Section 5 - **CLOSED**

0952-110-005- MWF – 10:00-10:50am

Kim Mullins, Associate Professor – University Libraries

Brain-Based Learning Strategies

This course investigates metacognitive strategies that help students “think” about their “thinking”. Students actively investigate evidence-based cognitive strategies that both support and impede learning. Students reflect upon the various strategies through journaling and ultimately developing a personalized learning plan.

Section 6 - **CLOSED**

0952-110-006 – MWF – 10:00-10:50am

Margaret Cassidy, Professor – Department of Communications

Early Child Development and Media

This course examines early childhood development from birth to age 3 in order to understand the role of media in young children's lives. Students will explore the cognitive, social, emotional, and physical development of young children and the impact that media might have on these aspects of development.

Section 7 - **CLOSED**

0952-110-007 – MWF – 10:00-10:50am

Jonathan Hiller, Associate Professor – Department of Languages, Literatures, & Cultures

War in Italy, Antiquity - WWII

Students will analyze works of literature, opera, and cinema that explore the theme of warfare in Italy from the Ancient Roman period through the Second World War. No knowledge of the Italian language is required to take this course.

Section 11

0952-110-011- MWF 11:00-11:50am

Psychology of Happiness

In this course you will engage in a series of challenges designed to increase your own levels of happiness and build more productive habits. As preparation for these tasks, we will reveal misconceptions about happiness, inability to forecast our own sustainable happiness, and the research that can help us change.

Section 15 - CLOSED

0952-110-015 – MW – 2:25-3:40pm

Ryan Ehrhart, Lecturer – Environmental Studies & Sciences

Into the Wild: Humans Impacting Wilderness

Students will explore how human activities impact wilderness areas, how evolving relationships with wilderness are part of larger political, economic, and cultural movements, and how our socially constructed ideas of wilderness change over space and time. Students will also investigate what are the best strategies to preserve wilderness.

Section 18 - CLOSED

0952-110-018 – MW – 2:25-3:40pm

Laura Quiros, Associate Professor – School of Social Work

Trauma & the Work of Social Justice

Students will study writers such as bell hooks, Paulo Freire, and Chimamanda Ngozi Adichie to understand the nature of trauma from various critical perspectives. They will come away with a strong understanding of how trauma, privilege, and difference manifest in how we communicate, lead, and work with each other.

Section 19 - CLOSED

0952-110-019 – MW – 2:25-3:40pm

Michael D'Emic, Assistant Professor – Department of Biology

Dinosaurs in the News

New fossil discoveries are constantly in the news, and every year scientists learn new and exciting things about the biology of extinct animals such as dinosaurs. By examining the latest dinosaur discoveries, students will learn about the science behind the headlines and how to evaluate the quality of scientific journalism.

Section 20 - CLOSED

0952-110-020 – MW – 2:25-3:40pm

M. Cristina Zaccarini, Associate Professor – Department of History

Mindfulness & the Study of History

Students will learn and apply mindfulness techniques – to their own lives, the lives of others, and the interpretation of historical sources. Our conversations about topics such as perspective and empathy will include a careful exploration of the writings and experiences of people incarcerated in correctional facilities. Students who take this class can earn a certificate (mindfulness) that can be added to their linked in profile, and possibly, experience working with a criminal justice nonprofit organization which can be added to their linked in profile.

Section 21

0952-110-021 – MW – 4:15-5:30pm

Claudia McGivney, Assistant Professor – University Libraries

Reading Graphic Narratives

This course will explore graphic literature and manga (a form of Japanese comics) as modes of storytelling. As we discuss and interpret these works together, students will become more critical and reflective readers of both images and text. Readings include graphic novels and manga, non-fiction graphic novels, and adapted works.

Section 22 - **CLOSED**

0952-110-022 – MW – 4:15-5:30pm

Edmund Pajarillo, Associate Professor - Department of Nursing

Global and Multidiscipline Health Roles

This is one of two General Education foundational workshop courses where students will learn fundamental concepts and worldviews from the perspective of healthcare interprofessional disciplines. The aim is to instill self-reflections and experiential inquiries to explore complex global health issues that require multifaceted approaches in addressing its compounding intricacies.

Section 26 - **CLOSED**

0952-110-026 – TR – 8:00-9:15am

John McDermott, Assistant Professor – Department of Theater

Singing in the Rain

As the Roaring 1920's became the Depression 1930's, American culture evolved in exciting ways. In this course, students will explore the decade leading up to World War II, an era when talkies, radio, songwriting, and graphic arts flourished amid the repeal of alcohol prohibition and expanded federal funding for artists.

Section 31 - **CLOSED**

0952-110-031 – TR – 9:25-10:40am

Michael Christofferson, Professor – Department of History

In Our Times: Reading The Newspaper

Living in the present and being an informed citizen require knowledge of contemporary issues that can best be obtained by reading a newspaper. In this semester, students will become informed by reading *The New York Times* and other newspapers, and debating and writing about the issues they cover.

Section 33 - **CLOSED**

0952-110-033 – TR – 10:50am-12:05pm

Laraine Wallowitz, Associate Professor – Ammon School of Education

Gender Studies

What role does gender (both masculinity and femininity) play in our lives? What does it mean to be a feminist? Using both print and non-print sources, students will explore the answers to these questions as we investigate together the changing notions of gender in the U.S. and around the globe.

Section 34 - CLOSED

0952-110-034 – TR – 10:50am-12:05pm

H. Robert Perez, Associate Professor – Department of Health & Sport Sciences

Fitness & The Active Lifestyle

This course explores problems associated with inactive lifestyles. Among other topics, students will study how low energy output can cause hypokinetic disorders that reduce longevity and will investigate myths associated with physical activity. This work will help students develop individualized programs of personal wellness.

Section 35 - CLOSED

0952-110-035 – TR – 10:50-12:05pm

Susan Kilgore, Visiting Assistant Professor – Environmental Studies & Sciences

Into the Wild: Peaks to Plains

What is wild? Do humans benefit from wilderness? In the U.S. interior, thousands of acres of pristine land are designated as Wilderness. Although preservation is the goal for these areas, they are vulnerable to human pressures and climate change. We will explore these wild places and the challenges they face.

Section 36 - CLOSED

0952-110-036 – TR – 10:50am-12:05pm

Jacqueline Olvera, Assistant Professor – Department of Sociology

Beliefs, Morals, & College Life

Is deciding between “right” and “wrong” purely personal? Students explore beliefs and moral judgments about everyday college life issues. Through collaborative activities and assignments, we will share our beliefs and uncover how groups we belong to, organizations we join, and institutions that shape us influence what we view as moral.

Section 40 - CLOSED

0952-110-040 – TR – 12:15-1:30pm

Joan Schimke, Associate Professor – Department of Communications

Film & the Immigrant Experience

How are immigrants to the United States portrayed in film? Students in this class will consider how cinematic portrayals of the immigrant experience contribute to the American understanding of immigration and its connection to a shared national identity. Films will include The Godfather Part II and An American Tail.

Section 41 - CLOSED

0952-110-041 – TR – 12:15-1:30pm

Melanie Bush, Professor – Department of Sociology

Community, Love and Justice

At a time when the social world is increasingly chaotic, this course explores these principles as a guide for a “better tomorrow.” We will consider what they mean for individuals, groups, and society as a whole, and how they can be a foundation for social policies, everyday life and practices.

Section 42 - CLOSED

0952-110-042 – TR – 1:40-2:55pm

Martin Garrell, Professor – Department of Physics

Environmentalism: 1700-2020

Environmentalism had its U.S. origins in western and native land traditions, developed through the 19th century conservation movement, then burst forth in the 20th century. Students will explore the challenges and opportunities of 21st century environmentalism both on campus and beyond.

Section 44 - CLOSED

0952-110-044 – TR – 1:40-2:55pm

Clara Bauler, Assistant Professor – Ammon School of Education

Multilingualism in Schools & Society

In this course students will critically examine and discuss key social and educational issues in the study of multilingualism. Through in-class and online learning tasks/projects, students will question assumptions, concepts, and understandings of multilingualism, as well as analyze problems of linguistic diversity and equity in schools, media, and society.

Section 45 - CLOSED

0952-110-045 – TR – 1:40-2:55pm

Lyudmila Bryzzheva, Associate Professor – Ammon School of Education

Justice with Strangers

Via dialogues, mini-lectures, text, and research, this multidisciplinary course engages the question: In our shared world, what do I owe strangers? Students explore the politics of difference, faces of oppression, and social connection model of responsibility. They find spheres of influence and plan a socially responsible action.

Section 46 - CLOSED

0952-110-046 – TR – 1:40-2:55pm

Paul Moravec, University Professor – Department of Music

Intro to the Study of Song and the Craft of Songwriting

We will examine the literature of song words set to music, in its variety of forms, genres, and uses, as well as how songs are constructed. In addition, we will be composing song lyrics to specific models considered in our survey.

Section 47 - CLOSED

0952-110-047 – TR – 1:40-2:55pm

Jessica Klein, Associate Professor – Department of Sociology

Building a Culture of Empathy

Many people today grapple with depression, anxiety, and loneliness. Using a sociological approach to this “culture of misery,” this class explores empathy as a tool for improving schools, families, and the criminal justice system. Students will play empathy-building games, attend talks by restorative-justice speakers, and participate in collaborative projects.

Section 49 - CLOSED

0952-110-049 – TR – 3:05-4:20pm

Dolapo Adeniji-Neill, Associate Professor – Ammon School of Education

Gender and the Self

This course introduces the field of Gender Studies to help students make sense of their lives as men and women. As we examine the role of gender in film and other media, students will work on an oral history project exploring the changing nature of manhood and womanhood across generations.

Section 51 - CLOSED

0952-110-051 – TR – 3:05-4:20pm

Kathryn Krasinski, Assistant Professor – Department of Anthropology

Hazards, Disasters and Culture

Earthquakes and volcanic eruptions are natural events, but the resulting disasters are anything but natural. Disasters are influenced by social, economic and historic conditions. Through famous disaster case studies, this course explores the ways cultures perceive and respond to disaster-why some collapse and others adapt.

Section 54 - CLOSED

0952-110-054 – TR – 4:30-5:45pm

Robert Goldberg, Clinical Assistant Professor – Department of Finance & Economics

Your Money AND Your Life: A Course in Personal Finance

The course introduces economics and finance for the individual. Topics include credit cards, investments, and the debate on taxes and wealth distribution. Students learn how to evaluate personal financial decisions, establish financial goals, and consider strategies for achieving these goals. Current events are discussed. Not recommended for business majors.

Section 55

0952-110-055 – TR – 4:30-5:45pm

Tatiana Bryant, Assistant Professor – University Libraries

Exploring Black Digital Humanities

This course introduces students to the field of Digital Humanities, which applies digital technologies to the study of literature and culture. Students will work in various archives devoted to African, Black, and Caribbean Studies, collaborating on digital research projects and exploring the practical and ethical questions of such work.

Section 57- Formerly Section 61

0952-110-061 – F, *Manhattan Center* – 12:00-3:20pm

John Drew, Assistant Professor – Department of Communications

Podcasting the City

Designed to introduce students to the art and craft of podcasting, this course uses NYC as our sandbox. Through field trips, guest lectures and field experiments students will learn how to produce and distribute podcasts with NYC as their central protagonist. No previous podcasting or NYC experience necessary.

Section 58

0952-110-058 - MWF 9:00-9:50pm

Have you ever tried describing an experience of being ill? Your own experience, or another's? Did you feel understood, or not? We will read narratives of illness to ask fundamental questions about how stories of illness are given and received and what they tell us about ourselves, our relationships, and culture.

LIVING-LEARNING COMMUNITY FIRST YEAR SEMINARS **(Open to Residential Students Only)**

The following two sections of the First Year Seminar are tied to the First Year Living-Learning Community in New Hall B, in which students of all majors live and learn together through a variety of shared experiences – extending from the on-floor classroom in the residence hall (where these First Year Seminars will be held), to the broader campus, Long Island, and New York communities. With an emphasis on experiential learning, this program is a great opportunity for students to make friends, earn credits that are required for all first-year students, and be part of student life from their very first day at Adelphi. For questions regarding the required on-campus living component of this program, please visit housing.adelphi.edu/options/#fyllc, call the Office of Residential Life and Housing 516-877-3650, or email housing@adelphi.edu.

Section 64

0952-110-064 – MW – 2:00-3:15pm

Lisa Minicozzi, Assistant Professor – Ammon School of Education

Learning to Lead

This leadership-oriented seminar introduces students to life at Adelphi, both academically and socially.

Through experience-based learning activities, students will explore the principles of relational leadership and develop collaboration, leadership, and communication skills to enable them to become successful in college, in their chosen career, and in their communities.

Section 65

0952-110-065 – MW – 3:15-4:30pm

MaryJean McCarthy, Clinical Associate Professor – Ammon School of Education

Compassionate Citizenship

Students will identify and develop the dispositions and practices of engaged citizens in the 21st century. In addition to reading texts focused on what it means to be an “awake” citizen and meeting with diverse “agents of change,” students will participate in service and advocacy outreach on and off campus.

LEVERMORE GLOBAL SCHOLARS – See Next Page

THE FOLLOWING SECTIONS ARE RESERVED FOR LEVERMORE GLOBAL SCHOLARS ONLY

The following sections are reserved for Levermore Global Scholars (LGS) students. LGS is a learning community focusing on global learning, social justice and civic engagement that is open to students from all majors, who fulfill most of their general education requirements through the program. If you are interested in joining LGS, visit the LGS webpage. To learn more, then contact Dr. Katie Laatikainen, Professor and Director of International Studies, and LGS Academic Director, at laatikai@adelphi.edu or Peter DeBartolo, Administrative Director, at pdebartolo@adelphi.edu.

LGS Section 1

0960-110-001 – TR– 1:40-2:55pm

Sarah Eltabib, Senior Lecturer – General Studies

Human Rights & Social Movements

This course will examine the historical legacy of social movements, their political and legal implications, and their overall social consequences on a global scale. Several factors are considered including the examination of politicized spaces (Universities, Coffeehouses), Social Media (Twitter, Facebook) and discussions regarding the evolution of rights to assembly and speech.

LGS Section 2

0960-110-002 – TR – 10:50-12:05pm

Jonathan Cristol, LGS Research Fellow – General Education

Weapons of Mass Destruction

Are you afraid of WMD? Should you be afraid of WMD? This seminar examines all aspects of WMD – their development, history, use, and non-use. We will look at contemporary case studies of when WMD were used as well as international negotiations (and covert action) to eliminate WMD programs.

LGS Section 3

0960-110-003 – MW – 2:25-3:40pm

Adam Bucko and Michael Sniffen, Adjunct Professors – General Education (Interfaith Center)

Mindfulness and Justice

In the face of environmental and humanitarian crises, finding meaning and purpose in life is a challenge. Life-stories of great spiritual leaders are an inspiring resource. Discover the human capacity for spirituality and reveal your part in envisioning a world that is just for all, not just for some.
