

The Delphian

October 28, 2025

The Voice of the Students

Volume 81, Issue 2

A Weekend of Spirit, Unity and Fun at Adelphi

BY MELANIE ATILANO FLORES

The Adelphi campus was more alive than ever as students, faculty and Garden City residents participated in Spirit Weekend, a three-day event that involved reunions, home games and performances bringing the entire community together



Photo courtesy of The Center for Students and Community Engagement

to celebrate what makes Adelphi special.

Organized by the Center for Community and Student Engagement, Spirit Weekend gave students an opportunity to show their Panther Pride and introduce the class of 2029 to Adelphi traditions. Kicking off with Casino Night on Friday in the UC Ballroom, games ranging from blackjack, poker, roulette and craps, accompanied by live performances from Brassy and the Brass Knuckles created an electric energy and lively atmosphere where students

relaxed and mingled with each other. Senior Coordinator for the Center for Student and Community Engagement Sloane Somerstein said, "One thing that really stood out to me was how many students said they loved having a chance to just unwind and connect with friends in a low-pressure, high-energy setting. The live music from Brassy and the Brass Knuckles made it feel like a real event, and the prizes were a huge hit."

Student attendees agreed. Junior social work major Anjolie Soriano said, "I really enjoyed playing blackjack and I think all the prizes that they had were pretty cool and things that people would want."

She added, "They also had good appetizers—the pigs in the blanket and lemonade were good."

Saturday was the carnival, one of the highest attended events at Spirit Week. The parking lot behind Post Hall was transformed into a lively space adorned with fall decorations and featured rides, games, food trucks and live performances.

During the carnival afternoon, President Storm presented the Prestigious Panther Awards to this year's honorees: Tonantzin Martinez, Salvatore Carollo and Elizabeth Nemirovsky. "Seeing their peers cheer them on and celebrate their accomplishments really captured what Spirit Weekend is all about," said Somerstein.

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The Delphian Launches New Website thedelphianau.com

BY THE DELPHIAN STAFF

The Delphian launched a newly designed news site adding more multimedia and visual content while keeping up with its award-winning news coverage.

The Delphian staff realized that living up to its motto of being "The Voice of the Students" required a more robust online and social media presence. Therefore we examined what our previous site did well and how it could be improved. Our hope is that our audience will find the new site to be a more dynamic and interactive source for news and information about the Adelphi University community.

Please subscribe to the site. When you do, you will receive each new report in your inbox which will keep you informed and entertained. Visit us at thedelphianau.com and make sure to follow us on Instagram

@the_delphian. We encourage you to leave comments on the site or message us on Instagram telling us how we are doing and what you'd like to see.

If you'd like to be a part of what we do, join The Delphian club which meets every Tuesday at 6 p.m. in Earle Hall room 005/007. 🐾



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Features
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The Delphian Joins Amicus Brief in Defense of International Students' Free Speech Rights

BY TROY COFIE

The Delphian has joined a Student Press Law Center (SPLC)-led coalition that has filed an amicus brief in a federal lawsuit voicing concerns about the Trump administration's immigration enforcement. This lawsuit was filed by the Foundation for Individual Rights and Expression on behalf of "The Stanford Daily" with two other plaintiffs and seeks to challenge Secretary of State Marco Rubio's usage of the Revocation Provision and Deportation Provision which allow him to revoke international students' visas and deport them for protected political speech. According to "The Stanford Daily," the Trump administration's current policy is creating an environment of fear for many international students, increas-

ing anonymity requests when providing comments and forcing many to quit student journalism altogether.

This level of fear has spurred the SPLC and its partners to issue a

student media alert to navigate this hostile environment. Executive director of SPLC Gary Green said, "Student media is where the next generation engages with the essential

skills and principles of democracy."

He stressed how violating international students' freedom of speech further undermines the core principles of democracy and journalism. Furthermore, as mentioned in the amicus brief, student journalism has been a protected activity upheld by the Supreme Court itself. The brief states, "Student media outlets are far more than training grounds for future journalists; they provide a forum for democratic engagement for all participants."

The Delphian joins over 50 other student media outlets, SPLC, the Associated Collegiate Press and the College Media Association in this amicus brief to protect and advocate for international students' freedom of speech. 🐾

STANFORD DAILY LAWSUIT

The Student Press Law Center filed an amicus brief joined by a diverse coalition of **55** student news organizations and newsroom leaders in defense of student journalism and international students' free speech rights.



A Word from the Editor

Hello Panthers!

It's officially spooky season on our campus! I hope everyone is getting into the festival mood as midterm season starts to wind down. Halloween might be my all-time favorite holiday, and I can't wait to see everyone's costumes and watch all the spooky movies that I can.

In this issue, we have articles that celebrate all things autumn and recap Adelphi's annual Spirit Weekend. Students got to taste delicious food, engage in fun events and experience a number of performances. The fun was not limited to our campus as Adelphi students had the opportunity to visit New York City and watch "Mamma Mia" on Broadway.

Art abounds in this issue. We covered the exciting new competition in which students got to compete for a new parking spot on campus. Everyone's designs were amazing, and we congratulate the winners! Enjoy the original artworks from members of the art department, and as you read through this issue, notice the photography skills of our reporters as they captured students' daily life and what our campus is like after dark. This month was also big for Taylor Swift fans! Read about the varied opinions of her new album.

We are proud to announce The Delphian's new website and encourage you to take a look at www.thedelphianau.com. We've redesigned the layout and user experience, and increased our visual content. Take a look and leave us a comment or suggestion about what more you'd like to see online.

Make sure to follow our Instagram @the_delphian as we have some spooky content coming out that you don't want to miss. Thank you to all our writers and editors for making this issue possible, and thank you to our readers as well. We wish you a successful end of the semester!

Arpan Josan '27
Editor-in-Chief



The Delphian

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Popular Halloween Costumes for 2025

BY KAYLA MURILLO

Every year, people continue to push the boundaries of creativity, showing off all the variety Halloween has to offer. If there's one thing Halloween has become over the past few years, it's a challenge to have the best costume. Whether you are flying solo, coordinating with friends or going full DIY versus grabbing something from Spirit Halloween, here are some fun costume ideas to try out this spooky season.

With the second season of the hit show "Wednesday" having recently dropped on Netflix and the new "Superman" film that hit theaters over the summer, it is no surprise that plenty of people will be channeling these on-screen icons. Sophomore Peyton Martone said, "I feel like Superman, Superwoman or something related to the movie is going to be in."

If you are feeling heroic, you can find an easy Superman or Superwoman outfit at Spirit Halloween.

For those not wanting to make the investment, a little DIY creativity can go a long way. Use pieces you already have to put together a unique and affordable costume. A simple black dress and braided pigtails can transform you into Wednesday Addams, while an outfit with bold colors and big claws make for the perfect Enid.

Dressing up as a musical artist is always a go-to for Halloween. It works great as a solo look, but it can also become a group costume if you decide on a band or duo. With female artists like Sabrina Carpenter and Charli

XCX taking over the music scene, mini skirts are definitely a must. Sophomore Khaya Nestor-Elane said, "I feel like mini skirts are gonna be in."

You don't need an exact replica,



Photo by Kayla Murillo

just grab some pieces that pull inspiration from music videos, album covers and performances. With a little creativity and maybe a trip to a clothing or thrift store, you can put together a unique and fun look in little time.

Ladybug costumes are having a moment in 2025, thanks in large part to TikTok trends showing off Spirit Halloween's take on the look. The easiest way to pull off this outfit is to grab the Spirit Halloween Ladybug costume for about \$50, but be quick because it's been selling out quite frequently.

For another option, Disney Princess costumes are a classic, and never go out of style. These looks work perfectly for those

hoping to recreate their favorite princess and dive back into nostalgic times. This year, I'll be going as Princess Daisy from the Super Mario Bros. franchise. From personal experience, instead of buying a full costume, I will be taking a DIY approach. I suggest aspiring princesses find a corset and skirt that match your chosen princess's dress, style your hair to match and add accessories that fit her vibe. This approach lets you put together a look that's easy, creative and likely more comfortable than a traditional store-bought outfit.

Classic horror costumes are always perfect for Halloween. Halloween villains like Michael Myers, Jason Voorhees and Ghostface are instantly recognizable, and it doesn't take much to pull them off. All you need is a mask, the right outfit and a little fake blood. One of the easiest spins on this idea is the villain-and-victim duo which will give you the perfect balance of scary and creative. (I've done this one myself as Jason Voorhees and it's super easy.) If you've got a group, you can coordinate multiple villains together for a scary squad.

Somehow, the Lorax has made its way into the costume lineup this year thanks to TikTok. While the appeal might not be obvious, the internet has embraced this icon and the results are hilarious. The costume itself is simple. Find an orange bodysuit, add some fuzzy yellow eyebrows and a mustache and you're basically good to go. It's quirky, unexpected and guaranteed to get laughs. It's an easy go-to if you want to stand out from the crowd this year.

This year marks the tenth year

anniversary of "Hamilton: The Musical," and fans are celebrating by dressing up as Alexander Hamilton himself. The internet is full of hilarious skits featuring people in Hamilton costumes making this already a trendy choice. If you want something simple, you can easily find a founding father costume on Amazon that captures the same look from the musical. This costume is the best way to honor the show while having fun on Halloween.

No matter if your costume is quirky or cutesy this Halloween, remember that it's the one time of year you can express yourself without worrying about what anyone else thinks. Everyone's out to have a great time, so have fun and keep your spirits up. 🐾

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Spirit Spot Showdown: A New Tradition at Adelphi

BY JOSEPHINE SCALIA

A new Adelphi tradition was unveiled during Spirit Weekend this year—a competition called Spirit Spot Showdown during which Adelphi students and staff competed to paint a parking spot that best displays Adelphi's spirit and sense of community. The prize? A premiere reserved parking spot for the entire semester.

A total of 10 spots were available for decorating, with each participant having to submit a proposal to be approved by the Spirit Weekend Committee. Proposed designs were reviewed based on the criteria of school spirit, creativity and originality and overall impression of the artwork. The approved designs moved on to the painting round of the competition which took place September 26-29, with all the necessary supplies being supplied by the university. The painted spots, located in the Hagedorn Hall of Enterprise parking lot, were then voted on during Spirit Weekend by the entire Adelphi community. Participation in the vote was highly encouraged as students, staff, alumni, friends, family and community members were eligible to weigh in on which team they thought deserved to win.

Voting opened on October 1st during Campus Kickoff and concluded on October 5th with over 1,500 votes cast

to declare a winner. The vote surprisingly resulted in two winners: Team Endless Summer and Team Feels Like Home. Both groups earned their own reserved parking spot for the semester.

It is clear from just viewing the finished artworks that a great deal of effort and detail went into bringing their ideas to life.

Team Endless Summer's parking spot depicts a Panther surfing with the sun shining in the background. Frank Genna Jr. '25, who served as team



Team Endless Summer's design was one of two winning entries for the Spirit Spot Showdown competition. Photo courtesy of Adelphi University's Office of External Relations and Special Events.

leader for Endless Summer expressed appreciation for the competition. He said, "I was lucky enough to showcase my talents at such a unique event."

He emphasized his optimism about how the painted spots could perhaps help increase school spirit. Genna added, "I hope the students here can appreciate the school spirit put into each of the artworks and hopefully be motivated to be a bigger part of the Adelphi community."

In reflecting on her reward and overall experience, senior Jenna Cancellieri, another team member for Endless Summer said, "Winning the parking spot has also been a game-changer. I'm early to class and work now which alleviates tons of stress."

However, Cancellieri is most pleased with how positively the contest impacted school spirit. She added, "Most of all, it reminded me how much pride and spirit our campus has when everyone comes together for something special."

Representing team Feels Like Home, junior James Tullo said participating in Spirit Spot Showdown was a great experience. His team's spot portrayed a dog sitting by a door with a welcome mat displaying "Welcome Home Panthers." Tullo feels the design reinforces the idea that Adelphi is a place of belonging. He said it is about "creating something meaningful together,

but also spending time with friends and meeting new ones along the way."



Team Feels Like Home was the second winner of the inaugural Spirit Spot Showdown. Photo courtesy of Adelphi University's Office of External Relations and Special Events.

Tullo has high expectations for the future of the Spirit Spot Showdown competition. He added, "The mural really does feel like home, and I hope this tradition continues at Adelphi year after year." 🐾

Adelphi Students Welcome Back Multi-Hyphenate Larson Legacy Grant Winner Jorjah Kwamé

BY AVA GEANIOTIS

The singer, writer, performer, Larson Legacy Grant recipient and artist behind the viral song "Little Miss Perfect" Jorjah Kwamé returned to the Adelphi campus on Monday, October 1 following his showcase at Adelphi's Performing Arts Center in September to engage in conversation with students about his career and current projects.

Hosted by the Adelphi University Performing Arts Center, Mr. Kwamé provided students with an opportunity to discuss projects he has in development, his career as a NYC artist and answer questions. Junior acting major Katie Battaglia said, "It's just really exciting to get to meet someone who's creating in the theater space." She added how excited she was to "kind of pick his brain to see how do you move forward as a creator and as an actor, and also get a preview of some stuff [she] could be working on in the future."

Originally from Kalamazoo, Michigan, Kwamé began his career by opening for artists at local venues. He realized his love of writing (or, as he puts it, "got the bug for writing musicals") when he created his first original piece inspired by Martin Luther King Jr. He described the ensuing production as a "phase of experimentation and free expression" in which he further developed his passion.

While studying Musical Theater Performance at Western Michigan University, Kwamé developed skills

that many Adelphi students in attendance relate to. Now based in New York City, he is working on multiple projects including a full-length musical based on his song "Little Miss Perfect," a spin on Shakespeare's "Macbeth" named "Lady M" and a modern day



Jorjah Kwamé shared his professional experiences in the musical theater industry during discussion with Adelphi students. Photo by Ava Geaniotis

story based on the Akan folklore spider tale "Anansi." As a multi-hyphenate creative with a career in musical theater, Kwamé explained how having a varied skillset benefits a performer. "It becomes symbiotic," he said. Then added, "All these things live within us."

During the discussion with students, Kwamé accepted questions from

those looking to learn more about his experiences, gain advice and even discover what are his musical interests. He said he listens to "a little of everything" and declared himself a "music geek."

Students were especially interested in what he did in college to set him up for future success. "Everything I could," said Kwamé. He emphasized the importance of learning about digital audio workspaces as a music composer, as well as knowing where to look for opportunities. He suggested that actors look at Playbill and Actors' Access, and writers should be aware of who is commissioning and what potential networking events to attend.

Kwamé advised students to continuously create, and to learn about diverse genres, musicals and creators. He emphasized following instinct, working even when no one else believes, advocating for oneself and taking action for a better future.

After the event, students left feeling motivated and informed about their career and the rest of their years at Adelphi. Junior acting major Ally Covone said, "I thought it was really interesting that we got to hear personal experiences from somebody who is actively working in our industry and to give us advice."

Kwamé's words emphasized the importance of hard work and passion and left Adelphi students feeling inspired, informed and motivated to take action towards their goals in the musical theater industry. 🐾

A Weekend of Spirit, Unity and Fun at Adelphi

Continued from page 1

Freshman Claire Yoon was excited about attending their first event at Adelphi. They said, "It was such an amazing experience because of the fun rides, the food, the performances and the opportunity to connect with more friends."

The final day of Spirit Weekend featured goat yoga, a new yet welcoming activity that turned out to be one of the most talked-about events from the weekend. Goat yoga helped students de-stress, relax and prepare for the week ahead while doing yoga with real baby goats. Participants met at Flagpole Lawn prepared with yoga mats, water bottles and hair ties as they entered the gated area where they met the baby goats. "It was lighthearted and unique. Students couldn't stop laughing and taking pictures, and many said they hope it becomes a regular part of Spirit Weekend," said Somerstein.

According to Somerstein, the overall feedback for Spirit Weekend was overwhelmingly positive. Junior Spanish major Priscilla Quiroga heartily agreed. She said, "I've always enjoyed Spirit Week and the activities leading up to the weekend. I spent it with some of my closest friends, ate great food and enjoyed all the activities. The campus is always filled with panther pride, but something about Spirit Week makes it better!" 🐾

Adelphi After Dark

Beautiful by day, beaming by night – what does Adelphi engage in after the sun sets? Follow our Delphian staff around campus as we explore our students' lives after class in our Adelphi After Dark collection. From dinners at Post Hall to tournaments in the CRS, take a look at student and community life!



A Day in the Life of a Panther

Adelphi isn't just about going to class and then back home or to residential halls. In both high and low places, Panthers do much more on campus on an everyday basis. Our Delphian Staff captured pictures for this collection, A Day in the Life of a Panther.



Gen Z Could Use Some Dating Advice

BY CIARA SALINAS

Can someone explain to me why when I ask someone about their dating life I get disappointed sighs and dejected facial expressions? Why is romance dying? What is Gen Z's problem? Read on and I'll attempt to provide some solutions.

We've all heard the phrase "a man who yearns, earns," correct? Yearning can be defined as an intense feeling of longing for something or someone, and according to some, in order to yearn you have to experience the painful feeling of desiring someone you probably can't have. Think of Jay Gatsby and Daisy Buchanan. Well, some might believe that the lack of yearning in our generation is the cause of romance dying. I mean, where's my Mr. Darcy?!

Junior marketing student Mariane Ebony Sagna believes that a solid relationship is built over time. She said, "Nobody really knows what slow burning is. I think a lot of people, when they have a concept of liking someone, they want that person right away. They feel entitled to that person's time. And from my experience, that fizzles out quickly. It feels intense in one moment, but when you think about it, do you actually know that person?"

Sagna contends that the fear of being vulnerable can affect how others go about relationships. She added, "I also feel like people are scared to be vulnerable because, you know, we all text, and that's our main way of communicating. A lot of people got used to texting, so when [you] talk to someone via face, you wouldn't think to ask like [their] favorite book or movie."

Social media has taken over the way we communicate and connect with each other, so there's no surprise to see that it also affects our romantic relationships. First year nursing student Emily Hanoman thinks that because of social media, it's easier for people to be disloyal and careless towards their partner. She said, "I feel like people, especially guys, are superficial and only want one thing. Social media has made it

hard because a man can send the same text to twenty different girls at the same time, and you would never know. And, on top of that, if you do get into a situation or relationship with someone, there's, like, insecurities."



First year nursing student Emily Hanoman warns that social media can lead to insecurities with dating.

Photo by Ciara Salinas

I notice that people tend to use terms like lovebombing, gaslighting and narcissist to diagnose someone they don't like. To lovebomb someone is to manipulate them with an overwhelming amount of affection and gifts. Gaslighting is another manipulative tactic by which a person can make their partner question their own memories or sanity. A narcissist is someone with a personality disorder in which the afflicted person seeks a lot of attention, is extremely insecure and lacks consideration for other people's feelings. These terms are used in therapy talk, specific language that is usually used in psychotherapy, but now is used in everyday interactions.

Has therapy talk ruined courtship? While it has been helpful to those who have been a recipient of these toxic behaviors, therapy talk has also been weaponized by those who want to feel righteously superior to someone who may have hurt them. First year psychology student Michael Neysmith believes that the misuse of these terms can affect how people show love towards each other. He is especially concerned about

"simping" when one shows an immoderate amount of affection and attention in hopes of winning a person's affection. Neysmith said, "When it comes to lovebombing, it could be seen as 'simping.' I mean nobody wants to be seen as a lovebomber or simp."

Neysmith argues that these labels can discourage daters from showing affection or generosity to a potential partner.

Situationships are non-committal, unlabeled relationships where often one person wants something more out of the current situation (likely an actual relationship) and the other person is just there for a good time, not a long time! Does giving this dynamic an official label normalize it? And if so, how does it affect the meaning we give to dating? For many, including myself, it's the bane of their existence. According to Hanomen, "Situationships are the dumbest thing ever. Why are we doing relationship stuff but you don't want to commit?" She believes that the normalization of these labels prevents people from taking dating and relationships seriously.



First year psychology student Michael Neysmith sees both the positive and negative aspects of situationships.

Photo by Ciara Salinas

Neysmith partly agrees that normalizing situationships can prove to be problematic. He said, "Situationships can ruin dating because if more people think it's okay, there's gonna be less relationships."

However Neysmith also makes the point that situationships are okay as long as everyone involved is aware of what they're getting into. He said, "If both people don't want to be committed, then there's nothing wrong with that."

So, what is the solution to this crisis? Begin by developing your relationship traits like respect, empathy, honesty and romance. Take these steps:

1. Be honest with yourself.

Reflect on your core values and figure out what you truly want in a relationship, not what is expected of you to want.

2. Be honest with others.

Just as you would want someone to tell you how they feel, it's best to be direct with them and tell them how you feel.

3. Be present.

Take a break from social media and its endless relationship advice and discussions.

4. Go out with family and friends.

Don't forget that there are people out there who love you in the way that you deserve to be loved.

5. Be patient with yourself.

You're young and still learning about the world around you. It's okay if you don't have this love thing figured out.

In the meantime, while you are waiting for a relationship to bloom, don't give up on love. I suggest you write yourself a love letter, watch your favorite romance film, read your favorite romance book or listen to your favorite romantic song (my favorite is "Mystified" by Fleetwood Mac). By doing so, you will be reminded that loving someone is never a waste, and that love comes from you, not to you. Relationships are like butterflies. Chasing them will only exhaust us and leave us frustrated with the lack of reciprocity. You have to create a garden of love that's filled with the fruits of self-compassion and the flowers of grace. A romantic partner might be there temporarily, but it's okay. You'll always have that beautiful garden that will not only care for you, but will provide for anyone who wishes to pass through. 🌸

Trump's Tylenol Comment Misses the Point, and the Science

BY KYLE ARJOONSINGH

During a recent White House press conference, alongside the Secretary of Health and Human Services Robert F. Kennedy Jr., President Donald Trump explicitly told Americans, "Don't take Tylenol."

The president, along with members of the FDA, announced their plans to update drug labels to warn against using acetaminophen, the generic name for Tylenol, during pregnancy implying causation between the medication and autism. But when medical advice starts coming from such a controversial political figure, should anyone be surprised when confusion spreads faster than the facts?

Like many health rumors, this one did not appear out of thin air. A 2024 study published by the Journal of the American Medical Association found small associations between prenatal acetaminophen exposure and children's risk of autism and ADHD. However, a correlation does not mean there

is causation. Yes, those studies found associations, but they never proved a direct link.



Amid political controversy, health experts affirm that Tylenol remains one of the safest pain relievers for pregnant women. *Photo by Kyle Arjoonsingh*

The truth is that acetaminophen remains one of the safer pain relievers available during pregnancy when used properly, especially

when compared to alternatives like ibuprofen, more commonly known as Advil or Motrin. According to licensed Brooklyn, New York pharmacist Mona Saint-Phard, "We're told all the time not to give pregnant or nursing moms ibuprofen. It can affect the baby's heart and kidney development." She added, "That's why acetaminophen, when used correctly, is still the go-to."

While Tylenol may be at the center of the current debate, the underlying issue at hand is the spread of misinformation. Adelphi University senior and psychology major Jocelyn Herrera said, "It's about how quickly people start doubting something they have trusted their whole lives once it's framed as something we never thought to question before."

Public trust in medicine is already fragile. Add in a viral soundbite from the most influential man in America and suddenly medical professionals become the ones forced to answer questions about his dubious claims about Tylenol.

"Every medication has side effects," pharmacist Saint-Phard said. "There's no FDA-approved drug that doesn't. Every single drug, even Tylenol, has a side effect. But, there's a difference between understanding the risk and scaring people," she added.

While it's funny to laugh at Trump's inability to pronounce "acetaminophen," there's nothing funny about misinformation that targets expecting mothers. When so-called facts are not substantiated in the context of health, the people who suffer most are the patients. "We joke about it online because it feels harmless," said Herrera, "but people actually make health decisions [based] on what they see in those clips."

We can laugh at the ignorance, sure. However, it is important to understand the necessity of credible voices in public health. Let's face it, science doesn't trend on social media the way outrage does. When it comes to our health, it's the experts we should be listening to. 🌿

The Lesson of the Jimmy Kimmel Saga

BY MANJOT KAUR

After close to two decades of laughs, “Jimmy Kimmel Live!” was off-air and fans were in disbelief. It all started with one episode during which Kimmel very briefly discussed the assassination of Charlie Kirk’s death and the reactions surrounding it.

I watched the video after it had been announced that the Jimmy Kimmel show was canceled, and I can’t see anything wrong with what Mr. Kimmel spoke about. I had to watch it a few times to see if there was maybe something I was missing. Mr. Kimmel was very respectful when referring to Kirk’s death, he never once spoke ill of Charlie Kirk, nor did he even agree with the assassination. Instead, the majority of what he said was in reference to President Trump’s comments about it. In fact, when Kimmel responded to some reported reactions cheering about Kirk’s death, Kimmel said, “Some people are cheering this which

is something I won’t ever understand.”

Kimmel went on to discuss President Trump’s poor response in regards to the assassination, and mentioned how multiple former presidents had expressed their condolences for Kirk’s death while President Trump seemed to focus more on blaming the Democrats for their rhetoric.

It seems that ABC canceling the show had less to do with what Kimmel said about Charlie Kirk and more about what he said about President Trump. Federal Communications Commission (FCC) Chairman Brendan Carr threatened to revoke ABC’s broadcasting license in response to the Jimmy Kimmel episode. In a much replayed response, Carr said, “I mean, look, we can do this the easy way or the hard way” referencing how he would deal with ABC.

Many in the general public were furious with the chairman’s sudden involvement. Free speech advocates and Democrats alike argued against the seemingly unlawful prejudice against Kimmel.

Critics believed that the government has no place in censoring political speech of any US citizen, and especially should not control media outlets to this degree.

Mr. Kimmel was unashamed in the way he ridiculed President Trump’s reaction. It has become a common thread within President Trump’s presidency to try to silence critics of his administration. The cancellation of “Jimmy Kimmel Live!” was a clear result of the Trump administration’s pressure on media outlets for allowing him to be criticized.

After his show was reinstated, Mr. Kimmel thanked those who supported him and those who didn’t, and made clear that he never meant any harm towards Kirk and his family. He spoke about the importance of having late night talk shows like his where people can express their thoughts freely, and he addressed his audience about the importance of freedom of speech—even when we don’t agree. He emphasized that it’s important to under-

stand that people with those beliefs still deserve to have the option to be heard.

All in all, I’m glad to see that freedom of speech won this battle. I can’t imagine Mr. Kimmel’s feelings when his show first got taken down. To have your freedom of speech taken so quickly is a terrifying thought that no one, whether you’re politically right-leaning or left-leaning, should have to experience. Mr. Kimmel dealt with this whole situation very humbly. He said, “This show is not important. What is important is that we get to live in a country that allows us to have a show like this.”

It was so refreshing to see a prominent figure speak out not only against the actions taken under President Trump’s presidency, but also the government officials around the United States throughout the years. A person should never be silenced when speaking up against what they believe in, and that is exactly the point that Mr. Kimmel makes. 🐾

ARTS & ENTERTAINMENT

Dishes in the Sink

By Maya Buccino

Freshman art education major Maya Buccino was taken with how full her sink was and decided to let that inspire her creativity. She used colored pencils to transform her dirty sink into this original work of art.



Poetry Corner

The Delphian invites Adelphi students to submit their original poetry, very short prose, photographs and art work to be considered for publication. Send it to us at delphian@adelphi.edu.

Thunder

By Juan Mejia

I know thunder isn’t what flashes and burns
But I can’t help but pray when the clouds return
Just the sound of you makes me want to run and hide
I know I can’t, so I scream at the dead of night

Only you can strike me down with thunder
So quick and painful, my lover
You once shone like no other
But then I ask where you’ve gone to

So fast, the way I lost you
The way you faded too soon
But why do I hear you? I wish I knew
So I follow you all over

You are my sign, my thunder.
You are my life when I falter
You are my sign, my thunder.
You are my life when I falter

I’m scared of the dark of night.
Come to me with a sign
But I know that it’s all a lie
Cause when it’s dark, you come.
Never when I feel the sun
Where are you in my skies?

So tell me, do you mean love?
So tell me, do you mean harm?
Please don’t play around with my heart
because you are my sign, my thunder

Only you can strike me down with thunder
So quick and painful, my lover
You once shone like no other
But then I ask where you’ve gone to

So fast, the way I lost you
The way you faded too soon
But why do I hear you? I wish I knew
So I follow you all over

Only you can strike me down with thunder
With beauty, you just hurt me
That pain lingers just like my dreams
I know my love will be my doom

But I got nothing to lose
So when I see a sign of you
When it rains, I wait like a fool
I see you when it thunders

Be honest, did you care at all?
Will you care when I fall?
Cause when I look up in the night,
These memories are what lies
They’re fogging up my skies

These signs are my danger,
From what was once a reminder,
They become such a stranger
So all that’s left, is these echoes
I guess I’m on my own,
Oh God, I feel alone



Photo by The Delphian Staff

Adelphi Students Become Theatergoers During Spirit Weekend

BY ARPAN JOSAN

During Adelphi's annual Spirit Weekend, students had the opportunity to experience "Mamma Mia" during its limited run return to Broadway. The off-campus trip was a great way to visit the city and take in an iconic show at a discounted rate of only twenty dollars.

Originally a London theater production that opened in 1999, "Mamma Mia"



Adelphi students got to enjoy "Mamma Mia" on Broadway during Fall 2025's Spirit Weekend. Photo by Arpan Josan

came to Broadway first in 2001 and later was released as a movie in 2008. Centered around songs from the musical group ABBA, the story is about a young woman named Sophie who hopes to find out who her biological father is before her wedding. She invites three men who could possibly be her father to the event, and the audience observes how her actions of secrecy play out as her mother grapples with her past lovers.

Adelphi junior political science major Katrina Pedri who attended the Spirit Weekend activity raved about how great the performance was and how the musical differed from the film. She said, "The show was spectacular! I loved how the audience was involved during the after bow performance

and I also thought it was interesting how the musical focuses more on Sophie and her journey finding her dad, whereas the movie paints Donna as the main character and focuses on her relationships with Sam, Bill and Harry."

Pedri appreciated this difference in point of view. She added, "It was cool to see the story from a slightly different perspective."

The Broadway show captures the essence of "Mamma Mia" with over-the-top costumes featuring glitter and sequins. The characters were brought to life by the actors and actresses performing the popular soundtrack. Songs such as "Dancing Queen" and "Gimme a Man" made the atmosphere very lively as audience members saw some of their favorite characters in real time sing some of their favorite songs. Junior political science major Sara Held said, "I enjoyed hearing all of the ABBA songs I grew up listening to in a cohesive storyline. Overall, I thought it is one of the best jukebox musicals with a great message!"

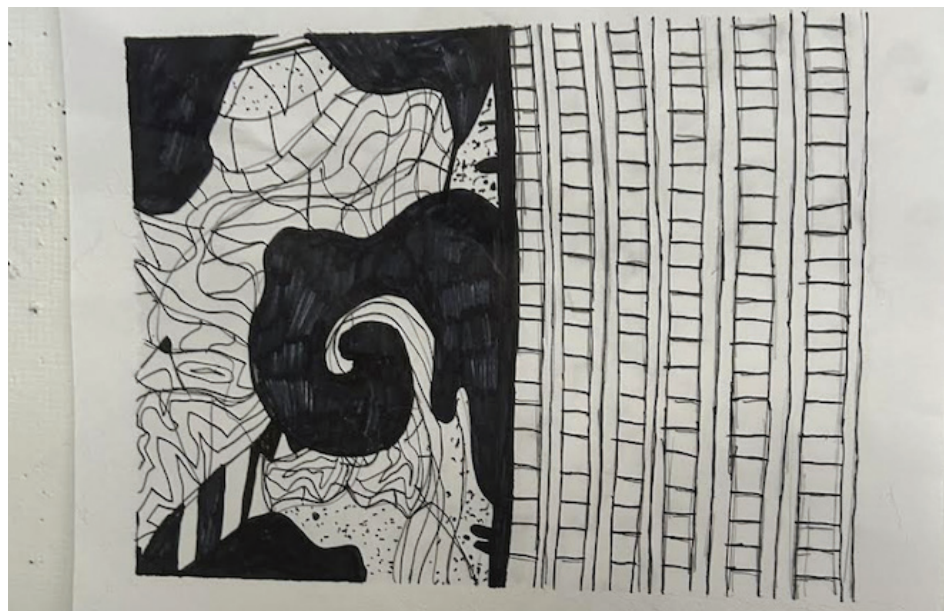
The actors were able to cause intense emotions throughout the musical with tear-jerking moments during the rendition of "Slipping Through My Fingers" which focuses on the bond of a mother and daughter growing apart.

At the end of the production after the curtain call, the audience was pleasantly surprised with a sing-along. The actors performed "Dancing Queen" and other ABBA songs for the audience to participate in with them. Junior finance major Joanna Jordan was awed by the performance and the interactive ending. She said, "I thought the musical was definitely a good experience. I had never seen one on Broadway before, so for my first time it was good. My favorite part had to be in the end when they were performing different numbers including my personal favorite 'Dancing Queen.'" 🐾

Chaos and Order

By Jillian Delaney

Junior art education major Jillian Delaney created "Chaos and Order" as part of her work in her art class with Professor Volpe. She used pencil and micro pens to create this piece combining two different pieces into one.



"The Life of a Showgirl" is Dazzling

BY SABRINA ALBANO

Everybody knows that when Taylor Swift releases a new album, it becomes the conversation of the world for weeks. Radio, television, social media, even news stations have something to comment on about the 14-time Grammy award winner. Swift's twelfth and most recent album, "The Life of a Showgirl" broke a plethora of records within a day of its release. Spotify announced that in just 11 hours, "The Life of a Showgirl" broke the record for the most streamed album in a day with over 1.2 million streams.

Despite these records, critics (some being devout Swift fans) have expressed profound criticism for Taylor Swift's latest album. Many have taken to Instagram claiming Swift did not put her best effort into this highly anticipated and pre-saved album.

While people are entitled to their own opinions, I don't agree with them. As a devoted Swiftie who has seen the ups and downs of Taylor Swift's career, I believe that this album deserves a lot more credit than it has been receiving.

"The Life of a Showgirl" was written during a high point of Swift's life. Most of this album is about her relationship with her fiancé, Travis Kelce. The other half of the album is inspired by Swift's experience on the The Eras Tour where the singer graced over 10 billion fans with her music. Taylor Swift often refers to this tour as being the best experience of her life, similar to her relationship with Travis Kelce. It is only natural that the music she produces reflects that.

"The Life of a Showgirl" is a mature, carefree album that allowed Taylor Swift to fully be herself. Many Swifties all over the world along with students right here at Adelphi University agree with this statement. First-year psychology student Zonaira Parsa described her listening experience to Taylor Swift's "The Life of a Showgirl" quite positively. She said, "The album is good, and I think that people all over social media, especially TikTok, aren't getting [her] lyricism."

While Parsa feels that this new release may not be the same quality of other releases, she still commends it. She added, "I don't think this is Taylor Swift's



"The Life of a Showgirl" CD and vinyl variant collection. Photo by Sabrina Albano

"The Life of a Showgirl" blends all aspects of Taylor Swift's talent and career into one 12-track album. Swift has already proven her versatility in the music industry numerous times. All of Taylor Swift's albums have completely different sounds and span across a variety of genres, most notably pop, rock, indie/folk and country. This album blends all of these genres together, having the catchiness of "1989" with the lyricism of "Midnights."

As a writer myself, I personally think that the lyrics on her newest album are fantastic. It does not possess the same poetic diction that was featured on "folklore," "evermore" and "Tortured Poets Department," but that does not necessarily mean that the songwriting on "The Life of a Showgirl" is inferior. "Tortured Poets Department" is widely believed to be about the split between her and actor Joe Alwyn, along with her short-lived romance with The 1975's lead singer Matty Healy. On the contrary,

best work, but it's the best in terms of the headspace she's writing from. She is happy, and it shows in her music."

And, for me, that's all that matters.

The thing that makes "The Life of a Showgirl" so special is that we feel pure happiness emanating from the artist. It's contagious, catchy, and, ultimately, a thank you to the fans.

All in all, Taylor Swift's new album is a hit and should be given more credit. Swift is a lyrical genius, and as she stated in her song "Mastermind" from "Midnights" that, "none of it was accidental." 🐾

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on our website:
[thedelphianau.
com](http://thedelphianau.com)**

Coming to Adelphi PAC this fall...



SÉAN HEELY
AND BAND

ADELPHI
DEPARTMENT
OF DANCE

ADELPHI DEPARTMENT OF THEATRE

GUEST ARTISTS

PHILIP EDWARD FISHER,
PIANO

Sunday, October 5 • 3:00 p.m.

IMANI WINDS

Friday, October 24 • 7:00 p.m.

SWEET DREAMS...
MANDY BARNETT
SINGS PATSY CLINE

Sunday, November 9 • 4:00 p.m.

GREATER NASSAU CHORUS

Saturday, December 6 • 4:00 p.m.

SÉAN HEELY'S
CELTIC CHRISTMAS

Friday, December 19 • 7:30 p.m.



MANDY BARNETT

DANCE

FALL DANCE ADELPHI

Wednesday, November 19, *through*
Sunday, November 23 • *Various times*

DANCE SHOWCASE

Free Event

Friday, December 12 • 7:30 p.m.

Saturday, December 13 • 2:00 p.m.

MUSIC

ADELPHI
SYMPHONY ORCHESTRA

Friday, November 14 • 7:00 p.m.

ADELPHI
JAZZ ENSEMBLE

Friday, December 12 • 7:00 p.m.

ADELPHI
OPERA THEATRE

Free Event

Saturday, November 22 • 7:00 p.m.

ADELPHI
CONCERT BAND

Free Event

Tuesday, December 2 • 7:00 p.m.

ADELPHI
WORLD MUSIC ENSEMBLE

Free Event

Monday, December 8 • 7:00 p.m.

ADELPHI
CHAMBER ENSEMBLE

Free Event

Tuesday, December 9 • 7:00 p.m.

ADELPHI
CHORALE

ADELPHI
VOCAL ENSEMBLE

Sunday, December 14 • 4:00 p.m.

THEATRE

WELCOME TO THE MOON
AND OTHER PLAYS

by John Patrick Shanley

Wednesday, October 29, *through*
Sunday, November 2 • *Various times*

Special Note: The Saturday matinee will be
a special "Sensory Friendly" performance.

FIRST-YEAR
SHOWCASE

Friday, December 5, *through*
Sunday, December 7 •

Various times

FREE STUDENT RUSH TICKETS

One hour before all performances, including guest artists, full-time Adelphi students are eligible to get a Rush ticket for free. Arrive prior to the performance with your Adelphi ID, get in the Rush line and receive one remaining unsold ticket. Subject to availability, not available for every performance. Cannot be reserved in advance. Rush tickets will stop being distributed 10 minutes before the start of the show, so get your tickets early.

**Reserve Your
Tickets Today!**

**ALL ADELPHI STUDENT TICKETS
ARE \$7 UNLESS OTHERWISE NOTED.**

(Discounts available for students,
Adelphi alumni and employees)

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