



“Women’s health needs to be front and center – it often isn’t, but it needs to be.” – Cynthia Nixon

Support Services

Black Mamas Matter Alliance
<https://blackmamasmatter.org/bmhw/>

Asian Women for Health
<https://www.asianwomenforhealth.org>

National Women's Health Network
<https://nwhn.org>

International Women's Health Coalition
<https://iwhc.org>



Racism & Women's Health

SOCIAL ACTION 2021



Black Women & Healthcare

Black women have experienced discrimination by health care professionals and the health care system (in general) for decades.

- It was found that Black women raised in the Southern States where Jim Crow laws took place had an immensely high chance of estrogen-receptor negative breast tumors--a more aggressive form of breast cancer and less receptive to chemotherapy.
- Black women have approximately a 40% higher Breast Cancer mortality rate than White women; Women of color are less likely to get from breast cancer, however, more likely to die from breast cancer these disparities were due to the lack of access to adequate health care, financial struggle, and the hazardous living conditions in their communities (i.e. high levels of air pollution).
- In addition to receiving inadequate medical assistance, they are underrepresented in clinical trials. In public clinical trials, only 15% of their participants are Black women. Out of the twenty-four Cancer drug clinical trials, only 5% of the participants were Black women.
- More diversity is needed in these clinical trials to ensure that these drugs are effective for all ethnicities and races.

White Women & Healthcare

- it has been documented that white women have received better care than women of other racial groups.
- Most white women had stated that they were treated very well by healthcare professionals. A much smaller percentage of women of other racial groups have stated that they were treated very well by healthcare professionals.
- About 12% of African Americans have stated that they experienced discrimination by healthcare professionals. The percentage of Native Americans who reported experiencing discrimination by healthcare professionals is about 10% and only about 2% of whites reported experiencing discrimination.



Asian Women & Healthcare

- Asian Americans are less likely spoken to by doctors about their mental health and lifestyle compared to White Women.
- Asian Americans were less likely to receive counseling from their doctor about their health issues.
- The doctors of Asian American women did not listen or learn the values of their culture.
- Asian Americans have had a very different experience compared to White women. Asian Americans reported that they had wished the doctor would spend more time with them, and they were not treated with the respect they deserved while being seen by the doctor.
- Asian Americans valued their doctors who took the time to spend time with them during their appointments.
- Asian Americans wanted to be more involved in the decision-making of their medical care. This could be due to cultural differences and different communication styles.

