

**Adelphi University**  
**Guide for**  
**Returning to Residential Life**

**ADELPHI**  
**UNIVERSITY**

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# Introduction and Guiding Principles

This **Guide for Returning to Residential Life** has been developed in accordance with **Adelphi University's Master Restart Plan in Response to COVID-19**, which can be found on the University's [restart website](#).

This document serves to guide our community's Fall 2020 safe return to residential life following the disruptions caused by COVID-19.

## Guiding Principles for Restarting

As stated in the University's Master Restart Plan, Adelphi's policies and protocols for responding to the COVID-19 pandemic and restarting in-person instruction, research and residence life are rooted in two critical concepts:

- Protecting our community's health, safety and well-being
- Preserving our mission to deliver academic excellence, with modifications required for health and safety

Our restart plans apply to all employees, including our leadership and those identified as essential; all our students, including local, domestic and international; and every member of the community who utilizes services provided by the University. These plans are focused on our community's safety and health and are fully guided by our mission to provide a world-class academic experience that is dedicated to student success. They are also flexible in acknowledgment of:

- An evolving public health situation and related expert guidance
- New state and public health mandates, as they become available
- Individual needs of community members, especially those who are vulnerable or cannot travel

## Reopening Timeline

Adelphi University will abide by New York state's reopening plan, [New York Forward](#). Informed by this, the University is returning to residential life according to [Phase Four Guidance](#) which began on **Long Island on July 8** and will extend into the Fall 2020 semester, until further notice.

**In accordance with the University’s Master Plan, students, faculty and staff are expected to follow policies and guidance for:**

- Daily health and symptom screening
- Hygiene and handwashing
- Social distancing
- Restrictions on gathering in large groups
- Required masks, face coverings and essential PPE; bandanas, buffs and gaiters are not acceptable face coverings, and masks with valves or vents do not offer adequate protection and should not be used while on campus.
- Staying home when sick
- Respecting the health, well-being and personal experiences of other community members

**As the knowledge and understanding of the COVID-19 virus continues to evolve, the University remains prepared to adjust our policies and plans as needed as more information becomes available. In the event that New York state or local health authorities amend statewide or regional orders and guidance, the University will update the guidance and protocols in this plan in accordance with said updated regulations.**

# Welcome to Residential Life

The health, safety and well-being of Adelphi students and campus community is our most important priority. This document provides students with expectations and information to help prepare for living in Adelphi University residence halls this fall. We are excited to welcome students from New York, the nation and the world to residential living.

The Residential Life and Housing staff has implemented a variety of modifications to assist in safeguarding our residential community's health and well-being, including the following:

- Residential capacity has been reduced by 10 percent to support social distancing.
- Students residing on campus will be required to complete a [COVID-19 Safety Plan Agreement](#) including a commitment to follow all safety guidelines.
- Residents will be required to complete at-home testing prior to returning to the residence halls. We will share more details about the testing process for residents in the weeks ahead.
- Our residential staff will be trained on health and safety protocols, assisting in the creation of a safe residential environment.
- Visitation in residence halls will be restricted to ensure that exposure risks are minimized.
- Face masks will not be required of residents when in their individual rooms. When in common areas, residents should maintain proper social distancing and use face coverings as added protection.

# Student Engagement

Students can expect to develop a sense of belonging and engagement in the residence halls and contribute to maintaining a vibrant social and academic community while following New York state and health official's guidelines. Please note the following:

- Social and co-curricular experiences are vital to undergraduates and will be maintained virtually to encourage an engaged residential community.
- Resident Assistants will be available to support all students with their transition and adjustment to campus life.
- All residential students will have an opportunity to be engaged and facilitate programs and activities with fellow residents.
- Student leadership opportunities will be available through residential student government and other outlets.
- The residence halls will continue to provide opportunities for personal growth, cultural exploration, and interaction with peers and staff
- Lounge and common spaces will have reduced capacity to promote social distancing.

## Resident Assistant (RA) Programs

- RAs will help build community and provide educational programs virtually and in person while practicing safety protocols and maximizing available resources.
- Attendance capacity for in-person programs will be limited to 10 individuals per program and all participants must wear masks.
- RAs will serve as role models, student leaders, and ambassadors for a fun, educational, safe, and healthy residential community.
- Programs held in common space to allow for appropriate social distancing and health and safety protocols to be followed:
  - Before/after programs, make sure to wipe down/disinfect all used surfaces.
  - Offer programs about virtual and social distancing programs.
  - No programs with communal food/snacks (only prepackaged)

## Resident Student Association (RSA)

Every year, the residents of each building elect a hall council. Through the Resident Student Association, these hall councils manage an activities budget, provide social and educational programs for residents, suggest additional policies that complement those established by the University and communicate student concerns to the Office of Residential Life and Housing. Participating in RSA is a great way to be engaged!

## Community Space

- For use of community lounges or study spaces, occupancy capacity will be reduced.
- Residents must practice social distancing and safety protocols and comply with guidelines regarding the use of all residence hall community spaces.
- Face coverings must be worn in all community spaces.

# Expanded Move-In for Residents

Our Office of Residential Life and Housing has extended the move-in schedule to allow our residential students space and time to comfortably set up their home on campus. Beginning on August 22, 2020, our residence halls will be open and available for move-in.

Residence hall directors will assign all residential students a unique move-in time during the hours of 10:00 a.m. and 6:00 p.m. across the nine-day period prior to the start of classes to ensure social distancing.

## **PLEASE NOTE: Residence Halls Close on November 25, 2020**

- The residence halls will close for the fall semester on November 25, 2020, at 5:00 p.m.
- Classes and finals will move to online until December 22, 2020.
- Student-athletes, international students and students working for the University will be eligible to reside on campus after November 25, 2020, for an additional fee. Approval is required.
- Other exceptions will be considered on a case-by-case basis.
- The residence halls will reopen for the Spring 2021 term on January 24, 2021.



# Preventative Safety Measures

## Check-In

Adelphi will follow all travel advisories and restrictions that are put in place by federal, state and other local authorities in our region.

Adelphi will send an at-home COVID saliva test (with instructions) to each resident student at no charge. Results will be sent to Adelphi prior to the student's arrival on campus. Residents can also expect that additional periodical testing will be conducted throughout the fall semester while the student resides on campus.

The University may conduct periodic testing, temperature checks, or other screening as deemed necessary, in the University's sole discretion, in the interest of the safety of the campus community.

## Daily Health Check

Through the AU2GO app, students will be required to complete a short series of questions at [adelphi.edu/restart/health-monitoring/](https://adelphi.edu/restart/health-monitoring/) daily to monitor your health and any possible symptoms of being unwell. Your responses will be kept confidential, and will only prompt a private follow-up from the Health and Wellness Office if a risk is identified.

## Guests

Guests external to the University are not allowed in the residence halls. Individual room guests will be limited to a maximum of one individual per resident, and guests must live in the same residence hall. All room residents must agree to permit guests. The only exception is for friends and family members who are assisting students with check-in or move-out, which are limited to two individuals per resident.

## Elevators and Stairwells

Residence hall elevators are prioritized for accessibility use and moving large items. Only one person should enter an elevator at a time. Residents should use the stairs whenever possible. If residents must use the elevator, they must wear a mask or face covering. Residents shall not prop open stairwell doors as this constitutes a fire safety hazard.

## Social Distancing Guidelines

Maintaining distance from one another is one of the best ways to minimize exposure to COVID-19 and slow its spread. Because the virus can be spread by someone even when they do not feel sick or demonstrate symptoms, it is essential to keep a safe distance from one another whenever possible. All students should adhere to the following social distancing guidelines to the greatest extent possible:

- Stay at least six feet (about two arms' length) from other people at all times—this is true even when wearing a mask. This does not apply to residents in their individual residence hall rooms.
- Stay out of crowded places and avoid mass gatherings.
- Do not shake hands, hug or otherwise have physical greetings that require touching.


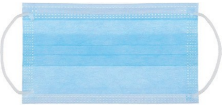


## Face Coverings

Students must wear face masks or face coverings any time they are in a situation where social distancing may be challenging to maintain, including, but not limited to, public settings, both indoors and outdoors (e.g., when walking in the hallways, in residence hall common areas, communal or public restrooms, building lobbies, while riding in elevators, while walking to/from class or dining locations, or at meetings/events).

Disposable masks will be provided by Adelphi, free of charge, if needed. Disposable masks may only be worn for one day and then must be placed in the trash.

You may also wear a cloth face covering, which will help Adelphi reduce the need to purchase additional masks, which are in short supply. Bandanas, buffs and gaiters are not acceptable face coverings, and masks with valves or vents do not offer adequate protection and should not be used while on campus. The fabric design or pattern for cloth face coverings should be appropriate for the classroom and workplace. Cloth face coverings must only be worn for one day at a time and must be properly laundered before using again. Having a week's supply of cloth face coverings can help reduce the need for daily laundering.

Students may remove face coverings or masks to eat or drink in areas of campus designated explicitly for eating and drinking or while in a large outdoor space or large indoor facility where they are able to maintain a distance of at least six feet from other individuals.

TYPE AND INTENDED USE OF FACE COVERINGS/MASKS				
Type	Cloth Face Covering	Disposable Mask	Medical-Grade Surgical Mask	N95 Respirator
				
<b>Description</b>	Homemade or commercially manufactured face coverings that are washable and help contain wearer's respiratory emissions	Commercially manufactured mask that helps contain wearer's respiratory emissions	FDA-approved mask to protect the wearer from large droplets and splashes; helps contain wearer's respiratory emissions	Provides effective respiratory protection from airborne particles and aerosols; helps contain wearer's respiratory emissions
<b>Intended use</b>	Required for campus community use in non-healthcare settings (office spaces, general research/work settings, shops, community areas where 6' social distancing cannot be consistently maintained); must be replaced daily (while likely necessary for ingress and egress, not required when working alone in an office)		These masks are reserved for healthcare workers and other approved areas with task-specific hazards determined by OESO.	

## Use and Care of Face Coverings

For details regarding cloth face coverings, including how to create, wear and care for homemade face coverings, visit the [CDC website](#).

### **Putting on the face covering/disposable mask**

- Wash hands or use [hand sanitizer](#) prior to handling the face covering/disposable mask.
- Ensure the face covering/disposable mask fits over the nose and under the chin.
- Situate the face covering/disposable mask properly with nose wire snug against the nose (where applicable), ensuring the nose, mouth and chin are always covered.
- Tie straps behind the head and neck or loop around the ears.
- Throughout the process: Avoid touching the front of the face covering/disposable mask.

### **Taking off the face covering/disposable mask**

- Do not touch your eyes, nose or mouth when removing the face covering/disposable mask.
- When taking off the face covering/disposable mask, loop your finger into the strap and pull the strap away from the ear, or untie the straps.
- Wash hands immediately after removing.

### **Care, storage and laundering**

- Keep face covering/disposable mask stored in a paper bag when not in use.
- Cloth face coverings may not be used more than one day at a time and must be washed after use. Cloth face coverings should be properly laundered with regular clothing detergent before first use and at the end of the day. Cloth face coverings should be replaced immediately if soiled, damaged (e.g., ripped, punctured) or visibly contaminated.
- Disposable masks must not be used for more than one day and should be placed in the trash at the end of the day or if it is soiled, damaged (e.g., stretched ear loops, torn or punctured material) or visibly contaminated.

## **Restrooms**

Students must wear masks or face coverings and practice social distancing whenever possible when using communal or public restrooms. Avoid crowding, and, where possible, wait outside if the restroom is occupied. Students must keep these facilities clean after use and cannot store their personal items. Students are responsible for cleaning their individual residence hall restrooms.

## **Student Travel**

We are aware that New York Governor Andrew Cuomo has placed [travel restrictions on numerous states that have experienced a recent surge in coronavirus cases.](#)

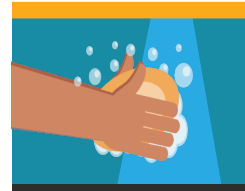
Adelphi University is strictly adhering to New York state regulations and guidance for reopening our campus. COVID testing will be required for all residential students before move-in and a 14-day quarantine and testing will be required of all students returning to Adelphi residence halls from states currently on the New York state list of restricted states. We continue to monitor this situation and abide by state orders and will update our policies accordingly.

# Health and Wellness

## Handwashing

In an effort to reduce the transmission of COVID-19, students must frequently wash their hands with soap and water for at least 20 seconds, especially after being in a public place, coughing, sneezing, blowing their nose, or touching their face.

If soap and water are not readily available, use a [hand sanitizer that contains at least 60 percent alcohol](#).



## Illness

If students become ill and experience symptoms such as fever, cough, shortness of breath, headache, muscle/body aches, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea, please note the following guidelines:

- If a **resident student** becomes ill, the resident should not leave their residence hall room and must contact the Health Services Center for further guidance.

## Quarantine/Isolation/Relocation

Pandemic exposure may require a resident to be quarantined, isolated, and/or relocated based on potential exposure and contact risk. Quarantining, isolation and relocation may not be in the resident's assigned room and may be on or off campus for at least 10–14 days, until symptoms have fully resolved, and will be done in accordance with New York state and local health department guidance. Rooms have been reserved in the residence halls for quarantine and isolation for students who are unable to go home.

- Resident needs, such as meal delivery, will be coordinated by Dining Services, Office of Residential Life and Housing, Health Services and Department of Public Safety and Transportation.
- Residents must comply with the quarantine/self-isolation measures.

# Student Services

Student services will be available for students in a hybrid format ranging from in person to virtual. These services include, but are not limited to:

- [Center for Student Involvement \(CSI\)](#)
- [Center for Career and Professional Development](#)
- [Interfaith Center](#)
- [Student Access Office \(SAO\)](#)
- [Student Counseling Center](#)
- [Health Services Center](#)
- [Panther Pantry](#)
- [Adelphi Bookstore](#)
- [Dining Services](#)
- [Campus Recreation](#)

Please see our website for more information: [www.adelphi.edu/life-at-adelphi](http://www.adelphi.edu/life-at-adelphi)

# Community Standards

As a member of the Panther campus community, we all must take pride in protecting the health, safety and well-being of our community. Everyone is expected to be accountable and responsible to do all we can to the greatest extent possible to protect our own health and the health and safety of others. It's the right thing to do.

The approach to enforcing community standards and safety protocols will be educational with a restorative justice approach. However, students' failure to adhere to health and safety expectations may lead to disciplinary procedures set forth in the *Code of Conduct*, including removal from the residence halls and Adelphi University until compliance is achieved.