



Parents and Families

July 7, 2026

Welcome to the Panther family! We're so glad you're here.

Over the next several weeks, your student will receive a weekly *New Student Insider* on Mondays with simple, step-by-step guidance to help them prepare for their first semester. On Tuesdays, you'll receive this companion newsletter to keep you informed about what they're receiving, how to support them and where to turn when you have questions.

Our annual **Mid-Summer Meet Up** is coming up mid-month. We hope you can join us on campus on July 17 if you're in the neighborhood!

Also, you can register now to attend **Parent and Family Orientation** on Friday, August 21—Day 1 of **Orientation Weekend**.

If you have questions or need to change the email address we have on record for you, please let us know. You can always reach our team at **parents@adelphi.edu**. —*The Student and Community Engagement team*

✓ HIGHLIGHTS

This week's New Student Insider reminded students to:

- Register for **Orientation Weekend** on Friday, Saturday and Sunday, August 21–23. (All three days are essential and included in tuition)
- Schedule their required academic advising appointment to get registered for fall classes.
- Submit the required **Health and Immunization Forms**.
- Review the details and deadlines of Adelphi's four **opt-out programs**, which are designed to support your student's success.

? WHAT PARENTS AND GUARDIANS SHOULD KNOW

One of the best ways to help your new college student is simply to ask how these steps are going and to encourage them to complete them independently whenever possible.

- Set up their eCampus and email accounts—they have instructions from our IT Helpdesk in their personal email.
- Check their Adelphi email regularly for time-sensitive steps and information
- Keep track of important deadlines
- Reach out to campus offices when they have questions:
 - Health Services: **healthservicescenter@adelphi.edu**

- One-Stop Student Services Center: onestop@adelphi.edu.
- Residential Life and Housing: housing@adelphi.edu
- Student Affairs: divisionofstudentaffairs@adelphi.edu
- Our team in Student and Community Engagement: engage@adelphi.edu

IMPORTANT DATES

- **Jul. 17:** [Mid-Summer Meet Up](#)
- **Aug. 20:** [First-Year Resident Student Move-In](#)
- **Aug. 21–23:** [Orientation Weekend](#) (including [parents and families](#) on Friday)
- **Aug. 23:** [Health and Immunization Forms](#) are due
- **Aug. 24:** [First Day of Classes](#) for Fall 2025
- **Sep. 4:** Final [add/drop/change/withdraw day](#) for Fall 2025
- **Sep. 4:** Deadline to [opt out](#) of eBundle, Dine+Connect and Dewar tuition insurance
- **Oct. 1:** Last chance to [waive student health insurance](#)

HELPFUL RESOURCES

Make the Adelphi Family Hub your own.

The **Adelphi Family Hub** is your personalized home for everything you'll need throughout your student's Adelphi journey—from important deadlines and family events to newsletters, campus updates and resources tailored to your student's experience. We've already created your access using the email provided during your student's admissions process. Your next step is to:

- Create an account with a secure login
- Personalize your communities and interests
- Choose how often you'd like to receive updates
- Start exploring resources created just for Panther families

More resources:

- Join other Panther families on our [Parent & Family Facebook page](#).
- Visit our [Parent and Family web page](#).
- Learn how [Adelphi complies with the federal Family Educational Rights and Privacy Act \(FERPA\)](#).
- See if any of our [upcoming webinars](#) can help you learn more about your student's Adelphi experience.

*Watch your email on Tuesdays this summer for **Insider: Parents and Families**.*