



Parents and Families

July 21, 2026

We continue counting down to **Orientation Weekend** with weekly updates, timely reminders, helpful resources and practical tips to help your family prepare for the start of your student's Adelphi journey.

This week's *New Parents & Families Insider*—a companion to your student's weekly *Insider*—highlights the ways your student (and you) can build your community at Adelphi. If you've got any questions, please email our team at parents@adelphi.edu.

Have a great week! 🐾 —The Student and Community Engagement team

🔥 5 THINGS FOR THIS WEEK

- **Encourage your student to activate their Adelphi eCampus account and student email.** They received instructions in an email from the [IT Help Desk](#).
- **Confirm your student is registered for their fall term courses.** New students must meet with an adviser for guidance and registration as soon as possible.
- **Make plans to attend **Orientation Weekend** (August 21–23),** including [Parent and Family Orientation](#) on that Friday. The nonrefundable orientation fee is built into first-year tuition. Students should plan in advance to prioritize attending all three days.
- **Your student's fall bill is due today, July 21; [review it together](#).**
- **Decide whether to stay in or opt out of Adelphi's four [built-in programs](#).** Each program has a deadline to be mindful of!

✅ HIGHLIGHTS

Yesterday, your student received information about opportunities for finding their community at Adelphi. They can choose to...

- **Lead:** Seek election to our [student government](#), [start a club of your own](#), or write for [the Delphian](#)
- **Mentor:** Consider being a [Peer Assistant Leader](#), a [Resident Assistant](#) or a [Commuter Assistant](#) for the next academic year
- **Volunteer:** Panthers tend to our [community garden](#), run the [Panther Pantry](#), lead [Relay For Life](#), and make an impact through [volunteering](#)
- **Go Greek:** Our fraternities, sororities and social fellowships include [recognized councils](#) that promote leadership, service and diversity

- **Stay active:** Check out [Campus Rec](#), [Esports](#), [Intramural Sports](#), [Sport Clubs](#) and [Fitness programs](#)
- **Explore faith:** Our [Achan Family Interfaith Center](#) supports worship and fellowship and partners with our [faith-based student clubs](#)
- **And more:** Our 80+ organizations include [academic](#), [cultural](#), [social action](#), and [other](#) groups

FOR YOU

Your student's transition to college is a transition for your family, too. Here are a few opportunities designed especially for parents and family members.

- **[Parent and Family Orientation](#)**
Join us on Friday, August 21, beginning at 12:00 p.m., for Parent and Family Orientation. Register in advance for a day of campus tours, information sessions, opportunities to meet University staff and fellow families and a special afternoon reception.
- **[Adelphi Family Hub](#)**
Register your Adelphi Family Hub account to personalize your interests, join communities and receive information tailored to your student's class year, activities and experiences.
- **[Parents and Families Website & Facebook Community](#)**
Explore our [Parents and Families website](#) for helpful resources throughout the year, and connect with other Adelphi families through our dedicated [Parents and Families Facebook community](#).
- **[Summer Parent & Family Webinar Series](#)**
Join our expert staff for one-hour evening webinars designed to answer your questions and help you feel prepared for the semester ahead.
 - **July 30** | [Keeping Panthers Safe](#) | 6:00 p.m.
 - **August 6** | [Eating Well on Campus](#) | 6:00 p.m.
 - **August 13** | [Packing, Planning and Move-In Day Success](#) | 6:00 p.m.
 - **August 18** | [Billing and Financial Aid Virtual Information Session](#) | 5:00 p.m.



MARK YOUR CALENDAR

- **July 21:** Fall 2026 tuition is due unless a [monthly payment plan is in place](#)
- **August 20** – [First-Year Resident Student Move-In](#)
- **August 21** – [Parent and Family Orientation](#) (12:00 p.m.)
- **August 21–23** – [New Student Orientation Weekend](#)
- **August 23** – [Matriculation Ceremony](#)
- **August 23:** [Health and Immunization Forms Due to Health Services](#)
- **August 24** – [First Day of Classes](#)
- **September 4:** Final [add/drop/change/withdraw day](#) for Fall 2026 (+ [opt-out programs](#) deadline)
- **October 1** – [Health Insurance Waiver Period Ends](#)
- **October 16–18** – [Spirit Weekend](#)

*Watch your email on Tuesdays this summer for **Insider: Parents and Families**.*