

# ADELPHI UNIVERSITY

2017

## **NEXUS:**

Nursing's New Home

## **NEW PROGRAMS SOAR**

## **ROBOTICS ROLE**

in Today's  
Healthcare





### MESSAGE FROM ACTING DEAN ELAINE SMITH

It goes without saying that both healthcare and higher education are in a state of continuous change. Adelphi is embracing these changes in technology, student demographics, science and medicine, healthcare policy and public health with open arms. This issue of the College of Nursing and Public Health's newsletter is filled with stories of how Adelphi continues to prepare our graduates for the future while building on a rich history of 75 years.

I invite you to come visit us and take a tour during Spirit Weekend this October! If you have not been to campus in a while, the first thing you will notice is the new Nexus Building—now the home of the College of Nursing and Public Health (CNPH). Our faculty, students and staff have been enjoying the building for nearly one year. A major highlight is the state-of-the-art simulation center replete with the latest educational and healthcare technologies. Our students now have the opportunity to prepare for hospital-based, ambulatory and home care. The introduction of robotics in the lab exposes students to the growing importance of telehealth and remote monitoring. Our nursing and healthcare informatics students benefit greatly from these experiences.

Our robust nursing programs continue to expand to meet changing societal needs. This spring will see the start of the Psychiatric Mental Health Nurse Practitioner and Doctor of Nursing Practice programs. These new offerings add to the suite of graduate and doctoral programs available to Adelphi students and both accommodate advanced standing options. Despite our growth, CNPH keeps its focus on the personal approach to education. Small class sizes, personalized advisement and exceptional clinical and capstone experiences remain our hallmarks.

I look forward to seeing many of you here on campus as we celebrate the 75th anniversary of the College of Nursing and Public Health. We are planning a number of exciting events over the course of 2018 and we hope you will join in the festivities.

Please enjoy this issue of our newsletter. I am so proud of the impact our graduates have made through the years and look forward to guiding all of our students to lead lives of purpose.

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## Faculty Members, Student Address Variety of Topics at ENRS

Six College of Nursing and Public Health faculty and one doctoral student presented papers and posters at the Eastern Nursing Research Society's 29th annual Scientific Sessions in April 2017 in Philadelphia.

"Underscoring our commitment to nursing research and its dissemination," Adelphi also is a longtime supporting sponsor of the conference, said Elaine Smith '78, Ed.D., the College's acting dean. All told, she added, "We have much to be proud of."

The presenters included Maureen Roller, D.N.P., presenting on "Cultural Competency: Measuring the Sustainability Following an Immersion Program for

Undergraduate Nursing Student," and Susan Zori, D.N.P., on "Reflective Journaling to Increase Critical Thinking for R.N.s." Dr. Roller and Dr. Zori, also presented jointly on "The Impact of Instituting in a Fundamental Nursing Course the Pedagogy of Process-Oriented Guided-Inquiry Learning (POGIL)."

In addition, Lori Persico presented on "Comparison of Debriefing Methods on Clinical Reasoning, Psychological Safety and Learner Satisfaction in Simulation-Based Education"; Yiyuan Sun, D.N.Sc., on mammography screening among Chinese American women; and Ditsapelo McFarland, Ph.D., on barriers to cervical cancer screening in Sub-Saharan Africa.

Jane White, Ph.D., the College's professor and associate dean and a visiting scientist with Northwell Health, addressed a session on "Clinical-Academic Partnerships as a Vehicle for Strengthening Research and Evidence-Based Practice."

Marie Mulligan, Ph.D. '17, presented on "Developing and Validating an Instrument to Measure Perceived Authentic Nurse Leadership."

Patricia Donohue-Porter, Ph.D., chaired the ENRS Research Interest Group's Theory Development meeting. She and several CNPH faculty—Dr. White, Dr. McFarland, Dr. Sun and Edmund Pajarillo, Ph.D.—served as abstract reviewers for conference submissions.

## SNAP's Transition to the National Student Nurses Association

During the Spring 2016 semester, the Student Nurses Acting for Progress organization—better known as SNAP—changed its name to the Adelphi University Student Nurses Association (AUSNA).

Ever since Deborah Ambrosio-Mawhirter '81, M.S. '95, Ed.D., Department of Nursing Foundations chair, created SNAP as a student in the late 1970s, the organization has mentored and assisted students in the College of Nursing and Public Health, with all aspects of the nursing curriculum, student life and professional development.

"This transition has come about

because we wanted to associate ourselves with the National Student Nurses Association, or NSNA," explained Marilyn Thomas '16, who was AUSNA's secretary in her senior year. Thomas also served as 2015–2016 secretary with the Nursing Students' Association of New York State (NSANYS).

The move is more than just a name change. The organization is now connected to the NSNA as well as to the NSANYS. Both organizations provide access to a substantial network of future registered nurses and serve a multitude of educational facilities, including SUNY and CUNY schools.

In addition, all 393 AUSNA members now have the chance to attend national and state conventions, gain access to more scholarship opportunities and take advantage of networking with a broadly expanded circle of connections.

Members of AUSNA will retain all the advantages and activities previously associated with SNAP, too, including the Jones Beach Breast Cancer Walk, Relay for Life, the Army Suture Clinic and alumni networking events. Thomas said, "Being part of AUSNA will allow for more unification among nursing schools, and more opportunity for our students."





## Alumna Giving Back to Fight Cancer

Birthdays are typically occasions when one receives presents. But Linda (Rodwin) Tenenbaum '61, a Florida resident, decided to celebrate her birthday by making a special gift to her alma mater.

In 2014, she made a generous contribution to establish The Linda Tenenbaum Oncology Award at Adelphi University, to be awarded annually to a graduating nursing major who intends to specialize in oncology nursing.

Tenenbaum has always had an interest in cancer and chemotherapy. During her nursing career, she established oncology classes in the nursing and continuing education programs at Broward Community College and assisted a neighboring vocational licensed practical nursing program in integrating oncology classes into its curriculum as well. Tenenbaum is also author of *Cancer Chemotherapy: A Reference Guide*.

Throughout Tenenbaum's career and in retirement, she has also been committed to cancer organizations. As a volunteer for the American Cancer Society (ACS), she taught classes for the public on cancer prevention and early detection. She also formed a team in her community for Making Strides Against Breast Cancer and participated in the annual walk-a-thon since 1983. Since 1988, she

has been a member of the ACS Relay for Life

When Tenenbaum's 75th birthday was approaching, she knew she wanted to do something that would make a significant impact in the lives of others by creating an award at Adelphi that would help current students who are interested in pursuing careers in the same area to which she has been so committed.

"I felt like this was the perfect opportunity to give back to Adelphi—the place where I received the education that enabled me to accomplish everything I have throughout my career," she said.

**When Tenenbaum's 75th birthday was approaching, she knew she wanted to do something that would make a significant impact in the lives of others.**

Since she established the award in 2014, she and her husband, Art, have traveled from Florida to Adelphi to congratulate each awardee in person.

## New Program: Minor in Public Health

Since the Fall 2016 semester, undergraduate students have taken advantage of a new academic option: a minor in public health, which is open to all undergrads regardless of their major discipline. This program's goal is to expose students majoring in nursing or other health-focused areas to the complementary curriculum of public health.

"It's a wonderful way for students to explore it and get a taste of it even if they don't continue to the graduate level," explains M. Pilar Martin, M.D., assistant professor of public health and director of the Master of Public Health program at Adelphi's College of Nursing and Public Health. "It's a natural extension of the curriculum since we already have a graduate program in public health. In the future, we plan to open an undergraduate major in public health as well."

The course work of the public health minor is designed to introduce students to prevention issues, community health practices and the local, state, national and international agencies providing public health services. The minor consists of three required courses covering a range of subjects including basic biology, human anatomy, foundations of public health, social and behavioral aspects of health, and health and human rights. Minors will also choose two electives from six options, which will include classes on disaster preparedness and on human sexuality.

"So many students are interested in the public health minor," Dr. Martin said. "Plus, it's the recommendation of the Institute of Medicine that medical professionals all have some exposure to public health."

Visit [nursing.adelphi.edu/academics/public-health-programs](http://nursing.adelphi.edu/academics/public-health-programs) for more information.





# Today, Tomorrow... and Yesteryear

Celebrating  
**75**

**When 27 young women entered a 30-month war emergency course in January 1943 at what was then called Adelphi College, they inaugurated a nursing program that will celebrate its 75th anniversary next year.**

**In response to the need for nurses after the United States' entry into World War II, Adelphi more than seven decades ago established the first Central Collegiate School of Nursing in New York state, one of the largest college units of the U.S. Cadet Nurse Corps.**

Before they left Alumnae Hall, the College of Nursing and Public Health administration and faculty on May 19, 2016, celebrated transitioning from their longtime home to their new home, the Nexus Building, by remembering the wisdom shared and the accomplishments achieved.

A committee chaired by Patricia Donohue-Porter, M.S. '78, Ph.D. '87, arranged a program that included a series of readings and observations by nurse leaders through the decades. Committee members included Charles Cal; Maryann Forbes, Ph.D. '99; Marilyn Klainberg, Ed.D.; Deborah Murphy; and Elaine Smith, Ed.D.

The lighting of a symbolic candle by three representatives—from the College's faculty, administration and staff—and the planting of an azalea outside Alumnae Hall contributed to the occasion.

Dr. Klainberg headed a "Time Capsule Memories" initiative that calls for the capsule to be opened when the nursing program will be 100 years old. Many faculty members submitted written notes containing wishes and memories to be read at that time.

In addition, Murphy designed a "Looking Back Through Time" photo exhibit featuring the Cadet Nursing Corps at the start of World War II, while Jane White, Ph.D., focused on "Transitioning With

Excellence," a reference to the National League for Nursing's designation of the College as a Center of Excellence.

Construction of the dormitories was financed by the Federal Works Agency to house the largest cadet nurse contingent on the East Coast. What was East Hall became Alumnae Hall in honor of the Alumnae Association, while the West Hall residence was named Harvey Hall after Anne E. Harvey, a past Adelphi College dean (1912–1935).

Before those L-shaped dorms were built seven decades ago—each with 50 rooms, administrative offices and recreation rooms—nursing residents had to make do with quarters in Woodruff Hall—which some had nicknamed Bed-Side Manor and Grand Central.

Decades later, the College's faculty and staff laughed about the fact that shower heads from the building's dorm era could still be seen in some faculty members' offices.

First Lady Eleanor Roosevelt, in her 1944 dedication speech titled "The Challenge of Nursing for Young Women Today," said prophetically, "I am very glad that in a time of war we can dedicate a building which, while it is dedicated to war service now, will continue to be of service to this college and this community after the war is over."

# Robotics: Solving Future Health Challenges

By Matthew Wexler

The College of Nursing and Public Health's growing Healthcare Informatics program positions nursing students for a career at the crossroads of healthcare, business and technology—and its curriculum is constantly evolving. With a focus on novel technologies in informatics and medical monitoring, the program addresses high-demand needs emerging in the healthcare marketplace.

To determine future training needs, it is critical to analyze health trends. According to projections cited by Hasan Sapci, M.D., chair of the College's Department of Allied Health, the population aged 65 and over will soar to over 83.7 million in the United States by 2050 and top 1.5 billion globally, causing a paradigm shift in how the healthcare industry approaches solutions for diseases

associated with aging. The pace of medical technology is already increasing, but new solutions are needed to coordinate care and improve health outcomes, especially for this growing segment of the population.

To stay ahead of the curve, the College's M.S. in Health Informatics program has two major initiatives: the founding of a new training and research laboratory and the establishment of a new Telemedicine and m-Health certificate program, which will focus on remote health monitoring systems connected through the Internet of Things (IoT). IoT is a recent development in networking defined by devices that collect and exchange data. The College's program will equip students with the knowledge to design, develop and implement IoT solutions for aging populations.

## OTHER INITIATIVES

The College received funding in 2015 for the Health Informatics Training and R&D laboratory—which will include two telepresence robots plus computing tools to establish a distributed medical information database, Dr. Sapci said. A recent initiative with the University's IT department will take this project to the next level by adding health telematics and an HL7-compliant smart home healthcare system. The lab is further enhanced by a blueprint of Dr. Sapci's own design.

These exciting developments are in sync with the program's move to the new Nexus Building, which also houses the laboratory.

"The enhanced Health Informatics Training and R&D laboratory will give Adelphi a national competitive advantage," Dr. Sapci said. "In this first-of-its-kind laboratory, students will be able to

learn novel healthcare systems and applications and observe real-time streaming data in various healthcare applications. Students will be able to have an experiential learning experience with these state-of-the-art health informatics devices."

Dr. Sapci, who has in the past developed partnerships with industry businesses, plans on augmenting the academic experience by bringing these companies to the College. Such relationships will help students and faculty develop proof-of-concept applications and apply for National Institutes of Health (NIH) grants.

"Tele-assistance, medical data collection and processing from intelligent environments and smart homes are the future of health informatics, and we are ready to answer the need of the market," Dr. Sapci said.



# Adelphi Adds Three Programs

## For High-Needs Healthcare Areas

Adelphi's College of Nursing and Public Health has announced three new programs approved for the Spring 2018 semester—all designed to prepare graduates for high-needs areas in healthcare.

**The programs are: the M.S. in Psychiatric Mental Health Nurse Practitioner (PMH-NP), a Psychiatric Mental Health Nurse Practitioner Post-Master's Certificate and the Doctorate in Nursing Practice (D.N.P.).**

The M.S. program is geared to educate nurses prepared at the baccalaureate level as advanced practice nurses to provide primary psychiatric and mental healthcare across the lifespan—from child and adolescence through geriatric. Students will work directly with clients experiencing psychiatric problems through required clinical practice and also take core courses in pathophysiology, advanced physical assessment and pharmacology.

Jane White, Ph.D., associate dean of the College, said, "With the current substance use disorder problem and its national focus and funding for prevention and treatment, even more individuals will need treatment"—

beyond the already significant number with other mental health problems.

The problem is exacerbated by a declining number of psychiatrists who treat such disorders, especially by prescribing appropriate medications. "Psychiatric Nurse Practitioners are prepared to assess and treat these patients with counseling and medication and can fill in this gap of needed practitioners," Dr. White pointed out.

However, in New York state alone, she noted, there are now only 1,200 licensed Psychiatric Nurse Practitioners.

Students in the M.S. and post-M.S. programs will be prepared to assess, plan and manage clients and families with psychiatric diagnoses, as well as provide psychopharmacology, counseling and therapy interventions, Dr. White added.

Here too, Adelphi's Adult Gerontology Primary Care Nurse Practitioner D.N.P. program will help fill a shortage since, as Dr. White observed, "There is currently in New York a need for more primary care providers. Fewer physicians are choosing primary care as a specialty or career track."

D.N.P. students will hone their skills in the Nexus Building's clinical simulation laboratories boasting the latest education technology.





# New Programs' Enrollment Soars

## Amid Growing Job Opportunities

By Matthew Wexler

**Building on a 75-year history in nursing education, the College of Nursing and Public Health began expanding its programs beyond nursing three years ago. Since then, the growth in non-nursing programs' enrollment has been rapid.**

### Informatics

"It's a simple paradigm," said Thomas Virgona, Ph.D., assistant professor and director of Healthcare Informatics. "People are living longer, which means they need more medical attention. Control risk is grounded in technology and integrated into healthcare."

The informatics program positions new graduates for a career at the intersection of healthcare and information technology, an area that has grown at a remarkably fast rate. The job market in healthcare informatics is expected to increase another 20 percent by the year 2020.

The program attracted 49 students with its 2014 debut and has since more than doubled to 114 students enrolled in Spring 2017, including 85 online, he said.

### Public Health

The Master of Public Health program provides an in-depth framework to pursue a career in the areas of research, advocacy, education and beyond. Enrollment rose to 63 in the Spring 2017 semester, and the newly launched minor is giving undergraduates a strong foundation for further studies.

"Treating people is not enough," said M. Pilar Martin, M.D., assistant professor and director of the M.P.H. program. "The National Academies' Health and Medicine Division is advocating for a focus on prevention."

The Department of Labor anticipates approximately 250,000 positions in public health by 2020, with Dr. Martin predicting very strong growth in emergency preparedness.

Two December 2015 graduates have secured jobs at Diaspora Community Services in Brooklyn and at Memorial Sloan Kettering Cancer Center in Manhattan, proving that a successful career in public health is not only viable but accessible to the College's alumni.

### Nutrition

There were seven students enrolled when the M.S. in Nutrition program launched in Fall 2013. That number rose to 30 in Fall 2016 and 35 in Spring 2017, said Diane Dembicki, Ph.D., clinical associate professor.

Graduates of the nutrition master's program are entering a fast-rising healthcare field that's emphasizing health promotion and disease prevention. "Sharing our real-life experience as nutrition experts working in the field," she said, "further helps students understand the many opportunities that lie ahead."



# ACCELERATED B.S.N.:

## FAST-TRACK PATH FOR THOSE SWITCHING TO NURSING



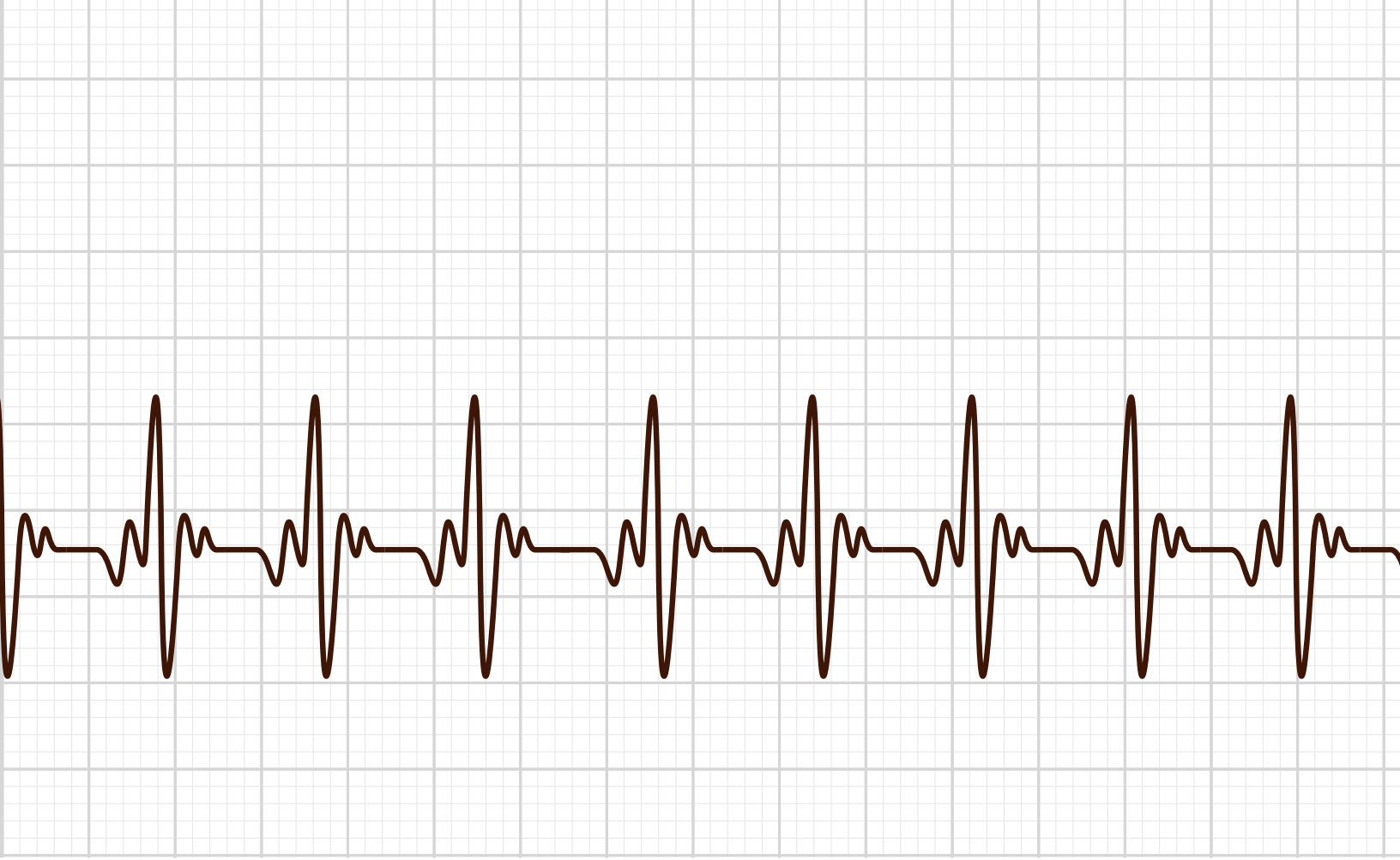
By Thomas J.C. Wright

**In just 14 months, you could complete an education in nursing. That's how rapidly Adelphi's Accelerated B.S. in Nursing is changing lives and careers. But it's no easy task. Students need passion, drive and the will to dedicate time now for a chance at greater opportunity later.**

"The accelerated program is for students who already have a bachelor's degree in other subjects but have decided to change their life course and want to pursue nursing," said Janet Raman, Ed.D., assistant professor in the College of Nursing and Public Health and director of the Accelerated B.S. in Nursing program (formerly called PATH for Professional Acceleration to Healthcare).

Prior studies in another discipline provide an experiential base for Accelerated B.S.N. students to draw on while undergoing the rigors of an education in nursing. The program's current cohort of 24 students (21 last year) is a diverse group whose previously earned degrees range from fine art, music and biology to psychology, computer science and business.

For student Will Nagy, a string of software jobs held over seven years had left him unsatisfied. Despite the work and having earned three related degrees (in economics, computer science and applied mathematics) from Stony Brook University, Nagy's interest was piqued when a neighbor recommended the College. "I was looking for a way to shake up my career," he said, noting that the neighbor had recently



graduated from the College and knew of the fast-track program.

Nagy, who had originally started his undergraduate work as a pre-med student, said his previous career experience helped him realize he was ready to commit time and effort to reach for a dream.

“This program really throws a lot of material at you. It’s incredibly challenging, and I’m very appreciative of that,” he said. “You’re sacrificing a little bit of time for incredible gain. For me, it was a logical choice, and it’s worth it.”

Lauren Bethon, a 2004 graphic design graduate of Bennington College, felt she was missing a certain human element in her work. She had worked in animation for a few years after graduation, but was unfulfilled by a day-in, day-out routine of long hours and stress.

After speaking with family and friends, Bethon began volunteering at the Northwell Health Stern Family Center for Rehabilitation in Manhasset, New York. “I really enjoyed my time there,” she said, explaining it was the small things that struck her most, like walking

patients back to their rooms after tests or other appointments. “I gave them an opportunity just to talk to someone. Some of them seemed very grateful to have that moment,” Bethon said. “It’s the little things that add up.”

Bethon inquired about nursing programs at the rehab center, and Adelphi’s program kept coming up in conversation.

Nagy said he is now looking forward to working in a critical care setting. Bethon, though undecided, said time spent in a neonatal intensive care unit was especially rewarding.

They and their friends in the Accelerated B.S.N. program are coming into the field at an opportune time. According to the Bureau of Labor Statistics, employment of registered nurses is projected to grow 16 percent from 2014 to 2024—nine percent faster than the average profession.

“They’re entering a culture of nursing,” Dr. Raman said proudly of her students. “It’s always wonderful to watch nursing students evolve into nurses.”

# Developing Leaders and Scholars

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## A Look at Today's Ph.D. Program

By Thomas J.C. Wright

The Ph.D. in Nursing program at the College of Nursing and Public Health aims to have a positive impact on a negative trend. Despite a national nursing shortage, students eager to advance their nursing education are being turned away from many schools due to a lack of qualified faculty.

Now celebrating its 35th year, the College's Ph.D. program currently has 41 students enrolled in its three-phase curriculum.

"The Ph.D. program supports the advancement of knowledge development and its contribution to nursing science, as well as the advancement of healthcare through research, teaching, leadership and policy endeavors," said Associate Professor Patricia Donohue-Porter, Ph.D. '87, director of the College's doctoral program. "We prepare our students with unique high-level courses and offer qualitative courses in research."

The program is divided into three years of course work followed by a mentored dissertation process. By the final phase of the program, graduates are actively contributing to the advancement of nursing science through research and by publishing their work. Many subsequently apply their education to professions in administration, research and healthcare. At some point in their career, most nurses with a Ph.D. also find an opportunity to support the next generation of nurses by teaching in a clinical or academic setting.

Doctoral students of different nursing backgrounds and varying research goals are brought together in cohorts of six to eight people, something Mariya Gold '10, M.S. '14, a Ph.D. student in her third semester of course work, finds beneficial for the networking experience alone. "We all want to share knowledge and provide the best possible care," she said.

Gold's own specialty and concern revolve around adult geriatric care, a specialty in which she's practiced for 10 years.

"Nursing homes aren't being recognized for the type of care that nurses provide to these patients, and there is a lack of resources. Nothing is changing. Nobody is fighting for nurses or for their patients to receive a better quality of care," she said, as she described shifts where a single nurse tends to 40 patients—all of whom require specific medication and other daily needs.

Gold said asking the right questions and conducting effective research are the keys to addressing such challenges. Her ideas are refined through her course work and, importantly, through a dynamic relationship with one of her mentors, Anne Peirce, Ph.D.

"Mariya is one of our most promising young nursing leaders," Dr. Peirce said. "I love her creative forward thinking. Knowing that she will be at the forefront of nursing scholarship gives me great confidence in the future."

**We prepare our students with unique high-level courses and offer qualitative courses in research.**

**—Professor Patricia Donohue-Porter, Ph.D. '87**



### **INDEPENDENCE IN ACTION**

It was the program's core research curriculum and the student:faculty ratio that attracted Keiko Iwama to Adelphi. Originally from Japan, where she earned degrees in social work and nursing, Iwama came to the United States to experience a more independent nursing environment.

"Being a nurse in the United States is totally different compared to Japan," said Iwama, currently a registered nurse within a cardiac surgery intensive care unit. Whereas nurses in Japan can only discuss patient care and treatment with a doctor, U.S. nurses can be key decision makers. "It's more nursing independent work and requires more clinical judgment and reasoning skills," she said.

"As a practicing critical care R.N., Iwama possesses a wealth of experience regarding the complexities of nursing practice," said Maryann Forbes, Ph.D. '99, who plays a crucial role in shaping Iwama's judgment as her mentor. "An inquisitive mind, high level of motivation, excellent writing skills and good time management will continue to be assets for Iwama as she moves into the next phase of conducting her research."

Independence in nursing care is central to the mission behind Iwama's dissertation topic: to improve preceptor work for a nursing graduate's transition from the academic world to nursing practice.

"There is a huge gap between nursing education at school and nursing practice," Iwama said, noting again the decision-making power U.S. nurses have in hospitals. "Experienced preceptors are the key to facilitating critical thinking, clinical reasoning and good clinical judgment in new graduate nurses. Although expert nurses can become preceptors, they are not necessarily expert preceptors."

Following graduation, Iwama hopes to use her stateside nursing experience, her Ph.D. in Nursing and her completed dissertation to inspire change in Japan.

For more information on the Ph.D. in Nursing program, visit [nursing.adelphi.edu/ph-d-in-nursing](http://nursing.adelphi.edu/ph-d-in-nursing).



## **ON THE JOB WITH A DOCTORATE**

Carol Della Ratta, Ph.D., earned her doctoral degree from the College of Nursing and Public Health in May 2015. We caught up with Dr. Della Ratta by email recently to learn about her past, present and future.

### **WHAT IS YOUR CURRENT JOB?**

Upon completion of the Ph.D. program, I assumed the role of chair of the Department of Undergraduate Studies at Stony Brook University. I've been a faculty member at Stony Brook for over 25 years, and the knowledge I gained at Adelphi will enhance my ability to mentor faculty and prepare our nurse graduates for increasingly complex and demanding careers.

### **HOW DID YOUR PH.D. WORK HELP TO SHAPE YOUR FUTURE?**

I was fortunate to find exceptional faculty who delivered state-of-the-art curriculum in such a way that I was able to develop a strong knowledge base in research and education. If I were to use one word to describe the experience at the College, it would be "transformative."

### **WHAT WAS THE FOCUS OF YOUR DISSERTATION?**

My dissertation was a qualitative study focused on nurse residents caring for patients with deteriorating statuses. The findings of my study identified the unique needs of novice nurse residents during high-stakes patient encounters.

**OCTOBER  
13**

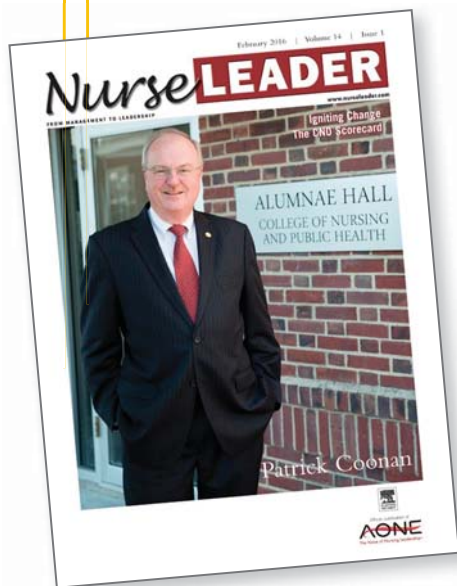
## **PH.D. ALUMNI RECEPTION**

The College of Nursing and Public Health will host a reception on Friday, October 13, 2017, for its Ph.D. alumni. Scheduled during Adelphi's Spirit Weekend, the event will take place in the Nexus Building's Adelphi Room at 5:00 p.m.

PATRICK R. COONAN '78, ED.D.

## LOOKS BACK AND AHEAD

## FOR *NURSE LEADER* MAGAZINE



In *Nurse Leader's* February 2016 cover feature, "Igniting Change," Patrick R. Coonan '78, Ed.D., dean of Adelphi University's College of Nursing and Public Health since 2004, offered a view of his management style and his perspective on where the College stands.

When asked his vision for Adelphi's nursing program in the magazine's wide-ranging Q and A, Dr. Coonan said, "Long term would be continued further integration of the other disciplines—public health, informatics, nutrition and emergency management—into our nursing programs."

He added, "Short term is always to keep quality in the program and meet the continually changing market demands."

Summarizing recent changes, Dr. Coonan said, "We have integrated healthcare informatics, public health, emergency management and more within our College. We've just finished developing a D.N.P. program and our Ph.D program is thriving."

One of the "greatest benefits" from the new Nexus Building, the College's new headquarters, is "our capability to expand from a learning center of 2,000 square feet to nearly 20,000 square feet" within the approximately 100,000-square-foot building, he said.

After 12 years as dean of his alma mater, he recalled, "I spent a significant amount of time carefully selecting faculty. We ... raised admission criteria for students while simultaneously assuring that our curriculum was stringent and rigorous." The College now totals 50 faculty, 20 staff and 1,600 students, well above years past, he noted.

Describing himself as "very much a big-picture thinker," Dr. Coonan pointed out that he surrounds himself with "people who are detail-oriented and focused." He maintains that leaders are made, not born. "Hindsight leads me to believe that the leader you become is forged by the experiences in your life and how you respond to them."

He observed, "One challenge is understanding and leading change in a way that ensures that nurses' voices are heard." As an example, he cited his participation on New York State's Medicaid Delivery System Reform Incentive Payment (DSRIP) Project Approval and Oversight Panel—where "I'm the only nurse in the group."

Before his present post, he said, he typically stayed in a role for three years or so, then moved on "because I'm always looking for the next challenge." The College is ideal, however, because "I can constantly develop and implement new programs," he added.

“

**He maintains that leaders are made, not born. "Hindsight leads me to believe that the leader you become is forged by the experiences in your life and how you respond to them."**

# 2017 Leadership Conference

The 13th annual Leadership Conference, sponsored by Adelphi University College of Nursing and Public Health and Sigma Theta Tau, Alpha Omega Chapter, took place May 3, 2017, at the Garden City Hotel. Its theme: “Creating Value Through Lifelong Learning.”



“Going Back to the Future – Measuring Impact: What Is All the Buzz About Interprofessional Education and Collaborative Practice?” – that was the topic of keynoter Elizabeth Speakman, Ed.D., associate provost of interprofessional education at the University of the Sciences, Philadelphia.



“The Future of Nursing Entrepreneurship” —that was the focus of the presentation by Alan H. Cooper, Ph.D., M.B.A. associate dean, business at Adelphi's Robert B. Willumstad School of Business. Nurse entrepreneurs date back to Florence Nightingale and Clara Barton, he said. As healthcare increasingly moves toward outpatient settings and the home, he said, nurse entrepreneurs can identify niche areas where nurses can provide the greatest value to consumers—from patient advocacy and consumer education to health and wellness and technology (e.g., apps and web-based services). But he cautioned it's not easy.



Alpha Omega Chapter of Sigma Theta Tau's Lifetime Achievement Award went to Patrick R. Coonan '78, Ed.D., R.N., NEA-BC, Adelphi University College of Nursing and Public Health dean



Mentoring Award went to Kathleen Dooney, M.S., R.N.

# Nexus: New Home For A New Era

The \$76 million, 100,000-square-foot Nexus Building features modern classrooms and conference rooms, as well as bright, spacious lounge areas in the main lobby and upstairs where students gather to chat and study. Its state-of-the-art simulation labs feature high-fidelity manikins in settings that range from hospital care to home care.









NEXUS SIM  
lab settings  
range from  
hospital bay  
(Top) to home  
(Bottom left).



## NEXUS RIBBON CUTTING - 12/12/16

Adelphi University President Christine Riordan, Ph.D., and College of Nursing and Public Health Dean Patrick Coonan '78, Ed.D. (center), were among those at the Nexus Building ribbon-cutting ceremony. Others included students Alexander Klotsche '17, Adelphi University Student Nurses Association president (left), and Isuri Wijesundara (right).





“

**Because of its reputation—and I really loved the campus.”**

Alexander Klotsche, on why he chose Adelphi after applying to several nursing programs.

## ALEXANDER KLOTSCHE '17:

# Eager to Care—and Lead

By James Forkan

Alexander Klotsche '17 has just begun his career of helping patients in hospital and emergency-care situations and he's already set his long-term sights on becoming a chief nursing officer at a hospital.

A couple of things inspired Klotsche to pursue a career in nursing and emergency care. “The first was during my time as a volunteer EMT for Huntington Community first aid squad [on Long island],” he said. “I'd have direct contact with emergency room nurses and they'd say how much they loved the profession.” He also was inspired by his father's friend, a male nurse. “He had spoken to me about nursing, the options it offered him and how it had been the best decision he made.”

After applying to several nursing programs, he chose Adelphi. Why? “Because of its reputation—and I really loved the campus.” Another factor: his parents are Adelphi alumni—John Klotsche, M.S.W. '79, and Lori Klotsche, M.A. '98 in Special Education.

Klotsche has started his nursing career at New York-Presbyterian/Weill Cornell Medical Center, New York, where “I will be working as an R.N. in a stepdown/medical surgical unit.”

Klotsche has already mapped out his future in nursing. He plans to work as an R.N. for a few years, he said, before going back for his master's of nursing.

“I want to get my M.S.N. in nursing and healthcare administration.”

During his Adelphi years, he engaged in several activities, most notably the Adelphi University Student Nurses Association (AUSNA)—becoming its president in senior year. Klotsche calls the AUSNA “the best choice I ever made, [one that] helped me grow by learning to network and do public speaking.”

Another Adelphi experience stands out in his memory. Speaking at the Nexus Building ribbon cutting in front of faculty, alumni, students and visitors, he recalled, was “an amazing experience. I never imagined an opportunity like that when I started at Adelphi.”

He added, “I was even interviewed by News 12 before the ceremony, which was unexpected and exciting.” That, however, is not his only media exposure. He and the Huntington Community First Aid Squad were featured on the cover of the February 2017 *EMS World* magazine.

Klotsche also was featured in Adelphi's recent online video promoting the Nexus Building. He said, “Nexus quickly became my favorite building on campus and a social hub.” More than that, he said the Nexus simulation labs give students a competitive edge in the nursing job market. “As I begin my nursing career at Weill Cornell, I feel I've practiced common scenarios that R.N.s face in the field.”

JASMINE THALAPPILLIL '13, M.S. '17:

## From Healing to Teaching?

By James Forkan

The idea of becoming a Nurse Practitioner occurred to Jasmine Thalappillil '13, M.S. '17, shortly before she earned her undergraduate degree at Adelphi. "I started to think, so what's next? I knew I wanted to go further in my career, so I did my research and found that being a nurse practitioner would give me greater versatility. But the greatest appeal for me was to be a primary care provider, able to assess, diagnose, prescribe, and educate patients with the nursing model as the framework."

Currently, Thalappillil is a registered nurse in a telemetry/stepdown unit at Montefiore Medical Center in the Bronx, where she started as a new graduate nurse. Even before she finished a year of being a nurse, she became a charge nurse, then a preceptor for new nurses, new hires and transfers into the unit. After two years, she said, "I became an American Nurses Credentialing Center board-certified nurse in medical surgical nursing" while one year into her NP program. "Now, after completing my certification as an Adult Geriatric Primary Care Nurse Practitioner, my journey as an Advanced Practice R.N. will begin."

She is excited for what the future may hold. "First, I'd like to experience what this avenue of nursing has to offer as a nurse practitioner," she said. "Soon after this—or perhaps alongside this—I would like to teach. Education has always had a special place in my heart and it's one of my favorite aspects of nursing."

She recalled that even in her undergrad clinicals, "I imagined myself as a clinical instructor and realized this was a real possibility for the future. At the same time, I also see myself teaching in a classroom setting. The future is full of possibilities and I look forward to what the next few years will bring."

Her most memorable Adelphi experience, Thalappillil said, was being the graduate student representative for the Class of 2017 at the May 2017 Commencement. Though selected in March, she didn't write her speech until closer to the event. "One day during a conversation," she recalled, "someone asked me, 'Are you trying to become a doctor or something?'" That got her thinking, "Is this what people think of nurse practitioners? My answer to that question led me to the speech I gave."

As she told her fellow grad students, "You did not begin this program with the hopes of becoming a doctor, but rather elevating your already established career as a nurse to the next level, as a healthcare provider—ready and able to assess, diagnose, prescribe and counsel patients along the continuum of health. With this degree and title, you are ... the person they reveal their thoughts and feelings to, the one who takes the time to listen to their concerns, the person they may admit things to that they would not otherwise say to their physician, thereby bringing them to their optimal level of well-being and highest quality of life."



“  
The future  
is full of  
possibilities  
and I look  
forward to  
what the next  
few years  
will bring.”

# ZIP Codes a Major Determinant of Public Health

By Patrick Granata, M.F.A. '16



**How is one's street address a good indicator of health? What happens to a person's health as the result of living in one neighborhood rather than another?**

Tonya Samuel, Ed.D., an assistant professor in the College of Nursing and Public Health, and Todd Vanidestine, Ph.D., assistant professor in the School of Social Work, raised the important issue during their April 2016 Master of Public Health panel discussion.

Titled "Unnatural Causes: Is Inequality Making Us Sick?," the panel followed a screening of *Place Matters*, a PBS documentary explaining that the socioeconomic condition into which a person is born, lives and works is a more significant determinant of health than behavior.

Research indicates that people living in upscale neighborhoods are far less likely to be hospitalized and suffer conditions such as heart disease, cancer, diabetes and asthma than those living in low-income neighborhoods.

Bringing the conversation home, Nassau County ranks an impressive second among 62 total counties in New York on the 2016 list of "Overall Rankings in Health Outcomes and Factors." However, even within one of the state's healthiest counties, there are significant health disparities in Nassau's lower-income neighborhoods. Dr. Samuel

explained that people in Elmont, Roosevelt, Long Beach, Freeport, Uniondale, Westbury, Glen Cove and Hempstead have considerably higher rates of elevated lead levels, type-2 diabetes, liver disease, asthma and chronic obstructive pulmonary disease than people living anywhere else in the county.

The composition of all eight of those lower-income neighborhoods is predominantly African-American and Hispanic. By contrast, the neighborhoods reporting healthier statistics are mostly higher-income, white areas. The rate of hospitalization in lower-income,



# LONG ISLAND

minority communities is also more than double the rate elsewhere on Long Island.

“Is this a case of race or place?” Dr. Samuel asked. “The real question is whether government policies contribute to the racialization of place and invariably enforce social hierarchies of its inhabitants, which can affect health.”

Dr. Samuel discussed the role of housing policies and racial housing segregation in health, and questioned whether socioeconomic status contributes to stigmatization as health issues are considered and addressed.

“We can see that place is melded with racial characteristics,” Dr. Samuel said. “Even when somebody describes ‘living in an urban

environment’ or ‘inner-city health,’ people get a picture of what is [meant by] ‘urban’ or ‘city health’ or ‘city living’—and it’s a picture of loud, poor, black and fast, hence maybe poor health. If one says, ‘What is the look of suburban health?’ you get white, settled and quiet, hence good health.”

*Place Matters* was originally created in 2002 to focus on public health department and policy relating to health in inner cities having some of the higher health disparities across the nation. Looking at ways to alleviate the national problem, Dr. Vanidestine discussed the importance and need for civil health departments, community activists and politicians to work together toward solutions for the people most affected.

Dr. Vanidestine pointed out that transdisciplinary collaboration between social workers and public health officials is needed to solve one of the biggest social problems facing contemporary American society. Adelphi’s School of Social Work and College of Nursing and Public Health joined forces precisely for the purpose of increasing awareness about this troubling issue.

“We need to come together now and collaborate in order to be more effective,” he added.

The M.P.H. panel discussion, held at the Center for Recreation and Sports in conjunction with National Public Health Week, was moderated by M. Pilar Martin, M.D., director of the College’s M.P.H. program.



Adelphi's first White Coat ceremony was held at Thomas Dixon Lovely Ballroom in the Ruth S. Harley University Center.

## Students Commit to Quality Care in White Coat Ceremonies

“

**Remember to be balanced—have fun, eat right, sleep enough. Learn and practice those health and balancing skills now.”**

*Associate Dean for Research  
Jane H. White*

Addressing the 140 undergraduate and graduate students who were coated at the February 5, 2017 ceremony, keynote speaker Jane H. White, Ph.D., the College's associate dean for research, said that the three million registered nurses in the United States today represent the most trusted profession.

“The annual Gallup Poll surveying the public's view of various professions rates nursing as the most trusted profession because of our high standards and ethics,” she noted.

Borrowing a phrase used to describe American astronauts in the 1960s, Dr. White asked, “What is ‘the right stuff’? What does it take to be a nurse?” She said those ingredients are heart, soul, mind and body.

“To be a nurse requires the heart—empathy, compassion—the soul—a moral compass pointing toward integrity and ethical decision making—and the mind—the science—practicing from evidence, with expertise, experience and oftentimes with a nurse's intuition,” Dr. White explained.

As for the body, she said, “Sustaining the ‘right stuff’ will mean a constant awareness of your own health. Right now

you are, hopefully, beginning to adjust to the rigor required,” she told the students. “Remember to be balanced—have fun, eat right, sleep enough. Learn and practice those health and balancing skills now,” she added, since an unbalanced self can also have a negative impact on one's patients.

A smaller ceremony for accelerated B.S. in Nursing students took place in May 2017.

A total of 145 students participated in another White Coat event, spread across two days—September 7 and September 8, 2016.

At the inaugural ceremony in October 2015, Patrick R. Coonan '78, Ed.D., dean, explained, “White Coat Ceremonies in the medical profession mark the transition from regular study into the clinical component of a student's education. We want our students to understand compassion, caring and empathy.”

The 2015 event marked the start of what is becoming an honorable tradition, due to funding by the Arnold P. Gold Foundation and American Association of Colleges of Nursing. White Coat Ceremonies signify an important new stage in learning and emphasize students' commitment to high-quality patient care.



# Buckley Lecturer Urges Nurses to Get More Involved in Major Healthcare Decisions

By James Forkan

Speaking at the 12th annual Buckley Scholars' Lecture March 10, 2017, in Adelphi University's Ruth S. Harley University Center ballroom, Diana Mason, Ph.D., senior policy service professor at George Washington University School of Nursing, called on nurses to be "at the table where major healthcare decisions are being made."

Dr. Mason, who also was professor emerita and co-director of Hunter College's Center for Health, Media and Policy and the immediate past president of the American Academy of Nursing, spoke on the topic "Leading Transformations in Healthcare and Promoting Health." The 100 attendees included leaders from nursing programs and healthcare organizations in the area.

Pointing to a pyramid chart in her slide presentation, she told her audience that acute care is at the top and wellness/health promotion/public health is at the bottom. In between are recovery care/home care and primary care/care coordination. But she said, "I think we need to flip the pyramid."

"If we don't build a strong primary care system," she warned, "we will not improve the health of the nation ... and we will not reduce costs."

To meet the so-called "Triple Aim" in optimizing health system performance—by enhancing patient experience, improving population health and cutting costs—she suggested focusing instead on the "Quadruple Aim" by adding the health and well-being of healthcare providers.

To promote the health of individuals, families and communities, Dr. Mason suggested the formation of community partnerships and the development of nursing-designed innovative healthcare, such as nurse-family partnerships and group family practices and counseling networks.

To accomplish these objectives, she said, "We must bring our [nurses'] voices to the debate over transforming healthcare," for instance, by joining various boards, commissions and other policy-making bodies whenever possible. "Step up as leaders in transforming health and healthcare."

Dr. Mason herself did so by becoming "the first and only nurse" on the board of directors of Primary Care Development Corp. "I'm dismayed nurses are not at the table where major healthcare decisions are being made," she said.

The nation may be "No. 1 in health spending," but it's "last or next to last in [healthcare] quality, access and efficiency," she said, adding, "We should be embarrassed."

As other studies have shown, Dr. Mason said, "Your ZIP Code may be more important to your health than your genetic code."

Similar discussions at Adelphi have targeted that issue. During a Spring 2016 M.P.H. panel (see story, page 22) and, earlier, at two Center for Health Innovation sessions on public health in the suburbs, speakers explored the relationship between location and diseases like diabetes and obesity among various Nassau County neighborhoods. Those diseases tended to be more prevalent in poorer neighborhoods.

“

**Your ZIP Code may be more important to your health than your genetic code.”**





Edmund Pajarillo, Ph.D. (left) advised the 2016 winning team in undergrad oral presentations—on reducing risk of ventilator-associated pneumonia in ICU patients.

## Nursing and Public Health Students Among Research Conference Awardees

The College of Nursing and Public Health's Stella Uwechia, pursuing a master's in healthcare informatics, won a graduate oral presentation award at Adelphi's 14th annual Research Conference in April 2017.

Her winning presentation: "Is E-Prescribing Succeeding in the Fight Against Medication Errors in Hospital Settings?" Her faculty adviser: Ulrich Rosa.

Honorable mention in the undergraduate ePoster category went to nursing majors Hank Oppenheimer, Kemeisha Patterson, Shavene Pusey, Inessa Borukhova and Howard Warkow for "Peripheral IV Catheter Replacement Methods to Decrease Phlebitis Rates." Faculty adviser: Clarilee Hauser, clinical assistant professor at the College.

A year earlier, several teams of undergraduates and one Master of Public Health student were among those singled out.

Associate Professor Edmund Pajarillo, Ph.D., served as faculty adviser for three outstanding undergraduate teams of nursing students—with one team of students winning in the undergrad oral presentations category and two others earning honorable mentions in podium and oral presentations.

The winning team in undergrad oral presentations—Christie Delligatti, Inshan Ali, Veronica Kelleher, Nicole Napolitano

and Ashley Perez—presented on reducing risk of ventilator-associated pneumonia in ICU patients.

The undergrad honorable mention in oral presentations went to Alyssa Harper, Angela Park, Brianne Clarke and Jay Lee for an evidence-based project on whether dog therapy or art therapy is better as a coping mechanism. Honorable mention for poster presentations went to: Amandip Samra, Nicole Sogliuzzo, Chandler Messina and Casey Hasher, focused on electronic medical records helping cut medication errors among geriatric patients.

Among ePoster presentations, Dr. Hauser was faculty adviser to the team earning undergraduate honorable mention: Neeta Jadonath, Christine Koyithara, Genna Giordano and Lauren Bethon for "The Effects of Surgical Safety Checklists on Surgical Errors."

Mina Gafary, the College's graduate winner in ePoster presentations, focused on catheter-associated urinary tract infections in bladder cancer patients. Assistant Professor Tonya Samuel, Ed.D., advised.

The event represents Adelphi's ongoing commitment to research and scholarship. Nearly 70 undergraduate and 10 graduate nursing students came away with awards.

**The annual conference represents Adelphi's ongoing commitment to research and scholarship, with submissions coming from all disciplines.**

# WELCOME NEW FACULTY



**CHERYL BEST, M.S.'13, CLINICAL ASSISTANT PROFESSOR**

Previously adult health nurse practitioner at Northwell Health and adjunct faculty at the College of Nursing and Public Health, Cheryl Best, M.S. '13, earlier was a graduate assistant at the College. She is now a Ph.D. candidate at the College.



**LORIANN GROSS, CLINICAL ASSISTANT PROFESSOR**

Most recently, Loriann Gross was a nurse educator in Northwell Health's Department of Nursing Education and Research (2006–2016). Gross, who had been adjunct faculty at the College of Nursing and Public Health in 2013, now is a Ph.D. candidate.



**ANI JACOB, CLINICAL ASSISTANT PROFESSOR**

Ani Jacob, D.N.P., formerly was a nurse educator at Northwell Health's Department of Nursing Education and Research (2004–2016), where she was 2006 "North Shore Educator of the Year." Earlier, she was a neonatal intensive care nurse at Northwell's North Shore University Hospital (1992-2004). Jacob earned a D.N.P. from Case Western University in 2010.

## STUDENT HIGHLIGHTS

### Student Honors and Awards

College of Nursing and Public Health students continue to shine. The following students received awards at the 2017 Pinning Ceremony:

**Adelphi University Student Nurses Association Award**

Alexander Klotsche

**Bernard and Marilyn Klainberg Nursing Award**

Navdeep Singh

**Dean's Master's Award for Leadership**

Jasmine Thalappillil

**Eileen M. Jacobi Registered Nurse Award**

Dawn Leonard

**Gertride B. Ujehly Scholarship Award**

Jessy Zachariah

**Justina Eisenhower Mickiewicz Memorial Award**

Yongjoon Lee

**Kathryn Wilgosz Chiddo Award in Pediatric Nursing**

Jessica Gerardi

**Linda (Rodwin) Tenenbaum Oncology Award**

Nickesha Murrell McGregor

**Margaret T. Shay Honor Award**

Veronica Singh

**Marian and Melvin Prottas Nursing Award**

Geraldine Brakatselos

**Mildred Montag Award**

Sarah Friedman

**Moji Ayinde Annual Clinical Excellence Award**

Valerie Baumann

Elizabeth Cox

**Nursing Undergraduate Perseverance Award**

Alison Rodriguez

**The Ronnie E. Leibowitz Infection Control Award**

Gabrielle Tubito



**THE FOLLOWING WERE 2017 INDUCTEES INTO THE ALPHA OMEGA CHAPTER OF THE SIGMA THETA TAU INTERNATIONAL NURSING HONOR SOCIETY:**

Uchechukwu-Ozioma Agina  
 Janel Arbasto  
 Ariella Babaev  
 Carly Rae Basile  
 Haroon Beig  
 Sarah Beityakov  
 Adam Berman  
 Courtney Birkmier  
 Erin Bourguignon  
 Ashley Bracken  
 Rebecca Brownstein  
 Carol Cahill  
 Melissa Calabrese  
 Shannon Cieslicki  
 Chaya Cohen  
 Brittany Crivillaro  
 Thomas D'Amato  
 Joshua Debusk  
 Brianna Delauro  
 Leah Delman  
 Candace Devieira  
 David Dursunian  
 Megan Figueroa  
 Sara Friedman  
 Sarah Friedman  
 Christie Gelligatti  
 Alexa Gentile  
 Sara Glacken  
 Eidajjha Grande-Pierre  
 Kellie Gross  
 Brittany Gulotta  
 Casey Hasher  
 Chelsea Heinz  
 Amy Heisinger  
 Julia Ilyayeva  
 Roksana Isakharova  
 Renita Jagmohan  
 Angela Kakuriyeva  
 Joanna Karam  
 Veronica Kelleher

Sumra Khan  
 Brittany Klein  
 Alexander Klotsche  
 Kathryn Kohananoo  
 Devora Kohl  
 Adisa Kolenovic  
 Katarzyna Krol  
 Michelle Lakatos  
 Robert Lau  
 Shari Lazar  
 Lyra Libot  
 Angela Ligotti  
 Nicholas Lopez  
 Palkein Madan  
 Daniel Martinl  
 Lisette Martinez  
 Megan McCabe  
 Nora McGee  
 Erin McGovern  
 Nickesha Murrell McGregor  
 Anne McLoughlin  
 Nichole Mellis  
 Genevi Mercado  
 Chandler Messina  
 Guerdy Michel  
 Micaela Modica  
 Esther Moon  
 Devyn Morin  
 Kyle Nasso  
 Sara Fayga Newman  
 Dina Nicklas  
 Kevin Norona  
 Hank Oppenheimer  
 Alexandra Palazzolo  
 Rima Patel  
 Kemeisha Patterson  
 Briana Petito  
 Samantha Petrakis  
 Kimberly Pirozzi  
 Shavene Pusey

Alexandra Ragazzo  
 Mersima Redzematovic  
 Jasdeep Kaur Reehal  
 Alison Rodriguez  
 Marina Ryan  
 Patrick Ryan  
 Maria-Luz Rivera Samantha  
 Amandip Samra  
 Christopher Scheiner  
 Alexandra Schlapp  
 Kendra Sebro-Williams  
 Abigail Gillissa Shepard  
 Jennifer Sidoti  
 Navdeep Singh  
 Veronica Singh  
 Joanna Sliwka  
 Michael Smith  
 Nicole Solimeno  
 Kerry Sweeney  
 Jasmine Thalappillil  
 Jennifer Theodosiou  
 Chloe Toribio  
 Laura Vanella  
 Alisha Varkey  
 Sharon Varughese  
 Kelly Vega  
 Yemer Virgil  
 Aliya Mazal Warszawski  
 Maria Waxman  
 Julia Wilk  
 Jessy Koshy Zachariah

**GRADUATE**

Lauren Croce  
 Alba Hernandez  
 Maria Pagsuguiron  
 Laura Sanzo

**PH.D.**

Keiko Iwama

# FACULTY HIGHLIGHTS

**Deborah Ambrosio-Mawhirter** published, with Patricia Garofalo, "Expect the Unexpected: Simulation Games as a Teaching Strategy" in *Clinical Simulation In Nursing*, April 2016, 12 (4).

**Diane Dembicki**, with nine others, published "Nutrition Educator Competencies for Promoting Healthy Individuals, Communities and Food Systems" in *Journal of Nutrition Education and Behavior*, 2016, 48 (3).

**Patricia Donohue-Porter, Maryann Forbes and Jane White** published with S.L. Baumann, "Transforming Nursing Education and the Formation of Students: Using the Human Becoming Paradigm" in *Nursing Science Quarterly*, 2017, 30(2), 134-142. In addition, Donohue-Porter, with L. Thomas, in 2017 published "Impact of Interruptions, Distractions and Cognitive Load on Procedure Failures and Medication Administration Errors" in the *Journal of Nursing Care Quality*, published ahead of print (PAP), April 27, 2017. She also gave a presentation on "Improvement Science and Caring Science: Intertwined Through Nursing Theory" at the International Association for Human Caring and the Society of Rogerian Scholars Conference, Boston, Massachusetts, June 2016.

**Akhtar Ghassemi** published "Innovation in Course Design: Increasing Nursing Student Engagement and Interaction in a Course in Mental Health Psychiatric Nursing" in *The Journal of New York State Nurses Association*, 2016, 44 (2), 20-25. She also authored the chapter "Stress and Adaptation" in *Cancer Survivorship: An Interdisciplinary Team Approach to Care*, Debra Kanter (Ed.), (New York: Wolters Kluwer, 2015). In addition, she co-presented the poster "A Preliminary Study of Interprofessional Education and Collaboration in Swallowing Disorders" at the New York State Speech-Language-Hearing Association's convention, Saratoga, April 2016.

**Shan Liu** co-authored, with G. Qiu and W. Louis, "Use of Mindfulness Sitting Meditation in Chinese American Women in Treatment of Cancer" in *Integrative Cancer Therapy*, June 1, 2016; doi: 10.1177/1534735416649661. She also co-authored, with seven others, "Motivations for Organ Donation Among Volunteers in China: A Qualitative Research Study" in *Ann Transplant*, 9;21:360-367. Epub June 9, 2016; and with four others, "Predictors of Shock and Mortality in Solid Organ Transplant Recipients with Bacteremia Caused by Non-Lactose-Fermenting Gram-Negative Bacilli" in *Infectious Disease*, 2016, 48(1), 32-39;

**Wei Liu** presented, with J. Liu and J. Yan, "Adherence to Immunosuppressive Medication in Renal Transplant Recipients from Follow-up Outpatient in China: Using Two Different Measurement Methods" at the 25th Annual International Transplant Nurses Society Symposium, October 2016. Also in 2016, she published, with M. Gertz and E. Manias, "Creating Opportunities for Interdisciplinary Collaboration and Patient-Centered Care: How Nurses, Doctors, Pharmacists and Patients Use Communication Strategies When Managing Medications in an Acute Hospital Setting" in the *Journal of Clinical Nursing*, 25 (19-20): 2943-2957. In addition, she presented the following, with, J. Yan, "The Use of Traditional Chinese Medicine in Women with Early-Stage Breast Cancer: A Pilot Comparative Study Between Chinese American

Women in the United States and Chinese Women in China" at the International Congress on Integrative Medicine and Health, Las Vegas, May 2016.

**Edmund J.Y. Pajarillo** authored, with F. Lim, "Standardized Handoff in Clinical Education: A Checklist for Patient Safety and Quality of Care" in *Nurse Education Today*, 2016, 37, 3-7.

**Maureen Roller and Susan Zori** in 2017 co-authored "The Impact of Instituting Process Oriented Guided Inquiry Learning (POGIL) in a Fundamentals Nursing Course" in *Nursing Education Today*, 50, 72-76. Roller and H. Ballestas published "Cultural Competency: Measuring the Sustainability Following an Immersion Program for Undergraduate Students" in *The Journal of the NYS Nurses Association*, 2017, 45(1).

**K.C. Rondello** presented "Not Your Father's M\*A\*S\*H: Establishing Alternate Medical Treatment Sites" at the 18th annual conference of the New Jersey Emergency Preparedness Association in Atlantic City, New Jersey, May 2016.

**Hasan Sapci** presented "An Innovative Competency-Based Curriculum to Advance Research" at Winthrop-University Hospital, Mineola, New York, March 2016; "A Framework to Develop Next Generation Remote Patient Monitoring Solutions: From Market-Driven Innovation to Specialty-Driven Hospital Branded Innovation" at the Telehealth and Remote Patient Monitoring Summit, Atlanta, Georgia, January 2016 and "An Innovative Experiential Training Framework to Develop Next Generation Patient Safety Technologies" at the fourth Nordic Conference, Kuopio, Finland, May 2016.

**Thomas Virgona** published "Perception of E-mail as a Significant Factor in Information Overload" in the *Northeast Business and Economics Association Proceedings*, 2016, 285-289.

**Susan Zori** published "Teaching Critical Thinking Using Reflective Journaling in a Nursing Fellowship Program" in the *Journal of Continuing Education in Nursing*, 2016, 47 (7): 321-329.

## THREE CNPH FACULTY RECEIVE EXCELLENCE RECOGNITIONS

Diane Petrouskie, director of the College of Nursing and Public Health's clinical education and simulation lab, received the Adelphi University President's Excellence for Service Award. Deborah Ambrosio-Mawhirter, Ed.D., assistant professor and department chair, and Janet Raman, Ed.D., associate professor and director, were nominated for Adelphi's 2016-2017 Faculty Excellence Awards--the former for Excellence in Teaching for Tenured Faculty and the latter for Excellence in Faculty Service.

# ALUMNI UPDATES

## 60s

**Roxane (Blumberg) Spitzer '60, Ph.D.**, was profiled as the *Nurse Leader* December 2015 Leader to Honor cover feature. That marked her transition from the magazine's founding editor in chief since 2003 to editor in chief emeritus and contributing columnist.

## 70s

**Rona Levin '68, M.S. '73**, was honored with the 2015 Evidence-Based Practice Award, presented at the Sigma Theta Tau International's 43rd Biennial Convention in November 2015. She is a clinical professor and director in New York University's College of Nursing.

**James Ferguson '77, M.D., M.P.H. '15**, one of the first to graduate with a Master of Public Health from Adelphi's College of Nursing and Public Health, delivered the Joseph J. Napolitano Memorial Lecture at Adelphi University on March 28, 2016.

**Joan Swirsky '79, M.S. '86**, was featured in an article by the *Canada Free Press* in which she provided an in-depth interview about her book, *The Caregiver's Survival Guide: How to Do the Right Thing for Your Child, Spouse, Partner & Parents Without Getting Depressed, Giving Up or Going Insane!*

## 80s

**Kevin Bertolino '80** recently retired from a long and rewarding career in healthcare, most of which was spent as an operating room nurse in the United States Air Force and Department of Veterans Affairs. Bertolino, who says Adelphi's nursing program was the springboard for a career that began in Nassau County Medical Center, now lives in Nashville, Tennessee.

**Diane M. Laudadio '83** is a school nurse with more than 32 years of experience working in the Uniondale School District. She is also affiliated with Glen Cove Hospital and maintains professional memberships with the American Nurses Association and the Nassau County Association of School Nurses.

**Irene Macyk '83, M.S. '98, Ph.D. '17**, has been named chief nursing officer/associate executive director of patient care services at Lenox Hill Hospital in New York.

**Gina Miranda-Diaz '83** is the director of the West New York Health Department and was featured in a profile by the *Hudson Reporter* in New Jersey. She was one of 10 nurses nationwide recently named a Culture of Health Breakthrough Leader in Nursing by the Future of Nursing: Campaign for Action, a joint initiative of AARP, the AARP Foundation and the Robert Wood Johnson Foundation.

**Melanie (Passarelli) Weiss '85**, a registered nurse in the maternity unit at Long Island Jewish Medical Center's Katz Women's Hospital (part of Northwell Health), was featured on the January 2016 cover of *Women of Distinction Magazine*. Weiss, now pursuing a master's degree at the College of Nursing and Public Health, also will be among the magazine's 2016 Top 10 in Health and Wellness. In May 2016, Weiss won LIJ's Nurse Professionalism Award. A year earlier, she published her first book, *In a Pickle Over PANDAS*, a children's book—not about those lovable bears but rather about Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal infections.

**Jeanine (Hopkins) Cox '87 and Kenneth Cox '86** celebrated their 25th wedding anniversary with a Caribbean cruise in November 2014. They shared their love story, which started as students at Adelphi, with *Newsday* in October 2015.

## 90s

**Mary Ann Donohue-Ryan, Ph.D. '91**, is the chief nursing officer of Englewood Hospital and Medical Center, where she oversees the nursing department and its patient care services and operations. She most recently served as the chief patient care services officer at Stony Brook University Hospital and has held nursing leadership positions at Jersey Shore University Medical Center, Clara Maass Medical Center and Hackensack University Medical Center.

**Diane Esposito '92** was promoted to associate dean for graduate nursing programs at Palm Beach Atlantic University.

**Tonya L. Walston '97, D.N.P.**, a nurse practitioner, graduated with her doctorate of nursing practice from George Mason University and was inducted into the Sigma Theta Tau International Honor Society of Nursing in 2015.

**Leonard Achan '99** has been appointed chief innovation officer and senior vice president of innovation and business development at the Hospital for Special Surgery. Achan formerly worked in the Mount Sinai Health System in various capacities, including chief communications officer and senior associate dean for global communications, branding and reputation at the Icahn School of Medicine.

## 00s

**Zebora V. Perryman '07**, a registered nurse currently specializing in oncology and bone marrow transplants at Mount Sinai Hospital, was profiled in *Before It's News* in July 2015.

**Marissa Abram '08, Ph.D. '17**, was honored among six "Rising Stars in Nursing" in *Modern Healthcare* magazine's January 2017 "Excellence in Nursing Awards" issue.

## 10s

**Karen Dzurilla '10** was inducted into the Center of Excellence at Long Island Jewish Medical Center in May 2015 for the integral part she plays as a member of the Cohen Children's Medical Center emergency department team.

**Kevin Rohle '13** is a registered nurse at St. John's Riverside Hospital in Yonkers, New York.

**Tara Brobst '15** started working in October 2015 as a Registered Nurse for UNC Healthcare at the main hospital in Chapel Hill, North Carolina.

**Rob Karstens '15**, a charge nurse and preceptor who helps train and mentor newly hired nurses at Good Samaritan Hospital, was named Samaritan of the Month. This recognition is awarded monthly to exemplary employees who consistently go above and beyond their assigned duties and live by the hospital's mission to promote excellence in care.

## SHARE YOUR NEWS

Have you gotten married? Changed jobs? Been promoted? Started a family? Fulfilled a lifelong dream? Moved to a new location? Visit [adelphi.edu/classnotes](http://adelphi.edu/classnotes) to add your class note.



We were  
part of your  
success.  
**Be a lasting  
part of ours.**

### **The Ruth S. Harley Society**

The Ruth S. Harley Society recognizes and celebrates alumni and friends who have included Adelphi in their estate plans. Define your legacy and create a lasting gift to the University.

For more information, please contact Adelphi at **516.877.3098** or **plannedgiving@adelphi.edu** or visit **adelphi.edu/plannedgiving.**

“I believe we should express gratitude to the people and places who helped us succeed. We need to give back.”

-Carole Katz-Fetner

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## **An Extraordinary Journey: Celebrating Adelphi's 75 Years of Nursing Programs**

Adelphi's College of Nursing and Public Health will celebrate its 75th anniversary throughout the coming year.

The festivities will kick off this fall during Adelphi's Spirit Weekend with:

- The Ph.D. reception on Friday, October 13, 2017, marking our doctoral nursing program's 35th year
- The 75th Alumni Reception on Saturday, October 14, 2017, celebrating 75 years of nursing programs with an open house and tour of the Nexus Building, the College of Nursing and Public Health's new state-of-the-art home.

### **Look for your invitation**

There will be additional events throughout 2018