



Illuminations

ADELPHI UNIVERSITY COLLEGE OF NURSING AND PUBLIC HEALTH

LEADING TO NEW HORIZONS Fall 2015



**ADVANCING EXCELLENCE
IN HEALTHCARE EDUCATION**
...NATIONALLY AND INTERNATIONALLY

“Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning.”

—Albert Einstein



Diversity in educational programming, innovations, inputs-outputs and a view of a rapidly changing healthcare environment keep us in the College constantly working to keep up and even predict the future in hopes of educating the types of people required to keep our population healthy and bring those who are ill toward recovery. This is just a small challenge, to say the least.

As I write this, we anxiously await the delayed move to our new home in the Nexus Building and Welcome Center in March 2016. It was a very challenging winter here in the Northeast last year, and that set us back a few months. But that hasn't stopped me from visiting our new quarters during construction and being in awe of what we are creating. It is truly a game changer for the education of our students from all programs.

To that end, our faculty and staff are creating new ways to educate, new demands of the healthcare environment and looking to add to the value of an Adelphi education.

We look at what's new, what's changing and what are the new requirements for managing the health of the population and we then incorporate those new practices into our curriculums.

For example, our healthcare informatics program secured a grant to incorporate two robots into our lab space to teach telehealth. Not only does this benefit the students in that program but also our nurses in interacting in an e-health environment from someone's home. We have put an operating room setup in our new sim center as we partner with local providers to speed up the orientation to this complicated area and help them fill needs as nurses begin to retire in large numbers.

The education of healthcare providers, graduate and undergraduate, can no longer be business as usual. There are just too many rapid changes, so we are constantly assessing the healthcare landscape to stay ahead, or least keep up with, what is happening out there. It's both exciting and challenging at the same time. Although the demand for nurses in the future has decreased, it will never go away; it's just geographically shifting into different practice environments.

We are looking at the integration of all of our programs and educating students together. Public health, for instance, is an area where we will be able to incorporate concepts from nursing, informatics and nutrition to educate practitioners who can function in that ever-increasing environment. It is a change in thinking closely followed by changes in execution in how we do things.

Albert Einstein has many quotations but, for me, two stand out about how we are looking at our College. First, “Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning.” The need to question couldn't be stronger in this global healthcare environment. And second, related to that change in thinking is, “The true sign of intelligence is not knowledge but imagination.” If you have followed our magazine, you know I have talked about imagination before.

This is a great issue with a variety of stories and information about us. I hope you enjoy it. Please stay in touch and be sure to follow us on Facebook. As we go to press, I am also happy to announce that Associate Dean Jane White is being inducted as a fellow in the American Academy of Nursing. Our first fellow in a long time. Congratulations, Jane! To all of our readers: Come see us when we open the new Nexus Building.

A handwritten signature in black ink that reads "Patrick R. Coonan". The signature is fluid and cursive.

PATRICK R. COONAN, ED.D., R.N., NEA-BC, FACHE
Dean and Professor
College of Nursing and Public Health



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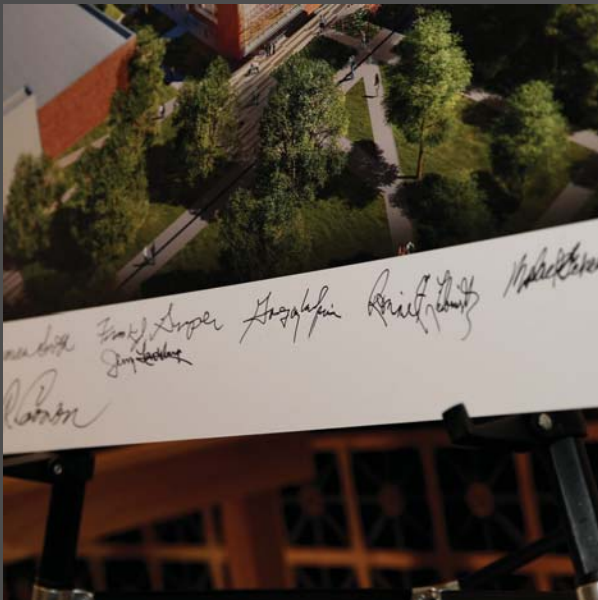
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VISITING THE NEXUS SITE



Members of the College of Nursing and Public Health Advisory Board gathered outside the Nexus Building and Welcome Center prior to the College's Award Ceremony May 15, 2015. Top row [left to right]: Jerry Landsberg, Frank Gumper, Michael Schroeder, Gregory LaSpina, Patrick Coonan '78, Ed.D. Bottom row: Gloria Landsberg, Joanne Gumper, Ronnie Leibowitz '61, Veronica Groth '84



Members of the Advisory Board signed a rendering of the Nexus Building.



Architectural model of the Nexus Building





HONORS AND ACCOLADES

The Registered Nurse to Bachelor of Science in Nursing program at Adelphi University's College of Nursing and Public Health ranks among **RNtoBSN.org's** Best Hybrid R.N. to B.S.N. Programs 2015 in the nation.

RNtoBSN.org said in February 2015, "We've recognized [about 50] programs because of their excellence in nursing education and the flexibility that they offer," for example, accommodating the needs of working students by offering online and traditional on-campus courses.

Patrick Coonan, Ed.D., R.N., NEA-BC, FACHE, the College's dean, said, "We firmly believe in the need for R.N.s to have a baccalaureate degree. We focus our programs on making nurses successful and making sure that the experience meets their needs and the needs of the industry in the most effective way."

In September 2014, the National League for Nursing recognized Adelphi and the College of Nursing and Public Health as a Center of Excellence (COE) for 2014–2018. The league cited Adelphi for "creating environments that advance the science of nursing education."

In its statement, Adelphi University's College of Nursing and Public Health cited "a focus on advancing the science of nursing education. The outcomes of the research undertaken by the faculty have influenced maintaining excellence in our three levels of education programs."

Still other accolades: In July 2015, **BestColleges.com** ranked the College's Master of Science in Nutrition one of the best in the online nutrition field, and *U.S. News & World Report* earlier placed the College among its 2015 Best Graduate Schools.

INNOVATION

The College will offer state-of-the-art simulation laboratories and classrooms in its nearly 100,000-square-foot Nexus Building and Welcome Center, effective with the Spring 2016 semester. (See Nexus stories, starting on page 10.)

COLLABORATIONS

Deborah Ambrosio-Mawhirter '81, M.S. '95, Ed.D., Department of Nursing Foundations chair, said the College developed the new perioperative capstone experience in Fall 2014 as a collaborative effort with Winthrop-University Hospital. The capstone, which gives students the opportunity to apply for an OR fellowship upon graduation, began with a six-student cohort and rose to eight students in the Spring 2015 semester.

"The perioperative internship will provide the student nurse with the ability to apply, integrate and evaluate nursing knowledge and skills in the perioperative setting," encompassing preoperative assessment, intraoperative surgery and postoperative care," she explained.



The College, which has always sent its students to Winthrop for clinicals, was invited last spring to participate in the hospital's two-day Interprofessional Simulation Experience—designed to “promote collaboration and communication to enhance patient outcomes,” she said, adding that 11 Adelphi students took part.

“We are moving beyond the walls of one institution,” she said, “and our students are now able to learn side by side with other healthcare professionals prior to graduation.” She added, “Each student noted how beneficial and enjoyable this learning experience was, helping them to truly understand patient-centered care—the goal of interprofessional teamwork.”

Marilyn Klainberg, Ed.D., chair of the Department of Family, Mental Health and Community Systems, said that her department is in the process of expanding and enhancing its students' experiences in outreach to community agencies serving the needs of various constituents.

“These include finding new and expanded community experiences which reflect the changes in our healthcare systems,” she said. “We will be working closely with AHRC, Parker Jewish Geriatric Services, the Federation of Organizations and other senior services that provide a variety of community outreach programs to early childhood services, the well elderly and persons with mental health issues.”

Dr. Klainberg explained, “The role of the nurse is changing and expanding, with an emphasis on an expanded role in providing prevention at all levels, primary, secondary and tertiary. We are preparing our nursing students in the advancement of issues related to healthcare both locally and internationally.”

She added that the College's R.N. to M.S. program, offered to registered nurses who lack a B.S. but are seeking to advance their profession, will allow R.N.s to earn a B.S. and work on their M.S. degree. “We are finalizing a joint venture with a community college, which will admit students simultaneously to Adelphi College of Nursing and Public Health at the same time they are admitted to the community college,” she noted. “This will allow these students the ability to continue their advancement to a B.S. or M.S. degree at a reduced cost.”

Maryann Forbes, Ph.D. '99, chair of the Department of Adult Health, said her course work emphasis is “on ensuring that students gain a solid foundation in nursing and learn the necessary knowledge and skills to provide high-quality care to their medical surgical patients.”

To meet this goal, the College's clinical and community affairs office has partnered with five area hospitals to form several Dedicated Educational Units (DEUs), she said. DEUs are a research-based, innovative alternative to the more traditional model of clinical education, in which one clinical instructor provides guidance for up to eight students in a medical surgical

unit. “In a DEU, each student is mentored one-on-one by a staff nurse, with a faculty instructor available to consult and assist with evaluation,” she said. Under this model, staff nurses become the primary instructors of students, she said, while “the faculty role shifts to providing support and educational guidance.”

Dr. Forbes said, “The DEU model has shown very promising results in both our Fundamentals of Nursing and Medical Surgical clinical rotations—and continued expansion to other units, areas and settings is planned.”

Hasan Sapci, M.D., chair of the Department of Allied Health, has been developing collaborations of his own, with several leading academic medical centers that are advancing clinical informatics departments, including Yale-New Haven Hospital. In fact, he said, these partnership agreements are just the initial phase of his long-term plan. (See story, page 9.)

THE CALIBER OF FACULTY AND ADMINISTRATION

Recognition of Adelphi and the College's strength in faculty and administration can be seen in the naming of Dean Coonan to the presidency of New York State Council of Deans of Baccalaureate and Higher Degree Nursing Programs (2012–2016) and, more recently, to Governor Andrew Cuomo's Medicaid Delivery System Reform Incentive Payment (DSRIP) Project Approval and Oversight Panel, a five-year appointment. (See story, page 15).

In June 2015, Dr. Coonan also was selected to receive the Melanie C. Dreher Outstanding Dean Award for Excellence in Chapter Support by the Sigma Theta Tau International Honor Society of Nursing.

In addition, Jane White, Ph.D., the College's associate dean for research, has just been selected for fellowship in the American Academy of Nursing, Washington, D.C. The academy—whose 2,300 fellows are nursing leaders in education, management, practice and research—said, “Invitation to fellowship is more than recognition of one's accomplishments within the nursing profession. Academy fellows also have a responsibility to engage with other health leaders outside the academy in transforming America's health system by enhancing the quality of health and nursing [among other things].” Dr. White also was named a visiting scientist by the North Shore-LIJ Health System's Institute for Nursing in 2012.

INTERNATIONAL REPUTATION

Students at the undergraduate and graduate levels often cite the strength of programs offered by the College as the reason they decided to come here. Increasingly, students are being attracted to the campus from abroad by the reputation of the College's programs and faculty: Two students from Japan and one from India who are now pursuing their Ph.D. and two visiting scholars from China. (See stories, pages 17 and 18.)

A PREVIEW OF ADELPHI'S DOCTOR OF NURSING PRACTICE

by Rebecca Benison '11

The Doctor of Nursing Practice (D.N.P.), in the planning stage for two years, is now moving forward, having reached the approval process at Adelphi University. The University's Faculty Senate gave its official go-ahead in May, with Adelphi's Board and the New York State Department of Education up next for their verdict.

Those interested in the D.N.P. see the doctoral program's more clinical focus as its main benefit, as opposed to the research-based Ph.D. Both are considered terminal degrees, but the benefits of each vary according to students' goals. The D.N.P.'s research focus is on translation of knowledge for practice while the Ph.D.'s research concentration is on developing new knowledge.

According to Joan Valas, Ph.D., associate professor and chair of the College of Nursing and Public Health's Department of Graduate Studies, numerous studies have cited the need for a better-educated and -prepared nursing workforce. Such issues as an aging population and new discoveries in genetics and environmental health have created a gap in nursing education. Advanced programs like the D.N.P. help to ensure that more healthcare professionals are gaining clinical knowledge related to these subjects.

"When master's degree nurse practitioner students apply, we tell them what the expectations for this profession are," said Dr. Valas. "While they can practice with a master's degree, the D.N.P. is a terminal degree and the highest clinical degree they can pursue, so they should definitely consider it."

Here at Adelphi, a number of faculty members have already earned the degree and see the benefits of pursuing this educational path.

According to Clinical Associate Professor Maureen Roller, D.N.P., "The D.N.P. degree has given me the opportunity to gain expertise in my clinical practice and the educational skills to continue my passion of preparing future professional nurses."

That sentiment was echoed by Clinical Assistant Professor Marie Cox, D.N.P.: "I have the best of both worlds. I teach

nursing students as a full-time faculty member at Adelphi and I am an advanced practice nurse in a clinical patient setting." She also noted that many doors were opened to her because of the D.N.P., including being selected as an Ambassador for the Friends of the National Institute of Nursing Research (FNINR) to advocate for nursing research.

For Clinical Assistant Professor Susan Zori, D.N.P., the path to obtaining the D.N.P. was a little different. About eight years ago, her long-term employer, North Shore-LIJ Health System (NSLIJHS), offered to provide eligible nursing leaders with the resources necessary to pursue a D.N.P. degree at Case Western University. Dr. Zori jumped at the opportunity and was accepted into the program.


"Not only do I continue to pursue scholarly activities such as research, publishing and presentations," Dr. Zori said, "but also I joined Adelphi as a full-time clinical assistant professor in 2012. Previous to this I had worked for a few years as an adjunct professor at Adelphi but spent almost 40 years working in various hospital administrative positions. I now work part-time as an assistant director of nursing at Long Island Jewish while teaching the next generation of nurses here at Adelphi."

For the first prospective students interested in expanding their academic and clinical careers with the D.N.P., requirements include obtaining a master's degree from an accredited school and completion of 500 hours of clinical course work at the master's level while maintaining a GPA of 3.0 or better in all nursing and science-related courses. Students must already have national certification as a nurse practitioner in advanced practice and one year of clinical experience as a nurse practitioner. Once the program is launched, it will be available for baccalaureate-prepared nurses as its intention was that the D.N.P. would replace the nurse practitioner master's.

In addition, applicants should provide three letters of recommendation, a full CV of experience and a 500-word essay explaining the applicants' goals once they obtain the degree.

Since the D.N.P. program is still in the approval process, there's no concrete start date as yet, but the plan is to have everything in place for the Fall 2016 semester.





COLLABORATIONS BOLSTER INFORMATICS PROGRAM

by Rebecca Benison '11

Hasan Sapci, M.D., chair of the College of Nursing and Public Health's Department of Allied Health, has successfully initiated a collaboration with leading institutions to create a network of knowledge and make sure students are getting the most well-rounded healthcare informatics experience.

Current collaborators include Yale-New Haven Hospital, Mount Sinai Medical Center, the James J. Peters Veterans Administration Medical Center, St. Barnabas Hospital Health System and Winthrop-University Hospital.

According to Dr. Sapci, "Each institution excels in a different area, some in telemedicine and some in analytics. Now, depending on our students' career plans, we have an opportunity to give them a field experience opportunity in the most appropriate setting."

The benefits of these collaborations also include joint applications for federal grants and developing projects that combine the expertise of Adelphi faculty members.

The College's healthcare informatics curriculum integrates healthcare, business and technology as a solid preparation for a career in what's projected to be among healthcare's fastest growing sectors into 2020.

Dr. Sapci has been crafting an overarching plan for the program, and collaborating with other institutions is just the start.

"Building partnership agreements with academic medical centers was the first phase of my plan," he said. "Recently, I founded a Health Informatics Training and Research and Development (R&D) Laboratory in another academic institution and developed a successful, replicable model. Now, I am building new collaborations with the industry, and this is the project's second phase."

Once that phase is successfully implemented, he said, the third phase of his plan will establish a second-generation Health Informatics Laboratory focusing on mobile and wireless health in the new Nexus Building and Welcome Center.

"Our students will have hands-on experience with state-of-the-art remote patient monitoring applications and be able to learn how these systems can be used to monitor patients, how clinicians can control medical devices, display, store, analyze and transmit patient-specific data," he said.

He also expects the Health Informatics Laboratory to become a test bed for R&D projects. This would be a major boon for Adelphi, garnering more attention from possible investors while providing a robust learning environment for students. In fact, Dr. Sapci and Robert A. Scott, in one of his last acts as Adelphi president, recently secured a \$50,000 donation to support the Health Informatics Training and R&D Lab.

Keeping up-to-date with the latest advancements in telemedicine and remote monitoring is key to maintaining the competitiveness of this program. As such, the Health Informatics Laboratory will also include robots and various remote monitoring devices, he said. The robots, which are about the same height as a human, can send patient data through a wireless network, view X-Rays, provide real-time physiological monitoring data and even examine a patient.

"In order to educate and train tomorrow's clinicians, health informaticians and healthcare leaders, Adelphi University, as a leading academic institution, should retain its leadership in innovation and provide access to the latest medical hardware and software," Dr. Sapci said. "Overall, we will provide a seamless education program and training environment to acquire all required skills to design and develop innovative medical informatics systems, and our students will have real-life experience to improve health outcomes using the latest informatics tools."

SALUTING NURSING'S PAST



David Ranzan, Adelphi's archivist, recently displayed memorabilia on tables in the University Archives—all collected from Alumnae Hall. Some will be displayed in the Nexus Building and Welcome Center upon its completion.

Ranzan pointed to such items as an original U.S. Cadet Nurse Corps uniform, hat, shoes and shoulder patches; a 1940s Cadet Nurse Corps doll in uniform with Adelphi's brown and gold colors; and Mildred Montag's original dissertation, "The Education of Nursing Technicians."

Boxes and plastic bins from the dean's office also contained: Montag's honorary college degrees and books, including her Bible, *Lippincott's Quick Reference Book for Nurses* and Florence Nightingale's *Notes on Nursing: What It Is and What It Is Not*, as well as Montag family photos, the 1943 Cadet Nurse Corps class picture and a photo of Eleanor Roosevelt speaking at the 1944 dedication of the School of Nursing residence halls, now known as Alumnae Hall and Harvey Hall, respectively.

The College intends to showcase such vintage School of Nursing memorabilia in exhibit display cases primarily on the Nexus Building's third floor, Ranzan said. Smaller displays may be featured throughout the building.





FACULTY TO LEARN NEW SIMULATION TECHNOLOGY FOR NEXUS

by Sophia Conti '15

Come Spring 2016, College of Nursing and Public Health students will have a more hands-on education than ever, with 20 new simulation manikins to be utilized in a variety of settings—from a labor and delivery room to an intensive care unit.

The more advanced technology brings with it a need for faculty to have thorough training in blending simulations into the curriculum. Consequently, Patricia Garofalo, named director of faculty support for nursing simulation earlier this year, has begun working closely with faculty to determine what simulations are needed and where. “I find out what faculty members want, what they need and how to improve simulations for all nursing students,” she said.

Garofalo is committed to helping faculty and students seamlessly blend classroom work with simulations. Those with no experience in sim labs will be introduced to the topic through a series of modules hosted on Moodle, she said.

Simulations bridge classroom and clinical experiences, allowing students a safe way to practice skills and even make mistakes without putting an actual patient at risk.

Students gain more critical thinking and clinical reasoning skills from simulations than from more traditional teaching methods. Research conducted by Maryann Forbes, Ph.D. '99, and Deborah Ambrosio-Mawhirter '81, M.S. '95, Ed.D., professors in the College of Nursing and Public Health, has found that simulations enhance students' confidence in their abilities, especially with the support of faculty.

Simulations also make up for any gaps in students' clinical experiences by standardizing the situations students have encountered. A nursing student may spend a week or more working on a cardiology floor, yet never see a patient with a heart attack. Simulations make sure that does not happen. “With simulations, we can know that every nursing student has taken care of a stroke patient or a heart attack,” said Garofalo.

Six of the new manikins are of the highest fidelity—meaning they can cry, convulse, recognize drugs and more. The simulations are learner driven, which means they will respond to the student nurses' actions and may get better or worse depending upon their decisions.

Garofalo handles the software programming for a simulation, telling the manikin what to do or not to do, based on the student's actions. She bases her programming on feedback from faculty, who recommend certain situations or patient responses.

A key component of using simulations is allowing students to have a detailed debrief and evaluation from instructors and fellow students. In the new Nexus Building simulation rooms, students will have the opportunity to review their simulation via video recording and discuss their actions with their professor and classmates. Faculty workshops on debriefing techniques are planned for Fall 2015.



FIRST NAMING OPPORTUNITIES INSIDE THE NEXUS BUILDING

When the Nexus Building and Welcome Center is completed in Spring 2016, students enrolled in the College of Nursing and Public Health will be immersed in a state-of-the-art learning environment with resources and technology to prepare them well for the 21st century of healthcare.

Members of the College of Nursing and Public Health Advisory Board—alumni and friends of Adelphi who serve as the consulting body to Dean Patrick Coonan '78, Ed.D—are providing the valuable expertise, guidance and philanthropic support needed to help bring the Nexus Building and Adelphi's healthcare program to the next level.

Board members Frank and Joanne Gumper, who have been loyal and generous donors to Adelphi and the nursing program in particular, made a new commitment to name the Home Health Suite in the Nexus Building in memory of Frank's mother, B. Loretta Gumper vomLehn '67. Working as a public health nurse and supervisor at the Suffolk County Department of Health, vomLehn cared for patients in their homes throughout her career.

Jacqueline Rose Hott, G.C. '89, Ph.D., a former professor, dean emerita of the College and a fellow member of the board, has

been an integral part of the Adelphi community for more than four decades. Her dedication to Adelphi has been unwavering. Thanks to her generous support and a recent gift commitment, the Dean's Conference Room in the Nexus Building will be named in Dr. Hott's honor.

Jerry Landsberg, the longest serving board member on the College's Advisory Board (38 years), and his wife Gloria have made a generous gift to name an individual bed station in the Nexus Building. Fully functional hospital beds, including related diagnostic and care equipment, will furnish many of the new rooms, allowing students to practice patient care in a safe and simulated environment. Landsberg is a former chairman of the board of Parker Jewish Institute for Health Care and Rehabilitation.

Through their generous support, the Gumpers and Dr. Hott—also members of Adelphi's Ruth S. Harley Society for planned giving—and the Landsbergs are celebrating Adelphi's proud tradition of nursing while also helping to advance the distinguished education and training the College of Nursing and Public Health will offer students in the years to come.

THE NEXUS DONOR RECOGNITION WALL

The names of donors who have contributed leadership gifts to the College of Nursing and Public Health will be featured in a display on the second floor of the Nexus Building. This recognition wall will highlight the generosity of alumni and friends who have supported the construction of the Nexus Building and the College's student nurses.

The College is grateful to the following individuals who have already committed their support (in alphabetical order):

Kathryn (Wilgosz) Chiddo '77
Patrick R. Coonan '78,
Dean and Professor
Betty L. Forest '47
Jon Frank and Virginia Frank '63
Jacqueline Rose Hott, G.C. '89

Frank and Joanne Gumper
Mildred (Loughlin) Kahane '49
The Keane Family
Jerry and Gloria Landsberg
Ronnie E. Leibowitz '61
Linda (Rodwin) Tenenbaum '61

If you would like to see your name permanently associated with the College, please contact:
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HIGHLIGHTING SEVEN DECADES OF HISTORY

In December 2014, New York State awarded \$2.5 million to Adelphi for a training center for nurses within the Nexus Building and Welcome Center, where classes are scheduled to begin in Spring 2016.

2013

In 2013, when the Nexus Building was announced—the College of Nursing and Public Health passed the 70-year milestone and its alumni topped 8,000. Until that year, it had been called the School of Nursing.

1949

In 1949, the School inaugurated its Master of Science program. Its first Ph.D. program began in 1982 and graduated 153 nursing leaders through 2002. In 2006, a new Ph.D. program was developed and was the only such program on Long Island.

2009

In 2009, the School teamed with Long Island's St. Francis Hospital to form a dedicated education unit (DEU).

1944

In 1944, First Lady Eleanor Roosevelt dedicated Alumnae Hall and Harvey Hall, then dormitories federally funded to house the upsurge in nursing students. Her speech was entitled "The Challenge of Nursing for Young Women Today."

2005

In 2005, Adelphi's Manhattan Center welcomed its first cohort of nursing students. That same year, the School's Garden City campus added a modern nursing assessment lab (aka the Nursing Resource Center). The following year, two Laerdal SimMan manikins were added to the labs. These human simulators, nicknamed Simuwel Jackson and Adelphi Smith, were programmed to have realistic human responses.

1943

In 1943, under the direction of Mildred Montag, Adelphi established the first central collegiate School of Nursing in New York State, created in response to the urgent need for nurses after the U.S. entry into World War II; it opened with 27 students, most of whom joined the U.S. Cadet Nurse Corps. By the time Montag left Adelphi in 1948, the School of Nursing had graduated more than 500 students.

1951

In 1951, the School of Nursing's four-year bachelor of science program was granted accreditation by the National Nursing Accreditation Service, precursor to the National League for Nursing.



James Ferguson '77, M.D., M.P.H. '15, has traveled far and wide as a doctor, including to Ghana [above].

JAMES FERGUSON '77, M.D., M.P.H. '15: TAKING PUBLIC HEALTH FROM THEORY TO ACTION

by Michelle Consorte '12

Earning a degree signifies personal success, but for James Ferguson '77, M.D., M.P.H. '15, it means a bit more. The first to graduate from the College of Nursing and Public Health's Master of Public Health program, he said his degree means an opportunity for improvement across the continents.

In his 30 years as a family physician, Dr. Ferguson has gained immense medical knowledge and skills, but he knew little about public health systems.

"I want to help other people. Just having the desire wasn't enough. I needed the knowledge, and Adelphi gave me that knowledge," Dr. Ferguson said of Adelphi's M.P.H. program.

Dr. Ferguson expressed his excitement about returning to school, detailing important topics such as sanitation, disaster preparedness, food and water safety, and other areas of focus in his studies.

Closer to home, Dr. Ferguson also runs free clinics for the Eastern Farm Workers Association and for residents of Bedford-Stuyvesant, Brooklyn.

Philip Alcabes, Ph.D., a professor in Adelphi's Public Health program, praised "Dr. Ferguson's perspectives, drawn from his long experience providing care in all parts of the world." Stories of

his travels "contributed terrifically to our classroom discussions," he added.

"I'm honored to have been Dr. Ferguson's professor and adviser," Dr. Alcabes said. "He is an exemplar of the field of public health. He is a physician who has long been dedicated, in his deepest essence, to caring and healing. His new knowledge and skills will broaden his perspective on disease prevention and health promotion as aspects of human rights and social improvement."

He added, "[Dr. Ferguson's] studying with us was a great example of the high-level intellectual partnership between students and faculty that a strong graduate program can offer," Dr. Alcabes added.

Dr. Ferguson understands just how important these topics are. Since 2007, he has traveled to Honduras, Haiti, Ghana and Russia on medical mission trips with groups such as Global Medical Brigades and Heart to Heart, as well as with renowned doctor and humanitarian Patch Adams—the subject of a 1998 Robin Williams film.

"I realized when doing these trips that I need to do something more than just medicine. Using my knowledge [of public health], I will help a lot of people have a longer, healthier, better life," Dr. Ferguson said.



ALUMNI HELP REFORM NEW YORK'S MEDICAID PROGRAM

by Kurt Gottschalk

Although they attended Adelphi University a decade apart, College of Nursing and Public Health Dean Patrick Coonan '78, Ed.D., and William Toby Jr., M.S.W. '63, speak like they're old friends. It was, in fact, their collegial ribbing that led to their working together on a panel overseeing New York State's \$8 billion Medicaid overhaul project.

Toby, who had a long career working in Medicaid services, was appointed to the state's Medicaid Delivery System Reform Incentive Payment (DSRIP) Project Approval and Oversight Panel in January 2015 and sent an email to the Adelphi community announcing his appointment.

"I sent him back a note that said, 'Wow, Bill, this is great, but where's the nurse on the committee?'" Dr. Coonan recalled. "Ten minutes later came his response asking me for my résumé. And three days later, I was on the panel."

DSRIP and the panel are part of New York Governor Andrew Cuomo's efforts to redesign the state's Medicaid program "to achieve measurable improvement in health outcomes, sustainable cost control and a more efficient administrative structure," as he said in January 2011.

Toby has worked as a private healthcare consultant since retiring in 1996 from the U.S. Health Care Financing Administration (HCFA), where he oversaw the national and New York State programs. Dr. Coonan has served as dean of the nursing school since 2004. Now the two alumni are working together as key parts of an initiative that Toby said will have a bigger impact on the state's Medicaid program than anything has in the last 40 years.

Dr. Coonan and Toby met in 2012 at the first meeting of the advisory board for the Center for Health Innovation, an Adelphi agency that serves as a regional resource and academic partner

to Long Island communities seeking to promote physical and psychological well-being.

Toby, one of two co-chairs of the DSRIP panel, brings a focus on community involvement and minority concerns while Dr. Coonan addresses the changing roles of nurses as the program looks to build healthcare provider partnerships and decrease unnecessary hospital visits.

"If you are poor and you live in central Brooklyn and you get sick, there is no doctor. You go to the hospital," Toby said.

But hospitals are geared toward providing targeted care for specific problems, and often aren't equipped to address problems that require long-term care, Dr. Coonan added.

"When you go to a hospital, you get episodic treatment, and episodic treatment does not work with a chronic condition," he said.

DSRIP aims to provide incentives and create what Dr. Coonan called "collaborating competitors" and a network of providers who aren't vying for the same patient dollars. In the process, he said, nurses will likely be called upon to provide new and different duties.

"One of the issues is, 'What is the role of nurses going forward?'" he said. "How are we going to educate the workforce going forward?"

Dr. Coonan was vocal from the first meeting he attended, making him a natural for the panel, Toby observed. The panel meets twice a year and has weekly conference calls.

"Pat and I, two Adelphi grads, are responsible for assuring the integrity of \$8 billion. This is amazing," Toby said.



William Toby Jr., M.S.W. '63, right, with Patrick Coonan '78, Ed.D., dean of Adelphi's College of Nursing and Public Health



IT'S A SMALL WORLD AFTER ALL: NURSING'S NEWEST STUDY ABROAD TRIPS

by Michael Nicholas '16

Short-term study abroad trips to such destinations as Costa Rica, Peru or Botswana give nursing students the opportunity to gain hands-on experience and provide community service.

For students with busy course schedules, these programs offer an exciting opportunity to learn about other cultures and actually expose students to real-world applications of healthcare. Working with organizations such as Mayan Families in Guatemala, these students actively participate in working with children and the elderly who may fall below the poverty line. Those in the Guatemala program, in particular, learn how cultural, social and political issues affect healthcare.

Botswana is the next destination planned for nursing students studying abroad. During this 2-credit service experience, now planned for 2016 or 2017, students will travel to this landlocked country in southern Africa and explore cultural factors that may impact health and healing, such as education, socioeconomic conditions and the country's healthcare policies.

Led by Ditsapelo McFarland, Ph.D., who is from Botswana, this program will focus not only on helping the community but on learning from the cultural differences in medicine and healthcare, she said, adding that students will work in clinics helping with vaccinations and other basics taught at Adelphi and also be exposed to traditional healers of different kinds.

Botswana is a unique place because of how often care is directly provided through nurses in localized clinics, she explained. Culturally, students will also have the opportunity to take classes about the country—and perhaps even visit the village in which

Dr. McFarland's brother is a chieftain.

Besides Botswana, the service learning experience in Guatemala is the nursing school's newest study abroad trip, having begun during the January 2014 intersession. This Central American trip, in collaboration with the nonprofit Mayan Families community development program, completed its second year in January 2015 and is next due in January 2016, said Greg Bruhn, assistant director for the Center for International Education (CIE).

All told, 201 Adelphi students studied abroad during academic year 2014, according to CIE's Adelphi study abroad data published in the spring 2015 Office of Academic Services and Retention newsletter. That represented 2.6 percent of all Adelphi students.

Of those, 155 participated in short-term, faculty-led programs. The number of students in the University studying abroad has more than doubled in the last 15 years.

"Studying abroad in Guatemala provided me with my very first encounter with the nursing and clinical field since declaring my major," said sophomore Calvin Garcia. "Performing simple screenings and tests on hundreds of Guatemalan children in critical need emphasized the sad reality that not everyone has the luxury of basic healthcare." He added, "My work with young children and the elderly greatly reinforced my communication and empathy skills—important parts of a nurse's arsenal."

Once again, nursing study abroad students will come away amazed at how much they can learn about healthcare outside the classroom.



BUILDING A BRIGHTER FUTURE FOR NURSING PH.D. STUDENTS FROM ABROAD

by Rachel Voorhees '14

In a world where highly skilled nurses are in demand, those with doctoral degrees are especially coveted by healthcare facilities and universities. Michiko Tomura, Keiko Iwama and Gagandeep Kaur, three international students in the Ph.D. in Nursing program, are on their way to becoming leaders in the advancement of nursing practices and education overseas.

After their anticipated graduation in 2018, they plan to return to their respective countries to put research into practice. Iwama, a registered nurse from Japan, said, “Nursing in Japan is very behind. Nurses here are more independent and are allowed to make decisions, but in Japan nurses are just viewed as helpers.”

According to Tomura, a former psychiatric nurse from Japan, doctoral nursing programs in her home country are only 20 credits and have fewer academic resources compared to Adelphi’s 54-credit program. With a background in healthcare education, she wanted a doctoral program with a strong research basis so she could expand her knowledge of ethical issues in psychiatric nursing and become a better-rounded educator for her future students.

“Each of the classes I’ve taken has an in-depth focus and is intellectually stimulating,” she said. “I’m reconstructing my understanding of nursing and seeing the same concepts I learned in Japan in a different way.”

Classes such as Nursing Education and Diverse Learners and Philosophical Foundations of Nursing Science help students to develop the critical thinking skills needed in a nursing career.

“I feel like I’m expanding my vision and reflecting on what I did in Japan as a health educator,” said Tomura. “I’m learning the material as well as how to relate to and inspire students.”

Iwama shared similar sentiments and said that activities like networking with fourth-year students and joining group study sessions have been particularly helpful to her.

“Sometimes my language barrier makes things challenging, but the closeness between classmates and professors makes it much easier,” she said. Iwama, whose research focuses on the use of preceptorships in the clinical setting, plans to develop strategies to improve nursing education programs in Japan.

Professors feel the connection too and welcome feedback from students. Patricia Donohue-Porter, Ph.D., Adelphi’s doctoral program director, said that international students bring a global perspective to the program.

“Our students from other countries come to us with significant clinical expertise, academic experience and leadership in nursing already in place, but have said they hope to learn more about advancing nursing science through research,” she said. “We always give them the idea that we welcome their strengths.”

Offering a concentration in nursing education, the Ph.D. in Nursing program caters to students who are looking to devote their career to education and research.

“An Adelphi Ph.D. is going to bring graduates out ready to collaborate,” Dr. Donohue-Porter said. “I hope that students will bring what they learned at Adelphi to their future roles in nursing and that they continue to expand nursing knowledge in any way they can.”

The College’s Ph.D. in Nursing program offers small class sizes and one-on-one mentoring, ideal for international students who speak English as their second language.





**VISITING CHINA SCHOLARS' U.S. TAKEAWAYS:
ADVANCING RESEARCH, HEALTHCARE IN CHINA**



by Rebecca Endres '15

Thanks to grants from the Chinese government, two visiting scholars from the Hunan Province in south-central China, Jia Liu and Jie Pan have had the opportunity to visit Adelphi University and observe College of Nursing and Public Health classes and lectures.

Pan, a student at Foshan University, left Adelphi at the end of April 2015, concluding her six-month stay in the United States, while Liu, a head nurse and doctoral candidate at Central South University, will stay until March 2016.

Both students said that the more collaborative educational approach in the United States gave them the opportunity to offer opinions and connect with nursing faculty at Adelphi. They said they are now prepared to take the next steps in their education, which they say will involve continuing to do research in their respective fields and exploring ways to improve healthcare in China.

“In China, I work in the organ transplant center and the intensive care unit, so organ donation and transplantation patients are my interest,” she said. “So I will also go to Queens Hospital to observe more about clinical nursing.”

Both visiting scholars noticed differences between Chinese and American students in the classroom. “At Adelphi, students communicate and discuss things more with their professor in class,” Liu explained.

“Education levels are very different here and in China,” Yiyuan Sun, D.N.Sc., Pan’s sponsor, said. “We don’t have many Ph.D.-prepared nursing faculty there.” She explained that because doctoral programs in nursing are a fairly recent phenomenon in China, few educators have attained that level of training.

Pan is thinking about enrolling in a doctoral program—and looking into the qualifications and criteria to get accepted in Adelphi’s program due to the positive experience she has had here. “She found that teaching here is more focused on application and how you’re going to use that in a real clinical setting,” her sponsor, Dr. Sun, explained. “But in China, it’s more didactic and very theoretical.”

When not sitting in on labs and lectures, Pan sought to improve her English so she can publish her research. She had done several studies, including one on how older adults in China self-manage diabetes symptoms and maintain proper diet and exercise. Pan is hopeful that she can get this work published in China as well as the United States.

Jia Liu is studying here—alongside her sponsor and sister, Shan Liu, Ph.D.—and will return to China to complete her doctoral dissertation.

Because her sister teaches at Adelphi, she made the decision to come here to improve her command of English, observe doctoral classes and advance her knowledge of qualitative research.

“I’m very interested in qualitative research, and I know my adviser, Dr. [Jane] White, is well-known in that area,” she said. The high number of faculty specializing in qualitative research was one of the biggest draws for Jia Liu. She added that somewhere down the line she would like to have a team of qualitative researchers in China; many medical studies there currently concentrate on quantitative analysis.

Pan added that she’s very thankful to all of the faculty members she met in her brief time at Adelphi. “They are very friendly and tried to accommodate her requests,” Dr. Sun said.

It was not until Pan came to the United States and saw how vast the difference between a master’s degree and a doctorate could be that she decided to enroll in a doctoral program.

The focus on application and discussion has helped both visiting scholars prepare for the next steps in their education as they look ahead to continue research in their respective fields and explore ways to improve healthcare in China.

In contrast, a visiting China scholar in 2012 focused on lecturing about Eastern medicine, including acupuncture and herb therapy. XiaoYing Tian, Ph.D., an assistant professor from Jinan University, made separate presentations to Adelphi faculty and to students at the undergraduate, master’s and doctoral levels.



HARRIET R. FELDMAN '68, M.S. '71, PH.D.: A MODEL OF LEADERSHIP

by Kurt Gottschalk

For Harriet R. Feldman '68, M.S. '71, Ph.D., the keys to leadership are simple and few.

“Resilience, flexibility, ability to deal with ambiguity, a strong commitment to move forward, to speak articulately,” she readily listed when asked to detail the qualities required to be ahead of the curve in nursing—or any profession.

“People in leadership roles need to be expansive,” Dr. Feldman said. “People in leadership roles have a responsibility to leave the cocoon and make an impact in a much larger way. You have to have a good sense of yourself and not take things personally, because so many of the issues people have that you think are about you actually aren’t.”

Dr. Feldman is in a position to know. The Adelphi University alumna has since 2013 been the dean of the College of Health Professions at the Lienhard School of Nursing, Pace University, in New York City and Pleasantville, New York. She is also on the board of directors of the American Association of Colleges of Nursing (AACN). Before that, she served on the Commission on Collegiate Nursing Education (CCNE) board of

commissioners for eight years, including two as chair (2008–2009).

This fall, Dr. Feldman will celebrate 50 years in the profession. Between earning two degrees, teaching and serving as an assistant dean, Dr. Feldman spent 20 of those years on the Adelphi campus.

She left Adelphi as assistant dean in 1987 to lead the nursing program at Fairleigh Dickinson University, then joined Lienhard as dean in 1993. After a two-year appointment as interim provost and a sabbatical, she returned in 2013 as dean of the Pace University College of Health Professions.

While she has excelled in her profession, it wasn’t a dream for young Harriet. “Growing up, I never had any interest in nursing,” she recalled with a laugh. “In those days, women either became nurses or secretaries or teachers. I was very timid, so I decided against teaching in favor of becoming a nurse. Little did I know that I’d end up speaking to hundreds.”

Beyond learning nursing skills, Feldman discovered a talent for leadership while pursuing her bachelor’s degree. Working with some of her classmates, she cofounded the first association for R.N./B.S. nursing students at Adelphi.

“I hadn’t thought much about leadership skills,” she recalled. “I hadn’t really given any of this a thought. Adelphi gave me an opportunity to test my wings in terms of leadership roles.”

While completing her bachelor’s degree, she worked as a per diem nurse at what was then the Long Island Jewish Hospital (now the Long Island Jewish Medical Center). Feldman again found herself in a position to take on a leadership role. She spearheaded, with a couple of other Adelphi students, an effort to educate patients and their families and get them more involved in their own care. The administration gave her and her classmates a unit in the hospital to train patients and their caretakers in such things as administering medications and monitoring recuperation. The goal: Allow patients to go home sooner at a time when hospital stays tended to be much longer.

Five decades later, Feldman is imparting the leadership skills she honed at Adelphi to new generations of nursing students.

“The most exciting part of being a dean is the ability to make change,” she said. “I’m able to make change in a much bigger way than I would have as a practicing nurse or faculty.”





PILAR MARTIN, M.D., M.P.H.: BRINGING AN INTERNATIONAL PERSPECTIVE TO PUBLIC HEALTH EDUCATION

by Rebecca Benison '11

The College of Nursing and Public Health's new director of public health since September 2015 is a medical doctor who decided to focus on public health to solve health inequalities. Assistant Professor Pilar Martin, M.D., M.P.H., who was interim director of the Master of Public Health (M.P.H.) program since June 2015, also hopes to share her significant international experience with her students.

Changes she and others envision within the next few years at the College include:

- Accreditation of the Public Health program by the Council on Education for Public Health
- Adding undergraduate-level public health courses and the option to major in the subject. A public health minor is now in the early phases of the approvals process. Adelphi's Faculty Senate this fall will review the minor, which will not be limited to nursing majors.

Dr. Martin has earned multiple professional degrees from prestigious institutions around the world, including an M.P.H. from the University of Glasgow in the United Kingdom, a medical degree from Universidad Complutense in Madrid, Spain, and a Master in Health Services Administration from Florida International University.

Her experiences working as a physician in rural Spain allowed her to see that improving people's health is a community, not an individual, effort. Seeing numerous patients suffer from the same health issues prompted her to make the switch from medical doctor to public health educator. Rather than simply treating the problems, she sought to solve them.

Her decision led her to Miami, Florida, where she worked for the Dade County Health Department from 2001 to 2007.

"This was a huge, valuable experience. I learned firsthand, and from the field, the health inequalities that minorities and the underserved population experience," she said. "I landed in public healthcare coming from a clinical background, and I discovered how a collaborative relationship between medicine and public health is possible."

Dr. Martin's role as an assistant professor at Florida International University (FIU) in Miami (2007) and at the University of West Florida in Pensacola (2012) allowed her to instill passion and understanding in the next generation of public health practitioners on the implications of healthcare inequality among diverse populations.

Fostering an interest in public health that extends beyond borders has been a primary focus for Dr. Martin. During her tenure at FIU, she founded the International Health Connection (IHC), a nonprofit organization where she continues to serve as executive director. IHC sends public health students to Haiti to deliver health promotion education.

IHC is perhaps the greatest representation of Dr. Martin's commitment to public health. The idea grew out of her volunteer work in Haiti, and culminated in the formation of an organization capable of doing much more for impoverished communities.

She intends to further that work at Adelphi.

"We plan to continue offering an international experience to our students in an interdisciplinary approach," she said, "not only public health but other specialties as well."

Dr. Martin is also looking forward to introducing Adelphi's study abroad students to the vital work IHC performs in Haiti as well as the Caribbean and Latin America.



KRISTEN WEEKS '15: HER LIFE IN VIGNETTES

CHILDHOOD MEMORIES

Her family gathered around the table for holiday dinners, exchanging anecdotes about their medical careers. “Both my parents, my aunt and my grandfather were volunteer EMTs and my mother worked as an exercise physiologist and manager of cardiac rehabilitation at a hospital,” she said. Not surprisingly, she became interested early on in the medical field. While a high school volunteer in a hospital, she narrowed that down to a nursing career.

THE ADELPHI YEARS

Before senior year, Weeks did an externship at North Shore-LIJ Health System’s Lenox Hill Hospital on Manhattan’s Upper East Side. “I shadowed a nurse on a medical surgical floor for three 12-hour shifts a week for eight weeks,” she recalled. That’s when she started leaning toward a career as an emergency trauma nurse.

Adelphi’s annual Take Back the Night spring event encourages student attendees to talk about sexual violence. As the student chair last year, when the event drew 300 people, she told her own story, which inspired many other students to tell theirs. “People got on stage and said they were so scared to speak until they heard my words of encouragement,” she said.

FLASH FORWARD

Her dream job: That, Weeks said, would be at the new Lenox Hill HealthPlex, a freestanding 24/7 emergency department in Manhattan’s Greenwich Village neighborhood. She would like to work there as an emergency room nurse for two years, then become SAFE-certified (Sexual Assault Forensic Examiner) at the HealthPlex’s SAFE Center. That, she said, would combine her two passions—helping patients in an emergency room setting and helping victims of sexual violence.



To see Kristen Weeks’ 2015 Commencement video profile, go to nursing.adelphi.edu/profile/kristen-weeks.

WELCOME, NEW FACULTY/STAFF

Marissa [Lepore] Abram, clinical assistant professor

Marissa (Lepore) Abram '08 earned a B.S. at Adelphi with a 4.0 GPA in 2008 after having transferred from Suffolk County Community College. She went on to earn a master's degree in psychiatric mental health nursing at Stony Brook University in 2010 and is currently a Ph.D. candidate at Adelphi. Previously, beginning in 2011, she was a psychiatric nurse practitioner at Phoenix House. Abram is a member of the 2015 class of 10 Under 10 (alumni.adelphi.edu/profile/marissa-abram-08).



Charles Cal, clinical assistant professor

Charles Cal '95, M.S. '01, M.B.A. '03, formerly was director of administration and quality management at North Shore-LIJ Health System. He is presently a Ph.D. candidate at Adelphi, where he earlier earned an M.S. in Nursing Administration and an M.B.A.



Marie Cox, D.N.P., clinical assistant professor

Marie Cox, who holds a Doctor of Nursing Practice degree from Case Western University, also earned a B.S. and M.S., adult nurse practitioner, from Adelphi in 1998 and 2004, respectively. Before joining Adelphi last fall, she amassed more than 22 years of nursing experience at the North Shore-LIJ Health System in such areas as emergency nursing, clinical research, neurology and cardiology. Her research was published in the *British Journal of Neuroscience Nursing*. She has also published on other topics, such as evidence-based practice and critical thinking in nursing. Dr. Cox was selected as an ambassador for the Friends of the National Institute of Nursing Research to inform legislators about the institute's research.



Patricia Ford Garofalo, director of faculty support for simulation

Patricia Ford Garofalo, who joined the Adelphi faculty in February 2015 as director of faculty support for simulation, earned a B.S. in Nursing from the University of Delaware (1977), an M.S. in nursing administration from Adelphi (2004) and a post-master's in nursing education, also from Adelphi (2008). Previously, she was assistant professor and coordinator of simulation at New York City College of Technology (2013–2015) and assistant director of simulation at New York University (2011–2013). Before that, she worked at Adelphi's Manhattan Center (2002–2011).



Edmund Pajarillo, Ph.D., associate professor

Most recently, Edmund Pajarillo, Ph.D., was associate dean for faculty and staff services at Rutgers School of Nursing, where he also was assistant professor. He earned a Ph.D. from LIU/Post in 2009, an M.S.N. from Excelsior College in 2005 and a B.S.N. and M.P.A. from the University of the Philippines in 1979 and 1990, respectively.



Elaine Smith, Ed.D., associate dean of operations

Elaine Smith '78, M.S. '88, M.B.A., Ed.D., has joined as associate dean for operations. Previously, she was vice president of system nursing education for North Shore-LIJ Health System's Institute for Nursing. After Adelphi, she earned an M.B.A. from Dowling College in 1998 and an Ed.D. from Columbia University's Teachers College in 2012. Dr. Smith was profiled in the Summer 2013 *Illuminations*.





BRIAN HAMEL '15: A BURNING DESIRE FOR EMERGENCY NURSING

An accident he suffered at just 13 months old inspired Brian Hamel '15 to pursue nursing.

“I was severely scalded by hot water on my shoulders and back. For the next 15 years, I was taken care of by the amazing and dedicated staff at The Shriners Burn Hospital in Boston. The compassion, friendliness and care they provided to me over those years made a huge impact on my life and it has left me really wanting to give back to the world in the same way.”

Also from a young age, Hamel said, “I knew I wanted to work in emergency medicine. I just recently applied to an Emergency Department fellowship that would give me my dream job at my dream hospital. I just held my first round of interviewing and was told I would be moving on to round two! Fingers crossed!”

Elected Student Nurses Acting for Progress (SNAP) president in May 2014, Hamel described his duties as “coordinating people, places and events. I worked with all members of my executive board to build biweekly meetings that would keep my members interested and involved through activities that enhanced their current educational experience.”

Adding that he gained a lot from that experience, he explained, “this semester really taught me the small pleasures that can be found in teaching others. Teaching our patients is such a huge part of our curriculum, and from my clinical experiences I knew I enjoyed it, but as I led educational events we had, I found I enjoyed teaching my peers as well.”

While SNAP president, he organized the first flu shot clinic at the College, which he called “my proudest moment.” During the October 2014 Family Weekend, he said, “we collaborated with Health Services to provide students, families and community members with the opportunity to get vaccinated before the start of the winter flu season. We vaccinated more than 30 people,” ages 5 to 75. “I hope they continue to host it every year.”

As the 2013–2014 nursing senator, Hamel created an Adelphi Nursing Student closed group on Facebook. The group, which has grown to 500 students, graduates and faculty, gives students “a place to build a community—and an outlet to ask questions, blow off steam, network, buy and sell books and scrubs and share healthcare-related news and stories,” he said.

Thinking back, he said, “Some of the best moments in my four years were also my worst moments. It was those all-nighters I pulled in the library with friends, all of us studying and working ourselves to exhaustion to be prepared for a test or a deadline. It was those moments when we were all in the same boat and, no matter what, we would get through it and pass, and eventually graduate as nurses.”

Some key words of advice have stuck with him. “Don’t overthink, don’t second-guess, just go with your gut and stick with it. I think I’ve been told this a million times by professors before exams,” he said, “but I believe this message goes way beyond just a test. Our instincts exist for a reason, and I know following it will lead us down the best paths in life.”





Speaker Renee Gecsed, M.S., New York State Department of Education, and Patrick Coonan '78, Ed.D., College dean, with Leadership Conference co-chairs Deborah Ambrosio-Mawhirter, Ed.D., and Kathleen Dooney, M.S.

KAREN BALLARD AT LEADERSHIP CONFERENCE: IMPROVE END-OF-LIFE CARING, NURSE TRAINING

by Kurt Gottschalk

Karen Ballard, executive director at the American Nurses Association-New York, Inc. (ANA-NY), recalled visiting her aunt who was dying in the hospital, the painful experience confirming beliefs she already held about the role of the nurse at the end of life.

Her aunt had terminal pancreatic cancer and the only realistic option, Ballard said, was to try to keep her comfortable, but a doctor ordered more tests.

Speaking at the 11th annual Leadership Conference, held April 30 at the Garden City Hotel, Ballard recounted that troubling experience—and its implications.

“I asked them what they would do with the test results and they said, ‘Nothing,’” Ballard said. After consulting with her cousin (her aunt’s next of kin), Ballard was able to get them to stop the tests and let the aunt return to her room.

“Ten hours later, she was dead and that was one hour she could have spent with her daughter holding her hand rather than having expensive tests,” Ballard said.

The story set the tone for Ballard’s keynote conference speech, which focused on the often-overlooked importance of nurses and the need for higher-level training for practitioners. Themed “Building Alliances: Cultivating Leadership,” the event was cosponsored for the eleventh year by Adelphi University College of Nursing and Public Health and Sigma Theta Tau’s Alpha Omega Chapter.

Two things missing from the current structure of healthcare provision, Ballard said, are funding for preventative care for the population and training opportunities for the profession.

“There are other countries that put a lot more money into the beginning of life so you get more aggressive child care programs than we have here,” she said to the first point. “If we put as much money into prenatal and early childhood healthcare programs, we would have a much healthier population.”

As to the second point, Ballard outlined the “B.S.N. in 10” campaign, which is pushing for legislation in New York State and elsewhere to require nurses to get their bachelor’s within 10 years of completing their associate degree.

That effort was sparked by the Institute of Medicine’s 2010 report, *The Future of Nursing: Leading Change, Advancing Health*, which strongly recommended that leaders in healthcare systems and nursing schools work toward boosting the proportion of nurses with baccalaureate degrees to 80 percent of all R.N.s by 2020.

Ballard envisioned a world where a higher degree of experience and education would lead nurses toward having greater authority.

“Wouldn’t it be wonderful if the World Health Organization was run by a nurse?” Ballard asked. “We do think differently from other healthcare providers. We have no problem looking at healthcare from birth to death and we can be just as happy bringing somebody healthy into the world as helping them be comfortable on their way out.”

HEALTHCARE’S CHANGING PARADIGM

Lawrence Eisenstein, M.D., Commissioner of Health for Nassau County offered Leadership Conference attendees a look at the future needs for nursing and how the profession might lead itself toward those ends.

In his talk, entitled “Future Impact and Influence of Nursing in Public Health,” Dr. Eisenstein discussed the growing demands for healthcare providers and for nurses working outside of hospitals.

Increasing demand is already changing the shape of the profession, Dr. Eisenstein said. “In the changing paradigm of healthcare, there are so many more people who are insured,” he said. “If a child has an earache and goes to a clinic, it will maybe cost \$80. If they go to the emergency room, it will be \$1,000 as soon as they walk in the door.

“We simply don’t have enough primary care physicians,” he added. “Others are going to have to take on an increasing role.”

As those paradigms continue to shift, Dr. Eisenstein explained, employees could see a rise in care offered in the workplace rather than at hospitals and doctors’ offices.

“It’s worth money to a business if their workers are healthy,” he said. “If somebody doesn’t show up at the office, they’re not working. A flu outbreak could cripple a business. Corporations understand how much it is worth to keep their workers healthy.”

Incentives to lose weight, quit smoking or exercise for an hour in the middle of the day might become more common as employers take a greater interest in the health of their staff.

“Most people go to their job and they don’t think about their health, but if your employer said, ‘If you maintain a certain body mass index, we’ll add \$10 to your check,’ for some people, that’s what it takes,” he said. “I think there’s going to be increasing roles for nurses as public health develops more of a focus on preventive care.”

—by Kurt Gottschalk



Mary Naylor, Ph.D., R.N., with Patrick Coonan '78, Ed.D., College of Nursing and Public Health dean, at the Buckley Lecture



Mary Naylor, Ph.D., R.N.,

MARY NAYLOR AT BUCKLEY LECTURE: SOME CHANGE IS NOT GOOD

by Kurt Gottschalk

Consistency in care would seem to be a given in treating the ill or elderly but, according to Mary Naylor, Ph.D., R.N., there's a gap that occurs all too often and is noticed all too rarely.

Speaking at the College of Nursing and Public Health's 10th annual Buckley Visiting Scholar Lecture in February 2015, Dr. Naylor—a professor of gerontology and director of the NewCourtland Center for Transitions and Health at the University of Pennsylvania School of Nursing—laid out what has been the focus of her work for the last 25 years: the transitional care model (TCM) of healthcare.

Accidents happen when nursing shifts change or when patients switch doctors, Dr. Naylor said, citing a study that found a 70 percent error rate when information on dosage levels, for instance, is passed from one care provider to another.

"We have day nurses that hand off, we have staff that hands off from hospital to home, and each one of those transitions represents a point of vulnerability," she said. This causes stress to the patient and the impact is further felt by the "invisible workers," as Dr. Naylor described the family members and other nonprofessionals who provide additional care.

Speaking about "The Pivotal Role of Nurses in Providing Quality Care" in the Thomas Dixon Lovely Ballroom at the Ruth S. Harley University Center, Dr. Naylor was quick to point out that the fault lies not in education but in practice.

"This is not because we're not doing exquisite teaching," she said. "If you're stressed and people tell you two or three things to do, you forget them or you don't hear them."

Rather than working in crisis mode, hospitals and other care facilities should be operating with "a high level of communication and a high level of asking questions," she

said. If patients sink into depression immediately after being discharged, providers should be asking what should have been offered them while they were still under professional care. If a patient is in the emergency room for the fifth time in succession, she added, providers should look for a root cause, even if one isn't apparent, rather than assuming the visits were unrelated.

By providing a holistic, family-centered approach with a single point person across all aspects of patient care, she said, hospital readmissions can be cut by as much as half, with expenses significantly reduced while the quality of care is improved.

"Consistency matters. I can't stress that enough," she said. "People value consistency. Collaboration matters if we're going to get it right on behalf of patients. Relationships matter."

While the model is still in the development stages and has yet to be put into common practice, provisions for its implementation were included in the Affordable Care Act. Dr. Naylor said she wants to see TCM integrated "further upstream" into nursing homes to help cut down on emergency room visits.

And Dr. Naylor—who as national program director for the Robert Wood Johnson Foundation's Interdisciplinary Nursing Quality Research Initiative is also exploring ways nurses affect patient care quality and outcomes—remains harshly critical of current practices in managing and transitioning care. "We don't have a way to keep people from dying in intensive care who say they don't want to," she said.

The presentation by Dr. Naylor—who in 2009 received the Baxter International Foundation's Episteme Award, an honor often described as the nursing profession's "Nobel Prize"—marked the 10th anniversary of the Buckley Lecture. The series was founded by the College's Dean, Patrick Coonan '78, Ed.D., shortly after he became dean of what was then the School of Nursing.



“EBOLA IS NOT OVER”: K.C. RONDELLO AT SCHOLARSHIP DAY CONFERENCE

by Efe Tanci, M.F.A. '16

C Ebola Virus Disease (EVD) is not a new grim reality to humankind. But the outbreak in 2014 brought the disease to the fore and sparked widespread media attention.

Despite the coverage, the majority of people don't even know the answer to the most basic question: What is Ebola?

At the College of Nursing and Public Health's first Undergraduate Nursing Scholarship Day Conference on March 31 at the Ruth S. Harley University Center, several speakers answered that question and many others about the disease. The keynote speaker, Kenneth C. Rondello, M.D., assistant professor at the College, and two panelists from North Shore-LIJ Health System—Donna Armellino, R.N., D.N.P., vice president for infection prevention, and Elaine Smith, '78, M.S. '88, Ed.D., vice president of system nursing education at North Shore's Institute for Nursing—discussed the Ebola threat and the implications for healthcare.

The conference started with a description and history of Ebola, first discovered in 1976 in both the Democratic Republic of Congo and Sudan.

“Why has Ebola become so catastrophic? The answer is, previous outbreaks were in less populated areas and the world has changed since 1976,” Dr. Rondello said. “There have been periodic outbreaks, but none of them are even close to what we're experiencing now.”

Dr. Rondello covered a variety of topics, such as Ebola's clinical progression, laboratory diagnosis and treatment and

the non-health impacts of EVD, including media hysteria.

“Anybody who tells you that they know how this is going to end is lying to you,” the keynoter said. “It may [currently] have slipped outside of the media's attention, but Ebola is not over. That's a constant evolution.”

The North Shore-LIJ panelists focused on that entity's strategies for fighting against Ebola. Dr. Armellino explained the main elements of EVD preparedness, such as emergency management structure and cleaning procedures, while Dr. Smith discussed staff education and training, from specialized treatment centers to simulation education.

“Looking at the history, how we learned over time, we're still learning,” Dr. Armellino said. “Initial education is relatively easy but what is difficult now is the ongoing education. People think Ebola has gone. It hasn't.”

In addition to the conference, there were students' academic posters on exhibit. Among the projects: “Assessment for Postoperative Delirium in the Geriatric Patient” by Jillian Roesch and “Health Promotion for Nursing Students” by Juliana Fagnoli.

The two-pronged event was overseen by Assistant Professor William Jacobowitz, Ed.D., a member of the College's Research Council who had also overseen the previous annual Scholarship Day for undergraduates.



ADDRESSING EBOLA CONCERNS

An expert in epidemiology and disaster management, Assistant Professor Kenneth C. Rondello, M.D., emphasized in a video made for the Adelphi community in Fall 2014 that the Ebola virus is “spread only two ways—either by direct contact with the blood or body fluids of a person who is sick with Ebola or [by] contact with objects like needles and syringes that have been contaminated with the blood or body fluids of a person infected by Ebola.”

Ebola is not transmitted through food, water or the air, he added.

To see the video, go to adelphi.edu/ebola-facts.



Jane White [left] and Carol Della Ratta



Shan Liu

SIX FACULTY AMONG ADELPHI'S ENRS PRESENTERS

Six College of Nursing and Public Health faculty, a recent Ph.D. recipient and an M.P.H. student were among those presenting papers at the Eastern Nursing Research Society's (ENRS) 27th annual Scientific Sessions in April 2015 in Washington, D.C.

Carol Della Ratta, Ph.D. '15, presented a poster on her dissertation research which she recently defended: "The Journey From Uncertainty to a Salient Being: Nurse Residents' Experiences of Caring for Deteriorating Patients."

In addition, Patricia Donohue-Porter, Ph.D. '87, co-chair of the Theory Research Interest Group for ENRS, co-led a discussion meeting on theory with Dr. Della Ratta. Dr. Donohue-Porter is director of the College's doctoral program.

Joan Valas, Ph.D., Ann Peirce, Ph.D., and Jane White, Ph.D., with Mon Mon, a public health program graduate student, presented a paper entitled "The Relationship Among Culture, Moral Orientation and Religiosity in Undergraduate Nursing Students."

In addition, Shan Liu, Ph.D., presented her poster entitled "Use of Meditation in Chinese American Women in Treatment of Cancer," while Marie Cox's podium presentation explained the Ambassador Program for the Friends of the National Institute of Nursing Research (FNINR).

"Nursing Science, Evidence and Policy: Creating a Culture of Health" was the 2015 theme at ENRS, where Adelphi's College of Nursing and Public Health again was one of the conference sponsors.



NURSING, HEALTH CAREERS RANK HIGH IN VARIOUS BEST LISTS

Nursing and healthcare-related careers are on the rise this year, according to recent media reports from CNBC, CNNMoney and *U.S. News & World Report*.

Registered nurse (R.N.) is among the five jobs with the most growth potential, according to a March 2015 report by CNBC on NBCNews.com. Two others on that list (based on U.S. Bureau of Labor Statistics) are healthcare-related: personal care aide and home health aide.

Nurse practitioner ranked No. 2 on the *U.S. News & World Report* 25 Best Jobs of 2015, released in January 2015, and R.N. ranked ninth.

Based on that list and another from CNNMoney on money.cnn.com, also released in January '15, healthcare and information technology are among the fields to watch most, with electronic medical records merging the two.

CNNMoney's Best Jobs in America placed clinical nurse specialist No. 7, with clinical apps specialist No. 11. Elsewhere on the list: quality assurance coordinator (R.N.) was 20th, health information specialist 27th, nursing manager No. 59 and nursing information manager No. 68.



STUDENT HIGHLIGHTS STUDENT HONORS AND AWARDS

College of Nursing and Public Health students continue to shine.
The following students received awards at the 2015 Pinning Ceremony:

UNDERGRADUATE

Eileen M. Jacobi R.N. Award
Christopher Kaligeris

*NYC Metropolitan
Hospital School of Nursing
Alumnae Scholarship*
Karimah Abdussalam

*Marian and Melvin Prottas
Award*
Kerri Paoletti

*Jennifer Whalen Leadership
in Nursing Scholarship*
Joann Stampfli

*Justina Eisenbauer
Mickiewicz Memorial Award*
Naomi Weiss
Catherine Vecchione

Margaret T. Shay Award
Brian Hamel
Kristen Weeks

Mildred Montag Award
Jillian Roesch
Naomi Weiss

*Nurses Association of the
Counties of Long Island
(NACLI) Nursing Award*
Monica Leconte

*College of Nursing
and Public Health
Undergraduate Perseverance
Award*

Devory Schwartz

*Student Nurses Acting for
Progress (SNAP) Award*
Brian Hamel

Peggy Ann Burleigh Award
Sarah Coogan

*Linda (Rodwin) Tenebaum
Oncology Award*
Goldy Kupczyk

*Moji Ayinde Annual
Clinical Excellence Award
(\$500)*
Kristen Weeks

*Kathryn (Wilgosz) Chiddo
Award*
Vanessa Mallilo

*Kathryn (Wilgosz) Chiddo
77 Scholarship*
Taylor Marie Gregory

*Dr. Esther Siegel
Scholarship for Rising
Nursing Leaders*
Jane Lee

*Justina Eisenbauer
Mickiewicz Memorial
Scholarship*
Navya Simon

*B. Loretta Gumper vomLehn
Memorial Scholarship*
Megan Figueroa
Tahlia Gowe

*Ruth Woodroffe Gangel
Memorial Scholarship*
Samiya Kapoor
Elaine Klein
Maki Lahori
Ellen Neyland
Alison Rodriguez
Sharahn Rosser

*Patricia Keane DeGeorge
Memorial Scholarship*
Tracey Golden

*Dr. Betty L. Forest Nursing
Scholarship*
Uchechukwu Agina

*Harold and Loretta
Forest Memorial Nursing
Scholarship*
Kaitlin Gagliano

*New York Community Bank
Foundation Scholarship*
Michael Smith

*Class of 1961 School of
Nursing Scholarship*
Chao Jiang

GRADUATE

*Mildred Loughlin Kahane
'49 Scholarship*
Carletta Stackhouse

*Kahane Family Scholarship
(M.P.H.)*
Carl Viel

*Noah Tubbs Family
Scholarship*
Mary McDonagh

*Outstanding Master's
Project*
Patricia Pepe

*Dean's Award for
Leadership*
Vincent Abalajon

FACULTY

*Madeline Schwaib Ph.D.
R.N. Faculty Development
Award*
Susan Zori

THE FOLLOWING WERE 2015 NURSING INDUCTEES INTO THE ALPHA OMEGA CHAPTER OF THE SIGMA THETA TAU INTERNATIONAL SOCIETY:

Karla Aleman
Chidiebere J. Ariri
Marilyn V. Artibeo
Danya Awad
Fern Baudo
Iolani Behrbom
Melody Boonsompornkul
Shelby E. Bossie
Marcy L. Boyle
Tara L. Brobst
Samantha Caceres
Dina Caldararo
Cassandra A. Campo
Kimberly B. Capustin
Erica L. Carter
Christa M. Ciuffo
Goddess Z. Clarke-
McLaughlin
Kristie L. Conrad
Sarah C. Coogan
Kristin Court
Genalyn G. Cruz
Regina G. Dacy
Teresa M. DiBenedetto
Jasmin Dinanath
Tanya D.C. Dizon
Christina N. Dunne
Catherine E. Ellis
Juliana Fargnoli
Cassie L. Farrell

Charnette S. Ferril
Nicole R. Fishman
Lori Freeman
Penina B. Freundlich
Ashley A. Gaffin
Erin M. Gallienne
Aury M. Gomez Santos
Carollita V. Gopie
Adeena B. Greenspan
Nicole Gregory
Irene C. Guico
Brian J. Hamel
Amanda M. Hanshe
Jennifer L. Hoff
Leah Honig
Ali R. Houston
Pilar L. Hutton
Christina D. Jachowdik
Sabrina Jagmohan
Theresa Jenulis
Jocelyn John
Lillian Jong
Chelsea F. Joven
Nicole L. Kaminski
Tova Katz
Monika Klupinska-Gross
Brittany D. Kohlmann
Venitha Krishnan
Amanda C. Kronenberger
Ashley L. Krug

Goldy Kupczyk
Blima L. Kupferstein
Carlos A. La Cotera
Sabrina S. Levy
Emily L. Mansfield
Jillian L. Margulies
Andreza Martinta
Atara C. Marzouk
Alanna M. McCoy
Melissa S. McShane
Janet Meisels
Jillian N. Meli
Brienne N. Meyer
Sabina Monosova
Christina M. Montoni
Ashley N. Morales
Cristina Mowsesyan
Jessica Napolitano
Christine E. Nastasi
Chava R. Newerstein
Christina M. Oliviero
Kerri A. Paoletti
Patricia A. Perino
Janice M. Pilet
Beata Podgorski
Katherine R. Quezada
Michelle Ramotar
Constantina M. Rando
Joseph F. Reinhart
Angelia D. Rivera

Diana R. Rizzo
Jillian A. Roesch
Cristina C. Sanchez
Christina A. Scaduto
Rebecca A. Scherle
Erica C. Schneider
Courtney R. Shevlin
Herwyn O. Silva
Harlea Tauber
Miriam Teichman
Chrystal N. Teran
Chana Traum
Sam B. Trestman
Kristi R. Troha
Vanessa L. Uhr
Catherine Vecchione
Mauricio Vergara
Timothy E. Verhey
Mirriame M. Viaud
Laura W. Wachel
Marie Walsh
Kristen N. Weeks
Naomi B. Weiss
Chelsea P. Wollman
Stephanie E. Won

NURSING'S TOP POSTERS AT RESEARCH DAY, SCHOLARSHIP DAY

College of Nursing and Public Health's Jillian Roesch '15 emerged as a winner in the undergraduate poster presentation competitions at both Adelphi's Research Day and the College's Nursing Scholarship Day.

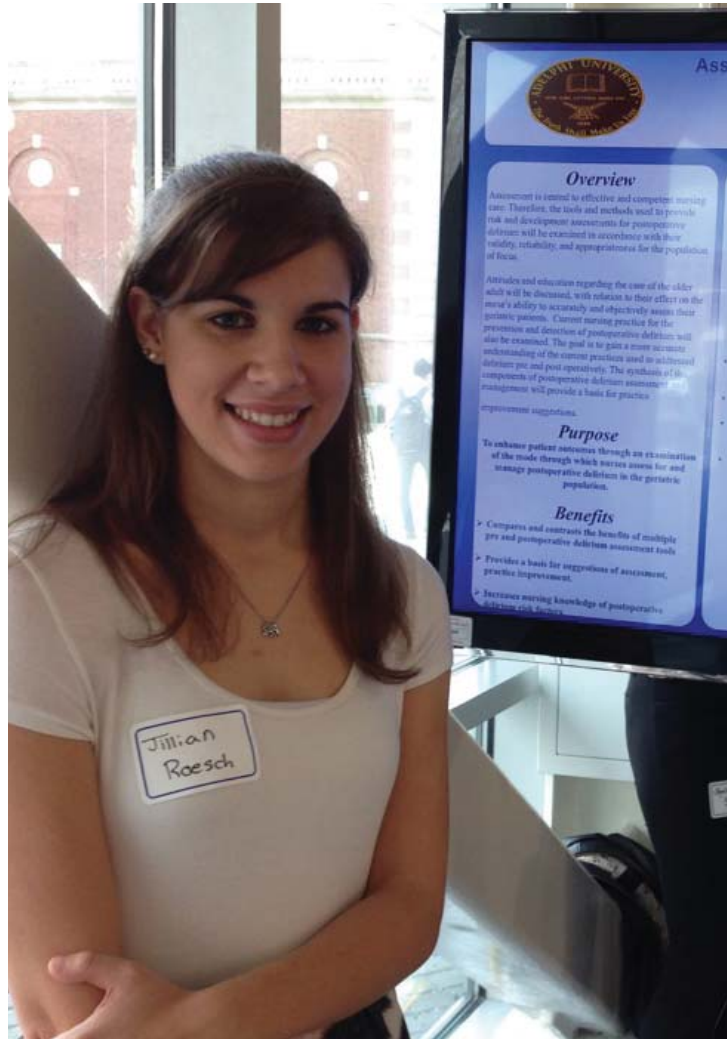
Entitled "Assessment for Postoperative Delirium in the Geriatric Patient," her entry competed at both Adelphi's 12th annual Research Conference (aka Research Day) on April 21 and the College's Nursing Scholarship Day, held March 31—for the first time as part of the new Nursing Scholarship Day Conference (See also page 27).

Roesch, whose faculty adviser was Deborah Ambrosio-Mawhirter, Ed.D., won in the Nursing/Public Health/Social Work undergraduate e-poster presentations category at Research Day.

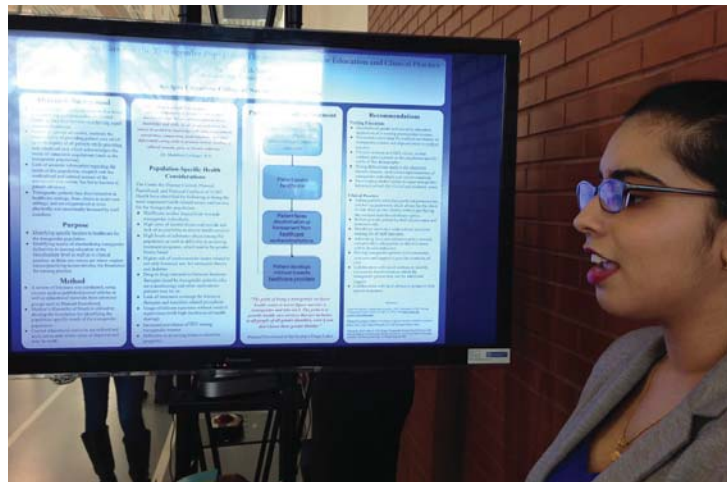
Undergraduate honorable mentions in that same category were: Elga Peralta and Christina Attanasia '15 for "Is Natural Childbirth Safer Than Pitocin-Induced Childbirth" and Elizabeth Sam '15 for "Improving Nursing Care for the Transgender Population Through Culturally Sensitive Nursing Education." Louise Geddes, Ph.D., Traci Levy, Ph.D., and Deborah Ambrosio-Wawhirter, Ed.D., were faculty advisers on the latter, while Aktar Ghassemi, Ph.D., was the faculty adviser on the former.

Besides Roesch's first-place finish, two undergrad academic poster presentations shared second place at Scholarship Day. They were: Allison Yatco, Julia Nevitt, Raquel Francis, Cristina Roopnarine, Jessica Gorospe and Ariella Nayberg for "Neonatal Pain Management" and also Ashley McBaine, Amanda Schlee, Pamela Sackitey, Melissa Medina, Laura Dowsey and Amanda Connelly for "Preeclampsia, Eclampsia and Socio-Economic Status."

Third place went to Juliana Fagnoli '15 for "Health Promotion for Nursing Students."



Jillian Roesch '15



Elizabeth Sam '15





Allison Riccardi, M.S. in Nutrition student, with Dylan Rain Tree, curator of Native Voices, the National Library of Medicine's Native Americans exhibit

ALLISON RICCARDI '08: ON THE ROAD TO HELPING NATIVE AMERICANS WITH DIABETES

Allison Riccardi '08, a College of Nursing and Public Health graduate student doing research in an area that the National Institutes of Health (NIH) studies—diabetes and minority health—came away from a recent NIH visit more enthused than ever about pursuing her field of interest.

Diane Dembicki, Ph.D., director of the College's M.S. in Nutrition program, said that she and Riccardi, a student in that program, took a tour in March 2015 to the National Institutes of Health complex in Bethesda, Maryland. "This was part of her independent study with me on diabetes prevention programs, focusing on Native Americans."

Their tour included the National Library of Medicine (NLM), where there's an interactive Native American exhibit called *Native Voices*, in which people with diabetes and other disorders share their personal stories. "Our personal tour was led by Dylan Rain Tree, one of the curators who helped conduct those interviews," Dr. Dembicki said.

During the tour, she said, "We saw on the NLM real-time digital screen that the most searched word while we were there was diabetes," she said. Nutrition and Diabetes—originally recommended by Robert A. Scott, then Adelphi president—is among the M.S. in Nutrition courses, she noted.

Another tour highlight for Riccardi was NIH's three million-square-foot Clinical Center, housing a metabolic clinic and research labs next to patients' rooms, where medicines are formulated and administered in the many ongoing clinical trials.

Riccardi plans to apply for an NIH position after obtaining the M.S. in Nutrition (probably in December 2016). "With all of the clinical trials constantly being run on campus, it would be the perfect place to learn and grow as a professional," she said. "From a career perspective, the state-of-the-art facility and equipment gives the staff so much more opportunity to find cures for undiagnosed diseases, and the patient is given such great care by the welcoming and warm-hearted faculty."



Kathy Chiddo with Vanessa Mallilo 2015 recipient of the Kathryn [Wilgosz] Chiddo '77 Award in Pediatric Nursing at the College's Pinning Ceremony May 18, 2015.

ALUMNA FUNDS ENDOWMENT IN PEDIATRIC NURSING

The College of Nursing and Public Health has announced formation of the Kathryn (Wilgosz) Chiddo '77 Endowment in Pediatric Nursing.

In August 2015, Chiddo, a loyal Adelphi donor, made a generous gift to establish this endowment, which will provide scholarship funds to help current students pay for their educations. "Adelphi gave me my career, my livelihood," she said. "I want to give someone else what Adelphi gave me."

Chiddo graduated with her bachelor's degree from the College, then called the School of Nursing, in 1977. After her junior year at Adelphi, she was offered an internship at what is known today as North Shore-LIJ Health System's Steven and Alexandra Cohen Children's Medical Center of New York. She was placed in the neonatal unit for the summer and has been there ever since. "It was meant to be," said Chiddo, who was hired full time

after her graduation and continues to work there today.

A neonatal nurse for more than 35 years, Chiddo loves the challenge and excitement each day brings and is motivated by the rewarding nature of her work. "There is nothing better than seeing a premature baby doing well and progressing towards discharge..., being able to watch the babies I have cared for go home with their families," she said.

Chiddo never forgot the role Adelphi played in helping her find her niche and launch her career. She came to the University from a middle-class family and appreciated that the cost of tuition was covered by the scholarships Adelphi provided. "Because I received that scholarship support, I didn't have the added pressure of stressing about how I'd pay for my education on top of classes, working, studying and completing my clinical experiences," she said. "After graduating, I was able to start my life without worrying about loans."

OTHER ALUMNI DONORS STEP FORWARD

College of Nursing and Public Health Advisory Board member Robert Keane and his family have made a generous commitment in support of the Patricia Keane DeGeorge Memorial Scholarship.

Established by the Keane family in 2002 in memory of Patricia Keane DeGeorge '98, this scholarship is awarded by the College of Nursing and Public Health to nontraditional undergraduate students. Through their generous support, the Keane family is helping future nursing students have the same opportunities she did.

In 2015, alumna and board member Ronnie E. Leibowitz '61 established an endowment to create the Ronnie E. Leibowitz Infection Control Award. This will be given to a graduating senior who demonstrates initiative and an interest pertaining to infection control and prevention—the area to which Leibowitz dedicated 24 years of her career as a nurse.



Patricia Keane DeGeorge's nieces and nephews presented the Patricia Keane DeGeorge Memorial Scholarship to Tracey Golden, the 2015 recipient, at the College's Award Ceremony on May 15, 2015.



FACULTY HIGHLIGHTS

Philip Alcabes published the essays “Failure to Heal” in *The American Scholar*, 77-85, 2015, and “Race and Panic: America Confronts Ebola” in *The Chronicle of Higher Education Review*, 2014, 23 October.

Deborah Ambrosio-Mawhirter and **Maryann Forbes** presented “Faculty Awareness: Student Nurses’ Use of Social Media in the Clinical Setting” at American Association of Colleges of Nursing’s 2015 Hot Issues Conference, April 2015, Las Vegas, Nevada. Also, Ambrosio-Mawhirter was presented the Sigma Theta Tau International Honor Society of Nursing Award for Outstanding Mentoring in April 2015 at the Leadership Conference.

Marie Cox published “Critical Thinking” in *Encyclopedia of Nursing Education*, M.J. Smith, R. Carpenter and J.J. Fitzpatrick (Eds.), 85-87 (New York: Springer Publishing Co., 2014), and “Decreasing Length of Stay in Phase I PACU: An Evidence Based Approach” with J. McLaren, J. Reynolds, J. Lyall, M. McCarthy, E. McNoble and V. Petersen in the *Journal of Perianesthesia Nursing*, 30 (2), 2015, 116-123. She presented the posters entitled “A Blended Approach: New Systematic Process to Enhance the Annual Mandatory Competency Assessment” with F. Lefevre and K. Palafox at the North Shore-LIJ Health System’s annual Nursing Research Conference May 2015, Manhasset, New York.

Margot DeSevo published *Pediatric Nursing: Content Review Plus Practice Questions* (Philadelphia, Pennsylvania: F.A. Davis Co., 2015).

Diane Dembicki presented “Modules, MOOCS and More: Increasing Capacity and Impact in Nutrition Worldwide Through Online Learning” with M. Arabi and C. Stark at the Society for Nutrition Education and Behavior Annual Conference, June 2014, Milwaukee, Wisconsin. The abstract was published in the supplement for the *Journal of Nutrition Education and Behavior*, on SNEB’s 2014 conference proceedings, 46, (4)5, 2014, S128-129.

Stephen Holzemer co-authored five chapters with colleagues for the book *Primary Care: An Interprofessional Perspective*, which he also co-edited with J. K. Singleton, R. V. DiGregorio, C. Green-Hernandez, E. S. Faber, L. R. Ferrara and J. T. Syler (Eds.) (New York: Springer Publishing Co., 2nd ed., 2014). The chapters were entitled: “Family and Culture Within the Context of Primary Care;” “Primary Care in the Community: Assessment and Use of Resources;” “Anxiety Disorders, with an Emphasis on Panic Disorder;” and “Substance Abuse.” He also published an article, “Depression Among Four Groups of Ethnic Asian American Adolescents in New York City,” with M. Rosario-Sim, K.A. O’Connell, A. Ma, M. Caboral-Stevens, J. Lavin and D. Stefanov, in the *International Journal of Psychiatric Nursing*, 1 (1), 2015, 121-127.

William Jacobowitz, with B. Derbasian and A. Saunders, published “The Effect of Calorie-Restricted Diet on Weight Gain in Short-Term Psychiatric Inpatients Receiving Atypical Antipsychotic Medications” in the *Journal of Psychosocial Nursing and Mental Health Services*, 52 (7), 2014, 30-7.

Marilyn Klainberg, with Andrea McCrink, Patricia Eckardt, R. Schecter, A. Bongiorno and L. Sedhom, published “Perspectives on Academic Misconduct: Implications for Education and Practice” in the *Journal of the New York State Nurses Association*, 44 (1), 2015.

Shan Liu published, with S.H. Hu and R. Mei, “Self-Reported Information Sources Among Chinese-Americans with Diabetes and Prediabetes” in the American Diabetes Association’s *75th Scientific Sessions Abstract Book*, June 2015; and, with Yiyuan Sun and W. Louis, “Symptom Distress and Its Association with Traditional Chinese Medicine Use in Chinese American Women in Treatment for Cancer” in the *Oncology Nursing Forum*, 42 (1), 2015, E24-32.

Wei Liu published, with E. Manias and M. Gerdtz, both “Exploring Power Relations Embedded in Medication Communication Processes on General Medical Wards” in the *Qualitative Research Journal*, 14 (2), 2014, 161-178 and “Medication Communication Through Documentation in Medical Wards: Knowledge and Power Relations” in *Nursing Inquiry*, 21 (3), 2014, 246-258.

Andrea McCrink—appointed assistant dean for undergraduate programs in September 2015—was named a 2014-2015 Teaching Excellence Award for Tenured Faculty winner at the May 6, 2015 faculty meeting.

Anne Peirce published “Heretical Thoughts on the Need for Change in Our Language from Care to Protection from Harm” in the *Clinical Scholars Review*, 7 (2), 2014, 1-3.

Janet Raman published “Mobile Technology in Nursing Education: Where Do We Go From Here? A Review of the Literature” in *Nurse Education Today*, 35, 2015, 663-672.

Maureen Roller published the article “Fundamental Nursing: Process-Oriented Guided-Inquiry Learning (POGIL) Research” in the *Journal for Leadership and Instruction*, 14 (1), 2015, 20-23. She presented “Cultural Competency Quantitative Research: One-Year Post-Experience in Costa Rica” at the Farmingdale College Research Conference, Farmingdale, New York, October 2014.

ALUMNI UPDATES

Marissa [Lepore] Abram '08 has been working in the addiction setting in various roles since 2004. She started as an intern, transitioned to a nurse and, for the past three years, has worked as a psychiatric nurse practitioner at Phoenix House. Her primary role is addressing the mental health needs of patients admitted into her program. She is also a member of the New York State Office of Alcoholism and Substance Abuse Services Nurse Advisory Panel. She returned to Adelphi in 2013 to start her Ph.D. in nursing.

Sharon Andersen, M.S. '74, went on to receive her Ed.M. and Ed.D. from Teachers College, Columbia University, in 1977 and 1986, respectively. After working in teaching and administration in Brooklyn and Manhattan, she moved to Vancouver, British Columbia, Canada, where she taught at the University of British Columbia, the University of Victoria and Kwantlen University College. She focused on curriculum development of new nursing programs, and research on learning, teaching, feminism and mentorship. Her clinical practice area continued to be psychiatric/mental health nursing. Her curriculum expertise has allowed her to participate in health program development in Canada and South America. Now retired, she serves as a tutor for Vancouver Island University.

Ellen W. Blair '78, director of nursing for Hartford Hospital's Institute of Living since 2009, received the 2014 Excellence in Practice Award from the American Psychiatric Nurses Association (APNA). This award recognizes an advanced practice registered nurse member of the APNA who has made significant contributions to psychiatric mental health nursing practice through practice and research throughout his or her career.

Wendy [Cuvin] Budin '73, Ph.D., received the 2014 Mary Ann Rooney Essence of Nursing Leadership Award. Presented by the New Jersey Consortium of Sigma Theta Tau International, the award honors an individual who demonstrates special interest in and guidance to colleagues or students. Dr. Budin

is currently the director of nursing research at NYU Langone Medical Center and adjunct professor at NYU College of Nursing. She is also 2015–2016 president of the Eastern Nursing Research Society (ENRS).

Robert Church '89 obtained an M.S. in trauma/critical care nursing from the University of Maryland at Baltimore in 1992 and an M.B.A. from Rutgers University in 2011. He is also a fellow of the American College of Healthcare Executives. He is vice president of patient care services at St Barnabas Hospital in the Bronx, where he said Adelphi nursing students are rotating through the hospital.

Dianne Cooney Miner, Ph.D. '96, founding dean of Wegmans School of Nursing at St. John Fisher College, was named an honorary fellow by the Royal College of Surgeons, Dublin, Ireland, in August 2015. Her full title is "honorary faculty fellow of nursing and midwifery" and her admittance ceremony will be in March 2016.

Karen [Stillman] Doblin '78 is a nurse practitioner in pain management at Beth Israel Medical Center. She now has a Ph.D. and is teaching part time in the graduate program at Hunter College. She hopes to teach full time shortly. She was a finalist in the Nurse.com Nursing Excellence Awards in 2012. Her publications include a book chapter on neuromodulation and articles on intrathecal pain management.

Judy Drumm '78 has 20 years of experience in maternal-child bedside nursing and education. She is currently a professor of maternal-child nursing in an undergraduate B.S.N. program at South University in West Palm Beach, Florida. She earned a doctorate in nursing science from Florida Atlantic University in 2006 and is a certified pediatric nurse.

Linda Holahan, M.S. '74, went to Columbia University School of Nursing to teach after graduating from Adelphi's graduate psychiatric nursing program. She spent four years at Columbia in various programs before returning



to a more strictly clinical world. Holahan, who has worked as a clinical nurse specialist at the Visiting Nurse Service of New York and Isabella Home and Community Services, now works at Hebrew Hospital Home's Long-Term Managed Home Care facility. Her focus has always been on behavioral health issues. She also has a private practice.

Kerry [Nicolay] LaSalvia '98 has been working in neonatal intensive care for the past nine years, having achieved advanced certification in neonatal intensive care as well as neonatal and pediatric transport. She is also an instructor for neonatal resuscitation. Adelphi's strong emphasis on critical thinking skill development has helped tremendously in her critical care work.

Oswaldo Luciano '12 got married in July 2014 to Jonathan Damon in Tarrytown, New York; their wedding announcement was in *The New York Times*. In November 2014, Luciano was promoted to assistant nurse manager of the ambulatory surgery and post-anesthesia care unit at Manhattan Eye, Ear and Throat Hospital, which is part of the North Shore-LIJ Health System.

Barbara [Jenkins] Lyso '63 is retired after a long career in public health and medical case management. Lyso, who worked at times in Colombia, Peru and Zimbabwe, now lives six months of the year in Norway, where she was a public health nurse for 20 years.

Kristine McCarthy '03, '07 is currently a certified registered nurse anesthetist at the University of Texas MD Anderson Cancer Center. She and her fiancé moved from New York City to Houston, Texas, in fall 2014. She earned an R.N. at Adelphi in 2007 and graduated with an M.S.N. in nurse anesthesia from Columbia University last year.

Sandy Oestreich '72, M.S. '74, is spearheading the Equal Rights Amendment (ERA) ratification effort in Florida and is also mentoring seven other ERA-active states. Only three more states' ratifications will pass the ERA. Visit **2PassERA.org** to see what her 300,000 members are doing.

Debra Ross '84 has been assisting in clinical drug research for past 20 years with organizations such as National Institutes of Health, Bristol-Myers Squibb and Novartis. She has two sons.

Bonney Schaub '76, M.S. '85, is the cofounder and director of Huntington Meditation and Imagery Center, which offers training programs for health professionals, clinical meditation and imagery and also transpersonal coaching. She has authored five books, most recently *Transpersonal Development: Cultivating the Human Resources of Peace, Wisdom, Purpose and Oneness* and *Dante's Path: Vulnerability and the Spiritual Journey*. She is the co-author of the recent American Nurses Association publication *The Art and Science of Nurse Coaching*.

Richard Taylor '78 was one of two or three male graduates in the 1978 nursing program, which also included College of Nursing and Public Health Dean Patrick R. Coonan, Ed.D. Like Dr. Coonan, he was a volunteer firefighter/EMT-CC for years. A 33-year nursing career followed graduation, with work mainly in intensive care units, Level I trauma emergency rooms—and even three years in labor and delivery. Retired in 2011, Taylor now lives in Richmond, Virginia.

Barbara [Weinstein] Willens '69 is married, with two married daughters and four grandchildren. She was the clinical director of the Suburban Outpatient Surgery Center at Johns Hopkins Medicine, Baltimore, Maryland, until her March 2015 retirement.

Share your news. Have you gotten married? Changed jobs? Been promoted? Started a family? Fulfilled a lifelong dream? Moved to a new location? Visit adelphi.edu/classnotes to add your class note.



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