

NEWSLETTER FROM THE SCHOOL OF NURSING

SCHOOL

SPRING 2008

Where Compassion and Knowledge Define Leadership



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Illuminations School of Nursing is published annually by the Office of Public Affairs, the Office of Promotion and Outreach, and the School of Nursing

MESSAGE FROM THE DEAN

"Behold the turtle. He makes progress only when he sticks his neck out."

—James Bryant Conant

Truer words were never spoken when it comes to nursing and the education of our future practitioners. Healthcare is a field characterized by rapid change and innovation. There is an increasing need for talented professionals who can construct the changes and be the innovators of our future. Nursing education is constantly challenged to maintain relevance and keep up with the changes that the healthcare system demands. However, it is frustrating and sometimes difficult for us to change direction rapidly or predict what the future may hold and the demands that our graduates may face when they complete our programs. To stay current, we must constantly be in touch with our partners, listen to our clinical faculty, read the literature, and maintain memberships in professional organizations that shape the future of our profession.

Sound familiar? It's what every professional nurse should be doing to maintain his or her relevance in a workforce where change is the only constant and the future will demand that we "stick our neck out" to be innovative in a world that clamors for it. Now is the time when our profession can thrive in an environment that is seeking innovation and change towards better patient outcomes and fiscal responsibility.

Educators need to keep up with these changes. As I write this, we are in the throes of completing a new undergraduate curriculum that will be more contemporary and flexible to meet the changes in the healthcare field. Look for the revamped curriculum in the fall of 2009. In addition, we are completing a new track in our Ph.D. program for executives with a concentration in healthcare systems, which will include courses in outcomes research and policy, two essential skills for innovators and change agents. Additionally, at the master's level, we continue to offer programs in administration and education. We consider each of these to be minimal and essential educational requirements for nurses considering leadership and educational roles. We need competent nurses, leaders, thinkers, and innovators. The School of Nursing is working towards that end.

In another example of the change afoot at Adelphi's School of Nursing, we have expanded our newsletter to include more features, news, and program highlights to keep you informed about our School and its alumni, students, faculty, and administration. I think you will enjoy our new format and look forward to your input.

You, our alumni and friends, are both the history and the future of our School. Let me know what you're doing, and share your suggestions for innovation and your thoughts on how the School of Nursing can help meet the everchanging needs of the nursing profession. Your input will be the catalyst for change and innovation. Without risk, there is no change and without change, there is no future. We'll continue to "stick our neck out," making progress while constantly moving forward, be it slow and steady because, as we know, that won the race.

We continue to enjoy the journey. We hope you'll come with us.

an

Patrick R. Coonan, Ed.D., R.N. '78, CNAA Dean and Professor



NEW NURSING PROGRAMS OFFERED AT MANHATTAN CENTER

The School of Nursing now offers new programs through the Manhattan Center, in addition to the two-year accelerated undergraduate B.S. program. These programs are the Registered Nurse to Bachelor of Science (R.N. to B.S.) Program, and various graduate programs, which enable the School of Nursing to move into the 21st century by offering nurses innovative opportunities to advance their careers.

For admission to the undergraduate R.N. to B.S. weekend program, students need an R.N. license, as well as a 2.8 GPA. The graduate program is held one day per week in hospitals such as Glen Cove Hospital, Queens Hospital Center, St. Francis Hospital, and Mercy Hospital. Once they've earned a bachelor's degree, students have a chance to earn an M.S. in nursing administration, M.S. in nursing education, M.S. in adult health nurse practitioner, M.S. in emergency nursing/emergency management, or a Ph.D. in nursing. The programs offered by the School of Nursing allow nurses to advance in the field and share their experiences with others.

The convenient class format and graduate course offerings allow students to learn and work in the same hospital. The programs offered by the School of Nursing allow nurses to advance in the field and share their experiences with others.

For more information or to register for classes, contact Michael Lee at (212) 965-8340.

NURSING PROGRAMS AT OFF-SITE CENTERS

In fall 2008, the School of Nursing will offer a R.N. to B.S. Program at Adelphi's Hauppauge Center. Numerous R.N. to B.S. programs are currently hosted by the following hospitals:

Good Samaritan Hospital Jacobi Hospital Mercy Hospital Queens Hospital Center St. Francis Hospital Winthrop-University Hospital

The School of Nursing will offer a R.N. to B.S. Program at Lenox Hill Hospital beginning in the fall 2008 semester.

For more information about these programs, please call (516) 877-4510.



Director of Nursing at the Manhattan Center Patricia Garofalo with a nursing student

NURSES

Nursing students learn how to prepare a syringe.



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Professor Brandwein and students discuss the day's objectives at Queens Hospital.



Professor Brandwein assists a student in priming an IV line.

- N-TRAINING: ON THE JOB AT QUEENS HOSPITAL

In Clinical Assistant Professor of Nursing Jacqueline Brandwein's clinical lab course, "Alteration of Holistic Integrity of Children," nursing students do more than study textbooks and listen to lectures to learn how to provide care for pediatric patients. Rather, the nine juniors enrolled in the course don their scrubs once a week for a grueling seven-hour shift at Queens Hospital in Jamaica to gain hands-on experience in patient care.

Professor Brandwein has been a faculty member in the School of Nursing since the fall of 2001. She obtained a Pediatric Nurse Practitioner Post-Master's Certificate from Hunter College, an M.A. in nursing education from New York University, and a B.S.N. from Columbia University. Her clinical expertise includes pediatric and obstetrical nursing, and her teaching experience spans a broad range of subjects.

Students enrolled in "Alteration of Holistic Integrity of Children," arrive at Queens Hospital at 8:00 a.m. sharp. Before beginning the day's work, a pre-conference between the students and Professor Brandwein takes place to determine the day's objectives.

"We go over the assignment to see what needs to be achieved during the time we are there," she says. "We also review the patients in each unit to clarify what type of care and treatments will need to be administered."

Students normally work in one of the three available pediatric units: a very busy wellchild clinic, an acute care inpatient unit, or

the pediatric emergency room. Students spend three weeks working on each unit before rotating. During that time, they have an opportunity to learn about the role of the nurse and needs of patients in a variety of settings. They will have an opportunity to perform many skills learned in the theory class, including conducting both developmental and physical assessments, screenings, and administering medications and immunizations. As part of their training, students must take responsibility to review each patient's medical history, as well as check and validate doctor's orders, says Professor Brandwein.

At the beginning and end of the day, students are required to communicate with a primary nurse as part of their learning experience in professional accountability. Before adjourning, Professor Brandwein meets with her class one last time to review the learning experiences of the day and how to incorporate theory into practice. During this briefing, they discuss the day's happenings and share how evidence-based practice affects patient outcomes.

Professor Brandwein also uses this time to discuss matters relating to a healthcare work environment. "One of the

This is one of the best preparatory clinical sites available to students.

main things that I like to emphasize is how good communication and professional behavior must be maintained between all members of the healthcare team, regardless of their role," she says.

"Queens Hospital has proven to be a welcoming environment for the nurses-intraining," says Professor Brandwein. "One of the many things that students are quick to comment on is how welcome and comfortable they feel at Queens Hospital Center," she says. "On the first day of class, the Queens Hospital Center staff is sure to be present to literally welcome the students. And on days they know that the students will be present, they make sure to save a particular procedure

or task that they know the students need experience in."

Students enrolled in Professor Brandwein's "Alteration of Holistic Integrity of Children" course gain invaluable experience in the burgeoning field of nursing. "By working at Queens Hospital, students are given the opportunity to treat real patients, and see a real community-focused hospital provide a variety of services to the members of a very large and diverse community, all with support of a very professional and dedicated staff of nurses and doctors," she says. "This is one of the best preparatory clinical sites available to students."

SPOTLIGHT ON FAC

School of Nursing faculty members are prolific scholars whose research keeps them at the

MARYANN FORBES

Associate Professor of Nursing



Associate Professor of Nursing Maryann Forbes has been conducting research on simulation technology in the field of nursing. Her research focuses on how students develop critical thinking in areas such as safe medication administration, oxygenation skills, and health assessment of patients, using the SimMan, an anatomically correct simulation mannequin manufactured by

66The challenge for nursing faculty is to develop and evaluate innovative teaching strategies.

Laerdal to simulate working on a live patient. "The challenge for nursing faculty is to develop and evaluate innovative teaching strategies, which will stimulate learners to accurately handle complex clinical situations in a safe environment," Dr. Forbes says.

"Simuwell Jackson," as Adelphi students call him, is a life-sized mannequin with a simulated

LORRAINE SANDERS

Assistant Professor of Nursing

Assistant Professor of Nursing Lorraine Sanders has recently conducted a phenomenological study on women and HIV, exploring the experience of being pregnant after having been diagnosed as HIV-positive. The study, which lasted over the course of one year, was intended to improve care to women who are HIV-positive and pregnant, and to improve the outcomes of their newborns. The research was funded by an Adelphi University Faculty Development Grant.

Dr. Sanders based her research on 60-to-90-minute interviews she conducted at Adelphi's Manhattan Center with 13 HIV-positive women from Brooklyn, Manhattan, and the Bronx, 40 percent of whom were white, and 60 percent of whom were African American.

"The most compelling findings were that, although these women were marginalized, struggling with poverty, HIV, stigma, recovery from drug addiction, and being uninsured, they had a need to be successful mothers," Dr. Sanders says. "Motherhood symbolized normalcy, and that normalcy helped them to maintain a positive perspective in their daily struggle with HIV."

Dr. Sanders presented the results of her study at Academy Health, an eminent health policy and research conference,



ULTY SCHOLARSHIP

forefront of their fields. Here's a glimpse of some recent research.

patient monitor, blood pressure, pulse, airway, heart and lung sound capability, and ability to undergo many types of medical procedures, according to Dr. Forbes. Nursing faculty use SimMan to teach students how to intervene quickly and accurately to save a person's life.

"The benefits of clinical simulation experiences include providing immediate feedback to the students, integrating multiple sources of data in complex clinical situations, learning from errors in a comfortable 'hands-on' environment, and providing consistent experiences for all students," Dr. Forbes says. During the course of her research, she has found that the simulation experience gives students more confidence in treating real patients.

"Future faculty research in the Sim Lab at Adelphi will focus on the goal of using simulation technology to promote patient safety and prevent medication errors, a high priority for healthcare," Dr. Forbes says. Additionally, the studies on the Sim Lab at Adelphi will explore how students with different learning styles can best use this technology, how to find and implement the best teaching practices, and how to introduce the Sim Lab technology in the curriculum.

and at the annual meeting of the Association of Women's Health, Obstetric, and Neonatal Nurses Conference, both in June 2007. She was also honored with an "Outstanding Poster Presentation" award at the National Institute of Mental Health International Research Conference on the role of families in preventing and adapting HIV/AIDS in San Francisco.

Motherhood symbolized normalcy, and that normalcy helped them to maintain a positive perspective in their daily struggle with HIV.





ADELPHI NURSES: ON THE PULSE OF CRISIS MANAGEMENT

or ages, nurses have assumed leadership positions in crisis situations without any formal disaster training, but Adelphi's School of Nursing has recently introduced a new master's degree and post-master's certificate program in emergency nursing and disaster management to grant nurses the specific skill set that



is applicable to the unique demands of crisis situations. The 39-credit master's program provides nursing students with skills in planning, response, and recovery efforts at organizational and community-wide levels. To obtain the post-master's certificate, students must complete 21 credits from a variety of courses offered for the master's program.

Adelphi is currently the only university in the New York metropolitan region, and one of the few in the country, to offer this specialization in nursing. Graduates of the program will be prepared to respond to large-scale disasters, such the September 11 attacks and Hurricane Katrina.

"The program focuses on nursing leadership and emergency disaster preparedness," says adjunct nursing faculty member Joan Valas, former director of the program. Given her rich background in emergency nursing, Professor Valas was asked to become involved in the Emergency Nursing and Disaster Management Program by Dean Patrick Coonan, the program's initiator.

The new Disaster Management Program is a combined, interdisciplinary effort targeted towards professionals who work in the field of emergency services, such as nurses, police officers, and fire fighters. "It does not focus on a clinical role," says Professor Valas. "Rather, it focuses on planning, training, and managing emergency situations. Nurses don't just use their nursing skills in the healthcare sector. They have direct responsibility in any kind of disaster to provide leadership plans."

The program, offered at Adelphi's Manhattan Center, is centrally located for emergency services providers in the tri-state area. Candidates who wish to apply to the program should have a bachelor's degree in nursing. The School plans to offer the program in an online format eventually, according to Professor Valas. Courses offered in the Emergency Nursing and Disaster Management Program include: "Leadership and Management of Disasters Across the Continuum of the Public Health;" "Practicum in Leadership Management of Disasters Across the Continuum of the Public's Health;" "Special Needs of Vulnerable Groups During Disasters;" and "Intervention for Human Responses to Disasters."

Successful completion of the program qualifies graduates to apply for National Certification from the American Nurses Center.

For more information about the Emergency Nursing and Disaster Management Program or to apply, contact Dr. K.C. Rondello at (516) 877-4544.



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ENSURING HEALTH AND WELLNESS ON CAMPUS

By Bonnie Ewing, Ph.D., R.N.

s a community nurse educator, I have a great interest in the health and well-being of our campus community. In 2004, prompted by the government's challenge issued through "Healthy People 2010," a national health promotion and disease prevention initiative, I determined that there was a need to address health and wellness services on Adelphi's campus. After conferring with a group of faculty that included Associate Professors of Nursing Marybeth Ryan and Marilyn Klainberg, and Ruth S. Ammon School of Education Associate Professor of Health Studies Emilia Zarco, I established a team that would address the provision of preventative healthcare services on campus.

The team visited a model wellness center at a local university and decided a center offering preventative health and wellness services, with an emphasis on stress reduction interventions, on Adelphi's campus was necessary. Director of Health Services Mary Honey suggested that a stress reduction room could be developed where students would be able to relax in a quiet atmosphere, removed from the stresses of daily life.

With support from the University administration, a Stress Reduction Room was created in the Health Services Center. Art students painted murals on the walls depicting a tranquil underwater theme. Lounge chairs, a television with relaxation tapes, and peaceful music provide a soothing, calm atmosphere. Community nursing students designed a kick-off event, featuring PowerPoint presentations, educational handouts, and blood pressure screenings in the University Center. Dr. Klainberg invited students from her wellness class to experience and evaluate the room. Peer counselors also offered fun activities, including a beach ball toss and demonstrations on how to use handheld stress reduction devices.

After consulting with administration, a University Health and Wellness Committee was formed by Provost and

Academic Affairs Marcia G. Welsh and chaired by Associate Vice President for Enrollment Management and Student Affairs Esther Goodcuff. The committee, comprised of deans and faculty from the School of Nursing, Gordon F. Derner Institute of Advanced Psychological Studies, Ruth S. Ammon School of Education, as well as experts in the fields of nutrition, physical fitness, human resources, student life, and counseling services, collaborated to establish the Center.

Senior Vice President of

The Health and Wellness Committee established the following goals: to promote an awareness of wellness; disseminate

information; create access to programs on-campus and in the community; coordinate and develop health programs; suggest policies, guidelines, and standards; and promote health and wellness education and research.

The forward-thinking committee members realized that establishing a Virtual Health and Wellness Center would serve as a powerful tool to utilize online resources to promote health and wellness initiatives. A Web site with numerous links and educational information pertaining to on-campus programs was developed, complete with a calendar of events, and links to national and local healthcare resources.





The Virtual Health and Wellness Center is continually updated to capitalize on the latest technological advances. Wellness centers and stress reduction environments are rapidly increasing in popularity and influencing the provision and access of healthcare within campuses and work environments nationwide.

For more information about Adelphi's Health and Wellness Center, visit http://www.adelphi.edu/healthandwellness/

Bonnie Ewing is an assistant professor of nursing at Adelphi.

66 The forward-thinking committee members realized that establishing a Virtual Health and Wellness Center would serve as a powerful tool to utilize online resources to promote health and wellness initiatives.

14 ILLUMINATIONS Spring 2008





NT HIGHLIGHTS

School of Nursing students continue to shine. The following students received awards at Pinning Ceremonies in May and December 2007.

The following students graduated with Nursing Honors in May 2007

- Elizabeth Andronica Rachel Bald Shamica Bien-Aime Beth P. Blinderman Amanda Blum Jennifer Borge Asha Cox Joseph Decrescenzo Audrey Duffy Patricia Esianor Jessica Everett Myrtho Favard
- Andrea Flores Yuddy Franco Marichu Gaid Elizabeth Garcia Catherine Harrington Farrah Hilaire Paul Igbide Janefer John Mary Kane Annmarie Kistulentz Olga Kuhlmann Idayat Lawal-Sadiku
- Maria Levinson Megan Lindstadt Kristy Lumbab Gina Marie Manuele Janet Maracic Yelena Mosheyeva Stacey Palina Kathryn Ryan Tatyana Semenova Nataliya Shaforost Sara Sheridan Usha Situala
- Lindsay Smith Latoya Strickland Anne Edith Thelusca Michelle Twomey Ifeoma Ukachukwu Wendy Walker Lijun Wang Rachel Yudin



The following students were inducted into Sigma Theta Tau International Honors Society for Nursing in May 2007

- Elizabeth Andronica Rachel Bald Beth P. Blinderman Amanda Blum Jennifer Borge Asha Cox Audrey Duffy Andrea Flores
- Yuddy Franco Elizabeth Garcia Catherine Harrington Paul Igbide Margaret Klusek Megan Lindstadt Janet Maracic Sara Sheridan

Usha Situala Latoya Strickland Anne Edith Thelusca Ifeoma Ukachukwu Rachel Yudin

The following students graduated with Nursing Honors in December 2007

- Marie Cassagnol Sheila Charles Ivelisse Fearrington Marylin L. Gabriel
- Meghan E. Girvan Milagros Gordillo Andrius Guobys Onika Holman

Mia Jackson Patricia Lewis Shani R. Lopez Zenje Malacapay Samuel E. Mediko Adaeze Obi Radyslava Sishchiuk Paula Thompson

The following student was inducted into Sigma Theta Tau International Honors Society for Nursing in December 2007 Ruth Dhanpaul-Sattaur

DR. BETTY FOREST GIVES NURSING STUDENTS THE GIFT OF EDUCATION



Adelphi University thanks and recognizes Dr. Betty Forest '47 for her extraordinary generosity. Over the past two years, Dr. Forest has utilized an IRA rollover to donate \$150,000 to Adelphi. Her gift created two endowed scholarships for nursing students. Dr. Forest has also included Adelphi University in her estate plans, and is a member of the Ruth S. Harley Planned Giving Society.

Dr. Forest's generous gift created the Dr. Betty Forest Nursing Scholarship and the Harold and Loretta Forest Memorial Nursing Scholarship. Both funds will create annual scholarships to support undergraduate nursing students who have completed 60 credits and maintained a strong academic record. Dr. Forest personally awarded the first two scholarships at the May 2007 Nursing Pinning Ceremony.

Adelphi University maintains a strong commitment to financial assistance for all its students, and thanks and recognizes all donors who support scholarships. For more information about endowed funds or planned giving options, please contact the Office of University Advancement at (516) 877-3250.

ADELPHI NURSING STUDENTS ARE READY TO

By Tricia Sanders '08

"Are We Ready" was the theme for the Nursing Students' Association of New York State 55th Annual Convention (NSANYS) held at the Westchester Marriott in Tarrytown, on March 11, 2007. Nursing students from Adelphi University's School of Nursing were joined by nursing students from other schools from throughout the tri-state area for the convention.

Rebecca M. Patton, M.S.N., R.N., CNOR, president of the American Nurses Association (ANA), the nation's leading professional nursing association, was this year's keynote speaker. She spoke about the ANA representing major health policy, practice, and workplace issues of R.N.'s in the United States.

Also in attendance at the conference was Marye Kellerman, R.N., M.S., ANP-C, GNP-C of Educational Entities, who conducted two NCLEX review sessions, and welcomed nursing students to participate in a Q&A session with three prominent nursing editorial directors from *Nursing* 2007, *American Journal of Nursing*, and *RN Magazine*.

For those students trying to decide what field of nursing to pursue, the convention's exhibit hall hosted more than





TACKLE THE FUTURE OF NURSING

30 exhibitors, who represented healthcare facilities from around the tri-state area, and were eager to share their organization's benefits and opportunities for the preclinical and professional R.N.

During the convention business meeting, two Adelphi nursing students were appointed to positions that will ensure that the School is well represented on the state and national level. Tricia Sanders '08 was elected as the 2007-2008 vice president of the statewide NSANYS, and will also act as the head coordinator for the 2008 Annual State Convention. William Swigert '08 was appointed as Adelphi's delegate to participate at this year's Nursing Student National Association's (NSNA) annual convention House of Delegates, which convened April 10-15, 2007 in Anaheim, California, where he was joined by Ms. Sanders. Mr. Swigert had the opportunity to participate in resolution hearings, forums, state caucuses, and vote in the House of Delegates on resolutions that will become policy of NSNA.

This article is adapted from one that originally appeared in The Delphian, Adelphi's student newspaper.

AN UNCOMMON INSTINCT FOR LEADERSHIP: ROXANE SPITZER '60



oxane Spitzer '60 is every mother's dream. Rather than rolling her eyes and tuning out her mother's promptings as many teens do, Dr. Spitzer followed her mother's advice to obtain a bachelor's degree in nursing, rather than attend a threeyear nursing school, as she had originally planned.

Her mother's advice turned out to be prescient, indeed.

According to Dr. Spitzer, a retired hospital executive and professor, she received an "excellent clinical and

Common sense isn't so common.

academic education at Adelphi. (I was) ahead of the curve because I had my bachelor's degree, (which) wasn't common until the '70s," she says.

When Dr. Spitzer received the Adelphi University Alumni Association Academy of Distinction award, she recalls saying that the award really belongs to her mother, who is 91 years old and "still pushing." After earning her bachelor's degree in nursing from Adelphi, many degrees and progressively responsible leadership posts followed. The erudite Dr. Spitzer has three master's degrees, including an M.A. in nursing administration from Columbia University Teacher's College, an M.B.A. in management from Claremont Graduate School in Pomona, California, and a Ph.D. in executive management/strategic management from Claremont Graduate University.

At Claremont University, Dr. Spitzer's mentor, the renowned writer, management consultant, and Professor Peter Drucker, taught her that "common sense isn't so common."

To fulfill her dream of holding the top post at Cedars-Sinai Medical Center, Dr. Spitzer knew that, as a woman, she not only needed to obtain an M.B.A., but that she must also attain a Ph.D. So, she subsequently rose through the ranks to the position of vice president of patient services at Cedars-Sinai, a position that entailed overseeing all nursing services, social work, outpatient, emergency, operating room, and ambulatory care departments for an 1,120-bed teaching hospital, and reached her desired rank when she was hired as CEO of Metropolitan Nashville Hospital Authority in Nashville, Tennessee.

During her 10 years in Nashville, Dr. Spitzer was also a professor at Vanderbilt University School of Medicine and School of Nursing. Despite her numerous achievements as a hospital administrator, Dr. Spitzer said that if she were to start her career anew, she would have become a nurse practitioner, a position she describes as "such a positive role for nursing."

Now that Dr. Spitzer is retired and living in Florida, she still keeps her hand in the business by serving as editor of *Nurse Leader*, a bimonthly journal for nurses currently holding or striving for leadership positions in the field. In her rare free moments, Dr. Spitzer boats, and according to her, "plays golf very poorly."

If Dr. Spitzer's track record is an indicator, she'll be scoring birdies and eagles in no time.



A PASSION FOR NURSING AND THE MILITARY: SAMANTHA WHITESIDE '04

If you asked me today, had I known 10 years ago that my passion in life would be nursing, more precisely as an Army nurse? My answer would be no! Unexpectedly, not only do I enjoy nursing, but also my love for Army nursing is endless. In the initial three years of my nursing career, I have cared for coalition soldiers and their families in a post-anesthesia care unit, following a variety of surgical procedures. I have provided aid to the civilian community of the city of New Orleans, during the Hurricane Katrina recovery period, and recently provided the American Standard of Nursing Care to an Iraqi detainee population in a Theatre Internment Facility in a deployment environment. Throughout my transitions, I have experienced and embraced various cultures, which is the vanguard of holistic nursing. This past summer, the Army Nurse Corps afforded me the opportunity to intensify and strengthen my clinical skills through the Army Medical

Department's Critical Care Course. While a student at Adelphi, I cross-enrolled in the Army ROTC program at Hofstra University, which prepared and assisted me in my ability to make quick, rational decisions in a variety of situations, and in coping with relationships

with people of multiple nationalities and backgrounds. The empowerment gained from those lessons has guided me in becoming an Army Nurse Corps leader.

By Samantha Whiteside '04 1LT. AN. USA Adelphi University



Army Nurse Corps leader and Adelphi alumna Samantha Whiteside '04





KELLY NICHOLSON KEEPS NURSING **ALUMNI CONNECTED**

In her new role as coordinator of quality assessment, regulatory affairs, and alumni outreach, Kelly Nicholson serves as the mediator between the company that supplies standardized assessment tests and surveys and the School of Nursing

faculty, staff, administration, and students. "Basically, I am the go-to person in terms of the School of Nursing standardized testing for our generic undergraduate students," Ms. Nicholson says.

Ms. Nicholson oversees the regulatory affairs pertaining to the School of Nursing accreditation. Another facet of her position entails contacting School of Nursing alumni "to bring them back into the fold and let them know what the school has achieved since they were here last, as well as find out how they have been," she says.

During the nine years Ms. Nicholson has worked for the School of Nursing, she has seen it grow in terms of programs, students, faculty, staff, and administration. "I am happy to say that over the years as executive secretary to the dean, I was able to meet and interact with many students," she says. She hopes to continue to support the students, and witness their academic and personal growth as they pursue their degrees to become professional nurses.

Kelly Nicholson may be reached at nichols2@adelphi.edu or (516) 877-4557.



Ask Helen Holmes Taylor '49 about her memories of her freshman year at Adelphi, and she will tell you matter-of-factly about sweet recollections of playing tennis and swimming, of her friendships with members of the senior class, and of bitter memories of fellow freshmen who refused to even greet her in the halls.

he was the first African American student to attend Adelphi, and members of the senior class, at the request of Adelphi President Paul Dawson Eddy, had voted to allow her to attend.

Ms. Taylor was not unaccustomed to prejudice. In 1927, she was born in an apartment house on Seventh Street in Garden City, New York, but moved with her parents and two sisters, Dolores and Barbara, to nearby Hempstead as soon as she was able to go to school, since the Garden City schools did not admit African American students.

But she made an important connection in Garden City. Dr. Eddy, then a professor at New York University, lived in the Garden City apartment building where Ms. Taylor's father was the superintendent, and kept in touch with the family members long after they had moved to Hempstead.

During her senior year of high school, Dr. Eddy, who had been appointed president of Adelphi in 1937, phoned Ms. Taylor to discuss her college plans.

"Dr. Eddy said I could be a nurse if I joined the U.S. Nurse Cadet Corps, and if I did that, my tuition and room and board and books would be paid for by the government," says Ms. Taylor. "So, I said yes because my mother had died a year before I graduated and daddy had three girls to worry about."

WITH DESTINY: HELEN HOLMES TAYLOR '49

She liked his idea, but wasn't too keen on heading to New Orleans for nursing school, as Dr. Eddy had originally proposed, because she had "heard too many horror stories about the south and I did not want to be a victim of any racial discord," she says.

"So, then he recommended that I go to the Harlem Hospital School of Nursing or the Lincoln School of Nursing, which were located in Manhattan. I was 18, and daddy thought that I was too young to be by myself in Manhattan."

Eventually, Dr. Eddy suggested that she attend Adelphi, but had to ask the seniors to vote, because African Americans were not admitted at the time. Members of the senior class approved the proposal, as did the Board of Trustees.

Ms. Taylor enrolled in 1945, and lived on campus in what was then known as East Hall, now Alumnae Hall. Her first semester was lonely, she recalls, as most of the girls living on her wing shunned her.

"They were not friendly," Ms. Taylor says. "And the friends that I had on campus were mostly those who had voted for me to come there. And that was the seniors."

To combat her isolation, she would often bike home on the weekends to what was then a pastoral lifestyle in Hempstead to eat a home-cooked meal and visit her sisters.

During her second semester, she lived with roommate Gloria Cooper '48, a sophisticated Manhattanite and the second African American student on campus.

Although Ms. Taylor could have received her nursing credentials after three years, she chose to stay on a fourth year to obtain her B.S.N.—a fateful decision.

Shortly after graduation, she was hired by New York University, where she worked in pediatrics, and became the first African American nurse employed in the pediatric ward. During her eight years at NYU, she worked her way up from the position of staff nurse to head nurse on the infant section of pediatrics.

Ms. Taylor enjoyed a rich and full life during these years, bunking at the Harlem YWCA and visiting a cousin who lived in Boston on the weekends. A friend that frequently accompanied Ms. Taylor on her trips to Boston, a young Fisk graduate named Halla May Roberts, invited her on a blind date that was arguably the most memorable of her life. Her date, immortalized by a photograph taken at a dance following a Harvard-Yale football game, turned out to be none other than Martin Luther King, Jr.

However, this interlude wasn't the pinnacle of Ms. Taylor's romantic life. In 1958, she married Arthur Taylor, a City College graduate who worked for Allied Chemical and later as an industrial buyer and expeditor. The couple lived in Riverdale and traveled to such far-flung locales as Portugal, Spain, Ghana, Togo, and Benin. In 1977, Ms. Taylor and her sisters purchased a summer home on Martha's Vineyard less than two blocks from the beach.

66The friends that I had on campus were mostly those who had voted for me to come there. And that was the seniors.

After her husband's death in 1987, Ms. Taylor continued to work as nursing director of Comprehensive Health Care Center until she was 65. After retiring, she moved back to her childhood neighborhood of Hempstead to be near her sisters.

"You would think we were 20 miles away the way we call each other on the phone every two minutes," she says.

To say that the neighborhood has changed since her childhood is an understatement.

"When I grew up in Hempstead, it was a predominately rural area," she said. "The people across the street from us were Polish and they had a farm, and they had cows and chickens and sheep. There were blackberry patches all over the place, so we used to pick blackberries in the summertime."

Today, the area is a dense, urban center with a drastically different demographic composition than in Ms. Taylor's youth. When Ms. Taylor was growing up in Hempstead, the area was predominately Caucasian, she says.

For Ms. Taylor, whose life has been defined by her pioneering spirit and her ability, whether deliberately or inadvertently, to effect change, it seems as if the rest of the world has finally caught up with her.



Joanne and Frank Gumper

FRANK AND JOANNE GUMPER

The B. Loretta Gumper VomLehn Scholarship

What's the story behind your giving to Adelphi?

My (Frank's) mother came to Adelphi's Suffolk County extension campus in the 1960s as a registered nurse who wanted to complete her bachelor's degree. For many classes, she commuted almost two hours to Garden City, and persevered in her efforts with the support of her professors, colleagues, and, of course, her family. She was very proud of her degree, and we were proud of her.

Why did you choose to endow a scholarship?

We wanted to honor my mother's achievement and memory with a living memorial. What better way than to create a nursing scholarship in her name at Adelphi. The scholarship has given us the opportunity to become

THE KEANE FAMILY

The Patricia Keane DeGeorge Memorial Scholarship

What's the story behind your giving to Adelphi?

Patty's years at Adelphi were, in many ways, the best years of her life. Even as she battled leukemia, she received such incredible support from her professors and fellow students. The School of Nursing really became her second family; it was also where she met Deirdre, who has remained a close family friend. Adelphi was wonderful for Patty when she needed it most, and we know that she was able to give a lot back to the school as well.

Why did you choose to endow a scholarship?

Everyone can use some help when it comes to paying for college, can't they? Patty received a small scholarship when she attended, and it made a big difference to her and to us. We wanted to find a meaningful way to remember her and honor her time at Adelphi. A scholarship seemed like the perfect way to help future nursing students have the same opportunities Patty did.

Do you have a favorite Adelphi memory?

We have very fond memories of watching her work and thrive in her studies and graduate with her peers. We have been told that she was an inspiration to her fellow students, it's easy to believe and wonderful to hear. Since we started the scholarship a few years ago, we have attended the Nursing Pinning Ceremony every spring. It's a great tradition, and it has become



involved in the School of Nursing and really see the changes that have occurred in that program.

Do you have a favorite Adelphi memory?

After working all day and then driving into Garden City, my mother needed her coffee. Not caring for the machine coffee, we're told that she used to bring in her 50-cup coffee maker and homemade cookies for the entire class. You might say she baked her way through Adelphi. Personally, we have really enjoyed attending the Annual Nursing Pinning Ceremony, where we present the scholarships. It's a beautiful event.

You are both retired now. Any hobbies and interests?

Too many to list. Frank is an avid collector—stamps, coins, minerals, fossils, and sea shells. Together, we enjoy traveling, spending time in Lake Tahoe—a favorite family destination—and boating.

First Gift: December 2002

Value of Endowment: approximately \$162,000

Giving to: B. Loretta Gumper VomLehn Scholarship and the Adelphi University Annual Fund.

A few moments with Adelphi benefactors

a family gathering. Last year, there were nine of us, from three generations.

How else do you support the scholarship?

A few years ago, Rob, with the support of our families, decided to make over our annual family golf outing. It has grown into the major fundraiser for the scholarship; we have more than 70 players who come together to share a really nice day. It's also a nice way to celebrate Patty, and gives nieces and nephews who never were able to meet her a chance to hear what a special person she was.



Members of the Keane family at the Nursing Pinning Ceremony

First Gift: November 2002

Value of Endowment: approximately \$126,000

PROFESSIONAL DEVELOPMENT

The School of Nursing is dedicated to providing continuing education that enhances the practice of nursing and the delivery of healthcare. The Nursing Professional Development and Lifelong Learning Program offers nursing courses, seminars, and conferences for nurses to develop expertise in the procedures and technologies that are transforming healthcare.

		CCCC		¢		
	0	\$259	Infection Control	\$45		
	Saturday, May 3, 2008		Dates and Locations:			
	Hauppauge Center		Garden City campus, Alumnae Hall, Room 225			
Time: 9:00 a.m5:00 p.m.			Wednesday, May 7, 2008—6:30 p.m.–9:00 p.m.			
	This eight-hour course is designed for R.N.'s with		Monday, June 2, 2008—6:30 p.m.–9:00 p.m.			
For additional information, please contact:	experience in IV therapy who seek to improve their skills to an advanced level of proficiency.		This course contains updated material and is required fo license renewal.			
Karen S. Pappas,						
Director of Professional		1,900	CPR Training			
Development and Lifelong	May 19–June 29, 2008		Garden City campus, Alumnae Hall 225			
Learning	Garden City campus		*For course date, time, and fees, visit			
Alumnae Hall	Class Hours: 9:00 a.m4:00 p.m.		http://class.adelphi.edu/nursing/conted/			
(516) 877-4554	Clinical Hours: 7:00 a.m2:00 p.m.					
	The Nurse Refresher Course is designed for the R.N. seeking educational review in preparation for returning to		The School cosponsors conferences with other organizations. Faculty members create targeted program that are conducted at horpitals and other healthcare			

active nursing practice. This course is a review of nursing theory and clinical techniques required to renew your skills in medical, surgical, and nursing practice.

that are conducted at hospitals and other healthcare facilities. Please contact us if you are interested in having Adelphi faculty present courses at your facility at reduced group rates.

Register Online

> The offered courses are listed above. Please note that some courses offer more than one section. To register online, visit https://class.adelphi.edu/nursing/conted



ARDEN CITY FIRE

NURSING STUDENTS SNAP INTO ACTION FOR WOUNDED WARRIORS

By Claire Durecko '08

Operation Wounded Warrior is a project that was started a little more than three years ago by the Stewart Manor Fire Department. Since its inception, Operation Wounded Warrior has grown significantly to include many fire departments and schools throughout Nassau County. This year, the School of Nursing's student group, Student Nurses Acting for Progress (S.N.A.P.), took on Operation Wounded Warrior as one of the many community service projects that they will be participating in throughout the year. During the month of November, boxes were placed in various locations around campus to collect items that are needed by the wounded warriors to help facilitate their recoveries. From December 5 through December 7, 2007, approximately 80 members from 14 Nassau County volunteer fire

departments made the 1,700-mile roundtrip journey to bring the care packages to the wounded warriors recovering in the Bethesda Naval and Walter Reed Army Medical Centers in Washington, D.C. and in the Wounded Warrior Barracks in U.S. Marine Corps Base Camp Lejeune and U.S. Army Post Ft. Bragg, both in North Carolina. It was a privilege and profound emotional experience to spend time with these young men and women, America's bravest, and receive their very sincere expressions of gratitude on behalf of all those who participated in this project. Dean Patrick Coonan and Associate Professor MaryAnn Forbes with Juliet Chacko '08, Claire Durecko '08, Stella Nwogugu '08, Sony Jacob '08, and Mable Mathew '07

ALUMNI UPDATES

School of Nursing alumni continue to do great things. Here are some recent updates.

Florence MacKenzie '45 celebrated 58 years of marriage.

Iris Kessler '46 retired from the Dalton School in 2005 after 30 years as a nurse and health educator (human physiology).

Claire Shulman '46 was elected to the Museum of the Moving Image Board.

Eleanor Paul '50 is approaching her 80th birthday and lives in a retirement home. She is recovering from major surgery. After retirement, she was a school nurse for BOCES.

Elizabeth Beyer '57 is currently the transitional planner for Riverhead Central School District.

Felissa Lashley '61 was one of the panelists participating in the taping of the New Jersey Public Radio and Television special, *Remaking American Nursing*. The half-hour special covered issues ranging from the nursing faculty shortage to nursing retention problems.

Barbara Lyso '63 is a disability management specialist for federal workers. She is also a geriatric care manager and CEO and owner of a consulting firm.

Susan Moon '62 retired from active nursing practice three years ago, but is still active with greyhound dog rescue and owns two greyhounds.

Mary Jo O'Connor '68 received her M.A. in pastoral ministry from Boston College in 1984, and received a certificate in spiritual direction in 1994. She was a hospital chaplain (NACC Certified) until retiring in 2005. She is a phone volunteer for the MS Society, with a focus on spiritual journey, while dealing with MS.

Joan Fusco '69 was nominated by her peers at the Brentwood and Central Islip Family Centers for this year's Nursing Recognition Award from Suffolk County Department of Health Services.

Judith Breuer Werner '69, '74 M.S. published her seventh article, "The High Cost of Independence," in *Nursing Spectrum* on April 10, 2006. She is the proud grandmother of Rolf (11/17/06). She is ANCC Certified: Professional Development.

Harriet Feldman'71 M.S. received the Grace Davidson Award for enhancing nursing education at the Celebration of Nursing Excellence Awards on November 1, 2007 at New

ALUMNI UPDATES (continued)

York University College of Nursing. She was recently elected chair of the board of the Commission on Collegiate Nursing Education, a national professional accreditation board that accredits more than 80 percent of baccalaureate and higher degree nursing education programs, effective January 1, 2008. Dr. Feldman is currently dean and professor of the Lienhard School of Nursing and interim dean of the School of Education at Pace University.

Lorraine Gotlib '72 is very busy with clinical practice in adult behavioral health nursing. She sent her daughter to college in the fall of 2007.

Sandy Oestreich '72, '74 M.S. is the founder and president of Equal Rights Alliance, Inc., to achieve Florida's ratification of the Equal Rights Amendment as one of three states required for Constitutional adoption.

Wendy Budin '73 is the director of nursing research at New York University Medical Center, with a joint faculty appointment at NYU College of Nursing.

Karen Desmond '74 is currently matriculated at New York Medical College in the master of public health program with a major in epidemiology. She also works in the community to raise funds for the American Cancer Society, March of Dimes, and the Multiple Sclerosis Association.

Sheila Mayhew '80 started a new teaching position at a Coral Springs charter school and has been named the middle school science fair coordinator.

Denice Lugten '82 M.S. is the executive director of the Nurses Association of the Counties of Long Island, Inc., District 14, of the New York State Nurses Association. She recently received the Distinguished Community Health Service Award from State Assemblyman Nick Perry (D-Brooklyn).

Susan Dalton '83 spent six years as med-surg at Southside Hospital, Bayshore, New York; two years at Central Islip; eight months med-surg in Tennessee; five years as a home health nsg in Tennessee; and retired in 1998. Her projects include sending monthly care packages to soldiers in Iraq or Afghanistan through the Web site, www.anysoldier. com. She won five gold medals in 2005 in the Tennessee Senior Olympics, five more in 2006, and three bronze in the Tennessee States. She will go to the National Olympics this July in swimming.

Diane Schall '83 is a clinical nurse assessor for Gurwin Jewish Geriatric Center.

Bernice Shapiro '83 is the great-grandma of Luke (4) and Sydney (18 months).

Patricia Ann Boyle-Egland '87 is an assistant professor of pediatric nursing at Adelphi. She is a certified pediatric nurse practitioner-primary care.

Mary Anne Dumas '90 Ph.D. is a Founders Award recipient. She is also the 2007 International Award recipient of the Elizabeth Russell Belford Award for Excellence in Education. She was honored at the Honor Society of Nursing, Sigma Theta Tau International's 39th Biennial Convention, which was held in November 2007 in Baltimore, Maryland.

Carrol Shah '95 B.A., '98 B.S. and her husband Mark's son, Devan Richard Brandt, was born on August 2, 2006. Devan weighed 7 pounds, 6 ounces. Big sister Avani, who is 3, is doing well and is happy to have a little brother around.

Susan Letvak '96 Ph.D. was promoted to associate professor with tenure at University of North Carolina, Greensboro.

Mona Harley '97 is a member of NYSNA. She currently works in Critical Care (ICU/CCU) and Telemetry Step Down Unit. She is the proud grandmother of two girls and three boys.

Janice Thompson '98 Ph.D. is currently chair of the Department of Nursing for Quinnipiac University. She recently completed a second M.S. in Adult Nurse Practitioner.

Myriane Gilles '05 was recently engaged.

James Desetto '06 passed the New York State boards and is now a registered nurse.

Charleen Jacobs '06 is working at Jacobi Medical Center as a staff nurse in the Surgical and Burn ICU.



CALLING ALL SCHOOL OF NURSING ALUMNI!

WE'D LIKE TO HEAR FROM YOU.

Keep track of your former classmates by reading the latest issue of *Illuminations*. Share news of your accomplishments and activities by filling out this brief survey. Or, keep in touch with former classmates and keep up-to-date on upcoming alumni events via AUConnect, Adelphi's online community. Visit www.alumni.adelphi.edu and click on "Alumni Directory" to register today.

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Please tell us about your professional activities, special projects, or personal news in the space provided:		Adelphi University Office of Alumni Relations One South Avenue P.O. Box 701 Garden City, NY	
		11530-0701	

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Help provide the same educational opportunities you received to today's students. The Adelphi University Annual Fund provides support to each of the schools and colleges, and ensures that current and future students have the full advantage of an Adelphi education.

Make your gift to benefit the School of Nursing today!

To make a gift via credit card, please visit our secure Web site: www.adelphi.edu/giving/onlinegiving or call (516) 877-3155.

To make a gift by check, please make it payable to "Adelphi University" and return to:

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THE JOURNEY CONTINUES EVERY YEAR. EVERY DAY. EVERY ONE.



The Annual Fund

Each year, the Annual Fund campaign starts September 1 and closes August 31. Gifts to the Annual Fund work to fulfill student scholarship requirements, create an exciting campus life for students and faculty, provide our outstanding professors with appropriate resources, and invest in the maintenance of its nearly 80-year-old campus. Annual gifts play a crucial role in meeting these needs.

The Adelphi journey depends on alumni support. Alumni participation in annual giving has increased by nearly 620 percent since 1996-1997. More can be accomplished with an even higher participation rate and a stronger ANNUAL FUND.

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ISSUE ISSUE 123 PUB NURSING NEWSLETTER	APPROVALS	INITIALS	DATE	TIME	QUERIES	W/CORR	ОК		
V16 DESIGN:	DESIGN								
PRODUCTION:	PRODUCTION								
FORMAT: SIZE: " X " RELEASE DATE: 4/2	PROOF 1								
DELIVERY/INSERTION DATE: 4/16	PROOF 2								
APPROVED TO ROUTE	TO CLIENT APPROVAL								
CLIENT APPROVAL	APPROVED TO RELEASE								