

ILLUMINATIONS

Spring/
Summer 2005

Leading to new horizons in nursing

Message From The Dean

Patrick Coonan,
R.N., B.S. '78, Ed.D., CNAA
Dean and Professor



“Leadership and learning are indispensable to each other.” This quote was included in a speech that President John F. Kennedy delivered the day he was assassinated. After reading it, I thought how appropriate these words were to describe our school’s direction. Leadership is more important today in our profession than ever. As I look at the tumultuous environment of healthcare today, it becomes more evident that effective leadership is needed. Students are entering the School of Nursing at a time when we are seeing a rapidly changing world of healthcare. Our goal is to establish a caring, diverse academic learning environment that provides the highest standards of nursing education.

As an academic institution, we are responsible for changing with the times, providing students with the most current information in the nursing and healthcare industry, and preparing them to become leaders. Adelphi nursing graduates are well trained and extremely capable to take on challenges that lie ahead. How are we preparing them?

We have revised our graduate nursing administration and ANP programs to emphasize leadership, results, and technology while concentrating on the needs of today’s healthcare environment. In the fall of 2005, we will announce a new graduate program in disaster and emergency nursing along with other graduate and certificate programs. You will see changes to our cutting-edge undergraduate curriculum, with a focus on classroom and clinical laboratory learning experiences.

We cannot develop the leaders of tomorrow alone. We have accomplished a great deal in setting a course for the future. But much more must be done. To continue developing new nurses and leaders, we need help from people like you who care about nurses and nursing. I hope you will join us in our efforts.

Sincerely yours,

A handwritten signature in cursive script that reads "Patrick R. Coonan".

Patrick R. Coonan R.N., B.S. '78,
Ed.D., CNAA
Dean and Professor
School of Nursing

For more information, please contact
(516) 877-4510.

Medical Reserve Corps Program at Adelphi University

By Kristine Qureshi, R.N., D.N.Sc., Assistant Professor, School of Nursing

The Adelphi University School of Nursing is collaborating with the Nassau County Department of Health to establish a Medical Reserve Corps (MRC) Unit on the Garden City campus. MRC units are community-based and function as a specialized component of Citizen Corps, a national network of volunteers dedicated to making sure their families, homes, and communities are safe from terrorism, crime, and disasters of all kinds.

The mission of the Medical Reserve Corps is to establish teams of local volunteer medical and public health professionals who can contribute their

skills and expertise throughout the year as well as during times of community need. Members of the MRC will receive special training throughout the year for various emergency response functional roles.

The MRC service project will be based in the Adelphi School of Nursing and directed by Dr. Kristine Qureshi and Professor Richard Rotanz, director of the disaster management certificate program. Other Schools involved in the effort include the College of Arts and Sciences, and the Schools of Business, Education, and Social Work.

This is a great opportunity for Adelphi students to learn about civic responsibility, build their résumés, and participate in exciting research.

For more information about the Medical Reserve Corps Unit, visit <http://www.medicalreservecorps.gov/>.

To volunteer, please contact Dr. Kristine Qureshi at qureshi@adelphi.edu.

Graduate Nursing Programs

Adelphi University's School of Nursing master's program in advanced practice nursing offers a wide range of programs including:

- Adult Health Nurse Practitioner Program
- Adult Health Nurse Practitioner Post-master's Program
- Nursing Administration Program
- Nursing Administration Post-master's Program
- M.S./M.B.A. Program.

In the School of Nursing, you will encounter faculty members who are dedicated and experts in their fields. They will provide you with a breadth of knowledge and practical tools vital to the

healthcare industry. All faculty members have strong records of preparing high achieving graduates for their future career. Plus, all programs include an innovative curriculum, which combines classroom activities with mentoring, individualized advisement, exciting clinical practice, and career counseling.

For more information, please contact:

Judith Ackerhalt, Ed.D., M.S., R.N.

Director of Graduate Programs in Nursing Administration
(516) 877-4566

Stefni Bogard, M.S.N., R.N.

Clinical Administrator for the Nursing Practitioner Program
(516) 877-4548

New York State Grant Received

The Adelphi University School of Nursing is proud to announce that New York State Senator Charles J. Fuschillo, Jr. has secured \$30,000 from the New York State 2004-2005 budget, so the School may purchase a human patient simulator.



Nursing Hall of Fame Established

Adelphi University and the School of Nursing have established a Nursing Hall of Fame. The School has a long tradition of educating preeminent nurse practitioners, educators, and leaders in the field. To recognize their accomplishments, we are proud to honor individuals with an outstanding record of achievement combined with long lasting contributions to nursing in one or more of the following areas: nursing practice, education, administration, research, service to the school, and health policy.

The first inductees are Kathleen Gallo Ph.D. '94, senior vice president and chief learning officer of North Shore LIJ Health System as the "Outstanding Alumna" and Jerry Landsberg, chairman of the board of Parker Jewish Institute for Health Care and Rehabilitation and Adelphi School of Nursing Advisory Board member

with the "Outstanding Service to Adelphi University School of Nursing" Award. Also receiving recognition is Justina Eisenhauer Mickiewicz, faculty and director of student relations in the School of Nursing, who will posthumously receive the "Outstanding Service to Adelphi University School of Nursing Students" Award.

The Nursing Hall of Fame is in the final stages of design and will be located in the Swirbul Library on the west end of the first floor. Pictures of the honorees and historical items will be on display. The first induction ceremony was held on Sunday, June 12, 2005 during Reunion Weekend.

For more information, please call (516) 877-4549.

Criteria for Selection

Record of achievements are defined as:

- an outstanding clinician providing service to individuals with specific health care needs
- an exemplary nurse researcher with a program of funded research
- a nurse who has been nationally recognized for professional achievement
- an author of scholarly works in nursing or health care
- a health care administrator whose vision and action has broadly impacted nursing care
- a public leader whose work has positively impacted health policy and/or supported nursing
- a meritorious contributor to the Adelphi University School of Nursing.

Nursing Continuing Education

Adelphi University's Nursing Continuing Education Program offers a wide range of nursing courses, seminars, and conferences designed to provide participants with the knowledge, attitudes, and skills needed to succeed in today's rapidly evolving healthcare industry.

Our mission is to provide continuing education to enhance nursing practice and healthcare. We also offer courses designed to promote healthcare at the community level.

Adelphi University's continuing education program has been approved as a provider of continuing education by the New York State Nurses Association's Council on Continuing Education, which is accredited by the American Nurses' Credentialing Center's Commission on Accreditation.



Courses offered include:

- "R.N. Refresher Course"
- "AHA Basic Life Support Certification and Re-Certification"
- "Infection Control for License Renewal"

For more information, please call (516) 877-4554.

SNAP (Student Nurses Acting for Progress)

Student Nurses Acting for Progress (SNAP) student organization has had a busy 2004–2005 academic year. As in years past, SNAP attended the American Cancer Society’s “Making Strides Against Breast Cancer” five-mile walk at Jones Beach. With the support of the School of Social Work and the Center for Student Leadership and Activities, Adelphi’s turnout at this year’s walk was the largest yet. In addition, SNAP members participated in the Adelphi Fourth Annual Partnerships in Health Conference on Thursday, May 5, 2005. The goal of

the conference was to bring together health care professionals, educators, and students to improve the health of youth.

The Pinning Ceremony for graduates on May 11, 2005 and the Nursing Banquet on May 12, 2005 rounded out the academic year. This year’s banquet dinner was held on the Nautical Princess, Long Island’s premier luxury yacht in Freeport, NY.

A special thanks to the SNAP Executive Board members, President Marie-Flore Timmer, Vice President

Ruth Gupta, Treasurer Kathleen Casler, Secretary/SGA Representative Diana Lomnicki, Program Coordinator Mary Andrea Ugaddan, Publicity Coordinator Elizabeth Harrish, Senior Representative/Fundraiser Chairperson Patricia Armand, Junior Representative Natasha Samaroo, Sophomore Representative Jaime Natale, Freshman Representative Nicole Carpenter, and Faculty Adviser Dr. Arlene Trolman.

For more information about SNAP, please call (516) 877-4536 or email SNAP@adelphi.edu.

A Look Back...

Annual SNAP Pinning Ceremony 2004

The Annual SNAP Pinning Ceremony, a time-honored tradition, was held on May 12, 2004.



Annual SNAP Banquet 2004

The Annual SNAP Banquet was held at the Woodbury Country Club on May 13, 2004. Students, faculty, and administration from the School of Nursing enjoyed a memorable evening.



Lee Anne Xippolitos Ph.D. '95: The Best Job in the World



“There is no typical day, and that’s what I love about my job,” says Dr. Lee Anne Xippolitos Ph.D. '95, chief nursing officer at Stony

Brook University Hospital. A member of the hospital’s senior executive team, she is responsible for clinical operations

for the division of nursing as well as quality management and patient safety programs, meaning she oversees a personnel budget of \$78 million.

She reports directly to Director and CEO Dr. Bruce Schroffel, who shares her view that the division of nursing is the hospital’s backbone, and that nursing education is crucial to developing a strong division.

Proving her point, Dr. Xippolitos has been a faculty member at Stony Brook University School of Nursing since 1990 and today lectures on leadership, safety, and quality patient care.

Dream Job

Growing up, says Dr. Xippolitos, “I always wanted to be a nurse. My school nurse, Ms. Piper, was someone that I admired. She epitomized the perfect woman.”

Faculty Accomplishments

Dr. Linda Sue Greenfield authored several papers: “Access to Health Care for the Uninsured on Long Island: A Case Study” in *The Journal of the New York State Nurses Association*, 34(2): 9-14, Spring 2004; “STTI 37th Biennial Convention” in *Sigma Theta Tau International Honor Society of Nursing: Chapter News*, Winter-Spring 2004; and “How to Start Moving Towards Health” in the Adelphi online faculty newsletter, *Teaching and Research Forum*, Issue 6, Summer 2004. She also presented “Guided Imagery for Self-Care” at the Sixth Annual Breast Health Conference by the Maurer Foundation for Breast Health, March 2004. In January 2004, she earned the President’s Faculty Development award for her research on the “Reduction of Medication Errors and the Use of PDA Technology.” In addition, she is soon to release her research on “The Use of Dimensional Analysis as a Method of Medication Dose Calculation to Reduce Medication Errors.”

Dr. Marybeth Ryan was the recipient of the First Annual

Award for Excellence in Nursing Education from the Alpha Omega Chapter of Sigma Theta Tau International, May 2004. She presented a poster, “The Development of Nursing Research Self-Study Modules” at the National Association of Clinical Nurse Specialists National Conference in San Antonio, TX, March 2004.

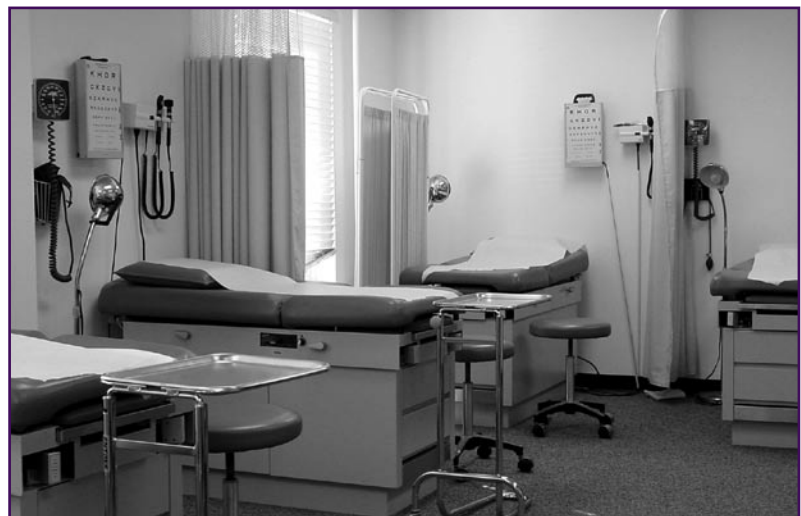
Dr. Kristine Qureshi published “Effectiveness of an Emergency Preparedness Training Program for Public Health Nurses,” with K. Gershon, R. Calero-Breckheimer, A. Merrill, J. Murrman, M. Gebbie, and K. Moskin, *Family Community Health*, 2004, 27(3):244-51. She presented “Basic Emergency Preparedness Competencies for First Responders” at the National Fire Protection Agency: World Safety Conference and Exposition, Salt Lake City, Utah, May 24, 2004. She also co-presented the “Healthcare Workers Ability and Willingness to Report to Duty During Catastrophic Disaster” at the 2004 National Disaster Medical System Conference, Dallas, TX, April 20, 2004.

Dr. Elaine Pasquali presented “Laughter and Prevention of Caregiver Burnout” at an Alzheimer’s Group in Huntington on August 4, 2004.

Dr. Lorraine Sanders received her D.N.Sc. (Doctorate of Nursing Science) after successfully defending her dissertation in December 2004. She presented a poster titled “Factors Associated with Depression Screening of Women by Certified Nurse Midwives” at the Eastern Nurses Research Society in New York City, April 2005. The poster has been accepted at Sigma Theta Tau’s 16th International Annual Research Conference in Waikoloa, Hawaii and at the Academy Health in Boston.

New Lab Opens for Students

During winter break, the walls came tumbling down in the space that formally occupied Alumnae Hall 100-102. The space was transformed into a beautiful, modern, and much needed nursing assessment lab. An important and substantial part of the nursing curriculum involves hands-on laboratory experience. With the School of Nursing’s growing enrollment, the creation of the new lab is just one of many improvements we have made to help our students receive an optimal learning experience.



Welcome to New Faculty

Elizabeth Cohn joined Adelphi University as a full-time assistant professor in September 2004. She received her B.S.N., M.S.N., and Nurse Practitioner at the State University of Stony Brook. She is a dual board certified Nurse Practitioner in Adult Health and Acute/Critical Care. She has been inducted into the Center of Excellence at North Shore University Hospital for three consecutive years and was nominated this year for *The New York Times* Nurse of the Year Award. Professor Cohn is currently teaching in the undergraduate program in the School of Nursing.

Christine Coughlin joined Adelphi University as a full-time associate professor in January 2005. She received her B.S.N. from Adelphi University, an M.A. in nursing administration from New York University, and an Ed.D. in organization and leadership from Teachers College, Columbia University. Before coming to Adelphi, Professor Coughlin held a position as vice president for Patient Care Services and chief nurse executive at New

York United Hospital in Westchester. Professor Coughlin is currently teaching in the undergraduate and graduate programs.

Mary Hickey joined Adelphi University as a full-time assistant professor in January 2005. Before joining the Adelphi faculty, Professor Hickey taught full-time at CUNY Hunter College. She holds a B.S. from Georgetown University, an M.S. from Adelphi University, a post-master's certificate from SUNY Stony Brook as a women's health nurse practitioner, and is completing a Doctorate of Education at Dowling College.

Karen Pappas has more than 20 years in the clinical setting, with experience ranging from critical care to management and staff development. She was a founding staff member and executive director for *Nursing Spectrum*. Her plan is to offer myriad educational opportunities for R.N.s that satisfy all areas of interest including the international nursing community.

Kristine Qureshi, R.N., D.N.Sc. has a doctorate in nursing science and is currently an assistant professor of community health nursing at the Adelphi University School of Nursing. She has 30 years of healthcare experience, including 15 years as a senior level emergency department and critical care manager. She is currently working on developing a Master of Science in disaster nursing and emergency management.

Sharon Sussman joins us as coordinator of clinical and community affairs. Sharon is an alumna of the School of Nursing. She started her nursing career at Winthrop University Hospital in an orthopedic surgical unit. She completed her M.B.A. in accounting at Adelphi and is a CPA. She worked in public accounting for a number of years before returning to nursing where she worked at both Long Island Jewish and Mercy Medical Centers.

Attention all Registered Nurses and Nursing Students

By: Krystyna Paech, R.N.C., non-faculty adviser and School of Nursing Webmaster.

Did you know that Sigma Theta Tau International Nursing Honor Society, Alpha Omega chapter, has a Web site? Alpha Omega executive board members recognized that a direct link between our local chapter and all its members needed to be established. You can find us at <http://adelphi.edu/~sttiao>.

We encourage all our members to visit the site and submit any articles, suggestions, or letters to the editor via email.



Calling all Nursing Alumni!

We'd Like To Hear From You!

It is always exciting to read news about former classmates and catch up on their achievements. We encourage you to fill out the following alumni form and allow us to publish your news in our next newsletter.

Name: _____ Name at graduation, if now changed: _____

Degree(s) and year(s) of graduation: _____

Home address: _____

Home telephone: _____ Email address: _____

Employer: _____ Title or position: _____

Business address: _____

Business telephone: _____

Tell us about your professional activities, special projects, or personal news: _____

Thank you for taking the time to respond. Please return the form to:

Office of Alumni Relations
Adelphi University
207 Levermore Hall
Garden City, NY 11530

If you prefer, you can email the information or any questions to alumni@adelphi.edu or call the Office of Alumni Relations at (516) 877-3470.

➤ continued from page 4 *Lee Anne Xippolitos Ph.D. '95: The Best Job in the World*

"In addition, I know I have the best job in the world because I'm able to influence the patients' and nurses' worlds," she says.

Now, she is admired by—and goes out of her way to encourage—those just starting out in the field.

To address the region's troubling nursing shortage, she develops partnerships with area nursing schools. One particularly successful program is the hospital's Nurse Residence Program, a one-year paid leadership program for new baccalaureate students, which gives students a realistic preview of the profession and helps them develop key clinical skills and confidence.

"I'm proud to say that four students from Adelphi will graduate in May," she says. "I heavily support Adelphi's mission and encourage students to take advantage of the program. It's rewarding to be a mentor and play a significant role in someone's professional career."

Her Ph.D. Journey

Five years after receiving her M.S. in nursing from Stony Brook, Dr. Xippolitos jumped at the chance to complete her Ph.D. at Adelphi. A little encouragement from her husband, George, an Adelphi alumnus, also helped. She continued to work full-time at the hospital while in school.

"I came to Adelphi with a strong foundation but was challenged even further," she says. She praises the "rigorous and structured nursing program" and explains that it made her "a more creative thinker," able to assess difficult situations from multiple angles, no longer seeing them as insurmountable problems.

During her five-year Ph.D. journey, she found faculty and administrators willing to go the extra mile to challenge, inspire, and support her. She particularly remembers struggling through an advanced statistics course and expressing her concerns to the professor. She'll

never forget his response: "You put all these obstacles in your path. How are you ever going to succeed?" Initially shocked, she took his comment to heart and by the end of the semester earned an A.

"Everyone is bright when they enter a nursing program. The key to surviving is to persevere," she says.

Biggest Achievements

In 2001, Dr. Xippolitos was presented with the Nursing Leadership Award from the nursing honor society, Sigma Theta Tau International, Kappa Gamma Chapter.

She has earned the praise, but finds equal, if not greater, personal pride in her own family. "I'm very lucky to have a supportive husband (George), two children (Kristin and Kristofer), and three grandchildren (Emma, Kate, and Sara). I was able to balance family and career and that's important," she says.



NONPROFIT
ORGANIZATION
U.S. POSTAGE

PAID
ADELPHI
UNIVERSITY

For additional admissions information call (516) 877-3050, visit our Web site at <http://admissions.adelphi.edu>, or email us at admissions@adelphi.edu.

To request information from the School of Nursing, please email:

The Undergraduate Office at undergradnursing@adelphi.edu

The Graduate Office at gradnursing@adelphi.edu

Please include specific program requests, as well as your name and complete mailing address.
