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The Voice of the Students

Volume 80, Issue 2

### Over 100 Meet for Presidential Debate Watch Party and Name Their Winner

#### BY JOSEPH D'ANDREA

Over 100 Adelphi students of various majors and years joined a watch party in Blodgett Hall room 109 for the presidential debate between Vice President Kamala Harris and former President Donald Trump on Sept. 10.

The event was organized by Stephanie Lake, an associate teaching professor of sociology and director of the criminal justice program, and Traci Levy, an associate professor of political science and international relations and director of gender and sexuality studies.

The September debate followed the one on June 27 that saw Trump and President Joe Biden exchanging ideas and insults. Since then, there was a failed assassination attempt on Trump, Biden suspended his campaign for reelection, and Harris accepted the Democratic nomination for president. This debate was not only the first time Americans were able to see Harris and Trump go head-to-head; it was also the first time the two nominees met in person.

For many voters, their minds are already made up about whose name they'll

be checking off on Nov. 5. But for some college students who will be participating in their first presidential election—regardless of which side they align with more—liv-

Before the debate began, the professors made sure that the students who gathered in the classroom were getting the most out of the evening. To educate about



Students gathered in Blodgett Hall to watch the two nominees speak in front of the nation. A majority of students polled at the event said that Vice President Kamala Harris "won" the debate. Photo by Joseph D'Andrea

ing through such a consequential election is especially exciting, and student interest was shown on debate night. fact-checking and misleading information, each student was handed a "New Continued on page 4

### Adelphi Community Expected to Comply with Nassau County's Mask Ban

#### BY JOSEPH D'ANDREA

The Mask Transparency Act, which prohibits the use of masks and facial coverings in public places, with certain exceptions, was signed into law on Aug. 14 by Nassau County Executive Bruce Blakeman. The county legislature passed this act with the primary goal of addressing street crime, stating that masks and other facial coverings "are often used as a predicate to harassing, menacing or criminal behavior."

"[T]he primary purpose of this law is to prohibit the wearing of masks or other facial covering in public unless such mask is worn for the purposes of protecting the wearer's health or safety or for religious or celebratory purposes," the law reads.

Blakeman's office said the law addresses increased crimes committed by people using facial coverings to conceal their identities since the normalization of mask wearing during the Covid-19 pandemic.

Since the university is located within Nassau, students are impacted. Sentwali Bakari, vice president for

Student Affairs and Diversity Equity
Inclusion and Belonging, said: "Adelphi
University must follow Nassau County's
new law, which allows for medical and
religious accommodations and we expect
our students to comply. This is a crucial
part of our community's responsibility. I understand that some politicians
are challenging this law. However, until
a change occurs, our campus community is expected to comply. We will
continue to educate members of our
community about this law and make



Nassau County's mask ban makes wearing face coverings in public illegal unless used for health, religious or other celebratory reasons. Photo from Pexels

sure they understand their rights."

James Francis, executive director of Public Safety and Transportation, agreed, adding, "If a situation arises, Student Life and Public Safety will work together to ensure that any student who may potentially be in violation is aware of this law and any other applicable laws that affect their demonstrations. Our goal is to keep all of our students safe."

The law clarifies that it is meant to target those who are masked in which their "face or voice is disguised with the intent to conceal the identity of the wearer." Violators of the law will be guilty of a misdemeanor, punishable by a fine of \$1,000 or a year in prison or both.

Understandably, some students are confused by the implications of this law on the Garden City campus, particularly those who want to peacefully protest a political or other cause.

"It's tricky because I do understand why the government would want to do that," said first-year nursing student Jaspreet Kaur. She said she'd be against the policy "if it's used to harm civilians by not allowing them to wear it

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### Resident Students Request Renovations

BY ARPAN JOSAN

Adelphi University has seven residence buildings on campus: Chapman Hall, Earle Hall, Eddy Hall, Waldo Hall, Linen Hall, Residence Hall A and Residence Hall B. According to the university website, each comes fully furnished with free Wi-Fi, lounges with kitchens and access to events in your designated hall. With students now a month into living in their dorms, many have expressed their desire for new renovations to be put in place. These changes include the shower curtains being more secure, all the residence halls having elevators—currently only Res A, Res and Earle Hall have elevators—and bathrooms being cleaned properly.

Even though there are no plans for immediate renovations concerning the bathrooms, Carol Ann Boyle, vice president of facilities and information technology, said, "Our team is committed to maintaining and improving these facili-



Eddy Hall is one of the resident halls where students want elevators to be installed. Photo by Arpan Josan

ties as part of our ongoing maintenance efforts. We regularly conduct reviews and perform necessary repairs to ensure all facilities are functional and safe."

Resident students voiced their opinions on what changes they would want to see in the future. These included improvements regarding their shared bathrooms, their dorm rooms and their resident building.

Gaby Saravia, a sophomore social work major who resides in Waldo Hall, said, "I would want new shower curtains for the bathrooms because they are not secure."

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### A Word from the Editor

Happy fall, Panthers!

If there's one thing that you'll get from the articles we have in our second issue of the semester, it's that there's always something happening at Adelphi and students who want to make their voices heard about it all. And if that isn't enough for you, there's always national news, which sometimes finds its way to our own campus.

In this issue, we have a good deal of articles covering current events, from the conflict in the Middle East, to more local issues and recaps about the current election season. If all the division understandably puts you down a bit, don't worry. We have some uplifting features about teamwork and organizations that bring students together, too.

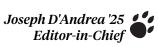
Interested in hosting your own podcast? You can join AU PAWS Radio, which has restarted after a few years-long hiatus. But if you want to learn more about them before sitting in front of a microphone, read our feature on page 5. We also have some pieces that might bring subjects you didn't know about to your attention, like the article about "ghost jobs" on page 8 and a breakdown of the Chevron Deference on page 9. I know that I learned a lot while editing this issue.

For those looking to keep up to date with culture and trends, this issue has an article about AI music on page 8 and, just in time for the new season, some tips about fall fashion on page 6. There are also always professors at Adelphi who have something noteworthy going on, too, with this issue featuring Professor Peggy Cassidy's new special topics class and Professor Brittany Baldwin's art exhibit, which can be seen on pages 4 and 6, respectively.

In our sports section on pages 11 and 12, we have two soccer-related articles about our university's men's team and the women's club team, as well as a round-

the women's club team, as well as a round up of our players' accomplishments.

As always, our writers and editorial staff deserve a big thanks for making our paper be informative and creative, and thank you for reading! Make sure to follow our Instagram, @ the\_delphian, for updates about the paper.





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### Resident Students Request Renovations

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Gaby Bernier, a sophomore nursing major and Waldo Hall resident, said "I want air conditioning in all the dorms since only some floors have them."

Bob Shipley, assistant vice president of facilities management, discussed the reason for the disparity.

"The older Res Halls were originally three-story buildings with heating systems only. These buildings [Earle, Waldo, Chapman, Linen, Eddy] date back to the 1950s and '60s, a time when fully air-conditioned facilities were not yet commonplace. When the fourth floor additions were built in the late 1980's, air conditioning was added to the new rooms."

Even though there are no largescale renovation plans in regards to the bathrooms, Boyle mentioned a five-year deferment plan when it comes to long-term renovations.

"This plan prioritizes upgrades based on urgency, impact and available funding. While specific details about bathroom renovations are still under discussion, the plan does address the aging infrastructure in some of our older residence halls," she said. "The bathrooms, like other aspects of these facilities, are included in the scope of future improvements."

The aim is not only to improve the

bathrooms but also other areas as well: overhauls of existing HVAC systems, improvements to common spaces such as kitchens and lounges, and improved accessibility. Boyle added that these improvements are not in the planning phase, but student input is important.

Boyle is open to having a conversation about students' concerns and coming up with solutions and touring the dorms with students to identify existing problems first-hand.

"We appreciate the feedback from our students and want to reassure them that their voices are heard. We are committed to working collaboratively to create a living environment that meets their needs and enhances their overall university experience," Boyle said.

If students have questions or concerns regarding maintenance, they can submit a ticket at www.adelphi.edu/it-services/maintenance-repair-requests. They can also discuss with their RA or assistant director for their building, or email housing@adelphi.edu for further assistance.

"The Office of Residential Life and Housing, along with the facilities and information technology departments, continually assesses the needs of our residence halls to ensure they provide a comfortable and conducive living environment for our students," Boyle said.

# Adelphi Expected to Comply with County's Mask Ban

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in public spaces. If it's for a rally or a protest and they're wearing masks to prevent themselves from being caught from whatever they're doing, I agree with the government on that side. But if it's just in the regular public, I don't agree with the government and what they're doing with that bill that was passed."

Junior psychology major Ilan Greenblatt said, "I think that if you're protesting, the goal is to be seen. What's the point of being a nameless, faceless protester? Protesting is about advocating. It's about putting yourself out there. And I feel like covering your face kind of defeats the purpose a little bit."

As far as enforcement, the task may seem difficult without overstepping boundaries. Despite the law's positive intentions, its permittance of law enforcement officers to "require a person or persons to remove the mask during traffic stops or when the officer has reasonable suspicion of criminal activity and/or intention to partake in criminal activity" runs the possibility of generating more controversy surrounding the police, even if they're simply abiding by protocol.

The provisions continue, declaring that an individual wearing a face covering can be considered an offender if they "[remain or congregate] in a public place with other persons so masked or disguised, or knowingly permits or aids persons so masked or disguised to congregate in a public place;" acts with the intent to intimidate, harass or harm others; or "is engaged in conduct that could reasonably lead to the institution of a civil or criminal proceeding against her or him, with the intent of avoiding identification in such a proceeding."

Bakari said that Student Life and Public Safety will meet with any group filing a demonstration request to ensure their demonstrators understand and comply with the mask ban and university policies.

A month after the act was signed into law, Adelphi's chapter of Students for Justice in Palestine (SJP) held a divestment protest in front of the University Center. They delayed their protest by a week in part so they could understand if they'd be impacted by the ban.

SJP president, sophomore Hayaa Beig, dismissed the county's ban as an attack on constitutional rights. "Our day of action demonstration was held solely in solidarity with the people of occupied Palestine. However, we are not afraid of standing against the fascist, racist and wholly unconstitutional mask ban." & Additional reporting by Hussein Ali Rifath

### Students for Justice in Palestine and Panthers for Progress Co-Host Israel Divestment Protest

#### BY CELESTE ARBELAEZ

Adelphi's chapter of Students for Justice in Palestine (SJP) and Panthers for Progress held a joint protest in front of the University Center on Thursday, Sept. 12. The organizations called for the university's complete and total divestment from Israeli goods and services, as well as any investments it may have made in companies connected to Israel. This comes just five months after SJP's first divestment protest, which took place on April 29.

Both organizations took to Instagram to inform the community in advance about their plans to demonstrate. In their post, they outlined four demands: 1) the disclosure of all the university's financial records; 2) divestment from any and all companies they deem complicit in what they consider to be the genocide of the Palestinian people: 3) the reform of the university's hate speech policies, student code of conduct and department procedures; and 4) the removal of all Israeli flags currently present on campus. The two groups also encouraged participants to be aware of Nassau County's recently passed mask ban, which prohibits those engaging in public protest from wearing a mask to obscure their identity. (Refer to "Nassau County Mask Ban" on page 1 for more information.)

The proceedings began in the afternoon when a total of 15 students from both organizations assembled before the front entrance of the University Center. Within minutes, a crowd of roughly 20 onlookers gathered beside the Hage-

dorn Hall of Enterprise. The first speaker at the protest was a sophomore ethics and public policy major, Hayaa Beig, the president of SJP. She explained the rationale behind the protest's demands.

"We want to assure that none of our hard-earned tuition money is going towards the atrocities that are being committed in Palestine today," she said.

Sophomore nursing major Oliva Landis also voiced her intention to "raise awareness, to get people talking and to get people to educate themselves about the genocide occurring in Palestine right now."

Students had mixed reactions to the demonstration and its message. One passerby, sophomore Benjamin Eppel, took a strong issue with the group's approach.

"I think it's infringing upon peoples' peace, and I don't think it's right with everyone," he said. "It's spreading hate, that's what it's doing."

Zeantae Wilmot, a second-year student, disagreed. "I don't think it's hateful. They're not really saying anything hateful. They're just chanting for what they believe in, and it's not anything too crazy."

Lyudmila Byzzheva, an associate professor of bilingual and multicultural education in the College of Education and Health Sciences, saw the demonstration as an opportunity for more dialogue about the conflict. "Read what you see," said Byzzheva. "What do you see? What do you hear?"

She continued, "Our university has not taken a stance, has not addressed the students, and has not, to my knowledge,

organized any forums to bring people together to talk about the US sponsored extermination of human beings. I would be willing to be in a well-moderated space with people of oppos-



Students for Justice in Palestine and Panthers for Progress protested outside the UC on Sept. 12, demanding changes on campus.

Photo by Celeste Arbelaez

ing views. But, to my knowledge, we have not had such a space. Why not?"

However, according to Sentwali Bakari, vice president for Student Affairs and Diversity Equity Inclusion and Belonging, Adelphi University has publicly denounced anti-semitism, anti-Muslim sentiment, violence, terrorism and intolerance in all its forms.

"Members of Adelphi's administration have engaged in ongoing conversations with the Students for Justice in Palestine before their demonstrations and met with the group in May 2024 to discuss the group's requests. Adelphi continues to keep the lines of communication open with all student groups, including SJP, and any concerned student or parent," he said.

In addition, during the week of Oct. 21-25, Adelphi will host its second annual Freedom of Expression Symposium. Bakari said this five-day event aims to facilitate meaningful discussions and promote an understanding of freedom of expression, particularly in a university setting.

For Beig, organizing demonstrations is part of a life-long passion for activism.

"It's always been something that is close to my heart," she said. "I do believe that it's a matter of human rights, and it's a matter of humanity and standing up for justice. I think that should apply to everyone. And I think that Palestinian liberation is one of the most important things and it's also the first step to collect liberation for everyone in places like Sudan, the Congo, Kashmir and Hawaii."

She said she was satisfied with the turnout at the Sept. 12 event and was proud of the efforts made by both her group and Panthers for Progress. "We had a lot of people looking on, so hopefully, we were able to spread the message about Palestinian liberation and collective liberation," she said.

The organizations stated that they are going to continue to spread their voices and awareness. (See the article by Emily Hakimian, president and founder of Students Supporting Israel on page 10.) & Hussein Ali Rifath contributed to this article

## Gen Z Takes Center Stage: The Impact of Kamala Harris's Nomination on Young Voters

#### BY KYLE ARJOONSINGH

On July 21, President Joe Biden announced that he would not seek reelection and endorsed Vice President Kamala Harris as his successor. Harris made history as the first woman of Black American and South Asian descent to lead a major party ticket. Her nomination has energized Gen Z voters across the country, including many at Adelphi University, where the upcoming election will mark the first presidential vote for many students.

For Gen Z, representation is a critical issue. This generation, more than any before it, is incredibly socially aware. They have grown up in a world where sensitive issues such as race, gender and identity are front and center in national discourse. Harris, as a woman of color with a multicultural background, embodies the values of inclusion that resonate deeply with the younger generation.

According to the Center for Information and Research on Civic Learning and Engagement, more than 40 million members of Gen Z will be eligible to vote in the upcoming election, making up almost 20% of the electorate.

Among them is Jocelyn Herrera, a junior psychology major at Adelphi who will be voting for the first time in the upcoming presidential election on Nov. 5.

"I've always felt that my vote didn't matter much, but now, with Kamala Harris being the nominee, I feel like there's a real chance for change," Herrera said. "Her nomination makes me feel like my voice and experiences as a person of



Harris's rise to the top of the Democratic ticket is not only breaking barriers, but is also redefining leadership in modern American politics.

Photo from Wikimedia Commons

color are finally being acknowledged."

Harris's campaign has capitalized on this enthusiasm, with numerous rallies and social media posts targeting younger voters. Her campaign has enlisted the support of many pop culture icons that connect with younger generations, from Charli XCX to Megan Thee Stallion.

"There was no doubt that Harris resonated with younger voters," said Maggie Gray, associate professor of political science. "Harris had the advantage of a short campaign, fueled by excitement and energy. This energy, especially in social media, caught the attention of Gen Z."

"I think social media is a powerful tool, and she has certainly utilized it to garner the support of other young voters," said Sara Held, a second-year political science major at Adelphi, who will also be casting her first vote in this upcoming election.

Following the Sept. 10 presidential debate between Harris and former president Donald Trump, the vice president received a notable endorsement from Taylor Swift, who announced to her nearly 300 million Instagram followers that she would be voting for Harris in the upcoming election. Her Instagram post resulted in a surge of more than 400,000 visits to vote. gov within 24 hours and saw an increase in voter registrations by nearly 30,000.

The following day, during MTV's 2024 Video Music Awards, Swift reinforced her message by urging viewers to register to

vote. While accepting the award for "Video of the Year," she said, "If you are over 18, please register to vote for something else that's very important, the presidential election."

This endorsement is particularly significant given Swift's influence on this current generation. Her widespread appeal and her ability to engage young voters is crucial to the election process.

"I think it is very inspiring that celebrities are becoming more open with their political beliefs," Herrera said. "It humanizes them."

The energy and engagement of younger voters are set to be pivotal in the 2024 presidential election, with Harris's candidacy catalyzing their increased participation. On campus, initiatives like Adelphi Votes are working to boost voter education and turnout among students.

As Gen Z embraces the opportunity to have their voices heard, their involvement is transforming the political landscape. With young voters poised to make a substantial impact, the upcoming election promises to be a defining moment in American politics.

The deadline to register to vote in New York is Oct. 26, and if you're an out-of-state student and may need to do so earlier. Visit vote gov for more information.

### Let's Talk About It: Adelphi's New Course About Discourse

#### BY SKYLAR DORR

The atmosphere on college campuses has become a bit tense recently, and it has everything to do with discourse and demonstrations. As major world events make their way to campus conversations, it's not uncommon to find that students are becoming more vocal about their opinions on certain matters, and it can cause some pretty heavy debates.

As of this semester, a new communications course is being offered at Adelphi titled "Let's Talk About It: Inter-Personal Communication, Free Speech and Campus Conversations." This class gives students an opportunity to participate in tough conversations with fellow peers who may or may not disagree with them, and also allows them to learn how to comfortably participate in discourse.

"The idea for it came out of some conversations in meetings that I was attending last winter," said Communications Professor Peggy Cassidy, who is currently teaching the course. "That got me into conversation with [Assistant Vice President of Student Affairs and Dean of Students] Joseph De Gearo."

As demonstrations for various causes were taking place on college campuses around the nation, Cassidy became interested in whether Adelphi itself was doing their part in putting people with different perspectives in dialogue with one another, which is something that De Gearo was also interested in.

"Developing this class was a way for me to connect faculty expertise with this experiential opportunity that I wanted to provide, which was helping students understand and practice freedom of expression," De Gearo said.



Communications Professor Peggy Cassidy giving a presentation at the IGS Seminar 2024 in London. Photo provided by Peggy Cassidy

The course plans to include the study, practice and eventual implementation of various communication theories and concepts, such as the aforementioned interpersonal communication and conflict resolution, but also verbal and non-verbal communication and general semantics. While that may sound complex, it's simply an amalgamation of different ways to exchange information with others and learning to be more open to the ideas and thoughts of other people, even if it

Some students, like junior communications major Riki Cohen, have found that even though they didn't know what to expect initially, the class has exceeded expectations.

doesn't align with your own views.

ing your mind," Cassidy said, "but at

least being open to the possibility that

we could refine our views by listening

"It's not always about chang-

"So far, the content has been engaging and useful to not only today's time but in regards to past history as well," Cohen said. "I think it's important to learn these lessons and tools before entering the real world to ensure you're educated and respectful when engaging with others."

There are also plans and preparations to integrate the course with demonstrations occurring on campus.

"I do want to take advantage of whatever might be happening on campus," said Cassidy, "just to see how the people involved with them try to engage with whoever's walking by... to take that step out and see how people reach out to others."

Earlier this month, students taking the course were invited by Cassidy to observe a demonstration held outside of the University Center by the Panthers for Progress and Students for Justice in Palestine, so as to get a glimpse into how a demonstration is run.

According to De Gearo, getting students in an environment like this to observe campus demonstrations is a great case study opportunity for them.

"It'd be great to get students in the class to observe one of these events, and look for opportunities to evaluate or dissect what they're looking at," he said. "Then you get to have conversations about how, for example, the rhetoric the protesters are using impacts the event itself."

Though the class is currently taking place this semester, there are in fact plans to either continue this course in the future or implement other courses that deal with similar content. So it's not too late to keep an eye on new communications classes on the horizon that'll teach you a thing or two about how to hear people out and be heard in return. &

### 100 Students Met for Presidential Debate Watch Party

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York Times" article titled "Politicians Can Bend the Truth. Here's How We Bend It Back." Professors Lake and Levy spoke on the importance of these topics and asked the crowd questions about the purpose of debates, why voters should stay informed and general expectations for the night.

The students were polled pre-debate on different topics: 60% said they were firmly decided on which candidate they support; 16% were leaning towards one over the other and 18% were undecided. Prior to the two candidates walking on stage, students were posed with who they were predicting to "win" the debate, with 57% choosing Harris, 29% picking Trump and the remaining 14% being unsure.

After the debate, more students were impressed with Harris's performance, with her numbers for the "winner" poll jumping to 78% after the debate and Trump's dipping to 18%.

Sophomore Paulette Leune was in the majority camp. A cognitive neuroscience major and biology minor in the Honors College, Leune is the president of Accessible Community Centered for Empowering Student Success, a student organization focused on disability and accessibility awareness, empowerment, advocacy and education.

"I appreciated each question that the moderators brought up but did not appreciate the obfuscation and runaround that both candidates did, although Trump was worse with flat-out refusing to answer questions like that about the outcome of the 2020 election," she said.

Leune voiced her concerns about the nationwide reaction to the upcoming election's outcome; the 2025 Presidential Transition Project commonly referred to as Project 2025 from the Heritage Foundation, a conservative think tank based in Washington, D.C.; and the securing of rights for those with disabilities and part of the LGBTQ+ community.

"The decision comes down to who would I rather fight for justice under," she said.

Janae Raymond, a sophomore business management major, was left uncertain about which candidate got the best of the other during the debate.

"I feel like the debate could've gone slightly better," she said. "The moderators could've asked better questions and there was a lot of back and forth."

Raymond noted that gender may play a role in the election's outcome due to the prominence of reproductive rights during this election cycle, as well as race, saying it will "determine people's opinions on them based on pre-assumed assumptions."

Syd Drane, a first-year student majoring in criminal justice, had hoped that the conversation would delve deeper into specific policies, especially with issues like climate change and those related to the Second Amendment. "At the end, they just started

attacking each other, which makes sense when the two sides are so far left and right, but I think they could've talked about more."

Sarah Eltabib, an associate teaching professor in the General Studies Learning Community & Levermore Global Scholars Programs, also helped out at the event. She acknowledged the positives and negatives



Adelphi professors provided electionthemed snacks to go along with the political prizes that were given out to "debate bingo" winners.

Photo by Joseph D'Andrea

the country experienced under both the Trump and Biden administrations. Although uncertain about who "won" the debate and who will come out on top in November, Eltabib said Harris's chances can benefit from her optimism and appeal to the younger voters and immigrant communities.

"It's hard to figure out what's going to happen," Eltabib said. "I think, unfortunately, that the media—especially social media—has killed our elections, completely changing the way we vote... But I was happy to see all the thoughtful students from my class who showed up tonight."

Lake also commented, saying this new matchup energized the election, making it look more like a contest than when Biden was still in the race.

Dean Theodosiou, a parent of an Adelphi student, also attended the watch party.

"Usually, people who watch the debates want to see their team win," he said. "They're not there to be convinced. I think those days have long gone. Right now there seems to be no end in sight with respect to the division and that's a sad thing. But you see this is why it's important to have a forum in a place like Adelphi and other colleges to open up in a safe place different ideas where they could be discussed and evaluated, and that's where the persuasion could take place."

To keep things interesting, students also played along with debate bingo, with squares reading phrases like "I'm speaking," "Kamala laughs," and "candidate accuses the other of lying." Prizes were given out to winners, including political and historical mugs, pins, finger puppets, masks of former presidents and pocketsized Constitutions. There were also "Vote" cookies, cupcakes, candy and other treats for students as they sat back and watched the candidates verbally duke it out. & Additional reporting by Hussein Ali Rifath and Celeste Arbelaez

### PAWS Web Radio Makes Triumphant Comeback

#### BY HUSSEIN ALI RIFATH

AU PAWS Web Radio (PAWS), Adelphi's official student-run radio station, is returning to campus after three years of inactivity. The station, which was first established in 1972, has gone through various periods of inactivity, and last went dormant with the onset of the Covid-19 pandemic. This year, it is being brought back by the her first day on campus, she was shocked to tune into 90.3 FM (the station's traditional frequency) only to be greeted with static. PAWS had become defunct in fall 2022 after most of its leadership graduated from their four-year programs. Upon closer inspection, Fawad came to learn from school officials that PAWS was not even registered as an official student organization. She visited the station's studio, located in the Earle Hall basement, only to find that it



Members of PAWS Web Radio during a recording session. From left to right: Joanna Karpiel (public relations secretary), Maci Bell (vice president), Tayla Leahy (VJ), Salma Elmoneim (DJ) and Errah Fawad (president). Photo by Errah Fawad

initiative of nine Panthers focused on building an organization that will have a lasting presence in the Adelphi community.

For Errah Fawad, the president of PAWS and a second-year neuroscience major, it has been a long time coming. Fawad learned the importance of radio from a young age while playing with antiques she inherited from her grandfather.

"Although I never met him," she said, "he introduced me to a beautiful world of electronics that set off a spark venture into the world of radio."

When Fawad was an incoming freshman, she was excited to learn that Adelphi had its own radio station. But when she arrived for

was abandoned and in a state of disarray. As a Student Government Association senator, she decided to take the matter into her own hands.

Fawad assembled a provisional e-board with other like-minded students, such as Maci Bell, a second-year psychology major who is serving as PAWS' vice president.

"I came to Adelphi under the impression that there were a lot more clubs than there are, and one of the ones that I saw when I was researching clubs was the PAWS Web Radio station. I've always been interested in something like this," said Bell.

After taking the bureaucratic steps necessary to have PAWS reinstated as an official student organization, the group successfully

lobbied for the university to renovate its studio with up-to-date equipment. Having taken the necessary steps to stage their comeback, the group has begun producing programming.

"Right now, we're working on starting to record," said Bell. "We have currently established nine shows. For now, students will be able to tune into prerecorded programming asynchronously using Spotify. The group plans to begin live radio transmission in the near future."

Kiara Chan-Arena, a transfer student, is excited to witness the return of radio to Adelphi.

"I went to three different schools before Adelphi," she said. "All three of them, New York University, Hunter College and Nassau Community College, all had their own radio stations. I do sometimes prefer to listen on my own time, as most people do, but I also think it's really good to tune in live because it has a more life-like aspect to it. It's more enjoyable when you see people who are speaking their thoughts as they come unfiltered without editing, which is what I love about radio."

Chan-Arena sees potential for innovative programming: "I'd like to see pranks where they [PAWS] go investigating people cheating. I'd like to hear the stories there, 100%, but only if the names [of those involved] aren't shared. It has to be done ethically," she said.

Fawad and Bell will be co-hosting a show called "Talk to Me," where they will be discussing everyday life at Adelphi.

"There will be a lot about student life on

campus, which I won't tell you too much about now, but that's for a little synopsis," said Bell.

The organization's e-board has ambitious long-term plans.

"In the future, we want our station to be as involved as WRHU [Hofstra University's radio station], which is the biggest student radio station in the country. We want to have a bigger studio space and we want to have as many people involved. They [WRHU] have a whole building to themselves. That's where we want to get to, theoretically, in the future," said Bell.

Fawad is committed to making her organization a leader in fostering vibrant campus life.

"Our two main objectives are: one, to spark a cycle of curiosity that rejuvenates each incoming Adelphi class with passion and enthusiasm to last their whole collegiate lives, and two, for the organization to thrive long after my e-board and I have graduated," she said. "In today's social and political climate, the existence of a radio station is integral. We hope that the station can become a safe space, where students of all backgrounds can make friends and initiate projects that promote creativity, collaboration and innovation. We at PAWS Radio represent the student body's voice, and we hope to embody their fiery spirit and unleash it into the frequency of the world."

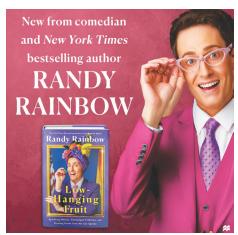
Information for shows are available at PAWS' Instagram page, @adelphipawsradio, and you can learn more about the club on MyAULife.

### Upcoming Event: Comedian Randy Rainbow's Book Talk

BY JOSEPH D'ANDREA

Comedian Randy Rainbow is going to bring his savvy social commentary to Adelphi's Performing Arts Center on Oct. 6 at 3 pm, as a part of the Long Island LitFest.

Rainbow, a four-time Emmy- and Gram-



Comedian Randy Rainbow will appear in the PAC on October 6.

my-nominated comedian, actor, singer and writer is best known for his popular series of musical parodies and political spoofs, which can be seen on his self-named YouTube channel.

While writing his previous New York Times bestselling memoir, "Playing with Myself," Rainbow saw the current political scene in America and decided to add his two cents in his new essay collection, "Low-Hanging Fruit: Sparkling Whines, Champagne Problems, and Pressing Issues from My Gay Agenda," which he'll be discussing at the PAC.

The talk will center on Rainbow's new book and will be moderated by humor writer Barry Dougherty, along with an audience Q&A session.

Long Island LitFest is offering students a \$20 ticket to the event with a copy of "Low-Hanging Fruit." A limited number of \$75 VIP tickets will also be available for post-talk photo ops with Randy. For more information, head to the PAC box office or view the talk's details on Adelphi's events page. Tickets are on sale now.





### Brittany Baldwin Holds Solo Exhibition at A.I.R. Gallery

BY MARIAM DZADZAMIA

Brittany Baldwin '13, a professor of drawing at Adelphi, recently debuted her solo exhibition at A.I.R. Gallery in Dumbo, Brooklyn, which ran from Aug. 3 to Sept. 1. Titled "Feedback Loop," this body of work reflects Baldwin's exploration of shape through gesture, combining her mural and studio practices in a new and immersive way.

Inspired by the idea of removing art from the limitations of a single wall, Baldwin envisioned a continuous piece that would span the entire gallery space. What began as a concept for one large-scale work evolved into a project that utilized almost every wall in the gallery, offering viewers a meditative space to engage with.



Brittany Baldwin's exhibit ran from Aug. 3 to Sept. 1 in Brooklyn.

Photo by Matthew Sherman

"I was curious to see how a work would function if it wasn't bound by a single wall," Baldwin said of her project's organic growth. The result was a dynamic installation that captures the fluid relationship between gesture and form.

Baldwin holds an MFA from Pratt Institute and a BFA from Adelphi. Her work has been exhibited at various galleries and institutions, including Pratt Institute, Anonymous Society Gallery and Iona University. In addition to her studio practice, Baldwin has completed numerous public mural commissions throughout New York City, partnering with organizations like the Department of Health and Mental Hygiene, DOT Art and NYC Parks.

Baldwin worked for three months to create the pieces for "Feedback Loop," using acrylic on paper as her primary medium. The linear, scriptlike gestures in her paintings evoke the sensation of written language, an intentional parallel drawn by Baldwin.

"In an age where typing dominates communication, I've become increasingly aware of the importance of handwriting," she said. The installation invites viewers to slow down, experience the rhythm of each brushstroke and reflect on the act of writing itself.

The project's title refers to systems where the output of a process is used as input for future iterations. In this exhibition, Baldwin creates a literal feedback loop between her gestures and the shapes that emerge.

"I initiate the movement and take cues from the gesture to see what comes next," she explained, emphasizing the improvisational nature of her work. This cyclical process generates a

between Baldwin's mural work and studio practice, offering a glimpse into the



Exploring the rhythm of gesture and form, Brittany Baldwin's "Feedback Loop" immerses viewers in a dynamic dance of color and shape. Photo by Matthew Sherman

sense of three-dimensionality as certain areas of the paintings recede while others come forward, giving the viewer a feeling of movement and depth.

Baldwin's technique goes beyond mere mark making: it's an active conversation with her medium, where removing and editing are just as important as adding. Her use of color ranges from bold and punchy tones to quiet and soft hues, creating energetic shifts that elevate the forms she constructs.

To bring "Feedback Loop" to life, Baldwin first applied to the A.I.R. Gallery's open call for exhibitions. Once accepted, she began experimenting with color and sketching her ideas. The final installation featured three of the 10 paintings created during this process. The exhibition serves as a powerful bridge

potential of large-scale, immersive art.

For more information, visit airgallery.org, where details about the exhibition can still be found, reminding us of the beauty in both movement and stillness.



For her project, Prof. Baldwin wanted to see how a work would function if it wasn't bound by a single wall.

Photo by Matthew Sherman

### Spice Up Your Fall Wardrobe With These Fashion Trends

BY LAURA STEINFORT



Fall fashion this year is about building a versatile capsule wardrobe and embracing a classy, modern look.

Photo from Wikimedia Commons

The temperatures are sinking and the leaves around Adelphi's campus are on the verge of changing color. Autumn has arrived but one question might linger: what to wear?

As usual, the fashion world has delivered us a wide variety of

opportunities to be perfectly styled for every occasion and taste this fall season. The great news is that it's likely that you already have most of this season's essential pieces.

This year's fall season is all about building a versatile capsule wardrobe embracing a classy and modern fashion look, but the season also celebrates some comebacks with denim and a bohemian influence. Here are some of the key trends for the upcoming season.

Preppy and corporate chic

Where are all my "Gossip Girl" fans out there? Manifest that fashion sense of the icon Blair Waldorf for this fall season. Andrea Sachs from "The Devil Wears Prada" can also be seen rocking this style, with this option bringing back some nostalgia to resurrect classic looks. Corporate chic is a great opportunity to be dressed for every occasion, combining basic clothes in altering options and incorporating centerpieces into the outfit. It allows you to always look perfectly fashionable and well dressed, adding a feminine touch. Plaid and long skirts

With the summer coming to an end, don't put your skirts in the back of your closet yet. Long skirts are a

great way to give your look that fall-like charm, balancing comfort and elegance. The styling possibilities are endless: pair it classy with a chic blouse or go for more coziness with a T-shirt and cardigan or warm sweater. Besides long skirts, plaid skirts are an all-time staple for the fall, never going out of fashion. So, if you don't already have one, what are you waiting for? Go and purchase this timeless fall essential.

Boot it up

Another classic for the upcoming season are boots. I mean, walking through the rain with flat shoes is not exactly preferable and, besides,



Boots can be both practical and fashionable during the fall season.

Photo from Freerange stock

boots look way more fashionable. The high-knee boots are especially trendy during the fall and can be stylishly paired up with skirts and dresses, but also look fantastic with nice denim jeans. Therefore, investing in a great pair of boots is a must. Trench coat

A trench coat is great for the transitional season, with lots of different kinds you can use to evaluate your style. Particularly in season are cropped trench coats, which give your outfit that additional touch of easiness and coolness, while still letting you look sophisticated.

To match the natural fall colors, earthy tones come in handy. These include rich shades of green, all kinds of brown tones and crème colors like beige. Gray tones are an all-time favorite as well. Whether in clothing or accessories, these shades offer that extra clean component to your homey and refined look. Splash of red

To spice it up this fall, search for your personal red detail, delivering the finishing touch to each outfit. Red—whether it's a bright love red or

Continued on page 7

### **College Nutrition: Making Healthy Eating Choices**

#### BY BOBBY CROSHERE

It's Monday morning and your alarm goes off earlier than you would like. You press the snooze button knowing those 10 extra minutes will cost you a healthy breakfast. The day ahead includes a few classes, a club meeting, a shift at work, not to mention the paper that needs to be written by tomorrow.

For the busy college student, balancing homework, classes and possibly a job, finding time to eat a healthy meal may be challenging. Although food options may seem endless, from Grubhub to Adelphi University's on campus eateries, making the healthy choice may be the hardest to do. Not only can poor eating choices affect your health, but they can affect your wallet too.

Students at Adelphi are faced with the daily decision of what foods to eat. Many factors impact these choices including cost, time and nutritional value. With so many dining options available, making the right eating choices are important. Developing healthy eating habits as a college student can play an integral part of leading a balanced life.

#### Food costs

When selecting food to eat, although you may be aware of what is healthy, it is often the cost that impacts those eating choices. According to a survey of 66 Adelphi students, 77% think it is more expensive to eat healthily than it is to eat unhealthily. In fact, over half of the respondents have avoided buying healthy foods because it was too expensive.

However, the reality may be that students aren't exactly keeping track of how much money they are spending on either option when dining out. As a recent Adelphi business management graduate Ashley Zingale '24 pointed out, "I honestly do not know many students that actively budget. It's easy to swipe a card and forget the money behind it."

Additionally, the survey revealed that 61% say most of the time they choose food based on cost, not nutritional value. Eating healthily does not necessarily mean you have to go

broke. As Zingale said, "Balancing cost and quality is part of operating any company." Just like how various food services balance cost and quality, students must be aware and do the same when making nutritional choices. Planning ahead

While 42% of students on campus rate their overall health as good, an astounding 79% are not satisfied with their diet. While part of these results could be due to the

a week or so on groceries that will last me a good amount of time. The food I get is typically healthy, such as Greek yogurt, berries, cereal, trail mix and things like that. I am also a pretty frugal person so I try hard to budget my money as best as I can." **Eating habits** 

It is important for college students to understand some eating habits could affect your diet. For students who tend to be up late or snack after



College students strive to make healthy eating choices and it may be easier than you think. Photo from Rawpixel

cost of food, a larger reason may be attributed to college lifestyles.

Shannon Shields, a national boardcertified health and wellness coach and functional nutrition practitioner, said it's not as hard to make healthy food choices as college students on the go may think. She recommended preparing healthy food choices in advance of a busy day like hard-boiled eggs, bags of nuts and olives (without seed oils and sugars), various types of jerky sticks, pre-cut veggies, low sugar yogurt and whole fruit.

Adelphi senior nursing major Emma Pappas is proof that planning has nutritional and monetary advantages. "I wouldn't say I spend a lot of money on food, maybe around \$50

hours, there is a possibility of yielding unwanted results. As Shields pointed out, "Your body needs sleep to digest food and repair body systems. If you don't sleep enough and snack throughout the night, your body can't work in optimal condition. Although life as a college student is challenging, perhaps with knowledge comes the ability to make better choices more often."

About three quarters of survey participants reported that Adelphi should play a greater role in providing healthier, more affordable food options. Around 85 percent of survey participants also claimed not to know of any campus resources that help with healthy food options. However, learning to make healthy eating choices on a

budget doesn't need to be complicated. Shields recommends eating whole fruits, vegetables, protein, and healthy fats as part of every meal. Although many students tend to choose foods such as pizza or ramen, Adelphi's eateries offer numerous healthy food selections, and it is up to each student to make the effort to find and pick the healthy alternative.

While healthy options are available on campus, it is not always the easiest choice to make. Trying new foods and being open to new possibilities may allow for greater opportunities to find both affordable and healthy options.

Adopting healthy eating habits is important because it affects not just your body but your overall performance. "We truly are what we eat, and food does have the ability to heal us or harm us," Shields said. "Every system in our body is connected. The way we fuel ourselves affects how we think, how we move, how we feel."

It is never too late to start considering one's health and changing bad eating habits around. Your body needs proper nutrition to reach its full potential. Junior Rossi Romero, a history major in the Scholar Teacher Education Program for adolescent education, has the right idea when it comes to nutrition.

'Personally, I never found it quite difficult to find healthy food options on campus as there are a variety of choices to eat at certain locations." Romero added. "Eating healthy is about finding a balance. It's typically a switch of both. For example, I may eat a salad or sandwich on one day then splurge for something not as healthy on the other day but not often. It alternates throughout each week depending on how I'm feeling."

Eating healthy must be a lifestyle choice. Healthy options are available if vou take the time to look. Survey results point to the idea that healthy eating should be a priority on campus as well as an individual choice. Perhaps Shields said it best: "Making healthy eating a priority is a win for everyone. Healthier eating options for students help to create healthier students which in turn helps to create healthier human beings." (See extra tips at thedelphianau.com.) 🗳

### Spice Up Your Wardrobe With These Fashion Trends

#### Continued from page 6

darker elegant bordeaux red-stands out especially well when paired with more basic or monochrome garments. For some potential inspiration, the petite red could be that of a scarf, purse, shoes or any other upper part. Other red accessories or nail polish to go along with the garments also look nice.

#### Messy braid

For the girls out there, fall also means windy, and of course, a good outfit would not be complete without a fitting hairstyle. This fall gives you a great chance to enhance your outfit with a messy braid. To bring your hairstyle to the next level, tie



A splash of red can make you stand out. Photo from Rawpixel

in a little bow for that extra cuteness, or maybe even a red ribbon. Boho

In case you don't feel that static and bureaucratic in your look this fall, the free-spirited boho aesthetic is experiencing a revival. Boho combines more structures and variations in their looks, and is an excellent alternative to combine more loose and colorful fashion items. When you're an accessory enthusiast, boho is the style for you, integrating all kinds of accessory like hats, long necklaces, funky bracelets and much more. Boho also works great in combination with animal prints.

#### **Animal prints**

Animal prints have been a reoccurring trend for years, with leopard print continuing in its popularity. In case you feel wild this fall, just grab your animal-print clothing and incorporate it into your outfit as your centerpiece. &

See more articles on our website: thedelphianau. com

### AI Music Covers: Stunning Innovation or Copyright Infringement?

#### BY HUSSEIN ALI RIFATH

AI music creation has come a long way and is advancing rapidly. As many artists continue to voice their concerns, AI's world of possibilities continues to prove too enticing for many to resist. Today, we have immense power in being able to use an artist's voice. The question is: do we have what it takes to use it responsibly?

Recent advancements in AI have made it possible to use existing samples of an artist's voice to create new music. YouTube content creators have embraced this technology by using it to create AI covers of songs that the artists — dead or alive — have not sang.

AI covers have captured viewers' imagination and curiosity, but this trend does not come without controversy, with many critics seeing serious implications for art and culture. These covers are made using machine-learning algorithms trained to replicate the sound of an artist's voice using samples of them singing as datasets. As of now, this technology is far from perfect and the quality of the tracks produced varies. AI covers often fail to capture subtle intricacies of a singer's voice, such as how they sing higher notes. There have, however, been cases where the results have been startlingly good, easily passing for original work.

This technology allows content creators to explore untapped musical possibilities. YouTube user Leonyx used voice models of members from the alt-metal group System of a Down to swap lead and backup singers of their signature song "Chop Suey!" The video has been generally received positively, with one commenter writing: "I've never asked AI for

anything, and yet it gives me what I need."

In another video, Leonyx makes the group sing a System of a Downinspired cover of Aqua's "Barbie Girl" by Moonic Productions. The final result



Thumbnail for YouTube user Leonyx's Al cover of the "Chop Suey!" which shows the lead and backup singers of the song being switched.

was very convincing, with one commenter writing: "This is so realistic to the point where it's terrifying." The group last released new music in 2020, and many fans were glad to hear new music with their sound, with one writing: "If System of a Down won't drop a new album, we'll just make one ourselves!"

This attitude is exactly what alarms Dr. Paul Moravec, a professor of music in Adelphi's College of Arts and Sciences.

"What this technology is doing is robbing creative artists of their livelihood," he said. "It's basically bypassing them. They can take Dolly Parton's songs, use her voice and generate, in a few minutes, a perfectly reasonable-sounding replica of a Dolly Parton song out of scratch, out of nothing. It's amazing how they do this and it's alarming because it's making creative artists irrelevant."

Riley Oberting, a senior graphic design and theater technology student, sees potential in using AI to create art but is concerned about how that might affect an artist's sovereignty over their own work.

"Using AI to create new and distinct art is interesting, but it opens up the floor to a conversation about an artist's intent," they said. "As a musician, would you want your music to be manipulated with AI? And how should we go about controlling that sort of thing?"

On the other hand Moravec sees no such artistic potential in AI. "I don't think it has anything to do with artistic integrity, imagination or anything like that. In fact, it's the opposite of imagination; it's handing things over to machines to generate this stuff. It's also intellectual theft. And we have laws against this such as copyright laws and so on. I'm afraid that the copyright laws haven't caught up with what AI is doing."

Through ad revenue, YouTube creators who make AI covers can potentially profit off an artist's voice without them receiving due compensation.

Sarah Gaetano, a senior acting student, is optimistic that our laws will come to address such concerns. "With every new frontier throughout history, laws kind of come after discovery and so hopefully laws will start to come into place, and I think that is something that's like starting to be worked on which is good."

Dr. Moravec sees greater cultural implications for these recent advances in AI. "Art is suffering. This is bad for our culture because what they're doing is just recycling the familiar. It makes it so that our culture remains on this sort of hamster wheel of just spinning

around and around and around, keeping it from going anywhere new."

He is hopeful that Generation Z will take a stand against such cultural decline, saying, "This machine automation of creative energy and annihilation of creativity may cause a backlash and [the younger generations] will say: 'Hey, wait a minute, stop this!' Human beings need to take back their property and their role in making music. Otherwise, the whole industry dies."

As the role of AI in content creation continues to grow, one thing is for certain: many artists will continue to have serious concerns about the financial,



Dr. Moravec working with a student, music major Dori-Jo Gutierrez '20. Photo by University Communications and Marketing

ethical and greater societal implications of the way the technology is currently being used. As we move further into this uncharted territory, the ensuing debates will determine the future of entertainment for generations to come.

### Is That Job Even Real? How to Spot Ghost Jobs

#### BY TAYE JOHNSON

In a world where the job market has become increasingly competitive, the phenomenon of "ghost jobs" has started to garner significant attention from job seekers and employers alike. Ghost jobs seem to vanish just when you think you've got a grasp on them. But, unlike paranormal entities, the existence of these jobs is not a subject of mystery or superstition; rather, it's a frustrating reality that impacts countless job seekers.

Ghost jobs are job listings that appear to be available on company websites, job boards and even in newspaper classifieds, but for all practical purposes, they don't exist. These positions might have been filled internally, put on hold or even canceled, yet they remain publicly listed as if they were actively seeking applicants. In some cases, companies continue to collect resumes for positions that may open in the future, leading to a surplus of applicants for non-existent roles.

For job seekers, the common occurrence of ghost jobs is disheartening and time-consuming. Crafting

personalized cover letters, tweaking resumes and preparing for interviews demands a significant investment of time and effort. When the job doesn't actually exist, it's not just an opportuni-



Ghost jobs are capturing the attention of job seekers. Photo from Freepik

ty that evaporates — it's also the wasted hours that could have been spent pursuing genuine job opportunities.

The continual pursuit of these ghost jobs can take a psychological toll. Job seekers may start to doubt their qualifications and feel as though they're failing despite being fully capable and well-qualified. This can lead to a decrease in self-confidence and a rise in job search fatigue. On a larger scale, ghost jobs can skew labor market data, making it difficult for economists to assess job availability and market trends accurately. This misinformation can lead to misguided policy decisions and create a misleading narrative about the state of the economy.

In August 2024, the Department of Labor released a revised version of the U.S. Jobs Report, which showed a 68,000-a-month decrease in job growth from the initial 242,000 reported for the labor year that ended in March. The need for accurate information is not solely an issue for economists and policymakers. It is also a concern for job seekers, who may be relying on that information to make decisions about their career choices.

There are also other factors to consider when it comes to ghost jobs. Automated systems often control job postings, employers can fail to remove listings once they've been filled or even canceled. Other times, jobs are posted in anticipation of budget approval for new roles but

may not materialize as expected.

What can you do? Research the company and look for news about hiring freezes or financial struggles that may indicate the job is no longer available. Also, reach out to your professional network to see who may have insights into whether a job is actually available. As you're going through the hiring process, pay attention to the interviewer's responses. If a company's responses to questions are vague, it could be a sign that the job isn't truly open or there is an internal candidate that has already been selected. On the other hand, if a job posting is outdated or the company has a pattern of posting then removing similar jobs, trust your instincts that it might not be an available position.

While the concept of ghost jobs might seem abnormal, they are an unfortunate byproduct of the modern job market inefficiencies and the economy. By staying vigilant and learning to distinguish between legitimate openings and phantom postings, you can save yourself time and focus your efforts on the real instead of the fake.

### A Very Chaotic Political Summer Draws to a Close

#### BY JOSE GUERRERO

While many enjoy their summer as a relaxing time of the year, in the world of politics it was everything but that. Elections, scandals, conflicts and controversy just kept on coming, and they hit the ground running. Here are some of the big headlines from this summer.

#### **Donald Trump assassination attempt**

On July 13, while giving a speech at a rally in Butler, PA, at least eight shots were fired at former president and current presidential candidate Donald Trump from the roof of a nearby building 400 feet away from him. Trump survived and faced a minor injury to his ear. Nonetheless, that gave him huge momentum for his campaign. It was a disaster for the Democrats, including then-leading nominee President Joe Biden. Especially after Biden's poor performance in the first presidential debate in June, it did not look good at all for the Democrats as the assassination attempt made Trump look like a hero—even more so with that photo of him raising his fist while bleeding.

#### The MAGA National Convention

For four days, from July 15 to 18, the Republicans held the 2024 Republican National Convention (RNC) in Milwaukee, WI. With all the momentum gained from the assassination attempt, it gave Trump the confidence to choose a very controversial pick for his vice presidential candidate, in the form of Ohio Senator JD Vance. The rest of the RNC can only be described as weird, with scenes such as Hulk Hogan ripping his shirt and even model Amber Rose being a speaker. A key thing to note is that some established Republicans weren't present at the convention; George W. Bush,

Dick Cheney, Paul Ryan and even Arnold Schwarzenegger did not attend their own party's convention as they have in the past. **Biden out, Harris in** 

Only three days after the RNC on July 21, President Biden dropped out of the race. While he did seek reelection, he talked to friends, family and other Democratic Party members who all said it was in his best interest for everyone if he dropped out. His successor became Vice President Kamala Harris, who immediately went from potential vice presidential nominee to being in the running for Commander in Chief. The crazier part was that many would have believed that



The Republican National Convention in July came only a few days after former President Donald Trump was targeted in an assassination attempt.

Photo from Wikimedia Commons

the Democrats would have challenged Harris; instead, it turned out to be the opposite. Left-wing Democrats such as Representative Alexandria Ocasio-Cortez from New York and Vermont Senator Bernie Sanders quickly endorsed Harris. Even some Republicans have backed her, such as former Illinois representative Adam Kinzinger. With the support of both left and center-right politi-

cians, this gives Harris a huge lead, especially in swing states, such as Pennsylvania, where moderate voters live. This made many Democrats change their tune from hopeless to hopeful, which was just in time for the Democratic National Convention (DNC). A celebratory Democratic convention

From Aug. 19 to 22, Democrats held their convention. Unsurprisingly, many had fears about it taking place in Chicago since the 1968 convention—which took place in the same city—was described as a disaster for Democrats.

The Democratic National Convention was an interesting one. Ever since Biden dropped out, Harris has been doing well in the polls. At the time, she was ahead of every key battleground state except Georgia and Arizona. Harris' picked Minnesota Governor Tim Walz as her running mate, which was announced only two weeks before the convention. Walz is a really popular choice among moderate-swing voters, from his history as a moderate Democrat to the praise he's even gotten from progressives for his policies put in place as governor, such as signing a law that provides free meals to all students in Minnesota public schools and another covering the cost of tuition to any public college in his state for students from families making less than \$80,000 a year.

With the party looking more united than ever, it was more of a celebratory party than a political party. They had a DJ, speakers from the Republican party who attended and endorsed Harris, and even rapper Lil Jon announcing the delegate votes from Georgia. There was also some flak thrown at JD Vance for a comment he made towards Harris and others for being "childless cat ladies" back in 2021 during a Fox News interview. In

Oprah Winfrey's speech about helping one another out, the idea of saving someone from a "house fire" came up: "We just try to do the best we can to save them. And if the place happens to belong to a childless cat lady too, well, we try to get that cat out too." She then paused as the crowd burst out laughing.

Everything seemed hopeful and exciting from inside of the convention but it had a different tone on the outside, with demonstrations and clashes with police taking place. Although not nearly as confrontational as the 1968 protest, these altercations came from a pro-Palestine protest just outside the building who were calling to end the violence in Gaza, protection of civil rights for marginalized groups and reproductive rights. **The summer ends** 

It's clear that this summer was everything but relaxing for the world of politics and the worst part is that this is only surface-level coverage. Reflecting on the events in the summer, it can be described as an "emotional roller coaster." It started out poorly with Biden and Trump debating each other, making it look like we would have to choose between two very old candidates. Then the assassination made things worse as Trump, a man who many know to be on the extreme right, looked like he just won the election. (Even his campaign thought they were headed for a landslide victory.) As we head closer and closer to Election Day, the tension between both parties and candidates have only intensified, with both candidates aggressively campaigning for the support of undecided voters. As they fight for the battleground states and continue to debate on and off stage, we are less than 40 days away from the election. The stakes have never been higher. \*

### The Consequences of Repealing the Chevron Deference

#### BY TROY COFIE

On June 28, the Supreme Court decided on Loper Bright Enterprises v. Raimondo. The case involves commercial fisheries being required to pay a fee for having monitors on the boats, which was enacted during the Trump presidency. This prompted Loper Bright Enterprises to sue the Commerce Department, stating that this was an unconstitutional power grab by the National Marine Fisheries Service.

This case led the Supreme Court to revoke a legal precedent that was in place for 40 years called the Chevron Deference (or Chevron Doctrine). The six conservative Supreme Court judges who voted to revoke the Chevron Deference stated that it was inconsistent with the Administrative Procedure Act, which regulates, in part, how federal agencies create and issue rules, and believed that it gave these agencies too much power. The dissenting Supreme Court justices, led by the liberal Justice Elena Kagan, stated that this will prevent federal agencies from interpreting ambiguities in federal law and state regulations based on those interpretations. Furthermore, judges aren't experts when it comes to certain scientific and technical information for which federal agencies have the necessary expertise.

The Chevron Deference is a legal precedent that emerged from a 1984 case of

Chevron U.S.A. v. Natural Resources Defence Council, where the Supreme Court ruled that the judiciary should defer to federal agencies when a statute or federal law has some ambiguity in it and cannot be interpreted based on any explicit rule in the statute. The federal courts would determine the reasonability of the interpretation of federal law to see weather they'd revoke that rule. This gave federal agencies the power to make regulations that Congress didn't explicitly name. There were still some caveats to this legal precedent where federal agencies needed a formal proceeding with the power of law, like adjudications and notice-and-comment rulemaking, to be able to enact their interpretations of the law.

The Chevron Deference was applied to environmental and resource protections, public health, financial regulation and many more regulatory objectives without needing Congress to make explicit rules in statutes. However, the courts have taken this power away from federal agencies to work on problems that Congress, frankly, is too slow to act upon.

With this recent strike down of the Chevron Doctrine, federal agencies are now limited on what they can do and how they can act based on federal law. Congress, with its increasing polarization, is becoming inert and ineffective in passing legislation. This jeopardizes critical regulations that are needed to deal

with constant issues that are always evolving, making federal agencies more susceptible to the legal challenges of their regulations.

As stated by the Public Health Law



Loper Bright Enterprises v. Raimondo was decided on June 28.

Photo from MaxPixelPhoto

Center at Mitchell Hamline School of Law, certain businesses can challenge the U.S. Food and Drug Administration's prevention of products such as vapes from being sold. Other vulnerabilities that the FDA will face on drug approvals is that a judge with no expertise in pharmaceuticals could dictate if the FDA's interpretation of federal laws is incorrect. Or, the U.S. Center for Disease Control and Prevention can be legally challenged in possible public health emergencies like the Covid-19 Pandemic.

This is more concerning considering

that courts are being used as a political weapon to strike regulations that aren't favorable to respective political groups, specifically conservatives. According to the Sierra Club, an Oakland-based environmental organization, in the recent court case Loper Bright Enterprises v. Raimondo, the plaintiff's lawyers came from an organization called American for Prosperity, which is funded by a well-known oil magnate who supports anti-regulatory causes.

Similar to affirmative action and Roe v. Wade, conservatives have made it their goal to use the courts as a way to advance their own goals without going through Congress to pass those laws. It's one of the reasons why they put so much investment into legal organizations or societies in top law schools in order to have future conservative judges who will support their agenda.

Not only does the Chevron Deference's revocation constrain federal agencies' capabilities, but it also makes it easier for special interest groups to strike down rules that they want gone. It jeopardizes our administrative capabilities and can make them more inert or ineffective because they're afraid of legal challenges and courts invalidating their interpretations. Hopefully, congresspeople will make amends on the Administrative Procedure Act to allow flexibility for federal agencies, but for now, that won't be the case. \$\vec{\vec{\vec{\vec{v}}}}\$

### The Dangers of the BDS Movement

#### BY EMILY HAKIMIAN

Adelphi University has a stellar reputation for acceptance. Unfortunately, a movement spreading on college campuses has made its way to Adelphi, threatening to undermine this community value.

The Boycott, Divestment, and Sanctions (BDS) movement is a global campaign that's leading anti-Israel divestment initiatives. While the movement frames itself as a peaceful call for social justice and liberation for Palestinians, its methods betray its true intentions. In reality, it seeks to eliminate self determination for Jews by eliminating Israel. One of its leaders, Omar Bargoutti, has openly admitted: "Good riddance! The twostate solution for the Palestinian-Israel conflict is finally dead. But someone has to issue an official death certificate before the rotting corpse is given a proper burial and we can all move on... the one-state solution whereby definition Jews will be a minority.'

While the BDS Movement's platform seems reasonable at face value, its three central demands are intentionally misleading: ending the occupation and dismantling of the security barrier, equal rights for citizens of Israel (which already exist) and the right of return for Palestinian refugees.

The second demand is the easiest to expose as misleading because it demands something that already exists. All citizens of Israel have equal rights under the law, including its 20% Arab minority.

The others require context. BDS's demand to end the "occupation" and dismantle the security barrier ignores why they exist and what it would take to end them. Israel took control of the West Bank from Jordan in the defensive 1967 Six-Day War. The 1993 Oslo Accords allowed Israel to retain control of parts of the West Bank until a peace deal prevails. Most Palestinians live in Area A, controlled by the Palestinian Authority. Israel has made multiple peace offers, all of which have been rejected. To end Israel's presence in the West Bank, we need to foster peace and pressure both parties to agree.

The security barrier, built in response to the second "intifada," complies with the Oslo Accords. Before it was built, terrorists could easily enter Israel and attack civilians. The barrier has effectively ended suicide bombings and saved countless lives. While it causes hardship for Palestinians, pressuring Israel to expose its citizens to terrorism instead of pushing both sides toward a peace agreement is

counterproductive. Calling to end such security measures is essentially asking Israel to stop defending its citizens, which they cannot agree to.

Similarly, the "Right of Return" is a euphemism for the elimination of Israel.

"If the refugees were to return, you would not have a two-state solution," Barghouti stated. "You'll have a Palestine next to a Palestine, rather than a Palestine next to Israel."

Perhaps the most telling position of BDS's true motivations is their anti-normalization policies. They explicitly oppose any cooperation, dialogue or coexistence with those who support Israel's right to exist.

This is also the policy that most threatens Adelphi's values of acceptance and diversity. On the ground in the Middle East, this means that BDS opposes efforts to increase cooperation, collaboration and peacebuilding between Israelis and Palestinians. On campus, anti-normalization requires that organizations cut ties with any person or group that recognizes Israel's right to exist. Given that the majority of Jews and Jewish organizations believe in Israel's right to exist, anti-normalization would effectively cut most Jews out of campus life.

Their rhetoric and actions shat-

ter the veneer of progressive liberal language that is meant to garner the support of impressionable youth, the next generation of leaders and decision makers. It reveals the true nature of BDS: a venomous, deceitful, anti peace, anti co-existence movement that will settle for nothing short of the annihilation of the Jewish state.

Adelphi's reputation for acceptance took years of collaboration and dialogue. We were always progressive; women attended when it wasn't socially acceptable at the time. We did this for the greater good of our community. Now is the time to safeguard this tradition, be brave and do the right thing even when it's unpopular.

As Panthers, we can do so much better than BDS. Say "no" to divestment, anti-normalization and divisiveness. Say "yes" to co-existence, cooperation, understanding one another and dreaming of a better future where both nations live side by side in peace.

Emily Hakimian is the founder and president of Students Supporting Israel (SSI) at Adelphi. She's also involved with StandWithUs and the Jerusalem Center for Public Affairs (JCPA). She's a political science major with a minor in criminal justice and is in the class of 2027.

### Same Old Leaders, Same Old Lies: RFK Jr.'s Betrayal

#### BY CAROLINE PYCHYNSKI

In a country built on a twoparty system that has constantly failed the United States, people desperately look for the next "best" option. So when Robert F. Kennedy, Jr. announced his candidacy for president as an Independent, a glimpse of hope sparked in the eyes of voters.

On Oct. 9, Kennedy announced his presidential campaign to challenge President Joe Biden. Instead of running for the Democratic nomination, Kennedy

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decided to enter the race as a third-party candidate. However, he later withdrew from the presidential campaign on Aug. 24 and endorsed the Republican nominee, former President Donald Trump.

In regard to Kennedy supporters, it's important to note that there wasn't any issue that united them. Generally, Independents are largely divided in their views on government regulation of business and the size of government. When Kennedy decided to run for office, he became the voice for voters dissatisfied with the political system, or so it was believed.

On July 16, a leaked call between Trump and Kennedy showed that he is against the people. In the video, Trump discussed with Kennedy false theories on the safety of vaccines. These dangerous conspiracies threaten the lives of Americans. Both Trump and Kennedy are powerful figures. Having so much power can influence people greatly, such as making them not want to receive vaccines. Kennedy bats an eye on the public health and safety of citizens, which really shows where his priorities are. Additionally, in the conversation, the former president sounded like he was getting an endorsement from Kennedy and receiving a role in Trump's campaign. Kennedy never had a campaign; it was just an addition to Trump's.

"I would love you to do something," Trump said in the video.
"It would be so good for you and so big for you. And we are going

to win. We are going to win."

When Kennedy suspended his candidacy on Aug. 24, he planned to remove his name from the ballot in

ed, the last thing needed is to lose trust in politicians. Kennedy doesn't care about democracy; he is Trump's puppet. It was never the American people, referred



Robert F. Kennedy Jr. suspended his presidential campaign and endorsed former President Donald Trump. Photo from Flickr

10 states because he feared that he might spoil Trump's chances of winning against Vice President Kamala Harris. He withdrew from Arizona and Pennsylvania. But in Michigan, Nevada and Wisconsin, it was too late.

"Our polling consistently showed that by staying on the ballot in the battleground states, I would likely hand the election over to the Democrats, with whom I disagree on the most existential issues," Kennedy said at a press conference in Arizona in late August.

In a country that is already so divid-

to when Trump kept saying, "We are going to win." Kennedy's only agenda was to fool people and help Trump win the election by taking away votes from Democrats. When Americans would've voted for Kennedy, it would be a vote for Trump. Kennedy was seen as an alternative to the two-party system, someone that can be a voice to those who didn't resonate with either candidate nor party. That is what people believed they were voting for. Instead of solving the broken political system, he's a part of it.

### Panthers Rack Up Accomplishments This Season

Adelphi's athletes have already had a competitive season leading to recognition for many of the university's players. We've highlighted some of them here. And be sure to follow the schedules for upcoming games as well so you can get out and support them.



Freshman Mitchell Archer led the way for the Adelphi University men's golf team, in what was the second week in a row playing up north. Photo by Jim Stankie

The men's golf team will playing at the Panther Invitatioal on Thursday, Oct. 10 at Meadow Brook Club in Jericho, NY.



In her return to the trails, top Division II runner Katherine Marsh was named Female Athlete of the Week, as announced by the Northeast-10 Conference office on Sept. 24. Photo by Brian Foley

Women's cross country will next participate on Friday, Oct. 11 at Queens University of Charlotte in Charlotte, NC



For the third time in as many weeks, senior Kambel Fiser has been named the Northeast-10 Conference Setter of the Week. Photo by Cosmic Fox Media

The women's volleyball team will be playing against the University of Bridgeport on Sept. 30 at 7 pm at the Garden City Center for Recreation and Sport. The team's next game in Garden City will be their Breast Cancer Awareness Game against Pace University on Tuesday, Oct. 8 at 7 pm.



Graduate student Kylie Peregoy was named Defensive Player of the Week following a career day with three defensive saves, against the No. 9 ranked Saint Anselm Hawks. Photo by Cosmic Fox Media

The women's field hockey team's next home game at Motamed Field will be on Wednesday, Oct. 9 at 7 pm against St. Thomas Aquinas College.





Hugo Munoz Reinoso recently received the Northeast-10 men's tennis player of the week honor. Munoz Reinoso was a part of the ITA east regional doubles championship team with Reece Farrow, and the pair was the number two overall seed and soared through the tournament, losing only 10 total games before pulling off the victory in a final tiebreak. Photo by Adelphi University

The men's tennis team's next home game will be on Saturday, Oct .12 at 2 pm against Assumption University.

See more articles on our website: thedelphianau. com and visit our Instagram @the\_delphian.

### Fresh Talent Kicks Off for Men's Soccer Team

#### BY ABDULLAH AHMED

Motamed Field has welcomed two promising newcomers to the men's soccer team this season: freshmen Brandon Carchipulla, a 17-year-old from Iona Prep High School in the Bronx, and Gustav Attas, a 20-year-old freshman from Sweden. In interviews, both players have shown a deep passion for the sport.

Attas's journey in soccer began when he saw a soccer ball in his home in Sweden. His neighbor, an athlete, would practice with him in front of his house, sparking his growing interest. Carchipulla's connection to soccer runs in the family. His father was a professional player, and his uncle played for an acad-



Freshman Gustav Attas made a first career start in a 2-1 win over Wilmington University on Sept. 5.

Photo by Adelphi Athletics

emy. For Carchipulla, soccer is a cherished family tradition that he embraced from a

young age. He says he "keeps the interest deep in his heart." Being an athlete is not just a sport that just gets played but rather requires a lot of dedicated time and commitment. These individuals are student athletes, which means they are juggling academics and taking part in athletic activities which is not easy.

Attas played left back, a position that is primarily responsible for defending against opposing attacks. During his youth in Sweden, he played as a midfielder. However, when he was 15, he injured his knee while playing soccer. This injury posed a significant obstacle in his soccer journey. His coach moved him to the left back position, recognizing that his greatest strength was his speed. The coach believed that this position suited him better and would help him become a stronger soccer player.

In soccer, a team's ability to outrun their opponents can be a crucial advantage. After the change in position, Attas found that his performance improved beyond his expectations. This obstacle ultimately made him mentally and physically stronger, and it helped him become a better athlete.

Carchipulla plays midfield, which includes both central and attacking midfielder roles. This position carries significant responsibility, such as controlling the flow of the game, linking defense with attack, and initiating plays with precise passing and intelligent positioning. He said his high school coach assigned him to this role because he wanted someone capable of controlling where the ball would be played and driving attacks. Carchipulla has

become a central figure on the field; his quick thinking and decision-making skills earned him the midfield position. "I don't see myself playing any other position."

"Brandon and Gustav represent a microcosm of the spectrum of Adelphi men's soccer and, in many senses, of Adelphi University," said men's socto the team a less spontaneous, more mindful, more reserved and very relaxed Swedish attitude and mentality."

As they embark on their journey at Adelphi, both Attas and Carchipulla are set to make a significant impact. Their unique backgrounds, combined with their unwavering dedication and passion for



First-year Brandon Carchipulla's love for soccer grew in high school thanks in part to his coach. Photo by Adelphi Athletics

cer head coach Gary Book. "[Brandon] is a sharp, technically gifted player with an exceptionally dedicated commitment to developing his game. He has the grit, hustle and determination that underpins so much of New York in passionately pursuing his goals.

"[Gustav] is a gifted and perceptive defender. He has broken through immediately as a freshman; a feat that is exceedingly rare at this high level," Book said. "In contrast, Gustav brings

soccer, promise to bring fresh energy and skill to the Adelphi community.

"The Adelphi men's soccer team is a multicultural melting pot," Book said. "As a coach, it is an absolute joy to watch vastly different personalities and cultures create bonds and work as a team in such a harmonious way. Supporting, empathizing and empowering each other regardless of background while at the same time maintaining a highly competitive drive to succeed."

### Women's Club Soccer Offers a Team Environment That Gets Translated to the Field

#### BY ALEXA BAG

Many clubs are a means for students to blow off steam and make connections outside of academics. For most, exercise can have that effect. If that sounds like something that you do to relax, then joining an athletic club team might help you destress from the challenging environment that college classes can feel like.

If you don't feel like you can make a full commitment, Adelphi does offer club teams in addition to most varsity Division II teams. One of these is the women' soccer club.

Women's soccer club's co-presidents, juniors Torrance Stewart and Paige Mahon, have been playing for the club since they were freshmen at Adelphi. The rest of the e-board consists of vice president Danielle Reid, secretary Jules Messenger and treasurer Jac Deselm. These three board members contribute to and play on the team, with Stewart and Mahon also acting as the team's co-captains. But these other responsibilities do not prevent the team from their harmonious performance on the field.

The women's soccer club is a part

of the National Intramural-Recreational Sports Association, which allows the team to play against other school's club teams that are in the same league. Typically, the team competes against other club teams in the Metro North area. On top of those league games, the club

petitive, but its main goal is to let its players have fun. There are several themed practices, including the upcoming "Dress like a Frat Boy" and "Mean Girls Day." The club aims for students to pick up a new hobby—or continue being involved with a game they already



The Adelphi Women's Soccer Club can give students a break from classes, while building friendships along the way. Photo by Paige Mahon and Torrance Stewart

meets about two to three times a week, each practice ranging from about an hour to two, to better the players' skills and strengthen the team's bond. Mahon said that "since the team is so united, that can then be translated onto the field."

This club team can be com-

love—while creating friendships with other members. When interviewing the captains, Stewart expressed how "inclusive the team is and that the main goal is for people to distress from the pressure that school can add."

The thought of joining a club

team may be intimidating to some, but the team stresses that anyone of any skill level is allowed to join, with the exception of one simple rule: they must be enthusiastic. Members of all abilities and of any year are welcomed and taught everything they need to know before playing the first league game. Mahon said she was a beginner when she joined. Club members aren't required to bring anything to practice except for cleats, water and positivity.

There is not currently an active men's club soccer team, but Adelphi's director of Recreation and Intramural Sports, Linda Gundrum, said the university "will support effort on the part of students who come forward should they want to take the lead to get it started back up again."

To make Adelphi Campus Recreation aware of your possible interest in a men's club soccer team, email campusrec@adelphi.edu.

If the women's club soccer team sparks your interest, they are still accepting members until Oct. 12. So dust off your cleats from the attic and email auwcs@adelphi.edu if you would like to join this fun family of soccer players.