TheDelphian

August 30, 2021

The Voice of the Students

Volume 77, Issue 1

Adelphi Returns to Mask Mandate Along with Required Vaccine

BY KATIE FARKAS

Along with many other universities and colleges on Long Island and across the country, in July Adelphi made the decision to require all faculty, staff and students to receive the Covid-19 vaccine prior to the start of the quickly approaching fall semester. Then in August, the mask requirement was added.

Regarding the vaccine mandate, Gene Palma, vice president of University Wellness at Adelphi, sent out an email to the community in July stating that "for the well-being of our community and to enable our return to a full academic experience this year, we are requiring all students to be fully vaccinated before returning to Adelphi for the start of our fall 2021 semester.

"Our decision is based on the changing public health landscape and scientific evidence that supports the effectiveness of COVID-19 vaccines," Palma said. Adelphi even launched an incentive program to "encourage a higher response to this important effort" for students who received and uploaded proof of their vaccination to Adelphi's health portal.

The majority of students are responding well to the vaccine mandate. Sent-wali Bakari, vice president for Student Affairs, said he wanted to thank students.

"Our students have been terrific in helping to keep our campus safe, and I expect that that type of mindset and vigilance will continue. Our students have a lot of pride in keeping our campus safe," Bakari said.

Students *The Delphian* reached out to agreed. Charles Herman, a junior criminal justice major, said, "I feel safer if everyone

got the vaccine, but as we saw recently with the Covid-19 outbreak in Cape Cod where 70 percent of people infected were vaccinated just shows Covid-19 is not over and we should all do our part to keep each other safe."

Herman added that with the vaccine mandate Adelphi has put in place he "will be able to be more relaxed this coming semester, but will still remain vigilant to help keep the community healthy."

Sienna Apice, a sophomore art and design education major, also said she doesn't mind requiring vaccinations for a school environment because vaccines for other serious diseases have been required on campus for years without major issues. But she had a concern about accessibility and protection for disabled students on campus, adding it's an important issue for the Adelphi community.

"I think the short notice timeframe was unfair for students," Apice said. "I'm on immunosuppressant drugs and had to wait for my first dose of the vaccine, and it felt like the school was being harsh on me for listening to medical professionals instead of rushing for my shot. I think the mandate will be helpful for my fall semester. It allows disabled and ill students to feel safe on campus through herd immunity, as the vaccine is less effective for us so we're still at risk. Being in a classroom environment is integral to my learning process and to the enjoyment I get from school, and I was worried that I'd have to continue to miss out on that opportunity while able-bodied students returned to campus full time. I appreciate Adelphi doing their best to navigate this situation with its vulnerable communities in mind."

In an effort to help Adelphi students

return to a full academic experience this fall, the university has also recently reinstated the requirement of face masks on campus at all

Continued on page 3



Wearing masks and getting vaccinated are required in an effort to protect ourselves and our Adelphi community. This mixed media artwork by Katie Farkas touches on how wearing masks affects personal identity, but is necessary to return to a version of normalcy this semester.

Christopher Storm Shares Plans to Enhance University's Core Educational Mission

New Provost

BY JAMIE GESELL

Christopher Storm Jr, was appointed the new provost and executive vice president at Adelphi University after an extensive search process that involved more than 400 members of the Adelphi community. He was unanimously approved by the Board of Trustees and began the position July 1, 2021. He has worked at Adelphi since 2007 as an assistant professor of mathematics, associate professor, department chair, academic administrator and associate provost. As he began his new journey, he gave The Delphian an interview to discuss what motivates him, his plans for his role and goals for the University.

Storm said his motivation to be provost stems from his curiosity of how policies and decisions are made at Adelphi. "Ever since becoming a faculty member and associate provost here, I have always wanted to learn more about how Adelphi can become a better institution," he said.

He added that after working in the provost office as an associate for five years, he believes he developed the skills necessary to help Adelphi move forward and further improve its academic reputation.

The ability to build structures is one of the aspects of the role that he finds exciting. He is particularly interested in building an undergraduate research and creative works office.

"The goal of the office is to Continued on page 3



Christopher Storm PhD, who has worked for Adelphi since 2007, was appointed the new provost and executive vice president effective July 1, 2021.

Class of 2025 Breaking Campus Enrollment Records

BY KATIE FARKAS

The continuing uncertainty of the past year and a half is not stopping the class of 2025 from breaking enrollment records at Adelphi University. Melissa Bellantonio, senior associate director of admissions and interim director of undergraduate admissions, said that although enrollment for the coming fall semester is still in progress, "we are currently seeing an increase in undergraduate student enrollment overall, for both domestic and international populations. We are thrilled to be welcoming our largest first-year class to Adelphi this fall after reviewing a record number of applications." As of this writing, the incoming undergraduate enrollment is at 1,336 and trending upward.

According to a recent email from James J. Perrino, Adelphi's executive vice president of finance and operations, total university enrollment is projected at 7,387 students for this coming semester. "With the exception of a significant dip in 2015, enrollment over the last two decades has been above 7,500, peaking at 8,146 students in 2018," the email said.

Perrino added that despite the record number of first-year students, total university enrollment will not yet return to pre-pandemic levels. He said this is because one of the school's largest-ever classes graduated from Adelphi in the 2020-'21 academic year and first-year enrollment in 2020 was only 996 due to various impacts of the pandemic. "And we are currently seeing fewer transfers and an uncertain number of international students also due to the impacts of the pandemic."

On the other hand, there has been a growing interest in majors such as nursing, biology, health sciences, psychology and business in the past year, said Bellantonio. "Many students have shared personal stories about why they are interested in going into health-related fields due to the impacts of Covid."

The incoming classes of 2023 and 2024 both averaged around 1,000 students, with the class of 2024 having almost 150 fewer due to "some students delaying the start of their college careers because of the pandemic, a national trend," said Todd Wilson, Adelphi's strategic communications

director. "But the fall 2021 first-year class is looking strong."

Although the fall semester experience might not quite be back to normal, Adelphi's incoming class of 2025 is looking forward to starting their college career.

First-year physics major Edward Jansen, said, "Though I plan to pursue a career in STEM, the classics are deeply important to me. Adelphi, especially through the Honors College, appeared to me as a school that balances its science programs with a liberal arts education."

According to Tess Helgeson, a first-year nursing student, "The moment I knew that I was committing to Adelphi was when my mom and I flew out to visit the school. It is a train ride away from NYC and has a recognizable nursing program.

"Taking the train from where we were staying in Brooklyn to Mineola helped us get the perspective of the area; a small town close to a big city and a very tight-knit community. After our tour, I knew that Adelphi was where I wanted to go to school because of the experiences and how alumni talk so fondly about it," Helgeson said.

A Word from the Editor

Hello, Adelphi University Panthers; welcome to the fall semester! I hope everyone has had a game-changing summer. My name is Maxmillian Robinson, editor-in-chief for our university newspaper. Last year, I served as a sports editor on staff since 2019. While I am still the sports editor, I have taken the new challenge of being head editor as well for the paper. Some things to say about myself are that I'm a business owner for MillianMade LLC (which you can check out at Millianmade.com). I'm a former basketball team member, now an aspiring actor/model. I'm a current production assistant at YES Network, for the New York Yankees, and also a youtuber (visit my channel: Kingmaxmillian if you'd like).

This issue is our first return to printing since the pandemic. You can read more about that below. Also in our news section, it's important to check out the vaccine mandates our school has laid out for this year and beyond, highlighting our new school provost, Christopher Storm, and also to mention that our newspaper continues the tradition of success as we take home another award for best college newspaper from the Press Club of Long Island (PCLI).

Take a peek into our features section, in which we dive into the idea of: Are we back to normal? What will the campus look like this year? We also highlight a new series of entertainment in the Performing Arts Center (PAC), adding onto the music industry and the platform Datpiff, in which writer Mitch Cohen explains both situations of the service being good and bad.

Interested in playing devil's advocate? Chime into our opinions section, where we have a list of articles from our writers who feel strongly about their stances and why you should be committed to the idea as well. Read into the Marvel Cinematic Universe (MCU) and academics after the pandemic.

Most certainly not least, help us and the rest of the campus gear up for the

upcoming sports season, looking into our fall preview article, highlighting athletes' preparation for a fan-filled season, along with highlighting the men's basketball team and their new changes.

We here at *The Delphian* cannot thank you enough for your support of our newspaper and interest in our articles. There is no us without you. For any/all inquiries, please feel free to contact our email delphian@adelphi.edu, or contact me personally maxmillianrobinson@mail.adelphi.edu for questions about *The Delphian* or opportunities about working with us. I wish everyone a safe and healthy start to the school year!



TheDelphian

Editor-in-Chief Maxmillian Robinson

> News Editor Katie Farkas

Features Editor Bianca Viana

Opinions Editor Nicholas Rontanini

Sports Editor Maxmillian Robinson

Production EditorJustin Kresse

Staff Writers
Mitch Cohen

Gerard Fiorenzaiii Jamie Gesell Jeremy Kaufman Lizz Panchyk Claire Tsanatelis

Delphian Advisor Liza N. Burby

If you want to join the paper as a writer, photographer, designer, advertising manager or social media contributor, contact us at delphian@adelphi.edu.

Volume 77, Issue 1

Earle Hall Media Center One South Avenue Garden City, NY 11530

HOW TO REACH US

Main Office: 516-877-6935 E-mail: delphian@adelphi.edu

LETTERS TO THE EDITOR

Letters must be less than 400 words and include the author's name and affiliation to Adelphi. Letters may be edited for the purposes of space and clarity. Send to delphian@adelphi.edu

ORIGINAL ART

Original drawings, photographs and political cartoons can be sent to delphian@adelphi.edu. Please attach name and affiliation to Adelphi.

ADVERTISING

For advertising rates, email us at delphian@adelphi.edu.

FOLLOW US ON SOCIAL MEDIA

Website: www.thedelphianau.com Twitter: @the_Delphian Facebook: The Delphian adelphi-delphian.blogspot.com Instagram: @the_delphian

How Covid Impacted This Newspaper

BY THE DELPHIAN STAFF

While the rest of the university returns to what can be seen as the new normal of pandemic life, this newspaper is also trying to get back to business. The fact that this issue, the first of the 2021-'22 academic year, is on newspaper print is in itself a positive change.

When the university shut down in March 2020, The Delphian had just published and distributed the March issue of the printed paper. The staff then didn't know it would be nearly 17 months before there would be another printed edition. That's because without students on campus to read subsequent issues, the staff made the decision to produce and distribute PDFs for the three remaining issues of that school year. Once the fall semester began, with a hybrid school year during which most students remained at home, the staff couldn't figure out a safe way to distribute print editions. And so, for the entire 2020-'21 academic year, this newspaper was produced and distributed campus wide as PDFs. There were 10 issues, including an inaugural orientation issue just for first years. Thanks to the help of University Communications, the Department of Communications and many others, the paper was shared widely beyond campus to include alumni.

In addition, in October 2020, the staff launched a new website, www.thedel-phianau.com/ so that Adelphi students could continue to get up-to-date student reporting throughout the entire year.

With the return of most students to campus, current editor-in-chief Maxmillian Robinson and the rest of *The Delphian* staff have decided to print and distribute each issue going forward.

Robinson said, "We will remain respon-

sive to any university Covid-19 policies that could change our plans, but we hope to give students access to the award-winning paper. I'm glad that we're able to give the printed word to students this year because it takes us away from the screen and allows us to reminisce about the good old times."

Meanwhile, ours wasn't the only student newspaper that made the decision to stop printing during the past year. According to Michael Karff, senior sales executive with Richner Printing in Garden City, who will this year be printing *The Delphian* this year, of the papers they regularly print for local high schools and colleges all stopped printing early in the pandemic. By last semester, he said, some trickled back, though where they used to print 12 issues, they did only three.

"Some chose to go digital moving forward, which I think is a mistake because students won't learn my industry for job opportunities," Karff said. "Another issue is that some schools cut their budgets and the first thing to go was the school newspaper."

Karff said students can work around that by being active in getting advertising for their papers, both through local businesses and national networks.

This newspaper is funded through a combination of advertising dollars and funds from the Student Government Association. With funds in hand and a dedicated new editorial staff and several new writers to cover news, features, opinions and sports, we're ready to print again. Our mission is to continue through the academic year, slowly easing our way back into a normal world we all can relate to. We look forward to publishing more issues and getting feedback from Panthers. If you want to join our stable of writers, help with production, sell ads or work on our website, contact us at delphian@adelphi.edu.

The Delphian Wins Four Awards From PCLI

BY THE DELPHIAN STAFF

When the Press Club of Long Island (PCLI) honored hundreds of top journalists on Long Island in June, *The Delphian* staff was among them, receiving four awards in the student newspaper contest. Maria Giovanna Jumper '21, editor-in-chief of *The Delphian* from 2020-2021, was named Best College Newspaper Reporter. *The Delphian* also took third place in the Best College Newspaper category. It is the tenth year in a row that Adelphi's student newspaper has placed in this category.

Giovanna Jumper won second place in the new Coronavirus Reporting category for her coverage of Adelphi, including "An Off-Campus Party Leaves Several Students Dealing with Covid Despite University Warnings," and Jacqueline Smiley '21 won third place in the new Race & Diversity category for her article "Drive-in for Black Lives: A Student Organized Movement for Action."

In addition, Giovanna Jumper won second place in the new Coronavirus Reporting category for her coverage of Adelphi, including "An Off-Campus Party Leaves Several Students Dealing with Covid Despite University Warnings," and Jacqueline Smiley '21 won third place in the new Race & Diversity category for her article "Drive-in for Black Lives: A Student Organized Movement for Action."

Faculty advisor Liza N. Burby won two second-place awards as well, for articles that appeared in Newsday and in Stony Brook University's alumni magazine.

The winners were announced in June via social media. Unlike in past years, due to Covid-19 restrictions, the event was not held live. Instead, awards were mailed directly to the journalists.

The PCLI is a local chapter of the Society of Professional Journalists. They have many services that can benefit students, including ongoing training and monthly events that focus on advocacy and education about the communications industry. Learn more at www.pcli.org.



Maria Giovanna Jumper '21 poses with her two PCLI awards.

The Newest Panthers Experience a Hybrid Orientation

BY GERARD FIORENZAIII

Orientation for the class of 2024 had to be virtual because of where the nation stood on Covid restrictions a year ago. But as restrictions ease, the class of 2025 and transfer students experienced a hybrid orientation this summer, with expanded opportunities for in-person events.

Anna Zinko, assistant dean for Students and Community Engagement said, "We are very excited about this year's orientation. We offered a hybrid model that included the Panther Portal, an on-demand module with key information about the university, a virtual Academic Connections Day in July and culminated with an in-person Welcome Weekend August 27-29."

Kasey Matatov, a first-year biology major, said she used the Panther Portal throughout the summer. "I used it as a guide to help me with financials, registering for classes and to see what I needed to have prepared before the school year began. I really liked the checklist that was provided. I think that was one of the most helpful aspects of the portal."

The in-person events lined up for the Freshmen's Welcome Weekend brought back a sense of familiarity in



This year's Adelphi Student Orientation will hopefully reflect the Panther Pride as seen in years past due to the return of in-person events. Photo from Adelphi University website

what orientation once was. They included campus tours, group meetings with Peer Assistant Leaders at specified locations throughout campus, shuttle trips (Roosevelt Field Mall, Target and 7th street), a welcome and matriculation ceremony, a movie night (featuring the newly released "Fast and Furious 9"), a show with the internationally recognized hypnotist Evan Gambarella, and numerous other meetings and fun events to assist in making our new Panthers feel at home.

There were some last-minute changes made out of an abundance of caution due to the Delta variant. On Aug. 20, the Center for Student and Community Engagement decided to postpone the in-person Pantherpalooza Club Fair until September. The event will now be a few smaller ones themed around types of organizations. Dates and registration were still being worked out as of press time.

Miguel Velasquez, an orientation leader and senior history major, reflected

on last year's orientation and the positives that still came out of it despite the lack of an in-person and traditional experience.

"I believe that we did the best we could and were able to make a difference. Being a resource to the students in a virtual setting was important to many of us. We wanted to make sure they still got a college experience in the climate we were all in, so we did the best we could with introducing them to organizations, resources and experiences," Velasquez said. "It was not easy and often communication between us and some of the students was difficult, but seeing some of them blossom makes it all worth it."

Rising sophomore Vanessa Hayden, an art education major, explained her experiences at last year's orientation and her hopes for the incoming first-year and transfer students for the upcoming orientation.

"I absolutely loved how we all got a small welcome care package. My favorite part was us all at the end popping our confetti," she said. "It really made me feel as if we are all one big fun and outgoing family following our dreams. I hope the lack of a normal orientation can be made up with more events on campus and Adelphi's awesome concerts."

Masks and Vaccines

Continued from page 1 times unless "outdoors when socially distanced, in your residence hall room, when actively eating or drinking, and for student-athletes, during training or competing per NCAA policies which Adelphi follows" Palma states in a recent email sent out to the Adelphi community.

"As the public health situation evolves, we will amend our protocols as appropriate. Adelphi University continues to follow the advice of public health experts and all orders and requirements of New York state. Should transmission levels change in our region, we can update our mask policy again," Palma said.

In addition, Bakari said it's important to maintain social distancing and abide by Covid guidelines so we can all stop the spread.

"Although this may not be the fall semester everyone was hoping for, I understand Adelphi is just doing its best to follow guidelines put in place by the state government," Apice said. "I'd rather be on campus with a mask than have to shut everything down again. At this point, anything's preferable to a return to online learning."

Herman agreed. "Given the surge in cases in the areas surrounding Adelphi as well as in this country, Adelphi was smart to reinstate the mask requirement. We are all tired of wearing masks. We like to see people's faces. It is a form of communication. However, we have to do our part to continue protecting each other."

If students have any questions or concerns regarding these new mandates, the university has set up a vaccine FAQ web page and the health services email, healthandwellness@adelphi.edu.

New Provost Shares Plans to Enhance Educational Mission

Continued from page 1 provide a central place to coordinate policies around undergraduate research and to work with academic programs to develop models that best suit their disciplines," Storm said. "It's a catalyst to increase the number and richness of opportunities at Adelphi. Long term it will help with writing grants to increase opportunities and ideally have some funding vehicles for things like summer fellowships."

He added that the office will further provide increased opportunities for experiential learning.

"One of the things that we want to do as a university is to really teach our students to critically think and to be civically engaged," said Storm. However, one of the challenges he sees is gathering collective action from the community. Raising awareness to motivate people to take on problems will be challenging, but also an opportunity for him. He believes all of his goals will require the total attention from the Adelphi community and it will take a lot of effort. However, Storm has confidence he will overcome this challenge to get everyone involved in the institutional and community agenda.

The ongoing pandemic adds its own challenges to the role. "I realize that it's hard on everyone right now, but we have a strong responsibility to keep the community safe," Storm said. "Traditionally, the provost has been focused on the quality and outcomes of education. But with the pandemic, it brings on a whole new set of issues that the provost will have to tackle."

What's important, according to Storm, is to be able to talk to people and

adjust and adapt quickly as things change. To further help Adelphi with the pandemic, he has set up an agenda with goals he plans to immediately fulfill. Those include putting together a group of Adelphi faculty members who specialize in trauma and creating a trauma-informed pedagogy forum series where faculty can answer questions and teach students strategies to tackle issues brought on by the pandemic.

Ultimately, Storm said he wants to make an impact not just on the pandemic, but on the core educational mission of Adelphi. His plans for undergraduate research will intensify the educational experience and enrich the lives of students. He said he already believes Adelphi's handle on internships, guest speakers and support will be helpful in his impact on the school.

"I think that would be really important and sustain the institution for many years," he said.

While he was named provost, students and alumni from the Black@AU Instagram group expressed their wishes that his opponent, Marsha Tyson Darling, received that position. Darling was recently appointed to the position of special assistant to the president for strategic initiatives, effective Sept. 1.

When asked about the students' social media response, Storm said he respected where the group was coming from, adding he thought they raised some important points that affect the community and believes "that it's our responsibility to be responsive." He said he plans to bring together Adelphi's diverse community.

"We need to be deliberate and intentional at making safe spaces where

people can come together without fear of retaliation," he said.

In addition, Storm said he will oversee a disciplined review of resource allocations, retention, grading and course evaluations for all students. If there is a certain demographic struggling in this review, Storm will take action to make changes and help those students succeed.

"Deep down, my core principles of being a provost are that they are clear and direct, give people the responses, be they positive or negative, that help them move forward, and understand that they come from a place of integrity," he said.

Storm said that his experience as a mathematician helped lead to his role as provost as it has enhanced his critical thinking skills, especially those concerning putting things together.

"One of the things that I study are something called graphs; think of them like phone networks where you have connections," he said. "I've always been interested in how things fit together and what structures there are. I think there's a lot of carryover in some of that studies and mindset needed for my role as provost."

Storm said when he learned he had been named provost, he felt a mix of emotions. "I was excited but at the same time daunted and humbled by the responsibility and trust of the community," he said.

When asked what attributes students with the goal of one day considering the position of a university provost would need, Storm recommended they have a sense of humor, be curious and knowledgeable about their institution and students' perspectives and practice patience.

Summer Course Enrollment Continues to Grow as Students See the Advantages

BY NICOLAS RONTANINI

Every summer from June to August, Adelphi offers students the opportunity to enroll in summer courses--and students seem to be taking advantage of it. This past summer 2,245 students enrolled in 412 course sections or 258 unique courses, according to Raymond Galinski, assistant provost in the Office of Academic Research, Assessment and Accreditation. He added that the 2020 summer enrollment was up significantly, 2,719 compared to 2,203 in 2019, largely due to the unique issues surrounding the spring 2020 pandemic shutdown.

But even without that unforeseen situation, Adelphi students seem to be increasingly aware of the advantages of taking classes during the summer.

"Students could catch up or get ahead during a summer when so many other options were not as accessible," said Galinek

Students take these courses for different reasons, whether it be for credit, to fulfill an academic requirement or to take classes that may prove difficult during the semester. According to the university's website, the scheduling for these classes is flexible, allowing students to pick classes that interest them. Some students seem to enjoy the flexibility.

"I wanted to take two. I even was thinking about asynchronous stuff. That's why I took the History of Jazz after 1950," said Michael Caramico, a rising graduate student majoring in Information Systems. "If I had a second class it would still work in the grand scheme of my schedule and everything. Adelphi usually for the most part does offer very flexible schedules."

Adelphi also offers different options for how classes are held with in-person, hybrid and online options, similar to the spring semester.

"If they have to stay on campus for some reason or another, they don't have to pay a ton of money to take a plane trip back to their home, and pay more money to take an online class," Caramico said.

In addition, the university provides student support, even with online classes, like asynchronous ones, in which students and professors have utilized email to communicate about assignments.

"In particular, I use the Moodle email to connect with students outside of our regular Zoom sessions," said Paul Thaler, a communications professor who this summer taught Newspaper Feature Writing. "These 'updates' serve as reminders since students are also working independently during the week. They, in turn, also reach out to me through email."

Adelphi's summer classes have their advantages for students. They are able to receive support from the professor and tailor the schedule to fit their needs. It's

a good opportunity for students to fulfill academic requirements. Working during the summer and trying to balance summer courses can be stressful, however.

Dakota Whitaker, a rising senior, took an art history class to fulfill an education requirement. She said that taking a summer course and working at the same time can make a class difficult.

"It wasn't fun. The lessons were long as is, and plentiful in number," Whitaker said. "Now throw most afternoons to work and things get more annoying. If it wasn't for work, things would be different, I imagine. But both at once is not a fun time. Even just in previous years, I would never take a summer class unless there was an absolute necessity."

Summer courses do have advantages to them, but the choice of whether to take them is yours. Hopefully next summer, Covid-19 won't be part of the decision-making process.

A Preview of Performing Arts Events Taking Center Stage This Fall

BY JUSTIN KRESSE

Even though the fall semester is just beginning, it's fair to say that we all need a break. After all, getting back into the swing of things – especially given these strange past few semesters – can be rather difficult. One great way to relax and feel that campus life is getting back to normal is to attend an event at the Performing Arts Center (PAC) or elsewhere on campus. There are many events to choose from during this fall semester.

Start by checking out "Live from the Adelphi PAC Living Room," a virtual show created by Blyth Daylong, executive director of the PAC, in April 2020. The shows include live and prerecorded performances by various artists, as well as interviews. Daylong also uses the shows as a way to promote upcoming performances at the PAC. As he put it, the virtual performances are "a way to continue to bring dance, music and theatre to people at home during the shutdown." He added that he plans to carry on with the events on a bi-weekly basis to continue to showcase Adelphi's performing arts.

It's important to note that the PAC has continued to safely house live performances, even last year, through the use of virtual viewing options. This semester, there are 25 events happening at the PAC. Daylong noted all will have in-person audiences and some will also be livestreamed for people unable to attend in person.

It's important to note that the PAC has continued to safely house live performances, even last year, through the use of virtual viewing options. This semester, there are 25 events happening at the PAC. Daylong noted all will have in-person audiences and some will also be livestreamed for people unable to attend in person. He also pointed out that the Student Rush policy will continue, allowing students to get one free ticket to any PAC

performance starting an hour before the show as long as it is not already sold out. Maybe you're interested in the

Maybe you're interested in the "arts" part of "performing arts." The Fall

an adaptation of Jane Austen's classic novel. Look out for more information on the Adelphi PAC website about other upcoming theatre shows, such as the



This event, known as "Chalk-Up," is part of the Fall Arts Festival. It's a chance for students to express their creativity through chalk drawings all over campus. It's just one of the many performing arts events happening at Adelphi this fall.

Arts Festival has you covered. Though the annual event was moved completely online last year, this year's event on Oct. 6 (raindate, Oct. 13) will have live performances and displays by alumni outdoors by the PAC, as well as a Chalk-Up event where students can make their own art with chalk. The 2021 Fall Arts Festival also focuses on important issues affecting the student body. This year's theme will be "Resilience, Reflection and Rebuilding Connection: Healing through the Arts."

If you're more of a theater-goer, Adelphi theater's fall season starts off strong with a performance of Sarah DeLappe's "The Wolves," a show about female high school soccer players. What's of note about this performance is that the actors are going to get special coaching from the actual Adelphi womens' soccer team.

If you're into the classics, then be sure to check out "Sense and Sensibility,"

20- minute scenes created by the theater directing class and the final show of the semester, which will be the first show for the theater first years.

Music performances are also available for the Adelphi community. According to Sidney Boquiren, chair of the music department, there will be departmental ensembles, senior recitals, music education junior recitals and guest ensembles. The ensembles should also be incorporating or relating to Adelphi's 125th anniversary celebration with the theme of "Building Tomorrow Together."

There will also be visiting artist performances by groups Axiom Brass and Imani Winds, so be sure to keep an eye out on the PAC website for those performances. Some of the ensemble performances are open to all students, so if you are interested, make sure to contact Professor Boquiren via email (boquiren@adelphi.edu).

The dance department also has some great performances planned for this fall, including a piece by alumni Hannah Franz '18 for the Fall Arts Festival. According to department chair Orion Duckstein, the big show this semester is Dance Adelphi, which runs from November 17 to 21, with main guest Mark Morris as choreographer. Several faculty members will also be creating work for the show. Then the final dance performance of the semester will be a dance showcase, which will include many student-choreographed performances, as well as a capstone performance by Madelyn Sarver.

With such an array of performing arts events happening during this fall semester, students will surely be able to enjoy many great performances. Though many of the departments are currently unsure about the modality of their performances, performers are hoping to transition back to traditional in-person events, with the option of live-streaming performances for viewers who are unable to attend. Safety is of course the priority even as we strive to move back to normal.

Want more news, features, opinions and sports articles? Be sure to check out our website throughout the month at www.thedelphianau.com.

If you want to join our editorial team, contact us at delphian@adelphi.edu.

Datpiff: The Best/Worst Streaming Service

BY MITCH COHEN

In the past decade, streaming services have made thousands of songs accessible to the public for free. One of the most underrated streaming services is Datpiff, which allows listeners to hear mixtapes for free. Initially, I was impressed with the number of options available. Eventually, I noticed issues including song deletion, advertisements and an inability to make any new playlists. Even with these problems plaguing Datpiff, it is worth checking out.

Any quality streaming service provides listeners with songs based on their music tastes. When browsing through Datpiff, I discovered mixtapes from both mainstream and unknown rappers. For instance, I finally heard Divine Council's mixtape "DBSB" for the first time. For casual listeners, mainstream albums can be found on the site as well

Unfortunately, Rap and R&B are the only two genres on the service. If other genres like rock were represented, then Datpiff could appeal to more than just Rap fans. Despite that, Rap and R&B fans will have several options available to them.

When listening to music, one pet peeve I have is nonstop advertising. Using this service, I had two different experiences with advertisements. Surprisingly, when a song ends on the mobile app, the next one plays. Without ads, I could enjoy as many songs as I wanted without interruptions. On the contrary, the website did contain advertisements. Similar to Spotify, I encountered ads that impeded my listening experience. Thankfully, dealing with these ads was less egregious, as they were short and popped up very sporadically. For people who hate advertising, Datpiff has less intrusive ads compared to services like Spotify.

To switch gears, the most irritating problem I had was when songs got deleted from my playlist. After not using the app for a month, 25 songs from my original playlist randomly disappeared. I did not delete the songs intentionally and had no idea what caused the problem.

On top of that, I couldn't add music to the existing playlist or create new playlists. At first, I worked around the problem by listening to the songs without saving them. While this idea seemed smart at first, it took away the fun of using Datpiff. This led me



ads: 4,490,363













ads: 2,218,387



Datpiff contains exclusive mixtapes from popular artists.

to create a new account, which fixed all the problems I was having.

In the end, Datpiff is the most underrated streaming platform that is out right now. This service lets people listen to mixtapes and allows them to enjoy popular hip-hop albums as well.

At the same time, drawbacks such as advertisements on the website, song deletion, and the inability to make new playlists make it challenging to enjoy this service. Even with these setbacks, Datpiff is the best and worst streaming service worth checking out.

Fast-Forward from March 2020 to Now and Where Adelphi Stands

BY BIANCA VIANA & LIZZ PANCHYK

Since March 2020, many things have changed on a global level. At Adelphi, we have not experienced a normal campus in over a year. However, this fall, it is everyone's hope that we can expect a safe return to campus, thanks to the hard work and dedication of scientists, frontline workers and other health officials.

Universities across the country have rolled out plans to prepare for a safe return to campus. On July 26, Adelphi announced that as a part of its plan all students will need to be fully vaccinated to return to campus. On August 10, Adelphi reinstated the wearing of face masks and coverings on the campuses and on Panther transportation. This includes all members of the Adelphi community regardless of vaccination status. The reinstatement will only help to ensure that students are able to experience a safe and healthy environment on campus. However, all students are still required to fill out the Covid questionnaire on their AU2GO app



Students are being welcomed back to campus this fall with the hopes of resuming a more normal and pre-pandemic campus life. Photo courtesy of @adelphiu's instagram

Aside from new, and recurring, safety measures, many students coming back to campus for the first time in over a year will be able to experience a more normal college life.

For starters, they'll be welcomed into our newly renovated Ruth S. Harley University Center. For those who have not yet had the chance to visit campus since March 2020, Sentwali Bakari, the vice president for Student Affairs, said he expects students to be "...pleased with the new look, gathering and meeting spaces, conference rooms and [variety of] dining options."

Additionally, this semester students can expect to see more in-person gatherings allowed on campus in guidance with Covid guidelines. Bakari described this as a "robust campus life experience, including in-person student events, activities, meetings and social gatherings."

However Bakari does want students to keep in mind that current guidelines on campus could change at any time given the uncertain nature of the pandemic.

"Although we anticipate a gradual increase of in-person student events, activities, meetings and social gatherings, we are cautious and want to see the Delta surge diminish," he said. "Students can expect that our Health Services will remain committed to protecting the health and safety of Adelphi and administer the Covid-19 vaccine and offer testing for students."

As campus life, including classes, begins to transition towards a more in-person experience, Bakari said that some students can expect that a hybrid of learning will continue and that they will have the options to be involved in programs and activities through a virtual format and in-person.

"Adelphi University wants to keep its community safe and to do so, we can see changes to this at any time following local and state safety guidelines," he added.

Many students from the class of 2023 and forward have barely had the opportunity to learn on campus or experience

normal college life due to the campus-wide shutdown at the peak of the pandemic, and the continuation of the classes being online within the 2020-'21 academic year. So jumping into the new school year being able to learn and spend time on campus is a thrill for both current and incoming students.

"I think it'll go just fine as long as we at the very least have masks on," said rising sophomore Omari Collins. "And it should be a lot more 'normal' than last year due to there actually being more in-person classes."

The convenience of things being online these past few semesters was something that many students did enjoy. Bakari said, "During this past year, they appreciated being able to log on their computers for lectures, activities, workshops, including tele-health services from health services and counseling."

Even so, in-person college life is what many students are eager to experience as we can once again finally come together as a community and show pride in what we stand for as Panthers. This semester, the highly anticipated comeback to campus is sports and teams participating once again in NCAA intercollegiate competition. After not being able to watch our teams play around the country and cheering them on, Panthers will now be able to do this once again. (See page 8 for a preview of this fall.)

Greek life has also been lacking as the pandemic pushed it into a fully online position. Lindsay Bros, president of the Inter Greek Council (IGC), said, "One of my main goals for the fall semester is to strive to have meetings and events in person. With the Covid policies always changing, my council and I want to make sure we are keeping our community safe while also setting times for members of Greek life to be together after such a long time apart."

It will be a different situation for every club and organization, but the general hope is that the campus will thrive with

in-person events once again, including club events. Anna Zinko, assistant dean for Students and Community Engagement, said, "Student organizations can host in-person meetings and events. We expect that they will work closely with the Center for Student and Community Engagement (formerly CSI) to determine any accomodations needed based on current health and safety guidelines. Last year, many student organizations did host their events virtually. We know many of our students enjoyed the experience of connecting virtually and the conveniences it brought, but students are also interested in reconnecting in person. We envision a hybrid approach for the upcoming year."

She said that during the fall 2021 semester, the same level of engagement and support will be available.

"Students can expect to see hybrid experiences and support services available both in-person and online, and should know the university will continue to value our community's safety and wellbeing in all our decision making," Zinko said. "We know many of our students enjoyed the experience of connecting virtually and the conveniences it brought, but students are also interested in reconnecting in person."

This hybrid experience will allow students to indulge in the on-campus events, but also choose to join virtually if it makes them more comfortable.

Although things may still not seem normal for a while we can be assured that Adelphi is doing everything they can to help the community return for a fully in-person experience. We are all doing our best to adjust to this new "normal," and while it may be overwhelming at times, the more we do our part in getting vaccinated, masking up and social distancing the quicker we can return to more of a pre-pandemic lifestyle not only on campus but society too.

Academics After the Pandemic Are Permanently Altered

BY JEREMY KAUFMAN

Everyone is looking forward to the time when we can look back at the pandemic as something completely in the past. However, we are increasingly realizing that unless there is a major change, the coronavirus is here to stay. So, therefore we can expect there to be permanent changes to the way that we live beyond 2021. Logically, our academics will be among the many aspects of our lives that will have to change.

While there may be a point when the virus is contained to a minimum, there will always be those who are immuno-compromised or cannot be vaccinated due to medical reasons. Adelphi from now on should always offer a greater variety of courses for those who cannot attend in-person classes. Zoom classes should be as diverse in options as other classes. Furthermore, some students, including me, may have found Zoom classes to be easier than in-person. These students would especially benefit from these changes.

The coronavirus pandemic will likely change the academics at Adelphi

in other ways as well. We were not alone as many other people stayed home to do work. In fact, many people theorize that the coronavirus is simply the beginning of a trend. Not only will some lower level employees be working from their bedrooms, but we may soon see whole companies moving most of their workers to a work-at-home routine. I was surprised a few weeks ago to learn that my father's company was even encouraging people to go back to work in the city, let alone telling him to come back. Less than a week ago, my suspicions were confirmed when I found out that my father would in fact be staying at home.

Nevertheless, in the United States, business is changing. Likewise, so is education. Over the past five years, there has been a massive shift towards STEM or Science, Technology, Engineering and Math. One of the newly dominant STEM fields is coding and other computer sciences. Coding in particular is a field that can be accessed from a good computer at home. However, for those who don't have access to a steady internet connection at home, such classes can be offered

in-person as well.

Another STEM field that may come to mind as being relevant in this new era is particularly related to the coronavirus and pandemics in general. During the pandemic, many people were surprised at different things that happened across the globe. Among these things were how easily the virus spread and also how misinformation can change peoples' behavior. Information technologies are especially relevant to misinformation.

Perhaps the most important change that I foresee at universities such as Adelphi is a new outlook on medicine. Ever since the beginning of modern science, medicine has been seen as a major field of study. However, this has never been more true than since the start of the Covid pandemic. Therefore, one can imagine that at Adelphi, which has a renowned nursing program, we will see an even further emphasis on healthcare.

Nursing is not the only field that has seen the spotlight during the pandemic. Among the fields in medicine that will have a greater place in academia thanks to Covid-19 and the events dur-

are only permissible for the vaccinated.

issue the same policy.

San Francisco is the first American city to

trajectory of the current news cycle leaves

the future of unvaccinated Adelphians or

more broadly speaking the 'unvaccinated

youth," into the hands of federal and state

or city governments and private institutions

and corporations who are overwhelmingly

in favor of making these vaccines a living

Everything we can infer from the



Remote learning is most likely here to stay. *Image by danielfoster437*

ing the pandemic are social work and psychology. During the pandemic, many people have suffered from loneliness and psychological trauma. This is especially true in low-income and other marginalized communities. There should be more of an emphasis on helping others physically and also emotionally. This would be a positive change despite the pandemic. I also believe that more people may consider going into medicine or other emerging fields after seeing how important these fields are now.

The Fate of the Unvaccinated

BY CLAIRE TSANATELIS

Now that Adelphi has joined the ranks of the 600-plus American universities that require all students to be vaccinated against Covid-19 to return to school, that leaves open the question of what will happen to the unvaccinated.

The answer to that so far looks pretty clear. Unless they submit a religious or medical exemption, which many students aren't eligible for, they'll be barred from setting foot on campus, meaning no dorming, no in-person campus life and being forced to operate on a schedule that is incompatible with attending most classes.

This is obviously detrimental for every unvaccinated student's "college experience" that encompasses nearly every aspect of their young adult lives from getting a quality education, socializing and meeting new people, accumulating independent resources and networking for long-term career opportunities.

If you're an unvaccinated student who believes that involuntary inoculation is a clear violation of your constitutional rights to bodily integrity under the 14th Amendment, then you're out of luck if you're interested in initiating legal action. The first and only attempt of students resisting a university's legal authority to propose vaccine mandates was struck down by a federal appeals court. The federal judiciary sided with Indiana University's vaccine requirement by citing a 1905 Supreme Court smallpox vaccination case. To make matters more hopeless for the unvaccinated, Supreme Court Justice Amy Coney Barrett, who holds jurisdiction over the federal appeals court, denied an emergency injunction request from the eight University of Indiana students.

The results of this case will inevitably set a constitutional precedent that

will justify most independent institutions implementing vaccine requirements in the next couple of months. You can make any reasonable argument about forced vaccinations violating any rights enshrined in the US Constitution, the Nuremberg War Crimes Code and the Geneva Convention, but that won't prevent the President of the United States from taking his first inch by mandating Covid vaccines for all federal workers or else there may face disciplinary action from their agencies. Not only has



This Covid-19 vaccine passport application image reflects the idea that soon citizens will have to prove their vaccination status. The image is from Twitch Streamer Marco Verch

the President given the green light for the Pentagon to require all military members to get the jab, but the Biden administration is already in the process of legislating mandatory Covid-19 vaccines for all interstate/domestic travel.

Legality and constitutionality, unfortunately, won't be able to play a factor in stopping the biggest city in the country, New York City, which isn't too far from Adelphi's main campus, from establishing a system where nearly all indoor activity including restaurants, gyms and theaters,

Among the vaccine "safety" protocols deemed "moderate," anyone who refuses the experimental injection will be subjected to weekly PCR testing and stringent mask mandates. The more tyrannical guidelines being discussed or imposed explicitly deny the unvaccinated access to attending school, work, indoor public activities/events, airplanes and more.

The future of the unvaccinated youth is looking bleak. It appears the prospect of living a normal life as a productive member of society is going to be near to

impossible unless you receive the inoculation, which is exactly what the powersthat-be want.

Nonetheless, vaccine hesitancy is still a legitimate concern among the masses of unvaccinated, despite the coercion tactics being promulgated by the elite. A vaccine that was developed and administered to the world within a matter of months, which was also created with a technology never used on humans until now is worthy of questioning and reserving patience for long-term studies.

That and the vaccine's inefficacy to prevent infections and transmissions that surpass the unvaccinated in countless regions, as well as the tens of thousands of deaths and hundreds of thousands of injuries reported to the CDC's own adverse event reporting system (VAERS) vindicate the vaccine-hesitant in their convictions.

If you're a vaccine-hesitant student who is considering caving in to the pressure of taking the shot, because these impending vax restrictions may inconvenience you and your future, think long and hard about why you objected to it in the first place. The cost of becoming a second-class citizen may just be a moral obligation for resisting medical tyranny, that if left unchecked, will only result in metastasizing the new system laid out by the government and multi-billion dollar corporations to deny dissenting citizens a place in public society for just about any crises.

Editor's Note:

The views expressed on these Opinion pages don't reflect that of the editorial staff of *The Delphian*.

The Long-lasting Impacts of the Delta Variant

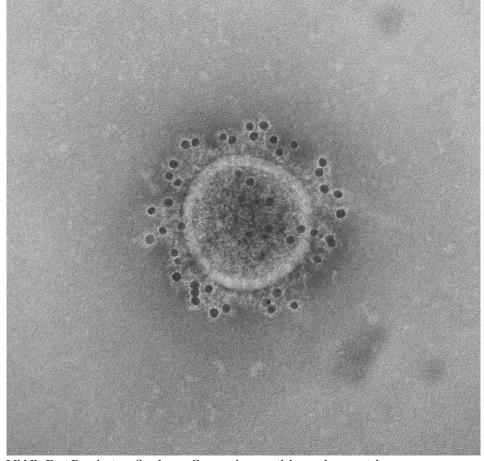
BY GERARD FIORENZAIII

In regards to our current predicament concerning the Covid-19 pandemic, we certainly aren't out of the woods yet. The original coronavirus strain, also known as SARS-CoV-2 (Severe Acute Respiratory Syndrome Coronavirus 2) has developed into multiple strains due to a mutation in the virus's genetic structure. Principle among these is what health officials within the medical community refer to as the Delta variant (B.1.617.2). Originating in India, the variant rapidly spread across the globe, reaching as far as the United Kingdom, eventually reaching North America to become the most prevalent strain in the United States.

Since then, it has proven significantly infectious, as the CDC claims that it is two times more contagious than previous strains. According to some of the recent data from two separate studies done in both Canada and Scotland, infection via the Delta variant leads to more hospitalizations as opposed to patients infected with other variants, making it potentially much more severe. The biggest concern for health officials currently seems to be directed toward getting as many Americans vaccinated as possible. They worry that the unvaccinated are not only most at risk of contracting the Delta variant, but spreading it as well. While the current Covid-19 vaccines are considered to be highly effective (especially against the Delta variant), they aren't 100 percent effective, and breakthrough infections have occurred amongst vaccinated individuals. This has led health officials to emphasize becoming vaccinated and maintaining

social distancing regulations as best as possible while government mandated restrictions slowly begin to lift throughout the United States.

Despite this, the efforts of consultant epidemiologist Jamie Lopez Bernal and his team have given us some much-needed hope. The team utilized a test-negative case control assessment in an attempt to determine the effectiveness of vaccination against symptomatic disease which was caused by the Delta variant. More than one-third of the observed participants in each variant population were aged 16-29 at the time of their sequencing. Lopez Bernal and his colleagues tested their subjects with two doses of two separate vaccinations. Two separate pharmaceutical and biotechnology companies provided the vaccinations, BioNTech's BNT162b2



 ${\bf Middle~East~Respiratory~Syndrome~Coronavirus~particle~envelope~proteins~immunolabeled~with~Rabbit~HCoV-EMC/2012.~{\it Image~from~Flickr.com}}$

(the Pfizer Vaccine) and Oxford -Astra-Zeneca's ChAdOx1 nCoV-19. However, the team noticed that there were a number of obstacles that were prevalent in the midst of the trial, some of which included their observational nature and lower specificity and sensitivity of relied-upon PCR testing results. Despite this, the team determined that there were "high levels of vaccine effectiveness" when using twodose vaccinations against the symptomatic Covid-19 caused by the Delta Variant. In their findings, they said, "Our finding of reduced effectiveness after the first dose would support efforts to maximize vaccine uptake with two doses among vulnerable groups in the context of circulation of the delta variant."

As trial doses are tested, government social distancing restrictions and mask mandates are lifted, and new genetic mutations birth new strains, one could only wonder when the pandemic will fade into obscurity. Unfortunately, it seems that Covid-19 will stay dormant in our world for a while. Apparently, only 15 percent of the world has been vaccinated. Epidemiologist Larry Brilliant said, "I think we're closer to the beginning than we are to the end, and that's not because the variant that we're looking at right now (the Delta variant) is going to last that long."

Personally, I think another interesting take on the issue is that Covid-19 may become endemic, and always persist with us, though due to humanity's advantage of rapidly advancing medical science day by day, hopefully, one day it will just become another part of history.

The Marvel Cinematic Universe: Overrated or Pure Genius?

BY JUSTIN KRESSE

Like it or not, Marvel movies and series have become a big part of western culture in the past decade or so. However, not all of their stories have been up to the same standards. Since the MCU's phase one films like "Iron Man" and "Captain America: The First Avenger," Marvel Studios has made great strides in both character development and the production of interesting and provocative stories.

One way that Marvel has broken down and grouped their large film catalog is through the use of "phases." These phases describe a broader and more general story happening throughout all the individual movies and TV shows in the group. For instance, phase one spans from the original "Iron Man" film to the first "Avengers" film and gives viewers an introduction to each superhero before gradually bringing them together.

In my opinion, this first phase is one of the weaker aspects of the Marvel film franchise. Films from this phase such as "Iron Man," "Thor" and even "The Avengers" don't take too many risks. They are merely superhero movies where the good guys are good and the bad guys are bad – no question about it. Take, for example, "Captain America: The First

Avenger." In this film, Steve Rogers is a scrawny underdog character looking to make a difference – stop me if you've heard this before – who gets his chance to fight against the big bad Nazis. The story is too cliche and basic, compared to later Marvel films

What I love about the second, third and now fourth phases of the Marvel Cinematic Universe is that their storylines have tackled more interesting issues, such as the question of whether even seemingly righteous individuals with superpowers should be kept in check, what constitutes a viable solution for population growth and world hunger, and even looking more closely at groups of people that have been marginalized or discriminated against. It's these kinds of stories that, in my opinion, have made Marvel movies so popular in recent years. Sure, they're cool superheroes, but they're also dealing with some of the same problems that we face or at least wonder about on a near-daily basis.

Now, with phase four underway, I am even more excited with the direction Marvel has chosen to pursue. With their recent series and "Black Widow" film, it seems the creatives at Marvel studios are hoping to tackle more interesting issues. Take the miniseries "WandaVision." Wanda Maximoff, a historically good

character who was part of the Avengers, suffers an emotional breakdown and imprisons an entire town in a simulated reality. This plot makes viewers question whether Wanda is actually the good character in her story – a line of questioning that I hope will be expounded upon in the upcoming film "Doctor Strange and the Multiverse of Madness." Another example from the recent Marvel productions is the "Black Widow" movie. Between the signature comedic quips, that film displays a message of female empower-

ment. No, it's not going to be as upfront about these messages as a film like "Little Women" or "Hidden Figures," but it's refreshing to see an action film that takes the time to examine important issues of the modern era.

If the recent shows and films like "WandaVision" and "Avengers: Infinity War" are any indication of what's to come, I would say it's fair to say that Marvel has left its black-and-white storylines well in the past, and I for one am excited to see what's next



Marvel movies have become especially popular, partly because they combine action and superheroes, but also because they explore many issues of the modern era. *Image from Flickr*.

Fall Panther Preview: Panthers Look Forward to Competition Prospects

BY MAXMILLIAN ROBINSON

The Panther fall season has been made possible with the mandate that all students, athletes and staff get vaccinated, raising anticipation for a complete sports schedule.

"I am excited to get back into the new season," said Skyler Nenadich, a junior women's swim athlete. "I feel motivated to work hard every day in order to accomplish my goals. I am looking forward to this season more than others given the fact that it has been over a year since I have completed due to the pandemic."

Men's soccer star Paolo Marciano said, "I can't wait [for the season] to start. I have been waiting for this moment since our last game in November 2019. It's been a tough period, but I'm very happy to start playing again and enjoy every single practice with my teammates and the coaching staff"

On top of a new season, comes new opportunities and a fresh start for growth in a player.

"We have worked hard during this time and have been patient throughout this period in which the pandemic has caused so much change to our regular lives," Marciano said. "But now, finally the moment we were waiting for has arrived and we will be ready for the new beginning."

Other athletes seem to agree.

"A new season means new opportunities so I am looking forward to getting back to training and competing with my team," said women's track athlete, Gabrielle Buissereth. "I'm also excited to see how much growth I have had since the last time I was able to compete in the winter."

Athletes are to be commended for their approach to the game, being able to stay in consistent shape and perfecting their craft at their respective sport, all during a tumultuous time. For those who aim to live a healthy lifestyle, it leads them to wonder what routine would fit them best?

"I was able to train with my coach three days a week [until May] and then I began working out on my own three to four days a week," Nenadich said. "I focused mostly on leg and core exercises because I know that it helps me get more power off the diving board" One of things that will make the fall experience better for the athletes is that their fans will be back.

"For everyone cheering us on, our team is grateful for your support," Buissereth said. "We hope to do you and ourselves proud out on the track once again."



Panther fans are prepared to cheer on all Adelphi sports teams, returning to the stands under new safety guidelines.

Marciano said he never stopped training and always maintained a healthy diet. "I tried to stay positive and day by day work hard [academically and athletically]," he said. "My routine in the off-season is to take care of my body and prepare to arrive in the best shape possible for the season. During the off-season, I tried to improve and develop new skills. I also tried to learn more about everything."

He added that he has been reading as a hobby and he's focused more on academics and has learned a "wide variety" of subjects. All athletes are thankful for the opportunity, with some expressions of gratitude more than ever.

"To our incredible and amazing fans, I want to say that finally the time has arrived. Finally, we will all be together again at the soccer field," Marciano said. "I am 100 percent sure that the fans' support will be very significant for us and will give us all positive energy. I would also say to our fans, stay close to us and follow our progress because I'm sure we will bring you great joy."

a healthy lifestyle, it leads them to wonder subjects.

Sports With No Remorse? A Safe Return to Competition

BY MAXMILLIAN ROBINSON

Exactly one year ago, student athletes were feeling optimistic about a possible return to an active sports season, until the decision was made to cancel the fall sports season in late October. Fast forward, an inclement spring season was conducted, with several games being canceled due to players testing positive with the Covid-19 virus. Now, the question remains: Can a full season be continued for our fall sports?

"While I can't speak to the definity of seasons happening or not, I believe that we are in a good place for sports to take place for all [three] seasons," said Andrew McCabe, assistant athletic director for Facilities and Gameday Operations. "We will be following all federal, state and local guidelines when it comes to playing any sports here at Adelphi. When playing last spring, the guidelines changed so we adapted as the season went on to make sure we were compliant."

This comes to be good news, considering that many fall athletes missed out on the opportunity to play in front of the

fans for their fourth and final season.

However, a new rule was put in place that allowed senior athletes who had their season canceled to return and play for a true final season in front of their fans. But with Covid still lingering, will there even be fans allowed?



Andrew McCabe is very confident that we will have a full, uninterrupted sports season.

"Yes, fans will be allowed at games this upcoming season, along with playoffs," McCabe said. "The NCAA [National Collegiate Athletic Association] will be returning to a full schedule of fall sports, unlike the reduced schedules for the athletes this past spring."

That means a full regular season, playoffs and tournament championships around the nation. Fans will be allowed to come into the stands, cheer on their home teams and make a valiant effort to return for each game that is presented to them.

Let's do us all a favor: Be responsible, maintain a healthy distance from others when attending and be sure to always sanitize. That way, the experience for the games can be the best possible for all in the venue.

"Fans can continue to follow all the guidance that comes out from Adelphi and other agencies in order to protect themselves and others," McCabe said. "We have plenty of room at our sporting venues that will allow us to space out as much as possible."

Basking in a New Season: Men's Basketball Outlook

BY MAXMILLIAN ROBINSON

After experiencing a suspended fall season, many athletic programs across the country lost their integrity. Due to funding, many schools had to downsize, eliminate their athletic programs, with some, ceasing operations. However, not Adelphi. Our athletic teams, specifically the men's basketball team, continue to keep their foundation of core players, while also adding key pieces to the puzzle.

"We will have a few new names on the roster," said David Duke, men's basketball coach. "Matt Price, Jake Hlywiak and Niv Rozenholtz; all three new guys bring skill sets that complement the team very well. They can all defend a variety of positions on defense and are very skilled on the offensive side of the ball."

During their last season of play in 2020, the Panther men placed second in the southwestern division of their conference, the Northeast 10. They finished with an in-conference record of 11 wins, 8 loses, an overall record of 18 and 11. No years of eligibility were lost for any players, which means that they can build off the chemistry they've gained through practice as teammates together and help the incoming players transition into their style of play.

But athletes aren't the only thing that this team is adding.

"We have assistant coaches Jon Severe and Brian Kerins joining the staff," Duke said. "I recruited Jon when I was an assistant coach at Fordham. He was a [high school] parade all-American. [Brian] was the head manager at Iona prior to joining

The men's basketball team is gearing up for what could be the most anticipating season yet with a strong team that consistently continues getting better. They will be battle tested throughout the season.

Fortunately, this battle won't be dealt with alone.

"We have missed being on the court with the terrific fan base of students and the Adelphi community," Duke said. "We are all looking forward to seeing everybody back at the CRS [Center for Recreation and Sports] this season."



Guard Isaiah Salter, a redshirted junior, is prepared to get back on the court this fall. Photos on this page from AU Athletics