Racial Incident Forces Adelphi to Confront Issues of Discrimination

BY DANIELLE MCDouGALL

On November 16, several social media posts and a Snapchat video of students from Pi Lambda Phi and Sigma Delta Tau began to spread across the Adelphi community. These posts captured two students using the n-word in a derogatory fashion. Needless to say, the posts quickly sparked outrage amidst the community, resulting in both faculty and students calling for a response from administration to the incidents, and some indication that said incidents would be investigated.

One such response came the next day in a letter from President Christine Riordan addressed to the community entitled “Taking a Stand Against Racism and Bigotry.” In it, she assured everyone that Pi Lambda Phi, the organization featured most prominently in the offending posts, was being investigated by the administration and had its activities suspended during that investigation period. The final lines of her letter stated that, “We’ve worked hard to improve equity and inclusion at Adelphi, but there is much more to do.”

Part of this work is being done by students who have elected to demonstrate in the wake of the incidents. Students from organizations like Black Students United (BSU) and the Latino Students Association (LSA) convened for a demonstration in front of the University Center on November 27 to express upsetness. There is a large reported and unreported pool of incidents on campus. [and although] progress is being made... this is an American institutional issue,” said Heidi Pena Ortiz, president of LSA and a senior psychology major.

In an interview with The Delphian, Perry Greene, Adelphi’s vice president for diversity and inclusion, echoed Ortiz’s observations about the prevalence of racism in and outside of the campus. “Adelphi is a part of the world, and we are at times a microcosm of the world we live and vulnerable to certain socio-political elements found in that world of which we are a part,” he said. “As an institution, we reject racism and racist sentiments expressed by any members of our community, regardless of their affiliations.

Student Journalists in Jeopardy of Exploitation by Crowdsourcing Media Platforms

BY GABRIELLE DEONATH

In recent years, crowdsourcing media platforms like the Odyssey and Her Campus have been increasingly present on college campuses all around the United States. An Odyssey “community,” as the company has named it, and a Her Campus chapter, have both been established at Adelphi University, but they are not regulated by the Center for Student Involvement (CSI) or by any other department within the university. In 2017, there were reports to faculty from Odyssey writers and editors-in-chief at Adelphi who were unhappy with the stunted communication between their community and Odyssey management, as well as a lack of response during times of need. This has raised concerns among some faculty that students are unwittingly being taken advantage of in pursuit of earning a byline for their resumes. Further, to date there is no mechanism on campus to guide them.

How They Work

According to Stephanie Pohl, the editor-in-chief of the Odyssey community at Adelphi from early 2017 to August and an Adelphi alumna who graduated in May, there was a set system of communication with the editorial staff at Odyssey headquarters in New York City. In addition to email conversations, once a week, the editor-in-chief of the community would be able to set up a Google Hangout with their assigned assistant managing editor, through which the editor-in-chief would receive feedback about his or her writers and the content produced and be able to seek guidance. These Google Hangouts were then opened to the entire Odyssey community in April of this year, but then were phased out in July.

In her time as editor-in-chief, Pohl managed 15 to 16 active writers and worked an average of 15 hours per week, as each Odyssey team must reach a quota of 12 articles in a seven-day period. She said she also felt at times that she had different goals than those at Odyssey headquarters. “They wanted me to get a certain amount of views for the whole community; we wrote about whatever we wanted, any way we wanted. We had a lot of control; we wrote about whatever we wanted, and it was kind of like a therapy. The $20 incentive for the most shares that week in our community was also really appealing. A lot of us had ended up doing was trying to write articles that we knew would get shared instead of what we wanted to write.”

The Challenges for Students

It was when the first major shift in the Odyssey’s agenda was implemented and new incentives made it impossible for writers to receive compensation unless their articles went viral, that many of the Adelphi Odyssey writers and the editor-in-chief at the time decided to walk away.

A former assistant managing editor for the Odyssey, who wished to remain anonymous, told The Delphian, “While they are thinking on this greater scale, it’s hard to be authentic in that space because the rigor of the numbers that you need to hit is not conducive for what a media environment is.”

For Adelphi alumni and former Odyssey writer Emily Elefante, the purpose of joining the Odyssey was to expand her portfolio. When applying for jobs in the spring semester of her senior year, she mentioned her Odyssey work in her cover letters. However, the Odyssey was updating their site at the time, and many of Elefante’s pieces disappeared entirely.

“It took me weeks to get my content back,” she said. “I was really angry that I spent all this time trying to build a portfolio, and when I went to this interview, it was all gone.”

This was not the first time that Elefante had experienced technical difficulties with the company, and our employee source confirmed that the Odyssey’s IT teams were not equipped to handle many of the problems that arose. “They did have [a tech team], but they were not rigorous or ambitious in the sense of what it is they needed to fix and the timeliness of when they needed to fix it,” the former employee said. “A big part

(continued on page 3)
A Word from the Editor

It always amazes me how quickly the semester ends, and then there’s another part of me that is so exhausted that I am ready to be done. For those of you who identify with the latter, the good news is that we’re in the last stretch. In a week’s time, we shall be free from the stress of last-minute assignments and final paper and exams.

Though I’m excited to have a break, as most of us are, I am more thrilled to be ending my first semester as editor-in-chief with this issue. One of our goals for this year has been to make current events more relatable for the Adelphi community, and I am proud of every step we have taken to achieve this mission.

The Me Too Movement has created what seems to be a never-ending trend of sexual harassment and assault victims confronting their accusers. For me, though not an avid “Today Show” watcher, Matt Lauer was always a fun personality to watch. Now, he is just one of the latest public figures to be accused of horrific assaults against women. Every year, I look forward to the unveiling of “Time’s” Person of the Year in December. I don’t think that there has been a more powerful impact created than that by the “silence breakers” of the Me Too movement in recent years, so “Time’s” choice this year could not have been better selected. Our features editor, Danielle, has written about the effect of these recent revelations on college students who have experienced some manifestation of sexual violence and the resources available to help them cope with trauma from the events.

Because of our small staff and the large amount of time necessary for thorough reporting, investigative pieces are a rarity in *The Delphian*. However, with this final issue for the semester we were able to have two investigative pieces that took several weeks to put together, including interviews, research and writing. As the reporter covering the issue of exploitation of student journalists, it was an eye-opening experience for me to watch a story unravel itself as I continued to talk to sources. It has also come to my attention that some people believe that we only write stories that please the university administration or are somehow controlled because we receive funding from Adelphi. With our coverage of some of the controversies on campus, I hope that it is clear that we are committed to reporting on all subjects of importance here, not just the ones that highlight the positive happenings on campus. We also put immense effort into exercising sensitivity towards all parties involved in every story while still remaining committed to the truth.

For our athletics enthusiasts, we have added a new column to our sports section: Panther’s Podium. This addition allows our athletes to become writers as well, sharing their personal experiences on the field in entirely their own words. Having new voices represented in our issues always make for refreshing material and more diversity in writing styles. We are always looking for more staff writers, so if you’d like to be a part of *The Delphian*, please reach out to us through email at gabrielledeonath@mail.adelphi.edu or find us on Facebook.

Another of our lighter pieces for this issue is our guide to holiday gift shopping. We have covered all of your bases, from the friend who loves to travel to the foodie in your life. I would also like to take a moment to recognize our outstanding design team represented in our issues always make for refreshing material and more diversity in writing styles. We are always looking for more staff writers, so if you’d like to be a part of *The Delphian*, please reach out to us through email at gabrielledeonath@mail.adelphi.edu or find us on Facebook.

With that said, we would like to wish you all a happy and restful winter break.

-Gabrielle Deonath  
Editor-in-Chief

Swirbul After Dark: 24-Hour Access Welcome for Finals Week

BY MATTHEW SCHROH

Adelphi night owls and finals-minded students in general rejoiced to learn that Swirbul Library will be opening its services to students into the early morning hours. A look at the library’s schedule reveals that, starting the week of Dec. 4 and continuing until the end of finals week, Swirbul will be keeping its doors open past its normal closing time on multiple days, and from Dec. 11 – 14, it will remain open for 24 hours, for a grand total of 96 hours of library access.

Ann Minutella, the associate dean of user services at Swirbul, explained the decision in terms of making things easier for the students.

“We try to provide as much study room and as many people as we can during this time. It gives people access to laptops and library rooms,” she said.

Additionally, rooms 100 and 101 will be open for 24 hours for nearly the entire month of December. These computer labs may sound familiar as the library announced at the beginning of the fall semester that the two rooms would now remain open until 3 am year-round.

The library takes the concerns of Adelphi’s student body very seriously.

“That was part of the decision to work the hours,” Minutella explained.

“We met with student organizations. We went with their suggestions and they went with ours. We do surveys about our hours – ‘You’re the ones using it, what do you think we should do?’”

The library collects data about the amount of students studying at every time of day to better account for when Swirbul should be open for student use. As Minutella noted wryly, “usually nursing students are the last to leave.”

Swirbul uniquely adapts to the needs of the Adelphi community in a way few other services can boast, extending hours when it is clear people need it. For example, Swirbul used to open at 8 am, but upon realizing that students needed to print supplies, get ready for class and often just stay warm during the cold weather, the library started opening its doors at 7:30 am.

“As long as it’s giving more and not less, then we’ll do it,” Minutella said on the matter. “If we see something that will work, we’ll try it. We are very willing people.”

This is also why the library staff has recently added a pop-up reference desk on the first floor of Swirbul, possibly permanently, for students to go to for any questions, from books to services to databases.

The Adelphi community can graciously note the consideration their library takes for stressed out students with finals on their minds.

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The Delphian
Racial Incident Forces Adelphi to Confront Issues of Discrimination

We will confront racism where we find it and educate our community when we can.”

During the recent demonstration, Greene was joined by several members of the Adelphi community, including faculty and visiting campus tour guests, in greeting the demonstrators.

Jeffrey Kessler, assistant vice president and dean of student affairs, was among those who greeted them. On the topic of the racial incidents, Kessler stated that such events led him to understand that, although Adelphi is increasingly becoming a diverse place, it has yet to become profoundly inclusive. “It became apparent to me that the work we are trying to do to make Adelphi a model of diversity and inclusion is far from over,” he said.

While speaking to The Delphian, Kessler commended the students who demonstrated for using their collective voice to highlight this fact and encouraged anyone who wants to make their voices heard to go on Adelphi’s website to familiarize themselves with the demonstration policies and protocol. It now only requires that students seeking to demonstrate notify Public Safety and the Student Affairs office 24 business hours in advance.

Meanwhile, Ernesto Marciano, Jr., president of Pi Lambda Phi, issued a letter to campus leaders on November 17 that assured the incidents were being dealt with.

In it, Marciano explained that, “our chapter and our founding values are built upon the elimination of prejudice and as such, this behavior is by no means representative of our organization. The member who committed these actions has been removed from his position and has been suspended from the fraternity. Our organization stands against the discriminatory and racist language exhibited within his posts.”

He explained that the chapter will be working with its advisors and Jason Spradley, the multicultural affairs director at Center for Student Involvement, in order to attend cultural sensitivity workshops and critically think about how to be a more inclusive organization moving forward.

Finally, Marciano issued an apology to those in the Adelphi community who were hurt by their members’ actions. When The Delphian reached out to the chapter for comment, Marciano declined to provide one, but directed us to this letter.

The administration is taking greater steps to address recent incidents on campus. Administrators have indicated that these are being investigated to determine whether they violate the Student Code of Conduct. If they do, sanctions will be imposed on the student or they will be suspended from the campus. An e-mail sent on November 27 by Sam L Grogg, Adelphi’s interim provost and executive vice president, addressed both the recent incidents and a flyer dispersed in the UC before Thanksgiving that detailed additional incidents of hate speech, sexual assault and hazing that dated back a few years. In the e-mail, Grogg insisted that “we are currently investigating all of them and will take the appropriate action as required.”

Greene said the administration is also presently using training and dialogue to work with both national- and campus-level Greek life representatives in order to ensure the involvement of its leadership and membership in a process of learning about social issues.

This response from administration partially speaks to what junior anthropology major and president of Levermore Global Scholars, Christina DeBlasio, explained was a primary objective of the action of the student demonstration.

“The overall goal for this demonstration was to have accountability for students and organizations...we ask that they own up to their actions and fix them...I ask all students to stand up for their fellow students, and to please speak out if they see something wrong,” DeBlasio said.

The issue of students not standing up for one another appears to be another contributing factor to the continuation of disciplinary acts on campus, according to students and administrators who The Delphian spoke to. Tiani Moore, a junior computer science and information systems major, observed that although some greet the demonstrators, others could look at the students’ signs, but not at the students themselves.

“For the people who could not look us in the eye, that says something about how they perceive the problem we have presented,” Moore said. “That shows us that they would much rather be a bystander, that they would much rather not believe that real people are hurt by things they are to hesitant to pay attention to.”

This attitude is contrary to what Moore envisions our community as being: one wherein “students [are] more vocal about treating others with respect and having empathy for the experiences marginalized individuals have had because of white supremacy.”

Kessler vehemently discouraged this bystander attitude, saying in an e-mail to students that, “if you see behavior or posts that are inappropriate or marginalize another person or group, say something to that person. Bigotry grows in an environment of silence.” He also encouraged students to consider reporting these actions.

What steps can our community as a whole take to end this silence and address the factors that gave rise to incidents like the ones above, such that inclusivity becomes a more tangible possibility in the future? Greene said education through open dialogue will be a major factor in moving towards that future, though that move will take a long time and arduous process.

“We must continue to educate our community,” Greene said. “We must find ways to make sure all members of our community are not just invited guests, but members of the Adelphi family. We’ve begun this process by creating spaces for full engagement of the broader community and creating dialogues where we can grow and learn together. I think these efforts have made a difference, but as you suggest, there is lot more to do.”

-- Tatsuya Hondo contributed to this story

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of that is that the New York team worked in editorial, but there was a separate Indiana office, and that is where tech was centered from. The disconnect of distance also became a very apparent disconnect that users could feel when they went to the site because tech was not as fast as New York was running.”

A Company in Disarray

In three months this year, Pohl and her team went through three different managers, due to changing of hands, layoffs and promotions. Then, following the trend of frequent changes with little warning, the Odyssey altered their management system over this past summer. The assistant managing editor position was done away with completely, according to Pohl. In the past two years, there have also been two sets of major layoffs, resulting in the firing of over half of the staff at Odyssey headquarters.

“I lost a manager, and that was my whole support system,” said Pohl. “That freaked me out. I basically became the advisor without any tools to do that. I was like ‘What am I supposed to do?’ Everyone told me to leave, but I felt terrible about leaving them.”

The former Odyssey employee attributed these constant shifts within the Odyssey to various factors. She said that because the Odyssey is a start-up and heavily relies on venture capital and investment dollars, they are not generating enough profit to cover their overhead costs on their own. At their prime, they were hiring journalists from established media companies like The Guardian and Hearst. However, they were not able to afford these experienced journalists over time and also could not sustain their business model. The Odyssey was also pushing to incorporate video content, which was an effort that our source classified as a failure that caused loss of revenue.

“They had a really great model with what they initially wanted to do, but creating growth within that model was really hard,” the former Odyssey employee said. “When it became inauthentic is when the real change occurred, because if you have people who are calling people and saying, ‘Hey, join an Odyssey community’ because that person needs to reach their quota, and they get an editor-in-chief who they give a quota too, and that person needs to reach their quota of writers and content, it becomes disingenuous.”

Since Pohl’s departure, the Odyssey at Adelphi has not recovered. There is no current editor-in-chief, and though the Adelphi Odyssey profile says there are 16 contributors, only one of them has been writing consistently for the past several months.

Adelphi’s Her Campus Chapter

Meer now writes for the Adelphi chapter of Her Campus, which she describes as much more relaxed and a friendlier environment. One major factor that contributes to this “fraid back” setting, she noted, is that Her Campus has a quota of six articles per week, half of the Odyssey’s expectations. Her Campus also has two student leadership positions – president and editor-in-chief. With this structure, the major responsibilities are split in two, and current president Amanda Opromolla estimated that she and editor-in-chief Alexis Blecher work no more than five hours per week on Her Campus tasks. Opromolla also reported being pleased with the management structure at Her Campus headquarters and felt that everyone was very involved and responsive.

However, Her Campus owns all content published on their site, which Opromolla and Meer both were not aware of, and similarly, former writers at the Odyssey remain unclear about whether they own their content. According to the former employee of the Odyssey, the company owned all content up until the time she was laid off, but she is no longer aware of their current rules. Attempts to contact the Odyssey headquarters were made, but no response to the complaints and clarification of rules were provided at time of publication.

For some Adelphi faculty, this has been increasingly concerning, especially with the Communications Department.

“My main concern is that I’m not sure students fully understand the implications of writing for organizations that do not necessarily have students’ best interests as their primary focus,” said Peggy Cassidy, department chair. “Students are so eager to get their work published that I think they are vulnerable to exploitation. In the short term, students might not see a problem with signing their work away to these organizations, but this can come back to haunt them later when they want to access or use that work again, only to find it no longer belongs to them.”

Oversight Needed

Though Cassidy said that she does not think there is one effective way that these chapters on campus should be supervised, she made it clear that some advisement or regulation is needed in order to protect students. This type of regulation at Adelphi usually comes from CSI, as it does for this publication.

At the formation of the Odyssey at Adelphi, it was a decision made by the editor-in-chief and the writers not to apply to become a CSI-regulated club. According to Pohl, the writers felt that if they decided to write anything about the university, they would be restricted if they applied to be an official campus club. CSI provides its committee-approved clubs with financial support, the ability to hold events and meetings on campus and requires the club to have a faculty advisor on campus who can provide help and guidance when necessary.

Lauren Purcaro, associate director of CSI at Adelphi, said, “Nobody steps in and says, ‘Oh, you’re writing about that.’ If you’re unhappy with something or you’re covering something that is happening on campus, no one is going to tell you what to write or not write.”

“No Adelphi student should be left on their own to figure out a company’s practices that put them at a disadvantage.”

Purcaro also said that CSI has many clubs that are a part of a national organization, and the center operates as support for them on campus, making sure that all regulations of the national organization are being met, and to advocate for the students when their needs are not being met.

As for Her Campus, the chapter was denied official club status, having been found by CSI to be exclusive. Purcaro mentioned that the committee’s decisions are based on the mission and content of a potential club. By law, she also said, a club must follow three guidelines before moving past the first stage of the approval process.

“It needs to be able to not be discriminatory in any way, whether that’s with a person with disabilities, a certain culture or gender, and they have to follow the no-hazing policy,” she said. “These are the laws that we have to make sure are being followed.”

Opromolla said that though she would be pleased if the Her Campus chapter became a CSI-recognized campus organization, she also admitted that she doesn’t feel that their chapter is lacking in any way. Though not part of the team that attempted to gain that recognition, Opromolla was confident that the committee was mistaken in their findings. She emphasized that Her Campus is about simply empowering women with the intent to exclude those that identify as otherwise.

“We decided against reappealing because we are not going to change the name of our organization,” she said. “They said it excluded men. Men can write for Her Campus. We’ve done profiles on guys.”

Our articles are not all girl-focused. We cover a range of topics. I think that’s an absurd statement.”

Advice for Student Writers

With no clear resolution in sight, Cassidy suggested that students who want to partake in these platforms scrutinize what they submit. If it is not likely for there to be any benefit in publishing their writing in more competitive publications or to maintain ownership of the content, only then, she advised, should they proceed.

“I have to think that prospective employers see these organizations for what they are and will be looking in applicants’ portfolios for work that has made it through a more demanding submission process,” she said. “That’s what I want to focus on with our students—helping them publish their work in venues that will make them competitive as they launch their careers.”

“Students who want to get a bylined article—necessary for any potential communications job—need to know that there are other options on campus, like this one, for which not only will they get an opportunity to practice interviewing skills with sources willing to be quoted, they’ll also get the support of a skilled staff who will help them edit their work and provide them with guidance that will translate to their future careers.”

“Adelphi student should be left on their own to figure out a company’s practices that put them at a disadvantage.”

Burby added, “Anyone who would like to get support or guidance about online platforms or other potential freelance opportunities can speak to me or any other professor in the Communications Department.”

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The “Weinstein Ripple” Forces U.S. to Confront Sexual Violence Problem

BY DANIELLE MCDougall

On October 5, “New York Times” reporters Jodi Kantor and Megan Twohey published a landmark article about the decades-long string of sexual abuses that dozens of actresses and models in the industry had been subjected to by film producer powerhouse Harvey Weinstein. Although the article itself is just two months old and focuses on the abusive behavior of one man, its effects have been manifold and implicate the entirety of the U.S. in a long-overdue conversation about those who abuse their power, those who suffer at the hands of abusers, and the structures in place that allow said abuse to continue. The people who have come forward about their abuse, termed “The Silence Breakers” of the #MeToo movement by “Time” magazine, have been named the 2017 Person of the Year for their crucial role in prompting this conversation.

The so-called “Weinstein ripple effect” has forced the American public to reckon with its pervasive sexual violence. That means, for a start, confronting the fact that the Rape, Abuse & Incest National Network (RAINN) reports that another American is sexually assaulted every 98 seconds, and 1 in 6 women have experienced at least an attempted rape. More broadly speaking, this effect is forcing us to examine the systemic flaws in our workplace environments, schools and legal systems that discourage survivors of said violence from seeking justice.

College Students Feel the Effect

The impact is felt on college campuses as well. RAINN has found that 11.2 percent of college students across the country experience some form of sexual violence during their time in school. And, as our campuses becomes increasingly more diverse, it is ever the more worrying that 34 percent of multiracial women are survivors of sexual violence, and LGBT-identifying people face exponentially higher rates of sexual violence across the board than cis-gender-heterosexual people do, based on the results of a 2010 Center for Disease Control report. Going forward, we will also have to examine the reasons for such disproportionate incidences of violence between races and sexual orientations of survivors. (If you or someone you know has experienced sexual harassment or assault, see the sidebar on this page for resources to reach out to.)

At the same time, as more women speak out, Rhonnie Jaus, Adelphi’s title IX coordinator, said that the effect may be a change in society’s approach to addressing workplace sexual harassment.

“Having survivors of sexual ha-
rassment and assault from many different industries come forward with allegations, helps raise awareness about these subjects and the need for increased and compre-
hensive sexual harassment training in the workplace,” she said.

In the wake of this process of reckoning, survivors have been empowered to, in some cases for the first time, speak about the abuse to which they have been subjected. To do this, thousands have coalesced on social media platforms like Twitter and Facebook under the hashtag #MeToo. The hashtag, which actress Alyssa Milano borrowed and popularized this October following the Weinstein revelations, originated in 1997 as a slogan that a black feminist activist, Tanara Burke, created in response to Heaven, a 12-year-old girl recounting the sexual abuse that her stepfather subjected her to.

At the time, Burke felt disempowered to help the young girl seek justice against her caregiver, let alone process the pain that her abuse inspired. The conse-
quences of this sense of disempowerment were significant. A statement about this encounter on the website for Burke’s gen-
der-equality organization, Just Be Inc., tells us that Burke was constrained to the necessity to “impress upon [Heaven] that nothing that happened to her was her fault,” mitigate any feelings of shame, and create solidarity between the girl and herself.

Empowered to Speak Out

So, in honor of Heaven, the slogan “me too” was born. And now it serves as a means for survivors who have been cowed into silence to finally shed light on their experiences.

Jaus said that the community as a whole, “is a star.” According to Anthony Zenkus, an advocate with The Safe Center, a vic-
tims’ services agency that supports victims of abuse and assault in Nassau County and beyond, a prime contributor to survivors opting for silence is victim blaming, a set of acts that place the responsibility for abusive behavior on the shoulders of the abused.

“Basically, there is a lot of vic-
tim-blaming that goes on,” Zenkus said.

“Even just asking, ‘Why did she or she take so long to come forward’ makes a victim feel like they themselves have done some-
things wrong. Crimes of sexual violence can produce feelings of shame and self-
doubt, so victims are afraid they won’t be believed or that they will be judged.”

Zenkus said an additional fac-
tor that deters victims from speaking out is the power that their abusers often hold over them.

“Many survivors fear that the powerful person who inflicted harm on them may affect their careers, as was the case with Harvey Weinstein, who was ar-
guably one of the most powerful people in Hollywood and could make or break someone’s livelihood.”

A Framework of Inequity

This disproportionate power dy-
amic between victims and abusers surely seem to cultivate an environment wherein sexual violence often goes unreported. RAINN has found that for every 1,000 rapes, only 310 of them will go reported, and only 6 of those reports will end in incarceration for the abuser. However, as Zenkus pointed out, this dynamic is only a symptom of the patriarchal framework of our society. Such a structure systemati-
cally places men in the most powerful po-
sitions of any given field at the expense of promoting and hiring women of equal or greater capabilities.

“Achieving more gender eq-
uity in the work and school environments won’t be easy because we still live under a patriarchy and men still hold the major-
ity of power,” Zenkus said.

The title IX coordinator is available on a 24-hour basis to speak with survivors and answer their questions.

Adelphi University has a Memo-
dandum of Understanding (MOU) with the SANE (Sexual Assault Nurse Examiner) program of Northwell Hospital in what town, where survivors of sexual assault can have a rape kit and a full sexual assault examination.

Survivors experiencing trauma can also receive accommodations from the University in the areas of academics, working, living arrangements and trans-
portation, as well as No Contact Orders against the offender. Reports can be made anonymously online at hr.adelphi.edu/ti-
x/report or through AU2GO. For more information, see the Title IX and Sexual Respect section of the Adelphi Website at: hr.adelphi.edu/title-ix.

Additionally, The Safe Center has a 24-hour confidential hotline, which is available at 516-542-0404. The Center offers free counseling services, legal advoca-
cy and safe housing for victims of intimate partner abuse and sexual violence. Access the Center’s services at its main site in Bethpage or by going through the Student Counseling Center to make a confidential appointment with a Safe Center counselor who has office hours on campus one day a week.

Anthony Zenkus, an advocate with the Safe Center, said that when survi-
vors come forward, the Safe Center “will believe them and support them.”
Holiday

FOR THE FRIENDS THAT LOVE WEEKENDS AWAY:

NYC Scratch-Off Map Book I $11
Whether your friend is a newbie in NY or a long-time resident, this scratch-off map book of NYC treasures will allow for lots of sight-seeing as you complete the included scavenger hunts. At Target.

Travel Notebook/Journal I $8.59
This hardcover notebook is great for storing all kinds of weird and wonderful memories from vacations, for the owner to enjoy forever. Amazon.com

$5.79 I Phone/Camera Mini Tripod
Know a traveler who updates Instagram with their pictures daily? Give them this mini tripod stand so that they can get the perfect shot to share, wherever they go. At Walmart

FOR THE MUSIC LOVERS AND CULTURALLY-SAVVY FRIENDS:

Ridley’s Pop Music Quiz Game I $11
Want to put the music experts to the test? Give them this card game and quiz them with tons of music-related questions. Burkedecor.com

Nintendo Game Boy Classic LCD Watch I $14.99
Great for your gamer friends, this watch is sure to bring back tons of memories from playing with this classic device. Thinkgeek.com

Wireless Bluetooth Speaker Beanie I $14.99
This is perfect for your style-savvy friends while they listen to their music. This beanie is not only warm and cute, but wireless and has a built-in mic for phone calls. Amazon.com

FOR THE SPORTS FANS AND FITNESS FANATICS:

Phone Storage Water Bottle I $14.99
Perfect for those who are always on the run, this gift keeps your phone safe while you stay hydrated and healthy. (Don’t worry, it’s not getting wet). Uncommongoods.com

Customized Sports Towel I $8.97
Help your friend go the extra mile by giving them a custom sports towel for when they break a sweat, on the field or at the gym. Customizedgirl.com

Sports Team Scarves and Gloves I $14.99
If you know their favorite team, you can help your friend represent their passion and keep themselves warm in the process! Lots of teams are sold, but most common is the football team gear. Fansedge.com
Gift Guide

FOR THE JOB LOVERS AND PROFESSIONALS:

- **Electronics Cleaning Putty** | $9.25
  For the messy eater or the one that is always at the office, here is a simple way to clean crumbs and snacks out of any electronic surface. Plus it’s really squishy. [Amazon.com](https://www.amazon.com)

- **Magnetic Charging Cable** | $13.59
  No matter what phone type they may have in the office, use this charging cable and adapter set to charge any phone type while staying secure and held by the forces of a magnet. [Gadgetmycar.com](https://www.gadgetmycar.com)

- **12 Personalized Pencils** | $7.99
  Personalize these pencils with a name, job or phrase to give a dedicated worker a smile every time they write. [Amazon.com](https://www.amazon.com)

FOR THE FOODIES AND DRINK ENTHUSIASTS:

- **Chocolate-Covered Pretzel Rods Tin** | $12.98
  Here’s a sweet-and-salty treat for any chocolate lover on your list. This tin includes 20 various, individually-wrapped and chocolate-covered pretzel rods. [Lakeside.com](https://www.lakeside.com)

- **Trump Chocolates** | $12.50
  Whether you love or hate the actions President Trump has made, that doesn’t change the importance of chocolate in our lives. These nine chocolates come in milk or dark, each with a quote from him on the wrapper. [Amazon.com](https://www.amazon.com)

- **BeanBoozled® Spinner Tub Game** | $11.95
  Do you have a daring food lover? This game is a tasty-or-terrible roulette game with jelly beans. All of them are Kosher, gluten-free, peanut-free and dairy-free, too, so have fun with everyone. [Hallmark.com](https://www.hallmark.com)

Compiled by Victoria Grinthal
Meet the Faculty: Campus Cybersecurity Expert Kess Leune

BY VICTORIA GRINTHAL

Kees Leune has been Adelphi University’s leading cybersecurity officer since 2007 and is a professor in the Computer Science and Mathematics Department. With experience and education in the Netherlands as well as the United States, he shared his insight about what cybersecurity means for our students and staff, as well as ways to protect your information and identity on the Internet.

Q: What were you doing career-wise before you became a professor at Adelphi?
A: I was the university’s first, and so far only, Information Security Officer, and that started in 2007. In that role, I had to build out the Information Security actions in the IT department, which over the years grew to two full-time staff members and then me with my part-time oversight of the network. I am responsible for all aspects of cybersecurity on the administrative side. Before that, I was a senior information security consultant in the Netherlands and worked on a variety of different projects from product selection for security management products to security architecture and also policies. Previous to that, I worked as a contracted researcher at the Center for Economic Research at Tilburg University in the Netherlands, and that’s also where I got my Ph.D. in Information Systems and my master’s degree as well.

Q: What led you to work in cybersecurity at Adelphi and become a professor?
A: When I was doing all of my graduate work and I was doing my work as a contracted researcher, I was always also teaching [at Tilburg], but it was very limited. I always enjoyed teaching. So, when I came here, after figuring out what my job was and getting everything organized, I started teaching as an adjunct and I enjoyed doing that. When the opportunity came to join the faculty here, knowing that the Information Security Office in the IT department was functioning well, I could focus on building out something else. The opportunity here in the Computer Science Department was, you know, “We’re embarking on this whole revision of the curriculum, building a new master’s degree, our student numbers are growing,” so that’s more building than operations. That’s more exciting to me. I’m much more a builder-type person than someone who enjoys day-to-day, routine operations. And that’s where IT was mostly at that point, so I wanted to look more at the big picture.

Q: What is cybersecurity, and what does it mean for our campus? How important and prevalent is the focus of cybersecurity in our society?
A: Cybersecurity really means keeping hackers out and, more specifically, to make sure that we have protections in place to protect our data, our networks and our computers, and trying to protect those three things in such a way that we can keep private information private (confidentiality), systems and data in check (integrity), and that they are there when we expect them to be there (availability).

The problem is as the defenders [of such information], the enterprise security people and cybersecurity professionals, we have to do our job perfectly all the time, while an attacker only has to succeed once. For a cyber attack to happen, the attacker only needs to know one flaw in your system, to implement cybersecurity protections, what you are trying to do is to make sure no one gets into your computer because your computer holds a lot of information about you. It’s in part to protect your privacy, identity and your [property]. Those are pretty important things, especially for people because all of that runs on computers now.

Q: What do you and your team members do to secure the campus’ network?
A: We have a tremendous amount of technical controls in the network that sit between you – more specifically, your computer – and the bad people out on the Internet. We implement and operate a large firewall. The job of the firewall is to keep the bad people out, so if we don’t do that correctly, that means that unauthorized people could gain access to our computer systems on campus. We then design our internal network in such a way that even if someone would get through, we would find out that they got through, and once they are through, they can only do very few things. It’s a principle called “design for failure.” We know that protections at some point will not be sufficient, and that’s why in certain areas of the network, we may have purposefully built slightly less-secure infrastructures. But those are the ones we keep a very close eye on, so that when something does break, we will immediately know that it has broken, and we can respond to it. It also means that the Information Security staffers are working 365 days a year. They do not take off for vacations – like during the Christmas break, for example. There’s almost no one on campus, but the security staffers still have to be there. People also know that we are on vacation. Thanksgiving break is a very popular time for cyberattacks because they know that almost everyone in the U.S. is off and maybe even traveling away from their worksite. That means that the staff in the IT department, on those days, is extra vigilant because they know that there is a pattern in which things could go wrong.

Q: How should students and faculty be aware, safe and secure online? Do you have any tips?
A: There are a couple things you can easily do yourself. Computers are machines, and machines break, so always have a backup of your data somewhere, and, specifically have the backup in such a way that it is not always connected to your computer. At Adelphi, put your important files in Google Drive. Google Drive gives you an almost unlimited storage capacity, so it doesn’t fill up, and there is always another copy in case something goes wrong. When your computer tells you that it has updates ready and it needs to reboot, listen to it and do it. If you keep your computer patched and rebooted after the patch, you are secured from 80-90 percent of the threats out there on the Internet. Never give anyone your password, and never ask anyone for their password. That includes email phishing, for example. Also, do not reuse important passwords. There are also things called password managers that can help you remember things like LastPass, and they are very good tools to use.

Q: What do you enjoy the most about your job and department, and what do you hope to achieve with the department in the future?
A: I think that the students that we have here are amazing, very intelligent and motivated students who are willing to put in the effort to be successful. That immediately reflects not only the faculty who are also well-motivated, but also the program itself. We have made clear changes to our program over the last three years, and those all came from student feedback and our assessment of those changes and suggestions from students. The fact that we have the ability to change the program based on what’s happening in the world and our students’ feedback, it makes for a very dynamic environment and that dynamic environment makes it very interesting to work. However, cybersecurity is not a topic that is just interesting to computer science students. Cybersecurity is everywhere, and we are working on possible future curriculum changes that will make the topic more accessible to people from all disciplines. For now, our computer science program does have a cybersecurity track, and starting with the spring of 2018, there will be a master’s in computer science with specializations in cybersecurity, which is not just open to computer science students, but anyone who has relevant experience. The Computer Science and Mathematics Department was recently given access to a research lab called the AU Cyberlab. The goal of the AU Cyberlab [in Alumnae Hall] is to develop methods and techniques for improving cybersecurity for complex systems. The point of the lab is that students who are interested in conducting research will work with faculty members on solving actual problems. There’s always an opportunity to do work with faculty outside the curriculum in fields like this.

An Adelphi Alum’s Tips for Success

BY GABRIELLE DEONATH

Chelsea Wollman is a cum laude Bachelor of Science 2014 graduate of The College of Nursing and Public Health at Adelphi University. During her time here, Wollman held numerous leadership positions, including president of the Student Nurses Acting for Progress organization, a student representative on the nursing faculty senate, a resident assistant, a senior admissions ambassador, and a four-year member of the nationally-ranked women’s soccer team. She also interned at the Veteran Affairs Hospital in the Bronx, where she gained hands-on experience for her professional career. Upon graduation from college, she was awarded a Critical Care Nurse Fellowship program at North Shore University Hospital in the neurosurgical intensive care unit, where she was trained by top hospital educators and mentored by the staff. Wollman is now pursuing her passion as a clinical ladder III registered nurse in critical care, where she has the opportunity to work alongside neurointensivists every day to better understand the human mind and body, and provide her patients with all the care and support they need to reach their upmost potential. Wollman also serves on the executive committee for the Adelphi University Women’s Giving Circle as the social media chair. Wollman was recently selected as one of Adelphi University’s 10 Under 10 Recipients for 2017.

Wollman’s Tips for a Positive College and Post-Grad Experience:

1. “Graduating from college with debt can be difficult, but having a financial plan and putting in the work early as a new grad can pay off in the long run. As much as it may not seem important at the time, I strongly encourage new graduates to investigate their new job offer letters and have a solid understanding of the medical and retirement options available to them.”

2. “Be involved as possible. I took full advantage of everything that the Adelphi community had to offer. I immediately immersed myself in on-campus activities and joined as many clubs and activities as I could. In doing so, I was able to build multiple friends and groups, each with a different interest.”

3. “Impossible is nothing. Do not ever let anyone tell you that you cannot do something. If you have the passion and dedication to do something, then you will be able to succeed.”
The Completely Biased Politics of Broadway

BY MATTHEW SCHROH

The 2016 election was a victory for the Republican Party, and for conservatism as a whole. By the time Inauguration Day rolled around, the Republicans held the White House and majorities in the Senate, the House of Representatives and governorships. It seemed that America had voted, and it had voted red.

But pop culture won’t go down without a fight. In a society where MSNBC and the Huffington Post are lauded as intelligent resources while Fox News and Breitbart are only utilized as the butts of jokes, it is not difficult to see the liberal bias in the news. And every Saturday some celebrity, from A-list to Z-list, hops onstage at “SNL” and takes a dig at Trump and other Republicans in general. This is enough to tell us that Hollywood is liberally biased as well.

But Broadway? Surprisingly, or perhaps unsurprisingly, the theater district faces a massive political double standard. For example, consider the hit “Dear Evan Hansen,” probably the biggest show currently on Broadway if not tied with “Hamilton.” “Dear Evan Hansen” follows a teenage boy with social anxiety who gets mixed up in a classmate’s suicide and gains popularity as a result. However, what is very important to note is that there is mercifully no mention of politics in the musical. I saw it myself – thoroughly enjoyed it! – and found not a single reference to anything even slightly political.

But when Hillary Clinton went to see the show a few weeks ago, a situation that inspired me to write this article, she was given backstage access and all of the actors and actresses posed for pictures with her. Michael Park, Laura Dreyfuss and even Ben Platt, who played the lead in the show, took to social media almost immediately, showering Clinton with praise for her mere presence and describing her in the show, took to social media almost with her. Michael Park, Laura Dreyfuss the actors and actresses posed for pictures she was given backstage access and all of the vote for is a little more equality: Is it really that difficult to make fun of both sides? But Clinton for coming.

This is all fine and good – who could fault Americans for sharing their political opinions on social media? – but one must recall another political event on Broadway. It may be hard to remember, due to the sheer amount of our President’s Twitter freakouts, but shortly after Donald Trump was elected last fall, Mike Pence, the incoming vice president, took a trip to “Hamilton,” the other biggest show on Broadway. He was booed and harassed by the audience, and then, even more shockingly, the cast actually came out onto the stage after the show and called Pence out, stating flat-out that they were worried about the Trump Administration, only expressing hope when they explained that if Trump and Pence utilized the incredible, inspiring musical “Hamilton” and its incredible, inspiring morals, then maybe they won’t be so scary to the American people. Maybe.

Needless to say, Pence was not invited backstage.

The best reason I can find for this blatant, two-faced rudeness is that Broadway is trying to cater to its audience. Though the Democrats like to label the Republicans as the party of the wealthy elite, wealthy liberals comprise a lot of the ticket sales for Broadway shows, especially for big shows like “Hamilton” and “Dear Evan Hansen” where the tickets are upwards of hundreds and hundreds of dollars apiece. As such, Broadway almost talks down to middle America, saying, “We have money from wealthy liberals who won’t stop funding us as long as we say liberal things. Why should we care about anyone else’s political views?”

In an eye-opening move, the Obama-era National Science Foundation floated around $700,000 towards a musical about climate change. While I stand by my belief that it is very important for Americans to learn about climate change, I don’t think a cringe-worthy government-funded experience is the way to do it. Regardless, the show barely garnered any attention other than sour reviews, and closed very early. Interestingly, this went very much unnoticed until it was brought up by the Trump Administration, upon which CNN gave the writer of the musical an op-ed in which, instead of explaining himself, he (predictably) blasted the current administration.

Even Shakespeare is not safe from Broadway’s liberal agenda. In a recent production of “The Tragedy of Julius Caesar” in Shakespeare in the Park, Caesar is portrayed as a Donald Trump parody, with a definitely similar appearance and mannerisms. Every performance, au-diences were treated to a Donald Trump lookalike being assaulted by perceived allies in a spin on the classic Shakespearean moment. One must wonder how this is legal – allegedly, even joking about the assassination of the president online can earn you a surprise trip from the Secret Service. Donald Trump Jr. was made fun of for getting mad and claiming it instigated violence against Republicans seen with the shooting of Representative Steve Scalise, and everyone kind of moved on from the blatant violation of the most basic limit on American freedom of speech.

Believe me, I’m not trying to push for some horridly ultraconservative musical with Richard Spencer or the Koch Brothers as producers. What I’m calling for is a little more equality: Is it really that difficult to make fun of both sides? Frankly, “Dear Evan Hansen” gives Hillary Clinton dozens of compliments and a backstage hangout while “Hamilton” gives Mike Pence a lecture on American values from people dressed up like the Founding Fathers, results in an extremely problematic conclusion.

Broadway, like so much of American pop culture, suffers from an extreme liberal bias. This is evident in the mindset of the men and women onstage and backstage, and in the choices made about who and what to bring to Broadway, even the short-running one-man shows. Bruce Springsteen, an extraordinarily proud Obama-Clinton ally, came to Broadway. Michael Moore, notoriously anti-Trump, came to Broadway, too, with a show that was explicitly anti-Trump. A musical about climate change was pushed. A rendition of “Julius Caesar” in which a Trump-like figure gets assassinated was permitted.

Unfortunately, these tragic events have become a partisan interest. Whenever a Republican is accused of sexual harassment, a Democrat jumps on the story in order to demonize the individual and vice versa. Instead of actually facing up to the problem and making changes in the system, they use this issue in order to make themselves and their parties look better.

In response to these allegations, President Trump has come out to scoff those who were involved. Trump explains how disgusting it is that these men took advantage of these women. He condemned Franken in particular for lecturing others on sexual harassment while he had been allegedly partaking in such despicable actions. And then this week the President fully endorsed Moore for the Senate, seemingly overlooking the allegations against the candidate.

Nobody should feel unafraid to be in the workplace or around members of the opposite sex. These women who have recently shared their stories—and many others who have come forward with similar stories—have had to live for so many years without being able to speak about what happened to them. They have faced immense trauma and have had to deal with this trauma by watching these men rise in power. While times have changed and people have become more accepting of other’s trauma, that doesn’t change the fact that there is still a pattern of sexualizing women in the workplace.

The Sexual Harassment Crisis in Today’s Government

BY MARIA GIOVANNA JUMPER

These days you cannot open a news source without seeing a story about sexual harassment. In the past few years, it has become increasingly common to hear these allegations being made about political leaders. During the 2016 presidential election sexual assault allegations were made against then-candidate Donald Trump. These allegations have continued to come up, rather quickly bringing other politicians into the thick of it.

Recently Minnesota Senator Al Franken was accused of forcing a woman to kiss him and was seen in a photograph appearing to grope her while she slept. Franken apologized for the incident that allegedly took place during a 2006 USO tour of the Middle East before he took public office. Then, an Army veteran publicly accused the Democrat of touching her inappropriately during a USO tour nearly 14 years ago. In both scenarios Franken explained that he does not remember the events that happened, though he did apologize for the problems. On December 7, after a round call from his Senate colleagues, Franken announced he would be resigning from the Senate.

In Alabama, Republican Senatorial candidate Roy Moore was also caught in a sticky situation. He has been accused of sexually harassing four women while they were teenagers and he was in his thirties. After these women came forward another told her story about Roy Moore sexually assaulting her, and more have continued to share stories about it.

No one can forget the sexual allegations about Trump during the 2016 campaign. If you recall, there was a revelation that, in 2005, Trump was recorded speaking about women in a sexually and dehumanizing way while on “Access Hollywood.” There were also allegations about Trump inappropriately speaking to and walking in on women during the Miss Universe Pageant. Donald Trump still became president.

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**Guest Editorial**

Fitting in and learning new social behaviors on top of the stress of transitioning to college are no small task for first-year students. Upon setting foot on a college campus, students may hesitate to go over to groups from different and seemingly unfamiliar cultural backgrounds. Other students may pause before approaching strangers, especially about certain topics out of fear of triggering uncomfortable subjects of conversation.

And yet, we are all encouraged by the university to join groups, clubs and organizations. Some organizations celebrate cultural diversity, an important aspect of making students of color feel included in the academic and social life of the campus. Could it be, however, that organizations and clubs are a mechanism that keeps people divided? In other words, are groups double-edged in that they create opportunities for college students to separate according to culture?

Adelphi University is committed to a diverse and inclusive campus, a goal made visible in our statement on diversity: “Adelphi will garner national recognition as a community that values and includes every person. All students, faculty and staff members will feel safe, engaged and supported. The community’s broad spectrum of perspectives and relationships will enhance the lives of everyone who comes to the University” (http://diversity.adelphi.edu/about/statement-on-diversity/).

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**Have You Caught Ho-Oh in “Pokémon GO”?**

**By Justin Kuperschmid**

For all you “Pokémon GO” players at Adelphi, there has recently been a new update for the app, and now the legendary Pokémon Ho-Oh has been added to the game, as of November 27. This Pokémon will most likely be available until around the very end of December from this point.

If you want to “catch ’em all,” meet the Pokémon GO Community on the Garden City campus. Adelphi University Pokémon GO is a group found on Facebook. Raquel Warmoth created the online community this past August 28. Adelphi University Pokémon GO players have already found Oh-Oh who spawns every now and then. Some ideas I have for the group include having a Pokémon GO event for the AU GAMES Club, which has a whole bunch of fun activities to do and meets every Friday. There can be a Pokémon movie to watch, Pokémon trading card games for people to play and socialize through, Pokémon video games to play, and costume contests for Pokémon stuffed animals. This last was done at the AU GAMES Club in October. Also, if you’re lucky in which people can talk to each other and get to discuss anything Pokémon related so they can become friendlier with each other. This would be a good way to promote the Adelphi University Pokémon GO community and anyone that’s interested in “catching ’em all.”

There is also a new update coming out this month in which Niantic, the company that created Pokémon GO, will be releasing more Generation 3 Pokémon gradually, as the company already released some of the Generation 3 ghost type Pokémon for the Halloween event in October.

For example, should you play Pokémon GO, I would save up on Pokémon candy so depending on how fast or slow you throw a curveball. If you’re left-handed, I recommend you throw a curveball counter clockwise and when you’re ready to throw the ball, just throw it to the right and upwards. I hope all of these tips help, and please feel free to come up with your own tips and tricks. Pokémon GO should be 10•December 11, 2017

**Editorials**

**Is Adelphi University Really Diverse?**

As students, we are often reminded that Adelphi’s students come from 40 different states and 49 different countries; the flags of these different countries are proudly on display in the University Center lobby. In addition, we are told that Adelphi has a variety of organizations and clubs that match our diverse student population. You will find clubs like Advocacy and Social Action, nine clubs for students with interests in particular cultural and ethnic membership and six clubs based on faith.

While Adelphi has made great strides in making diversity a main advertising trait to catch the eye of potential students, there are comparable schools we can learn more from. Take for example Pomona College in Claremont, CA. Like Adelphi, this liberal arts college has students from 49 states, including the District of Columbia, Guam and Puerto Rico, along with 63 different countries. Pomona students, however, have 250 different clubs and organizations to live on campus. These differences may make embracing different cultures and diversity a positive aspect of college life.

If we take a step back, we might find that Adelphi could do more at being diverse. To begin, Adelphi might think about increasing the number of dining halls. When compared to Pomona with a total of seven dining halls, it seems that fixing and adding to Adelphi’s two main dining halls might encourage more student interactions, especially among commuters and on-campus residents. Doing this would mean that commuter students from Long Island and New York more generally would have places to interact with students from different parts of the country.

After comparing Adelphi and Pomona and suggesting ways that Adelphi could increase diversity, a question remains: If we change the institutional environment, will Adelphi students take the initiative to mix with other students? We believe that more opportunities to mix will give students more opportunities to connect on their own. From the perspective of first-year students, we feel that more dining hall might create opportunities for groups that do not typically “hang out” to sit down and learn more about each other and therefore make Adelphi a truly diverse institution.

**HAPPY HOLIDAYS FROM THE DELPHIAN FAMILY TO YOURS!**

**Lea Michele Returns to Her Broadway Roots with “Places”**

**By Tara Cassidy**

Lea Michele’s second solo album, “Places,” released in the spring, is something to be “Proud” of. Unlike her first album “Louder,” which had more of a pop sound, “Places” focuses on showcasing the 5’2” singer’s powerful voice. Coming from a Broadway background and being one of the main characters on the Fox hit TV show “Glee,” Michele has had plenty of opportunities to test out different genres of music through various characters. But “Places” is exclusively Lea Michele.

“Places” features 11 tracks, ranging from uplifting songs to beautiful ballads. In “Believer” Michele sings, “All I know is, I will survive” and in “Anything’s Possible” she sings, “I keep on believing, anything’s possible.”

The album also features love songs, “Heaven Love,” “Love is Alive” and “Getaway Car,” where she sings “We’re chasing love in a getaway car.” Michele dedicates “Proud” to her parents, singing, “I never wanna let you go down.” Like Michele’s first album, her second features a truck dedicated to her late boyfriend Cory Monteith. In “Hey You,” which was co-written by Michele, she sings, “I know you had to go away, I tell you every day I miss you.”

Michele’s voice carries the weight of the emotions of dealing with that type of loss, while still holding onto the good memories. “Places” offers a different sound than “Louder,” which sounded like anything else on the radio. “Places” gives listeners a Broadway-sound without using distracting gimmicks that take away from Lea Michele’s strong vocals. It is clear that Michele’s theatrical voice is being showcased on this album, which is a bold choice, considering many “singers” don’t have strong enough voices to have them stand alone, but the end result is “Heavenly.”

**Have an Opinion You Want to Write About?**

**Contact Us At: Delphian@adelphi.edu**

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**Lea Michele’s Year Seminar: Beliefs, Morals, & Society**

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**GUEST EDITORIAL**

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Pomona students, however, have 250 different clubs and organizations to live on campus. These differences may make embracing different cultures and diversity a positive aspect of college life.

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Final Ride Series: Basketball Guards Talk About Their Hard Work and Memories

BY NICOLETTA CUCCIO

In this series, we’ll be interviewing seniors playing in their final year of eligibility in their respective sports. These Q & A’s will be a chance for athletes to say goodbye and to reflect on both their athletic careers and the sport to which they have dedicated much time and effort.

Simone Hobdy, a 5’7” senior guard on the Women’s Basketball team has guided her squad for the past three years. After transferring from Niagara University, Hobdy has started all but two games as a Panther. The senior captain is averaging 14.9 points a game and currently has 134 total points this season. Hobdy currently leads her team in field goals and free throws made, points and defensive rebounds. Continue to read and learn more about Hobdy in her final season wearing an Adelphi uniform with number one on her back.

Q: How many years have you been playing basketball?
A: About 15.

Q: What is your major and plan if you have one after Adelphi?
A: Criminal justice; I plan to continue my education and get my masters and then go to law school.

Q: What is one piece of advice that you would give athletes entering collegiate athletics in your sport and specifically at Adelphi?
A: Basketball has been a huge factor throughout my whole life. It has brought me to places I never would have brought me to. It has definitely worth all the hard work.

Q: What is one thing you’re going to miss about being a college athlete at Adelphi?
A: Basketball has made me a stronger person because of all the highs and lows I have had. Although basketball is something I love doing, like anything there are bad times where things are not going my way and I have learned to stay positive and confident despite these struggles.

Q: In the many years that you have been playing, what have you learned? About yourself? About others?
A: I’ve learned that there’s always another gear. You can always do and give more than what you think. It’s just about how bad you want it and the time and effort you put into things.

Q: How are you preparing to take these lessons and apply them once you’ve graduated?
A: I’m just going to continue to put my best effort into anything that I do in the future. If I can honestly say that I did, I’d be okay with the results, good or bad.

Q: How are you preparing for life after collegiate athletics? What are you going to do with all of that time that you have?
A: I’m just enjoying the time I have here now. I have a few jobs I’m interested in; hopefully those work out for me. At the same time I hope to be in grad school somewhere, so that’s where my time will be.

Q: What is one piece of advice that you would give athletes entering collegiate athletics in your sport and specifically at Adelphi?
A: I have definitely been molded by this sport. Because of basketball I am self-motivated, disciplined, dedicated, team-oriented, along with many other things. Those are all qualities that make me who I am.

Q: In the many years that you have been playing, what have you learned? About yourself? About others?
A: I’ve learned that there’s always another gear. You can always do and give more than what you think. It’s just about how bad you want it and the time and effort you put into things.

Q: How are you preparing for life after collegiate athletics? What are you going to do with all of that time that you have?
A: I’m just going to continue to put my best effort into anything that I do in the future. If I can honestly say that I did, I’d be okay with the results, good or bad.

Q: How are you preparing for life after collegiate athletics? What are you going to do with all of that time that you have?
A: I am an accounting major and after I graduate I plan to get my masters, while hopefully passing the CPA exam. Eventually I plan to work for an accounting firm.

Q: Can you explain a normal day at Adelphi men’s basketball player?
A: My day starts with lift at 7 am followed by a two- to three-hour practice and film. After, between about 12 pm to 7 pm I have class. After class I have study hall, which is when I am able to get most of my schoolwork done.

Q: What does basketball mean to you? Why?
A: Basketball has been a huge factor throughout my whole life. It has brought me to places I never would have expected and I have built friendships that I will always have. Most importantly, it has given me so many great memories that I will think of and hopefully share with people throughout my life.

Q: How have you been molded as a person by this sport?
A: I have definitely been molded by this sport. Because of basketball I am self-motivated, disciplined, dedicated, team-oriented, along with many other things. Those are all qualities that make me who I am.

Q: In the many years that you have been playing, what have you learned? About yourself? About others?
A: I’ve learned that there’s always another gear. You can always do and give more than what you think. It’s just about how bad you want it and the time and effort you put into things.

Q: How are you preparing for life after collegiate athletics? What are you going to do with all of that time that you have?
A: At first, I am preparing for my profession to consume most of my free time. After I have settled in and not working as much, I hope to find some physical activity or a hobby that I have a passion for so I can still be active and healthy.

Q: What is one piece of advice that you would give athletes entering collegiate athletics in your sport and specifically at Adelphi?
A: Enjoy every moment because it goes faster every year. Sometimes as a young college athlete you can take practices and games for granted that you will never get back. As you get older, you begin to realize the limited amount of time you have left playing this sport and begin to appreciate things more and more.

Q: What is one thing you’re going to miss about being a college athlete at Adelphi?
A: I am going to miss being part of a team and being with this group of guys almost every hour of the day.

Q: What is one thing that you will never forget about playing for Adelphi men’s basketball?
A: I will never forget my teammates because I know that they will all be my friends for the rest of my life and I will always have memories to share between us.
By Tavon Ginyard

Welcome to the Panthers’ Podium where Adelphi student athletes get a chance to use their voice and introduce themselves to the Adelphi community through personal experiences. Read about men’s basketball team member Tavon Ginyard in his comeback season.

There are things in this world that happen that you just cannot explain. You sit around and go through the day and situations come and go, but you just never know.

Mike Tyson said, “Everyone has a plan until they get punched in the face.”

That is exactly what happened to me. At the time, I was a 19-year-old sophomore point guard from Brentwood, NY. A Long Island boy, homegrown. Always in the gym working out, getting shots up and lifting weights with our strength trainer (Keith Ferrara). I was the starting point guard at that time. I felt as if that year would be my best ever; my breakout year. I had many goals, was ready to take on the Northeast 10 and lead our team to a championship plus a deep NCAA tournament run. But that never happened. I never got that opportunity. I can recall the pain that I endured every single day during those six months.

As an athlete there are many injuries that occur and you can’t tell them not to come, but unfortunately sometimes it’s inevitable. My most feared injury was breaking my back. Just thinking about it sounds so cruel and unrelenting. Little did I know that my biggest fear would happen to me. Around early October 2016, I started having pain in my lower back and for a few weeks I ignored it. As I ignored it, the pain only got worse. By this time I was working with my trainer to get me back on track and try to relieve the pain, but that pain just built a mansion in my lower back, which let me know that there was something wrong.

I made it all the way to Nov. 5, 2016. I had been playing for a month with the pain and couldn’t understand why it wouldn’t go away. On that day we played our first scrimmage. I started and played really well despite playing limited minutes, because I could barely run due to the pain. In the first half of the scrimmage, I got a steal, was on a 1-on-1 fast break, took a hard foul and hit the ground hard. I got right up and felt it right away. Then in the second half, I dove for a loose ball. The opposing player dove right above me and the pain reached its maximum capacity. I knew then that I could play no longer. I sat out thinking I would be back in just a few weeks and I would be back on the court. Nov. 11, 2016, I learned that there were other plans for me. My doctor told me that I had fractured my lower spine and that I would have to miss my entire sophomore season. I was devastated.

During those months I would talk with my family, and my father would tell me not to feel sorry for myself, but be strong for my teammates and learn from them. All year, I watched closely and even assisted my teammates during the games by giving them advice to win games. Internally I just knew I could help my team win. I wanted to play basketball ever since my father put the ball in my hands as a youth. That is what drove me all season, getting back on the court and doing what I love.

The summer following my injury, I was back in the gym working on my craft. I imagined a packed gym and my family being there and me getting to just run up and down the floor again. I just wanted to feel what is was like again, that was all I wanted for a long time. Now it is safe to say that I feel amazing and excited that I will finally be back on the court after everything that has happened in the past year. Three months of being in a back brace to another three months of physical therapy, was not an easy time. Then there was a month of mobile activity to get my body used to moving in game-like situations. I am not 100 percent, but I’m no longer limited in my actions. I am able to lift alongside my teammates and participate in all contact drills we do during the season. Since the season has started I’ve been able to play in eight of our team’s games. In my debut, I filled the stat sheet with 19 points, 8 assists and 7 rebounds.

Although I am able to do everything, I still deal with daily pain. It is more manageable now. So because of that I have to be able to separate the difference in the pain I felt last season and what I am feeling now. I do fear that I could injure myself again. It scares me every day, but I block it out and take my chances and live my dream of playing the game I love.

BY NICOLETTA CUCCIO

Twenty Adelphi student athletes were recognized for being selected at Legacy Advisor Players of the Week for the fall semester.

Legacy Advisors is a financial group that specializes in serving the financial needs of local business owners, professions and families. They sponsor Adelphi Athletics and give them the opportunity to acknowledge Panthers who excel on the playing field or court. The Athletic Department’s Media Relations selects the student athletes based on their athletic achievements each week.

Senior Megan Manierski, who was recognized for her elite performance on the volleyball court, said, “The caliber of athletes at this school is so high and it feels amazing to be recognized for a week when there are many other athletes that could be receiving the award. It was truly an honor to be recognized as Legacy Advisor Player of the Week at a school like ours.”

The recipients walked to center court where they met and shook hands with Danny McCabe, Adelphi’s director of athletics and recreation and financial services representative Michael Hirson. Prior to the ceremony, there were finger foods and the Adelphi University backdrop for photos to be taken with Hirson.