Podcast Hosted at Adelphi Explores Voter Anxiety in Upcoming Election

BY GABRIELLE DEONATH

Adelphi hosted a pre-debate check-in episode of WNYC and The Nation’s “The United States of Anxiety” podcast on Monday, Sept. 19 in the Performing Arts Center. The podcast was created to address and discuss the anxieties voters are experiencing going into the presidential election in November. It was moderated by Brian Lehrer from WNYC and was co-anchored by The Nation’s Kai Wright.

The hour-long podcast, attended by around 320 members of the community, had a panel of guests, including Dorothy Johnson, the founder of Maxed Out Drug Prevention; Lawrence Levy, executive dean of Hofstra University Nation Center for Suburban Studies; John Jay LaValle, chairman of the Suffolk County Republican Committee; Joselo Lucero, community outreach coordinator of the Hagedorn Foundation; Nell Irvin Painter, author of “The History of White People;” and Arun Venugopal, a reporter and the host of WNYC’s Micropolis.

The panel discussed topics such as immigration, the economy and national security. Donald Trump’s candidacy and presidential run was also a subject highlighted throughout the discussion.

“Donald Trump is appealing, for instance, to law enforcement, to police officers, firefighters, EMS workers, trade union workers – they like Donald Trump,” said LaValle, who is also a spokesman for the Trump campaign. “We’re very concerned about the economy and about our security.”

Wright brought to light the statistics of immigrants who were in the United States that have been deported during the Obama administration.

“Immigrant communities have a real reason to have anxiety. We have deported more people in the last eight years than ever before,” Wright said.

Joselo Lucero told the story of his late brother, Marcelo, who emigrated from Ecuador to the United States in 1996. Marcelo Lucero was attacked and stabbed by seven teenagers in Suffolk County in 2008. As a result of injuries inflicted during the hate crime, he passed away. Joselo Lucero said that Trump’s anti-immigrant rhetoric contributes to the prejudice against immigrants and makes the public think it’s acceptable to act on these negative sentiments.

On a question from Wright about the appeal of Trump’s “strength” that many voters often speak about, Levi said that Hillary Clinton, the woman who “pulled the trigger on Osama Bin Laden” and who was included in many other major decisions affecting the country, would not be seen as the weaker candidate “if she was a he.”

During the 30-minute question-and-answer session that followed the podcast, audience members took to the microphones to address their personal concerns and anxieties about the coming election. Much of the questions and commentary were addressed to LaValle, who maintained his support for Trump throughout.

To an audience question about Trump’s comments on the disabled community, LaValle said that Trump was one of the first people to build handicap parking lots on his public properties. He also said, in response to other questions that Trump was neither a bigot nor racist.

Wright explained that discussions are essential in understanding the concerns of Trump’s supporters as well. Wright addressed an audience member who criticized them by saying, “We do not service the community by simply ignoring Trump supporters.”

You can hear the podcasts from this event on WNYC radio or at http://www.wnyc.org/story/welcome-united-states-anxiety/
A Word from the Editor

It certainly seems like just yesterday Adelphi Panthers started repopulating the campus, picking up their books and dragging themselves, reluctantly or otherwise, to class to begin the new semester. Now, September is at its close and the last vestiges of the summer of 2016 are disappearing with it. Before long the trees will start shedding their leaves and we’ll be completely immersed in the new season.

Over the last month, you might have noticed something about the Adelphi student body, especially the current freshmen class. Not only that they’re already striving to leave their mark on the university through academics, athletics and campus involvement, but also there are many more of them than usual. If you’ve seen a greater number of Panthers out and about than previous years, you’re not imagining it. The Class of 2020 is the largest in Adelphi history and the administration’s strategic planning process that was started last year has a lot to do with that statistic. In addition to the record enrollment, the university has taken strides to improve multiple aspects of student life and academics and allow students to receive the very best, top-of-the-line education and experience. You can read more about this on page one.

This has definitely been an active first month across the campus and beyond. In preparation for the Sept. 26 presidential debate at Hofstra University, Adelphi hosted an episode of WYNC and The Nation’s “The United States of Anxiety” that included a panel discussing important topics such as immigration, the economy and national security (page one). Outside of campus, the Center for Student Involvement brought student leaders from the various clubs and organizations to Iroquois Springs in Rock Hill, NY, for a weekend of bonding, leadership training and self-discovery.

When trying to get away from the stresses of class work and responsibilities, there were a number of ways students could find entertainment, especially through a certain app that received quite a bit of attention over the summer. Our features and entertainment co-editor, Jess Cooper, talked to multiple Adelphi students about Pokémon Go to find out what impact it’s had on their lives and why they love it so much. (See page 4.) The university also sought to provide some amusement that is engaging and inspirational through Adelphi’s Third Annual Spanish Film Festival (page 5).

As we make our way through another month, aim to put your best foot forward and strive for success, especially with mid-term papers and exams rapidly approaching. However, it’s also important to remember to allow yourself some time to relax and live in the moment. Take those opportunities to sit back and sip on whatever pumpkin spice beverage your prefer while you look up at the trees with their multicolored leaves rustling in the breeze.

-Bryan Grilli
Editor-in-Chief
Center for Career and Professional Development Gets New Name, New Location

(continued from page 1) including ones formerly enrolled at Dowl-
ing College in Oakdale. “Roughly 30 transfer students and 13 graduate students came to us from Dowling,” Capezza said.

“The Offices of University Admissions and Student Financial Services, along with all of Adelphi’s faculty, staff and other community members, were prepared to assist Dowling students in their transition into a new community as seamlessly as pos-sible.”

Rewriting Enrollment History

In regards to the strategic plan-ning process, Sam L. Grogg, PhD, interim provost and executive president, confirmed the university is currently in the implement-ation phase and making rapid progress toward key goals. He acknowledged how much of a priority enrollment was last year. “We sprinted to make change and rewrote our enrollment story, resulting in the largest-freshmen class in history.”

While one of the top priorities was enrollment, it was by no means the only focus. The strategic planning commu-nity developed and implemented changes that are very visible this year in student life and education.

Adelphi launched new degree programs in neuroscience and supply chain management, as well as a doctorate of nurs-ing practice and a low residency master of social work. Grogg also explained how the university reorganized the provost’s office to enhance support for faculty scholarship, creative work and teaching.

“We appointed an associate pro-vost dedicated to faculty advancement and research. This will also support opportuni-ties for students to work alongside faculty on their scholarship,” Grogg said.

Expanding Global Presence

On a related note, the university saw an increase in faculty members en-gaging in pressing social issues on more public forums. “Reporters and editors took notice of our faculty experts and we grew total university media coverage by 36 per-cent and the number of stories on faculty research by 138 percent,” Grogg said.

Another important initiative was Adelphi’s desire to expand on their global presence through Adelphi University Inter-national (AUI), an alternative pathway for academically qualified international stu-dents to earn undergraduate and graduate degrees.

“This (AUI) is directly tied to our focus on improving diversity and the glob-al preparedness of our graduates,” Grogg said. “At our International Orientation on Aug. 25, we welcomed more than 200 new international students from 40 different countries.”

The appointment of Dr. Perry Greene as vice president for diversity and inclusion also went hand-in-hand with the focus on diversity improvement. The goals of Greene’s new post include expanding and developing programs and resources that support a multicultural and inclusive campus.

Adelphi also sought to improve student life by significantly enhancing dining options on campus through a new name and affiliation for the food service team. Grogg said that Adelphi University Dining Services, managed by Chartwells (formerly Lackmann Culinary Services), improved the campus environment. “For example, a new Paws Café opened in the Nexus Building and diner-style entrée selections are now being offered at Post Hall.”

Improving Student Life

The recent launch of the Adelphi University Community Partnership pro-gram is another way the administration seeks to improve student life. “We wanted to give the student IDs more value by al-lowin the Adelphi community to take ad-vantage of discounts and incentives at lo-cal vendors participating in the program,” Grogg said. “All participating vendors can be viewed on the Adelphi website in Octo-ber.”

Grogg made it clear that despite all the improvements and successes, the process is still far from over. “We are re-viewing the basic business and operational systems. There are many areas where we can become more efficient and continue to improve our services to students and the overall work environment for our faculty and staff,” he said. “One of our main goals is to become a well-known and widely rec-ognized university. We will be mobilizing efforts across our campus community to get the word out about our great univer-sity.”

Along with the enhancement of the Adelphi name, Grogg outlined several other key priorities for the 2016-17 year: increase and continue to support faculty re-search and creative work; develop a com-prehensive advising program to improve retention and graduation rates; enhance student life in Garden City and Manhattan, which includes developing a New York City semester program bolster pathway programs, such as Bridges to Adelphi and the Veterans Resource Center; and imple-ment a more in-depth professional devel-opment program on diversity for supervi-sors to enhance the culture of inclusion.

With new programs, improve-ments to student life and academics, a greater dedication to faculty success and the largest class in Adelphi history, the university seems to be on the right path for success and greater recognition.

“Strong enrollment is a signal of confidence in the university and its direc-tion,” Capezza said. “This year’s (enroll-ment) was the result of everyone across the university rolling up their sleeves and pitchin in to be sure we put our best foot forward. Our dedicated faculty and staff, as well as alumni, supported the efforts of our Admissions Office and we could not be happier with the results. Not just the num-ber of students, but with the support we had in our effort. It really is a team effort.”

Learn more about Momentum, the university’s strategic plan, on an over-hauled eCampus intranet site where you can read about the full plan and share your feedback. The site will be updated with news and progress reports as they become available.

A Case For Exploration: Discovering the World Beyond Your Textbooks

BY EMILY FARRELL

“I am not the same, having seen the moon shine on the other side of the world.” -Mary Anne Radmacher

Ever wanted the opportunity to walk amongst the Terracotta soldiers in China, glide down the Venetian canals or discover the lush landscape of Lake Ateti-an in Guatemala? Then you have struck intellectual gold as Adelphi’s exhilarating study abroad programs return for the fall and spring semesters.

Through the Center of International Education, undergraduate students have the ability to choose from 12 different countries, such as Norway or France, to study in for a full semester and can also participate in different faculty-led, short-term programs and internship opportuni-ties. Some of these include the recent chemistry research program in Warsaw, Poland and the Multicultural Issue Coun-seling in Orvieto, Italy.

Besides the obvious benefits of being able to see the world and study in a new environment, why should students con-sider taking that first step across interna-tional lines?

“Studying abroad gives a new perspective on academic study, enriches the study plan and allows you to go out-side your comfort zone to dig deep and advocate for yourself, so you can return with confidence,” said Shannon Harrison, director of the Center for International Education. “Studying abroad allows you the chance to strengthen your character and gives you a leg up in this changing world and work environment in which we live.”

According to data shared by the Institute of International Education, the United States falls far behind in the global studies program with only 10 percent of American students going to study abroad. In a market where intercultural skills are highly valued, and where 1 in 5 jobs re-quire international trade it is vital that we take the initiative to go to other countries and learn how to make a difference not only in our own communities, but across the globe. Being versed in another culture or language is valuable in any field and provides the basis for becoming more self-aware and aware of those who share the world with you.

At first you may feel small and like an outsider, but the more time you spend in another country, the more tolerance, understanding, appreciation you can gain for other people. And to an even greater extent, you are able to experience history, and culture from another perspective, not only seeing the world through the eyes of others but also practicing what you study on a level that you could never achieve while sitting at home. Case in point, Karyn Kovalowski AIFS Alumni Ambassador and junior nursing major says, “The best part is going out and experiencing firsthand what you learn in the classroom, like we learned about World War II in class and then we visited Auschwitz.”

So now that you’re thoroughly con-vinced that you are going to study abroad, remember to start planning early to work around your major so that you can find the best time to go. And when you get there, don’t be afraid to engage in the local culture as much you can by participating in community service efforts, sports and more. Remember, the best way to study abroad is to immerse yourself in the lives of others, that way you can understand yourself and the vast beauty of the people you share the world with.
Will goes missing, a mysterious girl with nowhere to be found. At the same time that day, little Will Byers (Noah Schnapp) is creature from a different world. The next thing the boys, the Sherriff team up to search something strange in the woods—a cycle ride home, one of the boys encounters the girls of a group of preteen boys going for a run in a basement over the board game of lives of a group of preteen boys going for a run in a basement over the board game of lives of a group of preteen boys going for a run in a basement over the board game of lives of a group of preteen boys going for a run in a basement over the board game of lives of a group of preteen boys going for a run in a basement over the board game of lives of a group of preteen boys going for a run in a basement over the board game of lives of a group of preteen boys going for a run in a basement over the board game of lives of a group of preteen boys going for a run in a basement over the board game of lives of a group of preteen boys going for a run in a basement over the board game of lives of a group of preteen boys going for a run in a basement over the board game of 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Todos Se Van, 2015
photo provided by revistael parcero

Todos Se Van and the Significance of Latin Culture and History

BY GEsselLE MALDONADO

Over 70 people attended the Third Annual Spanish Film Club Festival in the Rec Center’s Campbell Lounge on Sept. 16, as students of various social backgrounds and studies had attended to see the program’s opening film, “Todos Se Van.”

The film, based on the award-winning novel by Wendy Guerres, centered around eight-year-old Nieve Guerra and her experience dealing with her parents’ custody war during the politically charged Castro regime in 1980s Cuba. Throughout the film, Nieve witnesses the political conflict’s toll on her parents and her Swedish guardian, as they experience the consequences their country’s unstable imposition towards their family life.

This year’s Spanish Film Club Festival at Adelphi is co-directed by Raysa Amador and is funded by Pragda, an independent cultural cinema initiative, with the Secretary of State for Culture of Spain. Amador is the co-director for this year’s Festival, as well as the chair of the Language, Literatures and Cultures Department.

“We teach Spanish culture, civilization, literature and art,” said Dr. Amador. “Students were introduced to Spanish cinema as a distinct kind of cinema ... not a Hollywood-style cinema.”

Her role is to help finance the Festival through grants received from Pragda and the Secretary of State and act as the main director for the previous Festivals.

Carmen Dori Castellon, the administrative assistant for the Language Department, had also attended the festival alongside Amador. Castellon saw “Todos Se Vayan” as “indicative of the environment in Cuba at the time” and relatable to those who have lived through the Castro regime.

As for the Festival, which Castellon helped coordinate, she stated that it began as a collaborative effort between Ana Simon-Alegre, who is also the co-director and Dr. Amador. After introducing the idea to Amador, much of organization consisted of “working out all the logistics” with Simon-Alegre “spearheading” the effort until everything came into fruition, to which she has been delighted to been a part of.

Most of the filmgoers have heard of the Festival through their Spanish language classes and from their Spanish professors. Lynne Hundhammer, a sophomore at Adelphi, had stated that with the two Spanish classes she is taking this semester, “both required that [she] go to the festival.”

As for the film’s reception, Shani-sha Sookdeo, another sophomore, as well as a member of the Levermore Global Scholars, praised the film despite its melancholic tone. “The movie definitely portrays the reality of life,” said Sookdeo. “The movie was very powerful about the little girl’s life in Cuba, though I wanted to know more about whatever happened to Nieve and her fate at the end of the film.”

Such attention and reaction to seeing “Todos Se Van” from a socially diverse audience define, according to Dr. Amador, why Spanish cinema is significant to presenting Latin history and culture at Adelphi. “This is a unique opportunity for students to experience diversity and inclusion by bringing cinema and viewing films from other cultures, specifically Spanish and Latin American cultures.”

Simon-Alegre, who is also part of the adjunct faculty for the Language Department, shared Amador’s gratitude towards the success. “It is a great opportunity for all of the Adelphi community to watch… international movies, and have it open for everyone.”

The Spanish Film Club Festival’s next feature film, “3 Bellezas,” is set to premiere on Sept. 30.

CSI Bring Student Leaders Together for a Weekend of Fun

Students leaders of clubs and Greek life recently spent a weekend retreat bonding and having fun. Students played an intense game of Adelphi organization trivia that had them trying to identify the groups by their mission statements, logos and awards they had received. In place of a buzzer, a bag of popcorn had to be grabbed first (resulting in at least one explosion of the bag in the heat of competition). There was also a night filled with s’mores, music and a rather unpredictable campfire! (photos provided by Danielle McDougall)
COMING SOON!

CIRCLE MIRROR TRANSFORMATION
Written by Annie Baker
Tuesday, October 4 • 7:30 p.m.
Wednesday, October 5 • 6:30 p.m.
(post-show discussion)
Thursday, October 6 • 7:30 p.m.
Friday, October 7 • 7:30 p.m.
/Open Caption plus post-show discussion/
Saturday, October 8 • 2:00 p.m.
Saturday, October 8 • 7:30 p.m.
Sunday, October 9 • 2:00 p.m.
Black Box Theatre
AU Students: $5

Open Captioning is possible through the generosity of the Center for Health Innovation

AMERICAN BRASS QUINTET
Saturday, October 8 • 8:00 P.M.
Westermann Stage, Concert Hall
AU Students: $5

ADELPHI’S BEST OF BROADWAY
Saturday, October 15 • 8:00 p.m.
Sunday, October 16 • 4:00 p.m.
Westermann Stage, Concert Hall
AU Students: $5

CHIARA STRING QUARTET
Friday, October 28 • 7:30 p.m.
Westermann Stage, Concert Hall
AU Students: $5

AMERICAN BRASS QUINTET

ADELPHI SYMPHONY ORCHESTRA
Thursday, November 3 • 8:00 p.m.
Westermann Stage, Concert Hall
AU Students: $5

MARAT/SADE
Written by Peter Weiss
Tuesday, November 8 • 7-7:30 p.m.
Wednesday, November 9 • 6:30 p.m.
(post-show discussion)
Thursday, November 10 • 7:30 p.m.
Friday, November 11 • 7:30 p.m.
Saturday, November 12
2:00 p.m. and 7:30 p.m.
Sunday, November 13
2:00 p.m.
Olmsted Theatre
AU Students: $5

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Racism isn’t fun to study, but it’s worse to hear your classmates discuss their actual experiences with campus racism. In our course, Race and Politics, we, along with Professor Margaret Gray, sought to explain and apply theories to better understand how racism works and who benefits.

For example, we explored the overrepresentation of minorities in the criminal justice system, as presented by Michelle Alexander in “The New Jim Crow.” We also disected Ta-Nehisi Coates’s “Between the World and Me” to investigate who gets to live the American dream and who doesn’t.

Sometimes we examined current events, such as when former Mayor Rudy Giuliani stated that Super Bowl Halftime shows are for Middle America and that Beyoncé violated that norm. We also discussed the case of a UC Berkeley college who student was removed from a Southwest Airlines flight for speaking Arabic on the phone.

During this last conversation a classmate described being questioned by Public Safety for speaking Arabic. The officer told him someone reported suspicious activity. He had offered “Salaam alaikum,” a standard greeting, to a campus bunny while waiting for his mother to pick him up. It translates to “peace to you.” This is why campus education is so necessary.

Other students spoke up. One had been stopped by the Garden City police for walking along Cambridge Avenue to Rustica Brick Oven Café. Twice. Others reported a particular campus worksite as having a reputation for being unfriendly to blacks and some described being followed around by bookstore staff. Rhonnie Jaus, Adelphi’s Title IX Coordinator, visited our class to discuss how to report campus discrimination. You can report with your name at http://hr.adelphi.edu/title-ix/report/ and an investigation will ensue. You can even report anonymously. And, it’s more than just racism—you can report being targetted for your gender, sexual orientation, disability, religion, nationality and other characteristics identified as a “protected class” under the law.

At her inauguration, President Riordan told the story of a black alumna from the 1980s who said she never felt that she belonged at Adelphi. That was 30 years ago and we’re concerned that some students may feel that way today.

We are calling for change. Let’s share these stories, whether they concern some students may feel that way today. It’s time for more Adelphi students to commit to improving our campus climate. This is calling your friends out when they use racial slurs, supporting multicultural organizations on campus and recognizing that if you are not part of the solution, you are part of the problem. This is a call to action for all students, faculty, staff and administrators. We must act now.

--Submitted by students in Professor Margaret Gray’s spring 2016 Race and Politics course.

Upcoming Events
Saturday, October 1
ARBORETUM TOUR
noon - 1 p.m.
Meet in UC Lobby

BUILD-A-MASCOT AT FAMILY WEEKEND
noon - 2 p.m.
UC Main Lobby

OPPORTUNITIES: JOBS AND INTERNSHIPS
12:30 p.m.
UC Room 213/214

PANTHER CARNIVAL
1-6 p.m.
Parking Lot # 4
Let’s Have a Conversation About the Stanford Rapist

BY JESSICA WINANS

Stanford University rapist Brock Turner was set free this summer after serving only three months of a six-month sentence and Adelphi University students aren’t having it.

Picture six women: your friends, mother, aunt, girlfriend or sister all in a room together. Statistically speaking, one of those women will, or already has, fallen victim to attempted or completed rape in her lifetime. According to the Rape, Abuse and Incest National Network, about 18 million American women and 3 million American men have been victims. While state laws define rape differently, it is essentially sexual intercourse carried out forcibly or against the will of a male or female without consent.

There are many Americans who apparently don’t see this as a serious crime, like the California judge who gave Turner, a swimmer at Stanford convicted of raping a young woman behind a dumpster, a six-month jail sentence—that he then didn’t have to complete.

Such a judicial outcome has many college students across the nation wondering, how could someone who is found guilty of committing such a crime receive such a lenient punishment?

“One word: privilege,” said Pietro Piscotta, a former political science major and anthropology major at Adelphi University. “Brock Turner is rich, white, male, straight and a college athlete. All these factors cause him to get off with such a short sentence.”

While it might seem like a revolutionary concept due to its recent spotlight in the mainstream media and its newly profound place in our dialogue, white privilege is not a modern concept. White privilege stems from thousands of years of the notion that, for whatever reason, a darker skin tone was less pure or perfect than a lighter one. Historically speaking, the darker your skin, the lower your social class, perceived intelligence and perceived skill-set was.

Although we have tried as a society to divert from this bigoted way of thinking—via, for example, the world-wide 1960s civil rights movement—it still lingers. Movements—such as Black Lives Matter (BLM), created after the killing of an unarmed black teen, Trayvon Martin—that serve to end racism and prejudice are under fire for allegedly being racist themselves. BLM critics, for instance, believe that it is racist due to its emphasis on black rights over white. However, Kindeya Chiaro, a political science major and gender studies minor at Adelphi, believes such criticism is a double standard. “You have to question why this is happening and take a step back and ask what would’ve happened if Brock Turner was a black or Latino man,” Chiaro said. “Would the case have played out differently? Would it have played out differently if the judge wasn’t a white male [and former] Stanford athlete?”

Consider that in 2010, according to Prison Policy Initiative, a non-profit which advocates against mass incarceration, blacks made up only 16 percent of New York State’s population but 53 percent of its prison population. The incarceration rate of whites is much lower than that of all other identified races, as well.

However, not only is Turner’s short jail sentence indicative of racism, but also sexism. We live in a male-dominated society that is constantly sending us signals, via the media and other ways, that perpetuates assumptions that women are inferior to men and should be submissive to them. Our patriarchal society enables men to abuse women because it promotes the idea that a man’s word is greater than a woman’s.

“I think a big part of it has to do with the fact that some people think men still have more power over women,” said Jordon Garofalo, an acting major at Adelphi. “A lot of people think the world wouldn’t be able to survive without man. The fact that Turner’s case is a woman’s versus a man’s word and a male judge has a lot to do with his sentence being so short.”

What can you do to change this? Begin by participating in a conversation. These concepts of white privileges and societal misogyny were explored on campus at the Performing Arts Center’s Olmsted Theater on Thursday, Sept. 29. At the event, 99 Adelphi community members, including students, faculty, staff and administration, shared the Stanford rape survivor’s letter and U.S. Vice President Joe Biden’s response letter in an initiative to end sexual assault and gendered violence.

It’s a start.

Hurried Minds Make Headless Horsemen

BY BRIAN JENNINGS

It’s a Wednesday night in the middle of September and all CNN wants you to care about is how healthy Hillary Clinton and Donald Trump may be. Not that the health of a presidential candidate isn’t necessary information, but after a week and a half of worried commentary, it begs the question what are they even trying to accomplish? The action “commentary,” has become an ugly weapon armed by big media outlets to disable critical thinking. News and opinion have gotten mixed in the cocktail of ambiguity, existing for the sole purpose of obstructing the American people from having a mind of their own.

This isn’t a problem limited to cable news. That format may be meaningless to most students who get their information from various text conversations, Twitter accounts and Safari bookmarks. Regardless of how this generation consumes its information, it has become

If you dare to turn on any of the cable news networks, you may find yourself appalled by the obscene silliness of the current format. While trying to spark an inspiration for this very editorial, I found myself watching CNN, completely bombarded with nonsense from Democratic and Republican pundits alike. For more than 20 minutes, the network stayed locked into a debate amongst four panelists, two were identified as Trump supporters and two identified as being Ready for Hillary. One of the Hillary supporters actually argued that Trump isn’t fit to be president because he “eats junk food.”

Not only is that preposterous, it’s dangerous.

Last semester, Adelphi welcomed Christopher Hahn, amongst others, to speak at a panel discussion on-campus, which served to be very enlightening. Hahn, a Fox contributor, flat-out admitted that these news outlets exist to entertain and not to inform. Yet, the vast majority of citizens consuming these channels on a daily basis have no idea of that separation. The format is clear; 10- to 20-minute segments of panel analysis is now considered news. Network news is no better, as the majority of their broadcasts are no more than a localized briefing of your Twitter feed, highlighting gossip, police blower and viral videos.

The problem arising from all of this is that it has become too easy for citizens to simply centralize their news intake to support their views and interests. Almost all of the media we trust is taken in the vein of our convictions, and most of the time we even take these so-called “expert opinions,” as our own, blurring the lines even further from what we’ve heard and what we actually know.

If you wish to be informed in this day and age, the only way to do so is seek out the facts through the avenues of your own curiosity. If a story gives you pause, don’t scroll to the next tweet; be your own reporter and have the mindfulness to investigate. We know Donald Trump went on Dr. Oz to release his medical records, yet very few citizens know the people of Flint, MI, are still without significant federal aid. Challenge yourself to look beyond 140 characters; you may just discover a mind of your own.
BY FALLON MCCARTHY

When walking by Motamed Field, there’s always some activity to be seen, whether it be lacrosse practice or a field hockey game, some team or other doing some sprints or maybe an important high school game going on.

None of these, however, can be confused with when the Adelphi men’s soccer team takes the field, which can be easily distinguished by the sound of senior goalkeeper Spenser Powell’s strident tones.

“I always talked a lot when I was younger, in the classroom, anywhere,” said Powell. “It just translated over. I never shut up.”

Powell has been playing soccer, and simultaneously giving opponents headaches, since he learned to walk, first playing with his older sister in their basement. The little soccer screamer grew up to play three years of varsity soccer and also had a two-year stint playing tennis.

The Massachusetts native has shouted his way to six shutouts, a .933 save percentage, and three consecutive clean sheets.

“Practice is always a battle, but we’re all clicks on and off the field,” said Powell. “The team looks great; everyone clicks on and off the field,” said Powell. “Practice is always a battle, but we’re all there together and for each other.”

The Panthers came out with a chip on their shoulder, knowing that they left some unfinished business on the table at the end of last year when they lost in the NE-10 Championship game to Southern New Hampshire and then fell to Wilmington in the first round of the NCAA.

“We got so close last year, we could really taste it,” said Powell. “We want more; we want to take home that NE-10 Championship.”

Powell knows what it’s like to come out wanting to prove oneself. The senior spent a majority of his first three years waiting for his turn to prove himself in the net.

“I knew I had to wait my turn,” said the goalkeeper. “The guys ahead of me were doing really well so I tried to pick up every bit of knowledge from them that I could.”

Powell has proven that it is in fact his turn, and that he won’t go out without a fight and a yell too.

“After last year, I knew we had a great group of guys returning so it’s now or never,” said Powell. “We have to stay prepared and come in flying.”

The Brown and Gold are currently ranked 17 in the nation with a 6-1 overall record, 4-0 NE-10, and returned to action at home on Tuesday the 27th at 5 pm to face conference rival, Bentley.

NE-10 Earns His Spot as Loudest Goalkeeper of the Week

Soccer Midfielder Santoro Kicks Panthers off to Hot Start

BY NICOLETTA CUCCIO

Santor, which derives from the Latin word Sanctorum, means “feast day of all the saints.” Morgan Santoro, an Adelphi women’s soccer midfielder, has been feasting thus far during her senior season, as she has netted as many goals through five games in 2016 as she did all year in 2015. Santoro has led the Panthers to an undefeated record and a national rank of #5 in the country.

Prior to her time at Adelphi, Santoro attended Division I Central Connecticut University. At Central Connecticut, she played in 40 games and started 22 times throughout the two seasons. Santoro totaled nine career points and was a two-time NEC Rookie of the Week in her time there.

In an attempt to be closer to home, Santoro took a chance and transferred to Adelphi knowing the success of the program and a few familiar faces on the team.

“Morgan is one of those players who you can tell is in love with the game she plays and that is such a contagious attitude,” said Victoria Antonino, a fellow senior midfielder. “Her competitiveness and desire to win drives everyone around her to be their best because we know we’re going to get the best out of her.”

As a core midfielder for the Panthers, Santoro sets herself goals to accomplish before going into each match.

“I always strive to complete my passes, keep the flow of the game, make runs off the ball and create plays when going forward,” said Santoro.

Although setting herself up for her own personal success, the Long Island native from Islip High School has also assisted four of her teammates in goals of their own, three of them all in one game.

“Morgan has such a positive impact on the team because she brings something so real and original to the way she plays,” said Antonino. “She gets the job done and can be counted on to make an impact, especially in the tougher games.”

While the midfielder is skilled on both sides of the ball, her senior campaign has truly been highlighted by her success in the box.

“I definitely have more offensive mind this year,” said Santoro. “I’m hungry to score goals. I want to make this my best year and I want to help the team win an NCAA Championship.”

After winning the NE-10 Conference Championship in 2015 and finishing the season with an 18-3-2 record, Santoro confirms that the team’s hope for this season is to win the conference for the second year in a row and strive to compete to win the NCAA tournament.

The 20-year-old is majoring in psychology with aspirations of becoming a physical education teacher along with a soccer coach and a trainer.

“I want to be remembered as a player that never gave up and would do anything for a win,” said Santoro. “I want to be a positive player and I want to inspire others to work hard.”

The Sports section would like to announce a new series that will be introduced in the next issue called The Final Ride Series. We will be interviewing seniors playing their final year of eligibility in their respective sports. These Q&A’s will be a change for the athletes to say goodbye, and reflect on both their four years of playing college athletics and on the sport they’ve dedicated so much time and effort to. We hope you enjoy!

-- Fallon McCarthy