

The Delphian

September 9, 2019

The Voice of the Students

Volume 75, Issue 1

Adelphi Students Off Election Day Effective 2019-'20 School Year

BY JACLYN TRACY

With Election Day 2019 approaching, the importance of college students expressing their democratic freedom to have their say is at an all-time high. It's crucial that our nation's students exercise their rights and vote for who they think will be the best candidates to lead us through a time of immense social and political uproar.

Adelphi University has acknowledged the importance of this and has become responsive of this need. Effective this 2019-'20 school year, the Adelphi community will no longer hold classes on election day, the first Tuesday after November 1. The purpose of this change, as stated by Steve Everett, Provost and Executive Vice President of the University, in a recent press release,

"is to allow for student engagement in federal, state and local elections.

"Election day is such a fundamental component in our democratic society that its importance cannot be overstated," he continued. "Studies have shown that when young people are involved in the election process as students, they develop a sense of civic engagement that can stay with them for a lifetime. The decision to not conduct classes on election day will provide



an opportunity for critical experiential learning and social development for our students as we encourage them to participate in the electoral process."

However, with the holiday, some years Adelphi students will lose the mini-fall break that currently is observed on the second Monday of October in order to meet New York State Education Department credit hour requirements. This November, mini fall-break will still occur, but in 2020, Adelphi will be surrendering that vacation.

Senior nursing major Sydney Thomas is happy to forfeit the mini-fall break. "Having election day off this year is probably one of the best decisions Adelphi has made since I came here as a first-year student. It allows everyone to be able to have the time to vote with no worry or excuse, which I know is something that would always prevent people from voting."

Mark Grabowski, a journalism

and internet law professor in the Communications Department, was also very pleased with this decision.

"It will allow students to volunteer at the polls or help get the vote out without worrying about missing class or a midterm," he said. "Additionally, by underscoring the day with a holiday, it signals to students the importance of elections and perhaps will even motivate some new voters. Frankly, it's surprising this didn't happen sooner — election day is a public holiday in New York."

This election day you'll have an opportunity to vote for local candidates for positions like district attorney, town supervisor and district court judges, all of which impact your daily life with everything from handling crime to taxes to garbage collection. Your vote matters even in a non-presidential election year.

Greek Life and Social Fellowship Residential Learning Community Debuts This Semester in Res Hall B

BY JACLYN TRACY

The beginning of this semester means a variety of different and exciting additions to this campus, including not only new students, professors, courses and memories to be made, but a new residential learning community in Residence Hall B as well.

Getting involved on campus is something that can be crucial to making long and lasting friendships throughout the duration of your college years. A major way that Adelphi students have done this is through becoming a part of Greek Life or a Social Fellowship. Being that Adelphi is also home to seven different residence halls, ideas for creating a community for students in these organizations to come together and form bonds despite their letters have been discussed for years. During the 2018-'19 school year, the Office of Residential Life and Housing decided it was finally time to put these plans into action and debut a new community.

"About 200 of our students who live on campus are involved in Greek Life and Social Fellowships, so we're connecting these campus leaders with experts in the fields of student affairs, education and organizational leadership to take their experiences to the next level through the Greek Life and Social Fellowship Residential Learning Community," said Adam Visconti, associate director of the

Office of Residential Life and Housing. "This new community, opening fall 2019 will build upon the four pillars of Greek Life—friendship, scholarship, leadership and service—to enhance our students' learning, engagement and sense of belonging through co-curricular programming."

In order to become a part of this

community, students who are members of Greek Life or Social Fellowships had to complete an application with questions about why they would like to become more engaged within the community as a whole as well as ideas for programming, philanthropy work and bonding activities.

Another aspect of being a part of this community is a once a

week non-credit seminar taught by our newest Greek Advisor, Tommy Severin, that members will attend as a group.

"This will be a class that everyone in the community will take together related to Greek life, leadership and engagement in the community," said Kurt Ferguson, residence hall director of Earle Hall.

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Residents of the new residential learning community in Residence Hall B.

A Word from the Editor

Welcome back, Panthers! The staff and I are excited for what this year will bring. We're welcoming our newest addition to the staff, news editor Jaclyn Tracy. For the 2019-'20 school year, Maria Giovanna Jumper is features editor once again and Victoria Grinthal also stayed on the staff as editorials editor.

I'm Olivia Franks, a senior communications major and sport management minor. I served as sports editor last year and as co-editor-in-chief during the spring 2019 semester. I'll be graduating in December, so I'll assume the responsibilities of sports editor and your editor-in-chief until the end of the semester. I'm looking forward to serving the Adelphi community by bringing accurate information of all that is happening on campus.

This school year brings a lot of changes to the university. The community is adapting to the construction of the University Center, which was the one place on campus that students relied on to go to eat, hang out and have club meetings. We address this change in our issue. We also see that the Adelphi is evolving in other ways as we'll no longer have classes on Election Day. Additionally, there is new Greek Life and Social Fellowship Housing in Residence Hall B so that the Greek community can live together. We analyze all these important changes in the news section.

If you want to become more involved on campus and have a place to voice your opinion, you can also learn about the Feminist Alliance organization, a club that was created last semester. Maybe you found other organizations to join at Pantherpalooza on Sunday, August 25, so read the article to see what other students thought of the annual event. Our features editor Maria looked back to the beginning of the summer at her study abroad experience in Finland and Estonia, and you can learn about how you can travel and earn credits toward your degree. Finally, the features section looks at the success of Panther Pantry and its new leadership.

Our editorials this issue analyze controversy relating to technology. We see how copyright infringement can prevent influencers from posting videos that would only benefit people, but there are also larger world issues relating to privacy and technology as well.

With fall sports underway, we offer a preview of how the Brown and Gold teams may fare this season by looking to the past, but also at potential new talent.

We hope you enjoy the first issue and we wish you all a successful semester! Email us at delphian@adelphi.edu regarding joining our organization or if you have any comments or concerns. Follow us at @the_Delphian on Instagram and Twitter!

--Olivia Franks
Editor-in-Chief

The Delphian Wins Four Awards at PCLI 2019 Media Dinner

When the Press Club of Long Island (PCLI) honored hundreds of top journalists on Long Island at its annual media awards dinner on June 6, *The Delphian* took home four awards, including second place in the best college newspaper category. This is the eighth consecutive year that the student newspaper has garnered recognition from this professional organization.

In addition, Danielle McDougall, who graduated in May, won third place as best college newspaper reporter. In the narrative features category, *Delphian*

news editor Jaclyn Tracy, took second place for "Adelphi YouTuber Could Just Be the Next #GIRLBOSS" and editorials editor Victoria Grinthal, earned third place for "Deliciously Different: Ben & Jerry's Founders Talk Business and Society at Adelphi."

The PCLI is a local chapter of the Society of Professional Journalists. They have many services that can benefit students, including ongoing training and monthly events that focus on advocacy and education about the communications industry. Learn more at www.pcli.org.



From left: Jaclyn Tracy, Matthew Schroh, Nikita Kalra, Victoria Grinthal and Valerie Buonaiuto with 2019 PCLI awards in June. Photo by Liza Burby

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LETTERS TO THE EDITOR

Letters to the editor must be less than 400 words and include the author's name, as well as affiliation to the college. Letters may be edited for the purposes of space and clarity.

Letters should be sent to delphian@adelphi.edu

ORIGINAL ART

Original drawings, photographs, and political cartoons can be sent to delphian@adelphi.edu. Please attach name and affiliation to the college.

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Your name can appear here:

Join *The Delphian* as a writer, photographer, graphic artist or aspiring editorial staff member. You'll gain valuable skills and another addition to your resume.

Save the Date for the 6th Annual Media Career Expo

The Delphian and the Department of Communications are holding the Sixth Annual Media Career Expo for communications, journalism, English and business students on Wednesday, October 30 from 9 am to 11:30 in Campbell Lounge, rooms 2 and 3.

Students will have a live platform with working representatives from the print, TV, film, web, marketing and publicity fields to talk about the job marketplace and learn more about breaking in as an intern or future employee. All the speakers will be people who have graduated in the last 10 years, so they can give you a first-hand, up-to-date representation of the job market today. Watch this space for more information, including the names of the panelists.

New Residential Learning Community Debuts

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Many students are extremely excited to be a part of this community, one of them being Amanda Baptiste, a senior English major.

"Being that this is my senior year, I would like to make the most out of the time I still have," she said. "I have gained so many valuable friendships and bonds through my sorority, Alpha Epsilon Phi, and would love to be able to bond more so with the community to see all the greatness we can achieve here at Adelphi together."

The staff is looking forward to this unique opportunity as well.

Visconti said: "I'm so excited to see how our students who are involved in Greek life and social fellowships continue to join in community together. My hope is that every student who lives on campus feels a strong sense of belonging and is proud to be a member of their community."

Pantherpalooza: A Great End to a Welcome Weekend

BY MARIA GIOVANNA JUMPER

The 2019 Welcome Weekend festivities concluded Sunday, August 25 with Pantherpalooza, an afternoon filled with fun, music, an activities fair, popcorn, donuts and more.

While the rock-climbing wall and ziplining were a hit among students, the activities fair is what caught most people's attention. Clubs and campus organizations had tables where students were able to find out more about each organization and sign up. This fair included Greek Life, clubs pertaining to majors, interfaith organizations, this newspaper and many more. Some had free giveaways including candy, pens, flyers, stress balls and popsockets.

"Pantherpalooza was a great way to connect with old friends and meet new ones while learning about all of the clubs on campus," said Sabina Ciaccio, a senior speech pathology major and secretary of National Student Speech Hearing Language Association (NSSHLA).

Many students saw their friends for the first time since last semester at this event, while first-year students were reunited with friends made during orientation.

Students could also enjoy a barbecue provided by Adelphi Catering and were given free access to a Brooklyn Popcorn truck, which makes specialty popcorn including white cheddar, kettle corn, chocolate, cheddar and movie theater. Additionally, Doughology from Lynbrook had a truck where they served their creative donuts, which included Snickers and Samoas flavors.

Katie Scianimanico, a senior sociology major in the STEP program and vice president of recruitment for Delta Phi Epsilon Sorority, said she enjoyed Pantherpalooza. "It went really well. It was a great opportunity for incoming first-year students to get to know more about all the amazing clubs and organizations on campus. It's a very relaxed and inviting atmosphere and a good way to start off the semester."

James Motamed, a junior political science major and director of brotherhood operations of Pi Lambda Phi Fraternity, agreed. "Being an upperclassman, I think it's great seeing first-year students coming to campus events eager to get involved on campus. I think that Pantherpalooza is a great opportunity for first-year students to get to know Greek life, clubs and other



Junior Rachel Rossi, president of the Student Activities Board, and senior Adam Robinson, member, speaking with perspective new members. Photo by Olivia Franks

great organizations on campus."

New organizations benefit from events like Pantherpalooza and are a great way to gain new members and become known around campus. Colton Lake, a sophomore political science major and the vice president of Adelphi Mock Trial, said,

"As a [member of a] budding organization, we are really happy to be able to reach out to new students."

Students also got to enjoy entertainment from the multicultural Greek organizations as they performed their strolling routines for the students. Attendees could also make do-it-yourself pillows, phone cases and car flags at different stations.

Some student resources also had tables. For example, staff from the Counseling Center were handing out free stress balls, and the Center for International Education (CIE) also had a table.

"I think the students at Pantherpalooza today were really engaged and interested in actually learning about being a part of the Adelphi community," said David King, senior communications major and student worker for CIE. "They were definitely also interested in wider opportunities available to them like study abroad."

Katie Murphy, a junior accounting major and executive vice president of the Accounting Club, said, "Pantherpalooza had a great turnout this year. Many students were looking to get involved in all that Adelphi has to offer. We have a slew of different clubs that makes for a more well-rounded candidate for possible jobs, and the students were taking advantage."

The Student Activities Board (SAB) and the Student Government Association (SGA) were also present at the event. SGA was working to recruit more candidates for senator positions.

Adam Robinson, senior political science major and traditional events chairperson for SAB, said that Pantherpalooza was a "have-to-be-there moment in the Adelphi community. It's not only a great way for our first-year students to learn about the 80-plus student-run clubs and organizations we have on campus, but to get to meet current students too."

What Students Need to Know About the UC Progress This Semester

BY VICTORIA GRINTHAL

As the Class of 2019 completed their academic journeys by walking at Commencement in May, Adelphi's plans to expand the Garden City campus were set into place. Since then, the construction workers and staff have been working on the Ruth S. Harley University Center with full force, marking the first renovation to the building since its creation in 1972.

Adelphi's new-and-improved UC is slated to not only feature a fully operated Starbucks cafe, but also new workspaces, offices and event venues for students and faculty. Additionally, a green space is being built on Levermore Lawn that will be open for similar uses as well.

All progress and updates for the UC renovation can be found in several places. The AU2GO app has a section about UC Progress on the home screen, where all details and updates will be referenced, as well as the online site ucprogress.adelphi.edu for official statements and observations. Still, the fact that one of the campus' biggest eateries is closed is sure to be confusing for the upcoming semester.

The Delphian has pulled together all that Panthers need to know about the campus changes resulting from this project.

PARKING: The UC's renovators have blocked off several parking rows within Parking Lot 2, right next to the building in question. This will leave a lot less space for commuters and faculty who

park there normally. Although there are new walk spaces in this area and well, it's advised that all commuters take note of the other parking spots on campus, like near the Adele J. Klapper Fine Arts Building lot (behind Post Hall) or in the parking garage under Motamed Field and the Nexus Building. These garages require an Adelphi ID to enter, and alumni are not accepted at this point.

Otherwise, Panthers are encouraged to utilize the parking at the Garden City pool, from which there will be an Adelphi shuttle bringing people to and from campus. The contractors are also warning that the entrance to campus right next to the UC has been closed on rare occasions, and at that time, all other entrances will be open and preferred. To see when this will happen, please see the website's "What's Happening Today?" page and take note of any updates.

DINING: Since the UC Cafe is no longer in use, Adelphi has created a temporary dining hall in its absence that sits between Blodgett and Levermore Halls. This venue, called the Panther's Den Dining Hall, seats 200 and includes air conditioning and restrooms, along with food for purchase.

Other dining options on campus this semester include the existing Post Hall dining area, as well as some other locations. The PAC Cafe has been expanded to include soups and sandwiches during this time, and the grill #CheesePlease will continue to operate on an extended schedule behind

the CRS. Snacks can be found at Legends in the Science building or in the Starbucks in the Nexus. Adelphi will also be hosting food trucks of varying types to allow for a variety of dining options each day. For other food locations and times on campus, you can download the DineOnCampus app for Apple and Android and enter "Adelphi University" as the school name.

EVENTS: The Auxiliary and Event Services office has arranged for several event venues in the absence of the UC ballrooms and conference rooms. The full list of spaces can be found on the UC Progress website, and clubs should contact advisors and the Center for Student Involvement (CSI) for more information on reserving spots.

OFFICES AND DIRECTIONS: Various offices originally held in the UC, like those for CSI and Dining Services, have been relocated around campus during this process. Please be aware of the changes as they are listed on the UC Progress site. Also, this renovation will bring lots of materials to update the UC, which may block off certain walkways at times. Pay attention to the signage on campus as they will direct you to the safest routes.

BOOKSTORE: The Adelphi Bookstore has been relocated to the upper level of the CRS lobby for apparel and school supplies. Note that all students are required to buy all textbooks online this semester, and there will be a separate fee if you choose to send them to the Bookstore for pickup.

Student Challenges Feminism by Forming New Organization on Campus

BY NICOLE GARCIA

Adelphi's Feminist Alliance club, which advocates for social justice and promotes awareness about feminist issues, became official on campus on Valentine's day. But the origin of the club began long before that.

Samantha Napoli, a junior, said she felt that bringing the Feminist Alliance club to campus was important. She was inspired when she heard other schools had already created this type of organization.

"I think it is something important that we should see on campus because we really don't have a women's advocacy group other than the club FOCUS (Females of Cultures United for Success)," she said. "The more strong women we have, the better society is going to be."

The idea for the club began in fall 2018 when the neuroscience major realized she didn't know what she wanted as a career and decided to go to the Center for Career and Professional Development to get advice. There she met Victoria Passarella, the Center's assistant director.

Napoli told Passarella that she wanted to get involved with advocacy and social justice. According to Napoli, Passarella said a few graduating seniors had mentioned they wanted to start a women's club, but they never followed through with the idea.

Napoli decided she would take charge and get the club up and running—even though she never thought she'd be

the one to start an organization on campus. Even so, she's no stranger to being involved on campus. She's a sister of Delta Phi Epsilon, a member of the Equestrian club and after speaking with Passarella, she's now a student worker at the Center for Career and Professional Development.

When Napoli talked to her friends about her idea about the Feminist Alliance, they were concerned whether the topic of feminism would come off as too taboo or political.

"A lot of people don't know what feminism means," Napoli said. "In today's political climate, it is trickier to navigate this topic."

She believes the Feminist Alliance club is a great way to get students informed about issues, including what feminism is, what it looks like—and that's it not a taboo term.

The purpose of the club, as stated on their MyAULife page, is to advocate for social justice, encourage students to get involved in leadership, promote activism, provide resources and educate members about intersectional feminism, therefore creating an inclusive campus community. By leveraging existing resources and creating innovative opportunities, the students of the Feminist Alliance aim to make Adelphi a campus that is a role model in women's leadership organizations.

"She seemed passionate from the start," one of Napoli's sorority sisters, Olivia Tcholakian recalled.

The club officially established

on campus after the Center for Student Involvement accepted their application on Feb. 14, 2019. They currently have 60 members and are growing. Their overall goal on campus is to destigmatize the word feminism.

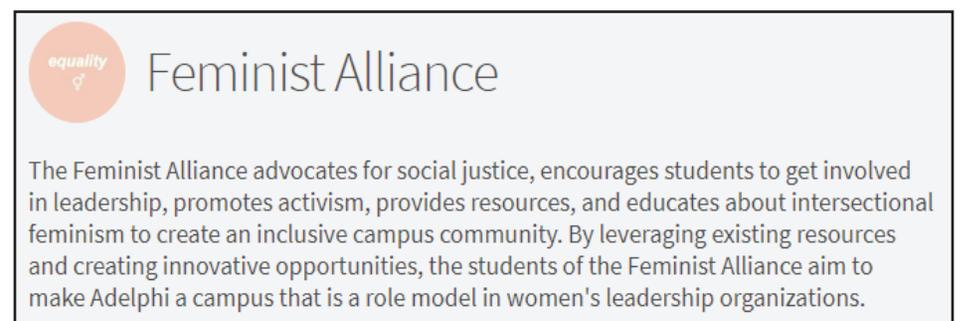
"I solidly applaud the efforts of our Feminist Alliance founding members to spread awareness and create a productive space for all AU community members to share experiences and become more educated," said faculty advisor Lisa Minicozzi, program director for Educational Leadership. "This group looks to further the values of intersectional feminism across our campus and support movements for equal opportunities for all students."

community and whether different genders receive different treatment at Adelphi.

The club is not exclusive to women. Napoli hopes men will join "because every man has had some female figure in his life, and he should be aware of feminist issues."

Jasmine Garcia, a member of the club and one of her sorority sisters, said, "Sam has really taken charge in the creation of the Feminist Alliance. The determination and enthusiasm to make this club a success has been contagious and personally, I am so excited to be a part of it."

Napoli is now the vice president of the Feminist Alliance and is excited to see how the club grows on campus. She



Feminist Alliance MyAULife description page and profile picture. (via MyAULife)

Some event ideas the club has are a girls' power party, feminine experience panel, women leadership workshop and women and mental health. In their meetings, some topics they discuss are how feminism is represented at Adelphi, division in the feminist

chose this position because she wanted to take a step back and watch how the president Rachel Williams will run the club.

"What motivates me is really making a difference. I want to feel like I am making the biggest difference that I can possibly make and just know that I did something," she said.

Her advice for anyone interested or hesitant to start a club on campus is if the club is based on something you are passionate about, then it is worth a try.

Feminist Alliance meetings are on Wednesdays from 6:30 to 7:30 pm and you can receive updates on the meeting locations and the club by joining their e-campus roster on MyAULife.

The Panther Pantry Marks a Year of Impacting Food Insecurity on Campus

BY MARIA GIOVANNA JUMPER

On September 5, Panther Pantry marked its first year on campus in Residence Hall A.

The pantry was created in order to help students and faculty members who have food insecurity. Before its grand opening, President Christine Riordan explained, "The opening of our Panther Pantry aims to ensure that food insecurity doesn't prevent our students, faculty or staff from achieving their best. After all, one of the goals of Adelphi's strategic vision, momentum, is to be relentlessly dedicated to student success."

Since its opening, the Panther Pantry has fulfilled over 500 orders and has received donations from both the Student Government Association and the Graduate Student Council in order to be able to stock the pantry.

It is accessible online Monday through Friday. Users can browse through the selection of food and choose the items they need. They then place an order and a group of volunteers will create a package for them. The user can pick up the package from the mailroom once they

get an email that it is complete. In order to pick up the package the user will present an order number. The Panther Pantry will not be using names or IDs in order to make sure everyone is comfortable.

One of the creators of the Panther Pantry, Dean Della Hudson, assistant vice president and dean of Student Affairs is retiring, and Dean Carol Lucas has taken over. Lucas explained that there will be a new launch campaign in order to spread the word about the Panther Pantry around campus.

"Moving forward, this idea of, 'Do I see myself as a person who needs to go to the pantry?' must change. What does food insecurity mean?" Lucas said. "Does it mean that I don't have any food at all and need to go to the pantry, or does it mean that I have a meal card and it runs out, can I go to the pantry to buy breakfast or lunch? Do I have to choose between paying for food or books?"

Food insecurity comes in all different ways. According to Lucas, people can have temporary or chronic food insecurity and she explained that she is trying to target those with temporary food insecurity who may not even realize they are suffering from it. As an example,

Lucas explained that students who may run out of meal swipes at the end of the semester have food insecurity and should feel comfortable going to the pantry. Food insecurity could last a day, a week, a month, or be a chronic issue and anyone facing it should utilize the Panther Pantry.

Despite its success in its first year of existence, it's not clear if others who could benefit from the services know about the pantry's existence. In order to spread the word, Lucas said, "It's not just the room and the food, it's the idea of what the pantry is. There is no poor and not poor, need food and don't food, it is a spectrum." She stresses that if you are on this spectrum, the Panther Pantry is here to help.

Besides just food items, the Panther Pantry also provides toiletries including toothpaste, deodorant, toothbrushes, hair products for all types of hair, detergent, and more. The idea behind the Panther Pantry was that if you can help students, faculty and staff with these aspects of their lives so they can focus on what they want to achieve. As Lucas said, "When you help people feel good about themselves, you are helping them in their goals."

Do you have opinions you like to share? Do you like Panther games? Do you care about what is happening on your campus? Consider writing for this student newspaper, The Delphian.

Getting Out of My Comfort Zone: Study Abroad in Finland

BY MARIA GIOVANNA JUMPER

From May 18 to May 27, I traveled with a group of 16 students, accompanied by Katie Laatikainen, professor and director of International Studies, and Rakesh Gupta, associate professor of Decision Sciences and Marketing, to Tampere and Helsinki, Finland, and Tallinn, Estonia. The purpose of the trip was to study the innovative stance Finland holds in terms of their political and business climate. Finland is known for funding start-ups in order to support new business and for having a welfare state that supports the needs of the Finnish people. The course was a 10-day study-abroad experience that is perfect for students who can't take a full semester to travel abroad.

In Finland, we were able to listen to lectures at Tampere University, go to site visits at Sitra and Nokia, and take a guided tour of Tallinn, Estonia. The professors wanted to expose students to Finland and garner interest for a possible exchange program with Tampere University.

"This was the first time I have led a faculty-led course at Adelphi," said Laatikainen, "and I am pleased that it was to Finland, a country with so much to offer but consistently overlooked by students."

As a student on this trip I not only learned a lot about the political and business environment in Finland and the European Union (EU), I also studied Finnish culture and youth firsthand. This trip gave me the opportunity to travel to a country I previously wouldn't have considered as a destination. While studying abroad I was exposed to a new culture, language, political system and friends. I created a stronger bond with my fellow student travelers, and I formed new friendships with students at the Tampere University.

Counseling Center Urges First-Years to Take Advantage of Services

BY MARIA GIOVANNA JUMPER

The transition into college can include some challenges, but the Adelphi community is committed to helping students have the best experience they can during their time at the university. Many campus resources are available to help.

One of these is the Student Counseling Center, which provides comprehensive mental health, preventative and educational services to any student enrolled at Adelphi. Erin Furey, the Center's head of outreach, training and education — or, as she calls herself "the well-being lady" — wants students to know about the various services the Counseling Center provides.

The Counseling Center, which is staffed by a psychiatrist, licensed clinical psychologists, social workers, graduate-



Students on the study abroad trip in Tampere, Finland enjoying the rivers that run through the city. Photo provided by Maria Giovanna Jumper

Throughout the 10 days of my trip, we learned about the rise of populist movements in Finland, which seek the removal of their country from the EU, like the Brexit Movement currently being experienced by the United Kingdom.

"It was such a pleasure to watch AU students learn and discover the Nordic approach to politics, business and society," Laatikainen said. "It was so interesting to be there during the European Parliament elections and see how they approach elections differently."

We learned about the business climate in Finland, including the affects Nokia had on the Finnish economy at the peak of its business and the push for new start-ups to be created in Finland, including the company Happy-or-Not. Happy-or-Not is a Finnish company that sells rating machines around the world. The machines have different smiley face

buttons that people can press in order to tell companies how they feel about their product or services. You have probably seen them in restaurants, malls and airports, but didn't know they were a Finnish start-up company.

The study abroad trip was also filled with trips to museums and other cultural sites. One of my favorites

was the Pynikin fortress. The hike up to the fortress was gorgeous and when we got there, we were able to purchase coffee and tasty fresh donuts. Reflecting on the success of the trip, Laatikainen said, "We could not have had a more interesting mix of students, from business, international studies, political science, history and even a pre-major. I am looking forward to introducing more students to Finland in the second offering of the course in May 2020."

Study abroad trips come in the form of various opportunities and I would suggest students visit the Study Abroad office to find out what opportunities work for them. Adelphi students may even have the opportunity to study abroad in Finland long-term. According to Laatikainen, Adelphi is in the final stages of an exchange agreement that will allow University of Tampere students to attend Adelphi and AU students to study in Tampere for a semester or year on an exchange basis.

Even if you can't travel for an entire semester, you can still take advantage of the shorter trips that Adelphi offers because the experience is just as valuable and memorable. Learn more about Adelphi's various programs at <https://study-abroad.adelphi.edu/>.



Forever
Gold,
Forever
Adelphi



Join us for Spirit Weekend 2019. There will be plenty of ways to get involved and have fun during this campuswide celebration open to the community. Activities will include the Golf Classic, Casino Night, 5K Race and Kids Fun Run, Panther Carnival, the Class of 1969 Reunion activities, the Legends Dinner, and so much more.

SAVE THE DATE October 3-6, 2019
adelphi.edu/spirit

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Harassment by Mistake: How Do We Control the Internet's Power?

BY VICTORIA GRINTHAL

Following the recent mass shootings committed in Dayton, Ohio, El Paso, Texas and Gilroy, California, this past month, the Internet has been full of people crying out for change in terms of gun laws and noticing unstable individuals of every demographic. However, the Internet's fast pace and huge volume of users have accidentally targeted more people than just the shooters who committed the acts. A photo from an unknown source showed images of the alleged shooters and tried to compare their similarities. It went viral online and was shared thousands of times. Unbeknownst to the public, the image labeled to be the face of the Dayton shooter, Connor Betts, was actually that of a 15-year-old Ohio boy with the same name. The innocent boy's image came from his personal Twitter profile and was wrongly used in

the viral post. Still, he soon became the victim of massive attacks and harassment online as people assumed the image correctly depicted the Dayton shooter, who was killed during the altercation with the police directly after the shooting.

This middle-schooler, also named Connor Betts, has since been recognized as not related to the tragedy that killed nine and injured 27 individuals. However, he has continued to be harassed on Twitter for prior opinionated statements supporting President Donald Trump. This child has since deleted the photo used in the image, and yet still gains massive amounts of retweets each day.

It's completely understandable that people who are outraged at these tragic events want to see change and reject what the shooters did. However, the fact that the shooter Betts was knowingly killed as reported on the night of the shooting was always clear. The people that decided

to harass the name "Connor Betts" on Twitter may not have heard of the shooter's death, but it amazes me that people tried to harass a dead person. Although the actions the shooters committed are unacceptable in every sense, there is no logical point to why harassing a person who was confirmed as dead would do any good. Another question is why they decided that harassing another person of the same name would do anything other than hurt an innocent member of society.

Although the initial mistake could have been a simple accident, once the child's identity was cleared, the fact that the harassment continued due to his political views is sickening to me. It's nothing new in our society to target those who oppose your values, but there should be a realization that their opinions are not the only ones that exist or are able to be shared. Now, a teen from Ohio is being bombarded with hate for his opinions that

he has a right to have, as well as for an act he didn't commit. If that doesn't raise a red flag for people, I don't know what will.

It's known that the Internet is a vast and fast-paced environment that cannot be changed. There are acts and statements that can be heard with or without context and shared to reflect these incorrect assumptions, most of which are assumed to be facts when they're posted. After such tragedies that affect our culture so rightfully and boldly, the last thing we need to do is start harassing people and ideals. This event should be an example of the kind of things that can spiral out of control once ideas are not confirmed. Hurting an innocent boy amid all this heartbreak is appalling. Just make sure your statements are correct and mindful of other opinions that exist, even if you don't agree with them. With careful wording and attention to society's biggest issues, we can protect innocent people from being attacked in this manner.

Copyright Issues in the Entertainment Industry

BY MORGAN THWEATT

Imagine this. A choreographer posts their latest project to YouTube and it reaches over a million views. Moments later, the video is muted, taken down, or even worse, the entire account is disabled for violating copyright.

Choreographers who utilize social media as a marketing tool experience this problem regularly. If music is created for us to publicly enjoy, listen and dance to, why are we being accused of stealing when we post it on social media? Why are these videos constantly being removed by social media platforms?

It's not just choreographers; thousands of Facebook, Instagram and YouTube users have experienced this. They post harmless videos featuring an artist's record as a part of the audio only to find that it has been taken down from the site due to alleged copyright violations.

In 2014, beauty guru Michelle

Phan, who has over 6 million YouTube subscribers, was sued by Ultra Records for \$15 million and 50 cases of copyright infringement for using music by other artists in her videos. The lawsuit sparked attention in the music industry when Kascade, who is signed to Ultra, took to Twitter about the situation: "@MichellePhan - you're awesome. You've turned millions of ppl on to my music. Which, ironically, I cannot say for my label."

Kascade did not stop the Twitter rant there, and openly expressed his disbelief that his own record label was accusing Phan of copyright. "Copyright is a law dinosaur, ill-suited for the landscape of today's media. And the kicker, they're citing her for using my songs for the suit. Come. On."

YouTube averages nearly 1.8 billion views per day, and it's a site where people obviously share and watch videos. Yes, you can dance without music (it's the abstract thing to try nowadays), but the majority favors dancing with music.

And no, your makeup tutorial does not necessarily need music either, but then it's like watching a movie with no soundtrack; it's just more appealing with the music. We're all artists who are using the media to inspire and share. I've seen YouTube allow a lot worse than that.

However, while our natural reaction is to point fingers at the platform, we have to remember that YouTube, Instagram and Facebook aren't the ones to blame. Under the Digital Millennium Copyright Act, if asked by a company to remove a video post on the account of copyright, legally, the website must comply. Record labels and musicians have the right to control how their work is used and in today's age of media where users are getting paid for the videos they post, labels love to argue that their music is being "stolen" for profit.

First and foremost, the music is not being stolen. Choreographers and YouTubers have to purchase the music

themselves whether through iTunes, Spotify or another music platform before they can utilize the record. It's because of dance and choreography that most of these records sell and a lot of these videos help promote the artist whose song is being featured. A choreographer's use of an artist's music should be considered fair use, not a copyright violation.

Record labels should be encouraging the use of the music they put out, but it seems as though they are constantly discouraging it. You would think they would simply be grateful that you enjoy their music enough to dance to it and share it with the world, but with such vague laws in regards to copyrighted media, the only thing record labels can see from your dance video that just hit 2 million views is lost income and a winning lawsuit. Can't we just bring back the good old days when sharing art mattered more than if it has enough views or money attached to it?

Counseling Center Urges First-Years to Take Advantage of Services

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is trying to change the culture around how mental health is spoken about on campus, Furey said.

The staff held a wellness 101 training during orientation to introduce the Center to the first-year students. Out of the 900 students who attended orientation "50 percent self-selected to receive additional information about the Counseling Center," Furey said. "This shows that students want to reach out for help and the stigma behind doing so is breaking down."

All services are confidential. Students can pick individual counseling, group counseling or discussion groups.

As the fall semester begins, it is understood that the adjustment to your new adventure may be difficult. Thinking ahead, the Center staff have created a program that will be a part of first-year seminar classes.

"The program is Harry Potter themed and explains to students what to expect in their first-year of college in terms of mental health," Furey said.

They also have a monthly schedule of when different mental health issues can affect students and how to handle them.

This semester, the Counseling Center is starting an LGBT first-year experience program. It will last for five

weeks and meet weekly. The program will allow students who identify as LGBT to meet Furey and other members of the Counseling Center and become acclimated with the community and campus.

Additionally, the Center will also have special programs for international students so that the entire Adelphi community feels accepted and comfortable seeking help.

"Depression and anxiety show up in different ways for people of different cultures," Furey said. "It could show up as a feeling in your stomach or a longing for home. For some this feeling may not be recognized because seeking mental wellness is stigmatized in many cultures."

In addition to reaching out for support, Furey suggested that students stick to the basics when dealing with stress and anxiety: scheduling time to sleep, drink water, eat and exercise. Setting aside time for yourself is a great way to prioritize your mental health and is something that Furey personally does.

"I like going for walks around campus, even if it is just five minutes it is a great way to relieve anxiety," she said.

If you would like to contact the Counseling Center you can email them at scc@adelphi.edu or go to their office in the Learning and Writing Center in the Nexus Building.

Brown and Gold Fall Sports Preview: A Look at the 2019 Season

BY OLIVIA FRANKS

The fall sports season is upon us and the Panthers are looking forward to what should be a successful year for Adelphi.

Men's Soccer

The Panthers were an unstoppable force in the Northeast 10 (NE10) conference in 2018. They won the NE10 Tournament and the NCAA East Regional, outscoring opponents 49-27 throughout the course

8-7-1. They began the season last year with a 6-0 start but began to face adversity when current sophomore Sarah Hofmeier suffered a broken nose midseason. Hofmeier still finished the season with the highest save percentage (.875) in the conference along with the best goals-against average at 0.77. The Brown and Gold are expected to finish better this year as they were ranked fourth in the NE10 Preseason Coaches' Poll. There are only three freshmen this year, so the team is looking to veteran players to lead. Senior Kerianne Scorce led the team in goals



Current junior Danielle Kempf on the field during a game last season. Photo by Adelphi Athletics

of the season. They finished their season with a loss to West Chester University of Pennsylvania in the national quarterfinals, therefore finishing sixth in the country in Division II. The 2019 season looks to be just as promising with 13 additions to the roster. The Brown and Gold have been seeded 5th in the country and the top ranked team in the NE10 conference in preseason coaches' polls.

This year marks Gary Book's second season as head coach and has already made an impact on the program. Book and his staff were named the regional coaching staff of the year by United Soccer Coaches. They will miss players such as forward James Thristino and midfielder Patrick Guier, who tallied 12 goals and six goals, respectively. Players to look out for this year include junior Paolo Marciano, who had 12 goals and seven assists last year. Senior Taylor Kacynski also performed at a high level in 2018 with eight goals and seven assists with .615 shots on goal percentage, the highest on the team.

The Panthers' next home game is tomorrow, September 10 at 7:30 pm at Motamed Field against cross-town rival Molloy College.

Women's Soccer

The 2018 season was somewhat of a challenge for the Panthers, finishing

Team in 2018.

The Panthers play at home next on Wednesday, September 11 at 4 pm at Motamed Field against Southern New Hampshire University.

Volleyball

The Panthers have five freshmen and one transfer as the newcomers this year, so they will be relying on some new talent on the court. The Brown and Gold had a solid finish last year, concluding the season with a 12-2 conference record, but fell to the third seed American International College (AIC) three sets to two. They had already lost to AIC 3-1 earlier in the season. Postseason hopes were high, but the playoff run came to an end at the hands of AIC once again, losing 3-1. Current senior Sara Bisbe was a standout player last year after she transferred to Adelphi. Bisbe won Adelphi's Female Athlete of the Year after her performance during the 2018 season; she was also named All-NE10, All-Region and an All-American Honorable Mention. Junior middle blocker Cara McKenzie is also one to look out for this season as she tallied the most total blocks on the team with 85 and was ranked fourth in the NE10 in blocks per set (0.96).

The Brown and Gold started their season off with tournaments in West Palm Beach, Florida and Wilmington, Delaware, so the first home game in the Center for Recreation and Sport will be Wednesday, September 18 at 7 pm against the University of Bridgeport.

Women's Tennis

Both the men's and women's tennis teams are under new leadership this year as former assistant coach at St. John's University and Fordham University, Frank Russo, takes over. Russo isn't the only new addition to the squad this fall as the Panthers add two freshmen and one transfer student. One freshman, Amanda Franstedt, hails from Stockholm, Sweden and the other freshman, Julia Kielan, is

no stranger to Adelphi as her older sister, Nicole, is a current junior on the women's tennis roster. Sophomore transfer Barbie Quagliardi started her collegiate career at New York Institute of Technology (NYIT) and was successful as a freshman receiving Intercollegiate Tennis Association (ITA) East Region Rookie of the Year, East Coast Conference (ECC) Player of the Year, ECC Rookie of the Year and First-Team All-ECC. There are high hopes for this season as the women's team was ranked second in the NE10 Preseason Coaches' Poll. Players to look out for this season include senior Nicole Stay and junior Nicole Kielan as they both received All-Conference recognition last year.

The next match at home is on Thursday, September 12 against St. Michael's College at 2 pm at the tennis courts next to Motamed Field.

Cross Country

The Panthers finished fifth in the conference on the women's side last season and the men finished ninth. Adelphi received the opportunity to host the Division II East Region Championships in 2018 in Bethpage, NY and the men and women finished 13th and 7th, respectively. There were 24 teams competing at the meet. The Panthers will see a lot of new faces in 2019 as there are six freshmen on the women's side and four on the men's. Veterans are looking to finish up their careers in the Brown and Gold. Senior Nicole Julian is looking to have continued success in 2019 as she was named to the NE10's All-Conference Second Team last season and finished in the top 20 at every meet Adelphi competed in.

The Panthers' next meet is hosted by Iona College at Van Cortland Park in the Bronx.

Field Hockey

In the NE10 Coaches' Preseason Poll, Adelphi was ranked seventh in the conference. The Panthers finished the 2018 season with an overall record of 9-9 and a conference record of 7-6. Current junior Jackie Brown proved to be an integral part of the offense last season as she led the team in goals (10) and assists (10). Junior midfielder Danielle Kempf was recognized at the national level when she was named National Field Hockey Coaches' Association Offensive Player of the Week for an outstanding performance during one week of the season last year. The 2019 season brings six freshmen and one transfer, so new talent will have to be relied upon. This season also brings some unique challenges as the NE10 field hockey lineup is changing due to Merrimack College's move up to Division I. Field hockey teams in the NE10 will be competing against new conference opponents Mercy College, Molloy College and Saint Thomas Aquinas College.

The Panthers will play at home on Motamed Field on Saturday, September 14 at 11 am against Saint Anselm College.



The men's soccer team huddled before a game. Photo by Adelphi Athletics

ADELPHI

UNIVERSITY

PERFORMING ARTS CENTER

FALL 2019

COMING SOON

GUEST ARTISTS

LARSON LEGACY CONCERT:
ANDY RONINSON
Sunday, September 22 • 3:00 p.m.
Adelphi Students: \$5

WINDSYNC
Friday, September 27 • 7:30 p.m.
Adelphi Students: \$5

**TAYLOR 2
DANCE COMPANY**
Friday, September 27 • 8:00 p.m.
Friday, October 11 • 8:00 p.m.
Adelphi Students: \$5

**THE MONSTER WHO
ATE MY PEAS**
Saturday, October 19 • 2:00 p.m.
Adelphi Students: \$5

**CHRIS BRUBECK'S
TRIPLE PLAY**
Friday, October 25 • 8:00 p.m.
Adelphi Students: \$5

**MIKE SUPER:
MAGIC ILLUSION**
Saturday, November 9 • 7:30 p.m.
Adelphi Students: \$10/\$5

**GREATER NASSAU
CHORUS**
Sunday, November 17 • 3:00 p.m.
Adelphi Students: \$5

**PAUL TAYLOR
DANCE COMPANY**
Friday, December 13 • 8:00 p.m.
Adelphi Students: \$10

MUSIC

FACULTY RECITAL
Wednesday, September 18 • 1:10 p.m.
Free Event

**DEPARTMENT OF MUSIC:
ALUMNI CONCERT**
Saturday, October 5 • 4:00 p.m.
Adelphi Students: \$5

**ADELPHI'S BEST
OF BROADWAY**
Saturday, October 12 • 8:00 p.m.
Sunday, October 13 • 4:00 p.m.
Adelphi Students: \$5

**ADELPHI SYMPHONY
ORCHESTRA**
Thursday, November 14 • 7:30 p.m.
Adelphi Students: \$5

ADELPHI OPERA THEATRE
Saturday, November 16, • 8:00 p.m.
Free Event

ADELPHI JAZZ ENSEMBLE
Friday, November 22 • 7:30 p.m.
Adelphi Students: \$5

**ADELPHI CHORALE AND
ADELPHI VOCAL ENSEMBLE**
Sunday, November 24 • 4:00 p.m.
Adelphi Students: \$5

ADELPHI CONCERT BAND
Tuesday, December 3 • 7:30 p.m.
Free Event

**ADELPHI CHAMBER
MUSIC ENSEMBLE**
Wednesday, December 4 • 7:30 p.m.
Free Event

**ADELPHI WORLD MUSIC
ENSEMBLE**
Monday, December 9 • 5:00 p.m.
Free Event

**ADELPHI GUITAR/FLUTE
ENSEMBLES**
Monday, December 9 • 7:30 p.m.
Free Event

THEATRE

PALE BLUE DOT(S)
WRITTEN BY ERIN MALLON
October 1 – October 6 • Various times
Adelphi Students: \$5

**THE IMPORTANCE OF
BEING EARNEST**
WRITTEN BY OSCAR WILDE
October 29 – November 3 • Various times
Adelphi Students: \$5

FIRST-YEAR SHOWCASE
December 6 – December 8 • Various times
Adelphi Students: \$5

**A READING OF
A CHRISTMAS CAROL**
Saturday, December 14 • 2:00 p.m.
Free Event

DANCE

**DANCE ADELPHI:
CLOVEN KINGDOM**
November 20 – November 24
Various times
Adelphi Students: \$5

DANCE SHOWCASE
Saturday, December 7
2:00 p.m. and 7:00 p.m.
Free Event

FILM

HANDEL'S ALCINA
Saturday, September 28 • 2:00 p.m.
Adelphi Students: \$5

**GLUCK'S
ORPHÉE ET EURIDICE**
Saturday, November 16 • 2:00 p.m.
Adelphi Students: \$5

**BIZET'S
CARMEN**
Saturday, December 14 • 2:00 p.m.
Adelphi Students: \$5



STUDENT RUSH TICKETS

One hour before all performances, including guest artists, full-time Adelphi students are eligible to get a Rush ticket for free. Arrive prior to the performance with your Adelphi ID, get in the Rush line and receive one remaining unsold ticket. Subject to availability, not available for every performance. Cannot be reserved in advance. Rush tickets will stop being distributed 10 minutes before the start of the show, so get your tickets early.

CONNECT WITH
US TODAY!

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PAC.ADELPHI.EDU | GARDEN CITY, NY | 516.877.4000

Should you, or your guests, require an accommodation based on a disability, please contact the Student Access Office by phone at 516.877.3806 or email at sao@adelphi.edu. When possible, please allow for a reasonable time frame prior to the event with requests for American Sign Language (ASL) interpreters, closed-captioning or Communication Access Real-Time Translation (CART) services; we suggest a minimum of five business days.

