

INTERNATIONAL STUDENT AND SCHOLAR GUIDEBOOK

Welcome to a World of New Experiences at Adelphi



WELCOME TO ADELPHI UNIVERSITY!

We do everything we can to connect international students and scholars with the opportunities the New York area offers. We'll help you find internships, enjoy cultural events and get involved in the community. Your home will be our beautiful campus in the village of Garden City, Long Island—just 23 miles from the cultural capital of the world, New York City.



WELCOME

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INTERNATIONAL SERVICES

Mission:

International Services values and honors its University commitment to transforming the lives of all students through personal success and global understanding. We provide support and assistance to international students and scholars in order for them to achieve personal, educational and professional goals and serve as the student advocate while ensuring institutional compliance with governmental immigration regulations. The office supports cultural programs and exchange, and collaborates across the campus to help facilitate services for students.

Office Goals and Responsibilities:

1. Oversee and maintain the regulatory and program oversight for both the Student Exchange Visitor Program and the Department of State Exchange Visitor Program.
2. Continue to assist in the campus internationalization efforts which include: engagement, programmatic efforts, outreach and partnership, and external relations and service to the community.
3. Support the faculty in their quest for research opportunities and scholar engagement utilizing J-1 exchange visitor opportunities and collaborations.
4. Collaborate with internal and external partners to build a deeper understanding of global issues and to assist in the preparation of the community to attract, understand and welcome cultural exchange.
5. Work directly with students to build, support and respond to the needs and interests by creating additional affinity groups and developing existing student organizations.
6. Develop additional ways to support student needs in an effort to strengthen graduation and retention initiatives by providing mentoring programs, professional development opportunities, workshops and other relevant skill development resources.
7. Provide cross-cultural activities and experiences, which promote exposure and exchange between international students and domestic students.
8. Increase support services for international students in an effort to enhance academic growth and student development.
9. Serve as an advocate and resource for students and scholars providing a welcoming and safe campus atmosphere.
10. Inspire students to connect to the University and be engaged as alumni.
11. Work with University partners to establish and grow community partnerships.
12. Conduct all business in a streamlined, transparent manner operating as both paperless and batch operations.
13. Support the creation of international student organizations by working collaboratively with the Center for Student Involvement and student leaders.

More than 115,000 Adelphi graduates have gained the skills to thrive professionally as active, caring citizens, making their mark on the University, their communities and the world beyond.



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THE DESIGNATED SCHOOL OFFICIAL AND RESPONSIBLE OFFICERS

The designated school official (DSO) and responsible officer (RO) are University administrators in the Office of International Services located in Post Hall, Room 203. These University professionals serve as the main point of contact for student issues related to the Student Exchange Visitor Program and the Department of State. Only the DSO or RO at the University are able to provide guidance to international students and scholars relative to the federal regulations that govern employment and study restrictions for students.

The designated school official/responsible officer also assists international students to avoid problems by helping them do things through required processes. Some common topics international students may have questions about or should report to a designated school official are:

- Working in the United States
- Applying for a driver's license
- Applying for a Social Security number
- Changing their major, program or degree level
- Changing their education level
- Transferring to a new school or taking a leave of absence
- Taking a break from school
- Traveling outside the United States
- Moving to a new address
- Changing their name
- Requesting a program extension

International Services provides the following services for students and scholars:

- Immigration guidance
- International Orientation
- International Mentor Program
- Campus Orientation Workshop Series
- Employment guidance and authorization
- Academic intervention and guidance
- International Education Week events
- Cultural activities



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Please also note: It is not the responsibility of the international advisers to enforce immigration rules or regulations. However, you must be aware that the international advisers are required to notify the USCIS and DS when an international student or exchange visitor has failed to maintain his/her status or is no longer attending the University. In general, it is the international advisers' responsibility to assist students and scholars in fulfilling their legal obligation so that they can maintain status.



GENERAL IMMIGRATION INFORMATION

Like all countries of the world, the United States has laws and regulations governing visiting students and scholars who are temporarily within its borders.

During the time you spend as a student in the United States, you will most likely come in contact with the U.S. Department of Homeland Security. Your adviser will be happy to help you with the preparation of documents you may need and to advise you regarding available options when you have an immigration-related concern.

Below are the United States agencies that regulate visiting students and scholars:

U.S. Customs and Border Protection cbp.gov	U.S. Department of State state.gov	U.S. Immigration and Customs Enforcement ice.gov	U.S. Citizenship and Immigration Services uscis.gov
Responsible for immigration inspections at U.S. ports of entry and for the U.S. Border Patrol*	Oversees the student and exchange visitor program and responsible for U.S. consulate abroad process visa applications*	Responsible for immigration investigations, detention, removal and intelligence*	Responsible for application and petition applications; sole responsibility is to enforce the regulations that apply to foreign nationals within the United States*

*Whether it be when arriving in the United States or during your program participation



While walking across our idyllic campus—a registered arboretum—don’t be surprised if our beloved Adelphi bunnies cross your path. Nestled in suburban Garden City, our campus is just 23 miles from New York City’s cultural and internship opportunities.

BASIC IMMIGRATION TERMINOLOGY AND DOCUMENTS

SEVIS

The Student and Exchange Visitor Information System (SEVIS) is an electronic tracking system used by the U.S. government and U.S. universities and colleges to track foreign students. The international student advisers must update all student records into SEVIS to keep the student in legal status.

ALIEN

A term used in immigration law. It refers to a person who is neither a citizen nor a national of the United States.

IMMIGRATION STATUS/CLASSIFICATION

This term defines an alien's legal status in the United States and describes the alien's presumed principal purpose for being in the United States. An international student holding an F-1 student status means that he or she is in the United States for the principal purpose of being a student and that the sections of the law and regulations dealing with F-1 students define what he or she can or cannot do while in the United States.

PASSPORT

A document issued by a government to identify a person as a citizen of a particular country, a passport permits the recipient to travel abroad under the protection of that country as well as to reenter his or her home country. U.S. immigration law requires that all nonimmigrants (aliens who are not permanent residents of the United States) have valid passports to enter and remain in the United States. Passports must be extended, renewed or reissued by the alien's home government, usually through a consulate or embassy in the United States.

U.S. DEPARTMENT OF HOMELAND SECURITY (DHS)

The department is responsible for providing immigration-related services and benefits, such as naturalization and work authorization, as well as investigative and enforcement responsibilities for enforcement of federal immigration laws, customs laws and air security laws.

VISA

This is the stamp placed by the U.S. consular officer on a page of the alien's passport. The term visa is often used incorrectly to mean legal status and permission to remain in the United States. In fact, it has a more narrow and limited meaning, indicating that a consular officer (an employee of the U.S. Department of State) has determined that the holder is qualified to apply for admission to the United States in a particular immigration classification. A valid visa does not ensure an alien's entry into the United States. A U.S. Customs and Border Protection patrol officer makes the admission decision at the port of entry. Usually, that officer will require certain information and evidence as to the intentions and good faith of the applicant.

FORM I-20

Form I-20 is given to the student by the designated school official at the time of acceptance into the college once all requirements are met. The student uses this form to obtain an F-1 visa. This form will also be used throughout the student's program of study to guide the student's legal status. Each time a student leaves the country for travel, Form I-20 must be endorsed by a designated school official.

FORM I-94

Form I-94 is the U.S. Department of Homeland Security (DHS) Arrival/Departure Record issued to aliens who are admitted to the United States or who are adjusting status while in the United States or extending their stay, among other things. This form is located at cbp.gov/travel/international-visitors/i-94-instructions.

FORM DS-2019

Form DS-2019 is issued to international students and scholars coming to the United States as part of an exchange program; these individuals enter the United States in J-1 status and are subject to a different set of regulations from F-1 students.

U.S. CITIZENSHIP AND IMMIGRATION SERVICES (USCIS)

The United States Citizenship and Immigration Services (USCIS) is responsible for application and petition adjudications. This government agency is part of the Department of Homeland Security. Its sole responsibility is to enforce the regulations that apply to foreign nationals within the United States. The nearest immigration office is located in New York City, at:

New York City Field Office
Jacob K. Javits Federal Building
26 Federal Plaza
New York, NY 10278

U.S. IMMIGRATION AND CUSTOMS ENFORCEMENT (ICE)

U.S. Immigration and Customs Enforcement (ICE) is responsible for immigration investigations, detention, removal and intelligence.

U.S. CUSTOMS AND BORDER PROTECTION (CBP)

U.S. Customs and Border Protection (CBP) is responsible for immigration inspections at U.S. ports of entry and for the U.S. Border Patrol.

DESIGNATED SCHOOL OFFICIAL (DSO)

The designated school official (DSO) is a regular employee of the college or university who is appointed to represent and speak for the school in F-1 student matters.

DURATION OF STATUS

The term Duration of Status or D/S, which appears on a student's Form I-94, refers to the period of time during which the student is pursuing a full course of study or working on authorized practical training following completion of studies. The student is considered to be maintaining status if he or she is making normal progress toward completing a full-time program of study.

INTERNATIONAL STUDENT

You are considered to be an international student if:

- You were not born in the United States.
- You are not a citizen of the United States.
- You have not been granted permanent residence in the United States. (You must not possess a green card.)
- You are in the United States for educational purposes.
- You hold an F-1 student visa or other appropriate documentation.

RESPONSIBLE OFFICER (RO)

The responsible officer serves as the adviser for J-1 students and scholars.

SOCIAL SECURITY NUMBER

In the United States, a Social Security number (SSN) is a nine-digit number issued to U.S. citizens, permanent residents and temporary (working) residents under Section 205(2) of the Social Security Act, codified at 42 U.S.C. § 405 (c)(2). The number is issued to an individual by the Social Security Administration, an independent federal agency. Its primary function is to track individuals for Social Security purposes.

TAX OBLIGATIONS

U.S. Internal Revenue Service (IRS) website: irs.gov

All F-1 and J-1 students must file forms with the Internal Revenue Service by April 15 each calendar year.

STATUS

Upon entering the United States, you are granted a specific status. If you are in the United States for the primary purpose of studying, you have student status. You must remain in lawful status for the entire duration of your studies while in the United States.

WHAT IS A VISA?

This document is placed in the person's passport, giving the individual consideration for admittance to the United States. It shows that the visa holder has indicated a specific intent in coming to the United States and that he or she has met the criteria to enter the United States for that purpose. However, possession of a valid visa does not guarantee permission to enter the country. The actual determination of admissibility is left to the discretion of the examining immigration officer at the port of entry, such as the airport. It works like a house key for entry.

When you apply for a visa, the consular officer will review your application and all documentation you present to be certain that you are indeed a nonimmigrant and that you have no intent to live in the United States permanently. The burden of proof to show your intention to leave the United States after your temporary stay is over is on you. If your visa has expired and you plan to travel outside the United States or if you have changed your visa status while in the United States, you will need to obtain a new one at a U.S. embassy or consulate abroad, either in your home country or in another country you are visiting, before you may reenter the United States. It is not possible to revalidate your visa while you are in the United States.

WHAT IS STATUS?

When legally admitted into the country, a foreign national is assigned a status. This refers to the person's condition of legal presence in the United States. It indicates why the person is here and prescribes which set of regulations the person must follow during his or her stay here. The type of status a person is given usually corresponds to the type of visa that was presented when entering the country.

Status is a legal term describing the alien's principal purpose for being in the United States.

FULL-TIME STUDENT STATUS

Students are required by the U.S. Citizenship and Immigration Services (USCIS) to maintain a full-time course of study during the academic year (September through May). During summer months, students are not required to enroll. Full-time status at Adelphi University means 12 credits for undergraduate programs and 9 credits for graduate study. Students should be aware that Adelphi University is required to notify the USCIS and terminate the student SEVIS record if any student is not enrolled full time or when a student terminates attendance with the University.

A visa is an entry document issued to a foreign national by the U.S. Department of State at a diplomatic visa-issuing post abroad (embassy or consulate office).

If there are extenuating circumstances that prevent you from meeting the above requirements, please visit the international student adviser before dropping below the prescribed number of credits. In some instances, it may be possible to obtain a letter from your doctor or academic adviser certifying that a reduced course load is considered full time for you because of special circumstances.

ONLINE COURSES

For F-1 students enrolled in classes for credit or classroom hours, no more than the equivalent of one class, or 3 credits, per session, term, semester, trimester or quarter may be counted toward the full course of study requirement if the class is taken online or through distance education and does not require the student's physical attendance for classes, examinations or other purposes integral to completion of the class. An online or distance education course is a course that is offered principally through the use of television, audio or computer transmissions, including open broadcast, closed circuit, cable, microwave or satellite, audio conferencing or computer conferencing.





INTERNATIONAL REQUIREMENTS FOR MAINTAINING STATUS

AS AN INTERNATIONAL STUDENT, YOU ARE REQUIRED TO:

- Report to the designated school official (DSO) to have your Student and Exchange Visitor Information System (SEVIS) record registered in SEVIS in a timely fashion. DSOs must register the student in SEVIS no later than 30 days after the program start date (for new students in initial SEVIS status), and each semester thereafter, no later than 30 days after the next session start date (for continuing students).
- For the first entry for initial school attendance, the school listed on the visa and on the Form I-20 must be the same, and that is the school the student must intend to attend.
- Pursue a full course of study at the school listed on the currently valid Form I-20 during every academic session or semester except during official school breaks, or unless approved under a specific exception, in advance, by the DSO.
- Make normal progress toward completing the course of study before the expiration of the program completion date on Form I-20.
- Keep Form I-20 valid by following proper procedures for extension of stay.
- Keep Form I-20 valid by following proper procedures for change in educational levels or programs of study.
- Keep Form I-20 valid by following proper procedures for transfer of schools.
- Abide by the F-1 grace period regulations.
- Report a change of address to the DSO within 10 days of the change, so that SEVIS can be updated.
- Abide by rules requiring disclosure of information and prohibition of criminal activity.
- Abide by any special requirements, such as special registration requirements.

- Not work, either on or off campus, unless specifically authorized under the regulations at 8 C.F.R. § 214.2 (f) (9) or § 214.2 (f)(10)–(12).
- Abide by the aggregate unemployment rules while on postcompletion optional practical training (OPT).
- Keep your passport valid.

COMMON VIOLATIONS OF STATUS INCLUDE:

- Failure to report to the school for your SEVIS registration
- Failure to enroll for a given academic term
- Failure to make normal progress or failure to register for a full course of study (12 credits for undergraduate and 9 credits for graduate)
- Failure to attend the authorized school
- Failure to complete the transfer-out and transfer-in processes
- Failure to file a timely change of status
- Failure to obtain a program extension prior to the program end date
- Failure to notify of an address change in a timely manner
- Failure to depart from the United States in a timely manner
- Unauthorized employment
- Out of status for more than five months, unless the student shows exceptional circumstances
- Remaining in the United States after terminating or interrupting studies before the completion of the program



In many ways, you will find U.S. higher education quite different

from that of your own country.

Differences exist, for instance, in educational philosophies and academic requirements, traditions and standards. You may find some of the methods of teaching stimulating, while others may seem confusing.

It is important that you pay close attention to your academic adviser and/or professors when you have questions, and seize every opportunity to talk with experienced students, international or domestic, in your field of study.

ACADEMIC RESPONSIBILITIES

EXAMINE YOUR EXPECTATIONS

Keep in mind that a period of adjustment to a new educational system is necessary before you will be able to perform to the best of your ability.

SELECT YOUR COURSES WISELY

When arranging your course schedule, consult with your academic adviser and experienced students who are familiar with available courses and teachers. They will be able to help you put together a balanced academic program. Especially during your first semester, do not take more courses than required. Make sure you have a combination of more-demanding and less-demanding courses, rather than only difficult courses requiring unusually heavy amounts of work.

WORK HARD FROM THE BEGINNING

If you do not begin serious studying on the first day of classes, you are almost certain to fall behind and experience serious difficulty and possibly fail your courses.

TALK WITH YOUR PROFESSORS

In colleges and universities in the United States, professors expect students to ask questions during or immediately following the class.

Professors will also generally wait for students to come to them for help rather than offer assistance. Accordingly, they expect students to see them during office hours when they are having difficulty. If you are not doing well in a class and you do not contact the professor to discuss the situation, the faculty member is likely to assume that you are not interested.

CLASS PARTICIPATION

In the United States, classroom participation is not only expected but is a part of your grade. It is important to remember to speak up and participate in class.

ASK QUESTIONS

It is extremely important for you to contribute to discussions in the classroom. In the United States, questioning the teacher is normal; it is viewed as a healthy sign of interest, attention and independent thinking. In fact, in many classes, your grades will be determined, at least in part, by your contributions to class discussions. If you sit in respectful silence, it is likely to be assumed that you are not interested in what is being said in class or that you are unable to contribute.

International students from non-English-speaking countries often have difficulty with the language and are reluctant to talk in class. Do not let this be an obstacle. The more you speak in class, the more practice you will get and the sooner you will overcome the obstacle.

OPEN YOUR MIND TO THE VALUES OF THE SYSTEM

From your past experience in other educational systems, you have developed certain assumptions about purposes and methods of education and about the way your field of interest should be studied. It is important for you to realize that differences exist between the United States and other educational systems; you will have to adjust your thinking if you are going to succeed academically. Whether or not you personally accept the values of the U.S. educational system, you have to act in accordance with them while you are here.

LECTURES AND SEMINARS

There are many types of classes and most use many different ways to deliver instruction. There are classes in which the professor lectures some, or most, of the time but also have classroom discussions, presentations and online requirements. Some instructors create work groups of

students and assign problems which will be presented to the entire class. There are seminars in which there are no more than 15 students. In a seminar, much of the instruction is in the form of student presentations and class discussion. There are hybrid classes which are partly online and partly traditional. There are also classes that are fully online.

THE HONOR CODE

Students found guilty of plagiarism are severely penalized. You must use citations whenever you use the words or ideas of someone other than yourself. If you quote directly, that is, use word for word, or copy exactly, a phrase, sentence, paragraph or other part from a book or written material, you must enclose the borrowed words in quotation marks. You must then cite your source, crediting that author and work.

Most colleges and universities in the United States have established honor codes, which are statements of certain rules students are expected to follow in their academic work. These rules relate primarily to academic honesty and originality.

Cheating is a failure of honesty. In the United States, cheating is getting unauthorized help on an assignment or exams, or representing another person's work as your own. You must not receive or give information to another student, including answers or help during an exam or any other test. You must not use unauthorized sources for answers during an exam. You must not take notes or books to the examination if this is forbidden, or refer to any book or notes while taking the test. You must not obtain test questions illegally beforehand.

Plagiarism is a failure to do your own original work in written assignments. Plagiarism is using someone else's words or ideas as though they were your own. It is literary theft and cannot be tolerated in academic work. Students found guilty of plagiarism are severely penalized. If you quote directly, that is, use word for word, or copy exactly, a phrase, sentence, paragraph or other part from a book or other written material, you must enclose the borrowed words in quotation marks. You must then cite your source, crediting that author and work. Usually, this is done using a citation.

If you violate the honor code:

- You will almost certainly receive an F (failing grade) for the assignment.
- You will most likely receive an F for the entire course.
- You may be expelled from the University.



ACADEMIC LIFE

College means discovering new interests and abilities, and developing those you already have. It's about achieving academically, gaining personal insight and making lifelong friends. It's also about developing the tools and the know-how to succeed after graduation in your chosen field. Adelphi is dedicated to helping you with your academic life—from choosing a major that suits your career goals and making an academic plan, to tutoring and support services.

ACADEMIC TERMINOLOGY

All students must go through registration. One of the first things you'll encounter on all forms used by institutions in the United States is your last name (or family name) appearing first and then your given (or first) name. An example on an international student's form might be "Tanaka, Masayumi K." However, when you are asked to sign a document, your signature will have your first name first, followed by your family name (Masayumi K. Tanaka). Below are common terms you may hear in academic circumstances at Adelphi.

ACADEMIC ADVISER is a member of the faculty or another professional who provides academic advice and guidance to students.

ACADEMIC CALENDAR lists all the days when classes are in session, including the last days to add or drop a course.

ADDING COURSES is when a student adds a course to his or her registration.

ADJUNCT FACULTY teach part time without appointment to the regular faculty.

ASSISTANTSHIP is a type of financial aid for a graduate student that is offered in return for certain services in teaching or laboratory supervision (as a teaching assistant) or services in research (as a research assistant).

COURSE LISTING, ADVISING AND STUDENT SERVICES (CLASS) is Adelphi's online program that offers access to important student information. It can be used from any computer, anywhere, that can reach eCampus via the internet. This includes your course registration (when available), your course confirmation (listing room locations), your financial aid, your bills, your grades, your transcript and the course directory (including seats available and when they become full).

COMMENCEMENT is the graduation ceremony held in May.

CREDIT refers to academic coursework. A student earns credits for the successful completion of each course for each academic term. Adelphi sets a minimum number of credits required to graduate. At Adelphi, we have the one-per-hour/week-in-class system of earning credit, which means that to earn one credit you have to spend one hour in class per week for 15 weeks.

CUMULATIVE GRADE POINT AVERAGE (GPA) is the numerical average of all the student's grades achieved during the period of study at an institution.

DEANS are the chief officers of each college in the university. The deans, along with the associate and assistant deans, oversee the progress of students in their particular academic units. In addition, there is the Dean of Student Affairs, who oversees the academic life of the university.



DEPARTMENT CHAIR is a tenured faculty member who oversees an academic department.

DISSERTATION is a scholarly independent research study required for obtaining a doctoral degree.

ECAMPUS is an online portal giving students and scholars one-stop access to information, services and applications. This includes Adelphi email, ALICAT, campus announcements, CLASS, Degree Audit, Moodle, message boards, My Housing and much more.

ELECTIVES are courses that are not required for a student's or scholar's program of study. They are chosen by the student or scholar.

FACULTY are the teaching personnel in a department, division or an entire institution.

FAILURE is when students or scholars receive a grade below passing.

FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT (FERPA) is the federal law that protects the privacy of student and scholar education records. Under this law, the University does not permit access to or the release of education records without written consent of the student or scholar.

FEES are the amount charged by schools, in addition to tuition, for various expenses related to institutional services.

FINALS are the final exams of a semester.

GENERAL EDUCATION REQUIREMENTS are a set of course requirements that all Adelphi undergraduates must fulfill to get a degree. Some requirements, like the Freshmen Orientation Experience, Freshmen Seminar and the Art and Craft of Writing, will be met in the first (freshman) year.

INCOMPLETE (I) is a temporary grade indicating that the student or scholar has not met all course assignments at the end of the term. The professor must complete an Incomplete Contract stipulating how and when the work will be completed. If the student or scholar does not complete the work within one year, the I automatically becomes an F on the student's or scholar's transcript.

INDEPENDENT STUDY is an assignment (reading or research) carried out by a student or scholar under faculty supervision for credit. Students or scholars may take no

more than 12 credits of independent study during the course of their enrollment.

JUNIOR is a third-year student or scholar at a high school, college or university.

MAJOR is a student's or scholar's primary field of study.

MIDTERMS are the exams in the middle of the semester.

MINOR is a student's or scholar's secondary field of study.

PREREGISTRATION is the period before regular registration when students or scholars who have already been attending classes may register early.

PREREQUISITE is a course that must be completed before a student or scholar is allowed to register for a more advanced course.

PROBATION is the status imposed on students or scholars whose work is unsatisfactory until they improve their performance or are asked to leave the program or institution.

PROVOST is the chief academic officer of the institution.

REGISTRAR is the office responsible for registering students and scholars and maintaining their educational records.

REGISTRATION is the formal process of enrolling students or scholars in courses. At Adelphi, all students or scholars must have their course of study approved by an academic adviser before they can register.

SEMINAR is a small class of students or scholars that meets with a professor to discuss specialized topics.

SENIOR is a fourth-year student or scholar at a high school, college or university.

SOPHOMORE is a second-year student or scholar at a high school, college or university.

STUDENT GOVERNMENT ASSOCIATION (SGA) represents undergraduate student or scholar interests and concerns to the University administration. Its primary role is to serve as the voice of students. The SGA also allocates funds to student organizations, sponsors awareness days and hosts speakers on campus.

SYLLABUS is a written or electronic description of a

course that the instructor provides to the students or scholars. It includes a listing of primary assignments, a statement of course policies regarding absences and grades, and a schedule of tests.

TRANSCRIPT is the official record of a student's or scholar's academic performance at an institution. An official transcript has the registrar's stamp on it and is often requested in a sealed envelope; an unofficial transcript does not have this stamp and can be printed by a student or scholar through CLASS.

OFFICE OF ACADEMIC SERVICES AND RETENTION

academics.adelphi.edu/asr • 516.877.3150

Nexus Building, Room 145

Office hours:

Monday–Thursday, 8:30 a.m.–5:00 p.m.*

Friday, 8:30 a.m.–4:30 p.m.

During the summer or when there are no scheduled classes, the office is open Monday through Friday, 8:30 a.m. to 4:30 p.m.

**For extended hours during registration periods, visit*

academic-services.adelphi.edu.

What we do

As you begin to plan your academic experience, the Office of Academic Services and Retention (OASR) can be one of your greatest academic resources. While your academic adviser is a very valuable resource, OASR is the place to get a second opinion about your academic program, general education requirements, changing your major or any other academic concerns. You'll find OASR staff friendly, open and dedicated to helping you achieve academic success. Services include:

- The early warning system to identify students who are struggling in one or more classes and to give them the additional support they need to be successful

- Oversight of academic transactions, such as withdrawals, leaves of absence and petitions to waive an academic rule or regulation

- Sponsorship and coordination of Adelphi students, together with Adelphi faculty, to present research at the annual National Conference for Undergraduate Research or other academic conferences and, each spring, at the Adelphi Research Conference, as well as to receive merit awards, including Adelphi's annual Student Success Scholarship

For specific information about these and other programs, visit **academics.adelphi.edu/asr**.

WRITING CENTER

writing.adelphi.edu • 516.877.3296

Nexus Building, Room 129

Fall and spring semester hours:

Monday–Thursday, 9:00 a.m.–7:00 p.m.

Friday, 9:00 a.m.–5:00 p.m.

Saturday, 11:00 a.m.–3:00 p.m.

What we do

The Writing Center is a free service available to all Adelphi University undergraduate and graduate students. We can assist students in all disciplines to become more effective and more confident writers.

When you come in, you decide with the tutor what aspect of your writing you want to focus on. Topics you might discuss include:

- Writing with clarity

- Developing a sophisticated argument

- Deepening your analyses

- Deciding on organization and structure

- Improving sentence-level style

- Understanding rhetorical techniques

- Incorporating and citing sources

- Strengthening grammar skills

Please note: The Writing Center is not a proofreading service. They can help you learn to proofread and revise your own essay, but they will not simply edit your paper for you.

We work with writers of all levels—from those who have difficulty getting started to those grappling with sophisticated arguments—on written assignments in all courses as well as lab reports.

You can register for an appointment at **writing.adelphi.edu** or by coming to the Writing Center in the Nexus Building. Tutoring sessions are generally 45 to 60 minutes.

While a full draft is best, you can bring in an outline or even just a set of notes, and our tutors will help you move to the next stage in your writing process.

OTHER WRITING CENTER SERVICES

The Writing Center also offers other services, including a computer lab and printer, composition handbooks, citation style guides, reference books for writing in a variety of disciplines and useful handouts. And we also offer periodic workshops on writing-related topics.

LEARNING CENTER

learning.adelphi.edu • 516.877.3200

Nexus Building, Room 129

Fall and spring semester hours:

Monday–Thursday, 9:00 a.m.–7:00 p.m.

Friday, 9:00 a.m.–5:00 p.m.

Saturday, 11:00 a.m.–3:00 p.m.

Intersession and summer hours vary by programming.

What we do

The Learning Center provides academic support programs—and all services are free for undergraduate and graduate students!

- **Tutoring** to help students learn how to be succesful in their studies and how to solve problems
- **Skills development** to help students in their academic endeavors through enhancing their skills at being students
- **Preparation** to help prepare you for life outside of Adelphi University

Online scheduling allows for convenient management of appointments. The scheduling website, **adelphi.mywconline.com**, can be accessed from eCampus. The Learning Center’s website, **learning.adelphi.edu**, provides details on programs, staff, operating hours and how to access the Learning Center in person or via the internet.

ADELPHI UNIVERSITY LIBRARIES

libraries.adelphi.edu • 516.877.3549

Library hours:

Monday–Thursday, 7:30 a.m.–10:00 p.m.+*

Friday, 7:30 a.m.–6:00 p.m.+

Saturday, 9:30 a.m.–5:00 p.m.*

Sunday, 9:30 a.m.–5:00 p.m.*

Swirbul Library labs, Rooms 100 and 101, are open after regular hours until 3:00 a.m.**

For additional library information and hours, call

516.877.3572.

For the IT Help Desk and Information Commons, call

516.877.3340 or visit **it.adelphi.edu**.

+ Public service desks open at 8:30 a.m.

* Public service desks close at 10:00 p.m.

** Valid Adelphi student ID required

^ Public service desks open at 10:00 a.m.

What we do

Swirbul Library offers facilities, resources and services to support and enrich your academic, cultural and student life at Adelphi. You’ll find it’s a resource for course-related materials, research, internet access (wired and wireless) and a great place to study.

Information Systems and Services

You’ll find state-of-the-art information systems and services at the library. These include both internet-based electronic information resources, full-text retrieval systems and document delivery services. The Adelphi Libraries Catalog (ALICAT) online provides electronic access to the libraries’ holdings. Visit **alicat.adelphi.edu** to access ALICAT. Members of the library faculty are available to provide instruction in the use of the library and its resources.

Information Commons

The Information Commons is adjacent to the Office of Information Technology Help Desk on the second floor of Swirbul Library. It’s the hub for students to work on their papers, do research and browse the internet. There are both PCs and Mac computers, plus printers and scanners for your use, and it’s also a wireless hot spot. The Information Commons is where you’ll find the most lab assistants available in one spot.

SPEECH AND HEARING CENTER: SERVICES FOR INTERNATIONAL STUDENTS

The Speech and Hearing Center provides services to the Adelphi University community (students, employees and alumni) and the larger Long Island community. Services include evaluations and treatment/therapy for a range of communication concerns, including articulation, language, voice, stuttering, hearing, accent/dialect modification and more. The center offers therapy in individual and group sessions. All services are provided by graduate students in Adelphi’s Department of Communication Sciences and Disorders, under the direct supervision of appropriately licensed and certified speech-language pathologists and audiologists on the Ruth S. Ammon School of Education faculty and staff.

The Speech and Hearing Center has offered individual accent modification sessions to international students for a number of years. More recently, the center began to run an English Conversation Group for international students. Goals for this group include developing the knowledge, abilities and confidence to communicate more effectively in English. Specific objectives for each group are generated collaboratively by the student clinicians, the clinical supervisor and the participants in the group. Over the past several semesters, objectives have included:

- Improved understanding of and ability to use American English idioms
- Increased English vocabulary
- Improved ability and comfort level in asking questions in various settings (e.g., in the classroom, among strangers)
- Improved understanding of American English humor
- Improved comprehension of English words with multiple meanings
- Improved comprehension of English homophones
- Improved understanding and knowledge of when to use sarcasm in English

English Conversation Group sessions are held weekly in a conference room in the Hy Weinberg Center. The sessions are relaxed, with casual, naturalistic exchanges among the participants. Activities have included the following:

- Discussion of hot topics
- Role-play
- Games
- Discussion of practices in the various cultures represented in the group (including the international student members and the student clinicians)
- End-of-semester parties, including food from the various cultures represented in the group

Hy Weinberg Center for Communication Disorders (Speech and Hearing Center)

adelphi.edu/hy-weinberg-center • 516.877.4850

Hy Weinberg Center, Room 211

speechandhearingcenter@adelphi.edu

soman@adelphi.edu





INTERNATIONAL STUDENT EMPLOYMENT

As an international student or scholar, you cannot accept employment of any kind, either on or off campus, without prior authorization from International Services and, when necessary, from U.S. Citizenship and Immigration Services (USCIS).

TYPES OF EMPLOYMENT AVAILABLE FOR F-1 STUDENTS

ON-CAMPUS EMPLOYMENT FOR INTERNATIONAL STUDENTS OR SCHOLARS

On-campus employment allows F-1 students or scholars to work for an office, such as an academic department, library, tutoring service or other office, as well as businesses at Adelphi that provide direct services to students. An F-1 student or scholar may be employed as long as it does not interfere with the student's or scholar's ability to maintain status. Students or scholars may work up to 20 hours per week while school is in session and full time (27 hours per week) during school holidays and breaks.

Students or scholars in valid status are eligible to work on campus, while currently enrolled in their program of study. Students who are completing their academic program, transferring to another school, or not returning for the next academic semester are not eligible to work beyond the last day enrolled, program completion date or transfer out date.

SEVERE ECONOMIC HARDSHIP EMPLOYMENT

A student or scholar may be authorized for off-campus employment under the following circumstances:

- Severe, unforeseen economic necessity
- Must have maintained F-1 status for at least one academic year
- Application processed through USCIS

*Please contact International Services for more information.
An application fee is required.*

SPECIAL STUDENT RELIEF PROGRAM EMPLOYMENT

This employment is for those students who have been in the United States since June 10, 1998, and whose funding came from one of the following countries: Indonesia, South Korea, Malaysia, Thailand or the Philippines.

*Please contact International Services for more information.
An application fee is required.*

INTERNATIONAL ORGANIZATION SPONSORED EMPLOYMENT

This F-1 employment benefit allows F-1 students to work for a recognized international organization within the meaning of the International Organization Immunities Act. The application is processed through the U.S. Citizenship and Immigration Services (USCIS).

*Please contact International Services for more information.
An application fee is required.*

CURRICULAR PRACTICAL TRAINING (CPT)

Students must fulfill the following requirements to participate in curriculum practical training:

- Employment must be an integral part of an established curriculum.

- Employment must be in the form of an internship authorized in agreement with Adelphi University.
- College credit and program authorization is required during the period of time student is authorized for CPT.
- Student must have maintained status for one full academic year.
- Impact of full-time CPT on optional practical training (OPT) eligibility.
- Students must show evidence that the internship is a requirement or integral part of academic major.
- CPT authorization is required for all internships, whether paid or unpaid.
- Students in pathway programs are not eligible for CPT benefits and do not acquire time toward the one-year requirement for full-time status.

*Please contact International Services for more information.
No fee is required.*

OPTIONAL PRACTICAL TRAINING (OPT)

Students must fulfill the following requirements to participate in optional practical training:

- Temporary employment for practical training must be directly related to the student's major area of study.

- Student must have maintained F-1 status for at least one academic year.

- Student can participate while school is in session or after completion of studies.

- Approval from USCIS is required.

*Please contact International Services for more information.
An application fee is required.*

Working without proper authorization is considered to be the most serious violation by the Department of Homeland Security. Therefore, it is important that you consult with International Services before accepting any offer of employment. It is illegal to begin work in anticipation of being granted permission; you must first receive an Employment Authorization Document (EAD).



CAMPUS INVOLVEMENT

The Center for Student Involvement (CSI) is here to help you get involved with more than 80 clubs and organizations to choose from that reflect the academic, social, political and religious diversity of the student population. Whether you are a commuter or resident, become part of the campus community through the support services available from CSI. If you don't find what you're looking for, representatives from CSI can help you start a group of your own. Through membership in cocurricular activities, you can pursue your interests, build your leadership skills, further your studies, exchange ideas and explore new cultures. Let the CSI help you find:

- Commuter student services
- Clubs and organizations
- Volunteer and community service
- Campus life and activities
- Student leadership
- Greek life and social fellowship

For more information and a detailed list of clubs, please contact the Center for Student Involvement at **516.877.3603** or **csi@adelphi.edu**, or visit **adelphi.edu/csi**.

SPIRITUAL SERVICES FOR STUDENTS

The Interfaith Center offers students, faculty, administrators and staff members opportunities to worship, to enjoy mutual fellowship, to discuss spiritual values, to seek spiritual guidance, to learn about their religious traditions and to discover those of others. Participation is voluntary and members of all faiths are welcome to all activities, programs and services. The center offers a Catholic, Jewish, Muslim and Protestant chaplain to assist with University needs.

The Interfaith Center is located in the lower level of Earle Hall and offers religious services and fellowship to all students.

The following services are available through the center:

- Catholic mass
- Bible studies
- Jumu'ah prayer
- Protestant mass and services
- Weekly Jewish tish
- Student organizations

For a full chapel schedule, please visit the center or **interfaith.adelphi.edu**.

For further information, please contact:

Interfaith Center

Earle Hall, Lower Level – Rooms 020, 021 and 022

p – 516.877.3113

e – auinterfaith@adelphi.edu

AMERICAN CUSTOMS

Perhaps the most outstanding characteristic of society in the United States is its diversity. Since this is truly a multicultural society, it is difficult to make meaningful generalizations.

Nevertheless, it is possible to mention certain characteristics that, generally speaking, describe attitudes and practices common among Americans. The following are some notable characteristics that may influence friendship patterns in the United States.

TIME CONSCIOUSNESS

Considerable importance and value are placed on punctuality in the United States, and people in all walks of life tend to organize their daily activities by means of schedules. As a result, to the foreign observer, they may seem hurried, always rushing from one task to the next and apparently not able to relax and enjoy themselves. Indeed, some visitors from other countries have concluded that American society is ruled by the clock. On the other hand, some also see this as a way of assuring that things get done in a timely fashion.

GREETINGS

Americans shake hands with each other when first introduced or when they meet again, but rarely when they part, which is more of a European custom. Social kissing, as a greeting, is also sometimes acceptable between men and women who know each other well and between women. American men are less likely to embrace each other and rarely kiss on both cheeks.

PERSONAL SPACE

When two Americans are standing and talking, they generally stay at least 16 inches apart from each other.

INDIVIDUALISM

People in the United States generally consider self-reliance and independence to be ideal personal qualities. They prefer not being dependent on others or having others be dependent on them.

INFORMALITY

Many foreign students find that people in the United States are informal in dress, in decorum and in personal relationships to a degree that may seem unusual compared to their personal customs.

CASUAL FRIENDSHIPS

In the United States, the relationship between two individuals who regard one another as friends tends to

be more casual than comparable relationships between two people in many other cultures. Students from other cultures sometimes view this as an inability to be friends. It could also be seen as a normal way to retain personal happiness in a mobile, ever-changing society.

CONVERSATION

It is permissible to start a conversation with a stranger, but the conversation should be immediately ended if the person does not seem interested in talking. Be especially careful not to force your attention on someone on a plane, train or bus. If you meet someone you know on the street while you are with someone else, it is polite to introduce the person.

If you are with a group of mainly English-speaking people and the conversation is in English, you should avoid speaking in your own or another foreign language for more than a few sentences.

CUSTOMS AT A PERFORMANCE

If you are in a movie theater or at a concert or play, it is not polite to talk during the performance, even in a whisper.

CLOTHING

Dress on American campuses is extremely informal—pants, leggings, jeans, skirts, informal shirts and sweaters—virtually anything goes. You may want to bring a nice suit or dress with you for more formal occasions. Also, it is advisable to bring a traditional costume or outfit from your home country for various international events hosted throughout the academic year.

Winters at Adelphi will bring severely cold temperatures, while summer will bring much warmer weather. You should bring sufficient clothes for all seasons. Generally speaking, garments can be purchased here at fairly reasonable prices, especially after you've become familiar with the best sources for shopping.

CAMPUS TALK

The language of the campus consists of expressions ranging from rather formal academic terms to pure college slang. In between the two extremes are the everyday expressions heard by anyone at any time. To communicate effectively, an international student must learn not only what campus expressions mean, but also in what situations they are used.

BANKING AND FINANCES

Most international students, like large numbers of American students, live on limited budgets. Needless to

say, it is best to manage your money wisely to make sure it lasts as long as possible. Be cautious about spending until you have become accustomed to the value of the dollar and until you know what your essential living expenses will be. This may take a little time and experimentation.

It will be very useful to have a bank account. Ask a bank officer about the array of bank services that are available and familiarize yourself with the different types of savings and checking accounts, along with any charges for these services. To open a bank account, you must have your passport, your Form I-20, your Form I-94 and your college ID. If you experience any difficulty, please see your adviser in the Office of International Student Services.

Regardless of how much money you keep on your premises or in your pocket or purse, you should be extremely careful. Keep purses out of sight. Do not carry too much cash when you go out. Do not conspicuously display jewelry. Petty theft and pickpocketing are rare, but, unfortunately, can happen.

SHOPPING

Virtually anything made anywhere can be bought in the United States, especially in a huge metropolitan area such as New York City.

Most Americans shop in shopping centers, commonly referred to as malls. These are large clusters of shops and restaurants in one single enclosed area, which provides convenient shelter against inclement weather. Malls usually stay open weekdays and Saturdays until 9:30 p.m. and until 6:00 p.m. on Sundays.

The nearest mall is Roosevelt Field, about one and a half miles from campus, between Stewart Avenue and Old Country Road. There you'll also find a large variety of eating establishments and eight movie theaters. The University provides a shuttle service for transporting Adelphi students to various shopping centers, such as Roosevelt Field mall, The Mall at The Source, Walmart, Target and Stop & Shop, and to the Mineola and Hempstead train stations and bus terminals. For more information on shuttle services, contact the Center for Student Involvement at **516.877.3603** or stop by to see them in the lower level of Earle Hall.

FOOD

There are three general kinds of food stores: supermarkets, neighborhood stores and convenience stores. A supermarket is a large store that sells not only food, but a variety of other products as well. Stop & Shop and ShopRite are two

examples. Neighborhood stores and convenience stores are smaller and have fewer items, but often stay open all night. They usually charge slightly higher prices than the supermarkets.

There is an extremely wide variety of eating establishments in the greater New York City area, a short train ride away from Adelphi. Some restaurants specialize in food from one particular country or part of the world. Restaurants range in cost from inexpensive to quite expensive.

Generally speaking, those accustomed to hot or spicy cuisines consider American food rather bland. Salads are very popular and are served everywhere year-round. Many people in this country are calorie conscious. This is reflected on many menus and store shelves where food without added sugar or salt can be found. Be open and explore many options when it comes to food. There will be plenty of items that may seem different to you and may taste unusual; however, you may learn to enjoy these foods. If you have any questions or requests, you should ask your fellow students, the food service employees or your international adviser.

The single food vendor for Adelphi University is Adelphi Dining. You can purchase food in the Panther's Den temporary dining hall. There you can order American kitchen-style foods; a variety of pizza; ethnic foods at the Native Spice exhibition station; traditional and wrap-style sandwiches at the Wrap It Up station; burgers and chicken sandwiches at Cheeburger Cheeburger; grab-and-go packaged meals; salads and sandwiches; and homemade desserts and an assortment of bottled and fountain beverages as well as candy and snacks.

The Cheese Please, located outside the Center for Recreation and Sports next to the sports field, serves gourmet grilled cheese, loaded tots and more. The Legends Juice Bar, also located in the Center for Recreation and Sports, serves smoothies and bakery items. PAWS Café, located in the Nexus Building, serves Starbucks coffee and mixed hot and cold coffee drinks. Post Hall is an all-you-care-to-eat location that features a deli, homestyle entrees, a salad bar, desserts, pizza, international specialties and vegetarian options. The Post Hall C-Store sells fresh produce, fresh grab-and-go sandwiches, Dunkin' Donuts coffee and a varied assortment of convenience foods. You can obtain a meal plan through the Adelphi Dining meal plan office. Contact **adelphidining@adelphi.edu** or visit **adelphi.edu/diningservices** for more information.



Big enough to matter, small enough to feel like home. At Adelphi, you'll find a close-knit community within a nationally ranked research university. Our outstanding faculty members lead small classes—generally about 10 students per class. So you'll get plenty of attention and support from your professors, while building friendships with your classmates.

EATERY	FEATURES	HOURS OF OPERATION
Panther’s Den Temporary Dining Hall adelphi.edu/dining	Freshly made hot food, sandwiches, pizza, pasta, make-your-own salads and more	Monday–Friday, 7:30 a.m.–8:30 p.m. Saturday, 8:00 a.m.–7:30 p.m. Sunday, 8:30 a.m.–6:30 p.m.
University Café UC, Main Level	With six full-service stations, including Back Bar Grill, SONO, Innovation Kitchen, Rosso Verde, New York Style Deli and a salad bar, the UC Café can satisfy any craving. Snacks, ice cream and a variety of grab-and-go items are also available.	Monday–Friday, 7:30 a.m.–8:30 p.m. Saturday, 8:00 a.m.–7:30 p.m. Sunday, 8:30 a.m.–6:30 p.m.
Underground Café UC, Lower Level	In addition to Starbucks, this trendy hangout spot features Junior’s Cheesecake, Fresh Kosher Sandwiches, Au Bon Pain and a variety of bottled beverages and grab-and-go items.	Monday–Thursday, 8:00 a.m.–11:00 p.m. Friday, 8:00 a.m.–6:00 p.m. Saturday and Sunday, closed
Post Hall	This renovated dining location includes all-you-care-to-eat and a traditional dining plan.	Monday–Friday Breakfast: 7:30 a.m.– 10:45 a.m. Lunch: 11:30 a.m.–3:30 p.m. Dinner: 4:30 p.m.–9:30 p.m.
Paws Café Nexus Building, first floor	Our new location in the Nexus building features a barista-style coffee bar, offering breakfast and lunch and highlighting premium coffee and espresso beverages in addition to a selection of quick-pick sandwiches and salads, pastries, desserts and more.	Monday–Thursday, 7:30 a.m.–8:00 p.m. Friday, 7:30 a.m.–6:00 p.m. Saturday and Sunday, closed
Convenience Store Post Hall	Food items such as cereal, milk, chips, beverages, snacks and other grocery items are sold here.	Monday–Thursday, 9:00 a.m.–1:00 a.m. Friday, 9:00 a.m.–11:00 p.m. Saturday and Sunday, 5:00 p.m.–11:00 p.m.
Legends Juice Bar Center for Recreation and Sports	This juice bar offers healthy food for a healthy mind and body. Enjoy smoothies, fresh-squeezed juices, hand-shaken chocolate milk, breakfast items, salads, sandwiches, Starbucks coffee, Au Bon Pain soup and a variety of bottled beverages and healthy snacks.	Monday–Friday, 8:00 a.m.–8:00 p.m. Saturday and Sunday, closed
Panther Melts Center for Recreation and Sports	Build your own delicious grilled cheese sandwich or try one of our signature melts—great to take with you on the run!	Monday–Friday (seasonal), 11:30 a.m.–3:00 p.m. Saturday and Sunday, closed
Outtakes Express Science Building, first floor	This is our new grab-and-go location in the Science Building, which offers premade sandwiches and salads as well as a variety of snacks and beverages.	Monday–Thursday, 8:00 a.m.–7:00 p.m. Friday, 8:00 a.m.–2:00 p.m. Saturday and Sunday, closed

TIPPING

RESTAURANTS AND BARS

In the United States, tips (gratuities) are not usually added to restaurant bills, as is customary in many other countries. A tip should therefore be left on the table. Fifteen to 18 percent is the usual amount, but one can leave more in appreciation for exceptionally good service.

TAXI AND CAR SERVICE

For taxi, limo, paid shuttle, Uber or van service, the tip is normally 15 percent of the total fare. Tip up to 20 percent if the driver helps with your bags or makes extra stops. Don’t tip less than one dollar. If someone else is picking up the tab, they are also responsible for tipping. Be careful: The rate quoted for limos often excludes gratuity.

HAIR SALONS AND SPAS

A tip should typically fall within the 15 to 20 percent range. If the service provider either did something out of the ordinary or took a great deal of time (such as a major makeover, color correction, etc.), you might want to consider leaving a larger tip.

CULTURE SHOCK

Culture shock is the name given to a feeling of disorientation or confusion that often occurs when a person leaves a familiar place and moves to an unfamiliar one. Arriving in the United States and the Long Island area from another country, you will no doubt encounter a multitude of new things. The buildings, trees and birds may all look different. The food is not the same as it is in your home country and people may look, speak and act differently from what you’re used to. Your limited English may hinder your ability to convey your full personality. As a result of all this, you may feel confused and unsure of your decision to come here.

Some people are more affected by culture shock than others. Those who do experience it tend to become nervous and unusually tired. They may want to sleep a lot and write many letters home. They may feel frustrated and hostile toward their host country. They may get excessively angry about minor irritations. It is not unusual for them to become very dependent on fellow nationals who are residents of the host country and speak their native language.

COPING STRATEGIES FOR CULTURE SHOCK

How can you cope with culture shock? Having some information about culture shock is an important first step. Even though some people may not be able to eliminate culture shock, there are ways to ease the stress. Some of these activities are listed below:

Keep Active. Getting out of your room or outside of your apartment will enable you to experience firsthand what Americans are doing. If you visit public places, such as a shopping mall or sporting event, you will be able to watch and learn how American customs are practiced.

Make American Friends. By having friends you can talk to, you will be able to ask questions about what you do not understand.

Read. Accessing the internet can give you a wide variety of information on culture shock.

Exercise. Finding an activity you enjoy will help reduce stress and depression. Americans like to run and walk. They also like organized games.

Participate In Community Activities. Talk with your host family, resident assistant or other Americans about community activities, religious services or volunteer opportunities to help you become a member of the community while you are here.

Practice Your English. This is extremely important. It is much easier to understand a culture when you can understand the language being used. Ask about any slang terms that you do not understand.

Introduce Yourself To Other International Students. Other international students may be experiencing the same problems that you are. By talking with them, you may be able to find out how they are coping. It is also important not to limit yourself only to students from your home country or culture.

Be Patient. Many international students experience culture shock in some way while they are here. Recognize the problem and give yourself time to get over it. If you need to, keep reminding yourself that this is not a permanent situation. If culture shock continues, you may contact International Services or the Student Counseling Center.



STUDENT COUNSELING CENTER

scc.adelphi.edu • 516.877.3646

Fall and spring semester hours:

Monday–Thursday, 8:30 a.m.–7:00 p.m.

Friday, 8:30 a.m.–4:30 p.m.

The Student Counseling Center is a free, confidential and conveniently located center offering a variety of services including individual and group counseling, psychiatric services, workshops, crisis intervention and referrals to both on- and off-campus resources. Any student currently enrolled at Adelphi is eligible to participate. For more information, visit **scc.adelphi.edu**. From May 20 to mid-August, the center will be located in the Nexus Building, Writer Center. From mid-August until completion of the Ruth S. Harley University Center renovation, it will be in a modular unit to the south of Eddy Hall.

HEALTH SERVICES (MEDICAL CARE)

Healthcare in the United States is characterized by the fact that there is no national medical care program. In other words, there is no general, governmentally supported system for paying medical expenses. Consequently, doctor’s and laboratory fees, hospitalization expenses and medications are all very costly. Hospital costs in the New York area are very expensive. Therefore, Adelphi University requires that all international students are covered by health insurance through the University. You will automatically be billed for the University health insurance policy each academic year. There are some instances where students who have plans that originate in the United States have been able to waive the insurance, but, generally speaking, most international students must take the University policy. Please note that travel policies such as ISO do not qualify under the guidelines of a comprehensive plan required by the University. For more information regarding this process, visit the Health Services Center website at **health.adelphi.edu/insurance-information-requirements**. Note that your Adelphi University insurance policy does not cover any members of your family. You are urged to buy separate insurance coverage for them.

New York State law requires that all foreign students attending a college or university be inoculated against measles, mumps and rubella. You will be required to show proof of two measles vaccinations, one mumps vaccination and one rubella vaccination. These must have been given after your first birthday. If unable to do so, you will have to be inoculated here or you will be unable to register or attend class. All international students must also be tested for tuberculosis; your healthcare provider

can provide this test for you in their office. Anyone who has a positive test must show proof of a negative chest X-ray; this indicates no active tuberculosis disease. These regulations are rigorously enforced and students are urged to pay attention to this matter.

Adelphi University’s health services are not available to students’ families. The Health Services Center can give you information on the availability of healthcare facilities in the community. The office is available to international students around the clock during the academic year. During semester breaks and throughout the summer, the Health Services Center is open Monday through Friday, 8:00 a.m. to 4:00 p.m. Health services also provides emergency responses to accidents and/or injuries on campus. Any student requiring emergency service can **dial 5** from any campus phone or call the Department of Public Safety and Transportation at **516.877.3511**. The Health Services Center is located on the lower level of Waldo Hall on the Garden City campus. To contact them directly, call **516.877.6000**, fax **516.877.6008** or email **healthservicescenter@adelphi.edu**.

MAIL AND POSTAL SERVICE

In the United States, mail is normally delivered once a day, except on Sundays and legal holidays. For regular mail within the United States, the current price of a first-class stamp is 55 cents.

In the United States, ZIP codes follow the name of the city and the state; they do not precede it as in Europe, South America and other places. Note that inside the United States, all first-class mail is shipped by air without extra cost and an airmail indication is not needed on the envelope.

If you want to be sure that an important letter has been received, send it registered or certified and ask for a return receipt.

PUBLIC SAFETY AND TRANSPORTATION

Levermore Hall, Room 113

Call **516.877.3511** or **dial 5** from any campus phone.

The Adelphi University Department of Public Safety and Transportation, located in Levermore Hall, provides round-the-clock public safety services. Public safety officers provide vehicle, bicycle and foot patrol of the entire campus, parking lots, buildings and residence halls; protect life and property; respond to and investigate reports of crime; enforce traffic regulations; and conduct crime prevention programs and seminars. If you need help

or assistance, always ask a public safety officer. They are easily recognized by their Adelphi uniforms.

GENERAL SAFETY TIPS

Adelphi ranks among the 25 safest college campuses in the state of New York in 2019 by Niche.

Safety is, however, an important concern in any large town. Follow these safety tips and use common sense. You will fully enjoy living, studying and working on Long Island or in New York City.

- Familiarize yourself with streets and neighborhoods you'll be visiting or passing through.

- Walk in an assertive manner.

- At night, walk facing the flow of traffic.

- Know where you are going. Plan your route in advance.

- Walk in well-lit and populated areas, especially at night. Stay out of parks at night. Be aware of your surroundings and of suspicious persons or circumstances.

- Travel with a friend if possible.

- Avoid wearing expensive jewelry and flashing money on the street and in the subways.

- Always keep bags closed and knapsacks zipped and buckled. Keep your purse on your lap at restaurants. Don't hang it on the back of your chair or leave it on an empty chair.

- If you suspect you are being followed, cross the street or go into a store, restaurant or other public building.

- Know the whereabouts of all-night businesses and other safe locations.

- If someone in a car asks you a question, stay a good distance from the car when responding.

- Always carry enough money for cab fare home.

- Try not to use cash machines at night.

- Be alert to what is going on around you.

Read about security awareness and more at the Department of Public Safety and Transportation's site, safety.adelphi.edu.

CAMPUS TRANSPORTATION

Adelphi University provides shuttle transportation to local train and bus stations and various shopping destinations.

Shuttle schedules are set at the beginning of each semester, but will change if the local transportation schedule changes. Schedules can be picked up in the Department of Public Safety and Transportation in Levermore Hall, Room 113. Schedules are also available at safety.adelphi.edu/transportation/shuttle.

PARKING ON CAMPUS

Parking on campus is by permit only. Permits can be obtained by visiting the Department of Public Safety and Transportation in Levermore Hall, Room 113.

ADELPHI UNIVERSITY IDENTIFICATION CARDS

Department of Public Safety and Transportation
Levermore Hall, Room 113
516.877.3500

Hours of Operation:

Monday–Thursday: 8:30 a.m.–6:00 p.m.

Friday: 8:30 a.m.–4:30 p.m.

All Adelphi students are required to have an Adelphi University identification card. The card allows access to various campus buildings, underground parking, meal plans and sporting events. Identification cards are issued in the public safety office located in Levermore Hall, Room 113.

To obtain your Adelphi student identification card, bring:

- Proof of payment of tuition and fees

- Confirmation of classes or other evidence that you are a currently registered student

LOST OR DAMAGED CARDS

There is a \$15 replacement fee for lost identification cards. There is no charge for a damaged card if you bring the old card with you.

BICYCLE AND MOTOR VEHICLE ACCIDENT PROCEDURE

- Obtain a vehicle registration plate number and a description of the driver.

- Call the Garden City Police Department by dialing **911**.

- The police will provide you with the vehicle and motorist information.

- Provide the police with information you obtained and a description of any injuries you may have sustained from the accident.

- Be sure to obtain from the police the motorist's insurance carrier and policy number.

- Call the motorist's insurance company to file a claim for coverage for expenses incurred because of the accident.

For more information on safety tips and information, visit administration.adelphi.edu/publicsafety.

AFTER HOURS

Monday–Thursday, after 7:00 p.m.

Friday, after 4:30 p.m.

Call the Department of Public Safety and Transportation at **516.877.3511**.

It is common knowledge that cities can be dangerous if you do not take proper precautions. Therefore, caution should be exercised in a huge metropolitan area such as New York City, as well as in other large cities in the United States. If you follow certain procedures and mind your surroundings, your chances of having an unfortunate encounter can be greatly diminished.

When at home, keep your doors locked. If someone knocks or rings the doorbell, do not open the door until you have asked or otherwise ascertained who is there. You should not open the door simply because someone knocked or rang your doorbell. The same rule applies, even more so, when staying in a hotel. On campus, lock your door after you leave your room. Women are advised to be particularly cautious in all circumstances.

Protect your valuables. Unfortunately, theft is widespread in many U.S. areas and virtually anything that is not secured may be stolen. Never leave valuables unattended.



U.S. HOLIDAYS

Strictly speaking, the United States does not have national holidays (i.e., days where all employees in America receive a day free from work and all business is halted). The U.S. federal government can only recognize national holidays that pertain to its own employees; it is at the discretion of each state or local jurisdiction to determine official holiday schedules. There are 11 such federal holidays—10 annual and one quadrennial holiday. The annual federal holidays are widely observed by state and local governments; however, they may alter the dates of observance or add or subtract holidays according to local custom. Pursuant to the Uniform Holidays Bill of 1968 (which took effect in 1971), some official holidays are observed on a Monday, except for New Year's Day, Independence Day, Veterans Day, Thanksgiving and Christmas. There are also state holidays particular to individual U.S. states.

In the United States, many retail businesses close on Thanksgiving and Christmas, but remain open on all other holidays. Private businesses often observe only the big six holidays (New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving and Christmas). Some also add the Friday after Thanksgiving, or one or more of the other federal holidays.

Most American holidays recognize events or people from U.S. history, although two are shared in common with many other countries: Christmas Day and New Year's Day. Thanksgiving in the United States is on the fourth Thursday in November.

- January 1
NEW YEAR'S DAY
- January
(third Monday)
MARTIN LUTHER KING JR.'S BIRTHDAY
- February
(third Monday)
PRESIDENTS DAY
- May (last Monday)
MEMORIAL DAY
- July 4
INDEPENDENCE DAY
- September
(first Monday)
LABOR DAY
- October
(second Monday)
COLUMBUS DAY
- November 11
VETERANS DAY
- November
(fourth Thursday)
THANKSGIVING DAY
- December 25
CHRISTMAS DAY

ABOUT THE AREA

Adelphi's home in Garden City combines the excitement and convenience of an urban center with the charm and safety of a small residential community. The University's campus is only a short walk from the train and a fast 45-minute ride to New York City's Penn Station. In addition to the Long Island Rail Road, the campus is convenient to the airports and major highways that make commuting and exploring the surrounding area easy. You'll find everything from Long Island's famous parks and beaches to sports venues, shopping, dining, recreation and cultural events—all within a short drive. For additional resources, visit adelphi.edu/visitors.

PLACES TO GO

In addition to the information below, visit adelphi.edu/visitors to find out more about Garden City and the metropolitan New York area.

Within Five–10 Minutes of Adelphi

Adelphi Deli • AMC Loews movie theaters
CVS pharmacy • Famous Dave's
Garden City post office • McDonald's
Roosevelt Field mall • Seventh Street Café
Subway restaurant • Target
Umberto's Pizzeria & Restaurant
Walmart

Within 45 Minutes of Adelphi

Barclays Center, Brooklyn
Citi Field, Flushing
John F. Kennedy International Airport, Jamaica
LaGuardia Airport, Flushing
Madison Square Garden, Manhattan
Tanger Shopping Outlets, Deer Park and Riverhead
Times Square, Manhattan
USTA Billie Jean King National Tennis Center, Flushing
Yankee Stadium, Bronx

Within 20 Minutes of Adelphi

Cradle of Aviation Museum, Garden City
Eisenhower Park, East Meadow
Jones Beach State Park, Wantagh



USEFUL RESOURCES



BANKS

Bank of America
890 Old Country Road
Garden City
516.214.0248

Capital One
118 Seventh Street
Garden City
516.741.2400
or
877 Stewart Avenue
Garden City
516.222.9293

Chase Bank
82 Seventh Street
Garden City
516.294.2010
or
565 Hempstead Turnpike
West Hempstead
516.489.2218

Citibank
114 Old Country Road
Mineola
800.627.3999
or
1050 Franklin Avenue
Garden City
800.627.3999
or
Roosevelt Field
600 Old Country Road
Garden City
516.228.8508

Citizens Bank
50 Cherry Valley Avenue
West Hempstead
516.538.1655

Flushing Bank
1122 Franklin Avenue
Garden City
516.471.3100

HSBC Bank
147 Seventh Street
Garden City
800.975.HSBC (4722)

**Nassau Educators
Federal Credit Union
(NEFCU)**
1000 Corporate Drive
Westbury
516.561.0030

Roslyn Savings Bank
108 Seventh Street
Garden City
516.739.4438

Sterling National Bank
1150 Franklin Avenue
Garden City
516.746.0700
or
490 Hempstead Turnpike
West Hempstead
516.481.8300

TD Bank
855 Franklin Avenue
Garden City
516.739.2605

Valley National Bank
339 Nassau Boulevard
Garden City South
516.481.3900

Wells Fargo Bank
1001 Franklin Avenue
Garden City
516.535.1560

BOOKSTORES

Barnes & Noble
91 Old Country Road
Carle Place
516.741.9850

COFFEEHOUSES

Starbucks
184 Seventh Street
Garden City
516.741.8295

The Witches Brew
311 Hempstead Turnpike
West Hempstead
516.489.9482

DRUGSTORES

CVS Pharmacy
820 Franklin Avenue
Garden City
516.877.1865
or
621 Hempstead Turnpike
West Hempstead
516.564.8268

Rite Aid
498 Hempstead Turnpike
West Hempstead
516.538.4488

Walgreens
1300 Franklin Avenue
Garden City
516.535.1201

FAST FOOD

Burger King
340 Hempstead Turnpike
West Hempstead
516.538.2859
or
Roosevelt Field
630 Old Country Road
Garden City
516.747.7566

Domino's Pizza
166 Poplar Street
West Hempstead
516.483.3030

Kentucky Fried Chicken
20 Hempstead Avenue
Hempstead
516.564.0025

McDonald's
637 Stewart Avenue
Garden City
516.745.6303
or
2045 Jericho Turnpike
New Hyde Park
516.488.1950
or
575 Franklin Avenue
Franklin Square
516.354.4420

Subway
3 Nassau Boulevard South
Garden City South
516.493.9110

Taco Bell
996 Hempstead Turnpike
Franklin Square
516.358.9821

Wendy's
65 Hempstead Turnpike
West Hempstead
516.489.2880

White Castle
19 Hempstead Turnpike
West Hempstead
516.483.7468

FLORISTS

Country Arts in Flowers
535 Hempstead Turnpike
West Hempstead
516.483.3363

Feldis Florists
160 Seventh Street
Garden City
516.747.3330

HOSPITALS

**Winthrop-University
Hospital**
259 First Street
Mineola
516.663.0333

LOCAL STORAGE FACILITIES

Public Storage
817 Peninsula Boulevard
Hempstead
516.712.2959
or
1055 Stewart Avenue
Garden City
516.222.2962
publicstorage.com
(open seven days)

Storage Post
1990 Jericho Turnpike
New Hyde Park
516.415.1671

U-Haul Self Storage
450 Fulton Avenue
Hempstead
516.489.6550
(open seven days)

LODGING

Best Western Mill River Manor
173 Sunrise Highway
Rockville Centre
516.678.1300
bestwestern.com
5.3 miles

Floral Park Motor Lodge
30 Jericho Turnpike
Floral Park
516.775.7777
floralparkmotorlodge.com
3.3 miles

The Garden City Hotel
45 Seventh Street
Garden City
516.747.3000
gardencityhotel.com
1.1 miles

Hampton Inn
1 North Avenue
Garden City
516.227.2720

hamptoninn.com
3.6 miles

Hampton Inn & Suites
125 Merrick Road
Rockville Centre
516.599.1700
hamptoninn3.hilton.com
5.1 miles

Hilton Garden Inn
1575 Privado Road
Westbury
516.683.8200
hiltongardeninn3.hilton.com
5.2 miles

Holiday Inn
369 Old Country Road
Carle Place
516.997.5000
holiday-inn.com
3.6 miles

Holiday Inn Express
1 Sunrise Highway
Lynbrook
516.596.3000
hiexpress.com
4.8 miles

Homewood Suites by Hilton
40 Westbury Avenue
Carle Place
516.749.0230
homewoodsuites.hilton.com
4.6 miles

Hyatt Place Garden City
5 North Avenue
Garden City
516.222.6277
hyattplacegardencity.com
3.6 miles

LaQuinta Inn and Suites
821 Stewart Avenue
Garden City

516.705.9000
lq.com
3.4 miles

Long Island Marriott
101 James Doolittle
Boulevard
Uniondale
516.794.3800
marriott.com
5.4 miles

Red Roof Inn
699 Dibblee Drive
Westbury
516.794.2555
redroof.com
3.1 miles

Rockville Centre Inn
415 Ocean Avenue
Rockville Centre
516.593.1600
rockvillecentreinn.com
4.8 miles

Many of these hotels offer an Adelphi rate; ask when making the reservation.

MOVIE THEATERS

AMC Loews Raceway 10
1025 Corporate Drive
Westbury
888.262.4386

AMC Roosevelt Field 8
(temporarily closed)
Roosevelt Field
630 Old Country Road
Garden City
516.741.4008

Bow Tie Franklin Square Cinemas
989 Hempstead Turnpike
Franklin Square
516.775.3257

Bow Tie Herricks Cinemas
3324 Hillside Avenue

New Hyde Park
516.747.0555

POST OFFICES

Garden City Post Office
(within walking distance;
one block south of Seventh
Street, across the railroad)
600 Franklin Avenue
Garden City
516.747.2201

Window/lobby hours,
Express Mail services:
Monday–Friday,
9:00 a.m.–5:00 p.m.
Saturday,
9:00 a.m.–1:00 p.m.

Passport Service
Monday–Friday,
10:00 a.m.–3:00 p.m.
Saturday, 9:00 a.m.–
12:00 noon

PUBLIC LIBRARIES

Franklin Square Public Library
19 Lincoln Road
516.488.3444
Monday–Thursday,
10:00 a.m.–9:00 p.m.
Friday, 10:00 a.m.–
6:00 p.m.
Saturday, 10:00 a.m.–
5:00 p.m.
(September–June),
10:00 a.m.–1:00 p.m.
(July–August)

Garden City Public Library
(within walking distance)
60 Seventh Street
516.742.8405
Monday–Thursday,
9:30 a.m.–9:00 p.m.
Friday and Saturday,
9:30 a.m.–5:00 p.m.
Sunday, 1:00 p.m.–
5:00 p.m.



(Closed Sundays in
summer)

Hempstead Public Library
115 Nichols Court
516.481.6990
Monday–Thursday,
10:00 a.m.–9:00 p.m.
Friday,
10:00 a.m.–6:00 p.m.
Saturday, 9:00 a.m.–
5:00 p.m.

West Hempstead Public Library
500 Hempstead Avenue
516.481.6591
Monday–Thursday,
9:00 a.m.–9:00 p.m.
Friday,
9:00 a.m.–5:00 p.m.
Saturday,

9:00 a.m.–5:00 p.m.
(9:00 a.m.–1:00 p.m. in
summer)
Sunday,
12:00 noon–5:00 p.m.
(Closed Sundays in
summer)

RESTAURANTS

Alpine Restaurant
11 Franklin Avenue
Franklin Square
516.354.5770

B.K. Sweeney’s Uptown Grille
636 Franklin Avenue
Garden City
516.746.3075

Ben’s Kosher

Delicatessen, Restaurant & Caterers
59 Old Country Road
Carle Place
516.742.3354

Boston Market
2091 Hillside Avenue
New Hyde Park
516.328.2424
or
603 Hempstead Turnpike
West Hempstead
516.539.0500

Famous Dave’s
1060 Corporate Drive
Westbury
516.832.7300

Garden City Pizza
670 Franklin Avenue

Garden City
516.294.2929

International House of Pancakes
85 Hempstead Turnpike
West Hempstead
516.483.6103

Leo’s Midway
190 Seventh Street
Garden City
516.742.0574

Orchid (Chinese)
730 Franklin Avenue
Garden City
516.742.1116

Panera Bread

STUDENTS
COME FROM
58 COUNTRIES
AND ALL AROUND
THE UNITED
STATES.

1140 Franklin Avenue
Garden City
516.873.2534
or
520 Jericho Turnpike
Mineola
516.535.3910
or
165 Old Country Road
Carle Place
516.739.2090

P.F. Chang’s
Mall at The Source
1504 Old Country Road
Westbury
516.222.9200

Red Lobster
211 Old Country Road
Carle Place
516.248.7411

Seventh Street Café
126 Seventh Street
Garden City
516.747.7575

The Cheesecake Factory
Mall at The Source
1504 Old Country Road
Westbury
516.222.5500

**The Garden City Hotel
Polo Steakhouse**
45 Seventh Street
Garden City
516.877.9385

The Lucky Duck
9 Nassau Boulevard
Garden City South
516.485.4848

Umberto’s Pizzeria
361 Nassau Boulevard
Garden City South
516.481.1279

USEFUL WEBSITES

weather.gov: Get an accurate local forecast

mta.info: For Long Island Rail Road official website, schedules and fares

Moovit app: Free public transit app

facebook.com/AdelphiU: Meet your college classmates, teachers and co-workers

instagram.com/adelphiu

Snapchat: adelphiu

twitter.com/AdelphiU

offcampushousing.adelphi.edu: Off-campus housing

health.adelphi.edu: Health Services Center

students.adelphi.edu/sa/csi: Center for Student Involvement

academics.adelphi.edu/asr: Office of Academic Services and Retention

learning.adelphi.edu: Learning Center

writing.adelphi.edu: Writing Center

travel.state.gov: U.S. Department of State travel information

adelphi.edu/international: International Services

Waterzooi Belgian Bistro
850 Franklin Avenue
Garden City
516.877.2177

SHOPPING

Americana Manhasset
2060 Northern Blvd.
Manhasset
516.627.2277

Bed Bath & Beyond
950 Merchants Concourse
Westbury
516.794.8631

Best Buy
1100 Old Country Road
Westbury
516.357.9025

Costco
1250 Old Country Road
Westbury
516.683.8300

Lord & Taylor
1200 Franklin Avenue
Garden City
516.742.7000

Mall at The Source
1504 Old Country Road
Westbury
516.228.0303
simon.com/mall

Michaels (arts and crafts)
1280 Corporate Drive
Westbury
516.693.0420

Roosevelt Field Mall
630 Old Country Road
Garden City



516.742.8000

Sears
1111 Franklin Avenue
Garden City
516.873.3700

Target
999 Corporate Drive
Westbury
516.222.1003

Walmart
1220 Old Country Road
Westbury
516.794.7280

SUPERMARKETS

Cherry Valley Marketplace
496 Hempstead Turnpike

West Hempstead
516.292.2090

Key Food Marketplace
153 Seventh Street
Garden City
516.742.2713

Kings Food Market
870 Franklin Avenue
Garden City
516.739.5559

7-Eleven
159 Atlantic Avenue
Garden City Park
516.747.5197

ShopRite
2335 New Hyde Park Road

New Hyde Park
516.354.4966

Super Stop & Shop
50 Cherry Valley Avenue
West Hempstead
516.539.7860

TAXI SERVICES

**All Island
Transportation**
Mineola
516.742.2222
Garden City
516.746.2500

**Garden City Taxi
& Limousine**
Hempstead
516.746.2381

Long Island Yellow Cab
Levittown
516.735.1111

**Ollie’s Taxi
& Airport Service**
Franklin Square
516.487.3420

Uber
Uber is available in and
around Adelphi.
Visit uber.com.

FALL 2019

August 25	Matriculation Day
August 26	Fall 2019 classes begin
August 31–	Labor Day Weekend—
September 2	no classes
September 9	Last day to add a course—Fall 2019
September 23	Last day to drop a course—Fall 2019
	Last day to change course grading option—Fall 2019
	Last day to add independent study/internship—Fall 2019
	Last day to process course section change—Fall 2019
October 14	Mini fall break—no classes
October 15	Open planning begins for Spring 2020
October 28	Last day to withdraw from a course—Fall 2019
October 30	Graduate registration begins for Spring 2020
November 4	Undergraduate registration begins for Spring 2020
November 5	Election Day—no classes
November 27–	Thanksgiving break—
December 1	no classes
December 10–11	Makeup Days/Study Days—no classes
December 12	Finals begin
December 18	Finals end
December 18	Last day of Fall 2019 term

SPRING 2020

January 2	Classes begin (Intersession 2020)
January 20	Martin Luther King Jr. Day—no classes
January 22	Last day of classes (Intersession 2020)
January 23	Classes begin—Spring 2020
February 5	Last day to add a course—Spring 2020
February 20	Last day to drop a course—Spring 2020
	Last day to change course grading option—Spring 2020
	Last day to add an independent study/internship—Spring 2020
	Last day to process course section change—Spring 2020
March 9	Open planning begins for Summer and Fall 2020
March 16–22	Spring break—no classes
March 23	Registration begins for Summer 2020
March 25	Graduate registration begins for Fall 2020
March 26	Last day to withdraw from a course—Spring 2020
March 30	Undergraduate registration begins for Fall 2020
April 30	Research Day—no classes
May 8	Makeup Day/Study Day—no classes
May 11	Makeup Day/Study Day—no classes
May 12	Finals begin
May 18	Finals end
	Last day of Spring 2020 term
May 19	Doctoral Hooding Ceremony
May 20	Commencement

SUMMER 2020

May 25	Memorial Day—no classes
May 26	Summer Session I classes begin
June 29	Last day of Summer Session I classes
July 3	Independence Day celebrated—no classes
July 6	Summer Session II classes begin
August 9	Last day of Summer Session II classes and full Summer Session



International Services is here to help you make the most of your experience at Adelphi. Call us, send us an email or stop by our office any time you have questions or need assistance. We're always happy to hear from you.

516.877.4990


is@adelphi.edu

Post Hall, Room 203





96% OF OUR STUDENTS
HAVE JOBS OR
ARE IN GRAD
SCHOOL WITHIN
SIX MONTHS OF
GRADUATION.



Adelphi University Career
Outcomes Survey: Class
of 2018

ADELPHI
UNIVERSITY
NEW YORK