

# EmblemHealth

Adelphi University

1/1/2024 Open Enrollment Meeting



# WELCOME!

- What will be covered:
  - Details about the plan's benefits
  - Details about the plan's network
  - Advanced online tools and apps
  - Special discounts and innovative wellness programs
  - AdvantageCare Physicians (ACPNY)





# COME JOIN US

## OPEN ENROLLMENT Coverage Period

*January 1, 2024– December 31, 2024*

### During Annual Open Enrollment you can:

- Make any changes to your benefit for the 2023 plan year
- Add or drop coverage for you and/or your eligible dependents





Benefit Highlights

Effective Date: January 1, 2024

### HIP PRIME HMO - In-Network only

PCP Office Visit	\$10 Copay
Specialist Office Visit	\$20 Copay
Urgent Care Facility	\$10 Copay ( Subject to PCP Copay)
Emergency Room	\$75 Copay (waived if admitted)
Inpatient Hospital Admission	\$100 Copay
Outpatient Hospital	\$100 Copay
Preventive Services	Covered in Full
Diagnostic Radiology/Laboratory	Included in office visit Copay
Chiropractic Services	\$20 Copay
Outpatient Mental Health/Substance Use	\$10 Copay
Inpatient Mental Health/Substance Use	Subject to Hospital Admission Copay
Maximum out of Pocket (MOOP)	\$6,600 / \$13,200
Dependent Child Age	26 EOM

### Prescription Coverage Benefit Highlights

Retail Rx 30 Day Supply	Mail Order Rx 90 Day Supply
Tier 1 - \$10 Copay	Tier 1 - \$15 Copay
Tier 2 - \$25 Copay	Tier 2 - \$ 37.50 Copay
Tier 3 -\$50 Copay	Tier 3 - \$150 Copay

### Choose your way to receive a 3 Month Supply

- Home Delivery Mail Order Through



**EXPRESS SCRIPTS®**

[express-scripts.com/3month](https://express-scripts.com/3month) or call: 877-866-5798

- Get a 3 months supply at



# HIP PRIME HMO PLAN

## HOW THE PLAN WORKS / IMPORTANT REMINDERS

- You must select an in-network PCP to provide and coordinate your care.
- Plan requires a referral from your PCP when you need to see a specialist.
- Go to doctors, hospitals, and other facilities that are part of the HIP Prime HMO network. Out-of-network care is not covered except in the case of emergency care you receive at an out-of-network hospital.
- Use Quest Diagnostics, our preferred laboratory provider for lab work.
- Preventive care is covered at no cost to you, well visits, mammograms, colonoscopies, & immunizations.

### Learn the ABCs of HMOs

Understanding health insurance should be simple. Yet there are always so many industry terms you need to know. Here are some definitions to make things easier:

- **HMO** — Health maintenance organization
- **PCP** — Primary care physician
- **Copay** — The set dollar amount you pay for health services each time you use them.
- **Coverage** — The benefits and services available to you from your health insurance plan.
- **Deductible** — The amount you pay each year for health services before your plan starts to pay.
- **Coinsurance** — The percentage you pay for health services usually after the deductible, when your insurance plan begins to pay.
- **Network** — A group of health care professionals and facilities that contract with EmblemHealth. They provide covered products and services to members. For plans with only in-network coverage, unless it's an emergency, members need to use the plan network to get services under their plan.
- **Premium** — The amount you pay for your insurance every month.
- **Preventive Services** — Routine health care services, like annual office visits, shots, screenings, and tests. These services can prevent illnesses or find conditions before they become serious.





# A QUALITY NETWORK FOR THE TRISTATE AREA

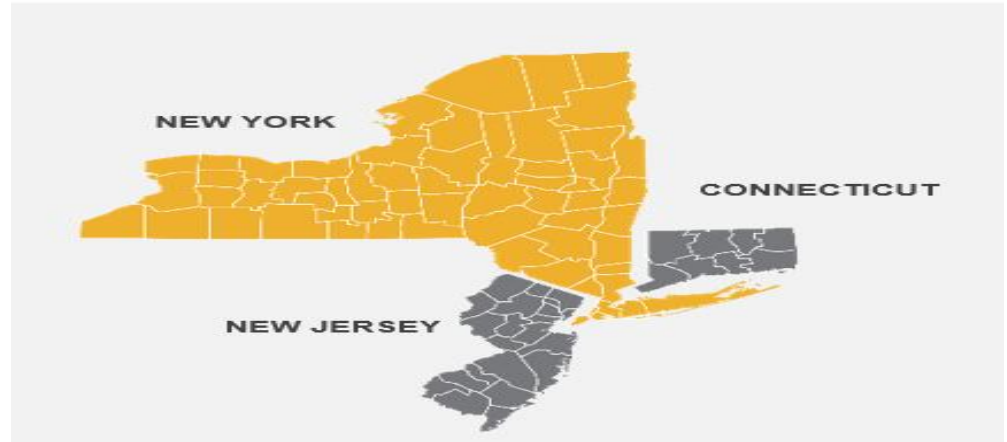


## THE EMBLEMHEALTH PRIME NETWORK INCLUDES:

- **HIP Prime** Network in New York
- **ConnectiCare** Network in Connecticut
- **QualCare** Network in New Jersey

## PRIME NETWORK INCLUDES:

- 129,000+ providers
- 27,000+ primary care providers
- 105,000+ specialists
- 360+ hospitals



To find network doctors, members can go to [emblemhealth.com](http://emblemhealth.com) and use the “Find Care” tool under “Find a Doctor” for large group.



# OUR NETWORKS ACCLAIMED HOSPITALS

GO TO [EMBLEMHEALTH.COM/FIND-A-DOCTOR](https://www.emblemhealth.com/find-a-doctor) FOR A COMPLETE LISTING

New York
Bellevue Hospital Center
Memorial Sloan Kettering Hospital - David H. Koch Center
Harlem Hospital Center
Hospital for Special Surgery
Manhattan Eye, Ear & Throat Hospital
Memorial Sloan Kettering Hospital
Metropolitan Hospital Center
Mount Sinai Beth Israel
Mount Sinai Hospital
Mount Sinai Morningside
Mount Sinai West
New York Eye & Ear Infirmary
NewYork-Presbyterian Allen Hospital
NewYork-Presbyterian Columbia University Irving Medical Center
NewYork-Presbyterian Weill Cornell Medical Center
NewYork-Presbyterian Lower Manhattan Hospital
NYU Langone Orthopedic Hospital
NYU Langone Health - Tisch Hospital

NASSAU
Glen Cove Hospital
Long Island Jewish Valley Stream
Manhattan Eye, Ear & Throat Hospital
Mercy Medical Center
Mount Sinai South Nassau
Nassau University Medical Center
North Shore University Hospital
NY Eye & Ear Infirmary of Mount Sinai
NYU Langone Hospital Long Island
Plainview Hospital
St. Francis Hospital and Heart Center
St. Joseph's Hospital
Syosset Hospital

QUEENS
Elmhurst Hospital Medical Center
Flushing Hospital Medical Center
Jamaica Hospital Medical Center
Long Island Jewish Forest Hills
Long Island Jewish Medical Center
Mount Sinai Hospital Queens
NewYork-Presbyterian Queens
Queens Hospital Center
St. John's Episcopal Hospital
Steven and Alexandra Cohen Children's Medical Center of New York

SUFFOLK
Good Samaritan Hospital Medical Center
Huntington Hospital
John T. Mather Memorial Hospital
Long Island Community Hospital
Peconic Bay Medical Center
South Shore University Hospital
St. Catherine of Siena Hospital
St. Charles Hospital
Stony Brook Eastern Long Island Hospital
Stony Brook Southampton Hospital
Stony Brook University Hospital

BRONX
BronxCare Hospital Center
Jacobi Medical Center
Lincoln Medical and Mental Health Center
Montefiore Medical Center - Jack D Weiler Hospital of A. Einstein College
Montefiore Medical Center - Henry and Lucy Moses
Montefiore Medical Center - Wakefield Hospital
North Central Bronx Hospital
St. Barnabas Hospital

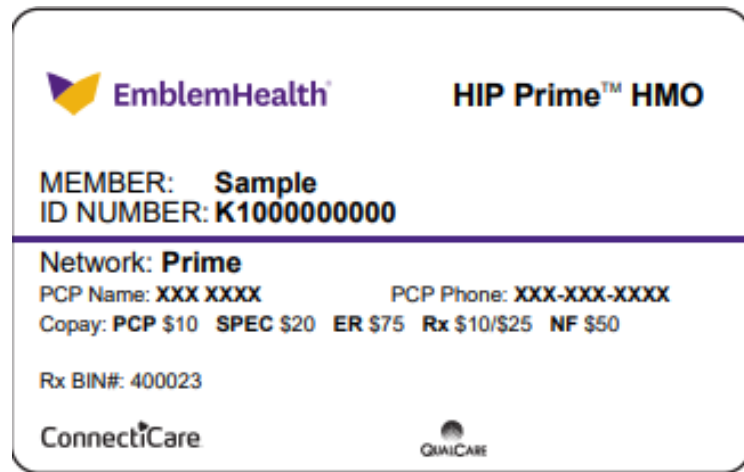


# YOUR MEMBER ID CARD

THE KEY TO YOUR HEALTH CARE

Your personalized ID card will have your:

- EmblemHealth member ID number
- Plan Name: HMO
- Network Name: Prime
- Primary care doctor (PCP) name
- Cost-sharing amounts (what you pay for services)
- Important phone numbers (back of card)
- ConnectiCare Logo
- Qualcare Logo





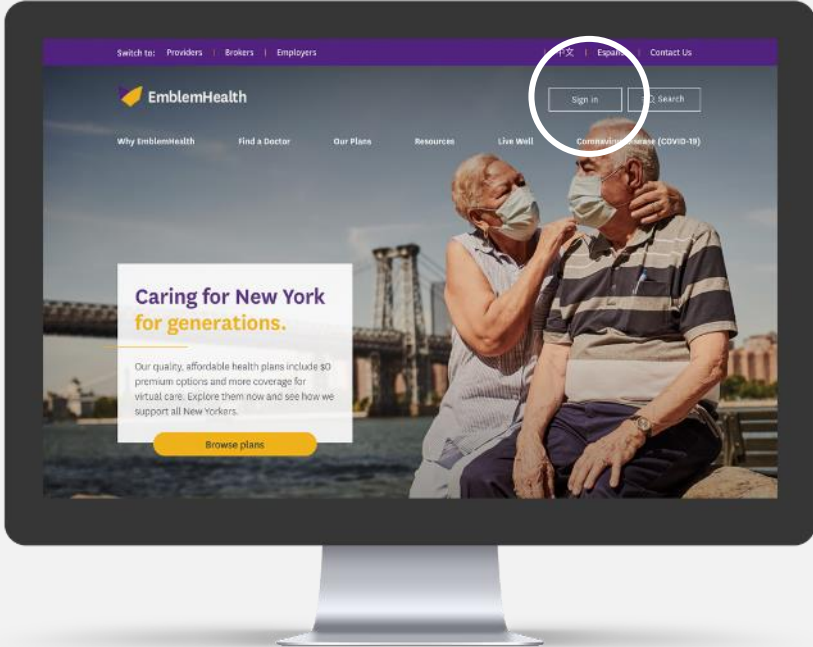
# SIGN UP IS EASY...

Download the mobile app



or

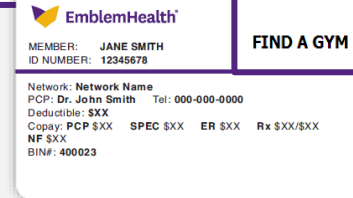
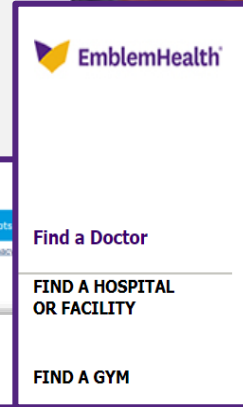
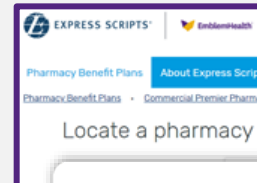
Sign up on our website



# ONLINE & MOBILE DIGITAL TOOLS TO MAKE YOUR LIFE EASIER

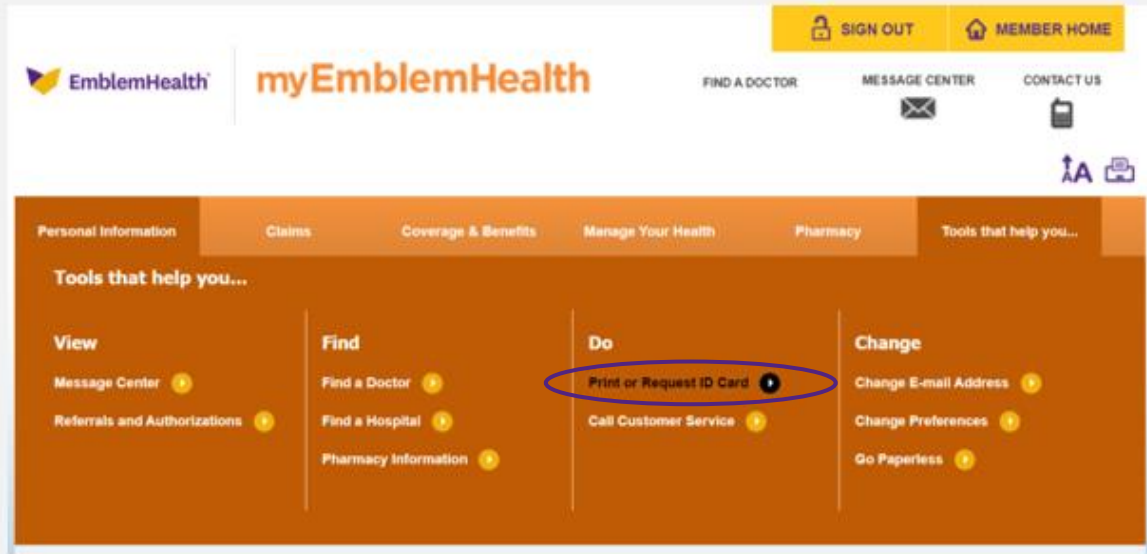
Get access to important plan benefits and information – anytime, anywhere, 24/7 with our easy-to-use digital app and website:

- Print your temporary ID card
- Find a doctor, hospital, urgent care center or gym.
- Get forms and documents
- Manage billing and payments
- Sign up for our member newsletter
- Free health assessment tool
- Find a pharmacy, set up prescription delivery/refills and more...

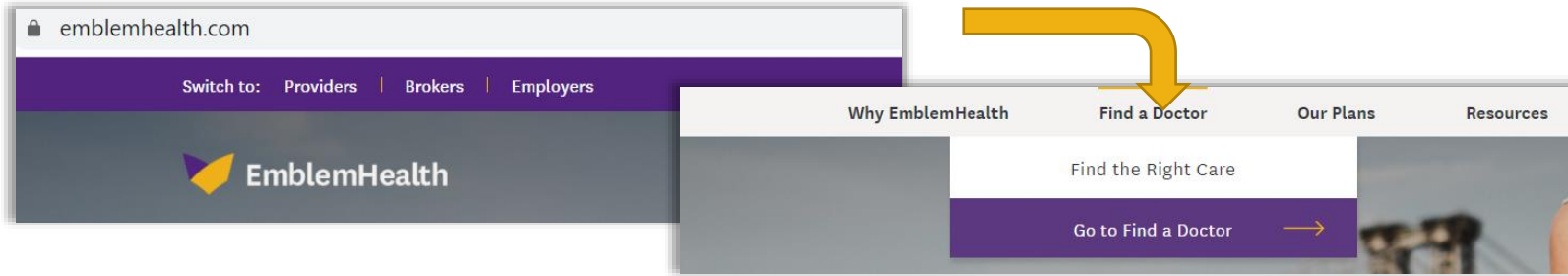


# HOW TO PRINT AN ID CARD

Your ID card contains important information that can help you easily manage your account. Simply sign in to [www.emblemhealth.com/sign-in](http://www.emblemhealth.com/sign-in) and click on Tools that Help You from the orange menu bar at the top of the page. Then click on Print or Request ID Card. Your new ID card will arrive in the mail.



# FIND A DOCTOR IN YOUR HIP PRIME HMO NETWORK



1. Emblemhealth.com
2. Click on “Find a Doctor”
3. Search by Network Or Plan
4. Select HIP PRIME HMO – PRIME
5. Choose Service Type
6. Search by Provider Name or Specific Zip cod
7. You will see a list of providers. Review the profiles until you find one who best meets your needs.

### Service Type


Select an option below to begin your search for providers and facilities in your network.

#### Network & Plan Name Information


Network Name	Plan Name*
Prime	HIP Prime HMO

① If your plan includes telemedicine, visit [Teladoc](#) to schedule virtual visits with a doctor.


#### Choose Service Type



Primary and Specialty Care



Primary Care Provider



Dental



# ADVANTAGECARE PHYSICIANS (ACPNY)

## AdvantageCare Physicians (ACPNY) is always in-network

- Access to a full range of specialties and services ACPNY offers primary care, pediatrics, cardiology, Gynecology, many offices feature an on-site lab, radiology services, virtual visits
- Coordinate medical appointments to see all of your health professionals in the same office and avoid multiple trips to different offices
- ACPNY can provide same-day referrals to specialists
- Extended evening and weekend hours available at most locations
- Urgent care hours available at select locations
- COVID-19 diagnostic and antibody testing available in 20 locations
- 37 Locations across all five boroughs of New York City & Long Island
- Go to [acpny.com](http://acpny.com) for locations and more information



# HEALTHY DISCOUNTS

EmblemHealth wants to help you get what you need at an affordable price.

- Value-Added Discount Programs\*:
  - Up to 25% off acupuncture, massage therapy, nutrition counseling
  - Jenny Craig food savings
  - Vision Discount Program
  - Hearing Care Discount Programs
  - Medical Equipment and Services Discount Program

The Healthy Discounts program is available to all EmblemHealth members, but is not an insured service under your plan.





QUESTIONS?