All About Your Bright Horizons Benefits

Solutions for family care, education, and enrichments
Flexible family care and learning supports

Caring for aging parents

Sourcing a pet sitter or housekeeper

Covering caregiving gaps

Providing academic supports

Camp solutions when care is out

Finding quality child care options

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Bright Horizons Back-Up Care

Subsidized program to help with care gaps

Use examples:

- School is closed or on break
- Your child’s nanny is on vacation
- Your caregiver cancels or quits
- Your stay-at-home spouse/partner has an appointment
- Your child is mildly ill
- Your adult/elder loved one has surgery, or you need respite care
- You have surgery and need care through recovery
Quality back-up care

Nationwide Network
Centers, school-age camps, in-home care

Vetted Providers
• Licensed and accredited centers
• School-age camps created for working families
• Employed, vetted, insured, and trained in-home caregivers

For Sudden or Planned Needs
Reserve up care up to 90 days in advance, register and reserve care online, via phone, or mobile app
In-home back-up care for adults and elders

Quality you can trust
• Fully vetted
• Nationwide network

Care for family members
• Spouses/partners
• Adult children
• Parents, grandparents, and in-laws
• Regardless of location

For a wide variety of needs
• Companion care
• Recovery care – post-surgery, etc.
• Light housekeeping, meal preparation, personal care
1:1 tutoring support

To support your busy family and increase care & education supports available, we offer tutoring via back-up care

Families with children ages 5-18 are matched with a tutor that meets their needs (e.g. specialists in math or reading)

Tutoring for learners 18+ in undergraduate and graduate school subjects

High-quality, expert tutors

Easy-to-access virtual option available on their schedule
Virtual camps
Fill their day with activities for learning and fun so you can get work done

• Easy booking, all in one place
• Reserve through your subsidized back-up care benefit
• Exchange one back-up care use for one full day of virtual camps
• Sessions for children ages 3-12
• Wide range of activities to choose from; able to come and go throughout the day
• Available weekdays from 9 a.m.-6 p.m. ET (excluding major holidays)
Return-to-Work support


• Your back-up care program includes additional uses of care during your child’s first year
• Helps you get back into a routine
• Gives you time to secure a nanny or sitter or find the perfect center
• Try out a center before you enroll
Your back-up care benefits:

**Back-Up Care & Return to Work:**
- 10 days of back-up care per employee per calendar year
- 10 “return to work” days in the new baby’s first year per employee

**Your Copay Per Use:**
- Centers / Camps: $15/child or $25 /family
- In-Home: $6/hour (up to 3 care recipients, 4-hour min)
- Tutoring: $0/session for 4 hours of virtual tutoring, use within 90 days
- Virtual Camps: No Copay

**Reserve back-up care:**
- Up to 90 days in advance

**Cancellations:**
- Must be received two (2) business days prior to a reservation to avoid a copay or use

Visit: clients.brighthorizons.com/Adelphi
877-242-2737
Mobile App: Search for “Back-Up Care”
Bright Horizons curated marketplace

Discounts and offerings for quality care, education, and enrichments

Center-based Care
- Preferred enrollment and registration fee credit at Bright Horizons centers
- Discounts to network partner centers

Nanny Placement
- Discounted nanny placement through Jovie

Caregiver Search Tool
- Source your own sitter, nanny, pet care, and more through Sittercity with your free premium membership

Before/After School Care and Camps
- Discounted elementary school programs through Right at School
- Break and Summer camps through Steve & Kate’s at discounted rates

Academic Support
- Discounted homework help, tutoring, and test prep through top providers

Learning Enrichments
- Discounted coding enrichments through Code Ninjas
- Discounted Pre-K Learning app, MarcoPolo

Elder Care Supports
- Resources for elder care support
- Online specialty care search tool
- Online care assessment
Parental tools and resources

**Parental Leave Toolkit**
Digital coaching solution designed to help expectant parents and their managers successfully plan handover, leave, and return. Tools for organization, create personalized plans, coaching tools, resources and more.

**NAPS**
For families in planning through early parenting stages. App guides families through pregnancy and early parenting. Personalized support for RNs, support groups, in-home care and virtual programming. 20% discounts on all services.

**BabySparks**
For parents of children ages 0-3. App offers activities and milestones delivered in a personalized program for each child’s specific needs. Includes live group classes, on-demand classes and private coaching. 60% discount on premium subscription.

**Screen Sanity**
For parents of children of all ages. Resources for practical ways for parents to connect with children about digital health. Includes access to webinars and tools to help parents such as family screen plans.
College Coach

Get Admissions & Finance Strategies
- Expert guidance on choosing the right school for your college-bound student and tips on paying tuition

Stress Less and Save Time
- Access tools and resources in our 24/7 Learning Center to support your student’s success

Rely on College Experts
- All former college admissions and financial aid officers, our coaches offer the strategies and guidance families need to navigate every step of the education journey

Tools and Resources
- Webinars and online learning center
How College Coach can help
Planning and preparing for college applications

**Freshman Year**
Make curriculum and extracurricular choices, activities, and much more -- students who work with College Coach from the start are more prepared

**Sophomore Year**
Focus on achievements and items that will shape admissions; continue application planning process, start researching colleges, start talking about college finance

**Junior Year**
Build a customized college list, navigate college finances, work on self-assessment activities, essay writing, curriculum planning, and more

**Senior Year**
Final push on deadline-driven strategic plan, standardized tests, activity resumes, essays, scholarships, interview prep, and more

**Decisions**
Waitlists, enrollment, comparing offers, payment strategies, negotiating/appealing financial aid
Bright Horizons Elder Care

• **Online platform** to plan and coordinate your loved one’s care with your care team

• Dedicated and experienced **Care Coach**

• **Specialized referrals** to local care providers

• **In-home assessments** to determine your loved one’s needs

• **Free initial consultations** for legal and financial assistance and discounted services

• Access to **Bright Horizons Back-Up Care™**
We are here to help support you!

Visit:  clients.brighthorizons.com/Adelphi

Call:
- Back-Up Care:  877.242.2737
- College Coach:  888.527.3550
- Elder Care:  833.243.5337

“Back-Up Care” Mobile App
If prompted for registration:
Employer Username: Adelphi
Employer Password: Benefits4You
Thank You!