

# All About Your Bright Horizons Benefits

Solutions for family care,  
education, and enrichments



# Flexible family care and learning supports



Covering caregiving gaps

Providing academic supports

Camp solutions when care is out

Finding quality child care options

Caring for aging parents

Sourcing a pet sitter or housekeeper

# Bright Horizons Back-Up Care

Subsidized program to help with care gaps

Use examples:

- School is closed or on break
- Your child's nanny is on vacation
- Your caregiver cancels or quits
- Your stay-at-home spouse/partner has an appointment
- Your child is mildly ill
- Your adult/elder loved one has surgery, or you need respite care
- You have surgery and need care through recovery



# Quality back-up care

## Nationwide Network

Centers, school-age camps, in-home care

## Vetted Providers

- Licensed and accredited centers
- School-age camps created for working families
- Employed, vetted, insured, and trained in-home caregivers

## For Sudden or Planned Needs

Reserve up care up to 90 days in advance, register and reserve care online, via phone, or mobile app





## In-home back-up care for adults and elders

### Quality you can trust

- Fully vetted
- Nationwide network

### Care for family members

- Spouses/partners
- Adult children
- Parents, grandparents, and in-laws
- Regardless of location

### For a wide variety of needs

- Companion care
- Recovery care – post-surgery, etc.
- Light housekeeping, meal preparation, personal care

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## 1:1 tutoring support

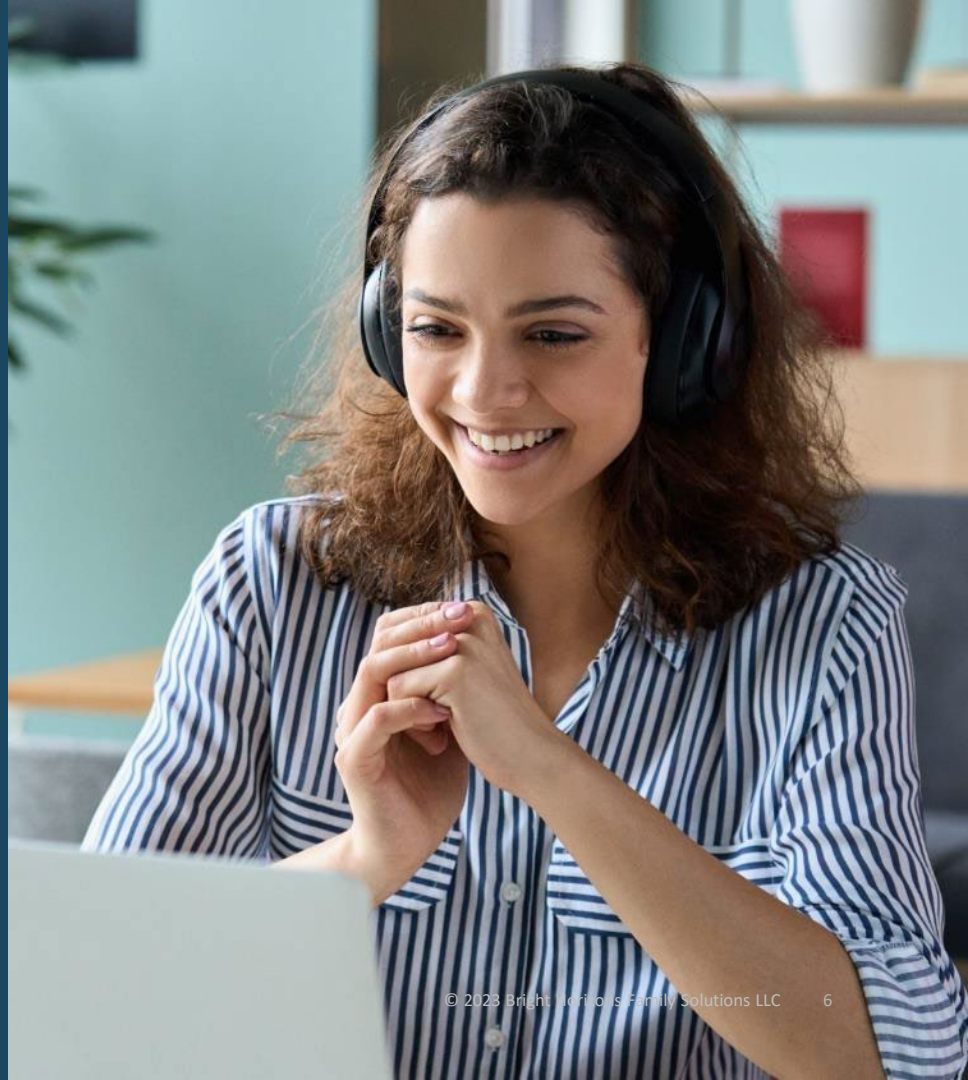
To support your busy family and increase care & education supports available, we offer tutoring via back-up care

Families with children ages 5-18 are matched with a tutor that meets their needs (e.g. specialists in math or reading)

Tutoring for learners 18+ in undergraduate and graduate school subjects

High-quality, expert tutors

Easy-to-access virtual option available on their schedule



# Virtual camps

Fill their day with activities for learning and fun so you can get work done

- Easy booking, all in one place
- Reserve through your subsidized back-up care benefit
- Exchange one back-up care use for one full day of virtual camps
- Sessions for children ages 3-12
- Wide range of activities to choose from; able to come and go throughout the day
- Available weekdays from 9 a.m.-6 p.m. ET (excluding major holidays)

**S&K BOOK CLUB**  
Leah Duff 8:00AM-8:50AM  
Join us to discuss some of your favorite books! Ages 3-12.

**KARAOKE**  
Leah Duff 9:00AM-9:50AM  
Join Seve & Kate's in where campers can sing along to popular recorded songs! Ages 3-12.

**PUZZLES, RIDDLES, & MORE!**  
Charmelle Bailey 9:00AM-9:50AM  
Get you thinking caps on for this tricky session! Ages 3-12.

**GAMES 'N THINGS**  
Leah Duff 10:00AM-10:50AM  
Nobody at home available to play? Join us for a game. Ages 3-12.

**KARATE**  
Charmelle Bailey 10:00AM-10:50AM  
Join Seve & Kate's camp in learning a beginner-level Karate class to help kids with movement, discipline, and body control! Ages 3-12.

**PAINTING**  
Charmelle Bailey 11:00AM-11:50AM  
Do you love to paint? So do we!! For this session all devices should be put on a surface that is HIGHER than the area where you're going to paint (for example on top of a box). This is to prevent any spills from damaging your family's electronic devices! Ages 3-12.

**STORYTELLING SHOWCASE**  
Michele Donaldson 11:00AM-11:50AM  
Ever wanted to write your own story? Show up to create, read, and listen to stories! Ages 3-12.

**ACTING GAMES**  
Celia Mancoski 12:00PM-12:50PM  
Join us for lots of fun and laughs! Ages 3-12.

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# Return-to-Work support

Back-to-Work challenges. Solved.

- Your back-up care program includes additional uses of care during your child's first year
- Helps you get back into a routine
- Gives you time to secure a nanny or sitter or find the perfect center
- Try out a center before you enroll





# Your back-up care benefits:

## Back-Up Care & Return to Work:

- ✓ 10 days of back-up care per employee per calendar year
- ✓ 10 “return to work” days in the new baby’s first year per employee

## Your Copay Per Use:

- ✓ Centers / Camps: \$15/child or \$25 /family
- ✓ In-Home: \$6/hour (up to 3 care recipients, 4-hour min)
- ✓ Tutoring: \$0/session for 4 hours of virtual tutoring, use within 90 days
- ✓ Virtual Camps: No Copay

## Reserve back-up care:

- ✓ Up to 90 days in advance

## Cancellations:

- ✓ Must be received two (2) business days prior to a reservation to avoid a copay or use

# Bright Horizons curated marketplace

Discounts and offerings for quality care, education, and enrichments



## Center-based Care

- Preferred enrollment and registration fee credit at Bright Horizons centers
- Discounts to network partner centers



## Nanny Placement

- Discounted nanny placement through Jovie



## Caregiver Search Tool

- Source your own sitter, nanny, pet care, and more through Sittercity with your free premium membership



## Before/After School Care and Camps

- Discounted elementary school programs through Right at School
- Break and Summer camps through Steve & Kate's at discounted rates



## Academic Support

- Discounted homework help, tutoring, and test prep through top providers



## Learning Enrichments

- Discounted coding enrichments through Code Ninjas
- Discounted Pre-K Learning app, MarcoPolo



## Elder Care Supports

- Resources for elder care support
- Online specialty care search tool
- Online care assessment

# Parental tools and resources

## Parental Leave Toolkit

Digital coaching solution designed to help expectant parents and their managers successfully plan handover, leave, and return. Tools for organization, create personalized plans, coaching tools, resources and more.

## NAPS

For families in planning through early parenting stages. App guides families through pregnancy and early parenting. Personalized support for RNs, support groups, in-home care and virtual programming. 20 % discounts on all services.

## BabySparks

For parents of children ages 0-3. App offers activities and milestones delivered in a personalized program for each child's specific needs. Includes live group classes, on-demand classes and private coaching. 60% discount on premium subscription.

## Screen Sanity

For parents of children of all ages. Resources for practical ways for parents to connect with children about digital health. Includes access to webinars and tools to help parents such as family screen plans.

**PARENTAL LEAVE** TOOLKIT

**naps**  
Newborn & Parenting Support

**BabySparks**  
A development expert in your pocket

**SCREEN SANITY**  
PARENTAL TOOLKIT

# College Coach

## Get Admissions & Finance Strategies

- Expert guidance on choosing the right school for your college-bound student and tips on paying tuition

## Stress Less and Save Time

- Access tools and resources in our 24/7 Learning Center to support your student's success

## Rely on College Experts

- All former college admissions and financial aid officers, our coaches offer the strategies and guidance families need to navigate every step of the education journey

## Tools and Resources

- Webinars and online learning center



# How College Coach can help

## Planning and preparing for college applications

### Freshman Year

Make curriculum and extracurricular choices, activities, and much more -- students who work with College Coach from the start are more prepared

### Junior Year

Build a customized college list, navigate college finances, work on self-assessment activities, essay writing, curriculum planning, and more

### Sophomore Year

Focus on achievements and items that will shape admissions; continue application planning process, start researching colleges, start talking about college finance

### Senior Year

Final push on deadline-driven strategic plan, standardized tests, activity resumes, essays, scholarships, interview prep, and more

## Decisions

Waitlists, enrollment, comparing offers, payment strategies, negotiating/appealing financial aid

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## Bright Horizons Elder Care

- **Online platform** to plan and coordinate your loved one's care with your care team
- Dedicated and experienced **Care Coach**
- **Specialized referrals** to local care providers
- **In-home assessments** to determine your loved one's needs
- **Free initial consultations** for legal and financial assistance and discounted services
- Access to **Bright Horizons Back-Up Care™**





# We are here to help support you!

**Visit:** [clients.brighthouse.com/Adelphi](https://clients.brighthouse.com/Adelphi)

**Call:**

Back-Up Care:	877.242.2737
College Coach:	888.527.3550
Elder Care:	833.243.5337

## “Back-Up Care” Mobile App

If prompted for registration:  
Employer Username: Adelphi  
Employer Password: Benefits4You

**Thank You!**