# PACKING LIST & DRESS REQUIREMENTS

## Pre-College Program, Summer 2024

### BEDDING
- __ Set of Standard Twin XL Bed Sheets
- __ Bedspread/Comforter
- __ Mattress Pad (Optional)
- __ Pillows/Pillowcase
- __ Throw Blanket (Optional)

### LAUNDRY
- __ Laundry Basket/Bag
- __ Laundry Detergent
- __ Fabric Softener
- __ Stain Remover (Optional)
- __ Lint Brush (Optional)

### CLOTHING
- __ T-Shirts
- __ Long Sleeve T-Shirts
- __ Pants (Jeans, Leggings, etc.)
- __ Shorts/Skirts
- __ Sweatshirts
- __ Sweatpants
- __ Rain Coat
- __ Bathing Suit (Optional)
- __ Workout Clothing
- __ Pajamas
- __ Slippers (Optional)
- __ Flip Flops
- __ Sneakers
- __ Flat Shoes (Optional)
- __ Sandals (Optional)

*All students are strongly encouraged to bring at least one (1) **business casual outfit** (i.e. dress shirt/blouse, collared shirt/button-down shirt, slacks/khakis/trousers, long skirts, dresses, tie, dress shoes, loafers, etc.)

**All students are highly encouraged to bring one (1) **semi-formal outfit** for the Pre-College “Prom” that takes place on the final Friday of the program (i.e. a dress, a skirt and blouse, slacks and a button down shirt, etc.)

***All students in **Introduction to Nursing, Pre-Med: Microbiology, Nutrition, and Human Disease, and Quantum Engineering** must be covered “neck to ankles” (i.e. long sleeved shirts and long pants) and must wear closed toed shoes for their learning labs. Flip flops, sandals, and/or slides are not permitted in the labs.

****All **Introduction to Nursing** students must have one pair of black scrub pants for CESiL lab days and clinical site visits
## PACKING LIST (CONTINUED)
### Pre-College Program, Summer 2024

### TOILETRIES/BATHROOM ITEMS
- __Body Wash/Soap__  
- __Shampoo/Conditioner__  
- __Face Wash__  
- __Deodorant/Antiperspirant__  
- __Bath Towels__  
- __Wash Cloths/Loofahs__  
- __Toothbrush/Toothpaste/Floss__  
- __Lotion (Optional)__  
- __Hair Products (Optional)__  
- __Hair Styling Tools (Optional)__  
- __Contacts and Lens Solution__  
- __Eyeglasses and Case__  
- __Sunglasses and Case__  
- __Sunscreen__

### TECHNOLOGY
- __Cell Phone and Charger__  
- __Laptop and Charger__  
- __iPad/Tablet and Charger (Optional)__  
- __Headphones/Airpods__  
- __Alarm Clock (Optional)__  
- __Refillable Water Bottle__  
- __Granola Bars (Optional)__  
- __Cereal/Instant Oatmeal (Optional)__  
- __Non-perishable Snacks__  
- __Microwaveable Meals (Optional)__

### MEDICAL/FIRST AID
- __Necessary Medications/Prescriptions__  
- __Aloe Lotion__  
- __Band-Aids__  
- __First Aid Kit (Optional)__  
- __Hot and Cold Packs (Optional)__  
- __Antibacterial Hand Sanitizer__  
- __Tylenol/Advil__  
- __Feminine Products__

### ROOM ITEMS/MISCELLANEOUS
- __Clothes Hangers__  
- __Umbrella__  
- __Backpack__  
- __Gym Bag (Optional)__  
- __Money (Suggested Amount $100)__  
- __Trash Can__