PACKING LIST & DRESS REQUIREMENTS
Pre-College Program, Summer 2023

BEDDING
___ Set of Standard Twin XL Bed Sheets
___ Bedspread/Comforter
___ Mattress Pad (Optional)
___ Pillows/Pillowcase
___ Throw Blanket (Optional)

LAUNDRY
___ Laundry Basket/Bag
___ Laundry Detergent
___ Fabric Softener
___ Stain Remover (Optional)
___ Lint Brush (Optional)

CLOTHING
___ T-Shirts
___ Long Sleeve T-Shirts
___ Pants (Jeans, Leggings, etc.)
___ Shorts/Skirts
___ Sweatshirts
___ Sweatpants
___ Rain Coat
___ Workout Clothing
___ Pajamas
___ Slippers (Optional)
___ Flip Flops
___ Sneakers
___ Flat Shoes (Optional)
___ Sandals (Optional)

*NOTE: All students are strongly encouraged to bring at least one (1) business casual outfit (dress shirt/blouse, collared shirt/button-down shirt, slacks/khakis/trousers, long skirts, dresses, tie, dress shoes, loafers, etc.).

Introduction to Nursing: All students in the Introduction to Nursing course MUST have appropriate hospital attire, including white scrubs (available at Walmart) or white pants (NOT jeans), white sneakers and the program shirt which you will receive upon arrival.

Science, Medicine, and Society: All students must be covered “neck to ankles” for their learning labs (i.e. long sleeved shirts and long pants) and must wear closed toed shoes. Flips flops, sandals, and/or slides are not permitted in the lab.
PACKING LIST CONTINUED
Pre-College Program, Summer 2023

TOILETRIES/BATHROOM ITEMS
___ Body Wash/Soap
___ Shampoo/Conditioner
___ Face Wash
___ Deodorant/Antiperspirant
___ Bath Towels
___ Wash Cloths/Loofahs
___ Toothbrush/Toothpaste/Floss
___ Lotion (Optional)
___ Hair Products (Optional)
___ Hair Styling Tools (Optional)
___ Contacts and Lens Solution
___ Eyeglasses and Case
___ Sunglasses and Case
___ Sunscreen

TECHNOLOGY
___ Cell Phone and Charger
___ Laptop and Charger
___ iPad/Tablet and Charger (Optional)
___ Headphones/AirPods
___ Alarm Clock (Optional)
___ Sunglasses and Case
___ Refillable Water Bottle
___ Granola Bars (Optional)
___ Cereal/Instant Oatmeal (Optional)
___ Snacks
___ Microwaveable Meals (Optional)

MEDICAL/FIRST AID
___ Necessary Medications/Prescriptions
___ Aloe Lotion
___ Band-Aids
___ First Aid Kit (Optional)
___ Hot and Cold Packs (Optional)
___ Antibacterial Hand Sanitizer
___ Tylenol/Advil
___ Feminine Products

ROOM ITEMS/MISCELLANEOUS
___ Clothes Hangers
___ Umbrella
___ Backpack
___ Gym Bag (Optional)
___ Money (Suggested Amount: $100)