PACKING LIST & DRESS REQUIREMENTS
Pre-College Program, Summer 2022

**BEDDING**
- ___ Set of Standard Twin XL Bed Sheets
- ___ Bedspread/Comforter
- ___ Mattress Pad (Optional)
- ___ Pillows/Pillowcase
- ___ Throw Blanket (Optional)

**LAUNDRY**
- ___ Laundry Basket/Bag
- ___ Laundry Detergent
- ___ Fabric Softener
- ___ Stain Remover (Optional)
- ___ Lint Brush (Optional)

**CLOTHING**
- ___ T-Shirts
- ___ Long Sleeve T-Shirts
- ___ Pants (Jeans, Leggings, etc.)
- ___ Shorts/Skirts
- ___ Sweatshirts
- ___ Sweatpants
- ___ Rain Coat
- ___ Workout Clothing
- ___ Pajamas
- ___ Slippers (Optional)
- ___ Flip Flops
- ___ Sneakers
- ___ Flat Shoes (Optional)
- ___ Sandals (Optional)

*NOTE: All students are strongly encouraged to bring at least one (1) business casual outfit (dress shirt/blouse, collared shirt/button-down shirt, slacks/khakis/trousers, long skirts, dresses, tie, dress shoes, loafers, etc.).*

**Introduction to Nursing:** All students in the Introduction to Nursing course MUST have appropriate hospital attire, including white scrubs (available at Walmart) or white pants (NOT jeans), white sneakers and the program shirt which you will receive upon arrival.

**Science, Medicine, and Health:** All students must be covered “neck to ankles” for their learning labs (i.e. long sleeved shirts and long pants) and must wear closed toed shoes. Flips flops, sandals, and/or slides are not permitted in the lab.

*FACE MASKS MAY BE REQUIRED DUE TO THE COVID-19 PANDEMIC. PLEASE PACK*
# PACKING LIST CONTINUED

**Pre-College Program, Summer 2022**

## TOILETRIES/BATHROOM ITEMS
- ___ Body Wash/Soap
- ___ Shampoo/Conditioner
- ___ Face Wash
- ___ Deodorant/Antiperspirant
- ___ Bath Towels
- ___ Wash Cloths/Loofahs
- ___ Toothbrush/Toothpaste/Floss
- ___ Lotion (Optional)
- ___ Hair Products (Optional)
- ___ Hair Styling Tools (Optional)
- ___ Contacts and Lens Solution
- ___ Eyeglasses and Case
- ___ Sunglasses and Case
- ___ Sunscreen

## TECHNOLOGY
- ___ Cell Phone and Charger
- ___ Laptop and Charger
- ___ iPad/Tablet and Charger (Optional)
- ___ Headphones/AirPods
- ___ Alarm Clock (Optional)

## FOOD
- ___ Refillable Water Bottle
- ___ Granola Bars (Optional)
- ___ Cereal/Instant Oatmeal (Optional)
- ___ Snacks
- ___ Microwaveable Meals (Optional)

## MEDICAL/FIRST AID
- ___ Necessary Medications/Prescriptions
- ___ Aloe Lotion
- ___ Band-Aids
- ___ First Aid Kit (Optional)
- ___ Hot and Cold Packs (Optional)
- ___ Antibacterial Hand Sanitizer
- ___ Tylenol/Advil
- ___ Feminine Products

## ROOM ITEMS/MISCELLANEOUS
- ___ Clothes Hangers
- ___ Umbrella
- ___ Backpack
- ___ Gym Bag (Optional)
- ___ Money (Suggested Amount: $100)