## PACKING LIST & DRESS REQUIREMENTS

### Pre-College Program, Summer 2022

<table>
<thead>
<tr>
<th>BEDDING</th>
<th>LAUNDRY</th>
</tr>
</thead>
<tbody>
<tr>
<td>___ Set of Standard Twin Bed Sheets</td>
<td>___ Laundry Basket/Bag</td>
</tr>
<tr>
<td>___ Bedspread/Comforter</td>
<td>___ Laundry Detergent</td>
</tr>
<tr>
<td>___ Mattress Pad (Optional)</td>
<td>___ Fabric Softener</td>
</tr>
<tr>
<td>___ Pillows/Pillowcase</td>
<td>___ Stain Remover (Optional)</td>
</tr>
<tr>
<td>___ Throw Blanket (Optional)</td>
<td>___ Lint Brush (Optional)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CLOTHING</th>
<th>TOILETRIES/BATHROOM ITEMS</th>
</tr>
</thead>
<tbody>
<tr>
<td>___ T-Shirts</td>
<td>___ Workout Clothing</td>
</tr>
<tr>
<td>___ Long Sleeve T-Shirts</td>
<td>___ Pajamas</td>
</tr>
<tr>
<td>___ Pants (Jeans, Leggings, etc.)</td>
<td>___ Slippers (Optional)</td>
</tr>
<tr>
<td>___ Shorts/Skirts</td>
<td>___ Flip Flops</td>
</tr>
<tr>
<td>___ Sweatshirts</td>
<td>___ Sneakers</td>
</tr>
<tr>
<td>___ Sweatpants</td>
<td>___ Flat Shoes (Optional)</td>
</tr>
<tr>
<td>___ Rain Coat</td>
<td>___ Sandals (Optional)</td>
</tr>
</tbody>
</table>

*NOTE: All students are strongly encouraged to bring at least one (1) business casual outfit (dress shirt/blouse, collared shirt/button-down shirt, slacks/khakis/trousers, long skirts, dresses, tie, dress shoes, loafers, etc.).

**Introduction to Nursing:** All students in the Introduction to Nursing course MUST have appropriate hospital attire, including white scrubs (available at Walmart) or white pants (NOT jeans), white sneakers and the program shirt which you will receive upon arrival.
## MEDICAL/FIRST AID
- ___ Necessary Medications/Prescriptions
- ___ Aloe Lotion
- ___ Band-Aids
- ___ First Aid Kit (Optional)

## TOILETRIES/BATHROOM ITEMS
- ___ Body Wash/Soap
- ___ Shampoo/Conditioner
- ___ Face Wash
- ___ Deodorant/Antiperspirant
- ___ Bath and Pool Towels
- ___ Wash Cloths/Loofahs
- ___ Toothbrush/Toothpaste/Floss
- ___ Lotion (Optional)
- ___ Hair Products (Optional)
- ___ Hair Styling Tools (Optional)
- ___ Contacts and Lens Solution
- ___ Eyeglasses and Case
- ___ Sunglasses and Case
- ___ Sunscreen

## TECHNOLOGY
- ___ Cell Phone and Charger
- ___ Laptop and Charger
- ___ iPad/Tablet and Charger (Optional)
- ___ Camera
- ___ Alarm Clock (Optional)

## FOOD
- ___ Refillable Water Bottle
- ___ Granola Bars (Optional)
- ___ Cereal/Instant Oatmeal (Optional)
- ___ Snacks
- ___ Microwaveable Meals (Optional)

## ROOM ITEMS/MISCELLANEOUS
- ___ Clothes Hangers
- ___ Umbrella
- ___ Backpack
- ___ Gym Bag (Optional)
- ___ Money (Suggested Amount: $100)