

# CURRICULUM VITAE

May 1, 2025

NAME <b>John Christopher Muran, Ph.D.</b>	POSITION TITLE Dean & Professor, Gordon F. Derner School, Adelphi University Director (PI), Psychotherapy Research Program, Mount Sinai Beth Israel
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## EDUCATION & TRAINING

INSTITUTION AND LOCATION	DEGREE	YEAR	FIELD OF STUDY
New York University/Postdoctoral Program, NY, NY	Certificate	1998	Psychotherapy & Psychoanalysis
Clarke Institute/University of Toronto, Toronto, ON	Fellowship	1990	Cognitive Therapy
Hofstra University, Hempstead, NY	Ph.D.	1989	Professional-Scientific Psychology
Hamilton College, Clinton, NY	B.A.	1984	Psychology & English

## A. Summary

Dr. Muran is Dean and Professor at the Gordon F. Derner School of Psychology, Adelphi University, where he served as training director for the doctoral program in clinical psychology (2009-2021). He completed postdoctoral training in cognitive therapy (University of Toronto) and psychoanalysis (New York University). He is a fellow of the American Psychological Association (Divisions 12 and 29) and on its Advisory Steering Committee for the Development of Clinical Practice Guidelines. He is past president of the international Society for Psychotherapy Research, past editor of its journal *Psychotherapy Research*, and recipient of its Distinguished Career Award. He is also recipient of the Alfred M. Wellner Lifetime Achievement Award for Research Excellence from the National Register and the Distinguished Psychologist Award for Lifetime Contributions to Psychology and Psychotherapy from APA Division 29. He currently serves on the editorial boards for the *Journal of Consulting & Clinical Psychology* and *Clinical Psychology: Science & Practice*. Since 1990, Dr. Muran has been Principal Investigator of the Psychotherapy Research Program at Beth Israel Medical Center (now Mount Sinai Behavioral Health), which has been funded by grant awards from the National Institute of Mental Health. He was Chief Psychologist at Beth Israel for 15 years (1994-2009) and is on faculty at Icahn School of Medicine at Mount Sinai. He was also appointed to the faculty of New York University Postdoctoral Program in 2021 and held the Horst Kächele Chair (visiting professorship) at International Psychoanalytic University/Berlin in 2022. Dr. Muran has published over 180 papers and 10 books, including *Therapist performance under pressure: Negotiating emotion, difference & rupture* (2020; with Catherine Eubanks), *Practice-oriented research* (2016; with Louis Castonguay), *The therapeutic alliance: An evidence-based guide to practice* (2010; with Jacques Barber), *Dialogues on difference: Diversity studies of the therapeutic relationship* (2007), *Self-relations in the psychotherapy process* (2001), and *Negotiating the therapeutic alliance: A relational treatment guide* (2000; with Jeremy Safran). He has also co-produced three video demonstrations on alliance rupture repair. In addition, he has a new book *Alliance-focused training: An evidence-based guide to negotiating rupture* with a companion video forthcoming from APA (2025).

## B. Positions & Honors

### Employment

2023-Present	Dean, Gordon F. Derner School of Psychology, Adelphi University
2009-2023	Associate Dean, Gordon F. Derner School of Psychology, Adelphi University
2009-2021	Director, Clinical Psychology Ph.D. Program (DCT), Gordon F. Derner School of Psychology, Adelphi University
1994-2009	Chief Psychologist, Department of Psychiatry & Behavioral Sciences, Beth Israel Medical Center (BIMC)
1990-Present	Director (Principal Investigator), Psychotherapy Research Program, Mount Sinai Behavioral Health (originally BIMC)

### Academic Appointments

2022 (Fall)	Horst Kächele Chair (Guest Professorship), International Psychoanalytic University, Berlin, Germany
2021-Present	Adjunct Faculty, Postdoctoral Program in Psychotherapy & Psychoanalysis, New York University
2019-Present	Affiliate, Center for Alcohol and Substance Abuse Studies, Rutgers University
2016-Present	Adjunct Faculty, Department of Psychiatry, Mount Sinai School of Medicine
2009-Present	Full Professor, Gordon F. Derner School of Psychology, Adelphi University
1998-2009	Associate Professor of Psychiatry, Albert Einstein College of Medicine
1995-2009	Clinical Associate, Department of Psychiatry, New School for Social Research
1994-1998	Assistant Professor of Psychiatry, Albert Einstein College of Medicine
1993-1994	Assistant Professor of Psychiatry, Mount Sinai School of Medicine

### Editorial Appointments

2022-Present	Senior Editorial Consultant, <i>Cogent Mental Health</i>
2010-2015	Editor, <i>Psychotherapy Research</i> ; Associate Editor (2001-2004); Advisory Editor (1997-2000, 2005-2009)
2018-Present	Editorial Board, <i>Clinical Psychology: Science &amp; Practice</i>
2008-Present	Editorial Board, <i>Journal of Consulting &amp; Clinical Psychology</i>
2004-2012	Editorial Board, <i>Psychotherapy</i>
2000-2003	Editorial Board, <i>Journal of Cognitive Psychotherapy</i>

### National/International Elections & Appointments

2018-2026	Member, APA Advisory Steering Committee for the Development of Clinical Practice Guidelines
2019-2020	Co-Chair, APA Workgroup to Develop a Clinical Practice Guideline on Emotion Regulation
2014-2018	President (General Vice President to Past President), Society for Psychotherapy Research
2004-2008	President (President-Elect to Past President), North American Society for Psychotherapy Research

## **Awards & Recognitions**

2024	Distinguished Psychologist Award for Lifetime Contributions to Psychology and Psychotherapy, American Psychological Association (APA), Society for the Advancement of Psychotherapy (Division 29)
2021	Senior Distinguished Career Award, Society for Psychotherapy Research (SPR)
2021	Alfred M. Wellner Lifetime Achievement Award for Research Excellence, National Register of Health Services Psychologists
2018	Most Valuable Paper on Innovations in Psychotherapy (see * article below) by <i>Journal of Contemporary Psychotherapy</i>
2007, 2008	Fellow, American Psychological Association (Division 12 Clinical Psychology, Division 29 Psychotherapy)
1999, 2001, 2011	Joan Sadow Award for Teaching Excellence, Beth Israel Medical Center
1997	Early Career Achievement Award, Society for Psychotherapy Research

## **Other Appointments**

2016	Program Chair, SPR Annual Meeting, Jerusalem, Israel.
2010	Program Chair, APA Division 12 APA Annual Meeting, San Diego, CA
2007-2010	Member, Multicultural Scholarship Committee, NYU Postdoctoral Program
2004	Program Chair, North American SPR Meeting, Zion, UT
2003	Program Chair, SEPI Annual Meeting, New York, NY
2002	Member, Core Planning Committee, APA Division 39 Spring Meeting, New York, NY
1998-2001	Member, Research Committee, NYU Postdoctoral Program
1992-2009	Alternate, Committee on Scientific Activities (IRB), Beth Israel Medical Center

## **Memberships**

2000-Present	Member, Society for the Exploration of Psychotherapy Integration (SEPI)
1990-Present	Member, Society for Psychotherapy Research (SPR)
1989-Present	Member, Association for Behavioral & Cognitive Therapies (ABCT)
1989-Present	Member, American Psychological Association (APA: Divisions 12, 29, & 39)

## **Licensure & Certification**

1998-Present	National Register of Health Service Providers, Number 44704
1990-Present	Psychologist, New York State, Number 010612

## **C. Publications (in chronological order, total N = 11 books, 183 papers)**

### **Book Projects (n = 11)**

- Muran, J.C., Eubanks, C.F., Samstag, L.W., & Macdonald, J. (2026). *Alliance-focused training: An evidence-based guide to negotiating rupture in therapy*. APA Books.
- Eubanks, C.F., Samstag, L.W., & Muran, J.C., Eds. (2023). *Rupture and repair in psychotherapy: A critical process for change*. APA Books.
- Muran, J.C. & Eubanks, C.F. (2020). *Therapist performance under pressure: Negotiating emotion, difference and rupture*. APA Books. (Italian translation by Raffaello Cortina, Rome, Italy, 2021).
- Castonguay, L.G. & Muran, J.C., Eds. (2016). *Practice-oriented research in psychotherapy: Building partnerships between clinicians and researchers* (Special issue reprint from *Psychotherapy Research*). Routledge.
- Wolf, A.W., Goldfried, M.R. & Muran, J.C., eds. (2013). *Transforming negative reactions to clients: From frustration to compassion*. APA Books.
- Castonguay, L.G., Muran, J.C. et al., Eds. (2010). *Bringing psychotherapy research to life: Understanding change through the work of leading clinical researchers*. APA Books.
- Muran, J.C., & Barber, J.P., Eds. (2010). *The therapeutic alliance: An evidence-based guide to practice*. Guilford Press. (Italian translation by Sovera, Rome, Italy, 2012).
- Muran, J.C., Ed. (2007). *Dialogues on difference: Diversity studies of the therapeutic relationship*. APA Books.
- Muran, J.C., Ed. (2001). *Self-relations in the psychotherapy process*. APA Books.
- Safran, J.D., & Muran, J.C. (2000). *Negotiating the therapeutic alliance: A relational treatment guide*. Guilford Press. (Paperback version, 2003; Italian translation by Editori Laterza, Rome, Italy, 2003; Spanish translation by Editorial Desclée, Bilbao, Spain, 2005).
- Safran, J.D., & Muran, J.C., Eds. (1998). *The therapeutic alliance in brief psychotherapy*. APA Books. (Italian translation by ASPIC Edizioni Scientifiche, Rome, Italy, 2001).

### **Refereed Articles (n = 109)**

- Rabinowitz, Y.L., Yim, B., & Muran, J.C. (in press). Termination of psychotherapy: A systematic review. *Cogent Mental Health*.
- Rabinowitz, Y.L., Lipner, L.M., Polland, D., Podell, S. & Muran, J.C. (in press). Therapy endings or new beginnings: Understanding the patient experience of termination in a time-limited relational therapy. *Counselling Psychology Quarterly*.
- Levitt, H.L... Muran, J.C. et al. (2024). Broadening the evidentiary basis for clinical practice guidelines: Recommendations from qualitative psychotherapy researchers. *American Psychologist*.
- Cirasola, A., Midgely, N., Muran, J.C., Eubanks, C.F., Hunter, E.B. & Fonagy, P. (2024). Repairing alliance ruptures in psychodynamic psychotherapy with young people: The development of a rational-empirical model to support youth therapists. *Psychotherapy*.
- Zilcha-Mano, S. & Muran, J.C. (2024). Thinking transtheoretically about alliance and rupture: Implications for practice and training. *Clinical psychology in Europe*.
- Muran, A.C., Lipner, L.M., & Muran, J.C. (2023). Error and discord in helping alliances: How to negotiate patient-provider relations in medical encounters. *Journal of Psychiatry & Psychiatric Disorders*.
- Lipner, L.M., Liu, D., Cassell, S., Hunter, E., Eubanks, C.F. & Muran, J.C. (2022). V-episodes in the alliance: A single-case application of multiple methods to identify rupture repair. *Psychotherapy*.
- Muran, J.C., Eubanks, C.F., Lipner, L.M., & Bloch-Elkouby, S. (2022). Renegotiating tasks or goals as rupture repair: A task analysis in a cognitive-behavioral therapy for personality disorder. *Psychotherapy Research*.
- Muran, J.C., Lipner, L.M., Podell, S., & Reinel, M. (2022). Rupture repair as change process and therapist challenge. *Estudios de Psicología/Studies in Psychology*.

- Cirasola, A., Martin, P., Fonagy, P., Eubanks, C.F., & Muran, J.C., & Midgely, N. (2022). Alliance ruptures and resolutions in short-term psychoanalytic psychotherapy for adolescent depression: An empirical case-study. *Psychotherapy Research*.
- Lipner, L.M., Muran, J.C., Eubank, C.F., & Gorman, B.S., Winston, A. (2022). Operationalizing alliance rupture-repair events using control chart methods. *Clinical Psychology & Psychotherapy*.
- Muran, J.C. (2022). The alliance construct in psychotherapies: from evolution to revolution in theory and research. *World Psychiatry* 21, 308-309.
- Urmanche, A.A., Lipner, L.M., Bloch-Elkouby, S., Hunter, E., Kaufmann, J., Warren, J.T., Weil, G.T., Eubanks, C.F. & Muran, J.C. (2021). The beginning of the end: A comparison of treatment completers and early dropouts in time-limited Cognitive Behavioral Therapy. *Counselling Psychology Quarterly*.
- Lokai, A.D., Chen, M., Terry, K.G.M., Eubanks, C.F., & Muran, J.C. (2021). Transitioning to virtual space: Teletherapy in the time of Covid-19. *Psychotherapy Bulletin*, 56, 29-35.
- Muran, J.C., Eubanks, C.F., & Samstag, L.W. (2021). One more time with less jargon: An introduction to "Rupture Repair in Practice." *Journal of Clinical Psychology: In-Session*.
- Eubanks, C.F., Sergi, J., Samstag, L.W., & Muran, J.C. (2021). Rupture repair: A transtheoretical corrective experience. *Journal of Clinical Psychology: In-Session*.
- Eubanks, C.F., Warren, J.T. & Muran, J.C. (2021). Identifying ruptures and repairs in an alliance-focused training group supervision. *International Journal of Group Psychotherapy*.
- Urmanche, A.A., Mingos, M., Eubanks, C.F., Gorman, B.S., & Muran, J.C. (2021). Finding the balance: Alliance, group cohesion, and session impact in alliance-focused training. *Group Dynamics: Theory, Research, and Practice*.
- Urmanche, A.A., & Muran, J.C. (2020). Abstract minimal impressionism: Thoughts on evidence, intervention, and training. *Clinical Psychology: Science & Practice*, e12338.
- Flückiger, C., Rubel, J., Del Re, A.C., Horvath, A.O., Wampold, B.E., Crits-Christoph, P., ... Muran, J.C., ... Barber, J.P. (2020). The reciprocal relationship between alliance and early treatment symptoms: A two-stage individual participant data meta-analysis. *Journal of Consulting & Clinical Psychology*, 88, 829-843.
- Solomonov, N., Kuprian, N., Zilcha-Mano, S., Muran, J.C., & Barber, J.P. (2020). Comparing the interpersonal profiles of obsessive-compulsive personality disorder and avoidant personality disorder: Are there homogeneous profiles or interpersonal subtypes? *Personality Disorders: Theory, Research, & Treatment*, 11, 348-356.
- Zilcha-Mano, S., Eubanks, C.F., Bloch-Elkouby, S., & Muran, J.C. (2020). Can we agree we just had a rupture? Patient-therapist congruence on ruptures and its effects on outcome in brief relational therapy v cognitive-behavioral therapy. *Journal of Counseling Psychology*, 67, 315-325.
- Eubanks, C.F., Lubitz, J., Muran, J.C., & Safran, J.D. (2019). Rupture Resolution Rating System (3RS): Development and validation. *Psychotherapy Research*, 29, 306-319.
- Eubanks, C.F., Muran, J. C., Dreher, D., Sergi, J., Silberstein, E., & Wasserman, M. (2019). Trainees' experiences in Alliance-Focused Training: The risks and rewards of learning to negotiate ruptures. *Psychoanalytic Psychology*, 36, 122-131.
- Miller-Bottomo, M., Talia, A., Eubanks, C.F., Safran, J.D., & Muran, J. C. (2019). Secure in-session attachment predicts rupture resolution: Negotiating a secure base. *Psychoanalytic Psychology*, 36, 132-138.
- Moeseneder, L., Ribeiro, E., Muran, J.C., & Caspar, F. (2019). Impact of confrontations by therapists on impairment and utilization of the therapeutic alliance. *Psychotherapy research*, 29, 293-305.
- Muran, J.C. (2019). Confessions of a New York rupture researcher: An insider's guide and critique. *Psychotherapy Research*, 29, 1-14.
- Muran, J.C. (2019). Jeremy David Safran (1952-2018). *The American Psychologist*, 74, 257.
- Muran, J.C., Eubanks, C.F., & Samstag, L.W. (2019). The processes of Jeremy Safran. *Psychotherapy Research*, 29, 277-278.
- Reading, R.A., Safran, J.D., Origlieri, A., & Muran, J.C. (2019). Investigating therapist reflective functioning, therapeutic process, and outcome. *Psychoanalytic Psychology*, 36, 115-121.
- Samstag, L. W., & Muran, J. C. (2019). Ruptures, repairs, and reflections: contributions of Jeremy Safran. *Research in Psychotherapy: Psychopathology, Process & Outcome*, 22, 7-14.
- Urmanche, A.A., Oliveira, J.T., Gonçalves, M.M., Eubanks, C.F., & Muran, J.C. (2019). Ambivalence, resistance, and alliance ruptures in psychotherapy: It's complicated. *Psychoanalytic Psychology*, 36, 139-147.
- Zilcha-Mano, S., Eubanks, C.F., & Muran, J.C. (2019). Sudden gains in the alliance in cognitive behavioral therapy versus brief relational therapy. *Journal of Consulting & Clinical Psychology*, 87, 501-509.
- Bloch-Elkouby, S., Eubanks, C. F., Knopf, L., Gorman, B. S., & Muran, J. C. (2019). The difficult task of assessing and interpreting treatment deterioration: An evidence-based case study. *Frontiers in Psychology*, 10, 1180-1180.
- Miller-Bottomo, M., Talia, A., Safran, J., & Muran, J.C. (2018). Resolving alliance ruptures from an attachment-informed perspective. *Psychoanalytic Psychology*, 35, 175-183.
- Zilcha-Mano, S., Muran, J.C., Eubanks, C., Safran, J., & Winston, A. (2018). When therapist estimations of the process of treatment can predict patients rating on outcome: The case of the working alliance. *Journal of Consulting & Clinical Psychology*, 86, 398-402.
- Eubanks, C.F., Muran, J.C., & Safran, J.D. (2018). Rupture repair. *Psychotherapy*, 55, 508-519.
- \*Muran, J.C., Safran, J.D., Eubanks, C.F., & Gorman, B.S. (2018). The effect of an alliance-focused training on cognitive-behavioral therapy for personality disorders. *Journal of Consulting & Clinical Psychology*, 86, 384-397. (Awarded "Most Valuable Paper on Innovations in Psychotherapy" by *Journal of Contemporary Psychotherapy* based on a review of over 5000 articles published during 2018 in 60 journals.)
- Zilcha-Mano, S., Muran, J.C., Eubanks, C.F., Safran, J.D., & Winston, A. (2018). When can therapists' estimation of treatment process predict patients' ratings of outcome? The case of the working alliance. *Journal of Consulting & Clinical Psychology*, 86, 398-402.
- Bloch-Elkouby, S., Knopf, L., Gold, J., & Muran, J.C. (2017). Assimilative psychodynamic psychotherapy: A critical case study reconsideration. *Journal of Psychotherapy Integration*, 27, 254-264.
- Westerman, M.A., & Muran, J.C. (2017). Investigating an approach to the alliance based on interpersonal defense theory. *Psychotherapy Research*, 27, 620-641.
- Zilcha-Mano, S., Muran, J.C., Eubanks, C.F., Safran, J.D., & Winston, A. (2017). Not just a non-specific factor: Moderators of the effect of within- and between-clients alliance on outcome in CBT. *Cognitive Therapy and Research*, 37, 1-15.
- Doran, J.M., Safran, J.D., & Muran, J.C. (2017). An investigation of the relationship between the Alliance Negotiation Scale and psychotherapy process and outcome. *Journal of Clinical Psychology*, 73, 449-465.
- Doran, J., Safran, J.D., & Muran, J.C. (2016). The Alliance Negotiation Scale: A psychometric investigation. *Psychological Assessment*, 28, 885-897.

- Briggie, A.M., Hilsenroth, M.J., Conway, F., Muran, J.C., & Jackson, J.M. (2016). Patient comfort with audio or video recording of their psychotherapy sessions: Relation to symptomatology, treatment refusal, duration, and outcome. *Professional Psychology*, 47, 66-76.
- Yaseen, Z.S., Zhang, X., Muran, J.C., Winston, A., & Galyunker, I.I. (2016). Comparison of brain activity correlating with self-report versus narrative attachment measures during conscious appraisal of an attachment figure. *Frontiers in Human Neuroscience*, 10.
- Zilcha-Mano, S., Muran, J.C. et al. (2016). The relationship between alliance and outcome: Analysis of a two-person perspective on alliance and session outcome. *Journal of Consulting & Clinical Psychology*, 84, 484-496.
- Muran, J.C. & Lutz, W. (2015). A train of thought: 25 years of psychotherapy research. *Psychotherapy Research*.
- Castonguay, L.G., Eubanks, C.F., Goldfried, M.R., Muran, J.C., & Lutz, W. (2015). Research on psychotherapy integration: Building on the past, looking to the future. *Psychotherapy Research*, 25, 365-382.
- Castonguay, L.G., & Muran, J.C. (2014). Fostering collaboration between researchers and clinicians through building practice-oriented research: An introduction. *Psychotherapy Research*, 25, 1-5.
- Castonguay, L.G., Youn, S.J., Xiao, H., Muran, J.C., & Barber, J.P. (2015). Building clinicians-researchers partnerships: Lessons from diverse natural settings and practice-oriented initiatives. *Psychotherapy Research*, 25, 166-184.
- Simon, S., Cain, N.M., Samstag, L.W., Meehan, K.B., & Muran, J.C. (2015). Assessing interpersonal subtypes in depression. *Journal of Personality Assessment*, 97, 364-373.
- Tufekcioglu, S. & Muran, J.C. (2015). Case formulation and the therapeutic relationship: The role of therapist self-reflection and self-revelation. *Journal of Clinical Psychology: In-Session*, 71, 469-477.
- Eubanks-Carter, C., Muran, J.C., & Safran, J.D. (2014). Alliance-focused training. *Psychotherapy*, 52, 169-173.
- Safran, J.D., Muran, J.C. et al. (2014). Investigating the impact of alliance-focused training on interpersonal process and therapists capacity for experiential reflection. *Psychotherapy Research*, 24, 269-285.
- Safran, J.D., Muran, J.C., & Shaker, A. (2014). Research on therapeutic impasses and ruptures in the therapeutic alliance. *Contemporary Psychoanalysis*, 50, 211-232.
- Ascher, M., Yaseen, Z., & Muran, J.C. (2013). Mindfulness and the medication management visit. *Psychiatric Times*, <http://www.psychiatristimes.com/clinical-qa/mindfulness-and-medication-management-visit>.
- Tufekcioglu, S., Muran, J.C., Safran, J.D., & Winston, A. (2013). Personality disorder and early therapeutic alliance in two time-limited therapies. *Psychotherapy Research*, 23, 646-657.
- Eubanks-Carter, C., Gorman, B.S., & Muran, J.C. (2012). Quantitative naturalistic methods for detecting change points in psychotherapy research: An illustration with alliance ruptures. *Psychotherapy Research*, 22, 621-637.
- Doran, J.M., Safran, J.D., Waizmann, V., Bolger, K., & Muran, J.C. (2012). The Alliance Negotiation Scale: Psychometric construction and preliminary reliability and validity analysis. *Psychotherapy Research*, 22, 710-719.
- Ryan A., Safran J.D., Doran J.M., & Muran J.C. (2012). Therapist mindfulness, alliance and treatment outcome. *Psychotherapy Research*, 22, 289-297.
- Safran, J.D., Muran, J.C., & Eubanks-Carter, C. (2011). Repairing alliance ruptures. *Psychotherapy*, 48, 80-87.
- Kaplowitz, M.J., Safran, J.D., & Muran J.C. (2011). Impact of therapist emotional intelligence on psychotherapy. *The Journal of Nervous and Mental Disease*, 199, 74-84.
- Muran, J.C. (2009). A fusion of horizons for psychotherapy research: Introduction to special section "Interdisciplinary dialogues: Alternative methods to study psychotherapy process." *Psychotherapy Research*, 19, 617-618.
- Muran, J.C., Safran, J.D., Gorman, B.S., Samstag, L.W., Eubanks-Carter, C., & Winston, A. (2009). The relationship of early alliance ruptures and their resolution to process and outcome in three time-limited psychotherapies for personality disorders. *Psychotherapy*, 46, 233-248.
- Rozarmin, E., Muran, J.C., Safran, J., Gorman, B., Nagy, J., & Winston, A. (2008). Subjective and intersubjective analyses of the therapeutic alliance in a brief relational therapy. *American Journal of Psychotherapy*, 62, 313-328.
- Samstag, L.W., Muran, J.C., Wachtel, A., Slade, A., Safran, J.D., & Winston, A. (2008). Evaluating negative process: A comparison of working alliance, interpersonal behavior, and narrative coherency among three psychotherapy outcome conditions. *American Journal of Psychotherapy*, 62, 165-194.
- Muran, J.C., & Samstag, L.W. (2008). Can some interpersonalists be more different than alike? Implications for method in practice and research. *Psychotherapy*, 45, 320-3.
- Stevens, C.L., Muran, J.C., Safran, J.D., Gorman, B.S., & Winston, A. (2007). Levels and patterns of the therapeutic alliance in brief psychotherapy. *American Journal of Psychotherapy*, 61, 109-129.
- Muran, J.C. (2007). Recognizing and resolving problems in your working relationship with your therapist. *The Johns Hopkins Depression & Anxiety Bulletin, Summer Issue*, 27-39.
- Bruck, E., Winston, A., Aderholt, S. & Muran, J.C. (2006). The predictive validity of patient & therapist attachment & introject styles. *American Journal of Psychotherapy*, 60, 393-406.
- Safran, J.D., & Muran, J.C. (2006). Has the concept of the therapeutic alliance outlived its usefulness? *Psychotherapy*, 43, 286-291.
- Safran, J.D., Muran, J.C., Samstag, L.W., & Winston, A. (2005). Evaluating an alliance-focused treatment for potential treatment failures. *Psychotherapy*, 42, 512-531.
- Safran, J.D., & Muran, J.C. (2005). Brief relational therapy and the resolution of ruptures in the therapeutic alliance. *Psychotherapy Bulletin*, 40, 13-17.
- Muran, J.C., Safran, J.D., Samstag, L.W., & Winston, A. (2005). Evaluating an alliance-focused treatment for personality disorders. *Psychotherapy*, 42, 532-545.
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- Safran, J.D., & Muran, J.C. (2002). Intervention strategies: Impasse and transformation. *NYS Psychologist*, 14, 2-4.
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- Safran, J.D., Muran, J.C., Samstag, L.W., & Stevens C. (2001). Rupture repair. *Psychotherapy*, 38, 406-412.
- Safran, J.D., & Muran, J.C. (2001). A relational approach to supervision in cognitive psychotherapy. *Journal of Cognitive Psychotherapy*, 15, 3-15.
- Safran, J.D. and Muran, J.C. (2000). Resolving therapeutic alliance ruptures: Diversity and integration. *Journal of Clinical Psychology: In-Session*, 56, 233-243.
- Safran, J.D. and Muran, J.C. (2000). The therapeutic alliance. Introduction. *Journal of Clinical Psychology: In-Session*, 56, 159-161.

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- Rosenthal, R., Muran, J.C., Hellerstein, D., Pinsker, H., & Winston, A. (1999). Interpersonal change in brief supportive psychotherapy. *Journal of Psychotherapy Practice & Research*, 8, 55-63.
- Postolache, T., Rosenthal, R., Hellerstein, D., Aromin, R., Kelton, G., Muran, J.C., & Londono, J. (1999). Early augmentation of sertraline with methylphenidate. *Journal of Clinical Psychiatry*, 60, 123-124.
- Muran, J.C. et al. (1998). The development of interpersonal scenarios as an idiographic measure of self-schemas. *Psychotherapy Research*, 8, 321-333.
- Hellerstein, D., Rosenthal, R., Pinsker, H., Samstag, L.W., Muran, J.C., & Winston, A. (1998). A randomized prospective study comparing supportive and dynamic therapies: Outcome and alliance. *Journal of Psychotherapy Practice & Research*, 7, 261-271.
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- Muran, J.C. (1997). Multiple selves and depression. *In-session: Psychotherapy in Practice* 3, 53-64.
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- Postolache, T., Londono, J., Pinsker, H., Luccerini, S., Augustin, L., & Muran, J.C. (1997). A study of religion and psychotherapy. *Psychiatric Services*, 48, 1592.
- Westreich, L.M., Rosenthal, R.N., & Muran, J.C. (1996). A preliminary study of therapeutic alliance and dually diagnosed inpatients. *American Journal on Addictions*, 5, 81-86.
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### **Book Reviews (n = 3)**

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### **Technical Manuals/Reports (n = 8)**

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### **D. Other Sources & Sites**

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- Self-Archive: [https://www.researchgate.net/profile/John\\_Muran](https://www.researchgate.net/profile/John_Muran)
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APA Video Series (2020): <https://www.apa.org/pubs/videos/rupture-repair-psychotherapy>. *Alliance Rupture and Repair* with C.F. Eubanks.

APA Video Series (2025): *Using alliance-focused training* with C.F. Eubanks (and colleagues).

## **E. Research Support (Federal Grants only)**

National Institute of Mental Health: MH071768 (Total = \$750,000). Resolving ruptures in the therapeutic alliance (2006-2009).

Role: Principal Investigator.

National Institute of Drug Addiction: DA09431 (Total = \$2,200,000). Assertive outreach for drug dependent mentally ill (1994-1998).

Role: Co-Investigator.

National Institute of Mental Health: MH50246 (Total = \$165,000). Resolving problems in the therapeutic alliance (1993-1996).

Role: Co-Principal Investigator.

*Other research funding includes four internal Singer-Hellman Research Awards (Total = \$105,000), Beth Israel Medical Center, NY, as well as awards from private foundations (Total = \$450,000) and small collaborative grants from the Society for Psychotherapy Research.*

## **F. Presentations (only invited addresses, rounds, colloquia & workshops, n = 78)**

Muran, J.C. (2025, June). *Negotiating ruptures in psychotherapy and supervision*. New York University Postdoctoral Program, Virtual Colloquium.

Muran, J.C. (2024, Dec). *Alliance-focused training (AFT): How to negotiate ruptures*. St. John's University conference workshop on clinical supervision, New York, NY.

Levitt, H... Muran, J.C. et al. (2024, June). *Broadening the evidentiary basis for clinical practice guidelines*. Semi-plenary at the annual meeting of the Society for Psychotherapy Research, Ottawa, Canada.

Muran, J.C. & Wampold, B.E. (2023, November). *The big psychotherapy debate 2.0*. Colloquium at the Institute of Psychology, Oslo, Norway.

Muran, J.C. & Eubanks, C.F. (2023, September). *Alliance-focused training (AFT): Negotiating alliance rupture and repair*. Workshop at Center for Community Health, Middletown, CT.

Muran, J.C., Levitt, H., & Solms, M. (2023, August). *Pluralism of research approaches in psychoanalysis*. Horst Kächele Memorial Webinar Series on Contemporary Psychoanalytic Research organized by the International Psychoanalytic University, Berlin, Germany.

Muran, J.C. (2023, August). *Alliance-focused training (AFT): Negotiating alliance rupture*. New Zealand Psychological Association, Virtual Workshop.

Muran, J.C. (2023, June). *The wonderful and the wicked: An alliance-focused training to negotiate ruptures*. New York University Postdoctoral Program, Virtual Colloquium.

Muran, J.C., & Castonguay, L.G. (2023, February). *What we know about psychotherapy change and alliance rupture: A dialogue in three parts*. Horst Kächele Memorial Webinar Series on Contemporary Psychoanalytic Research organized by the International Psychoanalytic University, Berlin, Germany.

Muran, J.C. (2023, January). *Alliance-focused training (AFT): Negotiating alliance rupture*. Workshop at University of Kassel, Kassel, Germany.

Muran, J.C. (2022, December). *Negotiating alliance rupture: Some evidence-based principles*. Colloquium at University of Trier, Trier, Germany.

Muran, J.C. (2022, October). *Negotiating the alliance: Theory, practice, and research*. Opening address of semester, International Psychoanalytic University, Berlin, Germany.

Muran, J.C. (2021, December). *Rupture and repair: Findings from a psychotherapy research program*. New York University Postdoctoral Program, Virtual Colloquium.

Muran, J.C., & Eubanks, C.F. (2021, Dec). *Alliance-focused training: Rupture and repair*. Webinar, Anna Freud Centre, Virtual.

Muran, J.C., Eubanks, C.F., & Samstag, L.W. (2021, June). *Alliance-focused training: Rupture and repair*. Workshop, Society for Psychotherapy Research, Heidelberg DE, Virtual.

Muran, J.C. & Eubanks, C.F. (2021, June). *Alliance-focused training: Rupture and repair*. Workshop, Kim Psychology Istanbul TR, Virtual.

Muran, J.C. & Eubanks, C.F. (2021, April). *Alliance-focused training: Rupture and repair*. Webinar, Society for the Exploration of Psychotherapy Integration, Virtual.

Eubanks, C.F. & Muran, J.C. (2021, February). *Repairing ruptures*. Webinar, American Psychological Association Professional Development Institute, Virtual.

Muran, J.C. & Eubanks, C.F. (2021, January). *Therapeutic alliance: Rupture and repair*. Webinar, Sondermind TX, Virtual.

Muran, J.C. & Eubanks, C.F. (2020, November). *Alliance-Focused Training for CBT: Strategies for improving retention and outcome by identifying and repairing ruptures in the therapeutic alliance*. Workshop at the annual meeting of the Association for Behavioral and Cognitive Therapies, Virtual.

Muran, J.C. (2020, November). *Rupture and repair: Negotiating emotion and difference*. Keynote at the annual meeting of the Massachusetts Psychological Association, Virtual.

Muran, J.C. & Eubanks, C.F. (2020, August). *Alliance rupture repair: An integrative approach to negotiating difficult interactions with patients*. Continuing education workshop at the annual meeting of the American Psychological Association, Virtual.

Muran, J.C. (2020, March). *Alliance-Focused Training: Negotiating emotion, difference & rupture*. Workshop at the Psychotherapy Institute, Istanbul, Turkey. POSTPONED DUE TO COVID

Muran, J.C. (2020/2022, March). Invited participant to *Training in Psychotherapy*, Penn State Conference on Process of Change, State College, PA.

Muran, J.C. (2019, December). *Plurality and contextualism in a psychotherapy research program: Towards resolving ruptures in the therapeutic alliance*. Colloquium at St. John's University, Queens, NY.

Muran, J.C. (2019, May). *Elaborating on Bordin: From purposeful collaboration & emotional bond to intersubjective negotiation*. Plenary at the annual meeting of the Society for the Exploration of Psychotherapy Integration, Lisbon, Portugal.

Muran, J.C. (2018, May). *Plurality and contextualism in a psychotherapy research program: Redux 2018*. Colloquium at the Institute for Psychoanalytic Training and Research, New York, NY.

Muran, J.C. (2018, May). *An alliance-focused training: Towards rupture resolution*. Plenary at the annual meeting of the Society for the Exploration of Psychotherapy Integration, New York, NY.

Muran, J.C. (2018, November). *Developing the therapist in Relation: Rupture, reflection and regulation*. Keynote at Flokken Schizofrenidagene, Stavanger, Norway.

Muran, J.C. with Safran, J.D. & Eubanks, C. (2017, November). *Alliance-Focused Training*. Master Clinician Seminar at annual meeting of the Association for Behavioral and Cognitive Therapies. San Diego, CA.



- Muran, J.C. (2017, June). *Confessions of a New York rupture researcher*. Presidential address at the Society for Psychotherapy Research annual meeting, Victoria College, University of Toronto, Ontario, Canada.
- Muran, J.C. (2017, April). *Alliance-Focused Training (AFT): Developing rupture resolution skills*. Colloquium at the Department of Psychology, Hofstra University, Hempstead, NY.
- Muran, J.C. (2017, April). *Confessions of a New York rupture researcher*. Grand rounds, Department of Psychiatry, Mount Sinai Beth Israel, New York, NY.
- Muran, J.C. (2017, March). Invited participant to *Training in Psychotherapy*, Penn State Conference on Process of Change, State College, PA.
- Muran, J.C. with Safran, J.D. & Eubanks, C. (2016). *Alliance focused training (parts 1 & 2)*. Workshop at the annual meeting of the Association for Behavioral and Cognitive Therapies. New York, NY.
- Muran, J.C. (2015, February). *The impact of an alliance-focused training on psychotherapy process and outcome*. Colloquium at University of Trier, Trier, Germany.
- Muran, J.C. (2014, September). *Research on the impact of alliance-focused training on psychotherapy process and outcome with a personality disordered sample*. Plenary, Society for Psychotherapy Research, Italian Group, Padua, Italy.
- Muran, J.C. (2012/2014, March). Invited participant to *Therapist effects in psychotherapy*, Penn State Conference on Process of Change, State College, PA.
- Muran, J.C. (2010, July). *Training therapists to resolve ruptures: From self-regulation to mutual recognition*. Workshop at the Israel Science Foundation, Jerusalem, Israel.
- Muran, J.C. (2007, November). Visiting professor, Catholic University of Chile, Santiago, Chile. Presentations: (1) *Workshop on negotiating the therapeutic alliance*; (2) *Research and practice: A personal pursuit of clinical understanding and emotional regulation*; (3) *Case conference: relational training*; (4) *A relational turn on therapist internal process*.
- Muran, J.C. (2007, April). *A consumer's guide to impasse and failure in psychotherapy: Recognizing & resolving problems in your working relationship with your therapist*. Public lecture for the Mood Disorders Support Group of New York City, NY.
- Muran, J.C. (2007, March). Invited participant to *Corrective experiences in psychotherapy*, Penn State Conference on Process of Change, State College, PA.
- Muran, J.C. (2006, June). *Findings from the Beth Israel Brief Psychotherapy Research Program*. Colloquium presented at Beth Israel Medical Center, NY to the Northern Norway Psychiatry Education Project (government sponsored project led by KI Iverson).
- Muran, J.C. (2006, June). *A relational approach to the therapeutic alliance*. Workshop presented at Beth Israel Medical Center, NY to the Northern Norway Psychiatry Education Project (government sponsored project led by K.I. Iverson).
- Muran, J.C. with Safran, J.D. (2003, November). *Negotiating the therapeutic alliance*. Workshop at the meeting for the North American Society for Psychotherapy Research, Newport, RI.
- Muran, J.C. (2003, August). *A relational approach to understanding change: Plurality and contextualism in a psychotherapy research program*. Keynote presentation at a conference on the therapeutic alliance, Renaca, Chile.
- Muran, J.C. (2003, August). *Negotiating the therapeutic alliance*. Workshop at a conference on the therapeutic alliance, Renaca, Chile.
- Muran, J.C. with Safran, J.D. (2003, May). *Negotiating the therapeutic alliance*. Workshop at the annual meeting for the Exploration of Psychotherapy Integration, New York, NY, 2003.
- Muran, J.C. (2002, December). *A relational approach to understanding change: Plurality & contextualism in a psychotherapy research program*. Two-hour colloquium presented at Teacher's College, Columbia University, New York, NY.
- Muran, J.C. with Safran, J.D. (2002, December). *A relational approach to resolving ruptures in the therapeutic alliance*. Workshop at Beth Israel Medical Center, NY to 12 visiting clinicians from Linköping University, Sweden (led by R. Holmqvist).
- Muran, J.C. (2002, November). *The Brief Psychotherapy Research Program, part 1: A relational approach to understanding change*. Grand rounds at Beth Israel Medical Center, New York, NY.
- Muran, J.C. (2002, November). *The Brief Psychotherapy Research Program, part 2: Negotiating the therapeutic alliance*. Grand rounds at Beth Israel Medical Center, New York, NY.
- Muran, J.C. (2002, May). *Negotiating the therapeutic alliance: A relational approach to understanding psychotherapy process*. Workshop presented as visiting professor, Psychotherapy Day XVIII, Department of Psychiatry, University of Toronto, Canada.
- Muran, J.C. (2002, May). *Plurality and contextualism in a psychotherapy research program*. Colloquium at Mount Sinai Hospital, Toronto, Canada.
- Muran, J.C. (2002, March). *A relational approach to psychotherapy research and rupture resolution*. Colloquium at New York University Counseling Center, New York, NY.
- Muran, J.C. (2002, February). *A relational approach to understanding change: Plurality and contextualism in a psychotherapy research program*. Colloquium at the Institute for RET, New York, NY.
- Muran, J.C. (2001, March). *A relational approach to understanding change: Beth Israel Brief Psychotherapy Research 1991-2000*. Colloquium at the New School for Social Research, New York, NY.
- Muran, J.C. (2000, December). *A relational approach to understanding change: Beth Israel Brief Psychotherapy Research 1991-2000*. Colloquium at the Derner Institute, Adelphi University, Garden City, NY.
- Muran, J.C. (2000, March). *Beth Israel Brief Psychotherapy Research Program: Research findings 1991-2000*. Colloquium presented at University of Pennsylvania, Philadelphia, PA.
- Muran, J.C. (2000, February). *Beth Israel Brief Psychotherapy Research Program: Treatment outcome and the therapeutic relationship*. Colloquium at Long Island University at Brooklyn, NY.
- Muran, J.C. (1999, November). *A relational approach to measuring change: Beth Israel Psychotherapy Research Program*. Workshop at University of Minho, Braga, Portugal.
- Muran, J.C. with Winston, A.W. (1998, December). *Brief Psychotherapy Research Program: outcome and process*. Grand rounds at Beth Israel Medical Center, New York, NY.
- Muran, J.C. with Safran, J.D. (1997, April). *A relational approach to negotiating the therapeutic alliance*. Workshop at Beth Israel Medical Center, New York, NY.
- Muran, J.C. (1997, April). *Change and the therapeutic relationship in brief psychotherapy*. Grand rounds at Maimonides Hospital, Brooklyn, NY.
- Muran, J.C. (1996, June). *A cognitive and relational understanding of the self*. Colloquium at Institute for Rational-Emotive Therapy, New York, NY.
- Muran, J.C. (1995, April). *An Introduction to cognitive-behavioral therapy*. Grand rounds at Long Island Jewish Medical Center, Hillside, NY.

- Muran, J.C., & Inck, T. (1994, May). *Change and the therapeutic relationship in brief psychotherapy*. Grand rounds at the Veterans Administration Hospital, Northport, NY.
- Muran, J.C. (1994, September). *Brief psychotherapy and an integrative approach*. Workshop co-led with T. Inck at the Miller Institute at St. Luke's/Roosevelt Hospital Center, New York, NY.
- Muran, J.C. with Safran, J.D. & Muran, E. (1994, April). *Emotion in psychotherapy*. Workshop at the Williams Club, New York, NY.
- Muran, J.C. (1994, April). *Brief psychotherapies*. Colloquium at the Educational Alliance, New York, NY.
- Muran, J.C. (1999, July). *Interpersonal factors in psychotherapy research*. Workshop at the Institute for Rational-Emotive Therapy, New York, NY.
- Muran, J.C. (1991, October). *The therapeutic relationship: Theory, research, and practice*. Workshop conducted at the Institute for Rational-Emotive Therapy, New York, NY.
- Muran, J.C. (1991, September). *The Implications of therapeutic relationship for research and treatment*. Grand rounds at Maimonides Hospital, Brooklyn, NY.
- Muran, J.C. (1991, April). *The therapeutic relationship: Implications for research and treatment*. Grand rounds at Beth Israel Medical Center, New York, NY.
- Muran, J.C. (1991, March). *Treatment and research implications of ruptures in the therapeutic alliance as process markers in short-term psychotherapy*. Grand rounds at North Shore University Hospital, Manhasset, NY.
- Muran, J.C. (1990, April). *Cognitive-behavioral approaches to anxiety*. Workshop conducted at the Home Health Care Services, Toronto, ON.
- Other conference papers and posters n > 100.*

## **G. Teaching & Supervision**

### **Lectures & seminars (for PhD and graduate-level students)**

- Theory and Practice II: Relational Thought*, Adelphi University (2024-present)
- Psychological Research I-IV*, Adelphi University (2009-present)
- Dissertation Research I-IV*, Adelphi University (2009-present)
- Special Topics: *Plurality and integration in cognitive psychotherapies*, Adelphi University (2011-18)
- Special Topics: *Negotiating emotion, difference and ruptures in the therapeutic relationship*, Adelphi University (2020-2024)
- Applied Research: *A guide to the empirical research on treatment efficacy and change processes* (with a concentration on the analytic and the relational), International Psychoanalytic University (2022)
- Practical Theory: *Therapist positionality, cognitive and emotive processes, in the therapeutic relationship* (a historical survey and transtheoretical consideration), International Psychoanalytic University (2022)
- Clinical Training: *Rupture recognition and resolution in the patient-therapist alliance or relationship* (with a concentration on experiential practice), International Psychoanalytic University (2022)

### **Supervision (for PhD and MD trainees and staff)**

- Clinical Supervision, Mount Sinai Beth Israel (1991-present)
- Research Supervision, Mount Sinai Beth Israel (1990-present)

### **Dissertations (n = 68)**

Madeleine August, Gitte Bak, David Banthin, Sarai Batchelder, Julia Belotserkovsky, Elizabeth Bernbach, Elizabeth Berk, Sarah Bloch-Elkouby, Kelly Bolger, Catherine Boutwell, Elizabeth Bowman, Sophie Cassell, Liqiaonan (Minna) Chen, Anthony DeMaria, Medea Elvy, Eloise Erasmus, Melanie Fox-Borisoff, Mark Francis, Jerald Gardner, Roueida Ghadban, Peter Glick, Willa Hall, Helen Hanning, Clara Hungr-Morrison, Meghan Jablonski, William Jock, Adrienne Katzow, Gaienne Kazariants, Lauren Knopf, Lauren Lipner, Di Liu, Andrew Lokai, Janet Matsunaga, Sandra Mays, Amy McCue-Negri, Madeleine Miller-Bottomo, Jake Nagy, Lianne Nelson, Beryl Nightingale, Souha Nikowitz, Jennifer (Jenny) Patton, Elizabeth (Lisa) Peyton, Samuel Podell, Bella Proskurov, Yocheved Rabinowitz, Romy Reading, Eyal Rozmarin, Anjanette Ryan, Lisa Wallner Samstag, Ali Shaker, Priyanka Shokeen, Rachel Small, Dalia Spektor, Chris Stevens, Kelcey Stratton, Jackson Taylor, Sumru Tufekcioglu, Lynne Twining, Adelya Urmanche, Lucia Vail, Patricia Watts, Greg Weil, Elizabeth Winkleman, Amy Withers, and Amy Zimet.