



BRIDGES TO ADELPHI PROGRAM

EXPECT
EXTRAORDINARY

ADELPHI

UNIVERSITY

NEW YORK

The Bridges to Adelphi program (called Bridges for short) aims to promote a sense of belonging and acceptance for our students. We like to think of each student as a member of our family, and we encourage them to see the Bridges office as their home away from home. No matter how long a student stays with our program, they will be welcomed as family.

Students from any major or course of study are welcome to join us.


Please note that there is an additional fee associated with the Bridges program. For the 2024–2025 academic year, this fee amounts to \$5,095 per semester.

Bridges students' cumulative GPA was

3.26



**BRIDGES
TO ADELPHI**
10th Anniversary



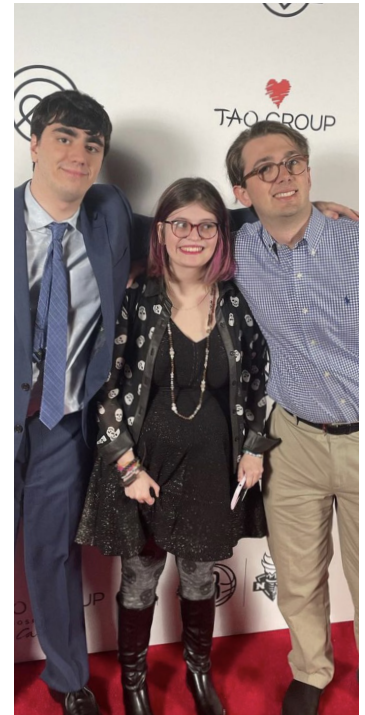
What makes our Bridges program unique?

The Bridges to Adelphi program is unlike any other program, and it has made Adelphi a prominent destination for students from all over the world who self-disclose as being on the autism spectrum or who experience other nonverbal or neurological-social disorders.

The program is dedicated to providing the highest levels of individualized academic, social and vocational support services so you will:

- Gain the tools to advocate for yourself.
- Achieve academically.
- Make new friends.
- Prepare to embark on a career.

Because Adelphi prides itself on being inclusive, the Bridges program also promotes awareness and understanding of neurosocial disorders throughout the campus community, through education, training and collaboration with University faculty, staff and students.



IN BRIDGES, WE WORK WITH OUR STUDENTS TO AMPLIFY THEIR VOICES AND ENCOURAGE **SELF-ADVOCACY AND INDEPENDENCE.**

–Diana Damilatis-Kull '10, MA '12, MA '14, LMHC,
director of the Bridges to Adelphi program



In 2018, Adelphi became the first university to offer a sensory room for students who are on the autism spectrum or have other sensory needs. This University campus sensory room was created through a partnership with KultureCity, an organization focused on accessibility and equity for the neurodivergent community. Since then, the room has been updated to offer a calming refuge for students returning to campus.

See more at [@bridgestoadelphi](https://www.instagram.com/bridgestoadelphi)



Get on the road to success

The supportive Bridges to Adelphi staff is dedicated to teaching strategies and skills to students during meetings so they can learn how to utilize their skills on their own and be more independent. We foster independence and self-determination. While we encourage students to self-advocate, we always provide assistance if they request it.

We hold more than 6,000 support meetings per semester to assist our 140 Bridges students.



Academic Coach

Your academic coach is a Bridges student worker who will help you with executive functioning. Your coach will:

- Review your assignments, help ensure they are submitted, track your grades and make sure academic accommodations are in place.
- Help you manage time effectively, build your communication skills, and help foster your interpersonal development, problem-solving abilities and self-care.



Learning Strategy Coach

Your learning strategy coach is a dedicated student worker who will reinforce what you learn from your academic coach while also helping you:

- Prepare for exams.
- Build research and library skills.
- Develop academic success practices.
- Address any areas of academic avoidance.



Social Coach

You'll spend 45 minutes to an hour each week with your social coach, who will help you and other students focus on challenges you encounter. You'll work together as a group to:

- Carefully assess behaviors and transform any negative tendencies and beliefs.
- Nurture positive connections with your peers.
- Improve communication skills.
- Gain valuable insights into interpersonal relationships and acquire new abilities to decipher social cues and communicate effectively.



Vocational Coach

Your vocational coach will provide comprehensive support, including optional fully standardized vocational testing to provide insights into your ideal major, potential career path and most suitable work environments. You can also receive individual vocational assistance with:

- Résumé writing and job interview skills
- Completing job applications
- Finding internships and job placements on and off campus
- Job coaching and meeting with the student's supervisor to assess their job performance
- Learning what it means to be an employee and how to be a good one
- Professionalism in the workplace
- Effective communication and nonverbal communication skills

Get Ahead With Our Summer Launch Program

Students starting the Bridges to Adelphi program in the fall can get a head start before classes begin. The Bridges Summer Launch Program will give you the opportunity to:

- Experience life as an Adelphi resident student or an Adelphi commuter student.
- Earn 3 college credits by taking our Communication and Critical Thinking course over a two-week period.
- Complete your Information Literacy Learning Goal and General Education Requirement.
- Get personalized attention from Adelphi instructors, advisers and support staff.
- Spend quality time with other students in the Bridges program.



Scan to find out more



ALL STUDENTS ARE INDIVIDUALS AND PART OF OUR JOB AS EDUCATORS IS TO DETERMINE THEIR LEARNING STYLES. WITH THE TECHNOLOGY AND KNOW-HOW WE HAVE TODAY, AN INCREASING NUMBER OF EMPLOYERS HAVE REACHED OUT TO THE BRIDGES PROGRAM, WITH THE KNOWLEDGE THAT NEURODIVERGENT PEOPLE ENGAGING IN PRODUCTIVE AND MEANINGFUL EMPLOYMENT CAN BECOME THE RULE RATHER THAN THE EXCEPTION."

-Stephen Shore, EdD, coordinator of the Adelphi University Autism Certificate Programs and clinical associate professor of special education, has spoken at more than 1,000 conferences around the world about autism and his experience of being a professor on the spectrum.



How does Adelphi compare?

Awarded a top national prize

Bridges to Adelphi was named a 2022-2023 Gold Grand Winner by the National Association of Student Personnel Administrators (NASPA), who are student affairs administrators in higher education, in the Equity, Inclusion, Social Justice and Related category, and a Gold Award in the Academic Advising, Career, Graduate Professional and Related category—for **“transforming higher education through outstanding programs, innovative services and effective administration.”**



Paid Internships, Financial Literacy, Driving Lessons

Bridges students participate in paid internships with companies such as Northwell Health and the Nassau Library System. They learn financial literacy thanks to TD Bank. Driving lessons are made possible through specialized training in a driver's education program brought to campus from Gersh Academy, putting students on the road to independence.



MANY STUDENTS IN THE BRIDGES PROGRAM HAVE TOLD ME THAT THEY FEEL CONNECTED TO ADELPHI'S COMMUNITY BOTH SOCIALLY AND ACADEMICALLY, AND ADELPHI WAS THE FIRST TIME THEY FELT LIKE THEY BELONGED."

—Stephanie Grindell, MA '16, senior associate director of Bridges to Adelphi



**Best Colleges for
Students with Autism
and 50 Best Disability-
Friendly Colleges and
Universities (#37)**



How to apply to the Bridges to Adelphi program

Apply online to Adelphi University via Adelphi application or Common Application at adelphi.edu/apply.

Bridges to Adelphi is an opt-in program, so after you receive your acceptance to Adelphi University, you can fill out the online interest form to indicate your interest in this program and to schedule a meeting between you, your parent or guardian, and the program director.



Scan here for the online interest form

Contact bridges@adelphi.edu for more information about the Bridges to Adelphi program.

We look forward to welcoming you into our community.

Students are entitled to make decisions with the best possible information. To review a complete list of Adelphi University consumer information, visit adelphi.edu/consumer-info.

BRIDGES TO ADELPHI HAS HELPED OUR SON MATURE AND DEVELOP SOCIALLY. HE CAME FROM A HIGH SCHOOL PROGRAM WITH SIGNIFICANT ACADEMIC SUPPORT, BUT NOT VERY MUCH OF THE SOCIAL SUPPORT THAT IS CRITICAL FOR THE LESS STRUCTURED ENVIRONMENT OF COLLEGE. **HE IS NOW MORE SELF-ASSURED AND HAS DEVELOPED STRONG INTERPERSONAL RELATIONSHIPS WITH STUDENTS WHO HAVE COMMON INTERESTS."**

—Bridges to Adelphi parent

ADELPHI UNIVERSITY

One South Avenue
Garden City, NY 11530

NON PROFIT ORGANIZATION
U.S. POSTAGE
PAID
ADELPHI UNIVERSITY



Visit our beautiful campus. Go to adelphi.edu/visit.



Get social with us
[@applyadelphi](https://www.instagram.com/applyadelphi)



Bridges to Adelphi Program

Award-winning academic, social and vocational support for students on the autism spectrum and neurodivergent students

