



ADELPHI NY STATEWIDE BREAST CANCER HOTLINE & SUPPORT PROGRAM

800.877.8077 • adelphi.edu/breast-cancer



Take The First Step.
You're Not Alone.

Our Services...

- Toll-Free Breast Cancer Hotline
- Professional Counseling (*English & Spanish*)
- Support Groups
- Educational Forums & Events
- Community Outreach
- Survivorship Programming
- Referrals for free or low-cost mammograms

September 2026 - Newsletter [View Website](#)

September is Self-Care Awareness Month!

Take The First Step. You're Not Alone.

September is **Self-Care Awareness Month** and the perfect time to focus on your health. The Adelphi NY Statewide Breast Cancer Program is here for you, offering free professional counseling (in English & Spanish), support groups, educational forums and events, community outreach, survivorship programming and referrals for free or low-cost mammograms. Schedule your routine screenings and **Take The First Step. You're Not Alone.**

Please share our "**Take The First Step. You're Not Alone.**" ad campaign with your friends and family and on your social media pages. Below you will find links to download our ad in English and Spanish.

As always, we are here to educate, support, empower, and advocate for breast cancer patients, professionals, and the community. If you or someone you know is interested in a referral for a mammogram please call the Adelphi NY Statewide Breast Cancer Hotline & Support Program: **800-877-8077**.

**ADELPHI NEW YORK STATEWIDE
BREAST CANCER HOTLINE & SUPPORT PROGRAM**



**Take The First Step.
You're **Not** Alone.**

Our Services...

- Toll-Free Breast Cancer Hotline
- Professional Counseling (*English & Spanish*)
- Support Groups
- Educational Forums & Events
- Community Outreach
- Survivorship Programming
- Referrals for free or low-cost mammograms



CALL: 800.877.8077
TEXT: 516.262.3263
adelphi.edu/breast-cancer



Facebook, Twitter, LinkedIn, YouTube, Instagram icons

[Click here](#) to download a PDF of our ad in English

[Click here](#) to download a PDF of our ad in Spanish

The STEP Program Video Series



The STEP Program

The Adelphi NY Statewide Breast Cancer Hotline & Support Program was awarded a significant five-year grant from the Centers for Disease Control and Prevention (CDC) to initiate the **Survivorship, Treatment, Education and Peer Support (STEP) Program** which provides psychosocial support services and referrals to improve the quality of life for young women diagnosed with breast cancer, MBC patients and their families.

The STEP Program also provides educational workshops and forums, provider education and a video series.



Meet **Marcia Jackson**, a dedicated volunteer with the Adelphi NY Statewide Breast Cancer Hotline & Support Program, as she shares her personal breast cancer journey and the strength she found through support, resilience, and hope. In this inspiring STEP video, Marcia reflects on the importance of community, self-advocacy, and embracing life after a diagnosis. Her story is a powerful reminder that no one has to face breast cancer alone. [STEP Program videos!](#)

Celebration of Survivorship 2026

Registration is now open!

Register Today

ADELPHI
NY
STATEWIDE
BREAST CANCER HOTLINE
& SUPPORT PROGRAM
800.877.8077

*Celebration of
Survivorship*

Thursday, October 22, 2026
4:00 - 6:00 pm
at the Ruth S. Harley University Center Ballroom
Adelphi University, Garden City, NY

Speakers for the evening



Pam Shapiro

Diagnosed in 2000, 2010 & 2019

*Breast Cancer Survivor, and Member of the
Adelphi Breast Cancer Program's Advisory Board*



Donna T. Bacon, PhD, EdD, LCSW

Diagnosed in 2006

Breast Cancer Survivor and Advocate



Jeannie Rettura

Diagnosed in 1986

Breast Cancer Survivor, Volunteer with the Adelphi Breast Cancer Program

Sponsorship Opportunities

[Click here](#) to become an event sponsor

****All ads are due by September 18, 2026****

Visionary \$5,000

- Prime placement of company name and logo in our digital journal
 - **Full page advertisement** (5.5w x 8.5h); inside cover and back cover positions are currently available
 - All ads must be submitted by **September 18, 2026**
 - Submit camera-ready artwork as a PDF or JPG to **knewman@adelphi.edu**
 - For ad assistance, contact Kim Newman at **knewman@adelphi.edu**
 - Full-color logo featured on the webpage with a link to your company website
 - Social media promotion, including tags, posts and mentions (four posts between September and October; begins after sponsorship payment is received)
 - Inclusion in the event press release (payment must be submitted by **September 18, 2026**)
 - Company logo featured in promotional emails (appears after sponsorship payment is received)
 - Reserved seating for four guests
 - Recognition from the podium during the event
-

Ambassador \$2,500

- Company name and logo listed as an official event sponsor in our digital journal
- **Full-page advertisement** (5.5w x 8.5h)
 - All ads must be submitted by **September 18, 2026**
 - Submit camera-ready artwork as a PDF or JPG to **knewman@adelphi.edu**
 - For ad assistance, contact Kim Newman at **knewman@adelphi.edu**
- Full-color logo featured on the webpage with a link to your company website
- Social media promotion, including tags, posts and mentions (two posts in October; begins after sponsorship payment is received)
- Inclusion in the event press release (payment must be received by **September 18, 2026**)

- Company logo featured in promotional emails (appears after sponsorship payment is received)
-

Ally \$1,000

- Company name and logo will be listed as an official event sponsor in our digital journal
 - **Half-page advertisement** (5.5w x 4.25h)
 - All ads must be submitted by **September 18, 2026**
 - Submit camera-ready artwork as a PDF or JPG to knewman@adelphi.edu
 - For ad assistance, contact Kim Newman at knewman@adelphi.edu
 - Full-color logo featured on the webpage with a link to your company website
 - Social media promotion, including tags, posts, and mentions (one post in October; begins after sponsorship payment is received)
 - Inclusion in the event press release (payment must be received by **September 18, 2026**)
 - Company name featured in promotional emails (appears after sponsorship payment is received)
-

Supporter \$500

- Company name and logo will be listed as an official event sponsor in our digital journal
 - **Quarter-page advertisement** (2.75w x 4.25h)
 - All ads must be submitted by **September 18, 2026**
 - Submit camera-ready artwork as a PDF or JPG to knewman@adelphi.edu
 - For ad assistance, contact Kim Newman at knewman@adelphi.edu
 - Company name included in promotional emails (appears after sponsorship payment is received)
-

Digital Journal

[Click here](#) to reserve space in our digital journal

- **Full Page** (5.5w x 8.5h) **\$250.00**
(Educational Forums)
- **Half Page** (5.5w x 4.25h) **\$125.00**
(One hour session with a social worker (English or Spanish))
- **Quarter Page** (2.75w x 4.25h) **\$75.00**
(Emergency Transportation for a breast cancer patient)

THANK YOU TO OUR 2026 CELEBRATION OF SURVIVORSHIP SPONSORS

VISIONARY SPONSORSHIP

Hendler Family Fund

ALLY SPONSORSHIP

Kathi and Jeff Glass
Digital Graphic Imagery Corp.

SUPPORTER SPONSORSHIP

The DeMatteis Family
New York Plastic Surgical Group

Comfort & Connection with Canines

Tuesday, September 15, 2026 (2:00 - 3:00 p.m.)

at the Ruth S. Harley University Center Ballroom (2nd Floor)
Adelphi University, Garden City, NY

Register Today!



Looking for an uplifting afternoon?

Join **Jodi Ekberg**, *Dog Trainer and Administrator for The Empire State Snow Dog Club*, and her amazing, certified therapy dogs in a special program dedicated to the

healing power of canine companions! **Angela Papalia, LMSW** *Assistant Director of the Adelphi NY Statewide Breast Cancer Hotline & Support Program* will join Jodi in discussing how pet therapy and social workers can assist people who are navigating a breast cancer diagnosis.

Participants will have the opportunity to meet and interact with Jodi and her two remarkable Therapy Dogs.

Register Today!

Eating Well During Breast Cancer Treatment

Nutrition Tips to Help Manage Side Effects and Support Recovery

Tuesday, November 10, 2026 (12:00 - 1:00 p.m.)
on Zoom

Register Today!



We invite you to join this virtual talk on nutrition during breast cancer treatment. **Karla Giboyeaux, MA, RDN, CDN**, Clinical Dietitian Nutritionist at Memorial Sloan Kettering Cancer Center, will discuss nutrition strategies to help manage side effects that may affect eating, as well as practical recommendations to support your well-being and maintain good nutrition throughout your treatment.



Karla Giboyeaux, MA, RDN, CDN
Clinical Dietitian Nutritionist
Memorial Sloan Kettering Cancer Center

This forum will be moderated by **Marjorie Coello, LMSW**,
Bilingual Social Worker at the Adelphi Breast Cancer Program.

Register Today!

Support Groups



See our [support group schedule](#)

To participate in one of the listed support groups please call our Hotline at **800.877.8077** or email breastcancerhotline@adelphi.edu to pre-register.

All groups are *free* but registration is required. All groups are facilitated by a licensed social worker.

If you are interested in a support group or service that is not listed, please contact Angela Papalia LMSW: apapalia@adelphi.edu.

All groups are facilitated by a licensed social worker of the Adelphi Breast Cancer Program. These programs are supported by grants from the Cooperative Agreement DP 24-0061 from the Centers for Disease Control and Prevention, Kat's Ribbon of Hope, Marilyn Lichtman Foundation, New York State, Northwell Health Cancer Institute and Pink Aid.

ONLINE SUPPORT GROUPS

Newly Diagnosed Support Group

Drop-In Support Group - Virtual

This drop-in support group is for women who are newly diagnosed with breast cancer.

For more information and to register, please contact Angela Papalia LMSW at: 516.877.4329 or apapalia@adelphi.edu.

Under 45, Young Women's Support Group

Drop-In Support Group - Virtual

This drop-in support group addresses the unique needs of young women with breast cancer.

For more information and to register, please contact Marjorie Coello LMSW at: 516.877.4313 or mcoello@adelphi.edu

Support for Stage 4 Breast Cancer

Ongoing Support Group-Virtual

Patients with Stage 4 Metastatic Breast Cancer can find support, share information, and discuss coping strategies.

For more information and to register, please contact Lois Goetz, LMSW, ACSW at: 516.877.4347 or goetz@adelphi.edu.

Hormone Therapy Support Group

Bimonthly Drop-In Support Group-Virtual

This bimonthly drop-in support group will meet via zoom. It is for breast cancer patients and survivors currently undergoing hormone therapy as adjuvant therapy.

For more information and to register, please contact Angela Papalia LMSW at: 516.877.4329 or apapalia@adelphi.edu.

Creative Arts Workshops

Our four-week virtual creative arts workshops provide a therapeutic space for self-expression through art. Led by our professional staff, these workshops guide participants through various exercises and discussions, fostering personal insight and developing new coping skills.

Workshops are facilitated by Angela M. Papalia, LMSW, Assistant Director for the Adelphi Breast Cancer Program along with Kimberly Newman, BFA, Marketing and Communications Specialist for the Adelphi Breast Cancer Program.

For more information and to register, please contact Angela Papalia LMSW at: 516.877.4329 or apapalia@adelphi.edu.

SUPPORT GROUP FOR SPANISH SPEAKING WOMEN

Cafecito

Cafecito is a Spanish-language support group for breast cancer patients and survivors. This group meets twice monthly via zoom.

For more information and to register, please contact Marjorie Coello, LMSW at: 516.877.4313 or mcoello@adelphi.edu.

News & Press Releases

[Click here](#) to read our newest press releases

8/21/26

Adelphi Breast Cancer Program to Host "Comfort and Connection with Canines" Session Exploring the Healing Power of Canine Companionship



The Adelphi NY Statewide Breast Cancer Hotline & Support Program will host "Comfort and Connection with Canines," an interactive session discussing the healing power of canine companions for members of the breast cancer community on **Tuesday, September 15, at 2 p.m.** The event will take place at Adelphi University's Ruth S. Harley University Center, Thomas Dixon Lovely Ballroom.

[read article](#)

Lets Stay in Touch!

Follow us on Social Media and online to see photos of our wonderful volunteers at our outreach events, stay up-to-date on programs, forums and support groups. Read news articles and new studies on breast cancer, read inspiring stories from our volunteers, watch our events live on facebook and see the wonderful people and businesses that support us.



SOCIAL MEDIA



[facebook](#), [X](#), [linkedin](#), [instagram](#), [youtube](#)

Support Us

There are many ways for you to be involved with the Adelphi NY Statewide Breast Cancer Hotline & Support Program.

As a statewide, not-for-profit organization, we provide free, bilingual social work services, peer support, and education to the breast cancer community.

Ways You Can Get Involved

We rely on grants and donations to continue our vital work. Without your support, we may not be able to provide these life-saving services to those who need them most.



Donate

Your support matters. By donating to the Adelphi NY Statewide Breast Cancer Hotline & Support Program, you directly contribute to our mission of providing vital services and assistance to individuals, families, and caregivers affected by breast cancer. Every tax-deductible contribution helps us expand our reach, enhance our resources, and provide support to those in need.

Make A Gift



Become a Volunteer

Dedicated and professionally trained volunteers are at the heart of everything we do. Our experienced volunteers answer calls to our breast cancer hotline and provide support, resources and referrals across New York State.

Volunteer Training Information



Fundraising Initiatives

Get involved to host and/or support us to raise awareness and funds for the Adelphi NY Statewide Breast Cancer Hotline & Support Program.

Help Raise Funds & Awareness

The Adelphi Breast Cancer Program wishes our volunteers the happiest of birthdays!



THANK YOU TO ALL OUR SPONSORS

(Listed below in alphabetical order)

Alpern Family Foundation Inc.
Centers for Disease Control and Prevention
Kat's Ribbon of Hope
Manhasset Women's Coalition Against Breast Cancer
The Junior Coalition of the Manhasset Women's Coalition Against Breast Cancer
The Marilyn Lichtman Foundation
Nassau County Office for Housing and Community Development
New York State Department of Health
Northwell Health Cancer Institute
Pink Aid

Please visit our website at adelphi.edu/breast-cancer
Donate to our cause at adelphi.edu/breast-cancer/donate
