



ADELPHI NY STATEWIDE  
BREAST CANCER HOTLINE & SUPPORT PROGRAM

800.877.8077 • [adelphi.edu/breast-cancer](http://adelphi.edu/breast-cancer)

JUNE is *National*  
CANCER  
SURVIVORS  
MONTH



June 2026 - Newsletter

[View Website](#)

## June is National Cancer Survivors Month!

**National Cancer Survivors Month** is a time to increase awareness about life after cancer. Volunteers at the Adelphi NY Statewide Breast Cancer Hotline & Support Program know what you are going through. They are ready to offer information regarding mammography screening referrals, treatment, support services and survivorship resources.

We are here to answer your questions, match you with someone who understands what you are going through, and provide resources in the community you live in. Our licensed social workers and volunteers are just a call **1-800-877-8077** or text **516.262.3263** away.

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## Pride Month (June 1, 2026 - June 30, 2026)



### "For All Of Us"

As we welcome the month of June, we recognize **National Cancer Survivors Day and Pride month**, celebrating every single individual and their extraordinary uniqueness. Here at the Adelphi Breast Cancer Program, we honor, accept and respect all who courageously face breast cancer every single day.

[Click here](#) to visit us online.

**We are here for you!**

**HOTLINE: 800.877.8077 • TEXT: 516.262.3263**

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## **Celebration of Survivorship 2026**

**\*Event details coming soon\***

# Save The Date



## *Celebration of Survivorship*

*Thursday, October 22, 2026*  
*at Adelphi University*

[Click here](#) to become an event sponsor

## Sponsorship Levels

### Visionary \$5,000

- Prime placement of company name and logo in our digital journal
  - **Full page advertisement** (5.5w x 8.5h); inside cover and back cover positions are currently available
    - All ads must be submitted by **September 18, 2026**
    - Submit camera-ready artwork as a PDF or JPG to [knewman@adelphi.edu](mailto:knewman@adelphi.edu)
    - For ad assistance, contact Kim Newman at [knewman@adelphi.edu](mailto:knewman@adelphi.edu)
  - Full-color logo featured on the webpage with a link to your company website
  - Social media promotion, including tags, posts and mentions (four posts between September and October; begins after sponsorship payment is received)
  - Inclusion in the event press release (payment must be submitted by **September 18, 2026**)
  - Company logo featured in promotional emails (appears after sponsorship payment is received)
  - Reserved seating for four guests
  - Recognition from the podium during the event
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### **Ambassador \$2,500**

- Company name and logo listed as an official event sponsor in our digital journal
  - **Full-page advertisement** (5.5w x 8.5h)
    - All ads must be submitted by **September 18, 2026**
    - Submit camera-ready artwork as a PDF or JPG to [\*\*knewman@adelphi.edu\*\*](mailto:knewman@adelphi.edu)
    - For ad assistance, contact Kim Newman at [\*\*knewman@adelphi.edu\*\*](mailto:knewman@adelphi.edu)
  - Full-color logo featured on the webpage with a link to your company website
  - Social media promotion, including tags, posts and mentions (two posts in October; begins after sponsorship payment is received)
  - Inclusion in the event press release (payment must be received by **September 18, 2026**)
  - Company logo featured in promotional emails (appears after sponsorship payment is received)
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### **Ally \$1,000**

- Company name and logo will be listed as an official event sponsor in our digital journal
  - **Half-page advertisement** (5.5w x 4.25h)
    - All ads must be submitted by **September 18, 2026**
    - Submit camera-ready artwork as a PDF or JPG to [\*\*knewman@adelphi.edu\*\*](mailto:knewman@adelphi.edu)
    - For ad assistance, contact Kim Newman at [\*\*knewman@adelphi.edu\*\*](mailto:knewman@adelphi.edu)
  - Full-color logo featured on the webpage with a link to your company website
  - Social media promotion, including tags, posts, and mentions (one post in October; begins after sponsorship payment is received)
  - Inclusion in the event press release (payment must be received by **September 18, 2026**)
  - Company name featured in promotional emails (appears after sponsorship payment is received)
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### **Supporter \$500**

- Company name and logo will be listed as an official event sponsor in our digital journal
  - **Quarter-page advertisement** (2.75w x 4.25h)
    - All ads must be submitted by **September 18, 2026**
    - Submit camera-ready artwork as a PDF or JPG to [\*\*knewman@adelphi.edu\*\*](mailto:knewman@adelphi.edu)
    - For ad assistance, contact Kim Newman at [\*\*knewman@adelphi.edu\*\*](mailto:knewman@adelphi.edu)
  - Company name included in promotional emails (appears after sponsorship payment is received)
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## Digital Journal

[Click here](#) to reserve space in our digital journal

- **Full Page** (5.5w x 8.5h) **\$250.00**  
(Educational Forums)
- **Half Page** (5.5w x 4.25h) **\$125.00**  
(One hour session with a social worker (English or Spanish))
- **Quarter Page** (2.75w x 4.25h) **\$75.00**  
(Emergency Transportation for a breast cancer patient)

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## The STEP Program Video Series



### **The STEP Program**

The Adelphi NY Statewide Breast Cancer Hotline & Support Program was awarded a significant five-year grant from the Centers for Disease Control and Prevention (CDC) to initiate the **Survivorship, Treatment, Education and Peer Support (STEP) Program** which provides psychosocial support services and referrals to improve the quality of life for young women diagnosed with breast cancer, MBC patients and their families.

The STEP Program also provides educational workshops and forums, provider education and a video series.



This month we are happy to share the [next video](#) in the STEP Video Series. **Debbie Hughes of *Strength for Life***, shares how exercise can play a vital role in breast cancer care. She highlights how strength training, balance, flexibility, and endurance can help manage treatment side effects, support recovery, and improve overall well-being.

[STEP Program videos!](#)

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## Creative Arts Forum



**Date:** Tuesday, July 28, 2026

**Time:** 10:00 am - 12:00 pm

**Place:** Adelphi University

[Click here](#) to register

Join us in-person at Adelphi University for a creative adventure called “**Sunshine Within**”. This uplifting program invites participants to embrace their journey, recognize their growth, and reconnect with the light that continues to shine from within. Together, we’ll transform hope, healing, and positivity into meaningful creations you can see, touch, and carry with you.

Throughout the forum, we will explore a variety of techniques and mediums. All artistic levels are welcome to join. We encourage you to relax, let go, and enjoy the process of creating your own personal masterpiece. **This program is open to breast cancer survivors and caregivers.**

## REGISTRATION

\*\*Space is limited to 50 participants\*\*

This event is free, however, you must register online.

[Click here](#) to register

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## Support Groups



See our [support group schedule](#)

To participate in one of the listed support groups please call our Hotline at **800.877.8077** or email [breastcancerhotline@adelphi.edu](mailto:breastcancerhotline@adelphi.edu) to pre-register.

**All groups are free but registration is required. All groups are facilitated by a licensed social worker.**

**If you are interested in a support group or service that is not listed, please contact Angela Papalia LMSW: [apapalia@adelphi.edu](mailto:apapalia@adelphi.edu).**

*All groups are facilitated by a licensed social worker of the Adelphi Breast Cancer Program. These programs are supported by grants from the Alpern Family Foundation, Cooperative Agreement DP 24-0061 from the Centers for Disease Control and Prevention, Kat’s Ribbon of Hope, Marilyn Lichtman Foundation, New York State, Northwell Health Cancer Institute and Pink Aid.*

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## ONLINE SUPPORT GROUPS

### Newly Diagnosed

This drop-in support group is for women who have been newly diagnosed with breast cancer.

***For more information and to register, please contact Angela Papalia LMSW at: 516.877.4329 or [apapalia@adelphi.edu](mailto:apapalia@adelphi.edu).***

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### Under 45, Young Women's Support Group

This drop-in support group addresses the unique needs of young women with breast cancer.

***For more information and to register, please contact Marjorie Coello LMSW at: 516.877.4313 or [mcoello@adelphi.edu](mailto:mcoello@adelphi.edu)***

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### Support for Stage 4 Breast Cancer

Men and women with Stage 4 Metastatic Breast Cancer can find support, and share information, and coping strategies.

***For more information and to register, please contact Lois Goetz, LMSW, ACSW at: 516.877.4347 or [goetz@adelphi.edu](mailto:goetz@adelphi.edu).***

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### Creative Arts Workshops

Our four-week virtual creative arts workshops provide a therapeutic space for self-expression through art. Led by our professional staff, these workshops guide participants through various exercises and discussions, fostering personal insight and developing new coping skills.

Workshops are facilitated by Angela M. Papalia, LMSW, Assistant Director for the Adelphi Breast Cancer Program along with Kimberly Newman, BFA, Marketing and Communications Specialist for the Adelphi Breast Cancer Program.

***For more information and to register, please contact Angela Papalia LMSW at: 516.877.4329 or [apapalia@adelphi.edu](mailto:apapalia@adelphi.edu).***

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## Hormone Therapy Support Group

This bimonthly drop-in support group will meet via zoom. It is for breast cancer patients and survivors currently undergoing hormone therapy as adjuvant therapy.

**For more information and to register, please contact Angela Papalia LMSW at: 516.877.4329 or [apapalia@adelphi.edu](mailto:apapalia@adelphi.edu).**

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## SUPPORT GROUP FOR SPANISH SPEAKING WOMEN

### **Cafecito**

Cafecito is a Spanish-language support group for breast cancer patients and survivors. This group meets twice monthly via zoom.

**For more information and to register, please contact Angela Papalia LMSW at: 516.877.4329 or [apapalia@adelphi.edu](mailto:apapalia@adelphi.edu).**

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## Cancer and Careers

## Virtual National Conference on Work & Cancer



The Adelphi NY Statewide Breast Cancer Hotline and Support Program is pleased to partner with Cancer and Careers for the virtual National Conference on Work & Cancer, on **Friday, June 26, 2026!**

This FREE conference will explore the complexities working people face as they try to balance their cancer treatment and recovery with employment. Topics include balancing treatment and work, making disclosure decisions, managing side-effects at work, communicating effectively, looking for work and more. CEs/PDCs available for nurses, social workers and HR professionals.

For more details or to register, please visit:  
[www.cancerandcareers.org/conference](http://www.cancerandcareers.org/conference)

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## News & Press Releases

[Click here](#) to read our newest press releases

### Sunshine Within: Finding Inner Peace, Hope and Positivity

This uplifting program invites participants to embrace their journey, recognize their growth, and reconnect with the light that continues to shine from within. Together, we'll transform hope, healing, and positivity into meaningful creations you can see, touch, and carry with you.



[Read press release](#)

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### Volunteer Recognition Party

On April 30th we hosted our Volunteer Recognition Party at Muse Paintbar. We had a fantastic afternoon painting, creating and celebrating our incredible volunteers. Thank you to the Muse Paintbar team for leading such a fun experience. Our volunteers went home with amazing artwork and even better memories!



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## Lets Stay in Touch!

Follow us on Social Media and online to see photos of our wonderful volunteers at our outreach events, stay up-to-date on programs, forums and support groups. Read news articles and new studies on breast cancer, read inspiring stories from our volunteers, watch our events live on facebook and see the wonderful people and businesses that support us.





## SOCIAL MEDIA



[facebook](#), [X](#), [linkedin](#), [instagram](#), [youtube](#)

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## Support Us

**There are many ways for you to be involved with the Adelphi NY Statewide Breast Cancer Hotline & Support Program.**

As a statewide, not-for-profit organization, we provide free, bilingual social work services, peer support, and education to the breast cancer community.

### Ways You Can Get Involved

We rely on grants and donations to continue our vital work. Without your support, we may not be able to provide these life-saving services to those who need them most.



### **Donate**

Your support matters. By donating to the Adelphi NY Statewide Breast Cancer Hotline & Support Program, you directly contribute to our mission of providing vital services and assistance to individuals, families, and caregivers affected by breast cancer. Every tax-deductible contribution helps us expand our reach, enhance our resources, and provide support to those in need.

## [Make A Gift](#)

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## [Become a Volunteer](#)

Dedicated and professionally trained volunteers are at the heart of everything we do. Our experienced volunteers answer calls to our breast cancer hotline and provide support, resources and referrals across New York State.

## [Volunteer Training Information](#)

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## [Fundraising Initiatives](#)

Get involved to host and/or support us to raise awareness and funds for the Adelpi NY Statewide Breast Cancer Hotline & Support Program.

## [Help Raise Funds & Awareness](#)

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**The Adelphi Breast Cancer Program  
wishes our volunteers  
the happiest of birthdays!**



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**THANK YOU TO ALL OUR SPONSORS**

(Listed below in alphabetical order)

Alpern Family Foundation Inc.

Centers for Disease Control and Prevention

Kat's Ribbon of Hope

Manhasset Women's Coalition Against Breast Cancer

The Junior Coalition of the Manhasset Women's Coalition Against Breast Cancer

The Marilyn Lichtman Foundation

Nassau County Office for Housing and Community Development

New York State Department of Health

Northwell Health Cancer Institute

Pink Aid

Please visit our website at [adelphi.edu/breast-cancer](http://adelphi.edu/breast-cancer)  
Donate to our cause at [adelphi.edu/breast-cancer/donate](http://adelphi.edu/breast-cancer/donate)

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