



## ADELPHI NY STATEWIDE BREAST CANCER HOTLINE & SUPPORT PROGRAM

800.877.8077 • [adelphi.edu/breast-cancer](http://adelphi.edu/breast-cancer)



April 2026 - Newsletter

[View Website](#)

## National Public Health Week: Ready. Set. Action!

April 6 - 12, 2026



NATIONAL  
**PUBLIC  
HEALTH  
WEEK**

AN INITIATIVE OF THE AMERICAN PUBLIC HEALTH ASSOCIATION

### Celebrate Public Health Week

This year's theme, "Ready. Set. Action!", highlights the importance of strong public health systems and community-driven, proactive solutions that help people thrive. Public health is about more than just health care, it's about where we live, the support around us, and access to trusted resources that protect both our physical and mental well-being. Through our **Sisters United in Health / Hermanas Unidas en la Salud** initiative, we provide outreach, education, and referrals to help reduce barriers many individuals and families face. Join us in thanking public health professionals for keeping our communities safe, informed, and healthy.

[Click here](#) to learn more.

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Join Adelphi University's Health and Wellness Team and the Public Health Program for Public Health Week

Join Adelphi University for a fun week of learning and interactive activities for Public Health Week. The **Adelphi Breast Cancer Program** will have a table on **April 7, 2026** at the UC where we will be providing the community with free breast health information and resources. These events are open to all community members. Bring a friend, stop by, and take a step toward better health.

[Click here](#) for more information.

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### Nassau Navigator

The Adelphi NY Statewide Breast Cancer Hotline & Support Program has been added to the **Nassau Navigator database**. This site allows people to search by zipcode for free or low-cost rescoures in your community.

[Click here](#) to learn more.

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## Join us for Giving Day!

April 22 - 23, 2026

<b>Save The Date: 04.22.26 - 04.23.26</b>		<b>#Give4Adelphi</b>
<b>1,896 minutes to give.</b>		
<b>ADELPHI UNIVERSITY GIVING DAY 04.22.26 - 04.23.26</b>		

Giving Day is **April 22 - 23, 2026**. Join us in celebrating **GIVING DAY** by honoring the heart and soul of the **Adelphi Breast Cancer Program**, our extraordinary volunteers. During **Volunteer Appreciation Month**, we invite you to make a gift in recognition of the **1,896 minutes** that symbolize the dedication, strength, and support our volunteers give to individuals facing breast cancer.

**Dr. Neil Tanna, Advisory Board Member** of the Adelphi NYS Breast Cancer Hotline & Support Program is matching gifts to the Program, **dollar per dollar, up to \$2,500**. Your gift will be twice as impactful in supporting the breast cancer community.

Can't wait till April? [Click here](#) to make your gift early!  
Donations can be made via credit card, Venmo, or PayPal.  
**#Give4Adelphi**

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## The STEP Program Video Series



### The STEP Program

The Adelphi NY Statewide Breast Cancer Hotline & Support Program was awarded a significant five-year grant from the Centers for Disease Control and Prevention (CDC) to initiate the **Survivorship, Treatment, Education and Peer Support (STEP) Program** which provides psychosocial support services and referrals to improve the quality of life for young women diagnosed with breast cancer, MBC patients and their families.

The STEP Program also provides educational workshops and forums, provider education and a video series.



In honor of **Volunteer Appreciation Month**, we are happy to share **Chris Amatulli's** STEP program [video](#). Chris has been a volunteer with the Adelphi Breast Cancer Program for over 15 years. Chris shares her breast cancer journey with honesty and courage, reflecting on the challenges she faced and the support she received from the Adelphi NY Statewide Breast Cancer Hotline & Support Program and why she decided to volunteer and help others. Her story highlights the importance of compassion, resilience, and community in navigating life during and after breast cancer.

[STEP Program videos!](#)

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## The Warriors Book Club Meeting

April 6, 2026

The Daughters of Shandong *by Eve J. Chung*

[Click here](#) to register

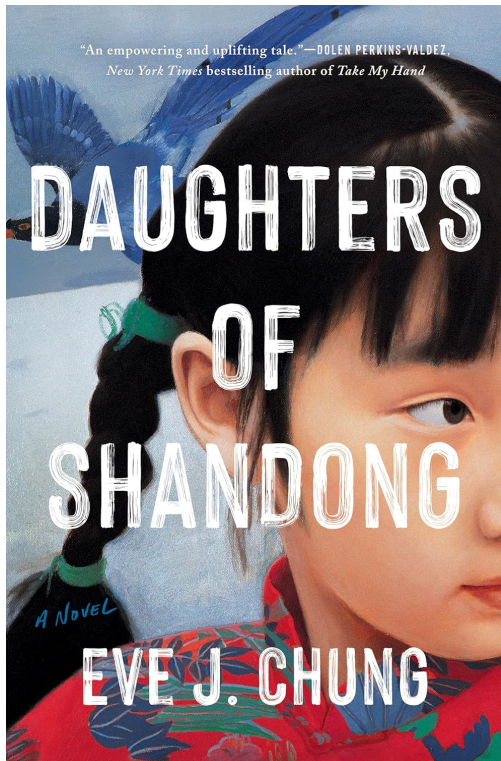


Participation in our **Warriors Book Club** will provide you with a wonderful, feel-good, uplifting and inspirational experience! The purpose of the Warriors Book Club is to support people in the community impacted by Breast Cancer.

**Monday, April 6, 2026**

**Join us on zoom from 7:00 pm - 8:00 pm (ET)**

On **April 6th** we will be discussing the book **The Daughters of Shandong by Eve J. Chung**.



*Daughters of Shandong* is a historical fiction novel about a mother and her three daughters in soon-to-be communist China. Chung's debut novel is a hopeful and powerful story about the resilience of women; the enduring love between mothers, daughters, and sisters; and the sacrifices made to lift up future generations.

## REGISTRATION:

[Click here](#) to register for our **April 6, 2026** Warriors Book Club Meeting on zoom.

**\* Prior to the book club meeting you will receive the zoom link in an email.**

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# RAISE YOUR VOICE

## Reinstate Our Program!



## RAISE YOUR VOICE

Since 1980, the Adelphi NY Statewide Breast Cancer Hotline & Support Program has played an essential role in providing New Yorkers with free licensed social work services, peer support, and life-saving community health education and referrals. We respectfully request funding of \$283,300 to be reinstated in New York State Budget FY 2027 for the Adelphi NY Statewide Breast Cancer Hotline & Support Program. The program urgently needs funding to continue addressing the needs of the breast cancer community. Contact your elected officials TODAY and request funding for the Adelphi NY Statewide Breast Cancer Hotline & Support Program.

Please **download** our letter template in word format, **personalize** your letter by editing the **red copy**, and **send them** to your local Senator. Also please **email** a copy of your letter to the program at [breastcancerhotline@adelphi.edu](mailto:breastcancerhotline@adelphi.edu). We will compile them for Senate review. **#FundABCP**

- **Download** letter template in Word format;
- **Contact** your local Senators

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## Support Groups



See our [support group schedule](#)

To participate in one of the listed support groups please call our Hotline at **800.877.8077** or email [breastcancerhotline@adelphi.edu](mailto:breastcancerhotline@adelphi.edu) to pre-register.

**All groups are free but registration is required. All groups are facilitated by a licensed social worker.**

**If you are interested in a support group or service that is not listed, please contact Angela Papalia LMSW: [apapalia@adelphi.edu](mailto:apapalia@adelphi.edu).**

*All groups are facilitated by a licensed social worker of the Adelphi Breast Cancer Program. These programs are supported by grants from the Alpern Family Foundation, Cooperative Agreement DP 24-0061 from the Centers for Disease Control and Prevention, Kat's Ribbon of Hope, Marilyn Lichtman Foundation, New York State, Northwell Health Cancer Institute and Pink Aid.*

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## ONLINE SUPPORT GROUPS

### Newly Diagnosed

This drop-in support group is for women who have been newly diagnosed with breast cancer.

**For more information and to register, please contact Angela Papalia LMSW at: 516.877.4329 or [apapalia@adelphi.edu](mailto:apapalia@adelphi.edu).**

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### Under 45, Young Women's Support Group

This drop-in support group addresses the unique needs of young women with breast cancer.

**For more information and to register, please contact Marjorie Coello LMSW at: 516.877.4313 or [mcoello@adelphi.edu](mailto:mcoello@adelphi.edu)**

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### Support for Stage 4 Breast Cancer

Men and women with Stage 4 Metastatic Breast Cancer can find support, and share information, and coping strategies.

**For more information and to register, please contact Lois Goetz, LMSW, ACSW at: 516.877.4347 or [goetz@adelphi.edu](mailto:goetz@adelphi.edu).**

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## **Creative Arts Workshops**

Our four-week virtual creative arts workshops provide a therapeutic space for self-expression through art. Led by our professional staff, these workshops guide participants through various exercises and discussions, fostering personal insight and developing new coping skills.

Workshops are facilitated by Angela M. Papalia, LMSW, Assistant Director for the Adelphi Breast Cancer Program along with Kimberly Newman, BFA, Marketing and Communications Specialist for the Adelphi Breast Cancer Program.

***For more information and to register, please contact Angela Papalia LMSW at: 516.877.4329 or [apapalia@adelphi.edu](mailto:apapalia@adelphi.edu).***

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## **Hormone Therapy Support Group**

This bimonthly drop-in support group will meet via zoom. It is for breast cancer patients and survivors currently undergoing hormone therapy as adjuvant therapy.

***For more information and to register, please contact Angela Papalia LMSW at: 516.877.4329 or [apapalia@adelphi.edu](mailto:apapalia@adelphi.edu).***

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## **SUPPORT GROUP FOR SPANISH SPEAKING WOMEN**

### **Cafecito**

Cafecito is a Spanish-language support group for breast cancer patients and survivors. This group meets twice monthly via zoom.

***For more information and to register, please contact Angela Papalia LMSW at: 516.877.4329 or [apapalia@adelphi.edu](mailto:apapalia@adelphi.edu).***

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## **News & Press Releases**

**[Click here](#) to read our newest press releases**

**3/13/2026**

**Adelphi Breast Cancer Program Hosts Virtual Warriors Book Club for Breast Cancer Survivors Across New York State**



On Monday, April 6 at 7 p.m., the Adelphi NY Statewide Breast Cancer Hotline & Support Program will host a virtual meeting of its Warriors Book Club to discuss the novel *Daughters of Shandong* by Eve J. Chung.

This free, one-hour Zoom gathering brings breast cancer community members together for conversation and connection with avid readers from Long Island and across New York State.

[read article](#)

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## We Are Hiring!

[Apply today](#) to join our amazing team



## Hotline & Volunteer Coordinator

The **Adelphi NY Statewide Breast Cancer Hotline & Support Program** is seeking a Hotline & Volunteer Coordinator to join our team. This grant funded position is hybrid (usually two days on site and three days remote). Responsible for oversight of Breast Cancer Hotline and Volunteer Program. Provide licensed counseling to women, men and families coping with Breast Cancer. Facilitate English language support groups for individuals coping with Breast Cancer. Consult with health care providers to promote our Peer-to-Peer program with area hospitals.

### Responsibilities & Duties:

- Oversight of Hotline services, including scheduling hotline shifts, evaluation and statewide outreach.
- Oversight of Volunteer program, including recruitment, training, supervision and bi-annual celebratory events.

- Provide psychosocial support to clients on site at Mercy Hospital and at the Program.
- Facilitate English language support groups. Co-facilitate survivorship programming, including a Book Club, etc
- Collaborate with community agencies and area hospitals.
- On-call nights and weekends for Hotline crisis intervention.
- Participate in community and fundraising events.
- Coordination of community outreach events and health fairs with program volunteers.
- Complete session notes.
- Perform other job-related duties as assigned.

**Requirements: (Knowledge, Skills, Abilities)**

- Strong clinical skills.
- Strong leadership skills to work well with volunteers, staff and clients.
- Strong written and verbal communication skills.
- Ability to supervise others effectively.
- Ability to work on multiple projects simultaneously.
- Ability to facilitate team building.
- Knowledge of Microsoft Office Suite, Google Drive, Internet and Email.
- Must possess a valid driver’s license and vehicle.

**Educational Experience Requirements:**

1. MSW and LMSW is required.
2. Minimum of five years of job-related experience is required.

**Salary Range:** \$64,000 – \$68,000 annually (grant-funded)

**Benefits:** Adelphi University offers a comprehensive benefits package

This role reports to the Assistant Director, Breast Cancer Program.

**[Click here](#) to learn more and apply through Adelphi University’s careers page.**

**Lets Stay in Touch!**

Follow us on Social Media and online to see photos of our wonderful volunteers at our outreach events, stay up-to-date on programs, forums and support groups. Read news articles and new studies on breast cancer, read inspiring stories from our volunteers, watch our



events live on facebook and see the wonderful people and businesses that support us.



#### SOCIAL MEDIA



[facebook](#), [X](#), [linkedin](#), [instagram](#), [youtube](#)

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## Support Us

**There are many ways for you to be involved with the Adelphi NY Statewide Breast Cancer Hotline & Support Program.**

As a statewide, not-for-profit organization, we provide free, bilingual social work services, peer support, and education to the breast cancer community.

### Ways You Can Get Involved

We rely on grants and donations to continue our vital work. Without your support, we may not be able to provide these life-saving services to those who need them most.



## **Donate**

Your support matters. By donating to the Adelphi NY Statewide Breast Cancer Hotline & Support Program, you directly contribute to our mission of providing vital services and assistance to individuals, families, and caregivers affected by breast cancer. Every tax-deductible contribution helps us expand our reach, enhance our resources, and provide support to those in need.

## **Make A Gift**

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## **Become a Volunteer**

Dedicated and professionally trained volunteers are at the heart of everything we do. Our experienced volunteers answer calls to our breast cancer hotline and provide support, resources and referrals across New York State.

## **Volunteer Training Information**

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## **Fundraising Initiatives**

Get involved to host and/or support us to raise awareness and funds for the Adelphi NY Statewide Breast Cancer Hotline & Support Program.

## **Help Raise Funds & Awareness**

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**The Adelphi Breast Cancer Program  
wishes our volunteers  
the happiest of birthdays!**



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**THANK YOU TO ALL OUR SPONSORS**

(Listed below in alphabetical order)

Alpern Family Foundation Inc.

Centers for Disease Control and Prevention

Kat's Ribbon of Hope

Manhasset Women's Coalition Against Breast Cancer

The Junior Coalition of the Manhasset Women's Coalition Against Breast Cancer

The Marilyn Lichtman Foundation

Nassau County Office for Housing and Community Development

New York State Department of Health

Northwell Health Cancer Institute

Pink Aid

Please visit our website at [adelphi.edu/breast-cancer](http://adelphi.edu/breast-cancer)  
Donate to our cause at [adelphi.edu/breast-cancer/donate](http://adelphi.edu/breast-cancer/donate)

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