



ADELPHI NY STATEWIDE
BREAST CANCER HOTLINE & SUPPORT PROGRAM

800.877.8077 • breast-cancer.adelphi.edu



July 2024 - Newsletter

[View Website](#)

***Wishing everyone a
safe and happy 4th of July!***

Comedy Night Fundraiser (September 26, 2024)

Join us for "**LAUGH OUT LOUD**" at **Governors Comedy Club**
Benefiting the Adelphi Breast Cancer Program.



Event Details

Date: Thursday, September 26, 2024

Time: Doors open at 6:30 pm
Please arrive by 7:30 pm (Showtime: 8:00 pm)

Cost/Donation: \$35 per ticket

****Tickets must be purchased in advance. They will not be sold at the show.****

Where: Governors Comedy Club (90 Division Avenue, Levittown, NY)

Order Tickets

[Click here](#) for event information and to order tickets.

Interested in becoming an event sponsor?

[Click here](#) to see our sponsorship opportunities for comedy night.

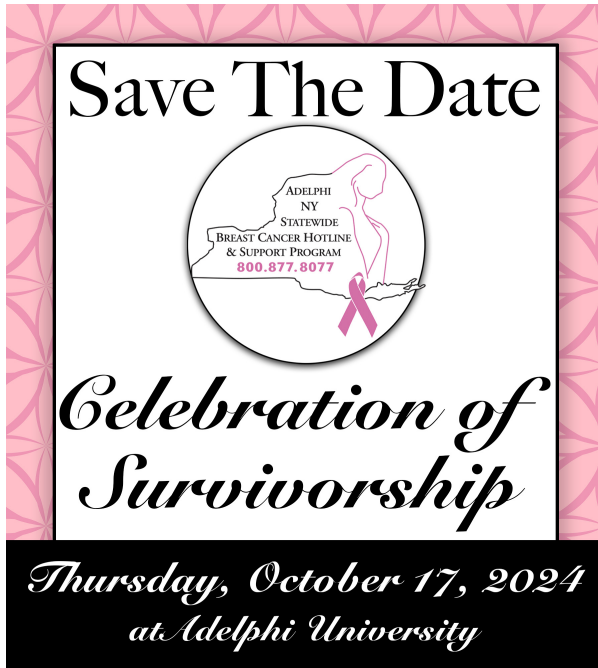
Thank you to our event sponsors

Kathi & Jeff Glass



Celebration of Survivorship 2024

****Event Details Coming Soon****



Become an event sponsor:

[Click here](#) to see our sponsorship opportunities and the included benefits.

Reserve space in our digital journal:

[Click here](#) to reserve your ad space in our digital journal.

- **Full Page** (5.5"w x 8.5"h) **\$200.00**
(Educational Forums)
- **Half Page** (5.5"w x 4.25"h) **\$100.00**
(One hour session with a social worker (English or Spanish))
- **Quarter Page** (2.75"w x 4.25"h) **\$50.00**
(Food card for an underserved breast cancer patient)
- **Listing in Journal** **\$25.00**
(Gift card for an underserved woman at the completion of her mammogram)

Upcoming Forum





[Click here](#) to register

Creativity Through a Zen Mindset

Join us in person at Adelphi University on a creative adventure. Participants will learn ways to achieve a “zen mindset”. Throughout this forum, we will be completing several activities promoting calmness, simplicity, and self-growth influenced by Japanese culture. We will be working with a variety of different techniques and mediums. Participants will also experience a guided zen meditation. All levels are welcome to join and we invite you to let go, relax and create your individual masterpiece.

****Space is limited to 50 participants****

Art supplies will be provided for all exercises.
Registration is required to attend this forum.

Date: Tuesday, July 16, 2024

Time: 10:00 am - 11:30 am

Place: Adelphi University, Garden City
(details will be provided upon registration)

[Click here](#) for more information and to register for this forum

Did you miss our forum on June 3rd?

**Patient Navigation and Support During a
Breast Cancer Diagnosis**

[Click here](#) to watch the video



Our forums are one way our program honors our mission to educate and support breast cancer patients and the community. To help us continue to provide engaging content to all people affected by breast cancer, we would like to ask you to complete a brief survey. This is your opportunity to provide feedback, anonymously, as well as suggested topics that will help so many people. We would also like to know how we can serve you better. After watching the video please fill out our evaluation form at <https://buff.ly/3Vs8vH5>

If you have missed any of our past forums, please visit our YouTube channel to watch the videos.

**Our forums are sponsored by
The Junior Coalition of the Manhasset Women's Coalition Against Breast Cancer, and
Northwell Health Cancer Institute.**

Support Groups



Online Support Groups

[Click here](#) to see our support group schedule.

To participate in one of the listed support groups please call our Hotline at **800.877.8077** or email **breastcancerhotline@adelphi.edu** to pre-register. **All groups are free but registration is required. All groups are facilitated by a licensed social worker.**

All groups are facilitated by a licensed social worker of the Adelphi Breast Cancer Program. These programs are supported by grants from the Alpern Family Foundation, Kat's Ribbon of Hope, Marilyn Lichtman Foundation, the Mother Cabrini Health Foundation, New York State and Pink Aid.

NEWLY DIAGNOSED (Now Forming)

Women who are recently diagnosed with breast cancer (within the past 18-months) will have the opportunity to meet with others and receive support.

For more information and to register, call Nina Foley, LCSW (516) 877-4315.

RECURRENCE SUPPORT GROUP

Women who have experienced a recurrence with breast cancer will have the opportunity to meet with others and receive support.

For more information and to register, call Nina Foley, LCSW (516) 877-4315.

UNDER 40, YOUNG WOMEN'S GROUP

Women under the age of 40 who are diagnosed with breast cancer have specific needs. This support group will focus on those concerns while allowing the members to share their feelings in a safe supportive environment.

For more information and to register, call Nina Foley, LCSW (516) 877-4315.

SUPPORT FOR STAGE 4 BREAST CANCER

Men and women with Stage 4 Metastatic Breast Cancer are welcome to join an ongoing twice-monthly group on Zoom to share information, feelings, hopes and coping strategies.

For more information and to register, call Lois Goetz, LMSW, ACSW (516) 877-4347.

SUPPORT GROUPS FOR SPANISH SPEAKING WOMEN

Cafecito

Cafecito is a Spanish language support group for breast cancer survivors who are post-treatment.

Cafecito

Cafecito es un grupo de apoyo en español para sobrevivientes de cáncer del seno que han terminado su tratamiento de quimioterapia o radiación.

Call Angela M. Papalia, LMSW (516) 877-4329.

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**ADELPHI NEW YORK STATEWIDE
BREAST CANCER HOTLINE & SUPPORT PROGRAM
800-877-8077**

El Programa del Cáncer del Seno de Adelphi te invita a

CAFECITO

*Un grupo de apoyo en español para sobrevivientes
de cáncer del seno que han terminado su tratamiento
de quimioterapia o radiación.*



Días: Jueves
El grupo es bimenstral durante julio y agosto.

Hora: 9:30 a.m. - 11:00 a.m.

Lugar: El grupo tomará lugar a través de zoom.

No estás sola.



Para registrarte llame a:
Ángela M. Papalia, Trabajadora Social Bilingüe

516-877-4329

breast-cancer.adelphi.edu



Para Nuestro Bienestar

Para Nuestro Bienestar is a Spanish language support group for women who are newly diagnosed (within the last 18 months) to meet with others and receive support.

Para Nuestro Bienestar

Para Nuestro Bienestar es un grupo de apoyo en español para mujeres recién diagnosticadas con cáncer de mama (en los últimos 18 meses) para conocer a otras y recibir apoyo.

Call Angela M. Papalia, LMSW (516) 877-4329.

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ONLINE CREATIVE ARTS WORKSHOPS



Our (4) week creative arts workshops empower participants to express themselves using art. This therapeutic program offers a safe place to communicate your thoughts, feelings, concerns, problems, hopes and dreams. Our professional staff guides you through different exercises and discussions helping you to find ways to gain personal insight and develop new coping skills.

For information on future workshops, please call **Angela M. Papalia, LMSW** at **(516) 877-4329** or email **apapalia@adelphi.edu**.

Our creative arts workshops are facilitated by **Angela M. Papalia, LMSW**, Assistant Director for the Adelphi Breast Cancer Program along with **Kimberly Newman, BFA**, Communications and Marketing Coordinator for the Adelphi Breast Cancer Program.

News and Press Releases

Program Highlights

CONGRATULATIONS TO NINA FOLEY



Congratulations to Nina Foley, our Volunteer and Hotline Coordinator, for passing the clinical licensing exam and becoming a Licensed Clinical Social Worker (LCSW)! Nina previously held her LMSW license. She has been a part of our Program for many years. While obtaining her MSW degree at Adelphi University, Nina completed one year of her Field Placement at the Adelphi New York Statewide Breast Cancer Program from 2017 - 2018. She later joined our Staff in July 2021. We are so fortunate to have Nina as a member of our team!

READ MORE

Support the Adelphi Breast Cancer Program



DO YOU LIKE A CHALLENGE?

There are so many different ways you can help support, boost awareness, and raise funds for the **Adelphi NY Statewide Breast Cancer Hotline & Support Program**. Get ready to create your very own **FUN**draiser!

Thank you to everyone who has supported us with facebook fundraisers, drive-in movie and exercise events. The annual "power of pink" jewelry collection, pink pumpkins, pink patch and halloween fundraisers have proven successful.

Your fundraising efforts allow us to provide outreach at community health fairs, host volunteer trainings, offer support groups, individual counseling, present educational forums and refer women to free or low-cost mammography screening.

Click here to [**START YOUR FUNDRAISER**](#) and fill out the form. We will share your fundraiser over social media, our website and in our monthly newsletter. We want to help you have a successful campaign!

DONATE

[Click here](#) to help support the **Adelphi Breast Cancer Program**. Without funding, our program will no longer be able to provide life-saving services to those who are truly in need. Please make a tax-deductible donation today, so that we may be there for the breast cancer community.

The Adelphi Breast Cancer Program wishes our volunteers the happiest of birthdays!



Let's Stay In Touch

Contact our Hotline, Visit our Website, Follow us on Social Media

Follow us on Social Media and online to see photos of our wonderful volunteers at our outreach events, stay up-to-date on programs, forums and support groups. Read news articles and new studies on breast cancer, read inspiring stories from our volunteers, watch our events live on facebook and see the wonderful people and businesses that support us.

SOCIAL MEDIA

[facebook](#), [twitter](#), [pinterest](#), [youtube](#), [instagram](#)

WEBSITE

breast-cancer.adelphi.edu

HOTLINE

800.877.8077 - We are here for you 365 days a year!



Thank you to all our sponsors

(Listed below in alphabetical order)

Alpern Family Foundation Inc.

Kat's Ribbon of Hope

Manhasset Women's Coalition Against Breast Cancer

The Junior Coalition of the Manhasset Women's Coalition Against Breast Cancer

The Marilyn Lichtman Foundation

The Mother Cabrini Health Foundation

Nassau County Office for Housing and

Community Development

New York State

Northwell Health Cancer Institute

Pink Aid

Please visit our website at www.myorganization.com.
Donate to our cause at www.myorganization.com/donate.
