Upcycling and reducing waste can be fun, and we can help the global environment by preventing the pollution of our lands and oceans: recycle, reuse, transform, create, and convert waste materials into art or reusable items!

This is my journey as a textile artivist.

My creative work focuses on form, texture, space, and light rather than realistic images. Viewers can interpret my work freely and intuitively; sometimes they may be drawn to something within the piece through their subconscious mind, as abstract art tends to inspire.

My weaving journey began in 1980. At that time, art supplies were very limited in Poland, but friends that supported my work bought me wool from farmers who raised sheep; and others brought me sisal collected from mushroom plantations. I also recycled my children’s old clothes, cutting thin strips out of them to weave colourful pieces.

After learning basic weaving and experimenting with various techniques, I was introduced to a famous tapestry weaver, Marta Gasienica Szostak, whose contemporary work inspired me so much. She had a young assistant, Ewa Bartosz Mazus, who became my friend and my teacher. Ewa showed me some of Marta’s more advanced techniques, and I continued experimenting on my own.

As time passed, and my work evolved, I began dedicating more energy towards recycled materials as a weaving medium. I experimented with old video tape, CDs, discarded wools, plastic from shopping and garbage bags, and other materials that are usually thrown into the junkyard.

I start with selecting and preparing material for weaving by cutting, straightening, and flattening the pieces into an appropriate size. By manipulating and “planning out” the strips you can create various effects.

I am still fascinated by the fresh and impressionistic look I can achieve using, essentially, “old junk” as my medium. Weaving with strips of fabric from old t-shirts, I can attain vibrant colours. I can create dramatic and reflective effects from woven old plastic. Sometimes I blend only video tape with black and transparent foil, creating a total metallic and reflective effect. Some tapestries look like they are made from iridescent yarn because I often blend video tape and plastic with other materials - such as metallic, fuzzy, and shiny ribbon or yarn.

The inspiration keeps flowing through the amazing historic artists that continue to influence my work: Austrian painters Klimt and Hundertwasser; French American sculptor and installation artist Louise Bourgeois; textile artists Micheline Beauchemin (Canadian), Olga de Amaral (Colombian), and Magdalena Abakanowicz (Polish).

However, throughout this journey, my main inspiration and energy has come from my children and husband. They are very talented and have done a lot of visual art and music in their lives, alongside other creative and professional pursuits.

The process of creating one of my tapestries made of plastic is included in this video.