



New Students

August 3, 2026

Can you believe that your first fall semester at Adelphi begins in three weeks? 🔥

This week we're focused on some ordinary but pretty important day-to-day college stuff. Also, if you missed any past editions of the *New Student Insider*, you can find them on our [Orientation website](#).

Got questions? Email us at orientation@adelphi.edu and expect a response within 24 hours.

—Adelphi's Student and Community Engagement team

? WHAT'S ONE-STOP?

The [One-Stop Student Services Center](#) helps you manage the administrative side of college, including financial aid, billing and payments, registration records and important student forms. Here are a few things to know:

- **View and pay your bill:** Log in to CLASS through eCampus to view your account. Payments can be made online, in person or by mail. You can also send a “payer invitation” to a parent, guardian or other person helping with your bill.
- **Check important dates:** Review the [academic calendar](#) for add/drop and withdrawal deadlines, testing periods, holidays and other key dates.
- **Manage your records:** Visit One-Stop for student records, enrollment verification and [frequently used forms](#).
- **Prepare for future registration:** You're already registered for Fall 2026. Beginning with your next semester, your academic adviser and One-Stop resources will help you [understand the registration process](#).
- **Get help during busy periods:** One-Stop offers extended hours at the start of the semester (9:00 a.m.–6:00 p.m.), with in-person payments accepted until 4:00 p.m.

Follow @onestopadelphi on Instagram for reminders about important tasks and deadlines.

SOME RESOURCES TO CHECK OUT

- **MyStudentProfile**—manage personal info, such as your preferred name and mobile number.
- **MyAULife**—where student clubs and organizations post everything you can join. During the year, this forum hums!
- **See our student tech guide** for all the tools you'll use during your time at Adelphi.
- **Panther Pantry**—access free food and personal-care items when you need them.

- 🍽️ **Meet our campus dietitian**—get personalized guidance on nutrition, allergies and dietary needs.
- 📱 **Transact Mobile Ordering**—order on-campus food in the app and skip the wait.
- 🚌 **The Panther Express Shuttle**—free transportation from campus to the train, stores and local entertainment. Watch [Luke's reel](#) for recommendations.

🧐 5 ORDINARY BUT IMPORTANT THINGS

Become familiar with some of the tools, expectations and resources that will help you succeed and engage responsibly in the Adelphi community.

Stay on top of your academic progress. 🎓

- Meeting with an [academic adviser](#) each semester will help you choose the right courses, understand your degree requirements and stay on track to graduate.
- Remember that adding, dropping or withdrawing from courses can also affect your bill and financial aid; talk to a [One-Stop](#) adviser before making those kinds of changes.

Recognize and avoid phishing scams. 💻

- Have you ever gotten a weird feeling from an email? Phishing emails can look like they're from someone you know, feel like an “urgent” request from someone important, or pretend to be an award notification or a Google Form that appears official, but isn't. Scam emails and texts can trick us into opening a malicious link or giving away sensitive information. If it feels suspicious, [report it to Help Desk](#) for investigation. And, if you fall for a scam, [contact Help Desk](#) right away.

Protect your privacy and reputation on social media. 📱

- When using social media, always protect your privacy, safety, reputation and future opportunities (like with future employers). [Your posts should always reflect your values](#) and follow [Adelphi's social media policy](#), which includes standards for official and student organization accounts and the use of Adelphi's name and logo.

“Know the Code.” 😊

- The University's [Code of Conduct](#) applies to all Adelphi community members. [Student Conduct and Community Standards](#) oversees the [student conduct process](#) and [academic honesty](#).

Swirbul Library is “chef's kiss!” 🥰

- Everyone has a favorite study spot on campus—a quiet corner of Nexus, the student lounge in the UC, a table at Starbucks. We highly recommend [Swirbul](#) for its [quiet spaces](#), [research support](#) and [collaboration studios](#) for group study. Plus, you can stop by the [Innovation Center](#) on the first floor to explore emerging technology, join a workshop or just grab some coffee.

📅 17 IMPORTANT DATES

See our [2026-2027 academic calendar](#)

- **August 20:** [First-Year Resident Student Move-In](#)
- **August 21-23:** [Orientation Weekend](#) ([Parents and families](#) on Friday)
- **August 23:** [Health and Immunization Forms Due to Health Services](#)

- **August 23:** [Matriculation Ceremony](#)
- **August 24:** [First Day of Classes](#)
- **September 4:** Final [add/drop/change/withdraw day](#) for Fall 2026
- **September 4:** Deadline for [opt-out programs](#) for Fall 2026
- **October 1:** [Health Insurance Waiver Period Ends](#)

Get ready for Adelphi! Watch your mailbox each Monday for more great info and resources.