



New Students

July 6, 2026

You're officially a Panther—and we're so excited to welcome you to Adelphi! 🐾

This weekly *Insider for New Students* will help you get connected, confident and ready between now and Orientation Weekend (August 21–23). Just 7 weeks away!

If you've got any questions about Orientation or what's next, email our team in Student and Community Engagement at orientation@adelphi.edu. We'll respond within 24 hours.

Let the countdown to Adelphi begin! ❤️❤️

✓ TOP 5 THINGS TO DO (IF YOU HAVEN'T ALREADY!)

1. To get registered for your fall classes, first **schedule a Zoom or in-person** advising session. It's a required step for any new student.
2. Activate **your eCampus and email accounts** now. The instructions came in an email from our IT Helpdesk.
3. **Register now** for **Orientation Weekend** on Fri., Sat. and Sun., Aug. 21–23. All three days are required and included in your fees.
4. **Review your bill** in CLASS. First payment is due July 21. Check out **no-interest payment plans** and ask our **One-Stop team** for guidance.
5. Learn about Adelphi's four **built-in programs**. You can opt out of them if they're not right for you. But mind the deadlines!

IMPORTANT DATES

- **Aug. 20** | New Resident Student Move-In
- **Aug. 21–23** | Orientation Weekend (including parents and families on Friday)
- **Aug. 23** | Matriculation Ceremony
- **Aug. 23** | Last day to submit Health and Immunization Forms

Submit them by **Mail**: Adelphi University Health Services Center, Waldo Hall, One South Avenue, P.O. Box 701, Garden City, NY 11530-0701 | **Fax**: 818.877.8008 | **Email**: healthservicescenter@adelphi.edu.

- **Aug. 24** | [First Day of Classes](#)
- **Oct. 1** | End of [Health Insurance Waiver Period](#) for eligible students

GREAT WAYS TO START MEETING PEOPLE

- **July 17** | [Mid-Summer Meet Up](#) | Garden City Campus
If you're in the area, come hang out with other new students, see the campus and meet our [PALs](#).
- **Aug. 17–19** |
[First-Year Community Action Program \(FCAP\)](#) | Off-Campus
Participate in a community service project and meet some classmates before the semester starts.
[ExploreNY](#) | Off-Campus
Out-of-state and upstate students can come to campus early and tour the area with us at no cost!

RESOURCES—CHECK THESE OUT

-  [MyStudentProfile](#)—manage personal info, such as your preferred name and mobile number.
-  [MyAULife](#)—where student clubs and organizations post everything you can join. During the year, this forum hums!
-  See our [student tech guide](#) for all the tools you'll use during your time at Adelphi.
-  [Ask Adele](#), our AI chatbot. Once she introduces herself to you via text message, you can pick her brain anytime, 24/7.

CONNECTIONS

We recommend following these Adelphi accounts:

- [@AdelphiU](#) (Insta, TikTok, LinkedIn, Threads, Facebook)
- [@AdelphiLife](#) (Insta)
- [@EngageAdelphi](#) (Insta and Facebook)
- [@AUPanthers](#) (Insta) / [@AdelphiUPanthers](#) (Facebook)
- [@OneStopAdelphi](#) (Insta)

More tips:

- [See all official Adelphi accounts](#) to find and follow your Adelphi school, department or program
- Review our [social media policy](#) and [personal use guidelines](#) to protect your digital footprint

Get ready for Adelphi! Watch your mailbox each Monday for more great info and resources.