**Student Information: Composite Letter Writer Guidelines**

In writing the composite letter of recommendation, your health professions adviser needs as much information as possible regarding your academic ability, activities and personal qualities. Give as much detail as possible; include dates of activities, jobs, volunteer work, and any unique activities that would help the professional school admissions committee choose you. Don't be shy; sing your praises.

**Academic Honors**
List any awards, prizes, honors, etc., received while in college. How often are they given (each semester, once a year?)? How many other recipients receive it at the same time?

**Extracurricular Activities**
List any co-curricular activities you spend a significant amount of time on and are of significant value to you.

**Work Experience**
List any jobs you committed a significant part of your time to during the academic year.

**Experience in Health Care Delivery**
List and describe any work experience (volunteer or salaried) you have had in "hands on" health care.

**Research and/or Independent Study**
List and describe any independent study or research projects you have been involved in during your undergraduate study.

**General**
What has captured you interest in the past three years? What excites you? What have you done to pursue your interests?

**Contact**
If you have any questions or comments about this page, please contact:

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