

ADELPHI UNIVERSITY

ISSUE N° 452 | SPRING 2015

How to Crack the
Google Code

Kick the Kids Out(side)

Air Guitar Hero

AU
VU

LASTING IMPRESSION

PRESIDENT ROBERT A. SCOTT'S LEADERSHIP AND LEGACY

ADELPHI UNIVERSITY

REUNION 2015

COME BACK. CATCH UP. SEE WHAT'S NEW.

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SATURDAY, JUNE 13, 2015

On-campus events followed by
Dinner at the Garden City Hotel

ADELPHI.EDU/REUNION



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"We believe that a college education should be a transformational experience, with benefits to society as well as self, not just a series of transactions, and that all students, whether undergraduate or graduate, should advance not only in knowledge, skills and abilities, but also in the values necessary to lead a life grounded in inquisitiveness and service. This is the path toward living a life, not just earning a living."

—ROBERT A. SCOTT, PH.D.

AU VU

THE MAGAZINE OF ADELPHI UNIVERSITY

AU VU, the Magazine of Adelphi University is published twice a year by the Adelphi University Office of Public Affairs. We welcome your thoughts and comments.

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and Creative Services and University
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Cover photo by Michael Paras

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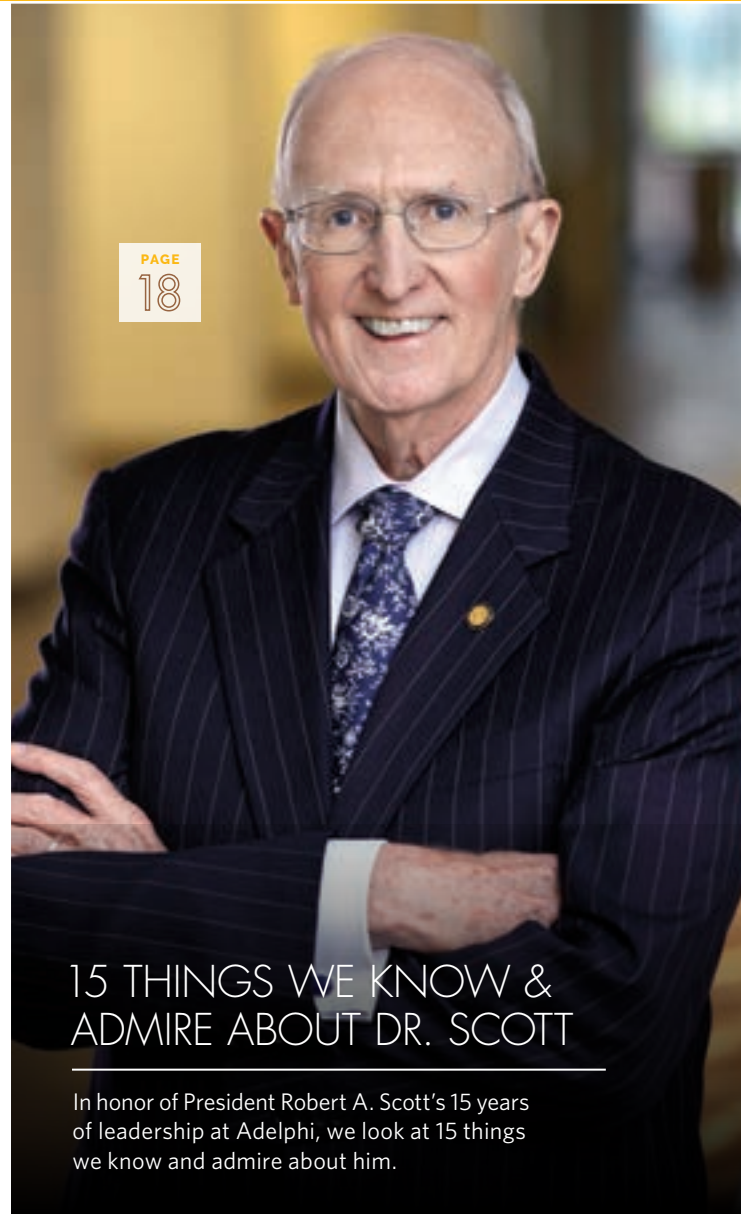
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15 THINGS WE KNOW & ADMIRE ABOUT DR. SCOTT

In honor of President Robert A. Scott's 15 years of leadership at Adelphi, we look at 15 things we know and admire about him.

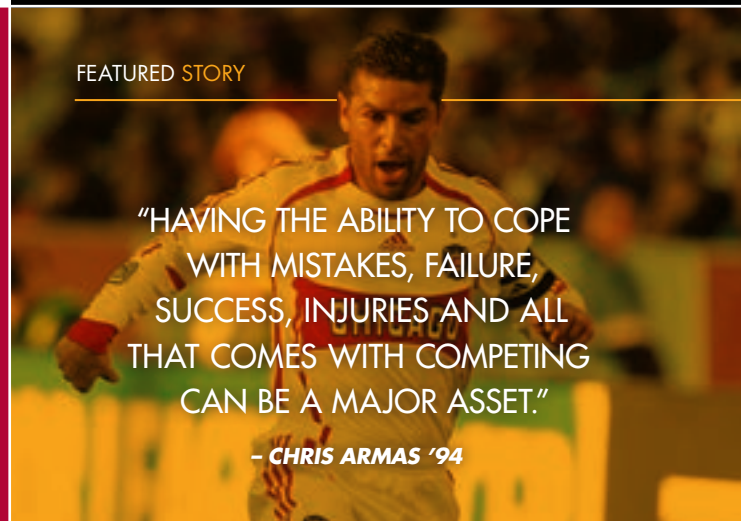


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THIS IS
NO TIME
TO THINK
SMALL.

President-Elect
Christine M.
Riordan, Ph.D.

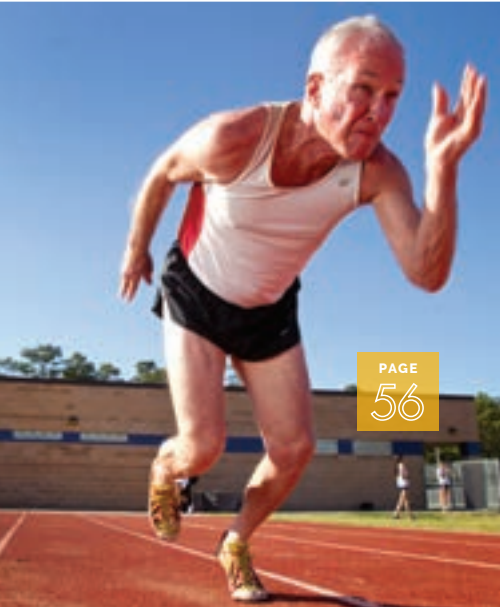
FEATURED STORY



"HAVING THE ABILITY TO COPE
WITH MISTAKES, FAILURE,
SUCCESS, INJURIES AND ALL
THAT COMES WITH COMPETING
CAN BE A MAJOR ASSET."

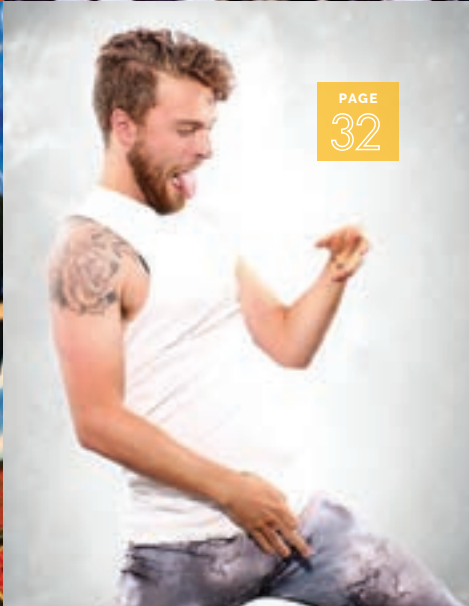
— CHRIS ARMAS '94

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A LOOK BACK



The Panther
in His Many
Guises

UNIVERSITY NEWS

Phyllis and Frank '77 Angello were honored for their \$2.5 million commitment to Adelphi.



ALUMNI HOUSE DEDICATED TO PHYLLIS AND FRANK '77 ANGELLO

In a dedication ceremony on Sunday, March 22, 2015, Adelphi's Alumni House was named the Angello Alumni House in honor of a generous \$2.5 million commitment from Phyllis and Frank '77 Angello. The unrestricted gift will be used by the board of trustees and President Robert A. Scott to support University priorities such as student scholarships and campus enhancements.

A graduate of the Robert B. Willumstad School of Business, Frank Angello is the former chief financial officer of the Treasury and Securities Services Division

of JPMorgan Chase & Co. and former chief financial officer of Lighthouse International. He has served as an Adelphi trustee since 2007 and is currently secretary of the board.

Phyllis Angello held a variety of executive and administrative positions during her 37-year career with the Internal Revenue Service. She currently serves on the corporate advisory board of Abilities, Inc. at The Viscardi Center.

"Phyllis and I are very happy that the Angello name will be forever linked with

Adelphi," Frank Angello said. "It demonstrates our commitment to scholarship, the importance of scholarship in our own lives and our strong belief that scholarships matter to future generations of Adelphi students."

The Angellos—parents of Peter Angello '11 and previous members of Adelphi's Parents Council—were honored at Adelphi's 15th Annual President's Gala (see page 45). Active in their community, they have also held leadership roles in their parish.

BY BONNIE EISSNER

"CALL ME BOBBY"

YOUNG ALUMNI REFLECT ON DR. SCOTT'S LEADERSHIP

Last fall, we invited recent alumni to share their memories of Dr. Robert A. Scott's presidency and their thoughts on his decision to move on. Here are some things they told us.

Dr. Scott and I met when he first started at Adelphi. It was his freshman year when it was mine. **THE FALL OF 2000, HE DECIDED TO TAKE ONE OF THE FRESHMAN ORIENTATION EXPERIENCES CLASSES, AND HE WAS IN MY SECTION. HE SAID, "CALL ME BOBBY," AND WAS IN CLASS LIKE THE REST OF US.** We've been best buds. I almost cried when I found out [he was concluding his term as president].

—Candida Rivera '04

This year [my senior year/in 2014] I met with him monthly because of student government, and I was president. It was really nice to talk with him about Adelphi and bettering the University. **HE REALLY, TRULY DOES CARE ABOUT ADELPHI.**

—Samantha Garguilo '14

PRESIDENT SCOTT IS LIKE THE PRESIDENT NO OTHER UNIVERSITY HAS. When I talk to my friends at different colleges, they don't know their presidents at all. They never see them on campus. President Scott is really part of the Adelphi community.

—Nicole Wong '13

DR. SCOTT IS NOT JUST A FIGURE-HEAD OF THE UNIVERSITY. **HE'S AN ACTUAL PERSON, A PERSONABLE LEADER WHO COMES OUT AND MEETS HIS STUDENTS.** That's what sets him apart and establishes his greatness in Adelphi history.

—Kieran Persaud '13

A LETTER FROM THE EDITOR

Dear Readers,

How does one sum up 15 years of inspired leadership in just a few pages? It's not easy, but we have put forth our best effort in our feature on President Robert A. Scott, who will be moving on after June of this year. He has reinvigorated this remarkable university and set it on a path of continued growth, and, on behalf of the AU VU editorial team, I want to extend to him our sincere gratitude. It is because of his commitment to Adelphi alumni and to the broader Adelphi community that we are able to bring you news and stories from campus and beyond. Early in his tenure, he recognized the value of communications and encouraged us to think creatively about our outreach efforts, including this publication.



BONNIE EISSNER, Editor-In-Chief, AU VU, the Magazine of Adelphi University, EISSNER@ADELPHI.EDU

We see AU VU as an extension of Adelphi—a place where ideas and information mix and mingle and new knowledge and understanding emerge. We hope you find in this issue something that intrigues you, or motivates you, or even challenges you. We have selected topics with the intention of sparking reaction and change. You can learn from psychologists and trainers what it takes to keep athletes—even the youngest ones—mentally and physically hale. Curious about what it takes to land a job at Google? Want to protect your online data? Or looking for inspiration on living to 100? Find it all here.

What have we missed? Please share your stories and feedback.

Happy reading!

CONSIDERING GRADUATE SCHOOL? CONSIDER ADELPHI

Scholarships of up to \$5,000 are now available for high-achieving new graduate students.

To learn more, please call 516.877.3080.

THE REAL VALUE OF AN ADELPHI EDUCATION

The news media are filled with stories about higher education, and most are not flattering. Such stories often question whether college is worth the expense, and express concerns about student loan debt, low graduation rates, employment prospects for graduates, binge drinking, abuse in athletics, sexual assaults and distorted priorities in the allocation of resources, among other complaints such as high tuition and large lecture classes. Given this media attention, it is no wonder that people often ask me how Adelphi fares in these critiques.

First, we focus on our mission for student learning and our goals for student satisfaction, success, retention, graduation and post-graduation success in careers and graduate school. We do this in part by encouraging students to major in subjects for which they have a passion, whether accounting or anthropology, physics or poetry, because students are more successful when they study what they love. It is our responsibility, then, to promote a broad liberal education and create the internships and other experiences that help prepare students for the world beyond Adelphi. As a result, we have one of the highest graduation rates in the region.

Second, we manage our resources of people, money, equipment and facilities so that we can hold tuition lower than regional competitors. Adelphi has been recognized for this stewardship by Standard & Poor's, Grant Thornton and the *Fiske Guide to Colleges*, in which, for nine years, Adelphi has been included as one of the two dozen best values in American higher education for efficiency and effectiveness. In addition, Grant Thornton dedicated its 2013 review of higher education to Adelphi as an exemplar of institutional management of resources and focus on student success.



This attention to student progress and well-being permeates all that we do, in campus life, fraternities and sororities, athletics and residence halls. As a consequence, Adelphi has been lauded as one of the safest campuses in the nation.

Success starts with purpose. We believe that a college education should be a transformational experience, with benefits to society as well as self, not just a series of transactions, and that all students, whether undergraduate or graduate, should advance not only in knowledge, skills and abilities, but also in the values necessary to lead a life grounded in inquisitiveness and service. This is the path toward living a life, not just earning a living.

A handwritten signature in dark ink, reading "Robert A. Scott".

ROBERT A. SCOTT, PH.D.



DR. SCOTT (IN YOUR WORDS)

This past March, we invited you—Adelphi alumni, students, faculty, administrators and friends—to describe outgoing Adelphi President Robert A. Scott in three words or less. From your submissions—totaling more than 900—we created this word cloud.

Christine M. Riordan, Ph.D., will be the first woman president of Adelphi when she succeeds President Robert A. Scott in July.



// **if** WE COLLABORATE AND ENGAGE IN
EXCITING DISCUSSIONS, TOGETHER
WE ARE THE BEST AUTHORS FOR
THE UNIVERSITY'S NEXT CHAPTER. //

— **CHRISTINE M. RIORDAN, PH.D.**

MEET ADELPHI **PRESIDENT-ELECT**

CHRISTINE M. RIORDAN, PH.D.

On December 2, 2014, the Adelphi Board of Trustees announced the appointment of Christine M. Riordan, Ph.D., as the University's 10th president. Dr. Riordan previously served as provost of the University of Kentucky and will succeed Robert A. Scott, Ph.D., who has served with distinction as university president since 2000. Dr. Riordan will be the first woman to lead Adelphi in its 119-year history when she starts her term on July 1, 2015.

Dr. Riordan was greeted by a standing ovation when she was introduced to the Adelphi community last December. "They say that life is not measured by the breaths we take, but by the moments that take our breath away," she told the assembled students, faculty, staff and alumni. "Today is one of those breathtaking moments for me. I feel very privileged to be named the 10th president of Adelphi University and its first woman president." Dr. Riordan emerged as the unanimous first choice of the presidential search committee composed of faculty, administrators, trustees and students.

Board of Trustees Chairman Robert B. Willumstad '05 (Hon.), who co-chaired the search committee with Trustee N. Gerry House, Ed.D., introduced Dr. Riordan.

"We felt very strongly that we wanted to find the right person, and I believe we have," he said, later explaining, "More than anything else, I think she grasped and understood the culture of Adelphi and what it stood for...and recognized the unique relationship that the University has with its students because of a talented and caring faculty."

As the provost at the University of Kentucky, Dr. Riordan oversaw all academic operations, including 16 colleges, the library system, undergraduate and graduate education,

enrollment management, information technology, student support services, international programs, institutional research and institutional effectiveness. She spearheaded a number of initiatives that led to enrollment growth, new programs and expanded global activities.

For five years, Dr. Riordan served as dean of the Daniels College of Business at the University of Denver. In collaboration with the university, Dr. Riordan and her team built a fundraising system for the college and raised more than \$14 million a year in private and corporate funds and increased the college's endowment by more than 50 percent.

Dr. Riordan graduated from Georgia State University (Ph.D. and M.B.A.) and the Georgia Institute of Technology (Bachelor of Textile Engineering—now called Material Sciences Engineering).

She is an internationally recognized expert in leadership development, diversity and inclusion and team performance. She is interviewed regularly and has written more than 30 articles for business media.

"This is no time to think small," she said in her address last December. "If we challenge ourselves and those around us to seek innovative ways of teaching, if we seek out and encourage that spark of an idea, if we collaborate and engage in exciting discussions, together we are the best authors for the University's next chapter."

Get to know Dr. Riordan via video interviews, press announcements and more at EVENTS.ADELPHI.EDU/PRESIDENTIAL-ANNOUNCEMENT.



CRACKING THE Google CODE

Stephen Bloch, Ph.D., first applied to work at Google in 2005 when he heard that the company was opening an office in New York City—its first outside of its Mountain View, California, headquarters. An Adelphi associate professor of computer science at the time, he applied on a whim and landed an interview, but not a job.

Google, though, held on to his résumé and a few years later invited him to interview again. “I spent six hours with techies answering technical questions,” Dr. Bloch said. But the phone call that came two weeks later was a polite rejection.

Last year it happened all over again. Google invited him back. He recalled his reaction: “I’m just going to have a fun day solving other people’s problems.” Two weeks later, on his 50th birthday, Google made an offer.

Today Dr. Bloch is a software engineer at Google’s New York office. As Google has grown, so too has its New York outpost. About 3,000 “Googlers” work in a hulking building in Manhattan’s hip Chelsea neighborhood. (Some Googlers even use scooters to traverse the massive space.) With Dr. Bloch are at least three Adelphi alumni—Joseph DiLallo ’08, Anastassia Drofa ’05 and Nick Miceli ’12.

Despite its growth, Google remains highly selective in its hiring. Last year, it reported hiring about 0.2 percent of its three million or so applicants.

What does it take to become a Googler, and what is it like to be one? Dr. Bloch and the three Adelphi alumni shared their insights with AU VU.

Want to be a Googler? Take these steps.

MEET THE ADELPHI GOOGLERS

Stephen Bloch, Ph.D. *Software Engineer*
STARTED AT GOOGLE IN 2014

Joseph DiLallo ’08 *Software Engineer*
STARTED AT GOOGLE IN 2010

Anastassia Drofa ’05 *Senior User Experience Researcher*
STARTED AT GOOGLE IN 2007

Nick Miceli ’12 *Software Engineer*
STARTED AT GOOGLE IN 2012

BE PASSIONATE ABOUT SOLVING PROBLEMS

Google wants people, particularly software engineers and designers, who can not only solve problems, but who also thrive on doing so.

Despite what you may have heard, interviewees are not—or at least no longer—fed brain teasers (how to escape from a blender if you're the height of a nickel, etc.). Instead, said the Adelphi Googlers, you'll be tested with problems relevant to your area of expertise.

"You're interviewed by people who have the position you want to go for," said Nick Miceli '12, a software engineer. "You're being asked questions exactly relevant to what you would do here." Not that the questions are easy.

"By the end of the day, your brains are leaking out your ears, but it's fun," Dr. Bloch said.



Miceli, who—like Anastassia Drofa '05 and Joseph DiLallo '08—has interviewed numerous aspiring Googlers, offered this guidance, especially for current college students: Go beyond your books and class assignments and try your hand at solving real problems—create an app or game, get a job or an internship, contribute to open source code.

Drofa said she looks for passion in potential colleagues. She listens for

clues as to how enthusiastic people are for problem-solving work and why they are excited about being at Google. "A common feature that everyone shares here is being super, super passionate all the time," she said.

"This is a company full of problem solvers," Dr. Bloch said. Take, for instance, Google's Project Loon, an initiative to bring the Internet to remote parts of the globe using weather balloons.

As a senior user experience researcher, Drofa works with software engineers to ensure that the products they dream up are "usable, useful and desirable" to people. She summed up Google's culture as "anything is possible." "Your expectations rise really, really high as a result," she said.

TAKE RISKS AND DON'T BE AFRAID TO FAIL

Dr. Bloch's three interviews are a case in point. DiLallo interviewed twice before getting hired as a Google software engineer.

Googlers are expected to adapt quickly to new situations and ideas. "We iterate, we amend, we try again, we do," Miceli said of the Google development process. Google is constantly reinventing and

refining its own code. Miceli noted that "probably over fifty percent of the code I've written is no longer in use."

"You have to be willing to throw something away," Dr. Bloch said. He said there are even competitions within teams to delete the most lines of old code.



COLLABORATE AND EMBRACE A FLAT WORLD

DiLallo said that interviewers look for people who can take feedback and input from colleagues. Interviewers commonly point out mistakes that candidates make. "Some people get very offended and very defensive and then that's a very bad sign, especially here where that will happen to you all the time," DiLallo said.

"Google is a very collaborative place; you never work on anything by yourself," DiLallo said. "People always review your code. It's part of Google's policies."

DiLallo explained: "Nobody knows everything. Our field is so expansive. I learn

things from my peers, and, thankfully every so often I teach things to my peers."

"You do rely on each other a lot," Drofa said of Google's team-based environment.



Rubbing elbows with senior management is par for the course. Google co-founder Sergey Brin regularly holds fireside chats with employees. Miceli even described teaching an Android coding class to

Craig Nevill-Manning, the engineer who started Google's New York office. "He was so cool," said Miceli.

DiLallo summed it up this way: "At my previous job, knowledge was power and so people hoarded what they knew and were very hesitant to teach anybody anything...Google is the absolute opposite, where it's like, 'If I teach you how to do this, then I don't have to do it anymore.' And everyone wants to go work on the next cool idea."

BY BONNIE EISSNER
ILLUSTRATIONS BY SARAH McCAY

SCENE ON CAMPUS

ADELPHI IN PERSPECTIVE

This aerial shot was taken for Adelphi's new interactive campus map. The Garden City campus is in the foreground. Squint and you'll see Manhattan on the horizon.

IN FULL BLOOM

For generations of Adelphi students, pink "snow" has heralded the arrival of spring. The cherry trees outside of Levermore Hall have been blossoming every spring for between 50 and 60 years—nearly twice as long as the 30-year average for their species. Their longevity is a tribute to careful groundskeeping.



ON THE WATERFRONT

Brooklyn's Dumbo (Down Under the Manhattan Bridge Overpass) neighborhood was one of the many outdoor settings for a new landscape painting class taught by Associate Professor Kellyann Monaghan. Monaghan, a Brooklyn resident and landscape artist herself, took advantage of the region's diverse urban and pastoral settings to expose students to the art of painting *alla prima*. Other sites included the Brooklyn Botanic Garden and Long Island's Hall's Pond Park and Old Westbury Gardens.



CREATING RESILIENT COMMUNITIES



Far beyond Beantown, Boston's response to the 2013 Boston Marathon bombing has been hailed as a prime example of disaster resilience. "Why do you think Boston was so strong in the wake of the city's terrorist bombing?" asked Meghan

McPherson, assistant director of Adelphi's Center for Health Innovation (CHI). "Because the agencies that deal with emergencies knew each other, had drilled together and understood what everyone's strength was." This social resilience made "Boston Strong" more than a mere slogan.

Now, CHI, which is directed by Elizabeth Cohn, Ph.D., R.N., is leveraging Adelphi knowledge and resources to bolster resilience and emergency preparedness on Long Island. Through its Creating Healthy and Resilient Communities grant, this past fall, CHI offered support and training for officials in Patchogue and North Hempstead—two very different communities. Patchogue, a South Shore village, has just over 12,000 residents. The Town of North Hempstead,

which encompasses 30 villages and 20 hamlets, has more than a quarter of a million residents.

Both communities are using the funding and guidance for a variety of initiatives, including enhancing emergency supply distribution points, protecting their most vulnerable residents and training first responders. In addition to modest grants, faculty and administrators from Adelphi's emergency management program shared their expertise with town officials and volunteers.

Learn more about CHI and its many initiatives at CHI.ADELPHI.EDU.

BY ERIN DONOHUE, G.C. '14

STELLAR DESIGN

Adelphi's Nexus Building and Welcome Center, which is on target for completion in Fall 2015, has been recognized for outstanding design by The American Institute of Architects, Philadelphia Chapter. The building and its architectural firm, Ballinger, won the Silver Medal in the 2014 AIA Philly Awards for Design Excellence. The award is the highest given to an unbuilt building.

The Nexus Building and Welcome Center will be the new home of the College of Nursing and Public Health and the Center for Health Innovation and will bring under one roof an array of student and alumni services, including the Office of Admissions, the Center for Career Development and the offices of Alumni Relations and University Advancement.

BY MICHAEL NICHOLAS



FIRSTJOBS



"I love teaming up with designers and editors to build something new and exciting."

— FRANK TURANO '14

FRANK TURANO '14

You probably know this from your own experience, and studies have corroborated that most of us use smartphone and tablet apps to access the Internet. In fact, as of last year, *CNNMoney* reported that 55 percent of Internet usage was attributed to mobile devices.

CNNMoney isn't merely reporting on the data. It's acting on it by creating responsive Web pages that "function well on any devices, any stream, just by adjusting the size of the browser," said Frank Turano '14, a *CNNMoney* webmaster and front-end developer.

Turano started his position just days after graduating from Adelphi. Since then, he has helped redesign parts of the *CNNMoney* website to make it more responsive and interactive. As a front-end developer, he works in groups, sometimes leading projects to enhance specific components of the website, a responsibility he is eager to undertake. "These larger projects are where I have the most fun and where I really get put to the test," he said.

His work can be seen in *CNNMoney*'s recently launched Most Innovative Cities website. Specifically, he worked on the multimedia page for Minneapolis, which depicts the completion of the city's new light rail line through articles, photos, videos and an interactive tour.

When he's not working to redesign aspects of the site, he is helping to troubleshoot as a webmaster. Rotating shifts with two other webmasters, Turano supports the editorial and video production teams, assisting with technical difficulties and ensuring content is uploaded for viewers to stream whenever they want.

Turano's passion for his work is palpable. "I love teaming up with designers and editors to build something new and exciting," he said. "My heart is in my code."

Landing such a desirable job took considerable effort. A communications major in the College of Arts and Sciences, he worked three on-campus jobs in his senior year.

For one of them, in Adelphi's information technology services department, he collaborated with Web team staff to develop Adelphi's first responsive website. According to Erica Klein '04, manager of Web communications, "That first site was the proof-of-concept for everything we've done since to make our entire website responsive."

Turano also pursued an internship at ForKeeps, a tech start-up. He made enough of an impression for one of the webmasters to call him and offer to pass his résumé along to a technical manager at CNN.

"He thought I'd be a good fit," Turano said. "It was the combination of my on-campus jobs and the course work I did at Adelphi that enabled me to land the internship that led to my job."

Turano looks forward to continuing to excel in his field. "I have fun all day, every day, and I wouldn't trade my career for the world."

BY REBECCA ENDRES

BY THE NUMBERS

HONORS COLLEGE
SCHOLARSHIP
ENDOWMENT
ANNUAL DONORS,
FROM 2004 TO 2014

VETERANS ENROLLED
AT ADELPHI SINCE
2008, WHEN THE
NEW GI BILL WAS
PASSED

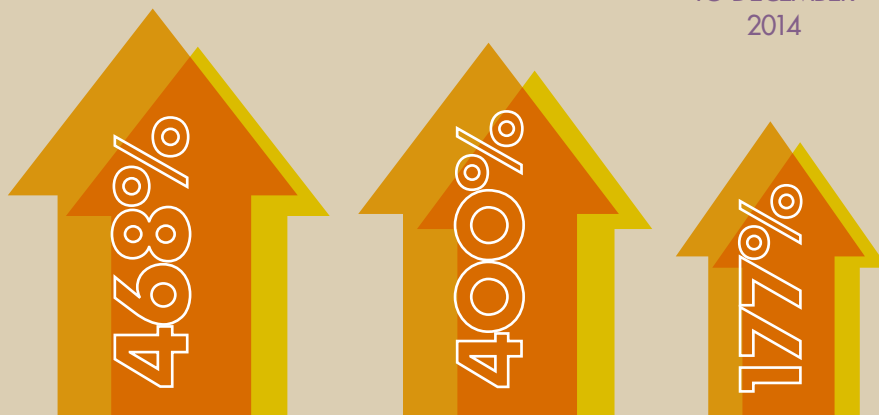
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OF ADELPHI'S
INSTAGRAM
FEED FROM
DECEMBER 2013
TO DECEMBER
2014



In case you missed it, our most popular Throwback Thursday post was ...

A Sign of the Times. A new sign at the Nassau Boulevard Long Island Rail Road reflects Adelphi's upgraded status. Adelphi was granted university status by the Board of Regents of the State of New York in 1963.

Follow us on Facebook: [FACEBOOK.COM/ADELPHIU](https://www.facebook.com/ADELPHIU)



\$489,650,000

ADELPHI'S TOTAL ECONOMIC IMPACT ON THE LONG ISLAND ECONOMY IN 2013*

*Source: clu Economic Impact Study

HAPPY BIRTHDAY TO...



Gordon F. Derner, Ph.D., *CENTER* the founding dean and namesake of the Gordon F. Derner Institute of Advanced Psychological Studies, would have turned 100 on April 9, 2015. The Institute will honor his legacy at a celebration on November 13, 2015.



University College, formerly known as ABLE, hits the big 4-0. Since 1975, the College has been home to adult learners, offering career-advancing educational opportunities.



The Honors College turns 20. For two decades, high-achieving students have found a home in the College's close-knit community.

PHYSICS PRODUCES IN ME AN ADRENALINE RUSH THAT DRIVES ME TO QUESTION EVERYTHING IN THE PHYSICAL UNIVERSE. HOWEVER, IT SIMULTANEOUSLY CREATES A CALM INTERIOR SPACE WHERE I CAN SEEK AND FIND LOGICAL EXPLANATIONS TO MY EVERY QUESTION.

A JOURNEY OF CREATION

BY TRACY PALTOO

I attended Grover Cleveland High School in Queens, New York. In my junior year, I participated in an event called Science Olympiad. Science Olympiad is a team competition in which more than 30 other high schools compete in scientific events, including biology, chemistry, physics, and engineering.

For my event I had to create a boomilever, a cantilevered structure similar to a crane. My friend, another female student, was my only teammate and together we had to build the boomilever. We encountered many mishaps, such as the wood warping due to heat, ineffective glue that would not hold the wood together, and grainy palms from our seemingly endless sanding. But with every mistake we learned what not to do for the next creation. It was in high school that I learned that for every question in physics, there can be a multitude of solutions.

My partner and I constructed a boomilever that weighed 130 g and could hold 5 kg. In developing the structure, we incorporated physics and bridge-building skills and medaled fourth place with our design. We were commended by our school officials and the local district member for being successful female students in a science career track. We were a rarity for the student body in our school district.

Repeatedly building, creating, and destroying presented me with challenges and made me wonder more about physics. I knew from my experience in Science Olympiad that I wanted to explore the greater depth and challenge of physics in college.

ADELPHI UNIVERSITY


I knew I wanted to attend Adelphi University when I first visited its campus in Garden City, Long Island, that hazy spring day. The campus was surrounded with blooming flowers and the smell of wet grass was in the air. An hour away from my family home, the campus was far enough, but not too far away.

Even more important than the location and serenity of the campus, Adelphi University offers an amazing five-year program. The program allows undergraduates interested in physics and engineering to attain a degree in physics at Adelphi University in three years and then a graduate degree in engineering from Columbia University in two. It sounded thrilling to thrive on a rigorous academic experience and interact with a diverse pool of physics students at Adelphi, and then go on to obtain a higher degree at an internationally recognized institution.

Studying physics at Adelphi University is a special experience. Compared to my high school, there is a high profile for physics at Adelphi University, and this comprehensiveness was welcome to a first-year like myself. In high school, my learning experience was limited to strict memorization of formulas rather than the understanding of concepts and theories to arrive at accurate conclusions.

Tackling physics problems at Adelphi has been exponentially more fulfilling than getting the right answer on a test in high school. Adelphi has taught me how to apply in-class physics lectures to real-life situations. During a lecture on optics, I learned about how lenses reflect, refract, and magnify. Later, in a summer research class, my lab partners and I encountered a problem in which we needed to observe a beam that was too small to see. We were able to solve our problem by constructing a lens system using our knowledge from lecture to magnify the beam and make it more visible.

Adelphi holds its students accountable for the standard of their work, which forces me to work hard. I learn not only about various physics concepts and theories, but also about how to be a successful, independent thinker. For me, thermodynamics was especially challenging.



Tracy Paltoo, a sophomore physics major in Adelphi's joint degree program in engineering with Columbia University, conducts research with Assistant Professor Matthew Wright, Ph.D., in the field of laser cooling and trapping of atoms.

As a prospective civil engineer, I also find it rewarding. I learned about thermal expansion, particularly in bridges, and how steel bridges can experience changes in length due to temperature. Challenging and rewarding subjects give me the determination to gain an advanced background in physics.

As a woman majoring in physics, I get the most fascinating reactions from people. Adults commend and encourage me for taking on such a complex subject. For instance, I am a tutor at America Reads, where I work with elementary school students and their teachers. Recently, [when] an assistant teacher at the elementary school I tutor in found out I was a physics major, she began to hold me to a higher work standard, and to ask me a variety of general-subject questions. She assumed that I have a breadth of knowledge because I am a physics major.

From my peers I usually get a sarcastic "how fun" or "wow, good luck!"

Ultimately, I hope to become a civil engineer. My plan as a physics major is to gain knowledge on the rudimentary principles behind engineering and attain the perspective of a physicist so that, as a civil engineer, I can provide thoughtful solutions to challenges around the world. In addition, I hope that the physics degree will help me bring innovation to my field.

My inspiration to further my knowledge of physics comes from my father, a construction worker. He did not have the opportunity to attend high school, and he emigrated from Trinidad to New York City when he was 20 years old. He didn't go to school to become a carpenter, but learned through practice and perseverance. His determination motivates me to continue to build on

the foundation that his sacrifices built for my family and me.

When I was younger I remember going to work with my dad and looking up at the skyscrapers that disappeared into the sky and down at landscapes that took my breath away. He has helped to create some of the tallest buildings in Manhattan, but to me, his crowning achievement is that he now owns his own business. Following my father, I want to take pride in knowing that I helped build a monument to last for years and someday inspire another individual—man or woman—to embark on their own journey of creation.

Reprinted from *Physics Today*, American Institute of Physics, College Park, Maryland, September 2014.

15 THINGS WE KNOW AND ADMIRE ABOUT DR. ROBERT A. SCOTT

- 1 "P. Scott" is his nickname among students.
- 2 His smile can brighten your day.
- 3 He was a cryptographer in the Navy.
- 4 He was the first in his immediate family to go to college.
- 5 He took a freshman orientation class in his first year as Adelphi's president.
- 6 He wore the number 15 when he played baseball as a kid.
- 7 He writes in verse.
- 8 His favorite novelist, after Alice Hoffman '73, is Marilynne Robinson.
- 9 He's passionate about world travel and has visited 19 countries.
- 10 He met Pope John Paul II.
- 11 He has exhibited his photographs in Italy.
- 12 He owns six NCAA championship rings.
- 13 He personally knows a number of United Nations leaders, including the U.N. Deputy Secretary-General Jan Eliasson.
- 14 He is the only person ever to hold the three top positions in American higher education: head of a public institution, a state coordinating board and a private university.
- 15 He's a team player, as evidenced at Adelphi's annual Spring In/Spike It.

LEADERSHIP AND LEGACY





"The Truth Shall Make Us Free"
Suggests who we might be:
Scholars, artists, seekers of truth,
Students all beneath Levermore's roof.
He inspired the mission we pursue today,
Of liberal study and the professional way.
He saw the world, he opened our eyes,
He even won the Bok Peace Prize.
He set a course that challenges us still,
To be engaged, not aloof on a hill.
Our goal is to create, preserve, and critique;
Our role: to enhance Adelphi's mystique.

— PRESIDENT ROBERT A. SCOTT

DR. SCOTT BY THE NUMBERS

It is a challenge to sum up the innumerable contributions Dr. Scott has made to Adelphi during his 15 years of bold, tireless and impassioned leadership. The numbers here offer a glimpse of his devotion and impact.

INSTITUTIONAL IMPACT

- 873,600** ^{SQ}_{FT} New and renovated academic spaces and other facilities
- 162** New scholarship endowments created
- 7** NCAA Division II championships won
- 3** Roles played by Dr. Scott in theatrical productions
- 9** Times Adelphi was named a "Best Buy" by the *Fiske Guide to Colleges*
- 72%** Growth in the full-time Adelphi faculty

TIRELESS DEVOTION

- 50,000** Pounds of stuff carried by Dr. Scott over the course of freshman move-in days
- 11,000+** Letters (hard copy) written by Dr. Scott to Adelphi constituents
- 100,000+** Miles traveled out of state by Dr. Scott on alumni visits
- 15,000** Graduates whose hands Dr. Scott personally shook at commencement

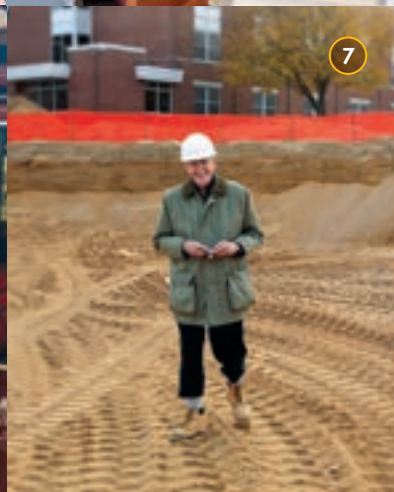


2013 Congratulating
Issa Tall '13 at
commencement

SO MUCH TO SMILE ABOUT

IN HIS 15 YEARS AS ADELPHI'S PRESIDENT, ROBERT A. SCOTT, PH.D., HAS CREATED THOUSANDS OF MEMORABLE MOMENTS. WE CAPTURE A FEW OF THEM HERE.

- 1 **2014** At the Adelphi doctoral hooding with Janice Steil, Ph.D., a longtime Gordon F. Derner Institute of Advanced Psychological Studies professor who became a professor *emerita* in 2014
- 2 **2013** Awarding an honorary degree to Carlton D. (Chuck D) Ridenhour '84, '13 (Hon.)
- 3 **2015** With the Adelphi softball team
- 4 **2012** Dr. Scott with Provost and Senior Vice President for Academic Affairs Gayle D. Insler, Ph.D., and Robert B. Willumstad '05 (Hon.) at the dedication of the Robert B. Willumstad School of Business
- 5 **2015** Sharing a laugh with celebrated novelist Alice Hoffman '73, who recently donated her literary archives to the Adelphi library
- 6 **2014** An avid photographer, Dr. Scott has displayed his photographs internationally.
- 7 **2014** In the site for the new Nexus Building and Welcome Center
- 8 **2015** Adelphi's student a capella group, Paws & Rewind, sang at a campus birthday celebration for Dr. Scott.



CYBERSECURITY IN THE AGE OF BIG DATA

Target. Home Depot. Sony. Anthem. By the time this article has gone to print, another big name will no doubt have joined the ranks of corporations and organizations that have been hacked.

To find out how to better protect ourselves, we turned to Matt Johansen '08, senior manager, threat research center at WhiteHat Security. According to a ranking by Marble Security, he's one of the top 100 cybersecurity experts to follow on Twitter.

"We are storing more information than ever before at unprecedented amounts and speed," Johansen said, adding that information on everything from our location and browsing patterns to what we watch on Netflix is a gold mine for hackers.

Johansen offered these tips for lessening your chance of becoming a data breach casualty:

1

USE STRONG PASSWORDS

"The keys to the kingdom are in your email address protected by nothing more than a probably weak password," he explained. "When breaches occur, we analyze passwords that were dumped and find that 99 percent were weak passwords that are easily cracked/guessed. If I can break into your Gmail account, I could not only access your sensitive information, I can also reset your password to any online account you've made with that email address."

2

THE LONGER, THE BETTER

Long passwords—double the length of what most of us use—can put you in that safe top percentile. Johansen offered this tip for creating lengthy but memorable passwords: "Take your current password that you've been using for a while and just append it to the end of a new password you make. Your old password should be muscle memory by now so you aren't really adding a level of difficulty."

3

TRY TWO-FACTOR AUTHENTICATION (2FA)

Johansen advises using 2FA on any service that allows it—Google, Facebook, Twitter, GitHub, to name a few. In essence, you authorize a site to require more than just your password to log in, such as a code sent to your mobile phone. Johansen uses an app, Duo Mobile, to manage his 2FA accounts.

4

YOUR FRIENDS ARE NOT ALWAYS WHO THEY SEEM

Have you ever received an email or text, or seen a social media post, that seemed out of character? "Be mindful of everything before you click it," he advised, as it may be a malware-infected link.

5

NEITHER ARE APPS

Johansen said there are plenty of fake apps out there just waiting to infect phones and steal information. "How many times have you seen the 'This app will have permission to your location, email account, blood type, Social Security number, firstborn child, etc.'? How many times has that stopped you from installing the app? If you say anything greater than never, you are the minority. Nobody reads that stuff! That app is most likely developed by a handful of people, or outsourced to the lowest bidder. Think they have the years of security development training and experience necessary to keep all those permissions safe?"

6

KEEP UPDATED

Browsers and operating systems are constantly being updated for good reason: to protect you. "Windows XP is still out there in wide use and it's just Swiss cheese—full of holes," Johansen said, adding that by keeping up to date, "you are no longer the low-hanging fruit."

7

AND FINALLY, USE YOUR COMMON SENSE

Gaining access to a password or social security number can be as easy as asking for it (see sidebar). So be careful.

To keep up with Matt Johansen and all things cybersecurity, follow him on Twitter @mattjay.

BY ELA SCHWARTZ



MATT JOHANSEN'S ADVENTURES IN SOCIAL ENGINEERING

Not all hackers are code warriors who bypass online security measures by finding holes or guessing passwords. Some use what's called social engineering, which, as it sounds, can mean posing, via phone, email or in person, as a network administrator or other trusted figure and persuading people to part with their passwords. According to Johansen, it can be as complicated as setting up fake emails and webpages or as simple as walking through the office and looking for passwords written on Post-it notes stuck to employees' monitors. "People posing as delivery staff carrying flowers or packages can waltz in whenever they want," he said.

Case in point: Shortly after graduating from Adelphi, Johansen worked as a security consultant "who would try to breach companies by any means necessary." For a local Long Island bank, he created a fake company email and a webpage. He then emailed employees to "quickly log in [to the page] and change their passwords as we were undergoing an audit. I had about a 60 percent success rate with this one email and got the username and passwords to virtually all senior staff members, including the VP of the treasury."

He was also able to obtain information on the versions of operating systems and Web browsers the bank was using just by picking up the phone and, in his words, "asking a few prying questions and leading the conversation in the right places."

Here's another exploit: For a car manufacturer, Johansen donned fake badge credentials and walked unhindered into highly restricted areas. As a final coup, he said, "I had previously hacked into the computer that controlled the security cameras in the building and took a screenshot of me holding my laptop, standing in their server room, waving. Needless to say, I earned my paycheck that week."



Matt Johansen was named to Adelphi's 10 Under 10. Read his full profile at ALUMNI.ADELPHI.EDU/10UNDER10

A full-page photograph of Chris Armas, a former professional soccer player, in action. He is wearing a white Chicago Fire jersey with red accents and the word "CHICAGO" across the chest. He is dribbling a white and blue soccer ball on a green field. The background is a blurred stadium filled with spectators.

MINDING THEIR BODIES

Former pro athlete Chris Armas '94 was sidelined by injuries in his bid to play in the World Cup.

“HAVING THE ABILITY TO COPE WITH MISTAKES, FAILURE, SUCCESS, INJURIES AND ALL THAT COMES WITH COMPETING CAN BE A MAJOR ASSET.” – CHRIS ARMAS '94



Chris Armas '94 stood just three games away from representing the United States in the biggest sporting event in the world. Armas, a former star in Major League Soccer and a member of the Adelphi University Athletics Hall of Fame, had been selected as a member of the U.S. National Team that would compete in the 2002 World Cup in South Korea and Japan. But in the first of Team USA's three exhibition games before the World Cup, a match against Uruguay at Robert F. Kennedy Memorial Stadium in Washington, D.C., it happened.

“I made a movement to try to steal the ball—a movement I had made a million times—and my right knee buckled,” Armas said. “I played another 15 minutes or so. But I knew something wasn't right. I went to the bench and had the team physician check my knee out. He did a test on it and told me I had a torn ACL [anterior cruciate ligament]. I went to the hospital and an MRI confirmed it.”

The news devastated Armas. On one seemingly innocuous play, he went from an athlete preparing to perform in his sport's marquee event to a forgotten man.

Many performers, be they athletes or dancers, have experienced a similar fate: An injury deprives them of their unique gift and source of pride and passion.

Could the injury have been prevented? If so, how? What types of injuries are more likely to threaten a performer's career? When injured, to whom should a performer turn for help? And will the performer ever be the same again?

Such questions play on a performer's mind during the lonely days and nights of rehabilitation. Armas experienced it as a world-class athlete. For three years, he experienced it as the coach of Adelphi's women's soccer team, which posted a 14-3-4 record in 2014 and made the Northeast-10 Conference playoffs.

Armas recently accepted a coaching position with the New York Red Bulls of Major League Soccer, but when

he spoke to AU VU he was still coaching at Adelphi and spoke in detail about his efforts to help the women on his team avoid injury.


Women athletes are eight times more likely than men to tear an ACL, according to a study by the National Institutes of Health (NIH).

“Women are more prone to these injuries because of their body type,” said Mike Gavagan, M.A. '03, Adelphi's assistant athletic director for sports medicine. “The angle of women's hips is different from men's. Also, women have more estrogen, which makes the ligaments a bit looser.”

Other reasons cited by the NIH include: Women tend to run and cut sharply in a more erect posture than men and, after a jump, women tend to bend their knees less.

In a preventative measure, Coach Armas had his players do exercise drills, including squats and dynamic one-legged movements, to get their muscles warm and loose and stretch out the ligaments. Still, one player suffered an ACL tear in 2014, as did three in 2013.

“Aside from the physical pain of an ACL tear, there's a psychological and mental pain as well,” said Armas, who suffered a staph infection in his injured knee in 2002 and did not play again for a year. “You're very alone in those moments.”



Sports psychologist Linda Hamilton, Ph.D. '89, offers guidance to students at The Ailey School.

"DANCERS ARE SIMILAR TO ATHLETES—THERE'S A LOT OF PRESSURE AND THERE CAN BE PROBLEMS COPING WITH THAT PRESSURE."

— LINDA HAMILTON, PH.D. '89

THE PSYCHOLOGY OF PERFORMING

Someone who works toward making performers feel less alone and more empowered on their road to recovery is Linda Hamilton, Ph.D. '89, a former dancer with the New York City Ballet (NYCB) and a specialist in the field of performance psychology.

"There is definitely a loss of identity for the athlete or dancer who is sidelined," said Dr. Hamilton, whose clients include young dancers in the Alvin Ailey American Dance Theater and athletes. "The loss of identity makes you wonder, 'If I'm not a dancer or part of a team, then who am I?' Another issue is if you have a particularly bad injury, you don't trust your body any longer. You're hesitant to make the same move that caused the injury. Sometimes, after an injury, dancers throw themselves back into it and reinjure themselves. And sometimes they hold back, which adversely affects their performance."

The field of performance psychology did not exist when Dr. Hamilton dropped out of high school at age 16 to join the NYCB. Yet it became a logical second career for her since, as a ballet dancer, she routinely offered support to colleagues who struggled with injuries, anxiety or eating disorders. As Dr. Hamilton, she is a wellness consultant for the NYCB and, with the support of artistic director Peter Martins, she implemented a wellness program which reduced the number of weeks of disability in the NYCB by 46 percent.

"Dancers are similar to athletes—there's a lot of pressure and there can be problems coping with that pressure," Dr. Hamilton said. "Oftentimes we create our own problems. A lot of self-sabotage exists among dancers. I try to help them avoid living a lifestyle that doesn't support their goals—not getting enough rest, not eating right, not giving your body time to recover from an injury, or putting your personal needs aside."

Those who work in performance psychology say it's easier to help performers if their coaches believe in the process. Sharon Chirban Donohoe, Ph.D. '93, whose Boston-based company, Amplifying Performance Consulting, works with athletes and dancers, had a decidedly negative experience with a coach who did not buy into her guidance.

"I worked with a synchronized swim coach who humiliated swimmers by weighing them in front of everybody and criticizing the ones who gained weight, and when I tried to give the coach some advice on how she should talk to them, she didn't want to hear it—basically, I was fired," said Dr. Chirban Donohoe, whose clients include Northeastern University, Harvard University, Boston Ballet and the Boston Marathon. "When I work with an athlete, I tell them, 'I'm not here to make you change your coach, I'm here to work with you.'"

USA Soccer encouraged Armas to work with a sports psychologist before and after his knee injury. (He tore his other ACL in 2006 while trying to land a spot as an alternate on the World Cup team.) Armas found the sessions “very helpful.”

“I was able to deal with the ups and downs of games and the pressures of soccer better than ever,” said Armas, the USA Soccer Athlete of the Year in 2000 and a Major League Soccer midfielder from 1996–2007.

“Many athletes spend so much time on preparation in areas such as strength and conditioning, skill work, video, nutrition and supplements—but they fail to address one major area: the mind and the power of it,” he said. “Having the ability to cope with mistakes, failure, success, injuries and all that comes with competing can be a major asset.”

OVERCOMING ANXIETY

Although there are distinct differences between athletes and dancers, both groups deal with performance anxiety and the challenge of trying to return to peak form after an injury. Both groups deal with broken bones, stress fractures, and ligament and muscle tears; in addition, athletes face the possibility of concussions while some dancers struggle with eating disorders.

“A Division I basketball player and a ballerina are very similar in how they deal with injuries and rehabilitation,” Dr. Chirban Donohoe said. “There’s anxiety about wanting to get back to what they love to do. Some athletes make terrible patients because when they’re told an injury will take nine months to heal, they think they’ll be like [New England Patriots quarterback] Tom Brady and come back in five or six months. When that doesn’t happen, they get frustrated. The hardest thing is to get an athlete to take it easy.”

Dr. Chirban Donohoe and Dr. Hamilton both earned a Ph.D. from the Gordon F. Derner Institute of Advanced Psychological Studies. Dr. Hamilton has authored three books on performance psychology and writes a monthly column for *Dance* magazine. Dr. Chirban Donohoe became interested in the field because her three children (a figure skater, a hockey player and a dancer-cheerleader) were involved in youth sports.

“When I work with a client who has suffered an injury, first I normalize the injury,” Dr. Chirban Donohoe said. “If a performer is worried about getting hurt by making the same move again, I let them know that’s normal. If they’re worried about not being able to do everything they once did, I let them know that’s normal. I take them back to class, back to training and the repetition of it and back to the performance. Once they’re back to thinking about the enjoyment of performing, their anxiety level subsides.”

TIPS FOR ATHLETES AND THEIR PARENTS FROM CHRIS ARMAS ’94 AND MIKE GAVAGAN, M.A. ’03

- **Prepare properly, eat right and sleep.**
- **Set aside time to rest and recover.**
Many teens play three or four sports and their bodies break down before they get to college.
- **Don’t overdo it.**
Athletes are more susceptible to injury when they practice or play too long.
- **Listen to your body.**
If your body tells you that you’re tired, rest.
- **Get proper footwear.**
Foot injuries can be prevented this way. Some kids play so much that they burn through the footwear they have and are running on nothing.

TIPS FOR DANCERS AND THEIR PARENTS FROM LINDA HAMILTON, PH.D. ’89

- **More is not necessarily better.**
Many injuries occur after the fourth class or fourth hour of dancing in a day.
- **Be careful of the teacher.**
Don’t work with a teacher who is demeaning or harshly critical of dancers. Dance should be fun. (Dr. Hamilton danced for the legendary George Balanchine in the New York City Ballet. Instead of calling out a dancer by name for making a mistake, he used pop culture references to make his point. When Dr. Hamilton erred during one rehearsal, he said, “More Parks sausages, Mom. Please!”)
- **Rest.**
It’s important to get eight hours of sleep each day.
- **Let kids be kids.**
There’s hardly any downtime for dancers. Kids need time to do other fun things.
- **Be sensitive to your perfectionism.**
Accept it. That’s an essential part of why you became a dancer.

"A PLAYER NEEDS TO
BE PUT THROUGH
EXERCISES THAT TURN
ON THE MUSCLES HE
NEEDS TO COMPETE
AT HIS BEST."

— BEN KENYON '06

Ben Kenyon '06, a sports performance specialist with the Portland Trail Blazers, works with players like Will Barton *RIGHT* to devise health and fitness regimens. Barton signed with the Denver Nuggets in February 2015.



MAKING ATHLETES MORE EFFICIENT

Keeping the bodies of pro basketball players fine-tuned is the work of Ben Kenyon '06, now in his second season as a sports performance specialist for the NBA's Portland Trail Blazers. "The speed, quickness and athletic ability of an NBA player are God-given," said Kenyon, a former star on the Panthers basketball team. "But I can make that player more efficient."

Kenyon devises health and fitness regimens and individual workouts for each of Portland's 15 players. The workouts focus on improving a player's speed, strength, explosiveness and quick-jumping ability. "We go through certain movements that mimic what a player would do in a game. We make sure his neuromuscular system is ready. The intensity of the work we do on a game day is much higher than it is on a practice day."

Whenever Portland plays a home game, Kenyon raises his own athletic intensity by running three miles before reporting to work to better identify with the push-it-to-the-max attitude of a seasoned NBA player. He plans to debut this summer in a half-marathon and a triathlon (swimming, cycling and running).

Kenyon works with athletes who often are expected to perform at or near peak efficiency despite nagging injuries. "A player needs to be put through exercises that turn on the muscles he needs to compete at his best," he said. "Muscles that had been underutilized during his rehab need to be re-activated. If I'm working with a guy who hasn't been playing, we may do a hard 20 minutes a day in the weight room and a hard 15-20 minutes on legs and lower body, 15-20 minutes on the upper body and some corrective exercises. If you don't prepare as a player, then you're doing yourself a disservice."

Before joining the Trail Blazers, Kenyon worked as an assistant athletic director for strength and conditioning at George Washington University. The NBA is his dream job despite a demanding schedule that sometimes has him in four different cities in five days. But it's worth it, he said, to help players get quicker, faster and stronger or simply remain ready to contribute to one of the NBA's best teams. Another payoff is the credibility the 6-foot-6 Kenyon has earned in a league of large men. "The ability to walk into a room and have a physical presence with these guys definitely helps," he said. "To be able to tell these guys what they need to do with their bodies, you need to look the part."

PROTECTING THE BRAIN

Despite the best efforts of performance specialists like Kenyon, athletic trainers like Gavagan and coaches like Armas, athletes are still susceptible to concussions—brain injuries that, in some cases, heal in a few days, but in others, linger long enough to imperil careers.

“One thing I’m conscious of is how much air they put in the ball—it’s easy to overinflate a soccer ball,” Armas said. “If the ball’s overinflated, some of the little head traumas that happen during a match will become bigger problems.”

Fortunately for athletes, concussion protocol has changed for the better. Youth coaches are required to have concussion certification from the National Federation of State High School Associations. And sports leagues are making more of an effort to protect the athlete, too.

Student-athletes at Adelphi are given memory tests before the season to obtain a baseline score. If a player sustains a head injury in season, the same tests are done and the scores

compared to assess the extent of the injury. If a player who sustains a concussion is symptom-free for seven days, then he or she can begin light jogging or ride an exercise bike. Only after a battery of tests is a concussed athlete medically cleared to return, usually after 10 days.

That’s not how it used to be. “Years ago, when an athlete suffered a concussion, the trainer came out with smelling salts,” said Dan Bedard, M.A., a clinical assistant professor in sport management at Adelphi and a former pro hockey goalie in France and Sweden. “Today, we understand that to use smelling salt to wake up an athlete is a clear sign that he should not be playing because he had been knocked out. If you’re in a car accident and you’ve been knocked out, nobody’s going to say, ‘Hey, get back in that car and drive home.’”

BY CECIL HARRIS

WHAT PARENTS CAN DO



A child suffering a concussion or some other serious injury is every parent’s nightmare. Nevertheless, parents should avoid becoming overanxious, which could spoil the child’s joy of performing, Dr. Sharon Chirban Donohoe said.

Parents should not assume the worst. The benefits for a child in taking part in sports or dance far outweigh the risks.

“I’m a low-anxiety athlete’s mom,” Dr. Chirban Donohoe said. “My 20-year-old daughter competes in regional figure-skating competitions. Whether she’s doing a double lutz or a triple axel, I never know what [kind of jump] I’m looking at. What’s important is that she’s enjoying it.”

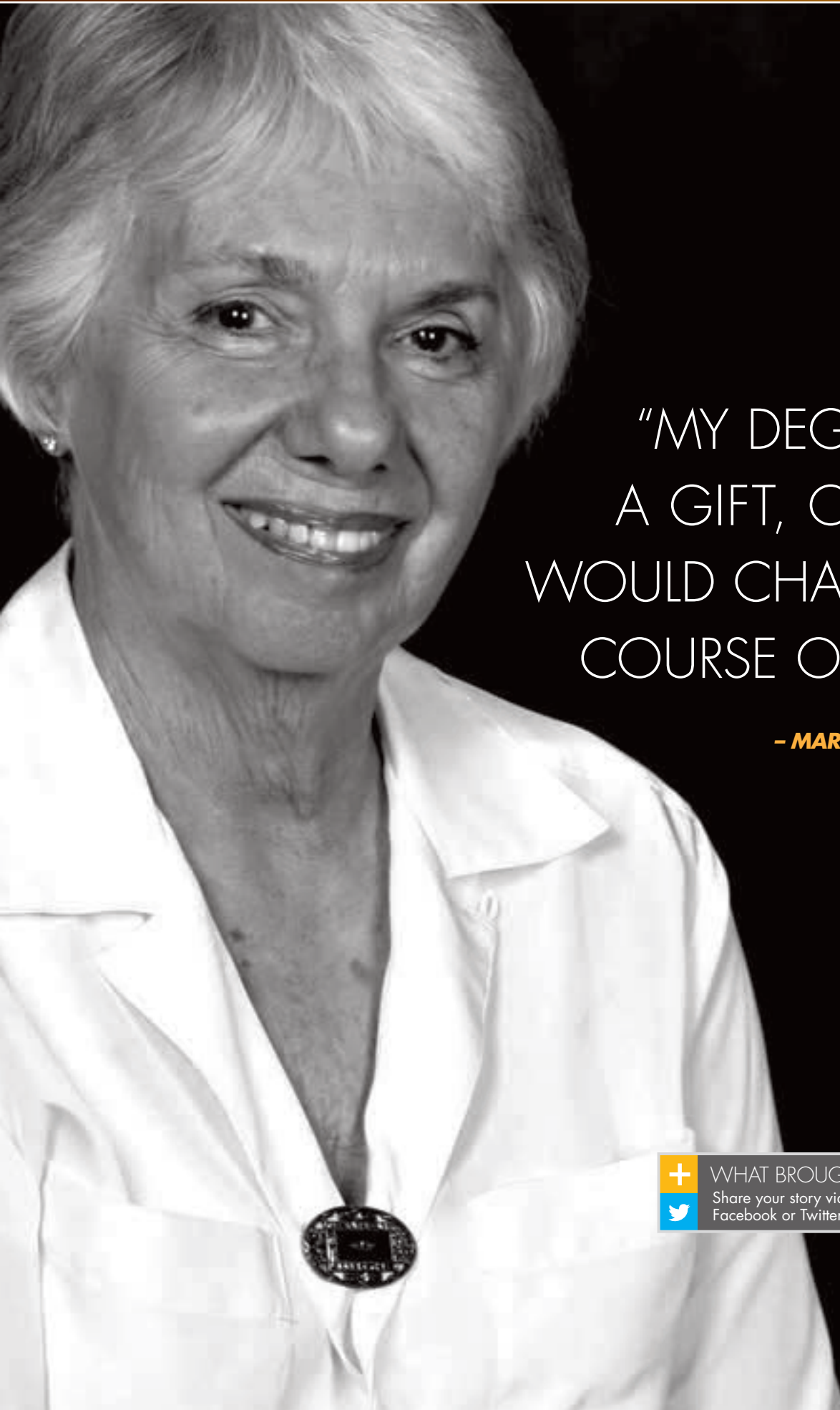
One more nugget for parents from Dr. Chirban Donohoe: Back off.

“I joke sometimes that kids need to be saved from their parents. There’s a term in sport psychology—achievement

by proxy. The parent’s sense of self becomes defined by the child’s achievement. Have you ever met a hockey dad who claims his 4-year-old is bound for the National Hockey League?”

Chris Armas, a six-time Major League Soccer All-Star, has sons, Christopher, 13, and Alexei, 10, in youth soccer. Still, he said it’s important for parents not to steer a child toward their favorite activity.

“Sometimes a parent will tell an 8-year-old, ‘OK, do this sport.’ But how does he know what an 8-year-old wants to do?” Armas said. “I’m Mr. Soccer Guy, and my boys play soccer. But they also play roller hockey, basketball, baseball and flag football. My wife and I don’t push them toward soccer. We tell them you don’t have to play anything. They’re kids. Whatever they’re into, we just want them to have fun.”



"MY DEGREE WAS
A GIFT, ONE THAT
WOULD CHANGE THE
COURSE OF MY LIFE."

- MARY ANSINK-FULLER '85



WHAT BROUGHT YOU TO ADELPHI?

Share your story via snail mail, email,
Facebook or Twitter.

MARY ANSINK-FULLER '85 SUBMITTED THIS ESSAY AFTER READING THE FALL 2014 ISSUE OF AU VU. SHE WROTE IN HER COVER LETTER: "IT'S BEEN MANY YEARS SINCE I'VE WANTED TO WRITE THIS ARTICLE, ESPECIALLY WHEN I'D READ YOUR LETTER FROM THE EDITOR COLUMN IN EACH EDITION. THE EVENTS WHICH LED TO MY BECOMING A STUDENT ARE STILL BURNED IN MY MEMORY."

RSVP

It was early 1977 when the postcard arrived—an invitation for my daughter to attend a high school open house at Adelphi University. An RSVP was required. I rolled the card intently over and over in my hands remembering how many times I'd been told she had no desire to go to college.

"But at least answer the RSVP" I nagged before discarding it on that particular morning.

Pouring a second cup of coffee, I automatically retrieved the postcard and dialed the number. "My daughter is not interested in going to college," I told the woman who answered. "But, oh, what I wouldn't do to return to school."

"Actually you can," she said calmly.

I tried to explain to her how incredibly impossible that would be. "My husband is on disability, my son is only seven and there certainly are no funds for my education," I blurted out in one breath.

She took my reasons one at a time, and told me about the ABLE Program for adults and that if I qualified I might even be eligible for a grant. Also, there was a day care center right on campus. Could she set up an appointment for me to speak to an academic counselor?

The counselor was Anne Leslie and little did we know that day she would guide my education for the next eight years. After confirming everything I'd been told, she put great emphasis on the required admissions essay—a response to "Why do you want to return to school?" I wrote it from my heart, and then waited.

Several days later, Anne called. "Congratulations, you've been accepted, and with the maximum grant."

I thought I was dreaming and would shortly awake. Surely these things only happen in one's dreams, or in movies.

In the fall of 1977, I was a real student on a beautiful campus, and I completed 36 credits that year. The following year, my husband was diagnosed with ALS (Lou Gehrig's disease) and my first thought was to drop out of school.

My bioethics professor, Dr. Greenfield, however, insisted that I remain in school even if to take one course a semester. My husband's doctors and our parish priest strongly agreed. I listened to them and allowed Anne and my professors to sustain me with their teaching and encouragement as I faced the worst loss the human spirit is asked to endure.

On May 22, 1985, I received my Bachelor of Arts from Adelphi University and entered the University's graduate program for public health education.

My degree was a gift, one that would change the course of my life. A gift that allowed for enriching work with children and adults—a calling that otherwise would never have been fulfilled. It gave me the self-confidence to contribute to others in numerous ways. It was an immeasurable gift, one that has never stopped giving.

Was it just a coincidence that I responded to that RSVP? I think many would agree that there are no coincidences.



AIR GUITAR HERO

JUSTIN MAGALDI '13

Justin Magaldi '13 is a drummer. He started playing in high school, and though he still plays today, there's another instrument that calls to him on a more consistent basis. One could say he carries the instrument with him wherever he goes, slung across his back in all of its invisible rock-glam glory. He envisions it as a black or silver Axe—to match his black stage garb—and he keeps it well tuned because he never knows when he'll need to jam.

When Magaldi, costumed in a tank top over black meggings (his self-described man-leggings), steps on stage to compete in the U.S. Air Guitar Championships, he leaves his everyday self behind to become Smiley Rod.

Magaldi has been competing for four years and intends to keep on going. Last year was his best yet, including a first place finish at the qualifier, then third place during the New York semifinal at New York's famed Bowery Ballroom, and finally seventh place overall at the national finals in Kansas City, Missouri, on August 9, 2014. The winner of the national championship is sponsored to compete in the annual world championship in Finland, which is the ultimate goal for any competitor.

"At the national championship, I wanted to bring a guitar case for my instrument but it's like \$20 extra. It just wasn't worth it," Magaldi said.

Four years of air guitar competition with top rankings might seem like veteran territory to most, but Magaldi still considers himself a rookie. "I know guys who've been doing it ten-plus years," he said.

He described a community full of good vibes, to the point that many competitors will mentor others in small ways to ensure the newcomers continue to hone their craft. "The community of people is

so much fun," Magaldi said. "It's not really a competition to anyone else. It's just a day to let loose and have a blast."

Still, Magaldi prepares carefully before each performance.

A few weeks before any competition, he'll start picking apart his song and figure out how he wants his routine to go. Then he'll pop his headphones on and practice his performance in the basement or backyard. "I'll [complete my routine] like I'm doing it in front of an audience to make sure I can actually accomplish the jump or to make sure the power slide doesn't hurt too bad," he said with a huge smile. Suddenly, it's evident how he got his nickname.

"My persona is very happy-go-lucky, very fast, lots of jumping around, a big ball of energy," he said.

Signature moves? Maybe not signature, but he has his favorites. He said he'll typically start off with the biggest jump he can manage, somehow work in a throw and catch power slide—meaning he'll throw the Axe and catch it at the end of a slide—while mixing in copious amounts of head banging.

"Mom's pretty proud," he joked.

But there is a more serious side to Magaldi's air guitar devotion, one that complements his work in youth ministry in Long Beach, New York, where he serves as the director of faith formation at St. Mary of the Isle parish.

"If you're holding an air guitar, you can't hold a gun," Magaldi said, quoting an unknown Finnish man who helped start the air guitar championships. "It's about teaching kids to get out of their own heads to just have fun."

BY JORDAN CHAPMAN

FACULTY FOCUS

George K. Russell, Ph.D., will retire from the Adelphi faculty at the end of this academic year. In 48 years as a Department of Biology professor, he has awakened generations of students to the glory of the natural world.

CHILDREN AND NATURE MAKING CONNECTIONS

He shared his love of nature at Adelphi's Earth Day celebration in the spring of 2014. Sayyeda Khalfan, a senior in the School of Social Work and member of the Honors College, introduced him:

○ walked into the first college biology class prepared for quizzes, exams, flash cards and memorization. I had no idea that I was about to experience a new kind of learning...I remember learning about plant reproduction. He took our class on a field trip to the Early Learning Center, to look at the most beautiful sunflowers growing there. My fear of bees was turned into an absolute love and fascination for the creature.

Beyond the classroom, Dr. Russell is the co-founder and longtime editor of *Orion* magazine, which, in his words, is dedicated to finding solutions to "the problems of our increasingly beleaguered natural environment."

His scholarly work and his recent book—*Children & Nature: Making Connections* (The Myrin Institute: 2014), a compilation of essays by various authors intended to inspire readers to nurture children's love of nature—has won him the admiration of Jane Goodall, Ph.D., the renowned primatologist. She calls *Children & Nature* a "very important book."

We share with you here Dr. Russell's eloquent thoughts on the natural world and its rightful role in childhood. The text is excerpted from the introduction to his book.

THE NEED AND THE CHALLENGE

As a longtime instructor of university-level biology students, I regularly meet young people whose chief interest is the study of cellular and molecular processes, but have little acquaintance with living nature and little or no inclination to study the life sciences in a more integrated or holistic manner. There are, to be sure, numerous exceptions and our course offerings in ecology, vertebrate zoology, and animal behavior draw students with interests in field-based

studies and the biology of whole organisms. I am especially heartened to find an occasional student who has spent countless hours of childhood outside in nature or one who has tended a vegetable garden and hatched butterflies. But my long experience with students concentrating in biology and a wide variety of non-majors is that many if not most have had little meaningful experience of the natural world. I am troubled by what I see as a profound disconnect between the

world of nature and the interests and inclinations of so many young people, and I can foresee consequences if this matter is not taken seriously and addressed in all earnestness.

At the heart of the issue is the notion that direct personal encounter with nature, and the attendant feelings of wonder and delight, form the basis of a genuine ethos for protection of the natural environment. We will honor and



For 48 years, George K. Russell, Ph.D., has awakened students to the glory of the natural world.

George K. Russell, Ph.D., recently edited *Children & Nature: Making Connections* (The Myrin Institute: 2014).

preserve what we have come to love and admire, and such feelings find their source in personal experience. But what of those for whom there is little or no connection with nature? Can we expect them to participate with enthusiasm in the search for solutions to the vast array of environmental problems confronting us? And are we losing sight of the idea that each individual has the possibility of finding in the myriad wonders of nature an opportunity for self-renewal and inspiration?

My own approach is to introduce, where possible, an admixture of natural history into my several courses, including definite assignments in the close observation of living nature in whatever ways I can arrange. We may not be able to visit the rainforests of Amazonia or Yosemite National Park, but we can make use of local habitats, the university campus itself, and what the ecologist David Ehrenfeld has called "the rainforests of home."

Whatever successes I have had convince me that students will take a deeper interest in the study of the living world, both inside and beyond the classroom, if they are guided to an authentic encounter with living plants and animals, natural settings, and the enchantments of life itself.

But the concern for my own students has far broader implications. My personal observations do not stand in isolation. I assembled a collection of 12 essays out of a deep concern that many young people in America have so little contact with the world of nature. A generation that spends, on average, 7 hours 38 minutes each day on some sort of screen (hand-held, video, TV, etc.) will have no time for quiet immersion in a natural setting, no time to play in nature, no time to experience the tides or the vicissitudes of the weather or the comings and goings of wild animals or the resurgence of life in the spring. Recent surveys show that

many young people in this country can identify up to a hundred corporate logos but cannot name or describe even five species of songbirds, wild animals or common flowers.

A challenge stands squarely before us: How can we begin to address the malaise of indifference to nature so widespread among our young people? The implications for the future of not doing so, to my mind, are quite beyond imagining.

The task before us is immense.

The keystone of the effort is Richard Louv's book, *Last Child in the Woods: Saving Our Children from Nature-Deficit Disorder*. Louv asserts that profound nature experience is a "spiritual necessity" for the growing child, but that the youngster who plays outdoors, like the Florida panther and the whooping crane, has become a kind of endangered species, in his words the "last child in the woods."

"A child's world is fresh and new and beautiful, full of wonder and excitement. It is our misfortune that for most of us that clear-eyed vision, that true instinct for what is beautiful and awe-inspiring, is dimmed and even lost before we reach adulthood."

— RACHEL CARSON



A fourth-grader in San Diego put the matter very succinctly: "I like to play indoors better 'cause that's where all the electrical outlets are." Richard Louv quotes the naturalist, Robert Michael Pyle, who asks poignantly: "What is the extinction of a condor to a child who has never seen a wren?" and Louv looks to the future with great concern, asking, "Where then will the stewards of nature come from?"

Personal experience of nature lies at the very heart of the issue. Individuals who are fortunate enough as children to have had profound connections with all that nature offers—plants, animals, wild places, natural rhythms, the sky and weather, and much else—will have a firm foundation that can extend throughout their lives.

Rachel Carson is best known for her seminal work, *Silent Spring*, a book that helped to launch the environmental movement in the early 1970s. Carson spent her summer vacations at a cabin retreat along the coast of southeastern Maine where she found solace, repose and the inner strength to confront powerful voices not wanting to hear her messages about toxic chemicals and poisoning of the natural environment. In her 1964 essay "*The Sense of Wonder*" she helps the reader recapture something

of lost childhood and to reflect on the sense of wonder that each child brings into life as a kind of birthright.

A child's world is fresh and new and beautiful, full of wonder and excitement. It is our misfortune that for most of us that clear-eyed vision, that true instinct for what is beautiful and awe-inspiring, is dimmed and even lost before we reach adulthood. If I had influence with the good fairy who is supposed to preside over the christening of all children, I should ask that her gift to each child in the world be a sense of wonder so indestructible that it would last throughout life, as an unfailing antidote against the boredom and disenchantments of later years, the sterile preoccupation with things artificial, the alienation from the sources of our strength.

When asked by parents how they can teach youngsters about the natural world when they themselves know so very little about it, Carson gave the following answer:

If a child is to keep alive his inborn sense of wonder without any such gift from the fairies, he needs the companionship of at least one adult who can share it, rediscovering with him the joy, excitement and mystery of the world we live in. Parents often have a sense of inadequacy when confronted

on the one hand with the eager, sensitive mind of a child and on the other with a world of complex physical nature, inhabited by a life so various and unfamiliar that it seems hopeless to reduce it to order and knowledge. In a mood of self-defeat, they exclaim, "How can I possibly teach my child about nature—why, I don't even know one bird from another." I sincerely believe that for the child, and for the parent seeking to guide him, it is not half so important to know as to feel. If facts are the seeds that later produce knowledge and wisdom, then the emotions and years of early childhood are the time to prepare the soil.

Carson tells us that "those who dwell among the beauties and mysteries of the earth are never alone or weary of life." But what of those who have little or no contact with the natural world and for whom the beauties and mysteries of the earth have long since disappeared? And what of those youngsters whose lives revolve around cyberspace and technological devices and virtual images to the exclusion of anything resembling genuine nature experience? Do we not owe it to our young people to address these issues with all the determination and strength of will we can possibly bring to bear?

BY GEORGE K. RUSSELL, PH.D.

THE ART AND SCIENCE OF GAME DESIGN



Video game design—once limited to the exclusive realm of people smart enough to master computer science—is hot. The video game industry is burgeoning, with more than \$76 billion in revenue worldwide, and, increasingly, kids who grew up gaming are eager to pursue their fortunes in the field.

Adelphi's concentration in video game development, offered by the Department of Mathematics and Computer Science since 2010, has been gaining traction. The Princeton Review and others have ranked Adelphi among the top 50 schools for video game design. Now the department is expanding access to this popular study.

This spring, Lee Stemkoski, Ph.D., is teaching two sections of Introduction to Video Game Programming to students from all majors. He teaches game design using Construct, software that, according to Dr. Stemkoski, requires zero programming knowledge. "As long as you can learn to organize your thoughts, I can show you how to translate them into this program pretty easily, and you can create all sorts of fun games," Dr. Stemkoski said.

Not merely a preacher (or teacher), Dr. Stemkoski also practices the art of game design himself. "Koala's Quest," a free game he created using Construct, has attracted a following on Google Play, where it has achieved more than 130,000 downloads—a feat that Dr. Stemkoski described as "mentally amazing."

Designed for the casual gamer, "Koala's Quest" harkens back to the Nintendo era, when "Pac Man" and "Donkey Kong" were king. "It's more of a puzzle; there aren't enemies or punishments or traps," Dr. Stemkoski said. The goal is to help a cute koala bear navigate through a series of obstacles and collect coins as rewards.



"Koala's Quest," an Android game designed by Associate Professor Lee Stemkoski, Ph.D., has been downloaded more than 130,000 times from Google Play.

"A lot of people think, 'I just need an idea for a game,'" Dr. Stemkoski said. "Well, it's not just the idea, but crafting the experience, creating the supporting materials; there's a lot to the process."

Dr. Stemkoski is now working with other departments at Adelphi to launch an interdisciplinary minor in video game development.

His advice to aspiring game designers? "Play lots of games and expose yourself to lots of events and culture and art and you'll be inspired everywhere."

BY BONNIE EISSNER



100

AND NOT RETIRING

BELLE SYLVESTER '33

When Belle Sylvester '33 attended Adelphi 80 years ago, students roller-skated to class.

"It was like a club," said the 100-year-old coordinator of classical programming at the Freeport (New York) Memorial Library. "It was a lot of fun."

There was more space to roller-skate then, with only three buildings on the brand-new Garden City campus, which opened in 1929. Sylvester arrived a year later at age 15, completing her psychology degree in just three years. She also studied French and German, receiving medals for her work in both languages.

In addition to her studies, Sylvester brought music to Adelphi's weekly chapel services. "We didn't have an orchestra, but I organized a trio," she said. Sylvester selected the pieces the trio would perform and also played the violin, which she continued playing until just a few years ago.

"It was really a wonderful three years," Sylvester said of her time at Adelphi. "We had wonderful professors. And there was a lot of camaraderie going on. The people at Adelphi made a very close-knit community."

Sylvester's 100th birthday last October coincided with the 23rd anniversary of her being hired to coordinate classical music programming at the Freeport Memorial Library.

She told *Newsday* at the time, "It's no big deal that I'll be 100. A lot of people are doing that. But that I'm still working, well, that might be unusual."

She was similarly modest and witty when *AU VU* caught up with her in January, musing "I can't believe that I have reached the age of 100 and some things still stick in my mind."

Her recollection is remarkable, and, as she shared her past, it became evident that she has fashioned a memorable life.

After Adelphi, Sylvester pursued a master's in psychology at Columbia University and later studied cryptography at Brooklyn College. "I always loved figures," she said. "When

I took [the course], I had the highest rating that they ever had."

Sylvester never used her degrees professionally, instead taking time to raise her two children and pursue her love of music and dance. She organized a quartet that performed for many years, and she also took part in folk dancing.

"Folk dancing was one of my pleasures," she said. "I did it for years with the same partner. We used to entertain at the Russian Bear [a nightclub]...they would give us vodka and lots of food."

In her years at the Freeport Memorial Library, Sylvester has arranged numerous classical music concerts, ranging from chamber music trios to world-famous harmonica players.

"I love what I do," she said, explaining why she has yet to retire.

Sylvester is loved as well. She can hardly cross the library without receiving a flurry of smiles, hellos and even hugs from her co-workers.

BY SOPHIA CONTI

"WE HAD WONDERFUL
PROFESSORS. AND
THERE WAS A LOT
OF CAMARADERIE
GOING ON. THE
PEOPLE AT ADELPHI
MADE A VERY CLOSE-
KNIT COMMUNITY."

- BELLE SYLVESTER '33

ATHLETICS



  **FOLLOW US**
ON FACEBOOK & TWITTER

NO REGRETS

Adelphi women's soccer team goalie Samantha Whitney '14 lost her best friend, Bridget Mills, to suicide in 2013. "When she passed away, I wanted to do something for her," Whitney said, explaining why she tapes her wrists and writes B.M. on her left one and "No Regrets" on her right. "Her motto was no regrets and I thought it was fitting to play soccer with no regrets," Whitney said.

Whitney has done just that. In Fall 2014, she earned third team All-American honors, becoming the first Panthers women's soccer player to earn the accolade since Adelphi Athletics Hall of Famer Josephine Coiro '05, M.A. '08 in 2004.



Before every game, Samantha Whitney reminds herself to play with

"NO REGRETS."

"I think it's something that I never really said out loud but it's always been a goal in the back of my mind," Whitney said of her All-American honors.

She was also named Northeast-10 Conference Goalkeeper of the Year in 2013 and 2014, and she started in all 21 games in 2014 for the Panthers.

Whitney's boyfriend, Colin Boyle, is in the army and missed most of her final season. To pay tribute to him, Whitney created another small ritual. "I take off my rings and tape where a ring would be and write C.B. on them," she said.

This past winter, Whitney was drafted to play professionally for the reserve team of the Boston Breakers.

BY BONNIE EISSNER

ALUMNI EVENTS



SCARY

THE 2014 YOUNG ALUMNI HALLOWEEN BASH

The 2014 Young Alumni Halloween Bash drew more than 275 alumni and friends to the annual party at the Allegria Hotel in Long Beach, New York.



SAVE THE DATE
2015
YOUNG ALUMNI
REUNION
KICKOFF

FRIDAY, JUNE 12, 2015
GARDEN CITY HOTEL

Celebrate with classmates from 2005 to 2015
ADELPHI.EDU/REUNIONKICKOFF



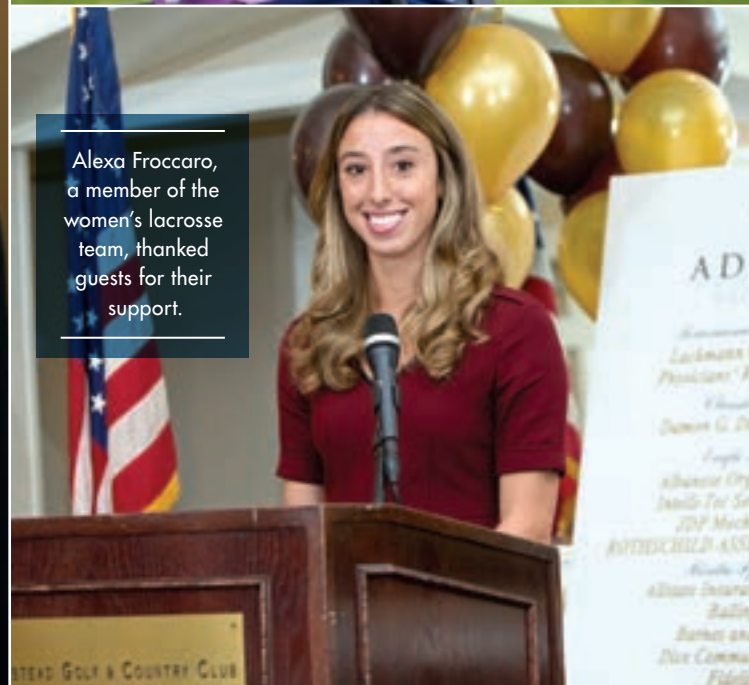
GOOD



ALUMNI AND FRIENDS GIVING



A great day
for golf



Alexa Froccaro,
a member of the
women's lacrosse
team, thanked
guests for their
support.

2014 GOLF CLASSIC

ADELPHI HONORED
STEPHEN M. WIRTH '70
AT THE 26TH ANNUAL
GOLF CLASSIC.

More than 200 alumni and friends attended Adelphi's festive 26th annual Golf Classic at the Hempstead Golf and Country Club last September, raising \$164,900 for student-athlete scholarships.

Stephen M. Wirth '70, administrative director of outpatient rehabilitation services and sports medicine at Winthrop University Hospital, was the event honoree, and **John P. Finnerty, M.S. '77**, and Robert Arcoro co-chaired the event.

Mark your calendars for the 2015 Golf Classic, to be held on October 5 at the Hempstead Golf and Country Club. For more information, please contact Jessica Foglietta, assistant director of special events, at **516.877.3155** or **JFOGLIETTA@ADELPHI.EDU**.



PRESIDENT'S GALA 2015

Alumni and friends gathered at the Garden City Hotel on March 21, 2015, for the Fifteenth Annual President's Gala, which raised more than \$465,000 for student scholarships.

Adelphi honored Phyllis Angello, retired executive, Internal Revenue Service, and Trustee Frank Angello '77, former chief financial officer, JPMorgan Treasury & Securities Services, and former chief financial officer, Lighthouse International, for Outstanding Service to Adelphi; Dr. Esther Siegel '69, M.S. '72, former dean of Long Island University's School of Nursing, as Outstanding Alumna; and Carmine J. Pizzo, president of Intelli-Tec Security Systems, LLC, as Outstanding Long Island Executive.

That evening, Adelphi paid special tribute to President Robert A. Scott, who will conclude his service as president in June after 15 years in the role. It was announced that night that the Robert A. Scott Scholarship Fund had received contributions totaling just over \$1.8 million. The scholarship will support undergraduate and graduate students with financial need.

Next year's President's Gala will be held on Saturday, March 12. For reservations or more information, please contact Jessica Foglietta, assistant director of special events, at 516.877.3155 or JFOGLIETTA@ADELPHI.EDU.

1 President Robert A. Scott *CENTER* with gala honorees, *FROM LEFT* Carmine J. Pizzo, Esther Siegel '69, M.S. '72, Phyllis and Frank '77 Angello

2 President Robert A. Scott hit the dance floor.

3 What a Night!

4 Leon M. Pollack '63 announced that the Robert A. Scott Scholarship Fund had received contributions totaling \$1.8 million. He presented Dr. Scott with a framed list of the donors.

WHO GIVES

ROBERT (BOB) MENDELSON, PH.D., POST-DOC. CERT. '83



Dr. Mendelsohn—known on stage as Bobby Mann—was a drummer for a number of rock bands including Bobby Mace & The Debuts.

Robert Mendelsohn, Ph.D., with *FROM LEFT* his daughter Chelsey Miller, Ph.D. '14, his mother-in-law Lorelle (Yarmark) Saretsky, Ph.D. '73, Post-Doc. Cert. '77, and his wife Robin Mendelsohn, Ph.D. '83

WHY DOES HE GIVE?

I can't quantify how many lives are being saved because our people are out in the hospitals and clinics and working with troubled people. Our students work, sweat, struggle, and they save people.

I love the teaching. I love the sense of community. I love the place.

I came here, my whole life is different. Everything changed. The people you meet, the experience and the training—you don't get training like this anywhere else. It's Gordon Derner's legacy.

Spend an hour with **Robert (Bob) Mendelsohn**, Ph.D., Post-Doc. Cert. '83, the longtime Gordon F. Derner Institute of Advanced Psychological Studies professor and former dean, and you'll see why he is a beloved teacher and talented psychoanalyst. Perspicacious and extroverted, he makes a quick study of those he is with and naturally holds an audience.

Before embarking on a career in psychology, he was a rock musician—known by his stage name, Bobby Mann. He was a back-up drummer for The Ronettes and played with Al Kooper, who subsequently formed

Blood, Sweat & Tears, and Harvey Brooks, who went on to play with Miles Davis.

"That's part of the ham in me," Dr. Mendelsohn said with a laugh. "I get out and perform in a lecture the same way I performed in a band."

He is sincere in his admiration for the Derner Institute and for its namesake, founding dean Gordon Derner, Ph.D., whom Mendelsohn met during his doctoral training.

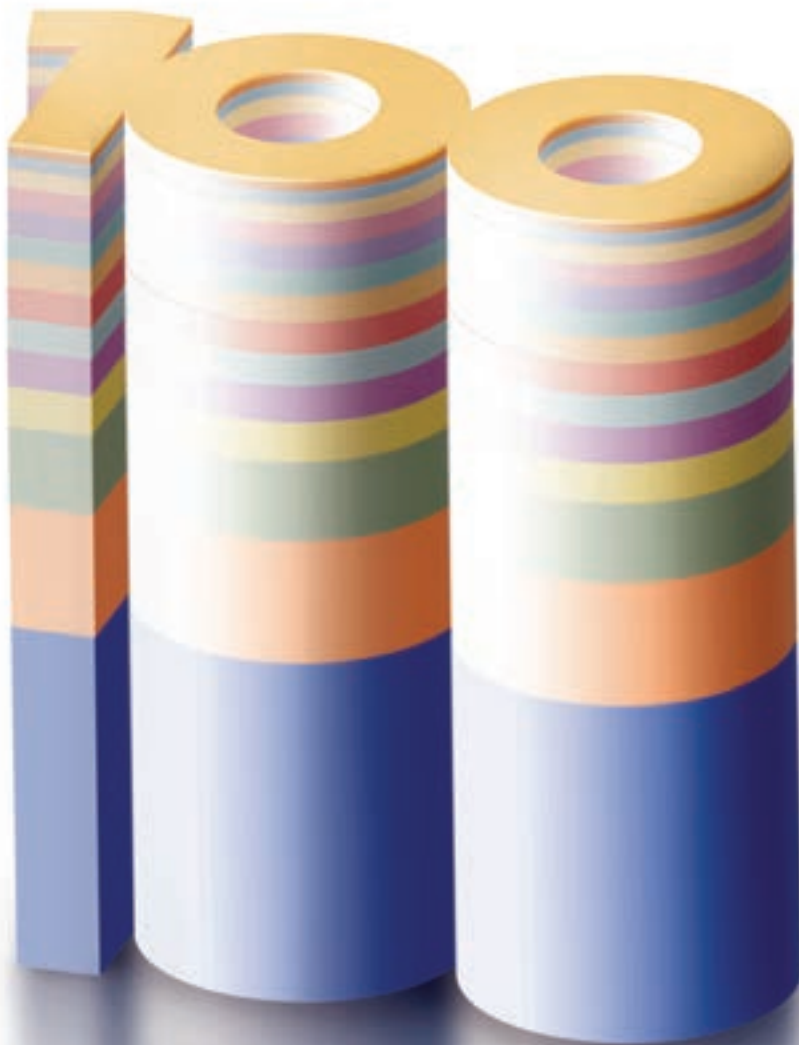
Dr. Derner would have turned 100 this year. Instead, chronically ill for much of

his life, he passed away in 1983 from emphysema. In the memories of Dr. Mendelsohn and many others who knew him, though, he lives on. "He had such a tremendous impact, not only on our profession but on our school...and created such a sense of community," Dr. Mendelsohn said.

That sense of community is especially palpable to Dr. Mendelsohn, who met his wife, Robin Mendelsohn, Ph.D. '83, at the Institute. His daughter Chelsey Miller, Ph.D. '14, is also a graduate. Even his mother-in-law, Lorelle (Yarmark) Saretsky, Ph.D. '73, Post-Doc. Cert. '77, is an alumna. "This is a family place," he said, adding, "I'm very grateful to Derner."

In April 2012, when Professor and former Associate Dean Patrick Ross, Ph.D., announced his retirement, Dr. Mendelsohn—already a loyal donor—decided to honor Dr. Ross with a scholarship endowment. Dr. Mendelsohn has been instrumental in helping to raise funds for the endowment and generous in his giving to it.

THE HONORS COLLEGE CLASS OF 2013 SETS A NEW BAR



100%

of the class contributed to the Honors College Class of 2013 Scholarship, setting new records among all the Honors College classes for participation rate and overall number of donors.

"I am grateful to the University and to the Honors College for giving me a rigorous and meaningful education. Because of the generosity of individuals, I was able to attend Adelphi and enroll in the Honors College with a significant scholarship. I hope that the scholarship funds to which I contribute can give other individuals the opportunity to study at this prestigious university and its esteemed Honors College."

— ALEX MACCARO '13

Initiated by Honors College Dean Richard K. Garner, Ph.D., in 2004, the various Honors College Scholarship Endowments were established to provide tuition assistance for honors students who demonstrate financial need and scholarly achievement.

NOW



is the time to celebrate
President Robert A. Scott's leadership.
Follow his lead.
Help Adelphi grow.



Watch the video here: **[ADELPHI.EDU/THISISWHERE](https://adelphi.edu/thisiswhere)**

CLASS NOTES

1930s–1960s

Alumni in **BLUE FONT** are celebrating a milestone reunion in 2015.

BELLE SYLVESTER, B.A. '33, celebrated her 100th birthday as well as 23 years as coordinator of cultural programming at the Freeport Memorial Library on October 6, 2014. Read her profile on page 38.

MARYLYN (TOBIN) VARRIALE, B.A. '57, is the composer/lyricist of a new musical play, *Evangeline, A Curious Journey*, which is based on the epic poem by American poet Henry Wadsworth Longfellow. It was performed at Adelphi, in the AU PAC Concert Hall, on May 30, 2014.

JOSEPH BONGIORNO, B.A. '58, M.S. '64, set a South Carolina Masters Swimming age group record for the 50-yard butterfly in the 80–84 age group in August 2014. He was back in the Adelphi pool in October for the Chi Sigma fraternity reunion swimming relays.

LEWIS BARTON '61 wrote the novel *The Brooklyn Iceman* under the pen name Anthony DiPello. The book is available on Amazon. For more information, you can visit the book website at WWW.BROOKLYNICEMAN.COM.

EMANUEL DI PASQUALE, B.A. '65, has been named the Poet Laureate of Long Branch, New Jersey.

HELEN HARRISON, B.A. '65, is the Eugene V. and Clare E. Thaw Director of the Pollock-Krasner House and Study Center in East Hampton, New York. A former *New York Times* art critic and feature writer and National Public Radio commentator, she has written numerous exhibition catalogues and articles in popular and scholarly publications. Her Jackson Pollock monograph was published in September 2014.

PATRICIA HESS, B.A. '65, M.S. '72, co-authored *Internships for Today's World: A Practical Guide for High Schools and Community Colleges*. Her new book for students, *An Internship for Every Student*, will be published in 2015. After teaching in New York City for 10 years, she moved to London, got her M.B.A. at City University London and worked in corporate human resources and management education with global companies. After almost 30 years in London, she returned to the United States in 2006 and started a second career as an adjunct professor teaching organizational behavior in the M.B.A. program at University of Massachusetts Dartmouth. She also teamed up with a former colleague from New York City and started a new business (INTERNSHIPQUEST.COM) that sells materials for high schools and community colleges that are doing internships.

JANET (HOFFMAN) MCLAUGHLIN, B.S. '68, SUSAN (FELDMAN) EDWARDS, B.S. '68, REISA (ROSS) GEORGE, B.S. '68, DOREEN (DUPAS) KRUMENACKER, B.S. '68, SHIRLEY (RUST) LIEBERMAN, B.S. '68, PATTI (SEIDEL) GAUGHAN, B.S. '68, AND MARY (KAZAKOWITZ) DIGIOVANNA, B.S. '68, met 50 years ago at freshman orientation at Adelphi. They stayed best friends throughout college. In their junior year, they all traveled to Europe to study abroad. After a summer of traveling together, they ended up at different universities throughout Europe: England, France, and Spain. They have remained close since then. In 2014, they took a cruise together to celebrate 50 years of friendship.

1970s

F. ANTHONY D'ALESSANDRO, M.S. '70, had his book, *Brooklyn Birth: Sicilian Soul*, published by Goose River Press. D'Alessandro retired after a 34-year teaching career in New York State. Since his retirement from high school, he has taught at several colleges. He currently serves as coordinator of student teachers at the University of Central Florida. He married his beautiful Celtic sweetheart, Adele, 48 years ago. She blessed him with three wonderful children: Pete is an NBA executive, Mary-Kim delights in being a kindergarten teacher, and Jon relishes a career as teacher and coach. Anthony thoroughly enjoys his grandchildren (ages 2–22) and has written poetry about each of them.

MARY JANE HAYES, M.A. '70, had her book, *A Deaf Child's Silent Concert*, released by St. Augustine Press, Inc. in paperback, Kindle, and ePub formats. *Silent Concert*, originally released in 2010 as *Emma's House of Sound*, has new color illustrations by Dan Madzel, and a slightly expanded text to illustrate more effectively the impact of bullying and ways to handle bullying with the help of parents and teaching staff.



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HAS MADE AN INDELIBLE MARK ON ME.

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— **ROBERT A. SCOTT, PH.D.** PRESIDENT OF ADELPHI UNIVERSITY

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"MY HEARTBEAT WAS GOING REAL
FAST AND THEN IT WAS OVER BEFORE
I COULD EVEN ACKNOWLEDGE
HOW NERVOUS I WAS."

– **STEPHANIE COIRO '10, M.S.W. '11**



LIVING THE AMERICAN (IDOL) DREAM

STEPHANIE COIRO

'10, M.S.W. '11

A STARK DIFFERENCE EXISTS BETWEEN REALITY TELEVISION AND REALITY, BUT THAT LINE WAS BLURRED WHEN STEPHANIE COIRO '10, M.S.W. '11, A LICENSED SOCIAL WORKER ON LONG ISLAND, STEPPED INTO THE JUDGES CIRCLE IN PURSUIT OF HER DREAMS, AND *AMERICAN IDOL* STARDOM.

Coiro is a longtime viewer of the singing competition. For years, her family urged her to consider trying out. But she demurred, using as her excuse that she didn't like to wait in long lines. Wait times to appear before any judge, in fact, can extend into the far outer limits of anyone's patience.

Then, in May 2014, Coiro heard that auditions would be held on Long Island—at Nassau Veterans Memorial Coliseum—on July 23, 2014. No longer could she ignore the lure of her dreams.

She chose her song: "From This Valley" by The Civil Wars. "I really associate with country music, even though I'm from New York," she said. "It's a fun song, and I thought it would be a representation of who I am."

After all that business about not wanting to wait in line, it turns out she didn't need to. The day before her audition her father won a "jump-the-line" call-in competition through Nash FM 94.7, which placed her in the first group to be seen that day.

And then reality kicked in. The first rounds of *American Idol* tryouts are nothing like what is portrayed on television. The first-round auditions are generally held en masse, with multiple tables of judges evaluating would-be contestants in a quick order.

A lifelong singer and self-described performer who used to sing in the Adelphi choir, Coiro said she didn't feel nervous beforehand. That changed when she introduced herself to the judges. "My heartbeat was going real fast and then it was over before I could even acknowledge how nervous I was," she said.

In the end, she was the first person in the first group of the day to make it to the second round, and the only person in the group of Nash FM winners to make it to the second day.

Day two—Coiro's last—was more like what viewers see at home, with practicing musicians of all types bearing numbers on their shirts congregated in a makeshift waiting room.

No matter the outcome, for Coiro it was a victory. "It was a really...cool experience. I was really proud that I even got through the first round. They were saying 'no' to people left and right and I was the only person [from the Nash FM winners] to get through the first round."

Sensory overload, sure. Would she do it again? Absolutely.

BY JORDAN CHAPMAN

1970s CONTINUED

Alumni in **BLUE FONT** are celebrating a milestone reunion in 2015.

WENDY (CUVIN) BUDIN, B.S. '73, was recognized by the New Jersey Consortium of Sigma Theta Tau International with the Mary Ann Rooney Essence of Nursing Leadership Award for demonstrating special interest and guidance to colleagues or students. Dr. Budin is currently the director of nursing research at NYU Langone Medical Center and adjunct professor at NYU College of Nursing. She is also president of the Eastern Nursing Research Society.

ARTHUR A. LYNCH, B.A. '73, M.S.W. '76, along with two of his colleagues, Drs. Arlene Kramer Richards and Lucile Spira, published *Encounters with Loneliness: Only the Lonely* (ipbooks.net, 2013), which won the 20th Annual Gradiwa Award for the best published anthology. The Gradiwa is given to produced or publicly exhibited works that advance psychoanalysis. This award was presented by the National Association for

the Advancement of Psychoanalysis during the annual scientific conference held on November 15, 2014, in New York City.

STUART GOLDFARB, B.A. '77, former executive of NBC and Bertelsmann Direct North America (now known as Direct Brands, Inc.), and Carmelo Anthony of the New York Knicks are business partners. In Summer 2014, the business team launched Melo7 Tech Partners to invest in and develop opportunities primarily in early stage digital media, consumer Internet and technology ventures.

CURTIS MINNIS, B.A. '77, a managing director at FedEx Services, was on the floor of the New York Stock Exchange on October 10, 2014, when FedEx rang the NYSE closing bell.

RALPH B. MORA, M.A. '78, PH.D. '83, is now director of integrated behavioral health at Resources for Human Development in

Philadelphia. Dr. Mora recently authored the article "Lessons Learned about PTSD from the Disaster in Fukushima." Previously, he held positions in Japan with the Department of Defense, the University of Maryland University College and Veterans Evaluation Services. He recently led the plenary session and presented a workshop on "Resilience in Koriyama" at the 20th Annual Congress of the International Association for Dynamic Psychotherapy. He also serves as invited lecturer at Psychodynamic Systems Psychotherapy in Tokyo, Japan.

JIM LUBIN, B.A. '79, M.B.A. '84, who is senior managing director, CBOE Futures Exchange (CFE), was also named vice president, CBOE (Chicago Board Options Exchange). He will continue to serve as head of CFE's operations and business development efforts, a role he has held since 2011.

ALUMNI EVENTS



Student and alumni members of Pi Lambda Phi gathered for a fall reunion. Junior Leyba-Corporan '14 Skyped in for the event (front row) from China, where he is serving in the Peace Corps.

1980s

Alumni in **BLUE FONT** are celebrating a milestone reunion in 2015.

JOAN HOEY, M.S.W. '82, who has more than 20 years of clinical experience as a private practitioner, trainer and human service consultant, authored a new book, *Purposeful Destiny*, published by Balboa Press, to help struggling people find their highest destiny in life.

CHRIS JUTKIEWICZ, M.B.A. '82, has been named senior vice president and chief technology officer of Epiq Systems, a leading global provider of integrated technology solutions for the legal profession.

TOM SHINICK, B.S. '82, M.B.A. '92, was quoted in the *Long Island Business News* story, "The Theory of Evolution," about evolving business models.

BERNICE SIMS, M.S.W. '82, a resident of Mineola, published *Detour Before Midnight*, in June 2014, 50 years after three civil rights workers—James Chaney, Andrew Goodman and Michael Schwerner—were abducted and murdered the night after meeting Sims and her family at their home in the summer of 1964.

Members of Adelphi's Multi-cultural Alumni Chapter got together with President Robert A. Scott and Carole Artigiani Scott at last fall's Alumni Day.



JAMIE TURNDORF, M.S.W. '83, also known as "Dr. Love," had her book, *Kiss Your Fights Good-bye*, published by Hay House in January 2014.

JOSEPH FERRARI, M.A. '85, PH.D. '89, is a professor of psychology at DePaul University in Chicago. He helped create the M.A. in community psychology program at Pontifical Catholic University of Peru, the largest Catholic University in Lima, Peru. He visited recently and received a brochure that lists Adelphi. He thought the Adelphi community would like to know that Adelphi's educational influence stretches internationally, even to Lima, Peru!

PAUL DALEY, M.B.A. '87, was promoted to executive vice president of First National Bank of Long Island. He joined First National in 1996 as vice president in charge of the commercial mortgage department and moved up to senior vice president six years later. Recently, Daley took on additional responsibility for the commercial banking business.

JANE LOONEY, B.S. '87, received her master's degree in organizational management with a specialization in healthcare administration from Ashford University in August 2014. She currently works for the Durham Veteran's Administration Medical Center as a senior staff specialist/medical technologist.

ARTHUR NIZZA, M.S.W. '87, D.S.W. '93, president of MidHudson Regional of Westchester Medical Center in Poughkeepsie, New York, has been named president and chief executive officer of Meriter-UnityPoint Health.

SHAMIR ANDREW ALLY, B.B.A. '89, M.B.A. '92, and his wife recently made their eighth donation of textbooks, CD-ROMs and videos in the areas of managerial accounting, management, leadership, languages and health to the University of Guyana Library. Dr. Ally is now the president/chief executive officer of his company, International Consulting Services. Based in North Carolina, he travels extensively for his consulting work.

DAVID SANDBANK, B.A. '89, most recently president of OnForce Solar, has been named by the New York State Energy Research and Development Authority to the position of director of NY-Sun, Governor Andrew Cuomo's \$1 billion initiative to advance the scale-up of solar power and move New York State closer to having a sustainable, self-sufficient solar industry.

CHRISTOPHER WEIKEL, B.F.A. '89, received 2013 Artist Fellowships from the New York Foundation for the Arts (NYFA) in playwriting and screenwriting. Only three percent of applicants to NYFA receive such awards.

Charles Rice-Gonzalez '85
@RiceGonzalez, writer and author of Chulito, was featured on @njdotcom
bit.ly/18i7DT #AdelphiAlumni

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271 Retweets 14 Feb 2015

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Alumni visited Macari Vineyards on Long Island as part of last fall's wine tour.

THE STORY CONTINUES...
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To see more photos from recent alumni events, visit ADELPHI.EDU/PHOTOGALLERY/ALUMNI.PHP.

Pete Clarke, M.B.A. '67,
and fellow alumni show
no signs of slowing down.



UP

& RUNNING

UP & RUNNING

PETE CLARKE, M.B.A. '67 • JACK DOWD '60 • MARTY RUBIN '55

While the American Heart Association recommends at least 150 minutes of exercise a week, some people love to go the extra mile—or six. Take alumni Marty Rubin '55, Jack Dowd '60 and Pete Clarke, M.B.A. '67, ranging from ages 73 to 81, who work out at least five days a week, run in races and win medals. ***What propels them?***

Dowd's reasoning for staying active is simple: "I always liked being fit; I have four kids I'd like to keep up with." When some like-minded friends suggested that he sign up for the Senior Olympics when he was 60, he found that his track and field skills were still intact. "I have the record for the javelin in Florida," he said, adding that he now travels across all 22 counties in Florida to compete in the events.

Rubin stays in shape to participate in the Peachtree Road Race, which takes place in Georgia on the Fourth of July. Racing and indoor shooting are two of his preferred pastimes now that some other sports, like competitive softball, have become limited for him. "I stopped when I was about 76 when I found out that there was nobody in the league within 20 years of me," he said, laughing.

Clarke has been receiving recognition for his speed since childhood, and, in 2007, he broke the record for the 100-meter dash in the Senior Olympics. He set state records and ranked in the top fastest times in the country for short distance. For him, running and exercising have always been natural: "I will continue, and I hope to be a centenarian one day."

This dedication to fitness has also helped Clarke to overcome setbacks. He was diagnosed with sarcoidosis in his 30s. Doctors put him on a steroid to keep crystals from forming in his lungs. Disliking how the drug affected him, he explained, "I got off it and started running again and blew off all these crystals; it took me five years to get over it, but I came back again."

Dowd had both knees replaced years back, but he also kept going, attributing his energy to his family. "I'm very lucky to have been married to the same woman for 52 years," he said. "Success lies with the life that my wife and I built together."

"The trick is to see your time—your days, your weeks and years—as part of an adventure called your life," Rubin said. "See what it is out there that is enjoyable to you and is a positive thing and if you find that, you're doing something positive for our species."

"I've been married 50 years!" Clarke said, chuckling, when asked how he kept pushing forward. "I've got kids and grandkids and all that stuff—so I'm enjoying myself!"

BY REBECCA ENDRES

PETE CLARKE, M.B.A. '67

- Set the Senior Olympics record for the 100 meters in 2007 at 12.3 seconds; was in the 65–69 age group.
- Can bench press twice his weight, or around 300 lbs.
- Workout routine includes short intervals, like 50–100 meters one day for the short quick muscle, then 800s the next day for the long muscle.
- Has been ranked in the top level of the US Master's Track and Field rankings for the 100 meters, 200 meters, 400 meters and 800 meters in outdoor meets and competes in Senior Olympics around the country.

JACK DOWD '60

- In the 1950s he pole vaulted with a bamboo pole, and then aluminum, on Adelphi's track team.
- Holds the record in Florida for javelin throwing in Senior Olympics at 125 feet.
- Was 60 when he began participating in the Senior Olympics with some active friends—he's 76 now.

MARTY RUBIN '55

- Didn't get into road racing until 1978.
- Still runs the Peachtree Road Race, currently caps at 60,000 runners and is 6.2 miles (10k); this year will be his 36th time running it.
- Most challenging hike was the Appalachian Trail in 1976.
- Still goes to shooting (pistol) matches at the South River Gun Club in Newton County, Georgia.

1990s

GLORIA WEBB, M.S. '93, vice president/commercial loan officer of Valley National Bank's Brooklyn/Queens commercial lending team, has been with the bank since joining in 1995 as a credit analyst. She is also an active member of The Women's Financial Group. In September 2014, she

was named one of the Ones to Watch: Banking/Wealth Management by *Long Island Business News*.

JOHN J. GOODWIN, M.B.A. '94, who has 25 years of experience in hospital administration, was named vice president of

operations at Interfaith Medical Center in November 2014.

MELISSA RIKER, B.F.A. '96, is the artistic director and choreographer of Kinesis Project dance theatre. The company's production, *Secrets and Seawalls*, opened at AU PAC on September 12, 2014.

2000s

Alumni in **BLUE FONT** are celebrating a milestone reunion in 2015.

MELANIE BARKER, B.S. '00, was featured in *The Des Moines Register* in August 2014. She is the chief operating officer of The Members Group (TMG), which helps credit unions and community banks across North America navigate the complex and changing world of payments. Clients look to TMG for guidance on credit and debit cards, ATM programs, prepaid cards and emerging solutions, such as person-to-person payment networks and mobile payments.

MATILDA YETUNDE AKINYEMI, M.S. '04, recently completed a general cardiology fellowship at the University of Texas Health Science Center at Houston and joined the staff at UHS Delaware Valley Hospital.

MICHAEL KALBERER, M.S.W. '04, uses his battle with cerebral palsy and retinitis pigmentosa to inspire others with and without disabilities. In October 2014, he was profiled in *Long Island Weekly*. Kalberer, who advocated for the 8th Annual Long Island Vision Walk at Jones Beach benefiting the Foundation Fighting Blindness, is also involved with the Weinberg Family Cerebral Palsy Center in Manhattan.

ABHIJEET MUZUMDAR, M.B.A. '04, vice president of global venture firm Bessemer Venture Partners, has joined Amazon India as its head of corporate development and private investments. At Amazon, he will look at acquisitions in India and Southeast Asia.

BRANT KASSCHAU, M.A. '05, was honored as Garden City Homestead School's 2015 Behind-the-Scenes Employee. Each Garden City School District building shines a light on one person to celebrate his or her contributions to school life—a person who plays an integral role in supporting the students, parents and staff, and someone who might never receive the recognition he or she truly deserves. Kasschau was selected by Homestead's principal and staff.

KENDRA (LACOURSIERE) SARRIS, B.A. '05, M.A. '06, a kindergarten teacher at Accokeek Academy, was featured in *The Washington Post* story, "Evaluating Md. kindergartners has become a one-on-one mission."



ALUMNI
EVENTS

Alumni gathered for a baseball game at last fall's Alumni Day.

ALUMNI EVENTS

CARLA CAMERON, B.S. '06, M.A. '07, teaches math at Oyster Bay High School. This year marks the start of her eighth year. She was married last year and is expecting her first child.

COLLEEN (DAVIDSON) MULTARI, M.S.W. '06, and her husband, Christopher, welcomed twin boys on October 22, 2014. The twins' names are Andrew Joseph and Logan George.

ELIZABETH (DI RICO) DAVIS, B.S. '07, M.A. '08, a professional trainer and exercise psychologist, was featured in the *Rodale News* article, "Your Zero-Dollar Home Gym," informing readers how you can create your own gym with items you already have at home.

MATTHEW JORDAN, B.S. '07, bought and renovated a condo in Arlington, Virginia. An award-winning mathematical statistician at the U.S. Census Bureau, he is the vice president of membership of the Census Bureau's Toastmaster's Club and mentors students in mathematics and statistics. He is thrilled to marry marketing and communications director, Megan Kent, in July of 2015.

ALANA JOY (HOWELL) ROBLES, B.S. '07, and **JESUS ROBLES, B.S.W. '07, M.S.W. '08**, got married in June 2014.

The couple, both of whom were resident assistants as students at Adelphi, came back to campus to take some wedding photos.

MARISSA (LEPORE) ABRAM, B.S. '08, has been working in the addiction setting in various roles since 2004. She started as an intern, transitioned to a nurse and, for the past three years, has worked in the role of psychiatric nurse practitioner at Phoenix House. Her primary role is focused on addressing the mental health needs of the patients admitted into her program. She is also a member of the New York State Office of Alcoholism and Substance Abuse Services Nurses Advisory Panel. Inspired by her patients and driven by the desire to improve patients' outcomes, specifically in the addiction treatment setting, she returned to Adelphi in 2013 to start her Ph.D. in nursing.

ANTHONY J. MORRIS, B.S. '09, has been hired as executive vice president and chief banking officer of Sun National Bank. He will oversee key customer experience functions across the organization, including retail banking, information technology, bank operations, and the bank's wealth management subsidiary, Sun Financial Services, LLC.



Dan Welden '64, M.A. '67, hosted a tour of his custom-made home and art studio in Sag Harbor, New York.



THE STORY CONTINUES...
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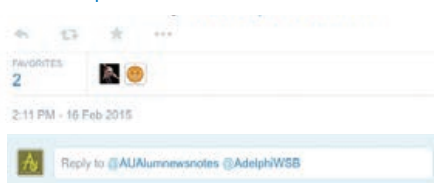
Joan Kuster '51, *Emerita*



Adelphi Alumni Notes

@AUAlumnewsnotes

Adelphi alumni Alyssa DiGregorio '11 and Gregory Yaguda '08, M.A. '09 are getting married in May
[#AdelphiAlumni](https://twitter.com/AdelphiAlumni)



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"MY EXPERIENCE IN
THE HOSPITAL TAUGHT
ME THAT I COULD
DO ANYTHING."

— CLAIRE SHULMAN '46



Claire Shulman '46, Queens Borough president from 1986 to 2001 **FOURTH FROM RIGHT** is joined by other dignitaries, including New York City Mayor Rudolph Giuliani, at the opening of a new Queens Hospital Center in 2001.

CLAIRE SHULMAN '46

AS BOROUGH PRESIDENT, SHE NURSED QUEENS BACK TO LIFE

Claire (Kantoff) Shulman '46 is the last to call herself a politician. She prefers to see herself as a nurse who embraced government administration. But her long record in New York City politics—including 16 years as Queens Borough president—proves that she is, indeed, a savvy political leader, one who navigated a convoluted bureaucracy to achieve tangible results.

SHE PUT QUEENS ON THE MAP

There is hardly a cultural institution in Queens that Shulman didn't have a hand in building or resurrecting. At 88, she can recall the ins and outs of bringing to life many of the borough's cultural gems, including the film and television production studios in Astoria and the adjacent Museum of the Moving Image. There's also the Queens Hall of Science, the Queens Zoo (where the two bald eagles are named for Claire and her husband, Melvin), the Queens Museum of Art and the Queens Botanical Garden, among others.

"We rebuilt and built all the cultural stuff so the people of Queens who couldn't afford Manhattan had a place to go," Shulman said.

Bringing Queens out from the shadow of Manhattan was a theme of Shulman's leadership.

Of her many building projects, Shulman takes special pride in her hard-fought battle to build a new Queens Hospital, replacing the hospital where she trained and first worked as a nurse.

In 1997, Mayor Rudolph Giuliani announced that the city would fund a new 200-bed hospital adjacent to the decrepit original one. In covering the news, *The New York Times* wrote that Shulman had “pushed for the project so fervently for years that she has become personally identified with it.”

Shulman described the city’s medical politics: “The city of New York is considered one region. All of the beds are in Manhattan.” Bringing beds and services to Queens was her attempt at evening the score.

“I mean if you had a heart attack in Queens, you’d die on the Queensboro Bridge because you wouldn’t make it to the hospital in time,” she said.

“I’M A NURSE.”

Asked whether she had imagined she would have a career in politics, Shulman had a ready answer, “No. I’m a nurse.”

Shulman was one of the first women to enroll in Adelphi’s Central Collegiate School of Nursing—a unit of the U.S. Cadet Nurse Corps, which opened in 1943. She was just 17 when she transferred to Adelphi from Brooklyn College. She wanted to be a nurse and earn her bachelor’s degree—not just her R.N.—and, according to an ad she saw on a city trolley car, she could do both at Adelphi.

During her Adelphi training, Shulman opted to work at Queens General Hospital. “I felt that I would get more experience in a hospital that relied more on nurses than on doctors,” she said.

After graduation, she returned to the hospital to work in female medicine. A year later, she was appointed the department’s head nurse. She was 21 and the only nurse on the staff with a bachelor’s degree. She recalled that the promotion “did not exactly endear me to the older nurses on the floor.”

According to Shulman, the fact that so many male doctors were drafted into World War II meant that nurses “ran that hospital.” She added, “My experience in the hospital taught me that I could do anything.”

FROM THE MOTHERS’ CLUB TO BOROUGH PRESIDENT

Shulman stayed on as the head of female medicine until her first child (Lawrence, who is now the chief of staff at Dana-Farber Cancer Institute) was born in 1950.

More than a decade later, Shulman found herself as the president of the Mothers’ Club at her children’s school—P.S. 41 in Queens. “Nobody else, of course, wanted that job,” she quipped.

By then, she also had a daughter (Ellen, now a physician-astronaut who participated in three Space Shuttle voyages), and was a full-time homemaker.

Quickly, she showed her prowess for getting things done. Recognizing that the school was in need of repair, Shulman and a friend who was a lawyer took up the issue with the head of the New York City Board of Education—in person. “We said, ‘Fix this school up or we’re going to sue you as a slum lord,’” Shulman recalled, laughing. “Nobody knew what a slum lord was in those days, but we were very creative.”

The tactic worked. The school was refurbished. Property rates went up, and Shulman won an appointment to the district planning board.

By 1972, she became director of all 14 of the planning boards in Queens. With access to the budget, she started to build up the borough, from schools and libraries to cultural institutions.

“We did a lot of things. I’m an old nurse, so I could do 20 things at the same time,” Shulman said.

In 1980, Queens Borough President Donald Manes appointed Shulman as his deputy borough president. Six years later, he resigned after being caught up in a massive scandal, and Shulman was named his successor by the City Council. Later that year, she won an election for the post. She won the vote three more times before term limits forced her to step down in 2001.

Shulman surrounded herself with talent and is quick to acknowledge the contributions of her deputies. For aspiring politicians, she offers this advice: “You cannot do this alone. I had the best staff.”

She acknowledged, too, that in politics, doggedness pays off. “When you start a project, you have to make sure [that] until that shovel goes in the ground, you don’t let go. Otherwise, middle management will make their own priorities and it will vanish.”

Asked what it was like to be a woman in politics at the time, Shulman said, “Well, I’ll tell you, I didn’t have a tough job because I was so much older than everybody else, and they were afraid to deal with me. They didn’t say, ‘We’re not going to listen to her because she’s a woman.’ They said, ‘We’d better listen to her because she’s like our mother.’”

Joanne Shapiro, “a Queens insider,” offered the *Daily News* a slightly different angle. In an admiring portrait of Shulman, which the paper ran at the end of her term in 2001, Shapiro offered this analysis: “Most people think of her as a nice old grandmother, not a politician. But she’s brilliant at it. She’s a master.”

BY BONNIE EISSNER

2010s

Alumni in **BLUE FONT** are celebrating a milestone reunion in 2015.

DAVID PRIMOZIC, B.B.A. '10, just completed the Emirates Airlines training program. He is now a flight attendant for Emirates Airlines.

ANTHONY YOVINO, B.A. '10, is working for the New York Police Department.

MARGARET KLEIN, M.A. '11, PH.D. '14, is the co-founder and director of Climate Mobilization.

MARLEE FAYE KOENIGSBERG, B.F.A. '11, a New York-based director and theater artist, directed *The Strange Case of Dr. Jekyll and Mr. Hyde*. The production, which opened on November 11, 2014, was a celebration of the New York Deaf Theatre's 35th anniversary season.

DHALIA PURI, B.S.W. '12, was hired as a full-time R.N. in a bone marrow transplant unit at New York-Presbyterian Hospital.

JENNIFER LEE, B.A. '13, JUNIOR LEYBA, B.A. '14, AND FELICIA SINGH, B.A. '11, M.A. '12—all Peace Corps volunteers—got together in China for the holidays.

REBECCA FARINA, B.A. '14, had her directorial project featured by New York's NewFilmmakers series on December 17, 2014, at the Maya Deren Theater at Anthology Film Archives in Manhattan.

JOSE LEON, B.F.A. '14, has been accepted to the Actors Theatre of Louisville's 43rd Apprentice/Intern Company to receive practical and experiential training. Only 37 recent college graduates, 20 acting apprentices and 17 interns were awarded positions in Actors Theatre of Louisville's highly competitive nine-month program.



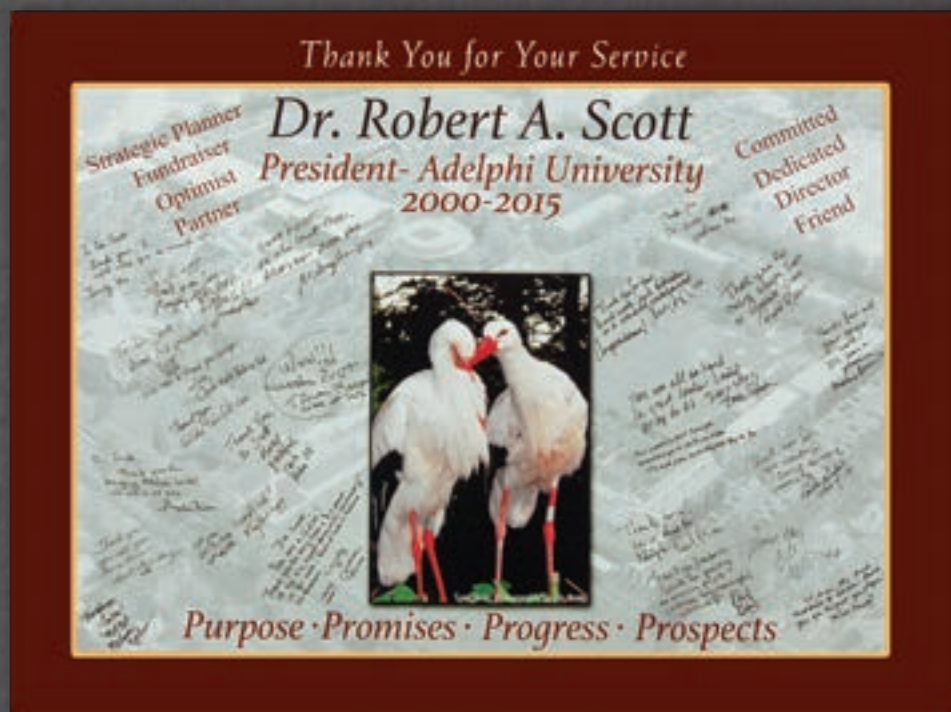
Janet L. Ficke '59 with Elizabeth Lindner '13 at the alumni softball game last fall

IN MEMORIAM

Virginia (Wood) Suter, B.A. '41
 Marie (Hanning) Quantrell, B.A. '43
 Marie (Arnot) Sinclair, B.S. '45
 Eugene Denton, B.A. '49, M.A. '50, Ph.D. '55
 Rita (Granitz) Peck, B.A. '50
 Marilyn (Ruser) Jedrey, B.A. '51
 Patricia (Murcott) Jensen, B.A. '51
 Alice (Berson) Rubin, B.A. '51
 Esther Ridder, B.S. '55
 Gerard Leeds, B.S. '62, '99 (Hon.)
 Edward Tomao, B.A. '63
 Rose Pedowitz, M.S.W. '65
 Joel Harvey, M.A. '69
 Diane (Hunter) Hazel, B.B.A. '69
 Harold Tiernan, B.B.A. '70
 Olga (Brom) Spencer, M.S.W. '71
 Carolyn Stein, B.S. '72

Margaret Gaydos, M.B.A. '73
 Nicholas Ruzza, B.A. '73
 Patricia (Tucker) Sanborn, B.A. '74, M.B.A. '77
 Elizabeth Desmond, M.A. '75
 Daniel Cuoco, M.B.A. '77
 Karen D'Avanzo, B.A. '79
 Helene (Mulligan) Isham, B.S. '79, M.S.W. '87
 Mary Dowden, B.S. '80
 Mary Henig, B.S. '80
 Paula Curliss, B.A. '81
 Albert Miller, A.A. '81, B.S. '83
 Genevieve Vazquez, A.A. '81, B.A. '86
 Doris Smith, M.S. '88
 Carol Cresci, M.S. '89
 Suttatip Kaewkamchand, B.S. '11
 Hari Simran Khalsa, B.A. '11

ALUMNI EVENTS



At the Los Angeles alumni reception last February, alumni signed a poster for President Robert A. Scott, which was presented to him by Richard and Janet (Tierney) Guy, both members of the Class of 1968.

f THE STORY CONTINUES...
FOLLOW ADELPHI UNIVERSITY ALUMNI

To see more photos from recent alumni events, visit ADELPHI.EDU/PHOTOGALLERY/ALUMNI.PHP.



LEFT Alumni, including Trustee Angela Jaggar '62, M.A. '65, Ph.D. **SECOND FROM LEFT**, gathered for a March reception in Boca Raton, Florida.



BELOW Flexing some muscle at last fall's Chi Sigma reunion



A LOOK BACK

THE PANTHER IN HIS MANY GUISES

Adelphi adopted the panther as its mascot in 1946—the same year that men were readmitted and team sports expanded to include them. The panther won in a student vote. (We're not sure what other creatures were in the running.) He has remained a popular figure, imagined and reimagined in different guises throughout his 69-year reign. Here, we look back at some of his many incarnations.

BY REBECCA ENDRES

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2



3



recreation & intramurals Adelphi

1976 1977



4

Tennis ANYONE?



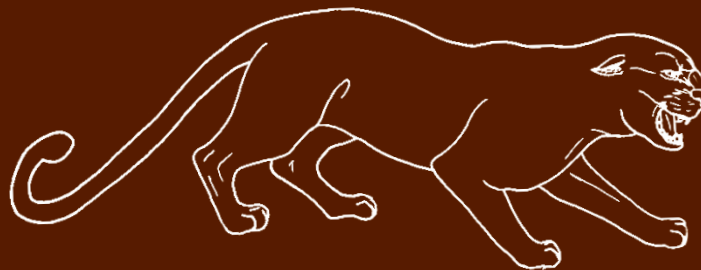
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MEN'S TENNIS



6

7



8



9



10



1 PANTHER 1951

The panther's first appearance on the *Oracle* cover

2 PANTHER 1954

Sporting a collegiate look

3 PANTHER 1968

Baring his teeth on an athletics department brochure

4 PANTHER 1977

The panther gets a mate on an intramurals brochure.

5 PANTHER 1978

In the sports section of the *Oracle*, ready to swing

6 PANTHER 1979

A groovy panther in the *Oracle*

7 PANTHER 1981

On the prowl in the athletics section of the *Oracle*

8 PANTHER 1993

Another interpretation in the *Oracle*

9 PANTHER 2007

This version, used by Adelphi Athletics for a few decades, made its last appearance in 2007.

10 PANTHER 2008

With the opening of the Center for Recreation and Sports, a new panther was born.



HAVE A FAVORITE VERSION OF THE PANTHER THAT WE DIDN'T SHOW HERE? **LET US KNOW!**



ADELPHI UNIVERSITY

OFFICE OF PUBLIC AFFAIRS
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One South Avenue
P.O. Box 701
Garden City, NY 11530-0701



PEAK PERFORMANCE

For the second consecutive year, Adelphi students were invited to dance at the Joyce Theater in Manhattan as part of the Martha Graham Dance Company's University Partners Showcase. Madison Rajchyba and Kenneth Murray performed "One of a Kind"—choreographed by Jiří Kylián and set to "Soliloquy for a Viola Solo," composed by Brett Dean—at the showcase in February 2015.