



ADELPHI UNIVERSITY

M A G A Z I N E

Fall 2012

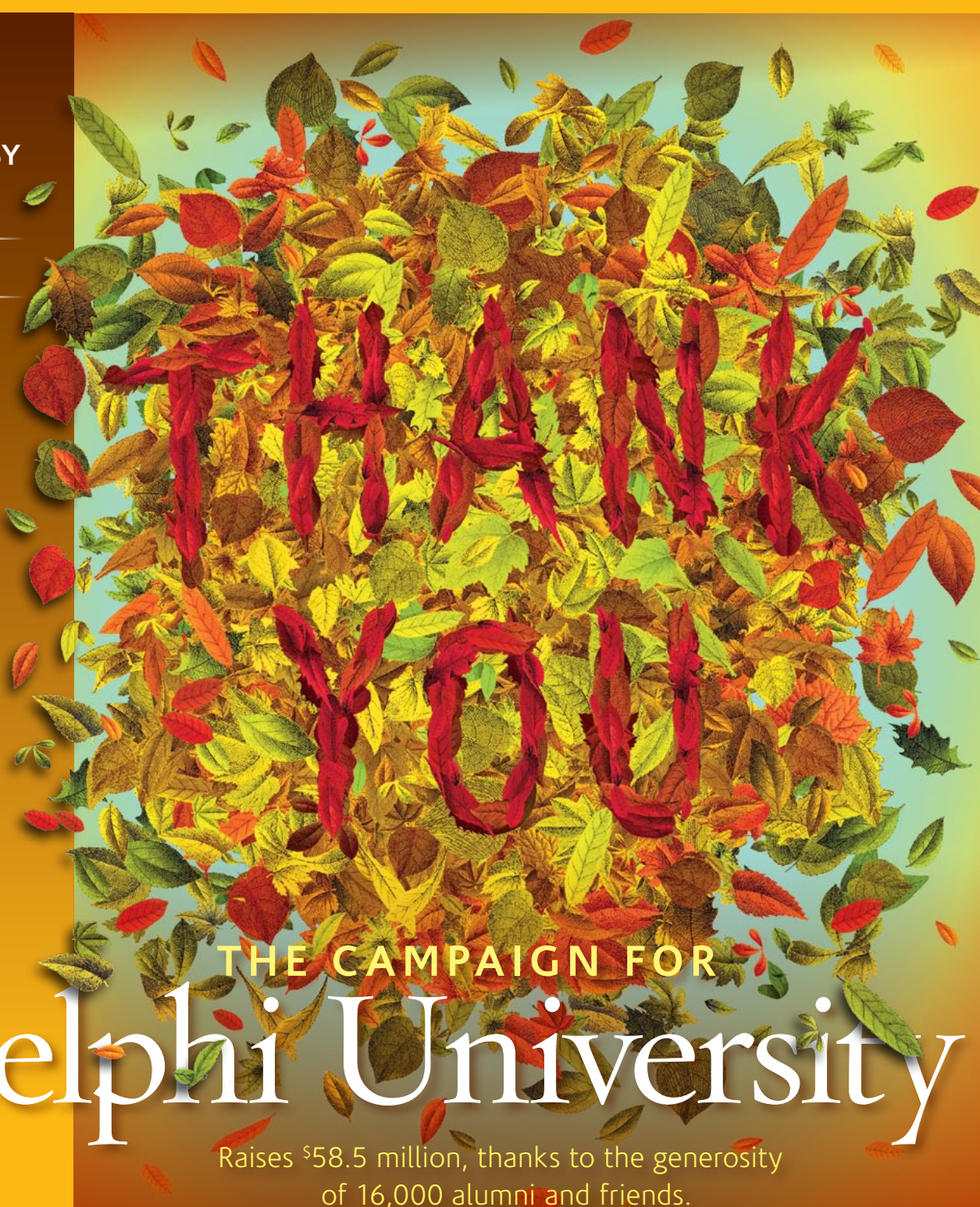
FEATURE STORY

AS TIME GOES BY

A Look at Aging in the
New Millennium

Healing Haiti

Going Greek



THE CAMPAIGN FOR

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ADELPHI UNIVERSITY

TEN UNDER 10

Congratulations to this year's 10 Under 10.

10 Under 10 celebrates the remarkable success
of young alumni who have achieved exceptional
career and personal accomplishments before
reaching their 10-year reunions.

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To read their profiles and nominate a candidate
for next year's 10 Under 10, please visit
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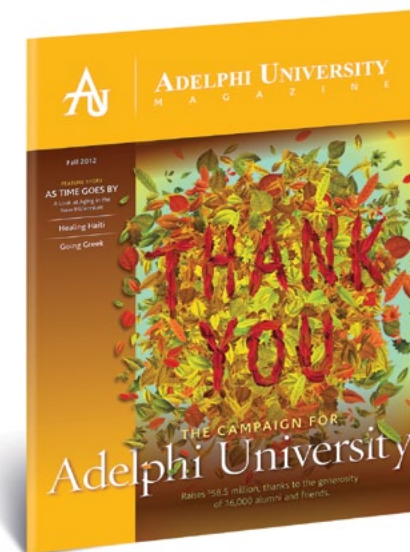
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The Offices of Alumni Relations, Intercollegiate
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Cover art by Adelphi Associate Professor
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FOLLOW US ON FACEBOOK AND TWITTER

We Must Build on ADELPHI'S HERITAGE, While Charting New Courses

We are all concerned about aging, whether it is because we miss too many of our grandchildren's events, or we see our parents fading as we watch, or we cannot do all that we could do in our youth. These are our thoughts as individuals—how can we age successfully?


Institutions age, too. While history becoming heritage is a sign of maturing and longevity, there are aspects of a university's development that can show signs of age in less flattering ways. Buildings and technologies age and must be kept up to date in order to be attractive and cost effective. Academic programs must be renewed, replaced or cancelled if aging is not beneficial. The faculty must be refreshed through professional development, sabbaticals, challenging assignments and new colleagues, or they risk settling into a pattern that is inadequate for new times. Good signs of institutional aging come when alumni tell me that their children or grandchildren want to attend *alma mater*, and when increasing numbers of alumni make other kinds of contact each year, even as mentors to current students through the C.O.A.C.H. program or internships.

At Adelphi, we continue to challenge ourselves to stay fresh—to build on our heritage even as we chart new directions. We must remain relevant by responding to new demands and opportunities while staying true to our mission and principles. In this way, we create new programs and services and adopt new technologies, such as online learning, in concert with Adelphi's goals and tuition pricing. We want to remain competitive in facing the challenges to higher education institutions, as well as affordable as we can be, while ensuring a quality education and high graduation rates. We want to continue to set the bar as a *Fiske Guide to Colleges* Best Buy in private higher education nationally for years to come.

Being relevant means providing students with out-of-class opportunities to develop the knowledge, skills, abilities and values necessary to succeed after college no matter what the major

course of study pursued, as long as it is pursued with passion and commitment. These opportunities include internships in health-care, scientific, nonprofit and business settings; the Community Fellows Program, the McDonell Science Fellowships; the Honors College research stipends; study abroad and other organized experiences for learning beyond the classroom.

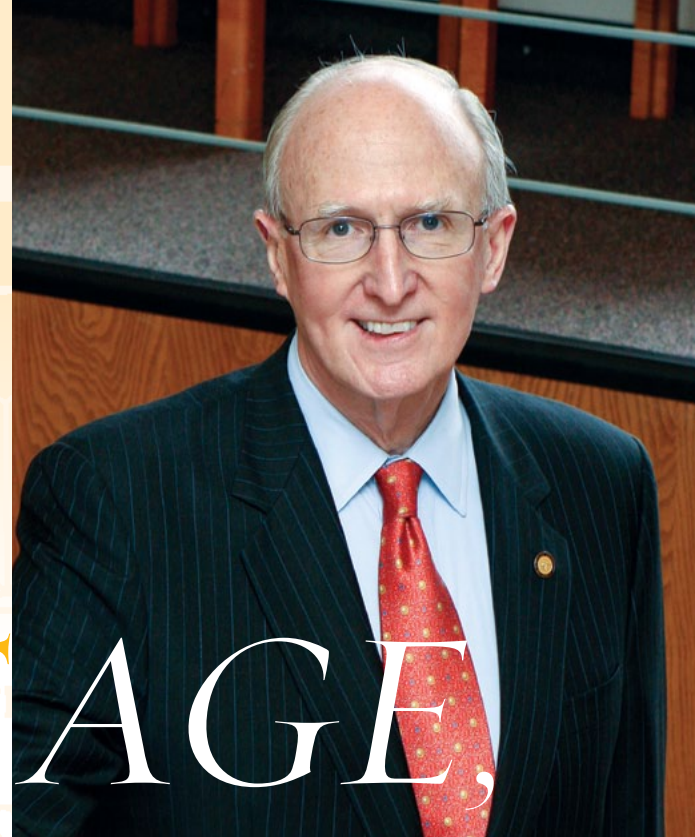
In these and other ways, we honor the past even as we create new opportunities for teaching and learning and renovate and retrofit time-honored homes, such as we did with Woodruff Hall and plan to do with Alumnae Hall.

To keep up with new opportunities to teach and to serve, and to build on Adelphi's history in health sciences through an expanded School of Nursing and the new Center for Health Innovation, we will engage architects to design a new building north of Swirbul Library dedicated to instruction, scholarship and community outreach in these areas as well as in student academic services, admissions and alumni relations. This, too, will be an example of Adelphi aging, with both innovation in meeting new challenges and respect for historic strengths now growing in new ways. 

Sincerely,



Robert A. Scott
President

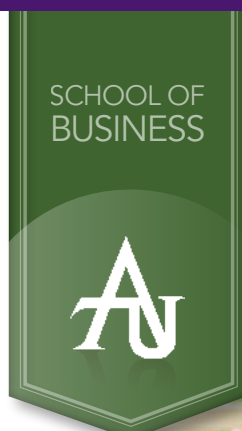


- 1 Celebrity chef Bal Arneson serves up gourmet fare to Adelphi students in Post Hall.
- 2 Adelphi employees volunteered at Hobbs Farm in Centereach, New York, this past summer.
- 3 Dr. Scott and Carole Artigiani Scott speak with students at Adelphi's Legends: Honoring the Sciences event.
- 4 FROM LEFT Chairman of the Adelphi University Board of Trustees Robert B. Willumstad '05 (Hon.), Senator Kirsten Gillibrand, Vice-Chair of the Board of Trustees Helene Sullivan '79, Trustee Lois C. Schlissel and Dr. Scott at an event announcing legislation to help provide education and job training for young veterans
- 5 Dr. Scott with Sam Angelides and Laura Angelides '86 at the alumni reception at the John and Mable Ringling Museum of Art in Sarasota, Florida
- 6 At the Adelphi Boca Raton alumni dinner: FROM LEFT Trustee Gerald F. Mahoney '65, JoAnne Mahoney, Trustee Leon M. Pollack '63, Phyllis Angello, Secretary of the Board of Trustees Frank Angello '77 and Dr. Scott

- 7 Burt Young (PAULIE TO ROCKY FANS) speaks to Adelphi theatre students.
- 8 Dr. Scott is honored as the Person of the Year by the American Society for Industrial Security (ASIS) Long Island Chapter. Joining him are: FROM LEFT Adelphi Vice President for Enrollment Management and Student Services Angelo B. Proto, M.B.A. '70, Adelphi Provost and Senior Vice President for Academic Affairs Gayle D. Insler, ASIS Chapter Chairman Frank Catalano and Adelphi Assistant Vice President of Public Safety and Campus Transportation Eugene Palma.
- 9 Lou Basso '74 LEFT awards Kaitlyn Henn '12 a \$2,500 scholarship from Alcott HR Group at the first annual Robert B. Willumstad School of Business Honors and Awards Ceremony in May 2012. Ms. Henn is joined by Rakesh Gupta, the School's dean at the time.
- 10 Grand Opening: Cutting the ribbon to commemorate Adelphi's new Hudson Valley Center

- 11 Dr. Scott joins Thomas O'Hara '81, M.B.A. '86, and Adelphi University Board of Trustees Chairman Robert B. Willumstad '05 (Hon.) at the Seventh Annual Wall Street Reception.
- 12 The Center for Nonprofit Leadership at Adelphi University was the first site of New York State Comptroller Thomas P. DiNapoli's new fraud detection training program for not-for-profit officials. Mr. DiNapoli is pictured here with Adelphi Provost and Senior Vice President for Academic Affairs Gayle D. Insler LEFT and the center's director Ann Marie Thigpen.
- 13 The first graduates of Adelphi's M.B.A. with a specialization in health services administration offered at St. Francis Hospital
- 14 Congressman Steve Israel, pictured with Adelphi Associate Vice President for Enrollment Management and Student Affairs Esther Goodcuff '74, M.A. '77, announces student loan debt legislation at Adelphi's Hauppauge Center.

University News



Dr. Barbara Nemecek

leads the Robert B. Willumstad School of Business

We just can't
thank you enough.

With the generosity of
more than 16,000 donors,
the Campaign for Adelphi
exceeded its goal,
raising \$58.5 million.

**THE CAMPAIGN FOR
ADELPHI UNIVERSITY**

thank you!

Nicholas Petron, M.A. '70
PROFESSOR AND DEPARTMENT CHAIR,
PERFORMING ARTS

In July, Barbara Nemecek, Ph.D., who previously served as the dean and the Louis J. and Ramona Rodriguez Distinguished Professor at the Dillard College of Business Administration at Midwestern State University in Texas, began her appointment as the new interim dean of the Robert B. Willumstad School of Business. Prior to leading the Dillard College of Business Administration, Dr. Nemecek served as the founding dean of the College of Business and Economics at the University of Wisconsin-River Falls and was dean and professor of marketing at Montana State University-Billings.

She has extensive curriculum development experience, is published in the field of marketing and has served as a board member of the Association to Advance Collegiate Schools of Business International. Dr. Nemecek has formed angel networks to align institutional learning opportunities with regional economic development, and has leveraged relationships with business school advisory boards to evolve and develop programs to meet workforce needs and enhance program innovations. Dr. Nemecek received her B.S. and M.S. from the University of Wisconsin-Stout and her Ph.D. in Business Administration from the University of Minnesota.

Editor's Note

WHY Adelphi?

At this year's matriculation ceremony in September, Student Government Association President Madeline Dressner '13 addressed the members of the Class of 2016 and their families. In a candid and heartfelt speech, Ms. Dressner reflected on her experience with student government in high school, or lack thereof. As a senior, Ms. Dressner had longed to run for student government president. She wanted to have a voice, a say. But having never been involved with student government, she realized she was unqualified, and she stayed out of the race. Her regrets, though, fueled her resolve to change such a fate at Adelphi, where she participated in student government from the outset. "The next four years can be anything you create," Ms. Dressner told the newly minted freshmen.



College has profoundly changed in just the last decade, thanks to technology. Adelphi students, for example, learn in hybrid courses—ones taught both online and live. In the future, more classes will be taught via the Web. Textbooks are digital. Research is conducted at least as much online as in the library. It might seem as if bringing college students together in one place is outmoded.

Yet, Ms. Dressner's experience and that of countless other Adelphi students prove otherwise. We are social beings. We best learn by interacting with others, particularly in structured, supportive and thoughtful environments. Adelphi offers plenty of these settings—classes, teams, clubs, theatre, dance and music rehearsals, residence halls, student government and so many more.

In reporting for this issue of the magazine, I spoke with Adelphi alumni who have distinguished themselves professionally and who have led fulfilling lives. What struck me was that their most profound college experiences revolve around their interactions with others. Jim Lee '91, the CIO for insurance at Endurance Specialty Insurance Services, says that starting a club for Asian students exposed him to being a leader.

Cynthia Rufe '70, who is now a federal judge, recalls honing her service and advocacy skills when she was school co-president and as a member of Tri Delta sorority.

In other stories, too, the theme is apparent. You'll read that Matthew Puvogel '06, who now works for the New York City Mayor's Office for People with Disabilities and is visually impaired himself, has found a way to play a version of baseball—known as beep baseball—thanks to his encounter with the sport at Adelphi.

You can learn computer programming, statistics, grammar, perhaps even Shakespeare and biology, online. But becoming a leader, a team player, an advocate, a thoughtful listener or a public speaker requires experience. And where better to gain it than at Adelphi?

Happy reading and continue to share with us your thoughts and news.

Bonnie Eissner
Editor-in-Chief

ENABLED BY A BEEPING Ball *and* BUZZING Bases

Each summer, Adelphi hosts Camp Abilities, a weeklong sports camp for young people with visual impairments. At Camp Abilities this year, as he has for the last eight years, Matthew Puvogel '06 will join his team, the Long Island Bombers, in a demonstration of beep baseball.

Beep baseball is an adaptive version of baseball, named for the beeping ball pitched to visually impaired batters who, after hitting the ball, then run to buzzing bases.

Mr. Puvogel started playing beep baseball during his junior year at Adelphi. He'd first heard of the sport almost two years earlier, at a conference where he presented on his experiences as a visually impaired student at Adelphi and the support he'd found through the University's Office of Disability Support Services. But even after learning about beep baseball, he took a while to warm to the idea. As he says, "It sounds crazy! You're blindfolded and a ball is flying at you, and you can't see it."

Ultimately, Mr. Puvogel came around. "It's a dangerous sport, I have to admit it, but it's a lot of fun," he says. Joining the Long Island Bombers, though, has been a lot more than just fun for Mr. Puvogel, who has been losing his sight progressively. "There's a whole range of vision loss on the team," he explains. "It's a team, but it's also a coping mechanism, seeing how other people deal with their blindness."

Through the team, Mr. Puvogel met a number of mentors including his future boss, Matthew P. Sapolin, who was able to hire Mr. Puvogel after graduation as a mayoral office assistant in the New York City Mayor's Office for People with Disabilities. Now, Mr. Puvogel works for the City of New York on issues ranging from service dog assistance to adaptive sports and handicap parking awareness.

While his work keeps him busy, his commitment to the Long Island Bombers has never flagged. He continues to appreciate the challenge of the game, and play one of the sport's hardest positions—directly behind the pitcher, who is just 20 feet from the batter. Mr. Puvogel has excelled at the position, and he posted the third best defensive performance at last July's National Beep Baseball Association World Series in Ames, Iowa.



Still Slugging: Matt Puvogel '06 refuses to let vision loss keep him from playing ball.



All in a Day's Play: For preschoolers at Adelphi's Alice Brown Early Learning Center, play and learning are enriched by a nurturing environment and numerous campus collaborations.

Who are the youngest students at Adelphi? Not the freshmen, nor the high school students coming for campus visits or summer programs. The title goes to the 18-month to 5-year-olds attending the Alice Brown Early Learning Center (ELC), a spacious, state-of-the-art child care center that provides care to the children of Adelphi students, faculty, staff and local residents.

The *Littlest* ADELPHI STUDENTS

It's a Friday in late April, and the kids are not in the ELC constructing block towers, pretending to be firefighters or even hunting for ladybugs in the adjacent garden. They're outside getting a basketball lesson, courtesy of the Adelphi men's team.

What the pint-sized players lack in height they more than make up for in enthusiasm. Ben nails a bounce pass on his first try and earns a high-five from his coach. Hayden, dressed head to toe in pink, puts her own spin on the sport by executing a perfect pirouette followed by a forceful overhead pass. Lizzie prefers to watch from the sidelines and contemplates her teacher's suggestion to do one of the cheers taught to the kids when the cheerleaders visited the ELC: "Let's go Panthers! Go AU!"

The children are far from the only ones learning from this basketball lesson. John Galarco, a junior majoring in exercise science, said that while a professor can lecture about what children are physically capable of, actually working with them truly shows the difference even a year can make in a child's strength and coordination. He smiles when Laura Ludlam, M.S.

Ed. '00, director of the Early Learning Center, praises, "You're applying classroom theory to practical experience."

Thanks to generous support from Amy Maiello Hagedorn '05 (Hon.), Adelphi was able to construct the bright, spacious Alice Brown Early Learning Center, which opened in 2008. According to Ms. Ludlam, who succeeded Ms. Brown as director in 2006, "Dr. Scott said he wanted the Early Learning Center to be the model program for best practices in early care and education and a hub of learning for students who have anything to do with families and children."

The ELC largely follows the Reggio Emilia approach, which purports "that children are born competent and ready to learn, at their own pace and in their own way, and to incorporate the community into the children's learning," Ms. Ludlam says. The center puts this theory into action by taking full advantage of the Adelphi campus. In addition, the Ruth S. Ammon School of Education, the Gordon F. Derner Institute of Advanced Psychological Studies and the schools of Social Work and Nursing have had students

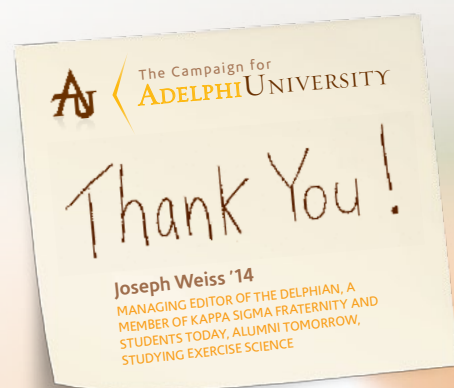
gain valuable experience as they perform classroom observations, learn how to develop lesson plans or provide services to children and their families.

About 35 undergraduate and graduate students are employed at the ELC. No matter what their major, students say they have benefited from learning how to communicate with and motivate children of so many disparate personalities and will carry this knowledge into their careers, whether they plan to teach young children or high school students, or even work with adults in the corporate world.

"It's been an amazing experience," says Melissa Stotsky, a graduate student in the Ammon School of Education. "The center is so welcoming and they really support you."

"We offer a deep sense of respect and understanding of the individual, and we've extended our community out to the Adelphi campus," Ms. Ludlam says. "I hope students and campus visitors now know who these kids are and that they're part of the Early Learning Center."

By Ela Schwartz





Mining for ADELPHI GOLD in the Archives

As an Adelphi tour guide, it is my job to learn as much as possible about our University to answer even the most obscure questions from families. I've given more than 100 campus tours and am rarely stumped. In addition to giving tours, I also write press releases as a student writer in Adelphi's Office of Public Affairs. So I know a lot about Adelphi.

Or, I thought I did until one day last spring when my manager in the public affairs office asked me to go to the Adelphi University Archives to do research for an assignment. I had no idea that Adelphi even had an archive, let alone where it was. Imagine my embarrassment.

Bemused by my stammering shock, my manager kindly escorted me to Residence Hall A and showed me the sign above a side entrance that prominently reads "Adelphi University Archives." I felt silly. I must have walked by that sign hundreds of times and never noticed it.

Humbled, I activated the intercom beside the large steel door to gain access to the subterranean trove. Pamela Griffin, the administrative assistant, ushered me in. I was there to find some specific material for an article, but I quickly became fascinated with the mysterious books, papers and objects crammed into drawers and shelves.

Professor Eugene Neely and his fellow archives and special collections faculty and staff know a great deal about the scores of materials they curate and are more than willing to share their knowledge with anyone seeking it. After poking around a few times (with the experts' help, of course) I learned so many odd and entertaining tidbits about Adelphi, I just knew I had to share some of the finds.

One collection that piqued my interest was a group of miniature trading cards, each one approximately 2 ¾ inches long—about the length of my index finger. The cards were part of the Murad Cigarettes College Series 51–75 issued in 1914. Originally, there were 150 cards representing athletics at various colleges. Of all the colleges in the country, Adelphi—then a college based in Brooklyn—was one of the ones selected to be featured in the deck. In the archives is a collection of 21 of the cards, including the Adelphi card with a white-clad tennis player and others

that showcase Vanderbilt University and the Polytechnic Institute of Brooklyn.

Far more shocking than an Adelphi trading card sold with a pack of cigarettes was an item that I never thought I would see on this campus—a football. I knew that Adelphi once had a football team, but a pigskin was the last thing I was expecting to see in the University Archives. This isn't just any football; it's a winning one. Literally bursting at the seam from being thrown, kicked and tackled, it is a symbol of Adelphi's 1948 win against Hofstra University. It's nice to know that even in '48 we had a rivalry strong enough to entice us to keep the football even after we got rid of the football team.

The third item that caught my eye was positively otherworldly and wholly unexpected. It's a souvenir-sized model of the 1969 Grumman Lunar Landing Module from Apollo 11. Apparently, these now-rare models are coveted by collectors, and it's easy to see why. The miniaturized version of that famed spacecraft intrigued me. The reason Adelphi has this is linked to Swirbul Library. Leon Swirbul '59 (Hon.), the former president and one of the six founders of the Grumman Aircraft Engineering Corporation, served on Adelphi's Board of Trustees for only about

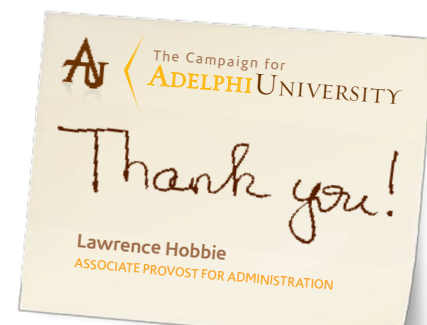


- 1 An Adelphi trading card among ones from other colleges that were sold with Murad Cigarettes, starting in 1914
- 2 The pigskin from a 1948 football game against Hofstra
- 3 A model of the Grumman Lunar Landing Module from Apollo 11, donated in honor of former Adelphi trustee and library namesake Leon Swirbul '59 (Hon.)

two years before he passed away. After his passing in 1960, the Grumman employee contribution council elected to donate funds raised from fellow workers to the new Adelphi library, in Mr. Swirbul's memory. When the library was completed, Grumman donated this original model to the University.

We have a bevy of surprising and intriguing items in the archives. I can't wait to discover more of the objects hiding in the shelves beneath Residence Hall A. Make an appointment and take a look for yourself. [A](#)

By Janine Perez '14



Two Alumni Join the Board of Trustees

Patrick S. Smalley '86

This past March, Adelphi elected Patrick S. Smalley '86 to the Board of Trustees. Mr. Smalley is the executive vice president and managing director of MCH Group LLC—developers, owners and managers of hospitality and apartment real estate. In his executive capacity, Mr. Smalley has managed the real estate company Fairhaven Properties Inc., which generates annual revenues in excess of \$50 million. The portfolio includes The Garden City Hotel.

Mr. Smalley is a founding adviser of the Institute for Social Research and Community Engagement (iSoRCE), part of Adelphi University's Center for Health Innovation. In 2003, he was named a board member of the Adelphi University Alumni Association and went on to hold the position of president. He received the Adelphi University President's Award for Outstanding Achievement and Friendship in 2005.



He was named Outstanding Alumnus at Adelphi's 2012 President's Gala. Mr. Smalley has a bachelor's in business and communications from Adelphi. He is a member of the Real Estate Board of New York. [A](#)

By Mirirai Sithole '12

Jeffrey Bolton '61

Jeffrey Bolton '61 was elected to the Adelphi University Board of Trustees last December. He is a managing director of the investment management firm Neuberger Berman Group LLC and is responsible for the Bolton Group, which manages more than \$5 billion for individual and institutional clients. Mr. Bolton began his investment career at Merrill Lynch in 1964, spent nine years at Oppenheimer & Co. Inc. and was a partner at Furman Selz Prime Tracking Group and Hambrecht & Quist Capital Management LLC before joining Neuberger Berman in 1987, becoming a partner there in 1995.

Mr. Bolton also had a successful performing arts career, which included stints as the production dancer at the Copacabana and a role in the original Broadway production of *Gypsy* with Ethel Merman. In 1995, he became a trustee for the Actors Fund and currently serves on the executive committee as the chair of fundraising.



He received a Bachelor of Arts in English from Adelphi and pursued his graduate studies at New York University. He and his wife, Tina Faye, were the recipients of the 2012 Outstanding Service to Adelphi Award at the 12th Annual President's Gala. [A](#)

By Vithusha Balachandran

Yuanzhe Guan, M.S. '12, Sandy Ramcharan '12 and Ekele Erundu, M.S. '12, were among 10 Adelphi students to pursue research internships at Estée Lauder in 2011-2012.

good CHEMISTRY

Estée Lauder Interns Learn the Science of Beauty

At first, Ekele Erundu, M.S. '12, didn't know what to expect. He had been offered an internship with cosmetics giant Estée Lauder, and after taking a tour of the company's massive research facility in Melville, New York, the Nigeria native was brought into a principal investigator's office to talk about potential research projects.

Mr. Erundu, who was pursuing a master's in chemistry, listened and considered several projects before selecting one. His internship researching and attempting to find remedies for propionibacterium acnes, commonly known as P-acne (acne that stays on skin for prolonged periods of time), was slated to be one day per week, but he couldn't stay away.

"I asked them for more hands-on experience," he says. "They gave it to me and I really liked it."

He wasn't alone. Through the assistance of MaryAnn McKeever '87, executive director of research and development at Estée Lauder, Mr. Erundu was one of 10 Adelphi science students to obtain an internship at the company during the 2011-2012 academic year. The program with Estée Lauder expanded in the Fall 2012 semester to include information technology and environmental studies students. Some, like Mr. Erundu, were offered full-time

positions after graduation, and their individual experiences were invaluable.

"It was a real eye opener," Mr. Erundu says. "I learned how to present my materials. We did lots of presentations. It helped me practice interacting with scientists and how to get information from them."

Sandy Ramcharan '12, who received a B.S. in Chemistry in May, got plenty of research practice at Estée Lauder, having interned there for three semesters and a summer.

During her first research project, she says she helped stop the oils from one of their lipstick products from sweating. "We had to fix the ratios around, and add things to see if we could absorb the sweat," she says. Her second lab experience was in skin care, where she worked primarily on sunscreens. "We tried to increase the UVA-UVB inscription, so I just switched chemicals in and out," she says. And her third focused on men's shaving cream.

Ultimately, Ms. Ramcharan was hired full time, but she is pursuing an M.B.A. at Adelphi with the goal of ultimately obtaining a director position in a lab.

"When I first came here, I planned on doing something in the medical field," she says. "Doing the internship changed my whole view."

"Adelphi made me a harder worker," Ms. Ramcharan says. "I don't think I'd be as committed and devoted to my work at Estée Lauder if I hadn't developed those qualities at school."

Yuanzhe Guan, who received an M.S. in Biology in May and researched the effects of UVA and UVB rays on human skin, was offered a position at Estée Lauder after her internship. She says she wants to continue pushing her research while pursuing a doctorate. "This experience makes me very happy to work in the company," she says. "It helped me find out what I really want."

By Chris Gasiewski

Noises Off

Have you ever tried to enjoy *American Idol* on mute? Probably not, and you're hardly alone. But, for more than 600,000 deaf Americans, the volume on *Idol* and other music shows is always off. So how do they find pleasure in music?

One way, according to Antoinette Sacchetti, a part-time professor in the Ruth S. Ammon School of Education's Department of Communication Sciences and Disorders, is by watching performers who convey the beauty of music through sign language, facial expression and body movement.

Last spring, the students in Ms. Sacchetti's Expressive Sign course learned how difficult yet rewarding this can be. The course, which was open to students from all majors, culminated in an "American Sign Language Idol," during which students were judged on their ability to convey well-known hits wordlessly.

My wish, for you, is that this life becomes all that you want it to, Your dreams stay big, and your worries stay small...

Without uttering a syllable, Melissa Felson '14 performed Rascal Flat's "My Wish,"

conveying more emotion than most could fit into a thousand-page memoir. The routine was dedicated to her younger brother and best friend Steven, who has autism. She adeptly signed the lyrics while conveying the song's raw emotion in her facial expression and carefully choreographed dance movements.

Watch me as I dance under the spotlight, listen to the people screaming out more, and more...

In contrast to the touching and tender nature of Ms. Felson's performance, an energetic group performance of Usher's "More" immediately conveyed the upbeat tone and lively character of the smash hit. Brian Cerisano '12 was at the center of the routine, and shimmied and signed his way to a masterful interpretation of Usher's tune. Mr. Cerisano, who had previously taken American Sign Language 3

with Ms. Sacchetti, says, "She has a way of bringing the language to life and making you want to learn and absorb all you can."

Megan Moravek '13 has enjoyed Professor Sacchetti's tutelage in four separate courses, but found Expressive Sign to be particularly memorable, largely due to the final project. "The rec [center] atrium was buzzing with excitement, and our whole class did splendidly," she says.

The ASL Idol performances, as well as others throughout the course, were videotaped and posted online for students to watch and discuss. "The goal of the music videos is to convey the raw feelings and emotions that standard music videos would, but to do so while replacing the song's lyrics with ASL," Ms. Sacchetti says, her face lit up and hands gesticulating, almost as if she were signing. "The goal of the course itself is much broader. I try to inform my students of the deaf community as a whole." It's a community that Ms. Sacchetti is familiar with, having been raised by deaf parents.

By Jeffrey Weisbord '15

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To see videos from the ASL Idol contest.

DID YOU KNOW



Healing our World, Cap by Cap

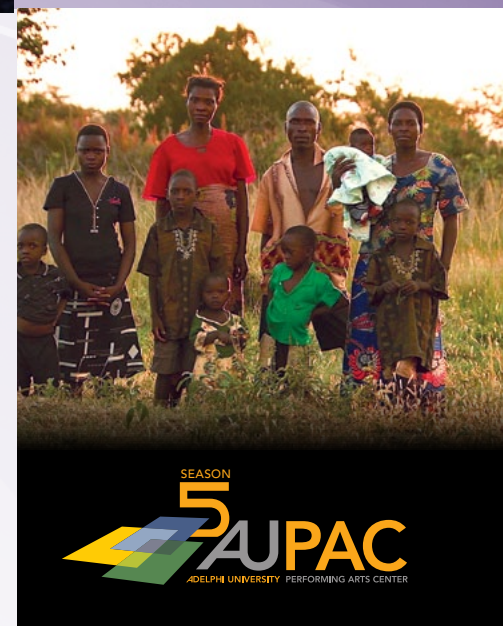
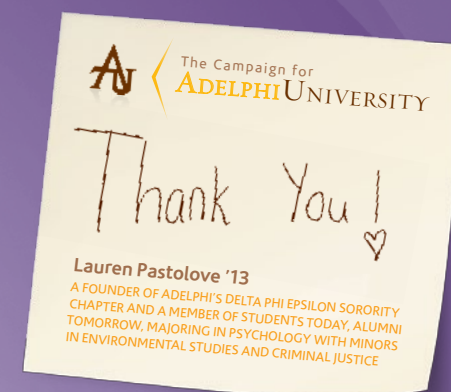
Adelphi's Health Fair has gained traction since its inception in 2010 with new initiatives added each year. **This past April, the event accepted donations in support of recycling and outreach projects, one featuring bottle caps of**

which a whopping 550 pounds were collected. Adelphi Health Educator Lisa Vernale-Fusco says the caps had to be packed in "12 wardrobe-sized boxes." Typically left in landfills, the caps were recycled by Aveda Beauty Concepts. Other donations included cell phones, reading glasses and sunglasses, rubber flip-flops, sporting equipment, clothing and school supplies.



An All-Nighter for a Cause

Adelphi hosted its first Relay for Life fundraiser last March, attracting more than 600 people to the all-night walkathon and raising \$43,000—well above the \$25,000 goal—for the American Cancer Society. The largest individual donor was Jennifer Ganley, a psychology graduate student who raised \$1,600 in honor of her grandparents whom she lost to cancer. Participants logged their miles in the Center for Recreation and Sports arena and, throughout the night, paid tribute to cancer survivors and victims.



Good Reviews

Adelphi continues to be recognized for its excellent academics and commitment to community service and sustainability. The University was ranked in the top quarter of the best graduate social work programs in the *U.S. News & World Report Best Graduate Schools 2013*. Its prestigious Learning Disabilities Program (now known as the Learning Resource Program) was featured in the April 25, 2012 issue of *University Business Magazine*. For the second consecutive year, Adelphi was selected for the President's Higher Education Community Service Honor Roll for engaging students, faculty and staff in substantial, measurable outreach, and the University's commitment to sustainability was recognized by *The Princeton Review's Guide to 322 Green Colleges*.

High Definition Projector Brings Feature Films to AUPAC

Last spring, thanks to a new high-definition projector in AUPAC, Adelphi hosted the first New York screening of *One Water*, the Martin Sheen-narrated documentary about the global water crisis. In the coming year, Adelphi will take advantage of its new projector to screen popular performances from leading cultural institutions worldwide, including the Royal Opera House in London, La Scala in Milan and Russia's Bolshoi Ballet. **Also planned is a showing of the documentary, *The Carrier*, about the AIDS crisis in Zambia, directed by Maggie Betts, the daughter of alumna Lois Betts '62. To see the full AUPAC schedule, visit AUPAC.ADELPHI.EDU.**

A Growing Partnership Expands Adelphi's Global Reach

Since 1990, Adelphi has partnered with ELS Educational Services, Inc. to offer intensive English classes to international students at its Garden City campus and Manhattan Center. Now, the partnership is growing. In the last five years, the number of ELS students who have matriculated to Adelphi has nearly quadrupled. **Last spring, President Robert A. Scott traveled to China with ELS to learn more about collaborative international student recruitment.** (Photos from his trip are currently on display in the Performing Arts Center.) To help ELS attract qualified teachers, Adelphi has introduced a master's in Teaching English to Speakers of Other Languages (TESOL) specifically for ELS teachers. 

Dr. Wladimir Louis-Charles '12 arrived in Port-au-Prince, Haiti, in January 2010 to find the capitol building in shambles and the streets filled with displaced persons.

HEALING HAITI

Dr. Wladimir Louis-Charles, B.S.N. '12, was not in Haiti on January 12, 2010, the day a magnitude-7 earthquake devastated his homeland. He was in the neighboring Dominican Republic, presenting his research at a bioethics conference. As soon as the news hit, he and other volunteers jumped into action, making the five-hour trek across the border and into Port-au-Prince. There they found unimaginable devastation: the capitol building collapsed, multistory concrete buildings pancaked to the ground, the streets filled with thousands of people in dire need of medical help.

Dr. Louis-Charles' next 21 days consisted of nonstop triage on what he estimates to be 5,000 patients—setting broken bones so limbs could heal and amputating them when the damage was too severe, trying to treat spinal injuries and sometimes informing people that they would never walk again. By night, he helped unload trucks stocked with medical supplies, food and water and, later, wheelchairs and walkers.

While he credits the international rescue workers and doctors who came to the scene, Dr. Louis-Charles realized that relying on foreign aid organizations is akin to applying a Band-Aid to a lethal wound. "We don't need people to come to Haiti and then leave," he says. With student visas difficult to obtain and Haitian nurses likely to remain in the States after experiencing life here, the solution was to create a school in Haiti to train nurses to provide for the long-term healthcare needs of survivors as well as physical and occupational therapists to teach people how to regain independence and employment and psychologists to help them overcome their emotional trauma and find the strength to carry on.

"People in Haiti are in need, but they are also ready to learn. They want things to change," he says.

Dr. Louis-Charles had wanted to pursue a career in medicine since his beloved grandfather had suffered from a brain aneurysm. "He said he was OK and not to call 911," Dr. Louis-Charles says. "But he only lived another 15 days. I felt that perhaps we could have saved him if I'd known how to help." Dr. Louis-Charles attended Nassau Community College and then went on to receive his medical degree from the Instituto Tecnológico de Santo Domingo. He planned a future as a practicing physician, but after the earthquake felt compelled to help his country. "It's what my grandparents would have wanted me to do," he says.

To be a nurse educator, he would need to become a nurse himself. When he told his sister Michaëlle Louis-Charles, B.S.N. '07, his goal, "She told me she'd received a brochure about the PATH program and said, 'We have to go to Adelphi to speak to Dr. [Janet] Raman.'"

Dr. Louis-Charles became part of the first cohort of the Adelphi School of Nursing's Professional Acceleration to Healthcare (PATH) program, which enables career changers to obtain a B.S.N. after 14 months of full-time study.

Despite his extensive classroom and field experience, he found nursing to be a challenge. "As a physician, you're trained to diagnose, but as a nurse, the emphasis is on clinical thinking and treating the whole person," he says.

Always a strong student, Dr. Louis-Charles was disappointed with his grades. A couple of months into the program, he went to the office of Dr. Helen Ballestas, assistant professor of nursing. "I told her this wasn't for me and started" to get teary-eyed. "She gave me a hug and encouraged me to continue. All the faculty here have been very encouraging."

After his graduation in August 2012, Dr. Louis-Charles returned to a building in the north of Haiti where classes have been in session; in between studying, he managed to recruit 22 students for his school. "I translate course materials from English into French, Spanish and Creole and share the knowledge with them," he says. "We will also teach them English and programs like PowerPoint.




Dr. Wladimir Louis-Charles '12 administers to a young amputee patient.

"People in Haiti are in need, but they are also ready to learn. They want things to change."

Dr. Wladimir Louis-Charles, B.S.N. '12

I want our nurses in Haiti to be at the same level as Americans and Europeans." He hopes to bring Adelphi students and faculty back to Haiti to share their knowledge and gain valuable experience.

Assistant Professor Andrea McCrink, director of the PATH program, agrees that healthcare in Haiti will only improve with a strong nursing infrastructure. Hardly a stranger to practicing in a developing country, she says she is exploring how the Adelphi School of Nursing can participate in Dr. Louis-Charles' project. "Wladimir has a sense of dedication about him," she says. "He has a mission. He has had a journey and he has struggled at times. And we are so very proud of him." 

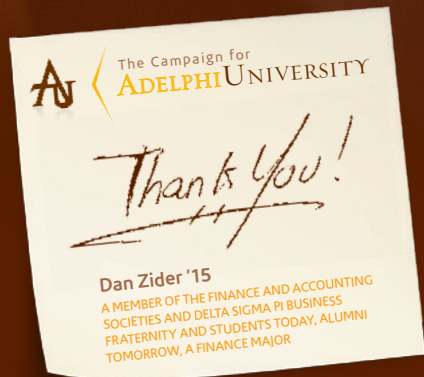
By Ela Schwartz



I've had the time of my life at Adelphi, and I would not trade this experience for anything else. We did it!
— Mirirai Sithole '12

The friends I've made at Adelphi are some of the most passionate and talented people. I can't wait to see what amazing things each of us will go on to accomplish.
— Michelle Consorte '12

The Class of 2012 REFLECTS



The sun shone brightly on Friday, May 18, 2012, the day Adelphi held its 116th Commencement. Joining the more than 1,800 members of the Class of 2012 were Barnes & Noble founder and chairman Leonard Riggio, writer Jamaica Kincaid and the United States Attorney for the District of Massachusetts Carmen M. Ortiz '78, who all received honorary degrees. Ms. Ortiz also gave the commencement address. Reflecting on her undergraduate days,

Ms. Ortiz said: "Adelphi certainly provided me with the foundation that I needed to make my own mark. When I first walked onto the campus, there was no way for me to know what my mark would be, or what the future would hold. Yet, there is no denying that Adelphi opened doors of opportunity for me."

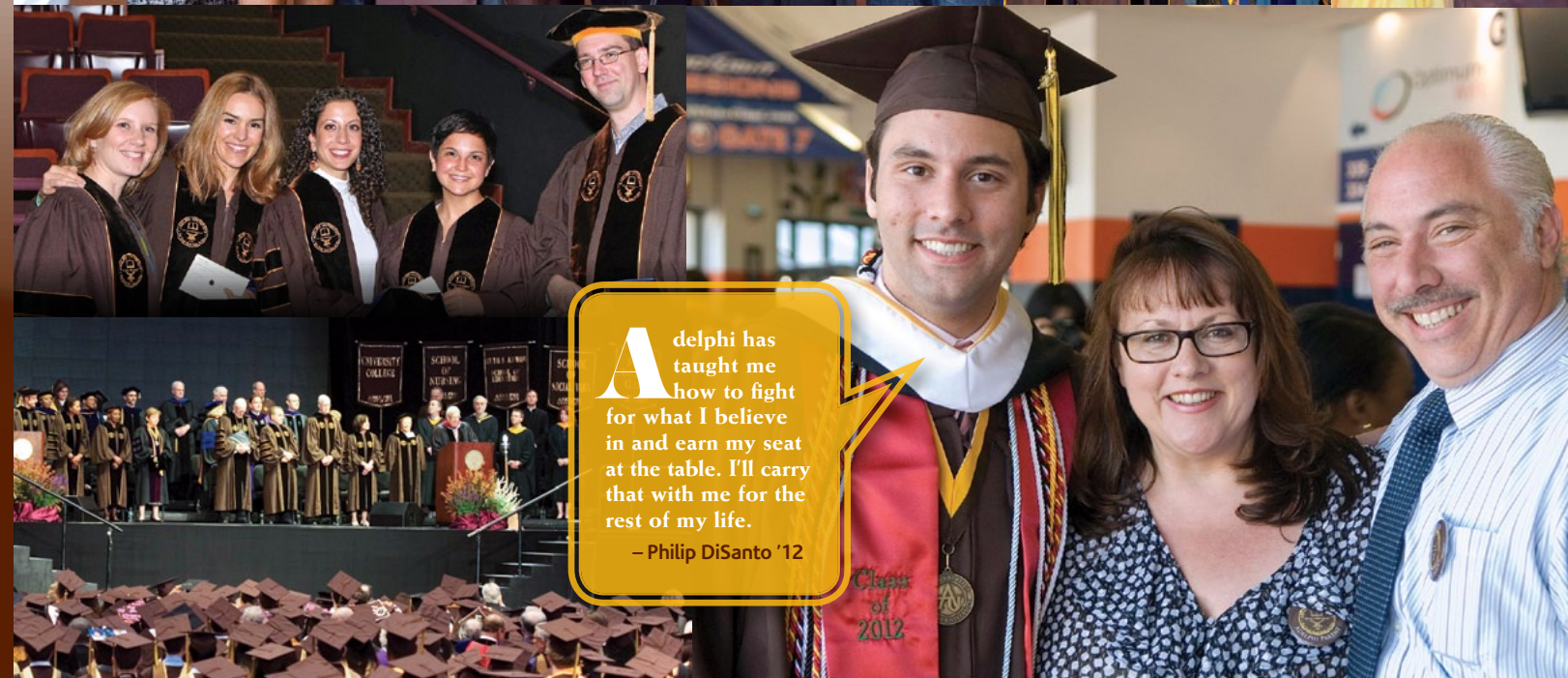
Here, members of the Class of 2012 ponder their Adelphi experience and what's ahead.




In four years, I have become a much stronger, brighter and more open-minded person, and I owe that to my time spent at Adelphi.
— John Miller '12



Society can exclude people from socioeconomic backgrounds like mine from opportunities and resources to succeed. Adelphi, thank you for meeting the needs of these underserved groups and understanding the educational disadvantages we face.
— Richard Melvin, M.S.W. '12



Adelphi has taught me how to fight for what I believe in and earn my seat at the table. I'll carry that with me for the rest of my life.
— Philip DiSanto '12


A black and white photograph of two elderly hands, one resting on top of the other, showing wrinkles and age. The hands are positioned in the center-left of the page, with the fingers slightly curled.

In a recent documentary about music and aging, an elderly nursing home resident named Henry sits in a chair, still and unresponsive. But when a recreation therapist gives him an iPod to listen to, he lights up and hums along to the music. Normally mute, after his earphones are taken off, he is able to answer questions about music he likes and even sings a verse of his favorite song.

As Time Goes By

A Look at Growing Older
in the New Millennium

By Samantha Stainburn



The documentary, *Alive Inside*, chronicles the work of Music & Memory, a New York-based nonprofit organization started by Adelphi University School of Social Work alumnus Dan Cohen, M.S.W. '78. Mr. Cohen had a hunch that providing nursing home residents with iPods that contained songs that were specific to their lives could improve their sense of well-being. He first tested his idea at a nursing home in 2006, filling 10 iPods with music that had meaning for each resident. "I came in with iPods and a laptop," he recalls. "I asked residents what music they liked, and I gave it to them. Then I'd come back in two weeks and say, 'Tell me which songs to take off and which ones you really liked.' After two or three months, every song of their 100 to 200 songs was a song they really liked."

The impact was dramatic. "People who were not very communicative were talking more," he says. "People who didn't move around much were more active, and people who were depressed were happier."

Nursing home workers also benefited from the iPod program, which Mr. Cohen expanded after receiving funding from the New York City-based Shelley & Donald Rubin Foundation. The music made the residents more willing to eat, bathe and take their medications, and nurses found it could reduce anxiety in residents with dementia. "It helps with staff morale," Mr. Cohen says. "They work with the same person for years, and when they suddenly see this person transform and be more cooperative and engaged, they're happier."

Music & Memory accepts donations of both new and used iPods and has distributed iPods with personalized playlists to 1,700 seniors in 50 nursing homes in 15 states. Mr. Cohen wants no less than to make personalized music standard care in nursing homes, hospitals, hospice and home care. "I want staff to reach for the music before they reach for the drugs," he says.

As Dan Cohen's story demonstrates, there's still a lot we are discovering about aging. That's a good thing. With the 74 million people in the baby boom generation entering old age—by 2030 18 percent of America's population will be 65 or older, according to the Pew Research Center—figuring out how to deal with the challenges of aging has never been more pressing.

Aging is a very different experience today from what our parents and grandparents went through. To begin, people are living longer, creating a growing cohort of what gerontologists sometimes call 'the old old'—seniors 80 years old and above. "It can become a real crisis for people who reach retirement age and haven't thought about it," says Bradley Zodikoff, Ph.D., an associate professor of social work at Adelphi who studies aging and caregiving. "If you retire at 65, you may have another 20 years ahead of you, so what are you going to do? You'll get bored surfing online or playing golf."

While many seniors spend those additional years in good health, they may also live longer with sickness and infirmity than their grandparents would have. "It used to be, you got the flu and that killed you," says Philip Rozario, Ph.D., an associate professor of social work at Adelphi who studies older adults. "Now when older people fall sick, they may need help for a longer time."

Meanwhile, it's become more difficult for families to take care of their aging relatives. "Families tended to be closer geographically back in the 1950s or '60s, and by and large your parents would be living in the same town that you and your kids were in," says Robert Bornstein, Ph.D., a professor at the Gordon F. Derner Institute of Advanced Psychological Studies. "So a lot of what really amounted to elder-care services were provided by your kids because they lived down the block. That's not true anymore."

"Families are a lot smaller these days, so you may have one child providing care for two parents, or more, with divorce and stepparents coming into the picture," Dr. Rozario notes. And with more women in the workforce, daughters have less time to look after their elderly relatives.

Helping older people maintain a good quality of life and a positive sense of well-being as they age is a complicated but critical task, and that motivates Adelphi faculty and alumni who study and work with aging adults.

"Reaching this state of old age—even in the face of loss and other serious challenges—creates new opportunities to reflect upon and assign meaning to our finite lives," Dr. Zodikoff says. "Aging is experienced differently by each individual who undergoes this process, and it is informed by much more than the list of prescriptions we take. Society has an opportunity to embrace this inevitable stage of life—whatever it looks like and however we get there—as more than just a disease or a social problem to be solved."

Successful Aging

What is successful aging?

One widely used definition of aging successfully, based on the findings of a major MacArthur Foundation study on aging, was developed by gerontologist John W. Rowe and psychologist Robert L. Kahn in 1998. Successful agers are characterized by three things, Dr. Rowe and Dr. Kahn said: They maintain high physical and mental function, they continue to be engaged with life and they avoid disease and disability.

You can increase your chances of aging successfully by preparing physically, cognitively and emotionally for getting older, says Audrey Weiner '73, D.S.W., president and CEO of Jewish Home Lifecare, an organization that provides a variety of aging services in New York. "Everybody has to ask themselves, 'What am I going to do to stay strong and flexible? Yoga, tai chi, walk?'" she says. "'To engage my mind, am I going to read, play mahjongg, go to work?'" You can also adjust your living environment to reduce the opportunities for accidents like disabling falls, she adds. "An older person can't have a rug in their kitchen," she says. "Put in a stall shower, since bathtubs are difficult to get in and out of."

You may also give your physical and mental health a boost by cultivating the right type of social network, according to Katherine Fiori, Ph.D., an assistant professor at the Derner Institute who studies social relationships.

"There are essentially four basic different types of networks that we see," she explains. "A diverse network, in which the individual—typically married with kids—has...contact with both friends and family; a friend-focused network, in which the person is often widowed or not married but is engaged in a lot of activities and spends...time with friends; a family-focused network, where the person doesn't have a lot of contact with friends, but a lot with family; and a restricted network, where the person doesn't have a lot of contact with friends or family, or they're not getting the support they need from friends or family."

Dr. Fiori's research shows that being in a diverse or friend-focused network seems to be best overall for physical and mental health. "Being in a friend-focused network is particularly beneficial for cognitive functioning," she notes. "We think it's probably due to the more complex interactions and conversations you tend to have with friends compared with family."

Dr. Fiori has found that people with family-focused networks seem to be worse off in terms of mental health, although they have relatively good levels of physical health. A potential explanation: "This close-knit family network is constantly

bugging you to take your medications and go to the doctor, but family relationships tend to be more negative than friend relationships," she observes.

Francine Conway, Ph.D., an associate professor at the Derner Institute, has studied how older adults who take care of their grandchildren handle the caregiving challenge.

"The grandparents' personality disposition does play a role in their health outcomes," Dr. Conway says. "If they're able to see this as a benefit to them, then it will be." The more optimistic grandparents she's studied cite benefits like affection from the grandchild, having company and vicariously learning through their grandchild's experience.

While caring for grandchildren is stressful, the good news, she notes, is there is less stigma today attached to seniors caring for grandchildren. In the past, it was often assumed that grandparents needed to pitch in because their own children were struggling with drugs or other issues. Today, it's recognized that many grandparents step in to help their kids out financially.

What if you are not able to avoid chronic illness or disability? Dr. Rozario argues that it is still possible to age successfully. He has found that people with chronic illness often maintain a positive perception of themselves.

"People with chronic illnesses don't necessarily think of themselves as 'less than,' " he says. "They incorporate their disabling condition into their idea of who they are, and that changes their reference points. They no longer look at another healthy person as their point of reference, but someone who's worse off than them. So, if I walk with a walker or a cane, I'm better off than the person who needs a wheelchair. And if I use a wheelchair or scooter, I'm still better off than the person who's bed-bound."

While people with reduced function might not have all the abilities they had earlier in life, they are able to make adaptations that preserve their sense of well-being, Dr. Rozario says. "They may not do things they consider frivolous so they can focus on things that are meaningful for them," he notes. "They may try to optimize what strengths they have, like exercising because it builds muscle. Or they may try to compensate for the losses by using equipment or getting someone to help them."

Supporting Caregivers

More adults are caring for their elders than ever before. The number of Americans looking after someone 50 or older increased by 28 percent between 2004 and 2009, according to a recent report by the National Alliance for Caregiving and the AARP.

Between 22 percent and 23 percent of adults ages 45 to 64 and 16 percent of adults over age 65 provide elder care, according to the U.S. Bureau of Labor Statistics. About 20 percent provide care daily, about 24 percent help out several times a week and 20 percent provide care once a week.

Unfortunately, caregiving has potentially negative effects on family caregivers. According to the National Alliance for Caregiving/AARP report, 23 percent of family caregivers caring for loved ones for five years or more report their own health is fair or poor. Estimates of depression in family caregivers range from 20 percent—double that of the general population—to 60 percent in some studies.

Several Adelphi faculty members have studied how to improve the family caregiver experience.

“The entire health and aging system relies heavily on the ability of family caregivers, who oversee the treatment plan, prevent unnecessary hospitalizations and delay institutionalization,” Dr. Zodikoff observes. But the way it typically works, he says, is “the doctor comes in and says, ‘This is the treatment plan, make it happen.’” Given that caregivers know their relatives well and may have insights into how they behave and what they need, “family members need to be much more actively integrated into discussions about the medical treatment plan,” Dr. Zodikoff says. “Then their questions need to be answered when they are on board, because caregivers have a lot of anxiety about what they’re supposed to do and where to go if it goes wrong.”

Caregivers can benefit from a lot of emotional support, such as “someone checking in on them and telling them they’re doing a good job,” according to Dr. Rozario. Encourage family members to be “a bit more forgiving of themselves, just not taking it all on, because there’s only so much you can do,” he says. “Sometimes guilt—feeling that you could do more—can be more destructive than anything else.”

The worst thing a person taking care of an older relative can do is compartmentalize the different parts of their life, says Dr. Fiori. “Say to your employer, ‘This is what’s going on; I may need to adjust my hours,’” she urges. “Say to your siblings, spouse and kids, ‘I’m going to need your help. Maybe on Saturdays you can take Dad out to the diner.’ Try to make it a part of your life and of those around you. Tell your kids, ‘Grandma is going to need more care, and this is going to change our lifestyle.’”

A strong conviction that taking care of his mother is simply the right thing to do has helped sustain Gayden Wren, a playwright, as he’s provided care for Mary Wren, M.A. ’78, an instructor in the Adelphi English department in the late 1970s, over the past four years. Mr. Wren, who’s married, left his own home and moved into his mother’s house in 2008 to help her after she was diagnosed with Alzheimer’s. “I didn’t actually make a decision to make a huge lifestyle change,” he says. “I just was doing what needed to be done in the immediate situation. That said, if I could have foreseen how it turned out, I wouldn’t have done anything differently. My mother spent the first four years of my life caring for me. It seems fair.” Mr. Wren was able to make sure his mother stuck to a routine, including lots of walking, which grounded her, he says. This year, Mary, now 79, moved to a nursing home, and Mr. Wren moved back to his home. He believes the time he lived with her was well spent. “My mother has been basically happy for the past five years,” he says.

The Cost of Care

Aging is expensive. Some 70 percent of people who reach age 65 will need long-term care at some point—perhaps for chronic issues like dementia, rehabilitation after an accident or to compensate for declining ability to eat, bathe and dress.

According to a 2012 Cost of Care survey conducted by Genworth Financial, the median annual cost of a home health aide for 44 hours a week is \$43,472; a one-bedroom apartment in an assisted living facility is \$39,600; and a private room in a nursing home that provides skilled nursing care is \$81,030.

Medicare, the government’s health insurance for Americans older than 65, covers only the first 100 days of skilled nursing care. After that, patients must cover the costs on their own. Skilled nursing care can run \$250 to \$1,000 a day, so a person who is not wealthy enough to have hundreds of thousands of dollars in savings yet is not poor enough to qualify for Medicaid, which does pay for long-term care, will quickly wipe out their assets. If you are in a nursing home when this happens, you will not be kicked out, but you will be moved to Medicaid and lose any frills, such as a private room or cable TV.

Yet there’s no need to panic, say Adelphi’s aging experts.

“It’s not dire if you plan,” says Dr. Bornstein, who co-wrote *When Someone You Love Needs Nursing Home, Assisted Living, or In-Home Care: The Complete Guide* with his wife, psychologist Mary Languirand, to help people deal with this challenge. At minimum, he says, there are two steps everyone should take by the time they hit 50. “First is to have various legal documents in place regarding medical decision making,” he says. “You want to have a directive to physicians, known as a living will, stating what should happen to you when an emergency occurs, and you need to appoint someone to make medical decisions on your behalf if you become incapacitated. Second, you need to at least investigate the options for long-term care insurance.”

Long-term care insurance pays for nursing home care and can also cover in-home care, depending on the policy. The policies are not perfect; few policies cover the entire daily rate of private care. Plus they’re expensive: while rates vary along with age and amount of coverage purchased, the average annual premiums for policies sold to seniors cost about \$3,500 a year.

Still, investigating long-term care insurance early is a wise idea, Dr. Bornstein says, because if you do choose to buy it, “the younger you start, the cheaper it is.” Also, if you fall ill, it may be impossible to get long-term care insurance at any price.

One method to reduce your costs in old age is to pick a lower-cost area in which to retire, Dr. Bornstein says. “The single biggest determinant of who thrives financially during retirement isn’t the amount of money in your nest egg, but where you live,” he says. “If you can’t save a million dollars, one way to have a great retirement is to not live in the New York area.” The trick is to find a less expensive location where it’s easy to get to stores and services, there are opportunities to do what you want to do in retirement and there are decent services for older people, which vary in quality from state to state, he says.

Planning ahead also increases the chances that you will live out your golden years in a place you like. Unfortunately, many people move into a nursing home during a health crisis, and may have to jump into whatever place can take them right away, Audrey Weiner notes.

“Whenever you make decisions when it’s a crisis, it’s a bad thing,” says Dr. Weiner. A better idea is to look at nursing homes and assisted living facilities before you need them, she says. “It’s really helpful if family members say, ‘I’ll take the day off tomorrow and let’s go look at apartments, then we’ll have lunch,’” she notes. “Make a nice day of it.” Some senior housing facilities even allow potential residents to try living in one of their apartments for a month to see if the facility is a good fit.

Dr. Bornstein offers a few tips on distinguishing the good nursing homes and assisted living facilities from the mediocre ones. Patient ratings and state inspection results of facilities are available on the Internet, he says. “Check them out to get a sense of the quality of each place. What you’ll find is, all facilities have problems. It’s like hospitals; there is no hospital in the world that doesn’t have sanctions actively against them at any time. The questions to ask are not whether they have problems, but whether they have serious or typical problems, and do they address them?”

Also, he observes, “the best-run facilities know how to group up the residents. Poorly run facilities will randomly put people together. There’s nothing worse than being cognitively clear and having a demented roommate. You have to go there and see.”

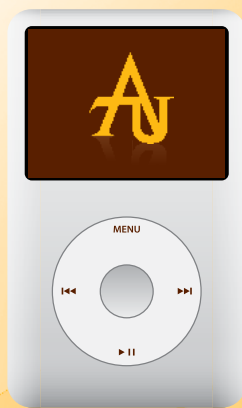
While no one wants to leave a home they’ve lived in happily and independently for years, moving into a skilled nursing facility or senior community may not be as upsetting as many fear.

“Fundamentally, the really good ones are hotels,” Dr. Bornstein says. “You have to picture it like you’re living in a hotel that happens to have a lot of medical people in it. There’s a pool and golf and a dining room and the food is good.

“For some people, it’s actually a fresh start,” he adds. “They actually appreciate the opportunity to bag all the old relationships from before. I’ve seen people who were shy and not that social move to assisted living and all of a sudden become very social people.”

Other people get creative about bringing their old lives with them. Dr. Weiner knows of four couples who decided they were going to move to the same seniors’ facility in Nassau County. “They found a new building that wasn’t far from where they all lived, and they moved in together when they were in their late 80s,” she says.

“If someone retires at 65 and lives until 95, they live for an entire other generation,” Dr. Weiner notes. “So it’s not that they’re retiring, but beginning the next phase of their life. That’s the perspective we need to put aging in today.”



How to set up an iPod for an older person

- **Find out what music they like.** The key to success with setting up an iPod for someone else is to learn what music they really enjoy. Sometimes it is easy to learn; other times it’s more of a trial-and-error process.
- **Take advantage of the popularity category in iTunes.** When looking for the best songs from musicians or groups, give preference to songs that are the most popular.
- It is better to **start with a playlist of numerous artists** than one with many songs from a small number of artists.
- **Print out the list of songs** to help in the review process.
- **Select an iPod model** that takes into account the recipient’s capabilities.
- **Keep improving the list.** Within the first few days, ask which songs are favorites and which are so-so. Remove the so-so ones and build on the successful ones. The goal is to create a playlist where every song is a song that’s loved.

Adapted from Music & Memory’s “In-Home Patient iPod Music Therapy Setup Guide” at WWW.MUSICANDMEMORY.ORG



Faculty Focus

It doesn't fit the mold of the traditional classroom setting, and its students receive far more than a typical educational experience.

A PET PROJECT: Teaching the

In Dr. Diane Dembicki's Healing and the Arts course, housed under the School of Nursing, each class focuses on a different approach to healing therapies, spanning from expressive and visual arts and drama therapy to dance and music therapy.

"It looks at various therapies in healthcare," Dr. Dembicki says. "It is an interdisciplinary approach that allows faculty from the Departments of Art and Art History, Music and Psychology to work with the School of Nursing in a unique manner."

A popular selection among students from all areas of study, Healing and the Arts provides a welcomed break from the typical lecture class or lab. The course teaches basic relaxation and meditation techniques one day, and the next,

students are invited to create street and graffiti art. Often students discover hidden interests that they decide to pursue after the course concludes. "I've had a few students say they were going to explore a minor or major in the arts or music therapy," Dr. Dembicki says.


A recent healing demonstration brought Darlington Great Pyrenees to the classroom, displaying how these therapeutic dogs reduce stress and provide some relief to patients. Susie Wong trained, raised and specialized in Great Pyrenees for more than 20 years, bringing the canines to North Shore-Long Island Jewish University Hospital two to three times a week. "Going into the hospital and meeting all kinds of people from all walks of life, it's just incredible," Ms. Wong says.

Spring 2012 marked the third straight semester that Dr. Dembicki hosted Ms. Wong and the therapy dogs, and the crowd of spectators exceeded the class roster, proving the popularity of the course and its offerings.



Dog Days: Darlington Great Pyrenees, who serve as therapy dogs, make a guest appearance in Dr. Diane Dembicki's Healing and the Arts course.

But Dr. Dembicki finds students are more hesitant at the beginning of the semester. "The very first couple of classes, students unbearably say 'I'm no artist' or 'I don't know how to draw' and I ban those statements from class," she says. With a strong emphasis on creative expression, participation is a large part of the grade.


Dr. Dembicki says the course serves as "a real de-stressor," particularly for the nursing students—a factor in the course's popularity. Dr. Dembicki calls it "a ripple effect of healing." 

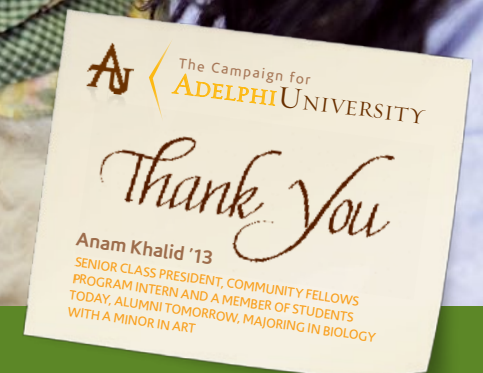
By Caitlin Geiger

TELL US!

**Do you have a favorite professor?
Did one impact and transform your life?**

If so, we'd love to hear your stories for an upcoming and continuing feature focusing on those moments that shape a student's life.

Please send all nominations and anecdotes to Bonnie Eissner at EISSNER@ADELPHI.EDU by February 1, 2013 for consideration. 



PILGRIMS AND INDIANS: Some Hard Truths About Thanksgiving

Most Americans at least suspect that the meanings, menus and traditions we associate with Thanksgiving—even its date—have only a nodding acquaintance with historical fact. Before the founding of Plymouth in 1620 and for centuries afterward, days of thanksgiving were celebrated without any reference to Pilgrims, cranberries or roast turkey, much less Native Americans.


Even so, commemorating Plymouth's 1621 harvest feast can teach important lessons. Thanksgiving is arguably the only American symbol that places Indians at the center of our national narrative in a positive way. In their crudest form, many images of Thanksgiving ignore the violence, disease, death and dispossession that mark every chapter of Native American history, replacing them with cartoonish, smiling Pilgrims and Indians passing steaming dishes of food around a table. Other representations depict Indians as trusting allies betrayed and exploited by European greed. Both ignore a vital fact: in 1621, English settlements were frail tributaries of powerful, canny native leaders who tolerated their presence as allies and trading partners.

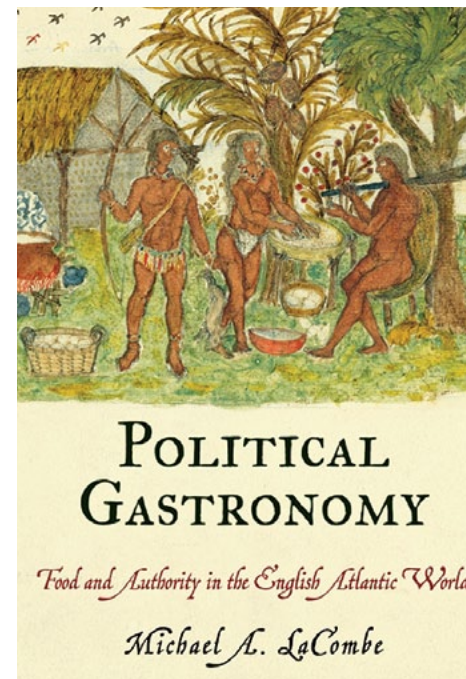
The most substantial description of the first Thanksgiving begins like this: "our harvest being gotten in, our Governour sent foure men on fowling, that so we might after a more special manner rejoyce together, after we had gathered the fruit of our labours." After these four returned, the Plymouth planters "exercised our Armes, many of the *Indians* coming amongst us." This is where the story gets interesting.

Of the 100 or so men, women and children who had settled at Plymouth the previous winter, more than half were dead. Relations with the Wampanoag tribe were friendly, but the unexpected arrival of their leader Massasoit along with 90 able-bodied, armed men was understandably a bit alarming. Massasoit was greeted with a fusillade of gunfire, turned and left, returning shortly afterward with five deer, which he took pains to present personally to each of Plymouth's leading men.

The meal that followed was a rare occasion of commensality in early America, a celebration of peace and abundance that included both English and Indians. But Massasoit's conduct

underscored the fact that the English were guests, not equals. Arriving in state, bearing the bulk of the food consumed at the feast, Massasoit made it clear that Plymouth existed because he permitted it to exist. He was not out for a stroll with 90 close friends on that fall day; instead, he was making it clear that any celebration of Plymouth's abundance must also honor him.

In the years that followed, the English spread themselves over the landscape, displacing native villages, crops and animals. As they recognized that the English could not be contained, Indians everywhere resisted with violence. King Philip's War of 1675–76 marks the end of that long and bloody struggle in New England, a clear end to the period of accommodation and negotiation symbolized by Plymouth's harvest feast. The war was inspired and led by Metacom, Massasoit's son, in a desperate push to remove the English from New England forever. As his allies surrendered or retreated, Metacom was captured and killed, then his corpse was beheaded and his head placed on the gates of Plymouth. Not an appetizing image, to be sure, but an instructive one: although most Native Americans lost their lives and lands, they were never passive, much less naïve. What had changed between Massasoit's day and Metacom's was the range of options available. 



By Michael A. LaCombe, Ph.D.

Associate Professor of History and author of *Political Gastronomy: Food and Authority in the English Atlantic World* (The University of Pennsylvania Press: 2012)

Taking Aim at the Bully Society

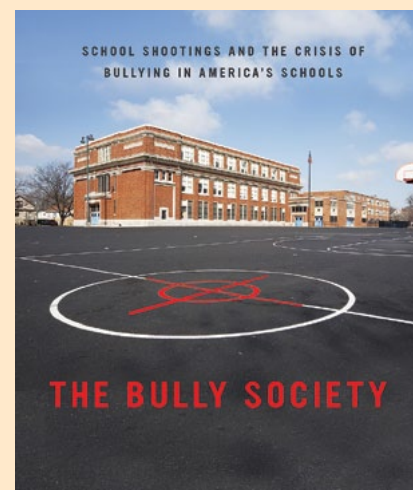
Published by NYU Press in March 2012, *The Bully Society: School Shootings and the Crisis of Bullying in America's Schools* by Adelphi University Assistant Professor of Sociology Jessie Klein, Ph.D., has attracted attention from public and independent school leaders, academics, nonprofit leaders and the media. Because of the book, Dr. Klein has been invited to comment on incidents of school violence by CNN and WNYC Radio, among others.

Rather than seeing school shootings as extreme aberrations, through extensive interviews with students, teachers and parents, Dr. Klein has come to see shootings as something more troubling. "School shooters were telling us in the most brutal and horrific way what was going on in schools generally," Dr. Klein says. It's a bold thesis and one that has drawn controversy, particularly in the pages of *The New York Times*.

School communities are at the heart of Dr. Klein's book. To address bullying, many U.S.

schools have adopted zero tolerance policies, excluding students through suspensions and expulsions. Dr. Klein sees this as a failure. "Most students who have been bullies have also been victims," she says, "and it's the wrong way to go, profiling the bully or the victim." Instead, Dr. Klein proposes that we should work to change school communities more broadly. "We need to find a way to help students feel responsible to one another."


Dr. Klein's research identified a number of factors that contribute to hostile school environments. Schools that stress hyper-independence over community leave students in need feeling like they have no one to rely on but themselves. Many school shooting perpetrators say they felt that they had no one to turn to and that they believed they had no choice but to take matters into their own hands. "We have this idea that schools are supposed to be about knowledge, not the emotional support



of a human being. We are expecting too much from kids," Dr. Klein says.

Dr. Klein also identified a pernicious culture of normative gender that contributes to school hostility. "Most of the slurs that kids get called relate to gender and sexuality," Dr. Klein says. Boys often feel they are allowed to express

anger, but if they show sadness or other vulnerabilities, they are called names likening them to girls or homosexuals. Girls are also committing more violence than in previous decades and find they, too, are pressured to be masculine, meaning aggressive and violent. Students who committed school shootings were often teased for not measuring up on these kinds of gender norms. Dr. Klein argues that opening up the continuum of what it means to be masculine, in particular, is critical to changing school bully societies.

Ultimately, Dr. Klein's book concludes that we need to help students become leaders in their schools, committed to creating compassionate communities. "Schools can be the hope for our future if they develop communities where students can bond with each other and be there for one another," Dr. Klein says. "The difference when students feel supported by their community is phenomenal." 

By Charity Shumway



Young people in Léogane, Haiti, who worked with Adelphi Associate Professor of Social Work CarolAnn Daniel, Ph.D., on an HIV and STI documentation project


Fresh Approaches to HIV Prevention in Haiti

Even before the devastating 2010 earthquake, Haiti had the highest HIV infection rate in the West, outside of Africa, according to Adelphi Associate Professor of Social Work CarolAnn Daniel, Ph.D. The quake and its dire aftermath have only exacerbated the situation. Dr. Daniel and a colleague, Carmen Logie, Ph.D., from the University of Calgary, have spent the past year and a half working on two grant-funded programs intended to support the most vulnerable Haitians and assist them in preventing HIV and other sexually transmitted infections (STI).

This past May, Dr. Daniel and Logie completed a yearlong project to develop and test a community health worker-delivered HIV/STI prevention program for 200 women living in internally displaced persons camps just outside of Port-au-Prince, in Léogane, Haiti. For the project, Dr. Daniel and her colleague developed a six-week psychoeducational and sexual health program to encourage dialogue on such issues as STI and what puts women at risk. They also created surveys to determine what the women knew about HIV and STI and the individual, social and environmental factors that contribute to infection before and after the education program. Dr. Daniel explains that, "Capacity building was another important goal of the project, so we hired and trained 10 internally displaced women to run the groups and conduct the surveys." The project was funded by \$100,000 from Grand Challenges in

Global Health and was the only social research project—out of 20—to receive a Grand Challenges grant.

For their second project, which began this past summer, Drs. Daniel and Logie received \$25,000 from the Canadian Institutes of Health Research to conduct a photo voice project to, in Dr. Daniel's words, "understand HIV prevention priorities, barriers and facilitators among young women and men 18–24 in Léogane." The roughly 60 young people who are participating in the project use instant cameras to document the people, places and situations that put them at risk for STI. They then select the pictures that are most meaningful to them and explain them in written or oral narrative. Dr. Daniel says that the photo voice approach "puts people in charge of how they represent themselves and their situation." She continues: "It also allows the young people to become competent participants in the research process—both of which are very important to us, given the negative folk narrative in the U.S. about people in Haiti."

Ultimately, Dr. Daniel intends to "demystify the biosocial aspects of HIV." She says, "Haitians are very clear that it's their poverty and desolation that leads people to do things that put them at risk...Once you work there, it's not difficult to see it, you just have to know how to listen to really get it." 

By Bonnie Eissner

Student Life



THE REBIRTH OF STUDENT ACTIVISM?

The quest for social justice today may take a different path

"The Trayvon Martin tragedy is a wake-up call for me, but it's also a wake-up call for society," Jamal Wyse says. The Adelphi junior and criminal justice major was a panelist at the event, *Who Are We as a Nation? The Trayvon Martin Tragedy: A Town Hall Panel Discussion for Students, Faculty, Staff and Administrators*.

Mr. Wyse addressed the standing-room-only crowd with honesty and candor. The town hall, which evoked critical discussion and a sharing of knowledge and personal stories, brought the Adelphi community together in the spirit of understanding. The event was one of many organized recently in response to the wake-up calls to which Mr. Wyse referred. In the age of an uncertain economy, the ever-present pain of prejudice in many forms and the struggles for peace around the world, Adelphi students and the University community are addressing the causes they care most about.

On Adelphi's campus, the notion that the Net or Millennium generation is apathetic rings untrue. One-hundred-and-fifty participants

attended the Take Back the Night: Speaker, Speak Out and March event to bring awareness and provide support to victims of sexual violence. The social media phenomenon known as KONY 2012, a viral campaign to put an end to warlord politics in Uganda, took root on Adelphi's campus with a screening and open discussion. During the height of Occupy Wall Street, students and faculty gathered for Occupy Adelphi to discuss the direction of the economy and how it would directly affect their futures. The National Coming Out Day Vigil, the Know Your Rights Workshop, the Dream Act Workshop and so many more events prove that students know what's going on in the world around them, or at the very least, they *want* to know. Students today also understand that activism will provide opportunities to further their communication, organization and leadership skills.

"I've learned as much as an activist as I have in the classroom," says Christopher Ladka, a senior and political science major. An active participant in numerous campus events focused on issues of diversity and social change, Mr. Ladka says he has "found that once you find a cause you're passionate about and connect with other people, you'll find yourself part of the solution and not a subject of it." Today, activism may begin with an eye-opening Facebook post or a tweet.



1 Adelphi student activists, Nicole Bruno, Christopher Ladka and Jamal Wyse, find common ground during *Who Are We as a Nation? The Trayvon Martin Tragedy: A Town Hall Panel Discussion for Students, Faculty, Staff and Administrators*.

2 Members of the Adelphi community share their stories and show their support for victims of sexual violence during Take Back the Night: Speaker, Speak Out and March.

3 Student Wade Wicks speaks at the Panel on Social Media and the Arab Spring at the Seventh Annual Conference for Peace and Human Rights, March 29, 2012.

"Activism looks different now than in my parents' generation," says Anna Zinko, assistant director of the Center for Student Involvement (CSI). "Social networking and other forms of technology can really help to further the cause—you can really connect with people across the world." But, Ms. Zinko admits that taking action is necessary to bring about real change. "The technology may make it easier to focus on issues on the other side of the globe rather than tackle those right outside your front door," she says. "Using social media to bring attention to a cause you're passionate about is great, but you have to realize that activism doesn't end there."

CSI is leading the charge in the creation of a think tank-like environment where students can brainstorm solutions to social justice issues. In Fall 2012, CSI will launch the Social Justice Training program, a semester-long leadership opportunity. "One-time programs around issues of diversity and social justice are important, but it's also important to create a safe place for people to examine issues in an engaged, sustained environment," Ms. Zinko says. "It's a wonderful addition to the educational experience and helps students to think critically and engage in the world around them."

By Valerie Mikell






Athletics



THE SPRING IN PHOTOS

Conveying the physical feats, camaraderie and competitive drive that define the Panthers is a tall order, at least in words. But these five compelling photos of some of the spring season's highs and lows do so beautifully. Take a look and see for yourself. 



- 1 The Panthers Women's Lacrosse Team, led by Marissa Mills '12 and Courtney Acker '12, take the field during halftime of a narrow defeat to Le Moyne College. Adelphi would bounce back and top the Dolphins in May to capture their third straight Northeast-10 Tournament title.
- 2 Larissa Melendez '15 leaps her way to a runner-up finish in the 3,000-meter steeplechase at the Northeast-10 Championships, helping Adelphi to a seventh-place team finish.
- 3 Jeanine Leo '13 and Emily Dorko '13 share a hug, while Kayla Rieger '15 looks on during a victorious game against Saint Michael's College on April 15, 2012. The two consecutive wins that day would help Adelphi to a 35-20-1 record and an NCAA Regional berth.
- 4 Head Coach Gordon Purdie '88 talks with Danny Blau '12 after a win over Franklin Pierce University. The win was one of 13 that the Panthers posted last spring.
- 5 Vincent Sharkey '15 slides safely into third base in a home victory over Nyack College during a season that saw the Panthers finish 23-22.



SCOREBOARD

Women's Volleyball

The women's volleyball team won the Northeast-10 Conference Tournament for the first time and made a fifth consecutive trip to the NCAA East Regional Tournament, falling to top-seed University of New Haven in a semifinal. Patawee Simms '12, Chelsea Overholt '13 and Bianca Hernandez '12 were recognized with American Volleyball Coaches Association Division II All-Region honors. The team's 12-3 conference record qualified them for the No. 3 seed in the

Northeast-10 Conference championship tournament, where Adelphi clinched the title in a surprising upset over Stonehill College. Ms. Simms and Ms. Overholt were named to the All-Conference second team, and Kaitlyn DeStefano '15 procured a spot on the All-Rookie team. Ms. Overholt and Ms. Hernandez made the All-Tournament team, with Ms. Hernandez also receiving Most Outstanding Player accolades at the tournament.

Men's Basketball


The men's basketball team wrapped up another solid season, finishing with a 21-9 overall record and a 16-6 conference record, which qualified them as the NE-10 regular season champions (in a tie with Franklin Pierce University). At the conference tournament, the Panthers advanced to the quarterfinals. The team also made it to the second round of the NCAA East Regional Tournament. Rob Johnson '12

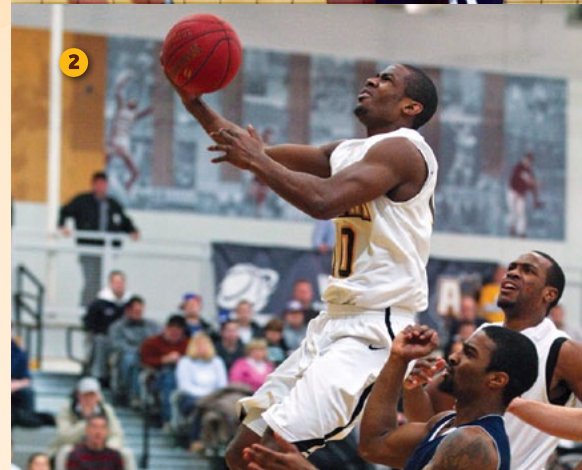
received Second-Team All-Conference honors and Daktronics Division II East All-Region First-Team kudos. Mr. Johnson was also named to the All-Met First Team, joining teammate Richard Harkins '12 who was selected to the second team. Bradley Simpson '13 was named to the Northeast-10 Academic All-Conference Team and was a CoSIDA/Capital One First-Team Academic All-District selection.

Women's Tennis

Women's tennis finished the season 17-6 overall and 12-1 in the conference, capturing a share of the Northeast-10 regular-season title (in a tie with Southern New Hampshire University and Stonehill College). The success continued into the NE-10 Tournament, where the team advanced to the semifinals. The team's conference efforts earned them an invitation to the NCAA East Region Tournament, where they were bumped in the first round by the University of the District of Columbia.

In singles play, Samra Redzematovic '13 and Joanna Haich '15 were selected to the NE-10 All-Conference First-Team; Maria Toft '13 and Carolyn Smith '12 made the second team, and Michelle Gurda '13 received a third-team selection.

Ms. Gurda, Ms. Redzematovic and Ms. Smith, as well as Gaby Adia '14, garnered first-team doubles recognition. Ms. Toft and Ms. Haich received second-team doubles accolades. 



- 1 Chelsea Overholt '13 **CENTER** shows her skills on the court.
- 2 Rob Johnson '12 goes for the dunk.
- 3 Maria Toft '13, who was selected for the NE-10 All-Conference First Team and Second Team

Mychael Fabio '12 earned All-American honors for his 400-meter dash at the 2012 NCAA Division II Championships.

SPRINTING AHEAD


Considering the feats of All-American sprinter Mychael Fabio '12, it is hard to believe that track and field wasn't his first love.

As a football player at Walt Whitman High School in Huntington, New York, Mr. Fabio only took up track to stay in shape between football seasons.

"I used it mainly to get faster for football, and it was a great way to stay active when I wasn't playing football," he says. After qualifying for the indoor and outdoor state and outdoor national championships and receiving All-Suffolk County, All-Division II and All-State accolades in his senior year, Mr. Fabio and his family realized that committing to track would present the best opportunity for a college scholarship. The scholarships eventually poured in, and Mr. Fabio was drawn to Adelphi. He says he "fell in love with the campus" and was impressed by the extracurricular opportunities.

Dashing 400 meters at top speed can be daunting to even the most accomplished sprinter, and, despite a decorated high school career, Mr. Fabio initially approached the 400-meter events like a hiker encountering a hungry grizzly. "I was always reluctant to run the 400-meter events. I was afraid of the possibility of not finishing the race because of fatigue," he says. "The 400-meter was definitely my biggest obstacle."

In spite of his fear, Mr. Fabio gave the event his best and managed to shave nearly 2.5 seconds off of his time over the course of his Adelphi career. The event that he had once dreaded became his specialty and the one in which he earned All-American honors. "The first time I was named an All-American was in my sophomore year, and that was truly a special experience," Mr. Fabio says. "It was a goal that I had set from the outset, and it was very rewarding to accomplish it." He won NCAA All-American honors again in his senior year, and last May, he was named East Region Male Athlete of the Year by the U.S. Track & Field and Cross Country Coaches Association.

Mr. Fabio considers his Adelphi coaches as mentors and credits them, particularly assistant coach Kelvin Campbell, with guiding him to success both on and off the track. His coaches are similarly complimentary. In describing Mr. Fabio, Mr. Campbell says, "He is a very vibrant young man who loves life and has a willingness to succeed at all of his goals—both on the field and in life." 

By Jeffrey Weisbord '15




ADELPHI
UNIVERSITY
PANTHERS


Adelphi Athletes Honored

April 2012 marked the induction of six new Adelphi Athletic Hall of Fame members at the 42nd annual Hall of Fame Dinner. The 1984 softball team was also honored as the Legendary Team at the event, which drew 250 guests.

The 2012 inductees were Katherine Hock Bennett '05, M.A. '06 (women's lacrosse), Hubert Blue '82 (track and field), Melissa DeMasi '06 (women's lacrosse), Brian Tower '01, M.A. '04 (men's lacrosse), Gordon Hinds '83 (track and field) and Gary Reh '95 (men's lacrosse).

Members of the 1984 softball team were joined by their coach Janet L. Ficke '59 to receive the Legendary Team award. The team made Adelphi history with a 42-7 record and a run to the College World Series.

Provost and Senior Vice President for Academic Affairs Gayle D. Insler was recognized for her immeasurable contributions to Adelphi athletics with the Cassell Memorial Award. The Woodruff Award for lifetime achievement in athletics went to Jose L. Lopez, president of Long Island Tri-Coach and Racing Unlimited, Inc. 

 Catch a video of the 1984 softball team's outstanding season on YouTube.



Members of the 1984 softball team FRONT ROW, LEFT TO RIGHT: Gina Schrader '87, M.S. '02, Coach Janet L. Ficke '59 and Bella Totino '87, M.A. '92 BACK ROW, LEFT TO RIGHT: Loren (Peterson) Sanislo '85, Susan Rosone '70, M.A. '73, Regina Dooley '85, Julie Bolduc '87, M.S.W. '89, Alena Scandura '85, M.A. '92, Mary Wallace '85, former Adelphi Sports Information Director Jim Andrews and Judy Zlatnisky Brady '85



2012 Athletic Hall of Fame Inductees FROM LEFT: Hubert Blue '82, Melissa DeMasi '06, Katherine Hock Bennett '05, M.A. '06, Brian Tower '01, M.A. '04, Gordon Hinds '83 and Gary Reh '95



Alumni Events

- 1 Alumni reception at the John and Mable Ringling Museum of Art in Sarasota, Florida
- 2 Pi Lambda Phi reunion
- 3 Fourth Annual Inside the Teacher's Classroom event
- 4 Adelphi Trustees Angela M. Jaggar '62, M.A. '65, and Gerald F. Mahoney '65
THIRD FROM LEFT AND FOURTH FROM LEFT, RESPECTIVELY with fellow alumni at the alumni dinner in Boca Raton, Florida
- 5 Legends: Honoring the Sciences event
- 6 Feast of the Giglio
- 7 New York Mets vs. San Francisco Giants event
- 8 Adelphi Trustee Jeffrey Bolton '61 with fellow alumni at the Seventh Annual Wall Street Reception
- 9 Seventh Annual Wall Street Reception
- 10 C.O.A.C.H. Careers in Marketing event with Ed Vetri '85, president of Wind-up Entertainment
- 11 2012 Subway Series event

To see more photos from recent alumni events, visit ADELPHI.EDU/PHOTOGALLERY/ALUMNI.PHP

THE STORY CONTINUES...
Follow Adelphi University Alumni



Reunion WEEKEND

JUNE 1-3, 2012

Nearly one thousand alumni, their family members and friends came together for a spirited Reunion Weekend 2012. The festivities kicked off on Friday night with a young alumni event at the Garden City Hotel's POSH Ultra Lounge. On Saturday afternoon, alumni of all ages toured the transformed Garden City campus. That evening, President Robert A. Scott hosted the President's Champagne Dinner, and the celebration continued with Monte Carlo night. On Sunday, alumni and their families and friends gathered to visit the Bronx Zoo.

Thank you to all who participated in Reunion 2012 and helped to make it a memorable weekend. For even more photos, visit ALUMNI.ADELPHI.EDU.

"What do I miss most about Adelphi? Living on campus. We're staying in the newest dorm and it's fantastic."

— Abisha Browne '10

"My wife and I had a wonderful time. It was just lovely."

— Morton Levy '52

"This was our 50th anniversary of graduating... When the graduates saw us in our gold gowns processing down [at Commencement], they were hooting and hollering and taking pictures of us. It was fun."

— Anthony Scozzafava '62

"This weekend, being with old friends on campus, brought back a lot of really nice memories."

— Larry Raiken '72

"[Reunion] is a good chance to get back and meet up with old friends, especially since everyone is working."

— Thomas Kowalski '10

"Reunion 2012 was an absolute wonder. Nothing was missing from the weekend."

— Harold Goldring '51

Reunion By the Numbers

400-PLUS YOUNG ALUMNI celebrated at POSH Ultra Lounge

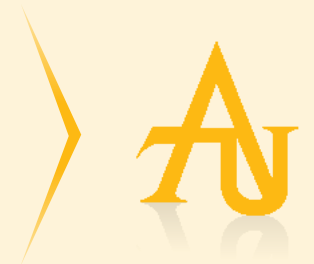
20 ALUMNI were inducted into the Adelphi University Academy of Distinction, which recognizes select alumni for their professional accomplishments.

55 ALUMNI ARTISTS showcased their work in the Alumni Art Gallery Exhibit, on display in the Ruth S. Harley University Center and Swirbul Library galleries throughout the weekend.

80-PLUS PI LAMBDA PHI ALUMNI gathered for the fraternity's reunion.

100-PLUS ALUMNI stayed overnight on campus in Adelphi's newest residence hall, making no vacancies.





SUCCESS!

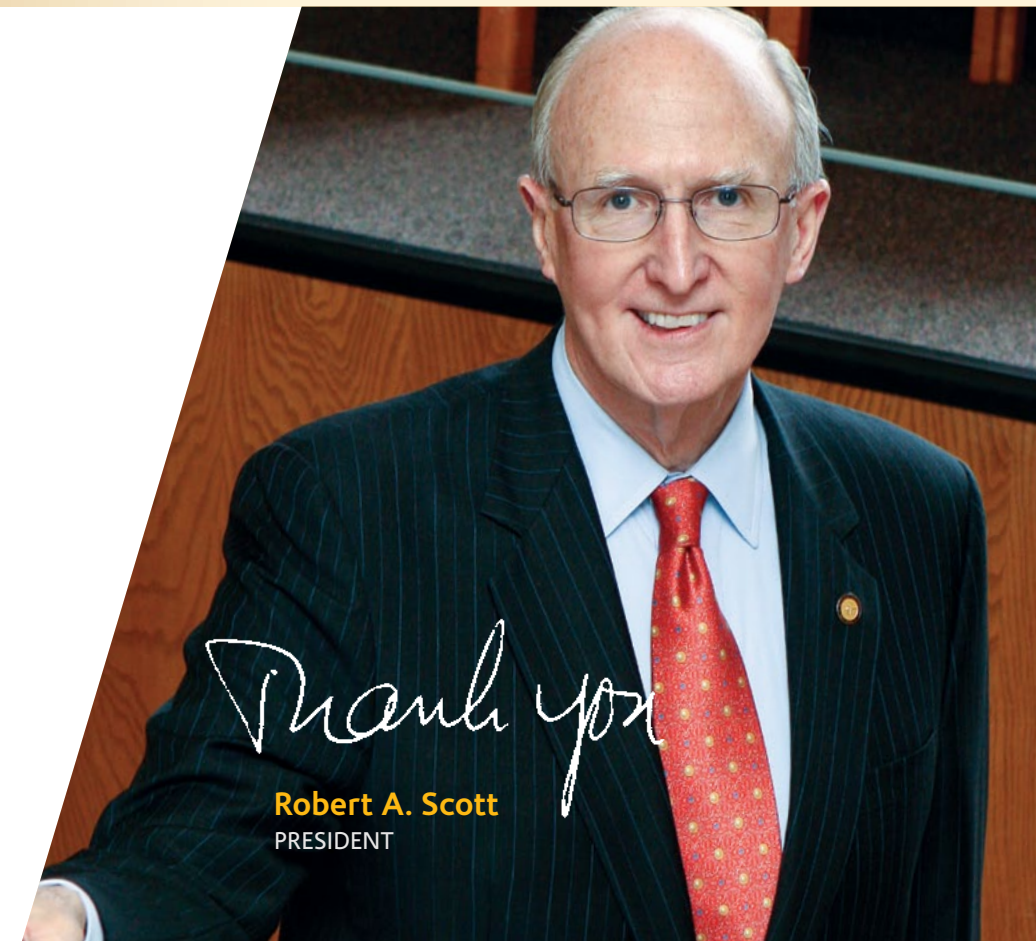
The Campaign for Adelphi University—the first comprehensive fundraising campaign in Adelphi's history—officially concluded on August 31, 2012. Thanks to the generosity of 16,000 alumni and friends, the campaign raised \$58,480,067, exceeding the goal of \$56 million.

The campaign's impact has been dramatic, from new and transformed buildings to new endowments that perpetually support Adelphi students and faculty.

In a festive campaign closing ceremony in September, the University paid tribute to its benefactors and the transformations that have stemmed from their generosity. President Robert A. Scott and Board of

Trustees Chairman Robert B. Willumstad '05 (Hon.) made a point of thanking all who have contributed to the campaign's, and Adelphi's, success.

We invite you to celebrate with us as, in this issue of *Adelphi University Magazine*, we review campaign milestones and showcase the impact of philanthropy across the University, particularly in the lives of our students and faculty.



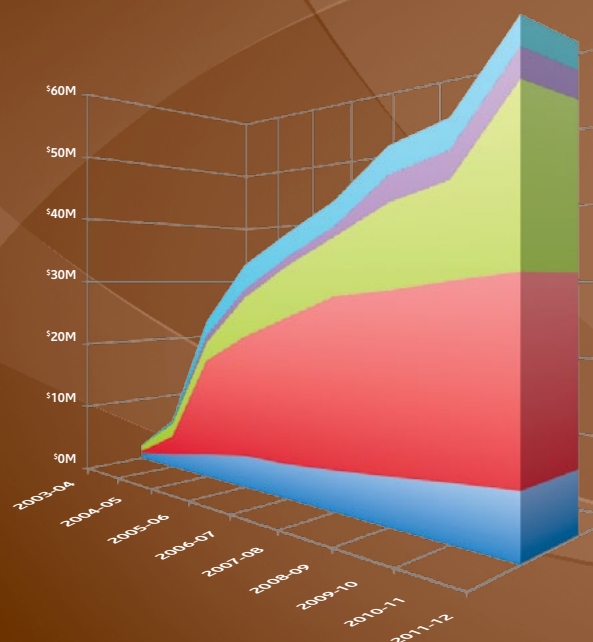
Robert A. Scott
PRESIDENT

By the Numbers...

\$58,480,067

CAMPAIGN TOTAL

⟨ \$2,480,067 More than Original Goal ⟩



\$3,383,682	Expendable Scholarships and Other Priorities
\$3,458,276	Endowments for Faculty
\$20,374,307	Endowments for Scholarships
\$23,236,453	Facilities
\$8,027,349	Unrestricted including The Annual Fund

More than just dollars...

- 16,000+** Individual donors to the campaign
- 122** Scholarship endowments totaling \$20.4 million
- 53,000** Square footage of the AUPAC, whose performance spaces enliven campus
- \$315,160** Average total gifts to the Annual Fund made by Levermore Society donors each year
- 77%** Growth in membership in Million Dollar Round Table since October 2007
- 2,200** Seating capacity of the arena in the Center for Recreation and Sports
- 28,102** Gifts to the Annual Fund from alumni during the campaign
- 209** Members in the Ruth S. Harley Planned Giving Society

The Campaign for ADELPHI UNIVERSITY

BUILDING THE FUTURE ONE STORY AT A TIME



CAMPAIGN HIGHLIGHTS

December 2003

Trustee Leon Pollack '63 became the first living alumnus in Adelphi's then 107-year history to make a philanthropic commitment of 1 million or more to the University, launching Adelphi into the silent phase of the Campaign for Adelphi.

September 2004

The George Stricker Fund in Psychology was announced. The fund now stands at \$500,000 and supports students and faculty in the Gordon F. Derner Institute of Advanced Psychological Studies.

March 2006

Adelphi announced that Carol A. Ammon, M.B.A. '79, '10 (Hon.) then an Adelphi trustee, made the largest gift in the University's history: \$9.5 million to establish endowments for students and faculty. Adelphi named the School of Education after her mother, Ruth S. Ammon. Carol Ammon's generosity continued, and, in 2007, she initiated a challenge for student scholarships that yielded \$800,000.

June 2006

Adelphi ceremonially broke ground on its largest campus enhancement project since moving to Garden City in 1929. The project brought nearly 130,000 square feet of new and upgraded classrooms, rehearsal and performance spaces and recreational and athletic facilities over the next few years.

October 2007

The University publicly launched the \$56 million Campaign for Adelphi—the first-ever comprehensive fundraising campaign in Adelphi's 111-year history.

August 2008

The new Alice Brown Early Learning Center (ELC) opened. Funded in part by a generous \$1 million gift from Amy Hagedorn '05 (Hon.) and her late husband Horace '01 (Hon.), the ELC is now a sought-after child care center for children 18 months to 5 years old and a rich learning laboratory for Adelphi students.

September 2008

Adelphi kicked off the inaugural season of the new Performing Arts Center (AUPAC) with the first licensed full production of *RENT*, the Pulitzer Prize-winning musical by alumnus Jonathan Larson '82.

December 2008

Michael Phelps, who had just become a 14-time Olympic gold medalist, spoke to a sold-out crowd in Adelphi's new Center for Recreation and Sports.

January 2009

Adelphi exceeded the goal of a Kresge Foundation challenge grant and secured \$3.6 million for the renovation of Woodruff Hall and the construction of AUPAC, thanks to matching funds from alumni, members of the faculty and administration, students, parents and friends of the University.

March 2010

Adelphi held the 10th Annual President's Gala and celebrated Dr. Robert A. Scott's 10 years of leadership. Since 2001, gala proceeds have provided more than \$2.5 million for student scholarships.

AUPAC and the Center for Recreation and Sports earned Leadership in Energy and Environmental Design (LEED) certification from the U.S. Green Building Council.

The Campaign for ADELPHI UNIVERSITY

BUILDING THE FUTURE ONE STORY AT A TIME



October 2010

Adelphi opens the James Riley, Jr. Trading Room, making the Robert B. Willumstad School of Business one of only a few schools on Long Island to offer a mock trading floor to students and faculty.

May 2011

Adelphi hosted the 2011 NCAA Division II and III women's lacrosse championships on Motamed Field—the first time the University has held a women's national championship in any sport. The Panthers women's lacrosse team triumphed at home with a record third straight Division II title.

December 2011

Honors College Dean Richard Garner made the first of two major gifts to bolster the six Honors College scholarship endowment funds he established in 2004—bringing his personal donations to the Honors Scholarship Endowments to more than \$500,000.

February 2012

Adelphi announced a historic \$9.5 million gift from Board of Trustees Chairman Robert B. Willumstad '05 (Hon.). The School of Business was named in his honor.

August 2012

Membership in the Ruth S. Harley Planned Giving Society more than doubled since its rededication in October 2006 to 209 members whose collective pledges and gifts total \$39 million.

September 2012

Adelphi held a campus-wide celebration to commemorate the successful completion of the Campaign for Adelphi. As of the close on August 31, 2012, the University had raised \$58.5 million, exceeding its \$56 million goal.

One Gift, MANY CAUSES

Collectively, 16,000 Campaign for Adelphi supporters contributed \$58,480,067 to Adelphi, bolstering an array of programs. Here, we demonstrate how the philanthropy of one couple has touched thousands of lives.

Trustee Angela Jaggar '62, M.A. '65, and her husband, Scott, members of the Adelphi University Million Dollar Round Table, made commitments totaling \$1 million over the course of the campaign. Much of their philanthropy has supported future teachers and nonprofit leaders—causes that have special meaning for Angela Jaggar, who devoted her career to education. In 2012 alone, the Jaggars contributed \$50,000 to Adelphi. What impact did their philanthropy have? Take a look at right.

In addition, the Jaggars, who are members of the Ruth S. Harley Planned Giving Society, named Adelphi a beneficiary of an annuity, IRA and a charitable remainder unitrust.

Among other programs, the future support will fund the Louise and Joseph Maestri Scholarship Fund. Named in honor of Angela Jaggar's parents, the scholarship will support graduate-level students in the Ammon School.





WHY GIVE? WHY CARE?

The Campaign for Adelphi succeeded thanks to widespread support from Adelphi alumni and friends. Here, alumni donors open up about their reasons for giving, and students and faculty reveal what the giving means to them.

Why GIVE?

"Adelphi was my perfect start. Every college dream I ever had for myself, I accomplished at Adelphi. I just want other students to have the opportunity to have the same experience that I did."

Katherine Quintana, B.B.A. '09, M.B.A. '10,
Human resources associate at OpenLink Financial.

SHE MADE A \$50 GIFT TO THE ANNUAL FUND THROUGH THE PHONATHON.



Why GIVE?

"We want to honor our nephew Marcus Neblett. Like so many other families and friends of victims of September 11, we experienced emotional stress over our loss. We wanted to channel our sorrow into something positive for others. Marcus was a lively, engaging young man. We wanted to ensure that his potential was not wasted and would contribute to the academic lives of current students at Adelphi."

Winston and Valerie Neblett

THEY FUND THE MARCUS RAYMANN NEBLETT '92 AWARD TO HONOR THEIR NEPHEW MARCUS, WHO WAS KILLED ON 9/11.



Why CARE?

"Alumni giving back shows how much Adelphi means to them. I appreciate that they want generations of students to have an experience as good as they had."

Joseph Weiss '14
Managing editor of The Delphian; member of Kappa Sigma Fraternity and Students Today, Alumni Tomorrow



The Campaign for ADELPHI UNIVERSITY

BUILDING THE FUTURE ONE STORY AT A TIME



Why GIVE?

"Adelphi is a gem. I want to help keep it polished by giving to the University."

Norma Cox Astwood, Ph.D. '75
Former Bermuda Senate vice-president; currently a consultant to the Caribbean Dyslexia Centre.

SHE RECENTLY DONATED TO THE
GEORGE STRICKER FUND.

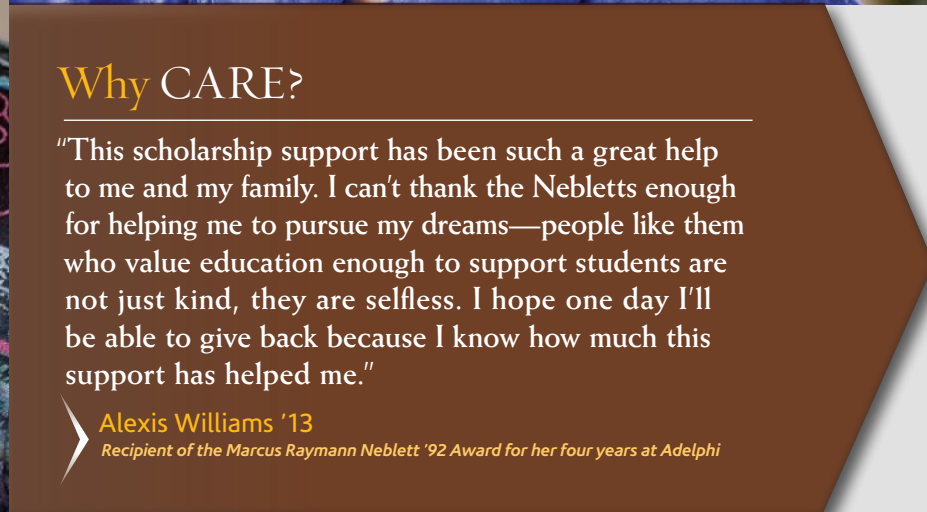


Why GIVE?

"Adelphi's Department of Physics has a great legacy. I want to make sure it continues and that students who are passionate about physics can study it without worrying too much about how they are going to pay for their education."

Mary Klement, B.A. '71, M.S. '73
Former program manager and proposal leader for Phase I of the Global Hawk Unmanned Air Vehicle Program, Northrop Grumman.

SHE ESTABLISHED THE MARY ANN BARRACO
KLEMENT '71, M.S. '73, ENDOWED FUND FOR
PHYSICS RESEARCH TO SUPPORT FACULTY,
STUDENT RESEARCH AND SCHOLARSHIPS.



Why CARE?

"This scholarship support has been such a great help to me and my family. I can't thank the Nebletts enough for helping me to pursue my dreams—people like them who value education enough to support students are not just kind, they are selfless. I hope one day I'll be able to give back because I know how much this support has helped me."

Alexis Williams '13
Recipient of the Marcus Raymann Neblett '92 Award for her four years at Adelphi



Why CARE?

"This year, we have 29 freshmen physics majors. If every one of those students wants to get into our labs and do research, I'd love to be able to offer that opportunity to each one of them. Without external support, many students wouldn't be able to have these experiences."

Sean Bentley
Adelphi associate professor of physics



Why CARE?

"In the language of ecological health, I think we're working to create a self-sustaining culture. When current students become aware of alumni who had such positive experiences and who value their training so much that they want to give to preserve and enhance the program, it is very encouraging. When our current students graduate and become successful alumni, they hopefully will do the same."

Jonathan Jackson
Clinical professor of psychology and director of clinical training at Adelphi's Gordon F. Derner Institute of Advanced Psychological Studies; director of Adelphi's Center for Psychological Services

ANNUAL FUND

Thank you Alumni.

Your gifts, of all sizes, help keep an Adelphi education affordable to all, including the 89 percent of undergraduates who receive financial aid.

Make your participation count with a contribution to this year's Annual Fund. [ADELPHI.EDU/ANNUALFUND](https://adelphi.edu/annualfund)



Alumni and Friends Giving



2012 President's Gala

SETS A NEW RECORD IN GIVING

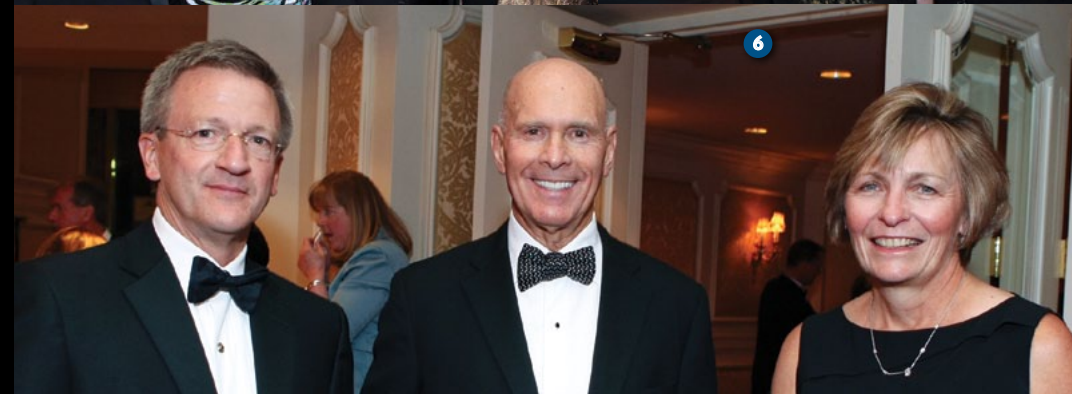
Thanks to the generous support of alumni and friends, Adelphi's 12th Annual President's Gala, held last March, raised more than \$475,000 for student scholarships—the highest total in the history of the event.

Adelphi honored Trustee Patrick S. Smalley '86, executive vice president and managing director, MCH Group LLC, as Outstanding Alumnus; Tina and Trustee Jeffrey Bolton '61, managing director of Neuberger Berman Group LLC, for their Service to Adelphi; and Trustee Leon Pollack '63, former managing director of Donaldson, Lufkin & Jenrette, Inc., for his Lifetime Service to Adelphi.

President Robert A. Scott served as event co-chair, along with Trustee Marjorie Weinberg-Berman, M.S. '61, Thomas D. Croci, Maria A. Grasso, M.B.A. '89, and Paul J. Salerno '76.

Save the date for next year's Gala on Saturday, April 6, 2013, at The Garden City Hotel. For reservations or more information, please contact Jaime Farrell Lennon, associate director of leadership annual giving, at 516.877.4689 or FARRELL@ADELPHI.EDU.

By Andrea Winters



- 1 President Robert A. Scott with this year's honorees: Trustee Leon Pollack '63, Trustee Jeffrey Bolton '61, Tina Bolton and Trustee Patrick S. Smalley '86
- 2 Congressman Gregory Meeks '75 and Provost and Senior Vice President for Academic Affairs Gayle D. Insler
- 3 Garden City Village Administrator Robert L. Schoelle, Jr., and Monica Schoelle with Barbara Brudie and Garden City Mayor Donald T. Brudie
- 4 Secretary of the Adelphi Board of Trustees Frank Angello '77, Phyllis Angello, Scott Jaggar and Trustee Angela Jaggar '62, M.A. '65
- 5 Trustee Patrick S. Smalley '86, Katherine Heaviside, president, Epoch 5 Marketing, Inc., and Cathy Nelkin-Miller, president and CEO, MCH Group LLC.
- 6 Jeffrey DeMond, Trustee Leon Pollack '63 and Vice-Chair of the Adelphi Board of Trustees Helene Sullivan '79

SENIOR LEGACY CAMPAIGN 2012

THANK YOU

To the members of the Class of 2012 who generously supported the Senior Legacy Campaign.

You set a University record with 250 contributors—nearly 17 percent of the graduating class.

We look forward to your continued support of Adelphi through the Annual Fund and other initiatives.

Class Notes



1950s

Sarah Cifarelli Wellen, B.A. '51, M.A. '74, is currently teaching a course in conversational Italian at the American Italian Heritage Museum in Albany. One of her poems was recently published in *Oasis Journal*.

James L. Donahue, B.A. '51, and his wife, **Cynthia Howells Donahue, B.S. '53**, are retired.

Pamela Livingston, B.A. '51, is included in the 2012–2013 Marquis *Who's Who of American Women* for her longtime demonstrated professional success as a communications and marketing consultant, developing corporate identity and image programs for executives.

1960s

Jack Dowd, B.A. '60, opened *Jack Dowd's 27* at the Vermont Institute of Contemporary Arts. The show ran from June 23 through August 19.

Emily Horcher, B.A. '62, attended her 50th Adelphi reunion and enjoyed it very much.

Claire Machosky, B.B.A. '62, and **Roland Gomez, B.A. '51**, met at an Adelphi reunion held at the Reagan Building in Washington, D.C., in Spring 2010. Little did they realize that fate would bring them together in the coming months as Ms. Machosky's grandson, Joseph Machosky, was auditioning for a part in an upcoming production of *Oliver*. Mr. Gomez, who is affiliated with the Little Theatre of Alexandria, was doing the casting and directing for the upcoming production of *Oliver*. He was enthralled with Joseph and his theatrical ability. A new friendship was forged between Adelphi alumni, the show was a huge success and Roland Gomez touts Joseph Machosky as his latest rising star.

Alan Anderson, M.S. '63, was inducted into the International Game Fish Association.

Frank Young, M.S. '66, along with his wife, enjoyed a river/canal cruise in the Netherlands and Belgium in April.

Robert Dunhill, B.A. '52, became a vendor to the General Services Administration regarding direct mail, mailing lists, etc. He also teaches blackjack to casino goers.

Lois Schnakenberg, B.A. '56, M.A. '68, has been accepted as an active exhibiting member of the Woodstock Art Association Museum.

Mary Finnin, B.S. '58, is vice president of the Foundation of New York State Nurses.

Betty (Kipniss) MacDonald, B.A. '58, is a printmaker and artist and reviews exhibits for the *Journal of the Print World*.

Paul Quentzel, B.A. '67, accepted the position of the chief of gastroenterology at Ireland Army Hospital, Fort Knox, Kentucky, in January 2012.

Morris Fidanque, M.A. '68, presented "An Afternoon of Original Prose Readings" at the Howland Public Library in Beacon, New York.

Michael Vinciguerra, M.S. '69, Ph.D. '71, has announced his plan to retire on May 31, 2013, as president at the University of St. Francis in Joliet, Illinois, after 10 years of service.

AU What do you think of Adelphi raising \$58.5 million?

"It shows people that Adelphi is serious about its future and its place, not only on Long Island, but among national schools."

— Richard Panchyk '92

Share your news alumni!
Submit your class note today at ADELPHI.EDU/CLASSNOTES

She Knows What Counts

"Any good *leader* understands that their *most important role* is *developing* their people."

— Karen Messineo '78

In the late 1970s, as an accounting major at Adelphi, Karen Messineo '78, like many women, was given advice on approaching her on-campus job interviews with the big eight accounting firms: wear a skirt suit (no pants) and remove your engagement ring. Ms. Messineo says the implication was that wearing a ring would signal that "you'll get married and leave and have babies and won't be committed to the company."

Ms. Messineo ignored the advice and landed a job with Deloitte Haskins & Sells, the firm that would ultimately become Deloitte & Touche. Two years later, while assisting on an audit of *The New York Times*, Ms. Messineo realized that she would rather be working in-house for her client. "I was on that audit for a week, and I said, 'I have to work here. I love it here. I love the people. I love what it [stands] for,'" Ms. Messineo recalls. "I saw the pride that people took in their product." She was hired as a staff accountant and stayed with the company for 32 years. Last fall, she was named CFO of the About Group, which encompasses About.com, ConsumerSearch.com and CalorieCount.com.

The About Group, which was owned by the New York Times, was sold just this past September to Barry Diller's IAC/InteractiveCorp.

In her tenure at the Times Company, Ms. Messineo rose from staff accountant to controller of *The New York Times* newspaper and, in 1993, to vice president, chief financial officer of the paper. In 1999, she moved to the then-fledgling NYTimes.com as vice president, finance. She helped steer the business through the dot-com boom and bust and, in 2003, was named CFO of New York Times Digital.

Ms. Messineo has seen her share of corporate change and restructuring and has thrived through hard work and her desire to learn. "I have to learn something new every day," Ms. Messineo says. She imparts this philosophy to her staff because, she says, "Any good leader understands that their most important role is developing their people."

A *summa cum laude* graduate of Adelphi, Ms. Messineo says that learning always came easily to her. As a young girl, she even wanted to be a teacher, but her first official job at the McDonald's in Flushing, Queens, near her home in Whitestone, gave her a taste of business and awakened her to the possibility of accounting. The owner asked her after her first six months to work in the office balancing the books, and, Ms. Messineo says, "I was cash-flow forecasting when I was 17 years old."

Ms. Messineo kept the McDonald's job throughout her undergraduate years at Adelphi, and even met her husband there. "Work was my social life," she says, noting she put in about 30 hours a week.

From a young age, Ms. Messineo became familiar with the importance of work and financial responsibility. Her dad took two and sometimes three jobs to support his family. Her mother also worked part time while Ms. Messineo and her sister were in school. "All I knew was work," Ms. Messineo says.

Even two bouts of Hodgkins disease in 1988 and 1991 failed to undermine Ms. Messineo's own dedication to her career. Yet, creating a life outside of her job has been equally important to her. She is still married to the man she wed at age 22 and, together, they have raised two children.

"I proudly say I have a policy of taking every day of my vacation time and don't apologize for doing so," Ms. Messineo says.

By Bonnie Eissner

B.B.A. + Grit + Ingenuity = CIO

Jim P. Lee '91 has a résumé that an M.B.A. grad might dream of. He has been a chief information officer at the insurance broker Marsh & McLennan Companies, a senior management consultant at IBM and an executive director and head of information technology and managed account operations for North America at UBS Global Asset Management. Yet, he has no M.B.A.—only his undergraduate degree in finance—and, despite the many goals and dreams achieved, he says he doesn't believe in making career plans. Rather, he sees life as a journey—one where there are rewards for working hard, taking risks and being open to learning.

At age 19, Mr. Lee took his first calculated career risk, enrolling at Adelphi even though the tuition was more than he could comfortably afford. He loved the leafy, suburban feel of the campus.

The youngest of four boys, Mr. Lee commuted to campus from his home in Jackson Heights, Queens. His father worked nights as a restaurant manager. His mother was a seamstress and later worked in the printing industry. He was expected to go to college and to pay for it. To cover the bills, he worked three jobs—one with the Adelphi maintenance crew, another at a decorative lighting store and a third supporting management consultants at IBM. The latter

position was one his brother, who also worked at IBM, helped him obtain, and it gave him a thirst for consulting.

Although Mr. Lee worked briefly for IBM after graduation, he quickly realized that moving into a consulting role required industry experience. So he took a position as a support analyst at Credit Suisse First Boston, working long hours at the help desk, among other things. His diligence paid off, and he quickly rose to assistant vice president and head of information technology.

But returning to IBM as a management consultant a few years later was a dream come true. He worked on the team that


built the Web presence for Fidelity Investments, advised on the integration of IT platforms and organizational structure during the merger of Bank One and J.P. Morgan and helped create the first online banking platforms. The different roles he played on the varied engagements gave Mr. Lee a wealth of experience. "Foundationally, it's why I am where I am today," he says.

Over time, the heavy travel took its toll, and Mr. Lee left management consulting to join a former IBM colleague at UBS Global Asset Management, where he started as a business analyst. "Their business didn't really utilize IT; it was really kind of stale," Mr. Lee says. A new CIO, hired within a month of Mr. Lee, had a vision for change. Mr. Lee impressed the CIO during a meeting on prospecting clients. "He asked me to manage a group," Mr. Lee says. Suddenly, Mr. Lee was overseeing the friend from IBM who had helped recruit him, and he had a direct line to the CIO. "That was where I really put everything together in terms of what I'd done throughout my career," Mr. Lee says. He also says that the small, entrepreneurial nature of the team enhanced his leadership

capabilities. "I was there hiring the right, qualified individuals, leading them, inspiring them, motivating them," Mr. Lee says.

In 2006, Mr. Lee made another career leap, joining Marsh & McLellan as the global CIO for the consumer business. Former UBS executives who were already at Marsh lured him over. Again, Mr. Lee had the opportunity to lead teams and implement change. "It was very exciting because it was a high transaction, low touch environment where technology could make a big impact," Mr. Lee says.

Two and a half years after joining Marsh, Mr. Lee took on the added responsibility of managing IT for the North American region, which encompassed the risk management brokerage platforms. The recession and added pressure on costs meant that he focused much of his energy on streamlining processes and reducing overhead. By 2011, after having significantly lowered IT expenses, he decided to leave to tackle new challenges.

Mr. Lee is now serving as the CIO for insurance at Endurance Specialty Insurance Services, and, last spring, he taught Management Information Systems to Adelphi M.B.A. students. "At first, it was a little overwhelming because I've never taught before," Mr. Lee says, adding, "I had a great time doing it. The students appreciated my real-life experiences as it relates to the content in the textbook." For Mr. Lee, business experience has been the equivalent of his M.B.A. 



1970s

Richard Funke, B.B.A. '71, announced his retirement from WHEC-TV.

Bob Beamon, B.A. '72, is an established artist who is chief executive officer of the Art of the Olympians Museum in Fort Myers, Florida.

Arline Cord Frankel, B.S. '72, is a retired elementary school teacher.

Patricia Gloeckner, B.S. '73, is the Department of Nursing faculty representative to the Adjunct Faculty Association at Nassau Community College.

Donald Newman, B.S. '73, was appointed to the board of Nature's Bioceuticals, a wholly owned subsidiary of Mistral Ventures Inc.

Dwayne Weissman, B.B.A. '73, is married to **Debra DiCroce Weissman, B.A. '74, M.S. '77**, and has two beautiful daughters.

Edward Ehmann, M.A. '75, is retiring from the Smithtown Central School District.

Richard O'Neill, B.A. '75, a clinical psychologist who is also a radio talk show regular, actor and voice-over artist, was profiled in the *Syracuse New Times*.

Elizabeth Bouraad, B.A. '76, has been a monitor at the Art Students League of New York for 10 years.

Ernest Cipullo, B.A. '76, retired as police commissioner after 51 years of service with the Garden City Police Department.

Gail Dolan, B.S. '76, has been named Florida regional dean of the School of Nursing by Rasmussen College.

James Hegmann, M.A. '77, is the president of Hegmann Distributors, Inc., and had been running a successful business for the past 30 years. He is a permanently certified educator.

Karen Doblin, B.S. '78, works in the Department of Pain Management and Palliative Care's Outpatient Pain Service at Phillips Ambulatory Care Center. She was awarded the 2012 New York/New Jersey Nurse.com Nursing Excellence Award and was chosen in the Home, Community and Ambulatory Care category.

Ralph Mora, M.A. '78, Ph.D. '83, presented a five-hour workshop entitled "The Treatment of Childhood PTSD related to Natural Disasters" at the 18th Annual Conference of the International Association for Dynamic Psychotherapy, held in Sendai, Japan. The conference was intended to support East Japan in its rehabilitation and recovery from the devastating 2011 earthquake and tsunami.

James Parla, M.A. '78, was named superintendent of the Wappingers Central School District.

Kevin Dillon, B.S. '79, was appointed executive director of Connecticut Airport Authority.

1980s

Joy Borrero, B.S. '80, is pursuing a Ph.D. in Nursing at CUNY and wrote a letter to the editor in *Newsday* in support of requiring bachelor's degrees for nurses.

Anna Lee, Ph.D. '80, is working at Kaiser and practicing as a psychoanalyst.

Robert Schimenti, B.B.A. '80, has just joined zConnect, a managed services company located in Atlanta, Georgia, and owned by **Bud Ducey, B.S. '85**.

Richard Scheinberg, M.S.W. '81, opened the Sunrise Counseling Center in East Islip, New York, in 1993. His agency was selected as the 2012 Agency of the Year by the National Association of Social Workers, New York State Chapter in a special ceremony held in March in Albany.

John Weisenseel, B.B.A. '82, was appointed as chief financial officer by AllianceBernstein L.P. He leads all global finance and reporting functions for the firm. AllianceBernstein is a leading global investment management firm that offers research and diversified investment services to institutional investors, individuals and private clients in major world markets.

Vivien Gurfein, B.A. '83, was born and raised in rural England, and trained as a nurse during World War II, treating wounded troops and civilian casualties. Married, and with only her child, she arrived in the United States, where she entered the competitive arena of modeling in New York City, before resuming her nursing career. Her 2012 book, *"Limex" and Proud of It*, is based on the story of her life.



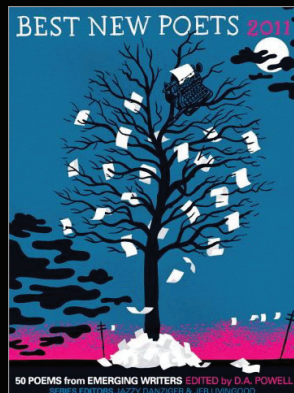
What do you think of Adelphi raising \$58.5 million?

"Dr. [Robert A.] Scott has done wonders with Adelphi, and that's why I'm still supporting the University."

— Marilyn LePatri '50



Share your news alumni!
Submit your class note today at ADELPHI.EDU/CLASSNOTES



Kimberly Grey, M.F.A. '09, has published her work in *Best New Poets 2011*, among other prestigious publications.

FROM FICTION TO FACT:

Kimberly Grey, M.F.A. '09, Chosen as 2012 Stegner Fellow

Kimberly Grey, M.F.A. '09, a poet and former Adelphi adjunct professor, had been dreaming for years about the Wallace Stegner Fellowship—offered annually by Stanford University to 10 writers chosen out of more than 1,700 applications from around the globe.

So, when she got the call informing her that she had been selected as a 2012 Stegner Fellow, Ms. Grey was overjoyed, but also incredulous. "This is never going to happen to me ever again—I can't imagine a better gift as a writer than time and help," she says.

During the two-year Stegner Fellowship, Ms. Grey is attending weekly sessions with Stanford faculty, readings by renowned authors and other events. Mainly, she is using the time to work on her second book of poetry. She receives a \$26,000 annual stipend, and her tuition and health insurance are both covered.

Even while dreaming of the Stegner, Ms. Grey was hard at work. At any given time, she has between 20 and 30 submissions out at several publications. "You have to not think about

rejection," she says. "It's a part of the process. Patience and persistence are very important." To date, she has published more than 65 poems in more than 30 journals, including *The Southern Review*, *Boston Review* and *Colorado Review*.

Her first book of poetry, *The Opposite of Robot is Light*, has been a finalist for multiple book awards. Poems appear in pairs, making the collection structurally symmetrical. "I was subconsciously writing poems that matched each other and in some way belonged to each other," she explains.

After completing the Stegner Fellowship, Ms. Grey will be searching for a teaching position and readying her second book for publication. She plans to apply for the Jones Lectureship at Stanford where, if accepted, she would teach for two years.

Ms. Grey is a proponent of the M.F.A. for emerging writers and says that Adelphi's program was central in bringing her writing to where it is today. She says she hopes to leverage her experiences to "publish good books that people want to read, and to teach undergraduates." She adds, "I don't think I could ask for much more than that right now." **A**

By Michelle Consorte '12

Veneta Burrell, B.S. '84, M.S.W. '86, currently resides in Florida and is the owner of Spaulding's Intake and Referral Agency Inc., a nonprofit organization with a specialty in substance abuse treatment along with mental health services. She is married with two children and has eight grandchildren.

Sharon LaCruise, B.A. '84, is the producer and director of the documentary film *Independent Lens: Daisy Bates: First Lady of Little Rock*. Catch clips at WWW.PBS.ORG/INDEPENDENTLENS/DAISY-BATES.

Nancy E. Strauss, B.S. '84, serves as vice chair, clinical professor, director of residency training and attending physician at New York Presbyterian Hospital-Columbia University Medical Center. She is also a professor of clinical rehabilitation medicine at Weill Cornell Medical School.

Mindy (Young) Cohen, B.S. '85, provides psychotherapy services for adults and geriatric individuals, groups, couples and families in private practice. She also designs and leads therapy support groups for medical oncology and rheumatology patients as well as for caregivers.

Bernard (Bud) Ducey, B.S. '85, is owner of zConnect, a managed services company located in Atlanta, Georgia.

Adam Levin, B.A. '85, oversees nationwide complaints, consumer mediation and community outreach for New York State Attorney General Eric Schneiderman's Nassau Regional Office. Also a songwriter and performing musician, he contributed four works to the recently released album, *Paint the Peel*. His song, "Words on the Wall," was recorded with musicians in three countries. His website is DIFFERENTDRUMMUSIC.COM.

Charles Rice-González, B.A. '85, is a writer, longtime community and LGBT activist and executive director of BAAD! the Bronx Academy of Arts and Dance. His debut novel, *Chulito*, was released in October 2011, and he co-edited, with Charlie Vázquez, *From Macho to Mariposa: New Gay Latino Fiction*, released in August 2011. He is also an award-winning playwright and serves on the boards of the Bronx Council on the Arts and the National Association of Latino Arts and Culture. For more information, visit CHARLESRICEGONZALEZ.COM.

Michael Taunton, M.B.A. '85, has been named vice president of finance at Arrow Electronics.

Osbert Hood, B.S. '86, a member of the Adelphi University Board of Trustees, was appointed chief operating officer at Advent Capital Management, LLC.

Catherine Hottendorf, M.B.A. '86, was named executive director of Franklin Hospital.

Eileen C. McDonnell, M.B.A. '88, is president and CEO of Penn Mutual and recently received the President's Award from The American College Foundation in honor of her long-term generosity and service to the college and its advancement efforts.

Rosemarie Tully, B.A. '88, has been appointed the new chair of the Entertainment, Arts and Sports Law Section of the New York State Bar Association.

Henry Herms, B.B.A. '89, is chief financial officer of Almanac Realty Investors, a leading provider of growth capital to public and private real estate companies.

Laura LaForgia, B.B.A. '89, was named a partner at the New York accounting firm Marks Paneth & Shron.

1990s

Mary Anne Dumas, Ph.D. '90, was inducted as a fellow of the American Academy of Nursing in October 2012.

Denise Linkh, M.S.W. '90, joined Family Life Consultants in Collinsville, Illinois, as a therapist. She has more than 20 years of experience working as a psychotherapist and specializes in treating depression and anxiety and working with survivors of sexual abuse and assault. She also oversaw behavioral health services as a U.S. Air Force officer.

Maria Scarangella, M.B.A. '90, was named assistant vice president and now oversees underwriting operations in GEICO's Tucson office, which has primary responsibility for the states of Arizona, Utah, Nevada, Oregon, Idaho, Montana and Washington.

Kimberly (Castellotti) Ward, B.A. '92, currently resides in Palm Beach, Florida, with her husband and two boys. She and her husband have been top-producing real estate brokers for the past 13 years. Recently, Ms. Ward was featured in *Fabulous Forties* magazine for a hobby and bucket list item of hers—becoming a cheerleader at age 40!

Anthony Jaeger, B.A. '93, currently works at ESPN as a senior assignment editor.

Joseph Triscoli, M.B.A. '93, was appointed senior vice president of Asset-Based Lending at Valley National Bank.

Monet Dunham, M.S. '94, has been recognized by Cambridge *Who's Who* for Excellence in the Arts.

Staci Paletta, B.S. '96, has been named the newest orthodontic associate at Southeast Orthodontics, a respected provider of orthodontic care to adults, adolescents and children with two offices in Raynham and Brockton, Massachusetts.

Hadyn Sloane-Seale, B.A. '97, is the new head coach of the women's soccer team at the University of Manitoba.

Darlene (Hart) Barry, B.S. '98, M.S.W. '00, has been an external clinician at the New York City Fire Department for the survivors of 9/11. Her specialty is PTSD and all anxiety disorders. Her first practice began in Long Beach, New York, and she started a second practice in Manhattan a year and a half ago. She volunteers with the homeless, advocating for housing and meals.

2000s

Kaolin Bass, B.F.A. '02, was in the world premiere of the Tennessee Williams play, *In Masks Outrageous and Austere*. He is acting with Broadway luminary Shirley Knight. The play opened at the Bleecker Street Theatre on April 16 and ran through May 26.

Jennifer Pristera, B.S. '02, joined Garden City Group Inc.'s team as vice president, human resources.

Kristen Beckmann, B.F.A. '03, received an M.F.A. in acting from the University of Montana on May 12, 2012. She married Graham Colin Moriarty on June 2, 2012. Ms. Beckmann is doing the educational tour with Montana Repertory Theatre in the fall touring around Montana schools performing in a brand new play, *An Unladylike Battle for Survival in the Sunnyside Library*, written by Jay Kettering, and teaching acting workshops to the students as well.

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A What do you think of Adelphi raising \$58.5 million?

"If you are an alum and you haven't been back come and see how much progress is being made at Adelphi."
—Cassandra Alvarez '09

In the Line OF

Heather Senti '06 was apparently destined for a life as a firefighter. Both her father and grandfather were chiefs for the Lakeview Fire Department. Growing up, she and her brother hung around the firehouse and pretended to fight fires. She tells how the firefighters would "bring the [new recruits] over to me and tell them, 'If this kid can show you up, we'll dog you for the rest of the year.'"

"It doesn't matter whether you're male or female—as long as you can do the job, you're aces in my book."

Heather Senti '06
Lakeview Fire Department Chief

FIRE

Ms. Senti did more than show rookies she had the right stuff to become a firefighter. In April 2012, she was elected the new fire chief at Lakeview and made history by becoming Nassau County's first female fire chief almost 50 years to the day after her grandfather, Frederick Senti, had been elected chief and 30 years after her father, Fred Jr., had won the honor. Her brother, Fred III, currently serves as a captain in the district, making firefighting truly a family affair.


Ms. Senti balances her responsibilities as chief while pursuing a master's in emergency management at Adelphi and working full time as a recovery officer

at the Nassau County Office of Emergency Management.

While it seems that she has been on the emergency services track since she was born, Ms. Senti did take a detour during her undergraduate years at Adelphi when she majored in communications. But she says her classes served her well by honing her public speaking and communication skills so she can represent the Lakeview Fire Department to the public and the media.

The Lakeview fire district is one of the more challenging in Nassau County. "We cover one of the most dangerous portions

of the Southern State Parkway, exits 17 to 19," she says. Some of the communities served include low-income or immigrant populations, meaning her crew must contend with language barriers in emergency situations and single family homes outfitted with makeshift apartments to accommodate multiple families. "It makes it difficult for us when there's a wall or bolted door where a walkway should be," she says.

While her district is diverse, so is her department, which Ms. Senti calls a "reflection of our community," consisting of Caucasian, African American, Latino and Orthodox Jewish members. And, of course, female medics and firefighters, although she'd like to see more women in the latter role. "We're trying to break down those barriers," she says. "Women bring that finesse, that calming voice when chaos is occurring. But it doesn't matter whether you're male or female—as long as you can do the job, you're aces in my book." 

By Ela Schwartz

Jeannette Casto, M.A. '03, was honored with the Educator of Excellence Award from the New York State English Council.

Laurie Lawrence, B.A. '03, gave birth on December 14, 2011 to daughter, Addison Skylar Lawrence, who was 20 inches long and weighed 7 lbs., 15 oz.

Tim O'Donnell, B.F.A. '03, is the general manager at the Lark Play Development Center in New York City. He has directed a production of *Cloud 9* at the Stella Adler School of Acting in New York and the New York premiere of *The Giant's Garden*, a new musical from Toronto, which was part of The Puzzle: Marble's Festival of New Works.

Sylvia Hooper, B.A. '04, started a not-for-profit organization in 2008 called Foster Parent Advocacy Foundation Inc., which provides advocacy, support, education and empowerment to help improve the quality

of life for foster parents and children in foster care. The organization has received considerable local media coverage. To learn more, visit FPAFOUNDATION.ORG.

Abhijeet Muzumdar, M.B.A. '04, has been promoted to VP of Bessemer Venture Partners. He works with Bessemer India in the Mumbai office. He focuses on Internet and technology start-ups and financial services companies and has been closely involved with a number of investments including BharatMatrimony.com, Snapdeal.com, Home First Finance Company and Dhanlaxmi Bank.

Vincent Ricciardi, B.F.A. '05, a tenor, has performed throughout the tri-state area, specializing in Italian Opera, Neapolitan song and Operetta. Some concert highlights include Bella Napoli: A Celebration of Neapolitan Song and Dance in New Jersey and Vincent Ricciardi Sings Mario Lanza

and Caruso Too! at The Triad in New York. He is also a featured soloist at St. Monica's Church in Manhattan. Recently, he has performed in productions around New York with Regina Opera, Opera of the Hamptons and Bleecker Street Opera. He was the featured Italian singer at the Southington, Connecticut, Italian Festival on July 28. He performed at New York's 86th Annual Feast of San Gennaro in September.

Katelyn Stoehr, B.A. '05, M.S. '07, is a licensed audiologist and registered hearing aid dispenser in New York State. She provides hearing services at Precision Eye Care, which offers full-service audiology services to Long Island residents.

Nicole Richichi, M.A. '06, M.S.W. '09, is now the chair of the Sexual Assault Awareness Month Committee at the Northport VA Medical Center.

Erin Callahan, B.F.A. '07, has worked for four seasons at East Lynne Theater Company (one of two equity houses in Cape May County) and has worked closely with an independent film company since 2009. She has been the lead in many feature films, Web series and pilots. She runs her own online store that is funding her theatrical pursuits. She recently filmed her second commercial for North End Wine and Liquor that was due to air in the Bronx. Ms. Callahan will be featured in *Glamour* magazine for a body awareness issue and is beginning a transition into modeling. She thanks "all the professors and alumni for their advice and support" and notes, "we truly come from an extraordinary college and theatre department."

Tammy Leisen, B.S. '07, was appointed senior vice president of Government Banking on Long Island for Capital One Bank.

Brett Garfinkel, B.F.A. '08, earned an M.F.A. in Dance Performance and Teaching, *summa cum laude*, from Purchase College in May 2012. He recently performed with the Paris Opera Ballet at Lincoln Center in *Giselle*. He has been appointed an assistant professor of dance at Northwestern State University in Natchitoches, Louisiana. He is very excited to start his teaching career and begin a new chapter in his life.

Brady O'Malley, B.B.A. '08, is a first-year associate with Smith, Sovick, Kendrick and Sugnet, a litigation firm in Syracuse, New York. He is a *magna cum laude* graduate of Syracuse University College of Law, and received the International Academy of Trial Lawyers Award, which is given to the best overall advocate in the College's graduating class. He also served as business editor of the *Syracuse Journal of International Law and Commerce*.



What do you think of Adelphi raising \$58.5 million?

"I'm thrilled. Adelphi deserves the recognition and support of all alumni. If any haven't been taking part in supporting and participating in the alumni activities, they're missing a lot. Adelphi is alive and well!"

-Diane J. (Badagliacca) Powell '02,
M.B.A. '89, A.N.P. '98



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Gayle D. Insler, Ph.D.

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Katie Siegmund, B.F.A., '08, is a member of two theatre companies, The Off 8th Collective and Rapidfire Bootleg Theater, both started by fellow Adelphi alumni. The Off 8th Collective was created by Ms. Siegmund and classmate **Jennifer Mulligan, B.F.A. '08**, with the goal of creating theatre that helps people. Off 8th, which creates work that is socially relevant, brought its marriage equality cabaret, "Good Morning Heartache," to Adelphi in October 2010. Off 8th has begun production on a new work written by **Colin Murphy, B.F.A. '09**, and **Lauren Brickman, B.F.A. '09**. The production team also includes **Ben Farha, B.F.A. '10**, and **Chris Bott, B.F.A. '09**. The collective has raised money to fight for marriage equality, against human trafficking and for St. Jude's Children's Research Hospital. Rapidfire Bootleg Theater is the brainchild of **Michael DiFrancisco, B.F.A. '09**. Since its creation last fall, it has had nine productions. Plays, cabarets and new works have been performed in backyards and living rooms. Audiences

have been growing, and every production has been an exciting night of theatre. The Rapidfire team includes Mr. DiFrancisco, Mr. Murphy, Mr. Farha, **Samuel Adams, B.F.A. '08**, and Ms. Siegmund. Check out the website: **RAPIDFIREBOOTLEG.COM**.

Cassandra Alvarez, B.A. '09, is currently working for the SS United States Conservancy, a national nonprofit dedicated to saving and restoring the historic ocean liner, SS United States. She helped launch **SAVETHEUNITEDSTATES.ORG** this past July. The interactive website has been the organization's largest fundraising campaign to date.

Joshua Blumenthal, M.A. '09, is the men's lacrosse head coach for Regis College in Weston, Massachusetts.

Karen Lange, M.S. '09, was recently honored by the Nassau-Suffolk Hospital Council at the Woodbury Country Club as a nominee for the 2012 Nurse of Excellence Award.

Alex Simmons, B.F.A. '09, has participated in a number of productions in New York's Off-Off Broadway scene, including *Prom Night of the Living Dead* with the Brooklyn Interactive Theater Experience, *Giggle Giggle Quack* with the Manhattan Children's Theatre, a new musical called *Sophia* at the Richmond Shepard Theatre, and an original play, *Age Out*, at Theater for the New City. He has also appeared as a gang member in an independent horror film, *Echo's From the Future: A Harrow House Tale*, produced by High 5 Productions. Mr. Simmons has done some work with CollegeHumor, appearing as a featured extra in two of the website's online sketches, "Occupy Wall Street vs. the iPhone Line" and "Google's No Privacy Policy." He scored his first professional out-of-town gig in Massachusetts, joining the Plymouth Players for their third summer season, performing Shakespeare's *Hamlet* and *The Taming of the Shrew* in repertory, as part of a company of seven male actors. The Plymouth Players perform at the Plymouth Plantation historical museum.

2010s

Melissa Boo, B.A. '10, is pursuing an M.S. in sustainability management at Columbia University, and working for the Nassau Land Trust to develop Crossroads Farm at Grossmann's in Malverne, New York.

Jessica Ricco, B.A. '10, M.A. '11, was crowned Miss Long Island 2013 on August 12, 2012.


Anna P. Smith, B.F.A. '10, is living in New York teaching music, modeling and acting on small theatre productions for the last two years. She was part of the ensemble in the New York Shakespeare Festival's *As You Like It* at the Delacorte Theater in Central Park. She also booked the lead in *Much Ado About Nothing* at the Carolinian Shakespeare Festival in North Carolina.

Kate Fallon, B.F.A. '11, recently toured through 17 states with the Hampstead Stage Company, a children's theater company whose main goal is to bring literature and theatre back into the lives of children. She has performed in several shows throughout Manhattan, including a production of *Romeo and Juliet* that was directed by **Nicole Schalm, B.F.A. '08**. Ms. Fallon has also recorded an audio book with **AUDIBLE.COM** that is currently for sale on **AMAZON.COM**. She says: "It has been a very busy year since graduation from Adelphi, but I can only hope that another busy year awaits me. Nick Petron, Brian Rose and Maggie Lally did their very utmost to make sure that I was prepared for the hard knocks of the 'real world,' and I want to honor their hard work with equal dedication."

Marlee Koenigsberg, B.F.A. '11, was a marketing and communications intern at the Lark Play Development Center in New York City last summer. She has been a directing apprentice at Powerhouse Apprentice Company at Vassar College. She has also served as the

assistant director of a multimedia opera at The Kitchen in New York City, called *Song from the Uproar*. She began work with director Kim Weild on an original piece investigating deaf culture, and what it means to communicate. She joined Gia Forakis & Company (GF&Co.), a theatre company in Greenpoint, Brooklyn, as the associate producing director for the 2012 salon season and worked as the stage manager for two GF&Co. salon showings, *Medea* and *Antigone*, in Spring 2012.


Sean Replogle, B.B.A. '11, is the newest member of Flynn Zito Capital Management, LLC, based in Garden City, New York.

Matthew Sagistano, B.S. '11, is the assistant lacrosse coach/offensive coordinator at Regis College in Weston, Massachusetts. 

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In Memoriam

Dorothy (Dick) Adams, B.A. '35
Ruth (Higbee) Vosburgh, B.A. '38
Dorothy (Freedman) Stone, B.A. '41
Dorothy (Rehn) Hedwig, B.A. '43
Rosalind J. Barber Wood, B.A. '44
Lucy Davies, B.S. '46
Irene (Psaki) Sweeney, B.A. '46
Arthur Forrester, B.A. '49
Helen Hutson (Weber) Kirchner, B.A. '49
Edwin Ellis Ruoff, B.A. '49
June (Dooling) Schubert, B.A. '49
Roderick Rasmussen, B.A. '50
Audrey (Pelkonen) Crawford, B.S. '52
Charles Davis, B.A. '52
Peter Strand, B.A. '52
Margaret Wittmann, B.A. '52
Jean (Spahr) Segatto, B.A. '53
Frances (Ripp) Dedrick '56
Eleanor (Krohn) Herrmann, B.S. '57
Ellen Pan, A.A. '57
Lynn (Malen) Klarreich, B.A. '59
Dolores Hegmann, M.A. '61
Bohdan Rakoczy, M.S. '61

Doris Gaines, M.S. '63
Ruth Zimmerman Magill, B.B.A. '63
John McCabe, M.S. '63
Virginia Terris, M.A. '65
Andrea Chutick, B.A. '70
John J. Phelan, Jr., B.B.A. '70, '87 (Hon.)
Lois Montalbano, M.A. '73
Orma (Rathburn) Donohue, B.A. '74
David Alexander, M.A. '75
Anne (Lebrizzi) Fauvell, M.A. '75
Andrew Jaret, B.B.A. '76
Marilyn (Suckow) Portman, M.A. '76
Rudolph Marini, B.A. '77
Joan Pazienski Davin, B.S. '78
William Purvin, B.A. '78
Leona King, B.S. '79, M.S.W. '80
Billie Lorenz, M.S.W. '80
Henry Thode, M.B.A. '80
Dorothea Barton, M.S.W. '82
Judy Ehrlich, B.S. '88, M.S. '94
Eleanor Richards, Ph.D. '88
Angela (Jeter) Thompson, M.A. '95
Ting Sun, B.S. '11 



What do you think of Adelphi raising \$58.5 million?

"I am not at all surprised. Adelphi is a great institution... I attribute much of my success to the education that I received as a student."

— Aldo Martino '01

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A Look Back

GOING GREEK



Delta Gammas singing
"I Must Go Down to the
Seas Again" at May
Day, 1966.



A member of Kappa Sigma
oversees the sophomore
vs. freshman tug of war at
Adelphi orientation, 1965.

AU What do you think of Adelphi
raising \$58.5 million?

*"Wow. That's amazing, absolutely
amazing. Adelphi was building
the new facilities as I was
leaving. I'm returning to start
graduate school."*

- Chanel Brown '08

Steve Silverman '69 pledged Pi Lambda Phi fraternity in his freshman year so that his collegiate experience would be more than driving to campus, going to class and driving home again. "I realized I wanted more out of college than just that," he says. "I wanted some socialization, and the fraternities offered that." What he found was not only a social life, but also the key to his future.



- 1 Omicron Pi members, 1967. Mike Lazarus '67 is in the back row, second from left.
- 2 In the 1960s, Adelphi sororities put on fall pageants, with each sorority performing a mini musical, according to Freddye Silverman '69. The Alpha Epsilon Phi performance was captured in the 1969 Oracle.
- 3 Zeta Beta Epsilon members captured in the 1980 Oracle. John Rebuth '80 is in the front row, third from the right.
- 4 Mike Lazarus '67 in the center, flanked by Douglas Greene '67 on the left and Dennis Greene '67 on the right, as Omicron Pi pledges.
- 5 Chi Sigma was known for its annual Shipwreck Ball, such as the one captured in the 1967 Oracle.
- 6 Greek members created elaborate homecoming floats, like this one from 1966.
- 7 Alan Markowitz '74, far right, with other fraternity members on graduation day, 1974. Also pictured (from left) are: Tau Kappa Epsilon members Jim Rigano '74, Dave Abbott '74 and Roger Perry '74 and Pi Lambda Phi member Neal Rosenberg '74.
- 8 Steve Silverman '69 escorts the Pi Lambda Phi sweetheart and his future wife, Freddye Kaufman, to the field at Homecoming 1968.

Joining a fraternity was a pivotal moment in my life," Mr. Silverman says. He explains: "I met Freddye [Kaufman] because of fraternity and sorority life... We got married [and] came down to Maryland to go to law school as opposed to staying in New York where I was born and raised. [We] made a life down here, started a family. Both of us have had successful careers...I am extremely grateful to not only the fraternity, but to my time at Adelphi for that opportunity."

Freddye (Kaufman) Silverman '71 was in Alpha Epsilon Phi when she and Steve started dating. They had first met at freshman orientation. He was a junior class counselor and involved in running orientation. By the following February, they were going steady.

Freddye Silverman lived on campus, and she, too, quickly realized that, "The Greeks, at the time that I was there, quite frankly, ran the campus." She explains: "They were the workers. They were the ones that were totally involved in campus life, and that's what I wanted." She wound up as president of her sorority in her junior and senior years and co-president of her class in her senior year.

Adelphi Greek life, like Greek life elsewhere, has long had certain rites and rituals. The Silvermans fondly remember making floats for the annual homecoming parade and the tradition of homecoming sweethearts—sorority girls chosen by each fraternity—being escorted onto the football field during halftime. Freddye, the 1969 Pi Lambda Phi sweetheart, was escorted by Steve. The sororities put on skits—mini musicals, according to Freddye Silverman—as part of an annual competition. The fraternities and sororities had fundraisers for various organizations.

The drinking age was 18, and the Greeks hosted beer blasts, balls and other parties.

Freddye Silverman even has good memories of pledging—the rites required before one is initiated into a sorority or fraternity. She and her fellow pledges wore small Robin Hood hats for their entire pledge period, and the pledges wrote and performed skits for the sorority sisters. The bonding rituals gave her a sense of belonging.

Fraternity pledging tended to be more intense and, for some, pure hazing. Mike Lazarus '68, a member of Omicron Pi, who later became an Adelphi trustee describes some of his pledging experiences: "They would make you shave off all your hair and wear a top hat and carry a brick around with you all the time...And you had to do that for about four weeks. It's sort of like basic training—everybody suffers equally, so you become a unit. You become fast friends."

Unlike Greeks at other universities, Adelphi Greeks lacked official houses. Rumors are that some of the fraternities had beach houses, but none was sanctioned by the school. Rather, Adelphi Greeks had the snack bar and later the Ruth S. Harley University Center cafeteria, where they

congregated for meals and between classes. Many say the experience of being together with so many other fraternity and sorority members in a relatively tight space shaped Greek life on campus.

Before the University Center opened in 1970, the snack bar—a long room in the basement of Chapman Hall outfitted with picnic tables and, in the back, a snack bar—was the *de facto* Greek hangout. Each fraternity and sorority had a table where the members met. Rush (the Greek version of recruitment) took place there as did some of the pledging. "All we and the other fraternities and sororities had as a gathering place was our own table in the snack bar," says Doug Buchan '65, who was in Chi Sigma. Freddye Silverman recalls: "There was so much kibitzing going on, it just really lent itself to a closeness that I don't think you find probably today." Mr. Lazarus echoes her, calling the snack bar the "focal point" of Greek life.

By 1970, the snack bar had shut down, and the dining hall in the University Center took its place. "The fraternities and sororities staked a claim to a table or two," says Alan Markowitz '74, who was in Pi Lambda Phi. Even today, he can rattle off the location of each Greek table. "There were no cell phones. There was no Internet...You knew that between class, if you weren't doing anything, you'd hang out in the University Center at your prescribed table."

John Rebuth '80, a member of Zeta Beta Epsilon (formerly Zeta Beta Tau), says that by the late 1970s, the Greeks were still a big part of campus life—organizing beer blasts, charity events and other activities—but Greek life was less of a focal point and more informal. His fraternity made a point of being open and inclusive, organizing events, such as a basketball marathon for juvenile diabetes and beer blasts, which were available to the whole campus.

Cynthia (Favata) Rufe '70 is now a federal judge in Pennsylvania, and she says her two years in Delta Delta Delta opened doors for her. By the time she pledged, she was already co-president of the junior class. She was drawn to the sorority because her roommate and close friend, Susan (Charles) Nelson '70, was in it, and the then Dean of Women Ruth S. Harley '24, '50 (Hon.)—a mentor to Ms. Rufe—was a Tri Delta. The sorority's activities, particularly the service activities, also impressed Ms. Rufe.

Ms. Rufe calls her experience in the Greek system the perfect complement to her Adelphi liberal arts education. "It wouldn't be a great system if you needed it, if you couldn't do anything without it," Ms. Rufe says. "That's not how our society is made up, and it would be unrealistic to think that that is a microcosm of society...The fraternity and sorority organizations offered enrichment in developing bonds, and providing service, that really couldn't be duplicated easily."

They are still doing that at Adelphi today. Last year, Adelphi Greek membership surged by 120 to a 20-year high of 532 members—nearly 11 percent of undergraduates. This past summer at the Pi Lambda Phi convention, the Adelphi chapter, which was revived in 2009, racked up a bevy of awards, including Outstanding National Chapter of the Year and Best Community Services Award for more than 750 hours of community service. From the festivities of Greek Week, the Greek Olympics and the Greek Gala to myriad chapter-run community service programs, Adelphi Greeks continue to flavor campus life.

And, as Steve Silverman points out, today's Greek members can expect a lifetime of benefits. "Our fraternity had a credo that it's not four years, it's a lifetime," he says. It was drummed into us that the friendships that we're making are not just for four years, but these are bonds that should remain true for a lifetime. Again, it sounds corny, but it stayed that way. There are guys that I haven't seen in 35 years, that I will walk up to and will get goose bumps because we feel that way about each other." 📷

By Bonnie Eissner

Janine Perez '14 contributed to this article.

Do you have a memory of Adelphi Greek life to share? Let us know at PUBLICAFFAIRS@ADELPHI.EDU.



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