WELCOME!
The Adelphi Experience Begins at Orientation.

Adelphi’s three-day First-Year Student Orientation program is a wonderful introduction to life at Adelphi. Resident and commuter students stay in a residence hall, familiarize themselves with the campus, register for classes and participate in activities that will help them discover all of the opportunities, services and support that Adelphi has to offer.

Visit getting-started.adelphi.edu/orientation for more information on First-Year Student Orientation.

For more information, please contact:
The First Year Experience Committee
Sarah Eltabib, co-chair
516.877.3448
email: seltabib@adelphi.edu

Jennifer Walsh, co-chair
516.877.3488
email: jwalsh@adelphi.edu

Office of Academic Services and Retention
Nexoa Building
516.877.3150
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Our series of first-year programs and activities will help you find your way around campus, the academic and student life, while building new, lasting friendships along the way.

F.I.R.S.T. PROGRAM
The transition from high school senior to college freshman can be challenging. For this reason, Adelphi has created the Freshman Initiative to Realize a Successful Transition (F.I.R.S.T.). The Freshman Initiative to Realize a Successful Transition (F.I.R.S.T.) provides peer-to-peer programs, academic support, campus tours and informational sessions, designed for the families of Adelphi students, including the Meet Your Student event on Matriculation Day. In addition, parents receive the Parent Handbook to help them stay informed about Adelphi. Parents can also email parents@adelphi.edu to ask questions or address concerns.

SUCCESS
Adelphi recognizes those students who make a successful transition to college and who make the most of their first year at Adelphi. We are pleased to announce the following winners from our Class of 2020:

Outstanding First-Year Student Award
This award acknowledges a first-year student who exhibits academic excellence, community/campus involvement and strength in leadership. The 2016–2017 Outstanding First-Year Student is Arielle Applebaum, a biology major from North Bellmore, New York.

Outstanding First-Year Student with Autism spectrum disorder
The program provides students with autism spectrum disorder the support necessary to realize their academic dreams and help them fit in. The 2016–2017 Outstanding First-Year Student with Autism spectrum disorder is Stacy Brief, a social work major and child and family studies minor from Freeport, New York.

First-Year Reading Award
This contest encourages first-year students to reflect on the first-year AU Community Reads Award book. The 2016–2017 First-Year Reading winner is Aliyah Thief, a student in the General Studies Community Learning Community from Freeport, New York.

First-Year Athletics Award
In addition to these awards, Adelphi offers free, private and confidential services to help students assess their academic, personal and career goals. Visit student-access.adelphi.edu for more information.

F.I.R.S.T. ORIENTATION LEADERS
F.I.R.S.T. Orientation Leaders are upperclassmen who each year train and mentor our Freshman Orientation Leaders. F.I.R.S.T. Orientation Leaders support students who are-coming to college for the first time. They can answer questions about Adelphi and help students feel comfortable as they make moves into your first year at Adelphi. Students can make an appointment with their peer leader by contacting their Student Orientation Leader. Visit getting-started.adelphi.edu to learn more about F.I.R.S.T. Orientation leaders.

MENTORING AND NETWORKING
Adelphi offers a number of opportunities for students to gain new, important campus contacts and services, such as the Adelphi University Mentoring Program and the Adelphi Mentor Network. Both of these programs are designed for the families of Adelphi students, including the Meet Your Student event on Matriculation Day. In addition, parents receive the Parent Handbook to help them stay informed about Adelphi. Parents can also email parents@adelphi.edu to ask questions or address concerns.

Office of Academic Services and Retention
The Office of Academic Services and Retention’s goal is to help all students fulfill their highest potential with the guidance of the Adelphi Community. The Center for Psychological Services, Gordon F. Derner Institute of Advanced Psychological Studies, provides screening, testing for psychological problems and learning disabilities through the Center for Psychological Services, Gordon F. Derner Institute of Advanced Psychological Studies. The center offers free, private and confidential services for psychological problems and learning disabilities through the Center for Psychological Services, Gordon F. Derner Institute of Advanced Psychological Studies. The program provides students with autism spectrum disorder the support necessary to realize their academic dreams and help them fit in. The 2016–2017 Outstanding First-Year Student with Autism spectrum disorder is Stacy Brief, a social work major and child and family studies minor from Freeport, New York.

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This First-Year Reading Experience is a 3- or 4-credit course that introduces freshmen to academic, social, cultural and athletic events on campus. We offer a number of programs designed for the families of Adelphi students, including the Meet Matriculation Day. In addition, parents receive the In the Beginning, an annual publication for incoming students and parents, which is part of the Parents Association Matriculation Kit. In addition, parents receive the Parents Handbook, a guide particular to parents.

Our series of first-year programs and activities will help you find your way around campus, the academic community and student life, while encouraging personal, academic, social and cultural growth. Visit getting-started.adelphi.edu for more information.

F.I.R.S.T. PROGRAM

The transition from high school to college freshman level is a major step. The First-Year Engagement Initiative is designed to facilitate a successful transition for all freshmen. The program is based on the idea that the first year is a time of learning about the ways of their halls student life. Each first-year student knows that they belong to a community that cares about them and their success.

Commuter Assistant Program

The Commuter Assistant Program assigns an upperclassman to each first-year commuter student to assist in the transition to college. Commuter assistants serve as liaisons between the commuter students and the University by promoting opportunities that enhance their academic and social experience.

Visit getting-started.adelphi.edu/student-affairs for more information.

Support Services

Academic

First-year students will find encouragement and guidance in their transition to college. Academic support services are available from the following services:

Office of Academic Advising and Retention

The office helps students assess their academic, personal and career goals. Visit academic-services.adelphi.edu/academic-advising for more information.

Office of Pre-Professional Advising and Fellowships

The office supports current students and recent graduates who are seeking admission to professional schools beyond Adelphi. Visit academic-services.adelphi.edu/pre-prof-advising for more information.

Writing

The Writing Center helps students improve their ability to use the written word in their academic and personal lives. Visit writing.adelphi.edu or call 516.877.3200.

Counseling and Personal Support

Adelphi offers free, private and confidential services to help students address the psychological needs of students. Visit counseling.adelphi.edu or contact 516.877.3646.

The Center for Psychological Services at the May Institute provides a variety of services to help students with psychological or emotional difficulties. The center provides short-term and long-term psychotherapy, and testing for academic, career and personal concerns.

The Department of Special Education offers a full range of services for students with learning disabilities, emotional disturbance, specific learning disorders and other nonverbal disabilities.

Visit libraries.adelphi.edu or contact 516.877.3603.

Many first-year students are assigned the same reading. This reading varies each year and can range from fiction and poetry to scientific and autobiographical texts. This reading introduces students to the rich diversity of human experiences and makes them feel part of the Adelphi community reads program and gives students an integrated learning experience where they have the chance to connect with their peers in a unique way.

Visit getting-started.adelphi.edu/first to learn more about Adelphi’s First-Year Learning Communities.

Our series of first-year programs and activities will help you find your way around campus, the academic community and student life, while encouraging personal, academic, social and cultural growth.

First-Year Orientation Experience (FOXE)

First-year students can navigate important campus services and facilities, such as the Welcome Desk, Academic Services, Student Affairs, the Center for Career Center for Career and Professional Development, the Office of Academic Affairs, the School of Nursing, the School of Social Work, the School of Business, the School of Music, the School of Communication and the Division of Student Affairs.

First-Year Seminar

This course introduces freshmen to academic life at Adelphi. Taught by professors in their specific area of expertise, the seminar is a rich opportunity to write, read, reflect and think, thoughtful writing experience and discussion.

Adelphi offers free, private and confidential services to help students address their psychological needs. Visit counseling.adelphi.edu or contact 516.877.3646.

The program provides students with autism spectrum disorder with educational and academic support through individual counseling sessions and academic accommodations.

The Adelphi University Mentoring Program was created to provide students of color, LGBTQ+ students, veteran students and students with disabilities with the opportunity to connect with upperclassmen and peer leaders, which will raise the retention rates of students of color, LGBTQ+ students, veteran students and students with disabilities. Visit mentors.adelphi.edu/mentoring/mentoring-and-networking for more information.

At Adelphi University, parents play an integral role in the first-year transition and student success. Parents are welcome to join any of the programs designed for the families of Adelphi students, including the Meet Matriculation Day. In addition, parents receive the Parents Handbook, a guide particular to parents.

Every parent of an enrolled undergraduate is a member of the Parents Association. Parents are welcome to join the Parents Association. Parents are encouraged to attend and support the academic, cultural and athletic events on campus. For campus updates, we encourage you to stay current by visiting news.adelphi.edu or call 516.877.3603.

Success

Adelphi recognizes those students who make a successful transition to Adelphi University. For information about the award winners, please visit parents.adelphi.edu or call 516.877.3603.

First-Year Reading Award

This contest encourages first-year students to reflect on the first-year learning experience and to write about their personal, academic and social experiences. The first-year reader will be encouraged to think and write about the personal, academic and social experiences that have occurred during their first year at Adelphi University.

First-Year Reading Experience (F.Y.R.E.)

Visit getting-started.adelphi.edu/f-y-re for more information.

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Our series of first-year programs and activities will help you find your way around campus, the academic community and student life, while making moving into your first year at Adelphi seamless and satisfying. F.I.R.S.T. provides peer-to-peer programs, academic support and special services for students and parents, ensuring a successful start and personal growth.

Visit getting-started.adelphi.edu for more information.

First-Year Orientation Experience (FOrE)

The Adelphi University Mentoring Program was created to help students make positive transitions to college life and achieve their personal and career goals. Visit academic-services.adelphi.edu/mentoring/mentoring-and-networking or call 516.877.3182 to learn more about or contact 516.877.3806.

First-Year Seminar

First-year students are assigned the same Reading. The selection varies each year and can range from fiction and poetry to political science and autobiography. This reading helps students make connections with their peers and develop study habits.

Visit getting-started.adelphi.edu/first-year-seminar to learn more about your First-Year Seminar.

First-Year AU Community Reads Award

The 2016–2017 First-Year AU Community Reads Award was designed for the families of Adelphi students, including the Meet and Greet Informational Sessions held on the first day of First-Year Admissions. In addition, parents receive the Parent Programs brochure and a guide particular to parents.

Parents can also contact the Student Counseling Center, the Office of Student Access Office, or contact parents@adelphi.edu to ask questions or address concerns.

Success

Adelphi recognizes those students who make a successful transition to college life. For those students, the University invites them to announce the following winners from our Class of 2020:

Outstanding First-Year Student Award

This award acknowledges a first-year student who exhibits an active lifestyle, who is an active participant on campus, who is a leader in leadership. The 2016–2017 Outstanding First-Year Student is Stacy Brief, a social work major and child and family studies minor from North Bellmore, New York. Visit parents-family.adelphi.edu news.adelphi.edu for more information.

Parent Programs

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