WELCOME, NEW PANTHER!
We’re so excited to have you start at AU!

We’re glad you’re joining us, because Adelphi students:
• Volunteer for worthy causes.
• Embrace leadership roles. Check out page 4 for the leaders who will help you.
• Cheer on our 23 NCAA Division II teams.
• Participate in campus clubs.
• Organize exciting events such as the spring concert.
• Engage in valuable internships.
• Benefit from so many more options.

The college experience is about to begin for you—both inside and outside the classroom. Academics are a top priority. Adelphi’s average undergraduate student-to-faculty ratio of 10:1 will help you succeed.

We also know your college years will provide opportunities to develop current or new interests, expand your understanding of the world, learn about social issues and, of course, have fun.

Get ready to:
• Meet new friends.
• Discover a different culture.
• Find a passion.
• Embrace new ideas.

Have any questions? As you read through the following pages, you will get some answers. Find out what you need to know before you get to campus.

So grab that school spirit. Put on your Adelphi sweatshirt, because we are thrilled to welcome you as our newest member.

Let’s go, Panthers!

FOR ALL NEW STUDENTS: Whether you’re beginning in the fall or spring as a freshman, as a transfer, from around the corner or across the globe, this handbook contains information that will help you. Only the Orientation information varies according to when you’re getting started at AU.

ALL TRANSFER STUDENTS AND FRESHMEN ENTERING SPRING 2017: Check out information for Orientation or Transfer Transition on the enclosed sheet.
FRESHMAN ORIENTATION
FOR FALL SEMESTER — IT’S A MUST!

Discover Adelphi campus life to help make your transition to the University a smooth one. Freshman Orientation is the opportunity to make new friends, learn about the many services offered and register for your classes. Whether beginning as a commuter or a resident, what you’ll learn at Orientation will help you feel confident, focused and comfortable as you’re getting started at Adelphi. For detailed information about Freshman Orientation, visit getting-started.adelphi.edu.

Register for Freshman Orientation in just four easy steps.

Step 1: Visit getting-started.adelphi.edu, an important site for all students, open Freshman Students link.

Step 2: Follow the instructions to set up your Adelphi student ID and password.

Step 3: Click Orientation and select the session you will attend and register online.

- Session I
  July 6–8, 2016 (Wednesday–Friday)
  or
- Session II
  July 12–14, 2016 (Tuesday–Thursday)

Step 4: Check your new Adelphi email account for your reservation confirmation. (All University communications are sent only to this account, so this is a good time to start using your Adelphi email.) You’re just getting started at Adelphi University. Fall semester classes begin on Monday, August 29, 2016.

Fall Freshman Orientation check list
- Remind parents to register at getting-started.adelphi.edu/parents for the Meet and Greet session on your first day of Freshman Orientation as well as for the Parent Orientation on August 28, 2016.
- Submit your Health History and Assessment/Immunization Requirements Forms.*
- Waive insurance if you already have adequate coverage from another source (parents, employment, etc.).
- Complete the online Language Placement Exam prior to Orientation—the earlier the better. Visit getting-started.adelphi.edu/language for instructions and requirements. For questions, visit academics.adelphi.edu/language-faqs.

*Adelphi needs proof of required immunizations. If you do not comply with the New York State mandated immunization standards, you will not be allowed to attend class and may be withdrawn from the University. For a list of the standards, see pages 10-11 or visit health.adelphi.edu.

Save the date! The Matriculation Ceremony is Sunday, August 28, 2016. Prior to the ceremony there will be a presentation related to the summer read (information will be provided in July). This is mandatory for all freshmen to attend as it is related to your Freshman Orientation Experience [FOIrE] course. Your parents are also encouraged to attend the Matriculation Ceremony and Parent Orientation on this day. See getting-started.adelphi.edu/matriculation for details and registration.

Who attends Orientation?
All freshmen who are entering Adelphi in the fall semester will stay on campus and attend a three-day Orientation during the summer. International students also attend an Orientation a few days prior to the beginning of their first semester. Visit getting-started.adelphi.edu and open the International Student Link.

Where is Orientation held?
All Orientation events are held on our Garden City campus. Upon arrival, once you check in, the Adelphi Orientation team will guide you from there. You’ll find a community dedicated to answering your questions and helping you every step of the way.

I’m a commuter. What about me?
All students — residents and commuters alike — reside on campus for the entire three-day Orientation program. This provides a perfect opportunity for students to bond with fellow classmates, begin to experience campus life and explore the Adelphi campus and its resources even before classes begin. Many activities start early and end late, so staying overnight in the residence hall is a must.

What if I have questions?
Visit getting-started.adelphi.edu for updates on schedules, directions to campus and other helpful information. For additional questions, email orientation@adelphi.edu. Join the Accepted Student Facebook group, a place for you to meet fellow students, ask questions of representatives of the Office of University
Admissions, learn more about Adelphi and develop a sense of community with your future classmates.

What do you do at Orientation?
During Orientation, there’s a lot of fun and you get essential information. Of course, the top priority is academics. Freshman registration is a key component of Orientation. You’ll have an opportunity to meet with an academic adviser, pick your classes and register for the fall semester. Not declaring a major? No problem. You don’t have to declare a major until your sophomore year or after the completion of 60 credits of course work.

Over the three days, activities are held throughout each day and evening, including, but not limited to:

- Finding out about campus life, clubs and organizations
- Discovering how to get a job on campus
- Attending Orientation sessions about topics such as diversity, campus involvement, academic success and residential life/commuter life

Plus, there’s evening entertainment, social activities, Battle of the Groups and more.

What about food?
All of your meals will be provided during Orientation. If you have any special dietary needs, please describe them when you reserve your Orientation session.

The Honors College, Levermore Global Scholars, General Studies Program, students in Pre Professional Programs, and students in the Science Technology Entry Program (CSTEP). Students enrolled in any of these programs attend an Orientation session just prior to Freshman Orientation. Check-in begins at 10:00 a.m.

Freshman international students (fall semester)
Freshman international students have an option to attend one of the July Orientation programs. All new international students are required to attend an International Orientation Session prior to the beginning of their first semester. For additional details, visit getting-started.adelphi.edu/international.

Freshmen in the Learning Resource Program
You will receive special registration material directly from the Learning Resource Program. For questions, call the Learning Resource Program at 516.877.4710 or email lrp@adelphi.edu.

Freshmen in the Bridges to Adelphi program
You will receive special registration material directly from the Bridges to Adelphi program. For questions, call the Bridges to Adelphi office at 516.877.3646 or email bridges@adelphi.edu.

FOR ALL NEW STUDENTS: Whether you’re beginning in the fall or spring as a freshman, as a transfer, from around the corner or across the globe, this handbook contains information that will help you. Only the Orientation information varies according to when you’re getting started at AU.

What to bring for Freshman Orientation:

- Bedsheets and blanket (all beds are XL twin)
- Pillow
- Shower shoes
- Towels
- Sleepwear
- Comfortable clothing (indoor/outdoor activities)
- Sweater and/or sweatshirt
- Sneakers
- Picture identification (permit, driver’s license, etc.)
- Rain gear (You never know.)
- Hair dryer (Optional—but you’ll know.)
- Personal toiletries
- Prescribed medicine, if necessary

Most activities are casual, so bring comfortable clothes. An Adelphi T-shirt is provided, but you may need some athletic shorts/pants for the Battle of the Groups.

Victoria Khaimova ’17, Orientation Leader

“Orientation is not only about finding yourself during your first three days of college. For me, orientation is about stepping outside of your comfort zone to help shape your time at Adelphi.”
When do I begin?
The fall semester starts Monday, August 29, 2016. Spring 2017 begins January 23, 2017. You registered for courses during Orientation, Transfer Transition or with the Office of Academic Services and Retention. Log on to eCampus, click Services and select the C.L.A.S.S. button to find out when your first class begins.

When do I move in?
New resident students move in on Saturday, August 27 between 10:00 a.m. and 3:00 p.m. For the Spring 2017 semester, all students, including freshmen, move in on Sunday, January 22. The Office of Residential Life and Housing will contact you with your housing assignment.

Additional details for resident students are included on pages 8–9.

**MEET SOME OF YOUR PEERS WHO WILL HELP YOU GET STARTED AT AU:**
- Orientation leaders (Freshman Orientation only)
- Freshman Community Action Program leaders (community service projects prior to fall classes)
- Commuter assistants
- Resident assistants
- Peer assistant leaders
- Student Government Association senators
- Class officers
- Peer health educators
- Tutors (Learning and Writing Centers)
- Bridges to Adelphi mentors
- International Orientation leaders
- International mentors

**COURSE REGISTRATION**

**Freshmen Courses**

**Fall Classes**
Classes begin on Monday, August 29, 2016, and you will register for your courses during your Orientation session. If, for an important reason, you are unable to attend the summer Orientation, in mid-July you will register with the Office of Academic Services and Retention. Contact the office at oasr@adelphi.edu or 516.877.3150.

**International Students**
International students are contacted through email by the Office of Academic Services and Retention for academic advisement and course registration. For questions, students should contact the office at oasr@adelphi.edu or 516.877.3150 or their academic unit.

**WHAT ABOUT OTHER CREDITS?**

**AP/IB and college courses in high school**
Be sure to have your AP/IB scores sent to the Office of University Admissions. If you are curious about whether you’ve earned the minimum score to receive credit at Adelphi, you can view our AP and IB equivalency charts at academics.adelphi.edu/your-first-year/advanced-placement.php. If you took college-level courses as a high school student and you want to earn credit, please have an official transcript sent to the Office of University Admissions. It's a good idea to take care of this prior to course registration, because you do not want to duplicate course work that has already been taken.

**Ensure your academic success!**

Students are encouraged to track their academic progress and degree requirements using Degree Audit. Go to eCampus and open the Services tab to the Degree Audit icon.
PRE-PROFESSIONAL AND JOINT DEGREE COLLEGE PROGRAMS

The Office of Pre-Professional Advising and Fellowships supports current students and recent graduates alike who are seeking to apply to professional schools beyond Adelphi in areas of medicine, dentistry, optometry, physical therapy, veterinary and other health professions, as well as engineering, environmental studies and law. The office educates students about nationally competitive scholarships and assists with the application process to prepare students interested in educational goals which are connected to, yet extend beyond, Adelphi University. For information, visit prepare.adelphi.edu.

WAYS TO GET INVOLVED

Make the most of your college experience through campus involvement. It’s a great way to become an active member of the Adelphi community and meet new friends.

How do I get involved in campus life?
There are so many ways. Here’s a brief go-to guide:
• Go to eCampus and check out MyAULife, Services tab.
• Get info on 80 organizations, including 17 Greek organizations, 20-plus honor societies, or start a new club if you have a different interest.
• Get ideas from your orientation leader, peer assistant leader, resident assistant or commuter assistant
• Volunteer for the University’s many community service projects
• Before the fall semester begins, volunteer with FCAP

What is FCAP?
FCAP stands for Freshman Community Action Program, a volunteer program that is held a few days prior to the first day of classes in the fall. All freshmen are eligible to apply, and students are selected based on the application and essay. Communication will be sent to your Adelphi Gmail account. Space is limited so watch for details about this program and apply early. Visit students.adelphi.edu/catalog/fcap for more information.

“Getting involved has been one of the best decisions I’ve ever made. Adelphi has given me so much through my involvement that I honestly can’t see myself without it and, honestly, don’t think that I could ever give Adelphi what it’s given me.”

Tristan Baharally ‘17, Senior Admissions Ambassador, SAB eBoard
If I can’t participate in FCAP, are there other community service opportunities?
Absolutely! Adelphi prides itself on being the engaged university, and there are numerous volunteer opportunities, including walks, Relay For Life, blood drives, AUcares Days of Service, Adelphi Gives Back Month and more. In fact, most clubs and organizations, and all Greek life organizations, have a philanthropic mission at their core. There are also volunteer opportunities during intersession and spring break. Visit csi.adelphi.edu and open the link to Volunteer and Community Service Programs.

Student Employment
The Center for Career Development offers many opportunities for working on campus (or off) and getting involved!

• Welcome Back Block Party (each fall): for on-campus and off-campus employment.
• Handshake, a job search site: Find out about internships, on-campus and off-campus employment, career events and services, seminars and more. Sign in to eCampus, click the Services tab and scroll down to the Job and Internship Search icon. Just follow the prompts for details about employment opportunities.
• America Reads/America Counts: Become a math or literacy tutor to children in nearby schools (must have Federal Work-Study based on financial aid package)
• Panthers With a Purpose: valuable experience working at a nonprofit organization (Federal Work-Study required)
• Hire a Panther: on-campus jobs with experiential learning opportunities
• Annual Job and Internship Expo (each spring): Meet with potential employers about jobs or internships.
• Résumé building, mock interviews, leadership development, career workshops and more Visit career-center.adelphi.edu for more details!

Note: International students cannot work off campus, nor are they eligible for the Federal Work-Study Program.

If you like sports, check out what Adelphi offers:
• Cheer on 23 NCAA Division II athletic teams!
• Try out for Adelphi Spirit teams—Cheerleading, Dance and Hip Hop.
• Join one of our 12 sports clubs (or start your own).
• On-campus intramural teams such as basketball, flag football, volleyball and soccer
• Use the state-of-the-art fitness center in Woodruff Hall. (It’s free with an Adelphi ID.)
• Take a dip in the indoor pool, enroll in Learn to Swim classes or apply to become a lifeguard
• Join a fitness class to learn yoga, Zumba, spin and Pilates—all are free with an Adelphi ID!
• Borrow sporting equipment at one of the checkout stations.

Tatesh Sookdeo ’18, 
Freshman Community Action Program (FCAP) Participant and Leader

“FCAP is more than community service. It’s a program that builds future student leaders on campus who will one day be the backbone of student involvement. The energy, spirit and the undying friendship of FCAP participants continues throughout their college life with the desire to serve passionately and selflessly.”

Brian Cruz ’16, 
Club and Intramural Sports, Ultimate Frisbee and Volleyball

“Joining the Ultimate Frisbee Club team was one of my best decisions at Adelphi. The club offered me a family on campus and gave me the opportunity to stay active and be involved. I was welcome as a freshman and now I’m a senior and second-year captain. Intramurals are a great way to meet new people.”
RESIDENT AND COMMUTER STUDENTS
LIVING ON CAMPUS
IN A RESIDENCE HALL

There are seven distinctive residence halls at Adelphi: Chapman Hall, Earle Hall, Eddy Hall, Linen Hall, New Hall A, New Hall B and Waldo Hall. Each has a common area with a television; a kitchen area with an oven range, microwave and sink; vending machines; and free laundry facilities. Each room has beds, dressers, desks and chairs; is wired for cable television, Google voice and computer network access; and provides each resident student with a mailbox.

Throughout the academic year, Residential Life sponsors seminars, workshops and events led by faculty, staff and non-Adelphi educators. For the safety of residents, all residence halls are locked at all times and students must have their Adelphi ID card to enter their residence hall. In addition, hall attendants sit at the front desk from the evening through the early morning. Any person entering the building must have an ID. Every hall has at least one resident assistant per floor. While classes are in session, every night between 6:00 p.m. and 8:00 a.m., all residence halls will have an RA on duty. Each semester, on Saturdays and Sundays, there is an RA on call in each building during the day and night, except for assigned meal breaks.

Special housing needs
The Office of Residential Life and Housing is committed to meeting the needs of students who require specialized equipment or facilities. If you have an accommodation need, contact the Office of Disability Support Services at 516.877.3145 or email dss@adelphi.edu and complete and return the Residence Hall Agreement.

Special residential communities
Students may request a specific housing assignment, based on their choices on the Residence Hall Agreement. Assignments are based on room availability and questions specific to these communities, which include Honors College suites, the Green Community and Gender-Inclusive Housing. Visit housing.adelphi.edu/about/faq for more information regarding residential life as a whole.

RESIDENT STUDENT
HOUSING INFORMATION

Office of Residential Life and Housing
housing.adelphi.edu
516.877.3650

How to get housing
If you want to apply for on-campus housing, you need to pay the $300 housing deposit, the $250 tuition deposit and complete and return the University Residence Hall Agreement. To pay your housing and tuition deposit online, visit getting-started.adelphi.edu/deposit and follow the instructions.

Keep in mind...
• The sooner you file your Residence Hall Agreement, the more likely you are to receive a room assignment.
• Immunizations must be up-to-date and documented with Health Services, and students must be registered for classes prior to moving into the residence hall.
• Air-conditioned rooms have an additional cost and air conditioning is only available during the hotter months.

Housing Agreement deadline: The priority deadline is May 1. Students who submit the forms by this date will receive room preference. Applications can continue to be submitted through the beginning of the semester; however, room assignments are based on availability.

New student online room selection process: After submitting your application, students submitting by May 1 will be given an opportunity to select a room assignment and roommate online. Room selections are final until after the first two weeks of the semester. This selection process is optional. If you do not participate, our housing professionals will assign you a room.

Your roommate: You will receive a housing assignment letter that will contain your room and roommate information by the month of July. It is a good idea to communicate with your roommate about what each of you will bring. The most up-to-date information is available by clicking the Self-Service Housing icon within eCampus.

Get ready to move in
New students move into residence halls on Saturday, August 27, 2016, from 10:00 a.m. to 3:00 p.m. (Spring semester move-in date is Sunday, January 22, 2017.)

Packing tips
1. If you are ordering items to be delivered to your residence hall, please make sure the address is listed as follows:
ADELPHI UNIVERSITY
YOUR NAME
YOUR RESIDENCE HALL AND YOUR ROOM NUMBER
ONE SOUTH AVENUE, PO BOX 701
GARDEN CITY, NY 11530-0701

Janisa Caban
Resident Assistant

“My experience as a Resident Assistant has been one of the most eye-opening, humbling, and worthwhile positions so far at Adelphi. Taking on this position has not only taught me incredible time-management skills, but it has allowed me to gain more confidence, to find and develop my own leadership style, and to do what I am passionate about - involvement in a helping field.”
Packages will be delivered to the Mail Room in Earle Hall and you will be notified via your Adelphi email account.

2. Make a list of things to bring. For some packing suggestions, check out the following list. Be sure to revise and add to it as you pack. Save a copy of your list to help you pack for your future years.

3. Don’t stress if you get to Adelphi and realize you’ve left something at home. If you’re coming from far away, think about waiting to buy some things until you get here. The campus is near several large malls and shopping plazas, and the bookstore in the UC also sells items for your room.

4. Linens may also be ordered online through the Residence Hall Linens Program. This program supplies parents and students with a convenient solution for every college bedding need. For details, visit students.adelphi.edu/bedding.

5. Pack your things in containers that you can use around your room. A trunk makes a great coffee table or place to put your television. Colorful plastic crates can hold your books and clothes.

6. Consider packing your linens in duffel or even trash bags, which are easy to store in your room.

7. Talk to your roommate(s) before you get here. Not only is this a great way to get in touch with another student before the semester starts, but it’s a good way to avoid crowding your room with duplicate items.

8. Since there is no on-campus storage space, you might want to consider packing for one season at a time. If you don’t live that far from campus, you can pick up and drop off things throughout the year. If you live far away, you can ship home your winter items and have your spring/summer items shipped to you.

What to bring

- Computer
- Mini refrigerator
- Power strip (for extra outlets)
- Twin bed sheets, pillows, and comforter*
- Mattress encasement*
- Masking tape
- Shower flipflops
- Flashlight
- Umbrella
- Decorations (nonflammable)
- Plants
- Reading lamp
- Lightbulbs
- Fan
- Wastebasket
- Iron and ironing board
- Calendar or planner
- Toiletries
- Laundry basket
- Laundry detergent (high efficiency)
- Lysol or similar product

* All beds are XL twin.

What not to bring

- Weapons (or facsimiles thereof), firearms, fireworks and explosives
- Alcohol (including containers), narcotics and other illegal drugs, and drug paraphernalia
- Cooking appliances or other high wattage equipment, such as halogen lamps, hot plates, electric coffee pots, immersion heaters, popcorn poppers, electrical/space heaters, electric frying pans, electric woks, microwave ovens, stoves, toaster ovens, air conditioners, refrigerators over 4 cubic feet, or any other appliance over 1,000 watts, with the exception of hair dryers
- Gasoline machinery, such as motorbikes, motorcycles or mopeds, and any other combustible items, including combustible engines, flammable liquids, non-electric lanterns, combustible decorations and holiday lighting.
- Hoverboards, such as self-balancing scooters, battery-operated scooters, hands-free Segways and electric-powered skateboards
- Medusa lamps, or lamps with soft plastic or paper lampshades (fire hazard)
- Candles or substances used for burning (e.g., incense)
- Extension cords or outlet extenders (Surge protectors with an on/off switch are acceptable.)
- Waterbeds
- Tapestries, curtains and/or drapes
- Pets of all kinds. Exceptions are:
  - Service animals for authorized persons (Please advise the Office of Residential Life and Housing.)
  - Fish contained in a properly maintained tank of no more than 10 gallons

For frequently asked questions about residential life, visit housing.adelphi.edu/faq.

COMMUTING TO CAMPUS

Quick Facts

- Commuter Student Services provides free ice scrapers and lends umbrellas.
- Commuter lounges and lockers are available. Visit UC, Room 301, for information on free lockers.
- Commuter assistants are mentors who help your transition to college. (Please see the next section.)
- Commuter Student Organization is the advocate and voice for commuter students and their activities.
- Commuter Appreciation Week is November 7–11, 2016, for the fall semester and April 3–7, 2017, for the spring semester.
Will I be assigned a commuter assistant?
Freshmen who choose to participate are matched up with a commuter assistant based upon compatibility as well as from a survey of interests. Your commuter assistant consistently communicates with you about schedules and meetings, and organizes social interaction through programs and events. Commuter assistants also hold frequent office hours in the Angela and Barry Zeman Commuter Student Lounge, located in the Ruth S. Harley University Center. Visit students.adelphi.edu/ca.

FOOD
Adelphi has many dining locations around campus. From all-you-care-to-eat dining at Post Hall, two dining options in the Ruth S. Harley University Center, a smoothie bar in the Center for Recreation and Sports, a seasonal Panther Melts near Motamed Field, grab-and-go items from the Outtakes Market Express in the Science Building, the Nexus Café and Post Hall’s Convenience Store. In addition, most academic buildings have vending machines for quick snacks.

Resident student meal plans
All resident students are required to have a meal plan. It’s just up to you to decide your price range. You’ll choose your plan on your Housing Agreement. Freshman students must have the gold, platinum or premium plan. New transfer students should check meal plan options on the Dining Services website. Check dineoncampus.com/adelphi and click on Meal Plans for information on the various plans.

Commuter student meal plans
Commuters may also purchase a meal plan, which saves tax dollars and, depending upon the amount, may have some added bonus dollars. It’s convenient for those times when you leave your money at home or are low on cash. Go to dineoncampus.com/adelphi and click on Meal Plans or contact the Adelphi Dining Services manager, at 516.877.3951, for details.

Dietary needs or food allergies
Call the food service manager, at 516.877.3951, to set up an appointment to discuss food options.

HEALTH, SAFETY, ACCESSIBILITY AND OTHER SERVICES
We’ve got you covered—with services, programs, resources and more—to promote the health and wellness of all Adelphi students. During each semester, the University provides round-the-clock services through its Health Services Center and the Department of Public Safety and Transportation. Other services include:

• For students who require accommodations due to a disability, services are provided by the Office of Disability Support Services. Visit dss.adelphi.edu for information.
• Counseling services are available at the Student Counseling Center and are confidential and free. Visit scc.adelphi.edu for additional details.
• For students who pursue spiritual guidance, Adelphi, through its Interfaith Center, also offers religious services and organizations. For services, visit interfaith.adelphi.edu.

HEALTH
During the fall and spring semesters, when school is in session, the Health Services Center is open 24 hours a day, seven days a week. At the Health Services Center, you can receive medical attention and treatment, as well as education and information about general wellness. The Health Services Center is under the direction of a nurse practitioner and staffed by nurse practitioners, registered professional nurses and emergency medical technicians. For full details about available services, health alerts and hours of operation, visit health.adelphi.edu.

TO DO
Immunizations
A Health History and Immunization Record must be submitted prior to your first day of classes. It’s best to return it prior to Freshman Orientation (or your Transfer Transition or International Orientation), so you don’t forget, otherwise you may not be able to attend classes and could possibly be withdrawn from the University.

Meagan MacBride ’17,
Peer Health Educator

“Peer Health Educators has taught me how to improve my health choices and better myself as a person. This program has given me the opportunity to learn so much, and has given me nothing but great things. I look forward to seeing what else the program will provide for me so I can share with others in my community.”
An acknowledgement of meningococcal disease risks

A record of meningococcal immunization

• recommendations

There have been several outbreaks at college campuses, including colleges and universities, to distribute information about meningococcal disease and vaccine to all students meeting the enrollment criteria, whether they live on or off campus.

Adelphi University is required to maintain a record of the following for each student:

• A response to receipt of meningococcal disease and vaccine information signed by the student or student’s parent or guardian

AND EITHER

• A record of meningococcal immunization within the past 5 years; OR

• An acknowledgement of meningococcal disease risks and refusal of meningococcal immunization signed by the student or student’s parent or guardian.

Meningococcal disease is rare. However, when it strikes, its flu-like symptoms make diagnosis difficult. Meningococcal disease can cause serious illnesses such as infection of the lining of the brain and spinal column (meningitis) or blood infections (sepsis). The disease strikes quickly and can lead to severe and permanent disabilities, such as hearing loss, brain damage, seizures, limb amputation and even lead to death.

Meningococcal disease can easily spread from person-to-person by coughing, sharing beverages or eating utensils, kissing, or spending time in close contact with someone who is sick or who carries the bacteria. People can spread the bacteria that cause the disease even before they know they are sick. There have been several outbreaks at college campuses across the United States.

The single best way to prevent meningococcal disease is to be vaccinated. As of 2016 the most recent recommendations are for the meningococcal ACWY (MenACWY) vaccine.

For more details, visit health.adelphi.edu/md.

Vaccine Availability and Cost

The MenACWY and/or MenB vaccines are available as follows:

• By appointment with the University’s collaborating physician, Dr. Kevin Curley, Jr. in Mineola (516) 663-2051;

• By appointment with your private physician, local walk-in clinic or Urgent Care Center;

• By appointment in the Health Services Center at Adelphi University for a fee (516) 877-6001. Students who are covered by the school health insurance policy are able to receive the vaccine for free under this policy.

Please carefully review the attached Meningococcal Disease Fact Sheet. It is also available on the New York State Department of Health website at health.ny.gov/publications/2168.pdf.

Complete the Meningococcal Vaccination Response Form (Part D of the Complete Health and Immunization Forms) and return it to the Adelphi University Health Services Center, Waldo Hall, Garden City, NY 11530, prior to the first day of class. Or you can complete this form online. Log in to eCampus and select CLASS under Services. In CLASS, click the Meningitis link on the left.

To learn more about meningitis and the vaccine, contact the Health Services Center and/or consult with your physician. You can also find frequently asked questions about meningococcal disease from the NYS Department of Health Bureau of Communicable Disease Control. health.ny.gov/prevention/immunization/ meningococcal/fact_sheet.htm

TO DO

Health insurance

All resident and international students are automatically enrolled in the school’s health insurance plan. If you have comparable coverage, you may apply for a waiver before the deadline of October 1 for the fall semester; any new incoming students for spring may apply prior to March 1. The coverage must meet the guidelines written on our website under Insurance Requirements.

Important: The insurance is available to any registered student—full, part time, graduate or undergraduate. In some cases, the cost for the Adelphi plan is less than one of the New York State exchanges. If you would like to enroll in the school plan, you may view the insurance information on the Health Services Center website or speak directly with a representative from our office or the insurance company. Applications for insurance must be done prior to the waiver deadlines—October 1 for the fall and March 1 for new spring students. Any student with a qualifying event may apply but must do so within 30 days of losing their current policy.

For additional information about all these services, visit health.adelphi.edu.
OTHER SERVICES AVAILABLE FOR YOUR WELL-BEING

I had disability accommodations in my school. Do I get these services in college?

The Student Access Office provides cost-free assistance to Adelphi students with documented disabilities. Such disabilities include, but are not limited to, learning, mobility, acoustical, visual, neurological and other health disabilities. Students seeking reasonable accommodations must complete and submit a Petition for Reasonable Accommodations Form with valid supporting documentation from a qualified medical or other licensed professional. Access the forms at adelphi.edu/sao.

What if I’m homesick or anxious?

Whether your home is just miles away or across the globe, homesickness is a natural and normal feeling. Anxiety about fitting in, making new friends and managing your time and course load is also very common. The Student Counseling Center can help. It provides confidential individual and group counseling, workshops and support services. And the services are free.

You can also talk to your Orientation leader, commuter assistant, peer assistant leader or resident assistant. They are upper-class students who may have also felt the same way during their early days at Adelphi.

Religious services on campus

Adelphi is a nonsectarian institution and, while religion is a personal matter, the University provides spiritual services through its Interfaith Center, Interfaith Chapel and chaplains representing Catholic, Jewish, Muslim and Protestant faiths. Services and spiritual activities are provided on campus, and there are several faith-based student organizations students can join to continue their religious practice—or to learn about another religion.

Support services for underrepresented populations

Support, programming and discussions are provided by the Office of Multicultural Affairs within the Center for Student Involvement, as well as by the Adelphi University Mentoring Program. In addition, there are multicultural-based student organizations and departments that collaborate on programs to encourage awareness and to promote social justice.

What resources do you have for international students?

With students who hail from 42 countries, Adelphi has an international flavor and encourages cross-cultural connections. The Office of International Student Services is the primary source of advisement, programming and assistance to international students. Additional support is provided by the Learning and Writing Centers, the Center for International Education, the Department of Communication Sciences and Disorders (accent reduction workshops) in the Ruth S. Ammon School of Education and various departments around campus. Programs to promote sharing and understanding of customs and traditions are held by international or culturally based student organizations in collaboration with various campus departments.

SAFETY

Things you’ll need to do:

Emergency Notification System

You’ll be instructed how to sign up for the Emergency Notification System, so Adelphi can contact you about any emergency communications or closings. It’s easy to set up and can be changed in case your contact information changes. For details, visit adelphi.edu/emergency-alerts.

Adelphi ID card

During your New Student Orientation or Transfer Transition program, you will have an opportunity to get your Adelphi photo ID card. The card provides access to your meal plan, library services, and resources in the Center for Recreation and Sports, as well as below-grade parking. For resident students, the card provides access to your residence hall. You can also get student discounts at locations such as museums, etc. Obtaining and carrying an Adelphi ID card at all times is required.

Parking decals

You need a parking decal to park your car at Adelphi University. Bring the vehicle registration to the Office of Public Safety and Transportation in Levermore Hall to get the car decal. You can register up to two vehicles; both registrations are necessary. Renew the registration at the beginning of each year, or, if you change cars, you’ll need to register the different car.

Annual Security Report

Adelphi University’s annual security report includes statistics for the previous three years concerning reported crimes that occurred on campus; in certain off-campus buildings or property owned or controlled by Adelphi University; and on public property within, or immediately adjacent to and accessible from, campus. The report also includes institutional policies concerning campus security, such as policies concerning alcohol and drug use, crime prevention, the reporting of crimes, hate crimes, sexual assault, including Title IX, domestic violence, dating violence, stalking, emergency operations
plans, including evacuation procedures, annual fire safety report and fire log, Amanda’s Law and the Kerry Rose Fire Sprinkler Notification Act, missing student notification, timely and emergency notifications/warnings and other matters. This report can be viewed by using the Public Safety website at safety.adelphi.edu or obtained upon request in the Office of Public Safety and Transportation in Levermore Hall.

In addition to these safety measures, Adelphi provides additional resources to students during Freshman Orientation and Transfer Transition. Campus Safety 101 provides students with important information about keeping safe. For information about how Public Safety promotes safety, visit safety.adelphi.edu/prevention-reporting.

**PARKING REGULATIONS**

Parking is free. However, there are some guidelines and suggestions in place, which may be subject to change. Off-campus parking is prohibited in the residential areas adjacent to the Garden City campus. For current guidelines, please consult the website safety.adelphi.edu/parking or adelphi.edu/parking-tips.

**Parking restrictions for resident freshmen**

Freshman resident students are required to park their University-registered vehicles at the Garden City Pool parking lot (Field No. 9). These students must park at Field No. 9 from Monday through Friday, but on Saturday and Sunday are permitted to park on campus.

**Parking restrictions for resident sophomores**

Sophomore resident students are required to park their University-registered vehicles at the Garden City Pool parking lot (Field No. 9). These students must park at Field No. 9 from Monday through Thursday from 7:00 a.m.–7:00 p.m., but on Friday, Saturday and Sunday are permitted to park on campus any time.

**Juniors and seniors**

Even those who are new to Adelphi as transfer students may park their University-registered vehicles on campus. However, space availability may be limited, and it is recommended that students allow ample time before classes begin (or go directly to the Garden City Pool and park; just be sure to have a current Adelphi parking decal).

**Below-grade parking garages**

There are two below-grade parking garages—one on the east side of campus near Motamed Field, and an additional facility adjacent to the Nexus Building. A current Adelphi ID card is required for access into both of these garages, and the car must have a current Adelphi parking decal.

**What if I don’t have a car?**

Having a car may be a family decision, so we would like to provide some information about options. As a resident, this is your new home, and you don’t need a car to get around campus. With easy access to campus by the Long Island Rail Road (LIRR) and bus systems, there are many commuters who use mass transit and resident students who take advantage of Adelphi’s proximity to New York City and its nearby rail station. All students can avail themselves of the free Panther Express shuttle service to and from the Hempstead bus terminal and the Nassau Boulevard and Mineola LIRR stations. In addition, free service is provided to many locations, including area shopping centers, grocery stores and nearby movie theaters. The schedule does change during the semester due to holidays and other breaks. Visit safety.adelphi.edu for more information.

**DO I NEED TO BRING A COMPUTER OR PRINTER?**

The following information may help with that decision, so please read carefully.

The Office of Information Technology provides ample general access workstations and kiosks in addition to specialty computer labs. Students receive an allotment of prints each semester and can add funds to their print balance as needed for black-and-white and color printing. Visit it.adelphi.edu/print for more information.

The 3D Studio in Swirbul Library offers students the opportunity to create original 3-D designs or print from downloaded models. Visit it.adelphi.edu/3d for more information.

If you are looking to purchase a personal laptop or desktop computer, Adelphi students are eligible for educational discounts on Mac and PC systems, as well as software packages, through our website. Visit it.adelphi.edu/buy for more information.

You can also access many AU services through your smartphone or tablet. Download the AU2Go app in the iTunes App Store or on Google Play. Visit it.adelphi.edu/au2go for more information.

The Help Desk offers assistance with technology via email, online chat, phone or in person on the second floor of Swirbul Library.

For information on all the services above and much more, visit the Technology Service Catalog at it.adelphi.edu/catalog.
Have the Office of Student Financial Services as your guide.

What’s your financial plan?
Once you receive your financial plan summary (aka award letter), the Family Payment Calculator Worksheet included in your packet can help you estimate your out-of-pocket expenses for the year.

For more assistance with understanding your costs, please contact the Office of Student Financial Services at 516.877.3080 (phone), 516.877.3380 (fax) or financialservices@adelphi.edu.

How to apply for financial assistance
Information on how to apply for financial aid is available at financial-aid.adelphi.edu/apply/fafsa. A financial aid check list for freshmen, outlining the process, is available on page 17 of this guide. A more detailed timeline of reminders and important dates is available for you at financial-aid.adelphi.edu/apply/continuing.

Determining academic eligibility for financial aid
Students receiving federal and state financial aid are required to meet specific standards of academic progress. The charts used to determine a student’s eligibility for federal and state financial assistance may be found at financial-aid.adelphi.edu/resources/faq.

Student employment
As you review the Office of Student Financial Services information at financial-aid.adelphi.edu, be sure to check out the section on student employment. Having a job is not only a great way to cover personal expenses during the semester, but also a good opportunity to gain the skills and experience that will make you stand out to potential postcollege employers. For more information about Adelphi opportunities (both on- and off-campus) that may enable you to use your Federal Work Study award, contact the Center for Career Development (career-center.adelphi.edu). A student whose financial aid package does not include Federal Work Study may also apply to be considered for on-campus employment.

FREQUENTLY ASKED QUESTIONS
More at financial-aid.adelphi.edu/faq

Where do I go for questions about tuition costs?
Tuition, general information on financial aid, billing and payment schedules all fall under the Office of Student Financial Services. Located on the lower level of Levermore Hall, you can contact this office or visit financial-aid.adelphi.edu. At this site, you can find out the schedule of office hours as well as important information about federal and state grants, federal and private loans, and links to websites with helpful financial aid tips, forms and advice. Adelphi offers many scholarships that reward a wide variety of talents and achievements, as well as need-based grants. For payment plan options, visit the site or office. The people in the Office of Student Financial Services are there to answer your questions. Ask away. You’ll be surprised at how many financial aid options are available.

When is the Free Application for Federal Student Aid (FAFSA) deadline?
February 15 is the priority filing date each year for continuing Adelphi students.

What if I didn’t file the FAFSA?
If you haven’t filed FAFSA by the priority deadline, it is important to do so! To file online, visit fafsa.gov. If you or your parents file your tax return electronically, we strongly recommend that you use the IRS data import function that is available at fafsa.gov. By importing your tax data directly from the IRS, you will ensure correct information on the federal FAFSA and reduce your chances of being selected for the verification process.

When will I get the bill?
Visit financial-aid.adelphi.edu for helpful information.

For answers to many other questions, visit financialaid.adelphi.edu/faq.
### IMPORTANT FINANCIAL AID CODES AND TELEPHONE NUMBERS

AU Federal School Code is 002666.
New York State TAP code is 0010 (undergraduate).

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<thead>
<tr>
<th>Service/Program</th>
<th>Telephone</th>
<th>Website</th>
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<tbody>
<tr>
<td>AU Office of University Admissions</td>
<td>516.877.3050</td>
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<tr>
<td>AU Office of the Cashier</td>
<td>516.877.3270</td>
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<tr>
<td>AU Office of the University Registrar</td>
<td>516.877.3300</td>
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<td>AU Collections</td>
<td>516.877.3070</td>
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<tr>
<td>FAFSA on the Web</td>
<td>fafsa.gov</td>
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<tr>
<td>Federal Student Aid Processor (and duplicate SARS)</td>
<td>800.4.FED.AID</td>
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<td>NYS Tuition Assistance Program (TAP)</td>
<td>888.NYSHESC</td>
<td>hesc.ny.gov</td>
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<tr>
<td>NYS Tuition Assistance Program (TAP)</td>
<td>888.697.4372</td>
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<td>National Student Loan Data System (NSLDS)</td>
<td><a href="http://www.nslds.ed.gov">http://www.nslds.ed.gov</a></td>
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<tr>
<td>Tuition Payment Plan</td>
<td>800.635.0120</td>
<td>tuitionpaymentplan.com/enroll</td>
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<td>Financial aid and scholarship search</td>
<td>fastweb.com</td>
<td>collegeboard.com</td>
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Freshman Financial Aid Check List

File the Free Application for Federal Student Aid (FAFSA) as soon as possible on or after January 1. If your tax forms are not yet completed, use estimated figures. Adelphi’s federal school code is 002666.

New York State residents should complete the New York State Tuition Assistance Program (TAP) application. There will be a link on your FAFSA submit confirmation page to the TAP application page. Our TAP school code is 0010.

Review your Student Aid Report (SAR) for any inaccurate items. Make corrections if needed. If estimated tax figures were used, amend your FAFSA to reflect the actual amounts.

Promptly complete and submit all requested additional information and documentation.

Understanding Your Financial Assistance Plan

After you have filed your FAFSA and required documents have been submitted, you will receive a Financial Assistance Plan Summary. Review this financial aid award letter and all accompanying materials. This plan outlines your eligibility for the different types of financial aid: scholarships and grants (free money), student loans (which must be repaid) and work-study.

Some types of financial aid require the completion of additional documents:

- Federal Direct Student Loan borrowers must complete entrance counseling and a master promissory note (MPN) at studentloans.gov.

- Federal Perkins Loan and Nursing Student Loan recipients must complete a master promissory note at ecsi.net/prom5r. You will receive an email in August to let you know when the MPN is available to sign.

- Review your TAP award at hesc.ny.gov to make sure it has our TAP school code: 0010.

If you filed the FAFSA with estimated tax figures, and have now completed your taxes, correct your FAFSA with completed tax information. If eligible, you should utilize the IRS Data Retrieval Tool (DRT) available on the FAFSA website.

Explore the various payment options that are available, such as payment plans and loans.

After You Register

You will receive a bill after you register during Freshman Orientation.

Log on to eCampus to review your bill. The bill will take into account any anticipated financial aid that you are expecting. If you are residing on campus, review the health insurance requirements. Pay special attention to any alert messages in eCampus.

If there is an outstanding balance, explore your options, such as Adelphi payment plans, Parent PLUS loans and/or alternative loans.

Allie Klein ’16, English Major, Creative Writing

“The Bridges Program impacted my college experience by helping me with organizational and time management skills. I came to Adelphi University as a transfer student, and the organizations I joined helped me make friends that quickly became like family. Adelphi University and Bridges helped me find my voice and my passion for standing up for others.”
ADELPHI UNIVERSITY
NEW STUDENT GUIDE TO
IMPORTANT DATES 2016–2017

Summer 2016

May 1
Housing Agreement priority deadline (resident students)

June 15–17
New student online room selection (Eligible students will be notified)

July 6, 7, 8
Freshman Orientation Session I

July 6
Freshman Parent Meet and Greet
10:45 a.m.–12:00 noon

July 12, 13, 14
Freshman Orientation Session II

July 12
Freshman Parent Meet and Greet
10:45 a.m.–12:00 noon

August 16
Transfer Transition Program (transfer students only)

August 22–25
FCAP (Freshman Community Action Program—community service)

August 25
International Student Orientation

August 27
New resident student move-in day
10:00 a.m.–3:00 p.m.

August 28
Matriculation Ceremony (freshman students and parents)
Parent Orientation (freshman student parents only)

Fall 2016

August 29
Classes begin—Fall 2016

September 3–5
No classes—Labor Day Weekend

September 12
Last day to add a course

September 26
Last day to drop a course
Last day to change course grading option
Last day to add an independent study/internship
Last day to process course change

September 30 - October 2
Family Weekend

October 1
Student health insurance waiver deadline—Fall 2016 semester (if covered by another plan with equal coverage)

October 10
No classes—Fall break

October 17
Open course planning begins for Spring 2017

November 2
Last day to withdraw from a course

November 7
Undergraduate registration begins for Spring 2017

November 23–27
No classes—Thanksgiving break

December 6
Makeup day (available to faculty to schedule for a missed class)
No regular classes held

December 13
Finals begin

December 19
Finals end—last day of classes Fall 2016

December 20
Emergency Day—scheduled by registrar, if necessary

December 21
Emergency Day—scheduled by registrar, if necessary
Spring 2017

January 2
Classes begin—Intersession 2017

January 16
No classes—Martin Luther King Jr. Day

January 20
International Student Orientation

January 22
Classes end—Intersession 2017
Resident student move-in day

January 23
Classes begin—Spring 2017

February 6*
Last day to add a course

February 20*
Last day to drop a course
Last day to change course grading option
Last day to add an independent study/internship
Last day to process course change

March 1
Student health insurance waiver deadline—Spring 2017 semester (if covered by another plan with equal coverage)

March 6*
Open course planning begins for Summer and Fall 2017

March 13–19
No classes—spring break

March 20*
Registration begins for Summer 2017

March 27*
Last day to withdraw from a course

April 3*
Undergraduate registration begins for Fall 2017

April 25
No classes—Research Day

May 8
Makeup day (available to faculty to schedule for a missed class)

May 10
Emergency day—scheduled by registrar, if necessary

May 11
Emergency day—scheduled by registrar, if necessary

May 12
Finals begin

May 18
Finals end—last day of classes Spring 2017

May 21*
Commencement

Summer 2017

May 30
Classes begin—Summer I 2017

July 3
Last day of classes—Summer I 2017

July 10
Classes begin—Summer II 2017

August 13
Last day of classes—Summer II 2017

*Tentative Dates. Calendar subject to change. Please visit registrar.adelphi.edu/academic-calendar
SAFETY FIRST

Colleges and universities are required under federal law to publish and make available an annual campus security report, which includes, among other information, statistics on campus crime. The crime statistics for all colleges and universities required to comply with this law are available from the United States Department of Education.

Adelphi University’s annual security report includes statistics for the previous three years concerning reported crimes that occurred on campus; in certain off-campus buildings or property owned or controlled by Adelphi University; and on public property within, or immediately adjacent to and accessible from, the campus. The report also includes institutional policies concerning campus security, such as policies concerning alcohol and drug use, crime prevention, the reporting of crimes, sexual assault, emergency response plan, timely warnings, fire statistics, missing students and other matters. The advisory committee on campus safety will provide upon request all campus crime statistics as reported to the United States Department of Education. You may obtain a copy of this report by contacting the Office of Public Safety and Transportation, Levermore Hall, lower level, 516.877.3500 or by accessing administration.adelphi.edu/publicsafety.

The United States Department of Education’s website for campus crime statistics is ope.ed.gov/security.

As a reminder, the rear of any Adelphi University ID card provides you with weather advisory and alert numbers to obtain information on any possible delayed openings or school closings. To register for the University Mass Notification System, log on to eCampus (ecampus.adelphi.edu) and click on University Mass Notification System.

ACCREDITATION

Adelphi University, an independent, comprehensive institution, is chartered by the University of the State of New York, and is accredited by the Middle States Association of Colleges and Schools, 3624 Market Street, Philadelphia, PA 19104-2680, 215.684.5000; the New York State Education Department, 89 Washington Avenue, Albany, NY 12234, 518.474.3852; the Commission on Collegiate Nursing Education, One Dupont Circle, NW, Suite 530, Washington, D.C. 20036, 202.887.6791; the American Speech-Language-Hearing Association, 2200 Research Blvd., Rockville, MD 20850-3289, 800.638.8255; the Council on Social Work Education, 1701 Duke Street, Suite 200, Alexandria, VA 22314, 703.683.8080; the National Council for Accreditation of Teacher Education (NCATE), 2010 Massachusetts Ave, NW, Suite 500, Washington, D.C. 20036-1023, 202.466.7496; and AACSB International–The Association to Advance Collegiate Schools of Business, 777 South Harbor Island Blvd., Suite 750, Tampa, FL 33602-5730, 813.769.6500.

EQUAL OPPORTUNITY AND NOTICE OF NONDISCRIMINATION

Adelphi University is committed to extending equal opportunity in employment and educational programs and activities to all qualified individuals and does not discriminate on the basis of race, religion, age, color, creed, sex, marital status, sexual orientation, ethnicity, national origin, disability, genetic disposition or carrier status, veteran status, status as a disabled or Vietnam-era veteran, gender identity, or any other basis protected by applicable local, state or federal laws. Adelphi University does not discriminate on the basis of sex in any education program or activity they operate as required by Title IX. All questions regarding Title IX should be referred to Title IX Coordinator and Director of Equity and Compliance Rhonnie Jaus, Room 203, Levermore Hall, 516.877.4819, titleix@adelphi.edu. The discrimination coordinator for student concerns pursuant to Section 504 of the Rehabilitation Act of 1973 is Rosemary Garabedian, Coordinator of Disability Support Services, Room 310, Ruth S. Harley University Center, 516.877.3145; the discrimination coordinator for employee concerns pursuant to Section 504 of the Rehabilitation Act of 1973 is Jane Fisher, Director of Employment, Employee and Labor Relations, Room 203, Levermore Hall, 516.877.3222; the coordinator of Title VII and the affirmative action officer is Lisa S. Araujo, Associate Vice President for Human Resources and Labor Relations, Room 203, Levermore Hall, 516.877.3230.