BRIDGES TO ADELPHI PROGRAM
ADELPHI UNIVERSITY
Bridges to Adelphi has helped our son mature and develop socially. He came from a high school program with significant academic support, but not very much of the social support that is critical for the less structured environment of college. He is now more self-assured and has developed strong interpersonal relationships with students who have common interests.”

—Bridges to Adelphi parent
THE ROUTE TO COLLEGE SUCCESS

Making the move from high school to college can be challenging for a student. But if you are on the autism spectrum or have a nonverbal or neurosocial disorder, bridging the gap between high school and college can seem especially intimidating.

Bridges to Adelphi is a fee-based program that offers comprehensive, personalized, academic, social and vocational support services to help you make a smooth transition from high school—and put you on the road to college success.

Because Adelphi prides itself on being inclusive, our program also promotes awareness and understanding of neurosocial disorders throughout the campus community, through education, training and collaboration with University programs, faculty, staff and students.

AN AWARD-WINNING PROGRAM

The Bridges to Adelphi program is a 2015 NASPA (Student Affairs Administrators in Higher Education) Grand Bronze Excellence Award winner for its support of students on the autism spectrum.
EASING THE TRANSITION

Starting college is a big adjustment. You’ll have more academic work, which means you’ll need to develop solid time management and organizational skills. You’ll be making new friends and encountering new social activities and events. For many of you, college will be your first time away from home. Whether you live at home or on campus, you’re bound to experience a new level of independence.

Bridges to Adelphi can help ease the transition. We offer individual, group and peer mentor services that address your anxieties and cover your concerns—and lead to academic and social success. Our support services include:

- Academic coaching
- Learning assistance
- Problem-solving guidance
- Social skills training
- Behavioral modeling
- Peer mentoring

Bridges can also put you in touch with existing campus resources, such as tutoring, counseling and student access services.

“Being part of Bridges to Adelphi has helped me learn to advocate for myself.”
—Bridges to Adelphi student

LEARNING FOR LIFE

While college is an exciting and transformative experience, it’s also a giant step into the unknown. There’s a lot you’ll need to learn.

This means acquiring a new set of skills that affect your day-to-day life. Each semester, you’ll be creating and following a schedule that changes daily. Besides your classes, you will need to keep on top of exams, short- and long-term assignments, meetings and appointments. You’ll be making your own choices about what you eat, how much you sleep and how to appropriately self-advocate to meet your needs. Building a social life and living with peers can also present its own set of challenges and adjustments.

The supportive Bridges to Adelphi staff is dedicated to offering you the organizational and social skills you need to be successful on campus, in a career and in life.
What a relief it has been to know that our son had a place, and a person, to connect with on campus. Bridges helps your child by putting them into contact with all the services that are available to them. Our son looks forward to his weekly meetings and to the social outings with other students in the program.”

—Bridges to Adelphi parent
THE SUPPORT YOU NEED, WHEN YOU NEED IT

Your Adelphi experience will be as unique as you are. We help you shape it by offering comprehensive academic, social and vocational support services.

THE BRIDGES TEAM

Ours is a team approach. You’ll receive personalized feedback from your academic coach, learning strategist and the Bridges program director. These meetings:

- Assess your academic progress, problems and challenges.
- Offer guidance to help you become a stronger self-advocate.
- Provide social support, including suggestions for improving interactions with peers and instructors.

With your written consent, Bridges staff members will be able to keep University professors and staff, and your parents, in the loop about your progress and relevant concerns.

ACADEMICS

You’ll meet twice a week with your academic coach and learning strategist, who will work one-on-one with you to develop a personal plan with step-by-step guidance on meeting the challenges of college life. These professionals will also monitor your progress and provide ongoing academic planning and guidance.

Depending on your individual goals, meetings with your academic coach and learning strategist can focus on:

- Reviewing the syllabus for each of your courses
- Time management strategies
- Building executive functioning skills
- Completing assignments on time
- Study skills
- Research and library skills
- Problem-solving techniques
- Anxiety reduction
- Interpersonal and social skills
- Communication skills

SOCIAL SUPPORT

You can attend twice-weekly, open group social skills and support meetings as often as you wish. These meetings are a great way to spend time with—and get to know—your fellow Bridges students in a comfortable program environment.

The Bridges program also offers twice-monthly group social activities both on and off campus, including weekly men’s and women’s groups and community service opportunities. These outings are chosen by the students and led by Bridges staff members.

Peer mentorship is an important aspect of the Bridges program. You’ll have the opportunity to meet every week with a student peer mentor who can help you develop and refine your interpersonal skills, build a trusted peer relationship and get more involved with campus life. Typically, peer mentors are student leaders who volunteer their time to work with Bridges to Adelphi students.

VOCATIONAL SKILLS

We put you in touch with a vocational coach, who can help you identify areas of interest and pinpoint your strengths to establish a direction for your future career. You’ll also have access to:

- On-campus job opportunities available to Bridges students
- Help from the Center for Career Professional Development with résumé writing and job interview skills
- Vocational testing assessments to further guide you toward careers and majors
Bridges to Adelphi brought me into the company of other people who shared my difficulties and my interests, and I have remained friends with many of them to this day. I graduated from Adelphi with a 4.0 GPA and am now working toward a master’s degree. The Bridges program enabled my success.”

—Former Bridges to Adelphi student
SOUND GOOD?
HERE’S HOW TO ENROLL.

You can enroll in Bridges to Adelphi as soon as you have been formally accepted to Adelphi.

The program involves costs beyond those for tuition, fees, and room and board, which are added to your cost per semester. [For more information, visit financial-aid.adelphi.edu/tuition/fees.]

If you are interested in Bridges to Adelphi, please visit bridges.adelphi.edu/inquire. Fill out the online interest form to schedule an in-person meeting between you, your parent or guardian and the program director.

For more information, contact bridges@adelphi.edu. To apply to Adelphi University, visit admissions.adelphi.edu/apply.

We look forward to welcoming you to our community.
A LOOK AHEAD: OUR COMMUNITY SUPPORTS YOUR SUCCESS.

F.I.R.S.T. PROGRAM FOR FRESHMEN ONLY
The Freshman Initiative to Realize a Successful Transition (F.I.R.S.T.) program of classes, workshops and activities supports freshmen in their transition to college life. Take advantage of:

• **THREE-DAY FRESHMAN ORIENTATION**
  Meet other new students, talk to an adviser and register for your classes. Get to know your way around our beautiful campus before the semester starts.

• **INTRODUCTION (ONE-CREDIT COURSE)**
  Learn about the many offices, programs and people you’ll need to know as a student, including the Office of Academic Services and Retention, the Office of Student Affairs, the Center for Career and Professional Development and the University Libraries.

TRANSFER TRANSITION
This one-day program for incoming transfer students helps ease your transition to Adelphi. You’ll tour the campus, meet other new students and learn how you can get involved in our many academic and cocurricular activities.
WE’RE HERE FOR YOU

ON-CAMPUS CENTERS AND SERVICES
We support your personal and professional growth by offering individual assistance and a full range of resources at our on-campus centers.

Our academic tutoring, counseling, career, financial, health and other student support services are committed to helping you succeed at Adelphi—and beyond. They include:

- CENTER FOR CAREER AND PROFESSIONAL DEVELOPMENT
- CENTER FOR INTERNATIONAL EDUCATION
- CENTER FOR PSYCHOLOGICAL SERVICES
- CENTER FOR STUDENT INVOLVEMENT
- HEALTH SERVICES CENTER
- INTERFAITH CENTER
- OFFICE OF ACADEMIC SERVICES AND RETENTION
- STUDENT ACCESS OFFICE
- OFFICE OF INFORMATION TECHNOLOGY
- OFFICE OF PRE-PROFESSIONAL ADVISING AND FELLOWSHIPS
- STUDENT COUNSELING CENTER
- WRITING CENTER AND LEARNING CENTER
SAFETY FIRST

Colleges and universities are required under federal law to publish and make available an annual campus security report, which includes, among other information, statistics on campus crime. The crime statistics for all colleges and universities required to comply with this law are available from the United States Department of Education.

Adelphi University’s annual security report includes statistics for the previous three years concerning reported crimes that occurred on campus; in certain off-campus buildings or property owned or controlled by Adelphi University; and on public property within, or immediately adjacent to and accessible from, the campus. The report also includes institutional policies concerning campus security, such as policies concerning alcohol and drug use, crime prevention, the reporting of crimes, sexual assault, emergency response plan, timely warnings, fire statistics, missing students and other matters. The advisory committee on campus safety will provide upon request all campus crime statistics as reported to the United States Department of Education. You may obtain a copy of this report by contacting the Office of Public Safety and Security, 33602-5730, Business, 777 South Harbor Island Blvd., Suite 750, Tampa, FL 813.769.6500; the American Speech-Language-Hearing Association, 2200 Research Blvd., Rockville, MD 20850-3289; 800.638.8255; the Commission on Collegiate Nursing Education, One Dupont Circle, NW, Suite 530, Washington, D.C. 20036, 202.887.6791; the American Council on Education, 2010 Massachusetts Ave, NW, Suite 500, Washington, D.C. 20036-1023, 202.466.7496; and AACSB International—The Association to Advance Collegiate Schools of Business, 777 South Harbor Island Blvd., Suite 750, Tampa, FL 33602-5730, 813.769.6500.

The United States Department of Education’s website for campus crime statistics is ope.ed.gov/security.

As a reminder, the rear of any Adelphi University ID card provides you with weather advisory and alert numbers to obtain information on any possible delayed openings or school closings. To register for the University Mass Notification System, log on to eCampus (ecampus.adelphi.edu) and click on University Mass Notification System.

ACCREDITATION

Adelphi University, an independent, comprehensive institution, is chartered by the University of the State of New York, and is accredited by the Middle States Association of Colleges and Schools, 3624 Market Street, Philadelphia, PA 19104-2680; 215.684.5000; the New York State Education Department, 89 Washington Avenue, Albany, NY 12234, 518.474.3852; the American Speech-Language-Hearing Association, 2200 Research Blvd., Rockville, MD 20850-3289; 800.638.8255; the Council on Social Work Education, 1701 Duke Street, Suite 200, Alexandria, VA 22314, 703.683.8080; the National Council for Accreditation of Teacher Education (NCATE), 2010 Massachusetts Ave, NW, Suite 500, Washington, D.C. 20036-1023, 202.466.7496; and AACSB International—The Association to Advance Collegiate Schools of Business, 777 South Harbor Island Blvd., Suite 750, Tampa, FL 33602-5730, 813.769.6500.

EQUAL OPPORTUNITY AND NOTICE OF NONDISCRIMINATION

Adelphi University is committed to extending equal opportunity in employment and educational programs and activities to all qualified individuals and does not discriminate on the basis of race, religion, age, color, creed, sex, marital status, sexual orientation, ethnicity, national origin, disability, genetic predisposition or carrier status, veteran status, status as a disabled or Vietnam-era veteran, gender expression, or any other basis protected by applicable local, state or federal laws. Adelphi University does not discriminate on the basis of sex or gender in any education program or activity it operates as required by Title IX. All questions regarding Title IX should be referred to Title IX Coordinator and Director of Equity and Compliance Rhonnie Jaus, Room 203, Levermore Hall, 516.877.4819, titleix@adelphi.edu. The discrimination coordinator for student concerns pursuant to Section 504 of the Rehabilitation Act of 1973 is Rosemary Garabedian, Director of the Student Access Office, Post Hall, 516.877.3145, sao@adelphi.edu; the discrimination coordinator for employee concerns pursuant to Section 504 of the Rehabilitation Act of 1973 is Jane Fisher, Director of Employment, Employee and Labor Relations, Room 203, Levermore Hall, 516.877.3222, the coordinator of Title VII and the affirmative action officer is Lisa S. Araujo, Associate Vice President for Human Resources and Labor Relations, Room 203, Levermore Hall, 516.877.3230.