OUR MISSION

The Bridges to Adelphi program provides the highest level of individualized academic, social and vocational support services to Adelphi University students, who self disclose with nonverbal and neurosocial disorders, including autism spectrum disorder. Through a variety of services designed to help students maximize areas of strength and creativity, Bridges to Adelphi endeavors to increase community awareness and understanding, as well as foster appreciation for each student’s unique view of the world.

A vital campus resource, Bridges to Adelphi achieves its mission by:

» Offering individual, group and peer mentor services that help students overcome issues that may impact academic and social success, while upholding the University’s academic integrity, high standards and expectations

» Serving as consultant, collaborator and liaison to the University faculty, administration, staff, students and surrounding community to create an environment supportive of the intellectual, emotional and spiritual needs of students

» Providing outreach to families and school districts to support students’ transition to higher education and nurture educational bonds with Adelphi University
Being part of Bridges to Adelphi has helped me learn to advocate for myself.

Bridges to Adelphi student
MAKING YOUR TRANSITION EASIER

The transition from high school to college is challenging for any student. College students are faced with many stressful situations, such as increased academic demands and workloads, limited parental involvement, developing time management and organizational skills, social activities and peer events, navigating new interpersonal relationships, functioning within group dynamics and adjusting to a new level of independence. For many students, it means leaving home for the first time, sometimes far away, to embark on his or her most significant transition to adulthood.

Bridges to Adelphi is a multifaceted support program that provides academic, social, independent living and vocational support services to students who often struggle with issues typically associated with nonverbal and neurosocial disorders. Services include academic coaching, learning assistance, problem solving, social skills training, behavioral modeling and peer mentoring.

Each student is assigned to a support team that includes an academic coach, a learning strategist and a peer mentor.

The program, which is fee-based, uses social learning and cognitive behavioral principles as theoretical foundations.
Bridges to Adelphi has helped our son mature and develop socially. He came from a high school program with significant academic support, but not very much of the social support that is critical for the less structured environment of college. He is now more self-assured...he has developed strong interpersonal relationships with students that have common interests.

Bridges to Adelphi parent
What a relief it has been to know that our son had a place, and a person, to connect with on campus. Bridges helps your child by putting them into contact with all services that are available to them on campus. Our son looks forward to his weekly meetings and to the social outings with other students in the program.

-Bridges to Adelphi parent
COMMON LEARNING CURVES

Most students entering college must not only deal with leaving familiar, often supportive environments, but they also must learn a new set of skills that affect all aspects of daily living. These skills may include learning how to monitor and make choices about a variety of activities including food intake, sleeping patterns, medication management, personal care and health issues. Challenges may also occur with creating and following a schedule that may change from day to day and could be influenced by managing and preparing for exams, short- and long-term assignments, meetings and appointments. Additionally, social pressures, negotiating a social life and living with peers may present extraordinary challenges.

visit adelphi.edu/bridges
SUPPORT SERVICES

Students enrolled in Bridges to Adelphi can expect support in the following areas:

ACADEMIC

Each student is offered the opportunity to meet twice weekly with an academic coach and a learning strategist.

The focus of these meetings is on syllabi review, time management, executive functioning skill building, assignment completion, study skills, research and library skills, problem solving, anxiety reduction and interpersonal and social skills.

The student, academic coach and learning strategist work together to develop an individualized plan with specific goals and steps that address areas of need, monitor student progress and provide ongoing academic planning and assistance.

SOCIAL

Students are offered twice weekly open group social skills and support meetings. These meetings, which may focus on psychoeducational topics predetermined by the coach facilitators or topics that emerge from the students, offer the opportunity to spend time with other Bridges to Adelphi students in a safe and controlled environment.

Students are also offered the opportunity to participate in monthly group social activities (on and off campus), which are determined by the students and are led by Bridges to Adelphi staff members.

Each student is offered the opportunity to have weekly meetings with a student peer mentor. These meetings offer Bridges students the opportunity to develop their interpersonal skills, have a trusted peer relationship and become more involved with campus life. Peer mentors are typically student leaders who volunteer their time to work with Bridges to Adelphi.
VOCATIONAL

Each student is offered the opportunity to work with a vocational coach to identify areas of interest and strengths. Students will have access to:

» Assistance from the Center for Career Development with résumé writing and job interview skills

» On-campus job opportunities that are available for Bridges students

TEAM APPROACH

Each student is offered the opportunity to meet monthly with their academic coach, learning strategist and the Bridges to Adelphi director. These meetings focus on providing individualized feedback on:

» Student academic progress, problems and challenges

» Guidance to help students become better self-advocates

» Support in the social aspects of college life, including suggestions for improving interactions with peers and instructors

With student consent, our staff will have the ability to be in communication with University faculty and staff, and with parents regarding student progress and relevant concerns.
AWARENESS
The Bridges to Adelphi program promotes awareness and understanding of neurosocial disorders throughout the campus community through education, training and collaborations with University programs, faculty, staff and students.

The program also interfaces with existing support services on campus, including tutoring, counseling services and disability support services.

REGISTER
We welcome your registration in the program. Bridges to Adelphi involves costs beyond those for tuition and fees, and room and board. The fee per semester is added to each student’s costs.

To be considered for the program, please complete the online interest form so that an in-person interview with the student and his or her parent or guardian can be scheduled.

For more information, contact bridges@adelphi.edu or admissions@adelphi.edu.
“Bridges to Adelphi brought me into the company of other people who shared my difficulties and my interests, and I have remained friends with many of them to this day. I graduated from Adelphi with a 4.0 GPA and am now working toward a master’s degree. The Bridges program enabled my success.”

—Former Bridges to Adelphi student
Colleges and universities are required under federal law to publish and make available an annual campus security report, which includes, among other information, statistics on campus crime. The crime statistics for all colleges and universities required to comply with this law are available from the United States Department of Education.

Adelphi University’s annual security report includes statistics for the previous three years concerning reported crimes that occurred on campus, in certain off-campus buildings or property owned or controlled by Adelphi University; and on public property within, or immediately adjacent to and accessible from, the campus. The report also includes institutional policies concerning campus security, such as policies concerning alcohol and drug use, crime prevention, the reporting of crimes, sexual assault, emergency response plan, timely warnings, fire statistics, missing students and other matters. The advisory committee on campus safety will provide upon request all campus crime statistics as reported to the United States Department of Education. You may obtain a copy of this report by contacting the Department of Public Safety and Transportation, Levermore Hall lower level, 516.877.3500 or by accessing administration.adelphi.edu/publicsafety.

The United States Department of Education’s website for campus crime statistics is ope.ed.gov/security.

As a reminder, the rear of any Adelphi University ID card provides you with weather advisory and Alert numbers to obtain information on any possible delayed openings or school closings. To register Dell MessageOne AlertFind emergency notifications, log on to eCampus (ecampus.adelphi.edu) and click on Dell MessageOne AlertFind.

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