LeadTime
Practical Resources for Today’s Nonprofit Leader ...

Long Island Center for Nonprofit Leadership
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Healthy Leadership

When it comes to organizational leadership, the well-being of the leader is sometimes neglected. But as you know, healthy leaders lead healthy organizations. This issue of LeadTime focuses on you and asks the question: How are you doing; really? Good leaders are healthy leaders and healthy leaders create healthy environments where other people do well. For nonprofit leaders the environment includes the organization and the community.

The Happy Secret to Better Work

Psychologist Shawn Achor argues that happiness inspires productivity, and not the other way around. If this is true, then many people have had it backwards for a long time without knowing it. The good news is that Dr. Achor’s recommends a few behaviors that can help us to reorient our work lives by changing our perspectives on happiness.

Watch here, have fun and get inspired. The message is good and the presentation excellent!

Leadership Resiliency: Handling Stress, Uncertainty and Setbacks

How do leaders remain resilient during times of change and uncertainty? This is a question CCL’s Amy Martinez answers in a recent article, "Leadership Resiliency: Handling Stress, Uncertainty and Setbacks."
In this article the Center of Creative Leadership came up with ideas for building the resiliency of leaders by focusing on our overall well-being.

Read full article here

On Work/Life Balance

Work-life balance involves proper prioritizing between career, health, leisure, family, service and spiritual development. Achieving and maintaining this balance act is difficult enough as it is; for moms working outside the home, balancing professional and personal success requires a strategic approach. In this article, Nicole Thigpen, CCS Chief Strategy Officer, offers some lessons in managing work and life.

Read full article here

What Does It Mean to Be a Good Leader?

How do you know if you or someone else is a good leader? Good leadership is sometimes hard to find and even more difficult to quantify. However, examples of good leaders and leadership become easier to find if we know what to and not to look for. Examples can also be found in people we might not consider leaders at all due to their lack of position or authority.

The following article gives us some important clues that can help us answer the question for ourselves: What does it mean to be a good leader?

Read full article here

New to Our Website

Managing a nonprofit's information pipeline
http://www.philanthropyjournal.org/resources/managementleadership/managing-nonprofit%E2%80%99s-information-pipeline