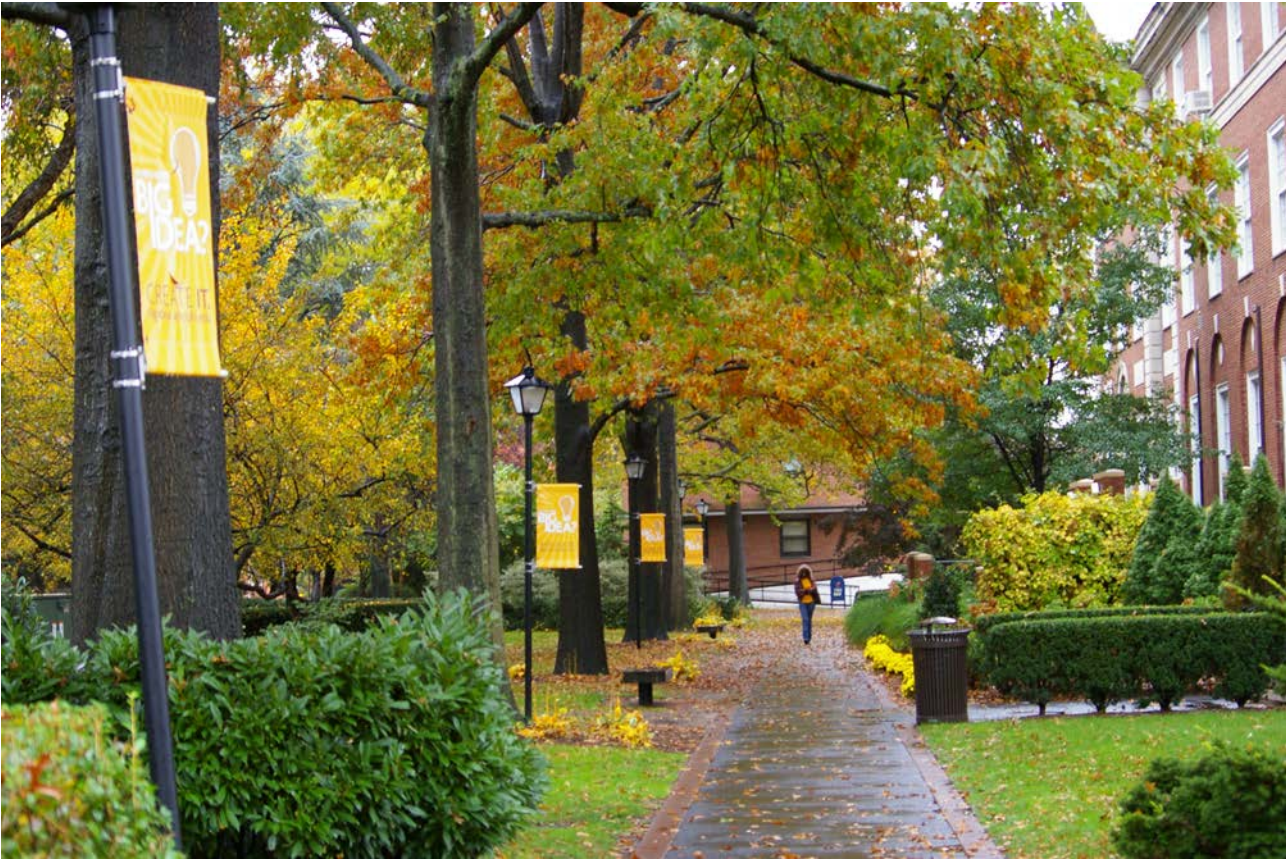


J- 1 Pre-Arrival Information:

Exchange Students, Research Scholars, Student Interns and Professors



The Exchange Visitor Program

The Exchange Visitor Program promotes mutual understanding between the people of the United States (U.S.) and the people of other countries by educational and cultural exchanges, under the provisions of U.S. law. Exchange Programs provide an extremely valuable opportunity to experience the U.S. and our way of life, thereby developing lasting and meaningful relationships.

Adelphi University

Office of International Student Services

Post Hall Room 203

Phone: 516.877.4990 Fax: 516.877.3148

internationalstudentservices@adelphi.edu



Two-year Home Residency Requirement

When you agree to participate in an Exchange Visitor Program and your program falls under the conditions explained below, you will be subject to the two-year home-country physical presence (foreign residence) requirement. This means you will be required to return to your home country for two years at the end of your exchange visitor program. This requirement under immigration law is based on Section 212(e) of the Immigration and Nationality Act, as amended, and Title 22 Part 40 and Part 41 in the Code of Federal Regulations.

Two-year Home-Country Physical Presence Requirement Conditions

An exchange visitor is subject to the two-year home country physical presence requirement if the following conditions exist:

Government funded exchange program

The program in which the exchange visitor was participating was financed in whole or in part directly or indirectly by the U.S. government or the government of the exchange visitor's nationality or last residence;

Graduate medical education or training

The exchange visitor entered the U.S. to receive graduate medical education or training;

Specialized knowledge or skill: Skills List

The exchange visitor is a national or permanent resident of a country which has deemed the field of specialized knowledge or skill necessary to the development of the country, as shown on the Exchange Visitor Skills List. Review the Exchange Visitor Skills List 2009 at http://travel.state.gov/visa/temp/types/types_4514.html

Change of Status and Waivers of Requirement - If the exchange visitor is subject to the two-year home-country physical presence (foreign residence) requirement, he or she cannot change his/her status to that of H, L, K, or immigrant lawful permanent resident (LPR) until he or she has returned to his/her home country for at least two-years or received a waiver of that requirement. Such waivers may be requested and if approved, obtained under these five separate bases:

- No Objection Statement;
- Exceptional Hardship;
- Persecution;
- Conrad Program, or
- Interested Government Agency

What is SEVIS?

The Student and Exchange Visitor Program (SEVP) acts as the bridge for government organizations that have an interest in information about foreign students. It is designed to help the U.S. Department of Homeland Security and U.S. Department of State better monitor school and exchange programs and F, M and J category visitors. SEVP administers the F (academic) and M (vocational) visa categories, while the U.S. Department of State manages the J exchange visitor program.

SEVP uses Web-based technology, the **Student and Exchange Visitor Information System (SEVIS)**, to track and monitor schools and programs, students, exchange visitors and their dependents while they are legally enrolled in the U.S. education system.

SEVP collects, maintains and uses the information to ensure that only legitimate foreign students or exchange visitors gain entry to the United States. The result is an easily accessible information system that provides timely information to the U.S. Department of State, U.S. Customs and Border Protection, U.S. Citizenship and Immigration Services and U. S. Immigration and Customs Enforcement.

E Campus Account

Email Account, University Information, and Course Registration if applicable

Register for E Campus

Your Identification Number at Adelphi University is: **this number will be provided by International Student Services**

Your Adelphi ID Number at Adelphi University is: **this number will be provided by International Student Services**

Registration Steps:

1. Go to students.adelphi.edu/gettingstarted
2. Open the New Student Checklist
3. Follow the steps in Getting Started with eCampus

Once you have set up your eCampus account, you can register for Orientation and your classes, as well as check your Adelphi email.

If you have difficulty registering for eCampus, contact the Adelphi Help Desk at **516.877.3340** or helpdesk@adelphi.edu.

Dependent Information

Dependents of a J-1 student will be issued a J-2 visa if they are accompanying or joining the J-1 student or scholar. You must be able to show that sufficient funds are available to cover the entire family's living expenses. A visa will not be issued without evidence to this fact. Please make sure you let the Office of International Student Services know you will be bringing a dependent with you. A DS-2019 must be issued for each dependent. Additional financial documentation and proof of relationship is required to obtain these documents.

Work - The spouse and/or children of an exchange visitor in the U.S. may not work in J-2 status, unless they have filed Form I-765 Application for Employment Authorization and U.S. Citizenship and Immigration Services (USCIS) has approved permission to work.

Study- The spouse and/or children of an exchange visitor visa holder who are in the U.S. on an exchange visitor visa may study in the U.S. without also being required to apply for a student (F-1) visa or change to F-1 status.

Travel Information and Documents Needed

All non-immigrants coming to the United States for the purpose of participating in the Exchange Visitor Program will have to acquire a J-1 student and scholar visa. You can obtain the J-1 visa at the nearest United States Embassy or Consulate by presenting Form DS-2019 (called Certificate of Eligibility) which will be issued by Adelphi University. You will also have to present your letter of acceptance or invitation, proof of SEVIS I-901 payment receipt, a certificate of finances and a bank letter (certifying that funds are available for your study in the U.S.) A J-1 visa is intended for your travel into the United States as a J-1 Student or Scholar. (Note: Canadian students do not need a visa and may enter the U.S. simply by presenting a valid passport, Form DS-2019, SEVIS I-901 payment receipt and sufficient financial documentation.)

Also note that U.S. immigration regulations will not allow you to enter the U.S. earlier than **30 days** before the start of your program. Therefore, please make your travel plans accordingly in the event that you plan to visit relatives or friends in the U.S. before you begin your participation at Adelphi University

When you arrive, you must have the following documents.

- Valid passport dated 6 months in the future
- Form DS-2019
- A valid J-1 Visa
- Copy of Adelphi letter of acceptance and or invitation

- Proof of financial ability
- Proof of Health Insurance

Transportation to Adelphi University:

TAXI AND CAR SERVICE OPTIONS: (Arrange all services in advance)

All Island Taxi

516.742.2222

The cost of this service is \$45 per person from JFK International Airport to Adelphi. Gratuity is not included and must be provided separately.

Elegant Transportation

516.678.7700

The cost of this service is \$75 (cash) or \$83.18 (credit card) from JFK International Airport to Adelphi. Gratuity is not included and must be provided separately.

SUV-Me Inc.

917.417.8402 or **chris@suv-me.com**

The cost of this service is \$86 per person, plus 20 percent gratuity, from JFK International Airport to Adelphi. Book at **SUV-me.com** and mention that you are an Adelphi student.

We suggest that you avoid taking a regular yellow taxicab to Adelphi since the cost will most likely be double. Please note, gratuity is not included.

Caution: At airports, bus terminals, etc., stay away from individuals offering transportation at special rates. Often, these people are untrustworthy. Also, always keep your luggage and other belongings within sight. Never leave your belongings unattended.

Arrival Information

Upon arrival please contact the Office of International Student Services to schedule an orientation and check in appointment. The office is located in room 203 of Post Hall. You can schedule an appointment by emailing internationalstudentservices@adelphi.edu or by calling 516.877.4990. This appointment must be done immediately upon entering the Adelphi campus. University office hours are 8:30 a.m. to 4:30 p.m., Monday through Friday.

You should be prepared to bring the following documents to your orientation check in:

- Passport
- DS-2019 form
- Copy of I-901 fee payment receipt
- I-94 arrival document
- Proof of required medical insurance

Health Insurance Requirements

Individuals in J status must have insurance in effect during the period of status associated with Adelphi University. The policy must provide:

- Medical benefits of at least \$100,000 for each accident or illness
- Repatriation of remains in the amount of \$25,000
- Expenses associated with the medical evacuation of the exchange visitor to his/her home country in the amount of \$50,000
- A deductible not to exceed \$500 per accident or illness

- An insurance policy secured to meet the benefit requirements must be underwritten by an insurance corporation with an A.M. Best Company rating of A– or above, an Insurance Solvency International, Ltd. (ISI) rating of A-1 or above, a Standard & Poors claims paying ability rating of A– or above, or a Weiss Rating of B+ or above.

Student Health Insurance Waivers (Students Only)

Adelphi University requires that all international students are covered by health insurance. You will automatically be billed (currently \$1500 for the University Insurance Policy). If you have your insurance coverage, you must show proof of such coverage and you will be withdrawn.

This proof must be presented and approved by the University Health Services Office by the withdrawal date in order to be withdrawn from the University insurance plan. Fall semester withdrawal deadline is October 15th and Spring semester is March 15th.

IMPORTANT: New York State Law requires that all international students attending a university be inoculated against measles, mumps and rubella as you have already been advised. You must submit formal proof of such inoculation. **If you are unable to do so before you arrive, you will have to be inoculated here at your own expense or you will NOT be able to register or attend classes.**

Like doctors, dentists are also expensive. It is strongly recommended that all necessary dental work be taken care of prior to your departure to the United States since the insurance policies here generally do not cover dental cost.

Housing Information

On campus housing is available for registered exchange students provided that they have returned their housing application together with the required deposit to the Office of Residential Life & Housing.

Generally, two students share a room. All dormitories are coed (male/female). There are restrooms and showering facilities on each floor. Students must provide their own sheets, pillows, blankets and towels. Resident students are required to choose one of the meal plans offered. You will receive detailed information when you arrive on campus. For more information on on-campus housing please contact the Office of Residential Life and Housing at 516.877.3650 or gshumack@adelphi.edu.

II. Students with Families

Adelphi DOES NOT provide housing for married students or students with families. Married students are therefore encouraged to arrive alone and have their dependents join them after they have found suitable living quarters. The Center for Student Involvement will attempt to give you some guidance in finding appropriate off-campus housing, but does not have the resources to actively assist you in your search.

III. Off Campus Housing

Housing Posts on eCampus

Adelphi University has partnered with Off-Campus Partners to offer a comprehensive listing of available off-campus housing, enabling Adelphi students to search for apartments near campus, to find potential roommates and to browse furniture for sale. To search for housing, go to the eCampus Service tab and click on the Off-Campus Housing icon. If you want to add it to your favorite services, just click on the heart symbol below the icon. ***Please note: You must register with Off-Campus Partners with an Adelphi email address to use the Off-Campus Housing service.***

To access the Off-Campus Housing service:

- Log in to eCampus with your Adelphi name and password.
- Click the **Services** tab.
- Browse to the **Off-Campus Housing** icon, or find the service using the **search function**.
- Click the icon to launch the service.

- If it is your first time using the service, click the Register Here link in the upper right of the navigation bar to gain access. Otherwise, click Log In and enter the username and password you used to register with Off-Campus Partners. (Note: Because this is an external service, you have to log in separately from eCampus.)

Applying for a J-1 Visa

There are several steps to apply for a visa. The order of these steps and how you complete them may vary at the U.S. Embassy or Consulate where you apply. Please consult the instructions available on the embassy or consulate website where you will apply. Visa wait times for interview appointments vary by location and season, so you should apply for your visa early.

Steps:

- Complete the Nonimmigrant Visa Application, Form DS-160 (Application fee is \$160.00)
- Schedule an Interview
- Prepare for your interview
- Attend your visa interview

Required Documentation

- Nonimmigrant Visa Application Confirmation Page
- Application fee payment receipt
- Passport valid for travel to the United States. Your passport must be valid for at least six months beyond your period of stay in the United States.
- Photo: You will upload your photo while completing the online Form DS-160
- Certificate of Eligibility for Exchange Visitor Status, Form DS-2019

Additional Documentation you may need to submit:

- The purpose of your travel;
- Your intent to depart the United States after your travel;
- Your ability to pay all travel costs; and/or
- Other documents the consular officer may request.

Explanation of Fees

International Student and Scholar Fee:

The current fee for each J-1 student and scholar is \$75.00. This fee will be added to your University bill and the student/scholar is responsible to pay this fee.

Living Expenses:

The Long Island area can be rather costly for obtaining an apartment. Please be prepared to spend an average of \$800 - \$1000 per month for a rental room in an apartment and more for a private apartment.

SEVIS Fee:

The SEVIS I-901 fee is mandated by Congress to support the program office and the automated system that keeps track of students and exchange visitors and ensures that they maintain their status while in the United States. Each student or exchange visitor issued an initial Form I-20 or DS-2019 on or after October 27, 2008, is responsible for paying this fee to SEVP.

The current fee is \$180.00 and can be paid at www.fmjfee.com

Tuition Fee (If Applicable):

Tuition and fees are payable in full at the time of registration. Students pre-registering for the fall and spring semesters will be billed in June and December, respectively. Students are responsible for all charges regardless of billing. All payments will be applied to past due balances first.

Students are required to notify the Office of the University Registrar of their appropriate billing address and to contact the Office of Student Financial Services if bills are not received. Payments must be made in accordance with University policy, whether or not bills are received. Students may request a current statement of accounts at the Office of Student Financial Services in the lower level of Levermore Hall, Room 1. For information on billing statements, payment plans and bill due dates, please contact the Office of Student Financial Services at 516.877.3080 or financialservices@adelphi.edu.

Clothing Recommendations

Lightweight clothing is recommended for summer when the weather is hot and humid. Temperatures from June through September range from 70 F (21 C) to more than 90F (32 C). A rain coat and umbrella are useful for rainy weather.

Winters (November through March) can be quite cold. Be sure to bring warm clothing. Temperatures range from 20 F (-7 C) to 45 F (7C) and sometimes drop as low as zero (-18 C). A good winter coat is recommended (if purchased here, the cost is about \$150). A sturdy pair of winter boots for the snow, rain and cold weather can be purchased for about \$125

Fall (September to October) and Spring (April to May) is usually moderate with temperatures ranging form 50F (10C) to 70 F (20C).

As you pack your luggage, it is an excellent idea to bring something typical of your country. Perhaps a “local” outfit, costume, dress or simply a piece of clothing you may want to wear at a special international event or some special artifact, or a few slides or pictures form home. Is should be something that you would like to share with your new American friends about your country.