

J- 1 Post-Arrival Information: Exchange Students, Scholars, Professors and Researchers

Office Information

Office of International Student Services
Post Hall Room 203
Office Hours: Monday – Friday 8:30 a.m. – 4:30 p.m.
Telephone: 516.877.4990
Fax: 516.877.3148
Contact: internationalstudentservices@adelphi.edu

Responsible Officers

Responsible Officer RO:

Wendy Badala
Director of International Student Services
Post Hall Room 203
Telephone: 516.877.4990
Email: wbadala@adelphi.edu

Review of Non-Immigrant Documents

- Passport
- Form DS-2019
- J-1 Visa
- Proof of Health Insurance

Social Security Number

Steps to Apply for a Social Security Number:

- Request appropriate letter from Office of International Student Services
- Take letter, passport, DS-2019 and I/94 arrival document to the Social Security Administration Office to apply.

Adelphi ID Card

Steps to Obtain an Adelphi ID:

- Go to Public Safety
- Lower level of Levermore Hall (Make a Left out of Elevator)
- Bring Passport for identification

University Services

Swirbul Library

Location: Adjacent to the baseball field.

For hours and information please contact the library.

The Learning Center

Location: Nexus Building, Room

516.877.3200

Provides Area Specific Tutoring

Offers Cultural Conversations

Offers Programs to Prepare for Graduate School

The Interfaith Center

Location: University Center Room 108

Interfaith Chapel: University Center Room 306

Catholic Chaplain and Minister Services: Sunday Prayer and Weekly Programs

Protestant Chaplain and Interservice Christian Fellowship Services: Weekly Programs Offered

Muslim Chaplain: Friday Prayer Services Offered

Jewish Chaplain: Weekly Programs Offered

Dining Services:

Lackmann Culinary Services offers meal plans, and assistance with dietary needs. The main office is located in the UC Cafeteria on the first floor.

Eating Locations on Campus:

University Center Cafeteria

Underground Café

Post Dining Hall

C-Store

Legends Café

Melt Shoppe

Health Services:

Located on the first floor of Waldo Hall.

Open 24 hours each day while school is in session and can be reached at 516.877.6000

Public Safety:

Location: Lower Level of Levermore Hall

516.877.3500

Services Provided:

Campus Safety Alerts

Campus Shuttle Schedule

Safety Tips and Resources

Campus Recreation:

Location: CRS Building

Group fitness class 5 days a week (Zumba, Ab Attack, Yoga, Pilates, Cycling)

Weight room with stationary cardio equipment

Pool

Indoor walking track

Intramural sports for Spring and Fall semesters

Gymnasium for playing basketball, indoor soccer, volleyball, etc.

Locker Room

Racquetball and Squash Court

Half basketball court

Outdoor tennis courts

Turf field

Activities and Events

Adelphi University Offers Many Events and Activities to Become a Part of. Don't Miss Out For Information: Check your Adelphi email account every week for updates

E Campus Registration (Email Account & Course Registration if applicable)

To register for E Campus

Your Identification Number at Adelphi University is: _____

Your Adelphi ID Number at Adelphi University is: _____

You will need this number in order to log onto E Campus.

1. Go to www.adelphi.edu
2. Click on E-Campus
3. Click on Log In
4. Click on the Getting Started at AU link
5. Follow steps 1, 2, 3 and 4 to get your Adelphi username and password. You will need this to register for orientation, register and check your Adelphi email.

Travel Information

In order to travel outside the United States you will need to have a valid travel signature on your DS-2019. This should be requested by the Office of International Student Services. You will also need a valid passport, valid J-1 visa and DS-2019 form.

Health Insurance Requirements

Please note that J-1 students and scholars are required to carry health insurance for the duration of the J-1 program. The policy must provide "medical benefits of at least \$50,000 for each accident or illness". In case of death the policy must provide at least \$7,500 in benefits REPATRIATION of remains. In case of serious illness the policy must pay up to \$10,000 for the expenses of the visitor's travel. This is called MEDICAL EVACUATION. The J regulations also limit the deductible to \$500.00 per accident or illness and require the insurance company to pay at least 75% of covered medical expenses. Also note, the government regulations stipulate that if the exchange visitors fail to carry health insurance as described above, the program sponsor must terminate their program.