

October
2015



The Daily *Commute*

#AUWearItWednesdays

Last month, here at Adelphi, we kicked off an exciting new tradition: “#AUWearitwednesdays”. The event itself included free cookies with the AU Panther Logo on it, churros, and ice cream for all, along with tee shirts, sweatshirts, and gift card giveaways. Our panther ran around encouraging the excitement, which, combined with a great performance from our own AU Cheerleaders, created a great atmosphere. Everyone shared in Panther Pride and the sense of community within school.

This event was to encourage all of you and your fellow panthers to wear brown, gold, or any Adelphi apparel every Wednesday. See how strong our community is and support it by sporting your Adelphi gear proudly! Take pictures with your friends in the most creative location and post it with the hashtags: #AUWearitwednesdays and #AUshowus for a chance to win a \$100 Gift card to the bookstore (to get MORE Adelphi wear!). The contest ends on October 16th but the spirit never ends so be sure to #AUWearitWednesdays every Wednesday.

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Remember, on Wednesdays we wear brown and gold!

By CA Sam

FAMILY WEEKEND 2015!



Join Adelphi on October 2-4th in celebrating Family Weekend! Family Weekend is a fun filled event for the entire Adelphi community to celebrate their Panther pride! This is the perfect opportunity to show your family why you love Adelphi! From Friday to Saturday the event is packed with food, sporting events, fairs and so much more! Here's a glimpse at the schedule for the weekend!

Friday, October 2nd:

Shabbat Services & Reception 3:30-5pm in the UC Interfaith Chapel

Campus Recreation Open Gym 5-10pm

Book Discussion-The Color of Water 7pm in UC 211/212

Saturday, October 3rd:

Arboretum Tour 12pm UC Lobby (weather pending)

AU Spirit Carnival 1-6pm in the Center for Recreation and Sports Gym

King and Queen Coronation at 3:30pm CRS Gym Stage

Panther Paint Nite 7pm UC Ballroom

Sunday, October 4th:

Catholic Mass & Reception 11:30-1:30 UC Ballroom

Adelphi Visits Broadway- Fun Home or An American in Paris 3pm show

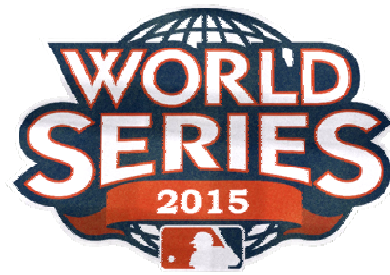
Family Service Opportunity- Hope Lodge 10am-2pm

Larson Legacy Concert: Sam Willmott 3pm Olmsted Theatre

****For a full schedule of events and details, please visit Adelphi.edu/familyweekend****

Hope to see you there!

CA Jackie



CA Event Spotlight: The CA World Series

Save the Date!:
Our 2nd CA
event of the se-
mester will be
held on Octo-
ber 6th from 12
-2pm in UC
211/212. Make
sure to come
check it out!

Who doesn't love baseball, America's favorite pastime? Let's kick off a great start to the playoff season with a great baseball themed event "CA World Series." The second Commuter Assistant event this semester will be held on Tuesday, October 6th in the University Center rooms 211/212 from 12:00pm-2:00pm. It will be hosted by CA Brittany, Kim and Tristan. Bring all of your friends and head over for baseball-themed crafts, games, and much more! Every semester the Commuter Assistants host numerous free and fun events for the Adelphi commuter community. There is always free food and fun so that you have the chance to de-stress throughout the year. This event will get you pumped for the playoff season and it's a great time with friends between classes or on a break while having fun with other fellow commuters and CAs! We hope you are just as excited as we are for "CA World Series" and we can't wait to see you there!

By: CA Brittany



CA Kim is a senior Psychology major in the STEP program for Elementary Education. She commutes by car from Fort Salonga.



CA Brittany is a sophomore Math major in the STEP Program for Elementary Education. She commutes by car from New Hyde Park.



CA Tristan is a junior Psychology major with a minor in Marketing and HR Management. He commutes by car from Queens Village.

CA Event Spotlight: Haunted House with your CAs



Save the Date!
Our 3rd CA event
will be held on
October 22nd
from 1-3pm in UC
213/214 hosted
by CA Megan,
Danielle, and Jus-
tin. More details
to come!

It's that time of the year again; Halloween is just around the corner! What better way to get into the spirit of Halloween than a haunted house event? Join CA's Megan, Danielle and Justin for a frightful afternoon filled with monsters, zombies and witches on **Thursday, October 22, 2015** from 1:00pm-3:00pm in UC Room 213/214. This event will include plenty of tricks and treats, fun crafts and of course delicious food, and it's all for **FREE!** We hope to see you there!

Mwhahaha...

By: CA Megan



CA Justin is a sophomore Exercise Science major. He commutes by carpool from Queens, Village.



CA Megan is a senior English major in the STEP program. She commutes by car from Valley Stream.



CA Danielle is a junior English major in the STEP program. She commutes by car from New Hyde

AU Commuter Hotspot — The Commuter Lounge!

A Panther's natural habitat isn't in the wild but in the library. No one really notices it but a great hotspot for commuters to go to is the Group Study Area in Swirbul Library, which are the long tables on the first floor of the library. This area is designated for groups to be able to converse at a decent volume while also doing work. For commuters, when the University Center (UC) is packed, the library group study area is great place to get together and hang out while doing work. Libraries are a student's best friend and are there for them during the tough times, especially during finals week. We know as a commuter it is difficult lugging around everything in your bag, however the main desk allows rental of laptops, textbooks, and several other things. If you need couches the Hay Lounge, which is between the Collaboration Studio and Access Services, is the spot to be. The lounges have several sofas and more comfortable chairs to be more relaxed. Always stay charged up with the convenient outlets available in the Group Study area. You never have to go on an adventure to find an available outlet for your electronics.

As any student finding time to study and hanging out with friends is often too difficult. The library believe it or not lets you do both ones in busy college schedules. Food and closed container drinks are always allowed at the tables. The Library is open 7:30am-12:00am Monday-Thursday, 7:30-6:00pm Friday, 8am-6pm Saturday, and 10:00am-12:00am Sunday. If next time you don't know where to go to hang out, head to the library and get the best of both worlds.

By CA Bishal



Commuter Eats

Avellinos is a pizza place that is just known for its deals around campus. They have a different deal everyday that makes having lunch or dinner for a college student beyond affordable. They do two for Tuesday and wacky Wednesday but the deal that is the best is when they have dollar slices on Monday. They sell as many slices as you want for just one dollar and the pizza is also good so it makes it completely worth it. It is also right by campus on Nassau blvd so the trip isn't far at all either. So next time you're hungry make sure you go check it out.

By CA Amit



October Club Shoutout: The Student Activities Board!

Summer is over and the scariest time of the year is approaching. October is a month of thrills that will leave you with chills. From trick or treating to costume parties, so much happens during the month of October – including the Student Activities Board's Halloween Party! SAB's Halloween party is one of their most popular events. The Halloween Party is always based off a fun theme that you can dress up for. Last year everyone dressed up with their friends and enjoyed the Creepy Carnival theme! Get ready to have fun and enjoy tons of food, dancing and much more. **Stop by and enjoy what the night has to offer on October 29th at 7pm in the UC Ballrooms... or else.**

SAB is one of the largest student-run programming organizations on campus open to all Adelphi students! As a five star club, SAB provides Adelphi students with a chance to host events for the entire campus!

By CA Justin



Club Facts:

Nickname:

SAB

Meetings:

**Tuesdays from
5pm-6pm**

Social Media:

**Facebook:
@Student Activities
Board at Adelphi
University
Instagram:
@AdelphiSAB
Twitter:
@SAB_at_Adelphi**

Most known for:

**Welcome Back
Week**

Why join?:

**To help brainstorm
fun event ideas,
help lead and or-
ganize events, vol-
unteer at events
and meet others
that also like to
program!**



Happy Halloween from your CAs

It's officially that time of the year where we get to dress up as people that we love! This month, we asked your CAs what was their favorite costume they have ever worn and this is what they had to say!

Amit Telwala – Spiderman
Ayia El-Refaey – Vampire Princess
Bishal Bangay – Pirate
Brittany Willoughby – Mary Poppins
Danielle Imperatore – Barbie Cheerleader
Georgia Linaris – Little Bo Peep
Hugo Salazar – Superman
Jaclyn Howfield – Minnie Mouse
Justin Baharally – John Cena
Kimberly Cotter – Cinderella
Matthew Bellomo – Phantom of the Opera
Megan Mazza – Lion
Samantha Athenas – Harley Quinn
Tristan Baharally – Teletubbies
Victoria Khaimova – Ninja Turtle



By CA Ayia



Upcoming Events

Hey there commuters! I know sometimes getting involved can be difficult sometimes, and mainly it can be because you don't know when and where certain events are taking place. Well, no worries! Here are a list of events that you should consider checking out if you are on campus and are thinking about something to do during said times.

Family Weekend, which takes place October 2-4, at the University. This is a great opportunity to bring anyone you want to campus and show them how great it is. You can play games, get delicious food, and recreate a professional painting. This is an event you definitely do not want to miss out on.

The Fall 2015 Comedy Show, this semester we have Kate McKinnon from Saturday Night Live performing, a show definitely worth checking out! It is on Tuesday, October 27th at 8:00PM, and you can purchase tickets from the Panthertainment Booth or on Adelphi.universitytickets.com.

Halloween Candy Drive for Operation Gratitude is an event where there will be collection of candy and dental hygiene products so that they can be sent abroad to our troops. These items can be dropped off at the Panthertainment booth. Dental hygiene products that can be dropped off include: toothbrushes, floss, travel size toothpaste, and mouth wash. This is an ongoing event that ends on November 2nd, so be sure to donate if you can!

Adelphi University Blood Drive: No appointment necessary, walk-ins accepted. Those students that wish to volunteer at a Blood Drive should email CSI at csi@adelphi.edu with their availability for the day. Your donation will help to save up to three lives! Our community hospitals need your help. On October 20th in the UC Ballroom.

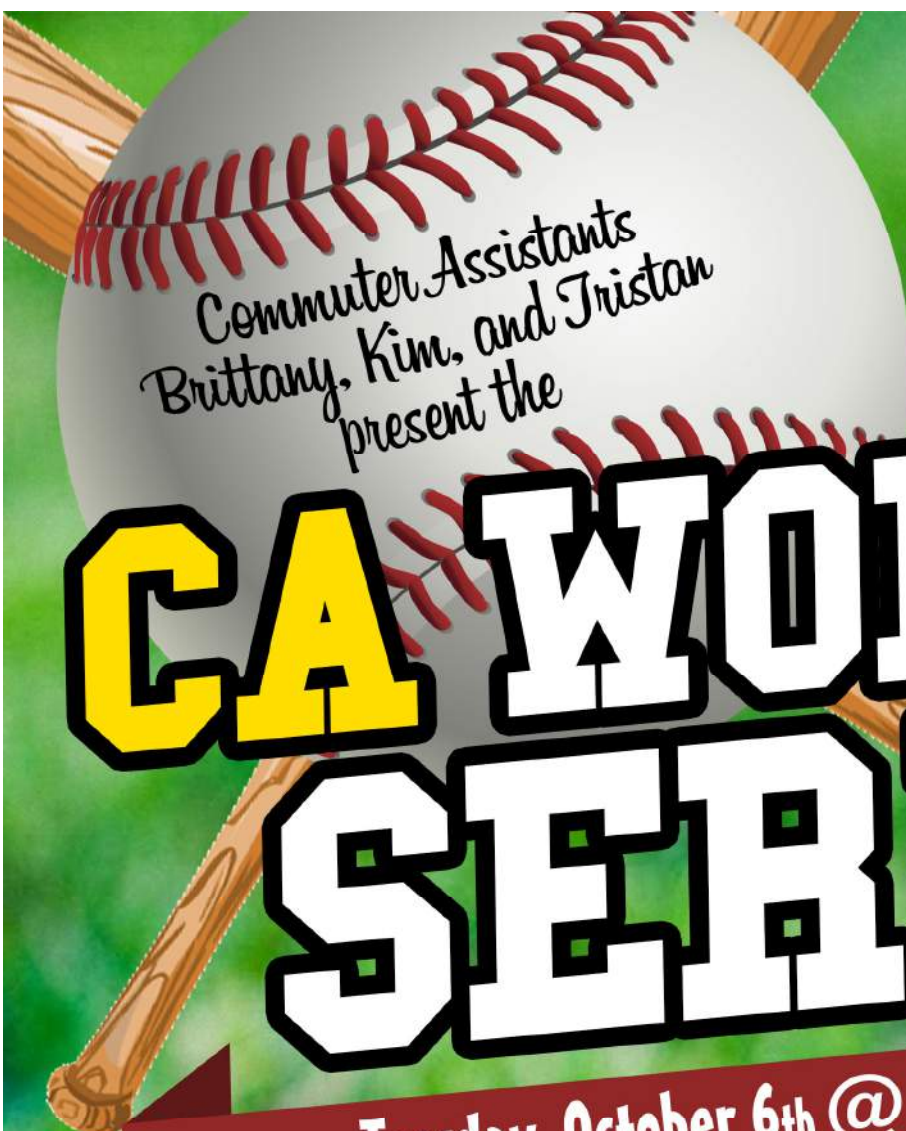
Kannoli Kings Truck: This takes place from 11:00 AM to 1:00PM, get yourself a free kannoli in either original chocolate, chocolate raspberry and Caramel French vanilla. On October 20th in the UC Plaza.

Bhangra Night: This takes place in the UC Ballroom, and it is a Punjabi style party organized by Adelphi University Sikhs United. On October 22nd from 7:00 PM to midnight.

Lead and They Will Follow: Styles, Skills, and Situations: This workshop will focus on the qualities and skills needed to be a good leader, and how to apply these in different situations with different types of people. In UC 211/212 on October 27th from 2:00PM-3:00PM.

Halo-Halloween: Join Student Appreciation and Recognition of Adelphi Pinoys, aka SARAP's 2nd annual Halo-Halloween! Learn about Philippine culture, fun activities, and be updated on our exciting, upcoming events. All are welcome to visit and incoming freshmen are encouraged to join, In New Hall B.

For more info on other events, you can check out the "Student Programming" page on our Adelphi website, MyAULife, or "News and Events". Also keep an eye out for any events sponsored by the Commuter Student Organization, Commuter Assistant Program, and/or your own Commuter Assistant. Be sure to ask your CA about any of the events above if you are interested as well! This month is sure to be filled with fun and excitement!

A graphic of a baseball with red stitching and a wooden bat, set against a green grass background.

Commuter Assistants
Brittany, Kim, and Tristan
present the

CA WORLD SERIES

Tuesday, October 6th @ 12PM - 2PM
UC 211/212 and it's FREE!

**Hit a home run by enjoying free food,
baseball-themed crafts, games,
and more!**

Should you need disability accommodations, please contact DSS@adelphi.edu
72 hours prior to the event. Should you need ASL interpretation,
7 days notice is required.

The Commuter Assistant's Haunted Mansion

Thursday, October 22, 2015
1:00PM-3:00PM
OC 213/214



Dare to enjoy free food, crafts, and other spooky surprises
with CA Danielle, CA Megan, and CA Justin!

Should you require disability accommodations, please email DSS@adelphi.edu giving notice of 72 hours prior to the event.
Should you require ASL interpreting, 7 day notice is required.