

# **January-February 2013**

**Recently many of the children have been visiting the doctor for various reasons, (check ups & illnesses).**

**Their visits to the doctor and being sick became a large topic of discussion. To help them release some of their feelings and give them a better understanding of what happens when we are sick, and what the doctors do to help us, we decided to add some doctor props to the dramatic play area. The “house corner” was transformed into a doctor’s office to give the children an outlet to pretend they were doctors and patients.**

**Props that were brought into the doctor’s office were:**

**\*stethoscopes**

**\*white shirts (to be lab coats)\***

**“Patient charts”**

**\* “Prescription pads”**

**\* Gauze- for bandages**

**\* Clipboards and pencils for writing Dr. notes**

# **What the “Dr.’s office” is teaching us:**

- \*Social skills development—working together**
- \*Emotional development– how we feel when we are sick, how we feel when we visit the Dr.**
  - \*Identifying body parts**
    - \*What our heart beat sounds like**
    - \*How to stay healthy—so we don’t get sick**
    - \*The proper way to wash our hands**
- \*Pre-writing skills—writing on the “patient charts”**
  - \*Creativity and imagination**
    - \* Vocabulary:**
      - Stethoscope**
      - Healthy**
      - Germs**
      - Lab Coat**
      - Nurse**
      - Pediatrician**
      - Bandages**
      - Gauze**
      - Names of body parts**

# Wednesday, 1/30/13

The Toddler Room Dr.'s office is now open for business!

Two stethoscopes and white button down shirts (to use as lab coats), were brought into the house corner, to use as props to enhance and introduce the Dr.'s office play.

The children took turns listening to each other's heart-beats, and making sure everyone was healthy!



# Monday 2/4/13

The doctor's office in the house corner is continually expanding.

Notebooks, and patient charts were added to the play.

We then had a discussion about visiting the doctor's office,

Stephanie: What happens at the doctor's office?

Caroline: He looks in your eyes and your ears.

Zachary P.: Then you get a shot!

Caroline: I got the flu shot.

Duke: I go to Dr. Arnie's office. He's nice.

Caroline: When you get sick you go to the Dr.

Zachary P.: It's not fun to be sick.



# Tuesday, 2/5/13

Everybody gets the chance to be the Doctor!



**While working in and exploring our Dr.'s office in our house corner, we took this opportunity to teach the Toddlers about keeping germs away and the proper way to wash hands.**

**We follow our step-by-step pictorial instructions that are placed by each sink.**

**A few of our most important steps to hand washing are:**

**\*Rolling up our sleeves**

**\*Using soap**

**\*Making bubbles**

**\*Rinsing off the bubbles**

**The most important step we are trying to work on is:**

**\*Drying off our hands with a paper towel, and THEN using the paper towel to turn off the water.**

# Hand washing!!

2/12/13

Today we went over the correct way to wash hands. We read the book Wash Up! and then discussed how we wash our hands. We then had a hand washing demonstration and learned by doing the best way to wash our hands.

