

NEWSLETTER FROM THE ADELPHI UNIVERSITY CENTER FOR CAREER DEVELOPMENT

SPRING 2012

Adelphi University

FEATURED

Recap of Careers in Healthcare

Pg. 3

Student Athlete scores a Home Run Internship & Internship on Ice Pg. 7

Alumni Spotlight: An International Student finds success

Pg. 8

Institute for Parenting offers great opportunities for students to gain hands-on experience right here on campus

Pg. 12

Alzheimer's Drug Discovery Foundation CFP goes above and

> beyond Pg. 15



EXPERIENTIAL LEARNING

Definition: "Learning by Doing" which involves student engagement in transformative learning with active reflection through the application of theoretical knowledge, outside the classroom. The Center for Career Development offers programs that allow Adelphi students to...

"learn by doing"

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CONTACT INFORMATION

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PHONE 516.877.3130

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STUDENTS

Email **careercounselor@adelphi.edu** for rapid replies to your career related questions and to request a critique of your résumé and/or cover letter.

Email interships@adelphi.edu with inquiries regarding internships.

EMPLOYERS

Send current job postings to us at employerservices@adelphi.edu

VISIT THE CENTER FOR CAREER DEVELOPMENT

During the Spring 2012 semester:

Monday and Friday, 8:30 a.m.-4:30 p.m. Tuesday, Wednesday and Thursday 8:30 a.m.-8:00 p.m.

*NEW EXTENDED HOURS *

OUR MISSION

The Center for Career Development is a team of career educators dedicated to the development and implementation of programs and services that promote lifelong career management skills for students and alumni.

We collaborate with students, faculty, alumni, university colleagues and employers to build partnerships that enhance career development and generate career-based experiential education and employment opportunities for students and alumni.

SERVICES WE OFFER*

CAREER COUNSELING

 Career counselors are available by appointment to help you choose a major, provide resume and cover letter critiques, navigate the job and internship search process, and prepare you for interviews. Counselors can help you identify what area of interest you might consider for your future career by matching your interests to occupations.

PRESENTATIONS

 The Career Center provides special presentations for academic classes and student clubs or groups. To request a career-related presentation on résumé writing, interview preparation or internship exploration for your group, call 516.877.3130.

S.W.A.T. TEAM

 Through per diem employment on the Student Worker Action Team (SWAT), you can decide if and when you want to work. Short term, on-campus jobs are announced via email, and positions are filled on a first-come, first-served basis. To sign up to become a SWAT Team member, check the box in your Profile section on PantherZone.

AMERICA READS / AMERICA COUNTS

 This federal work study program encourages Adelphi students to become tutors for local public school children that need help in reading or math. Transportation is provided to some areas.

*<u>NOTE</u>: The Center for Career Development does not guarantee a student or alumnus will obtain an internship or job opportunity.

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RECAP OF FALL 2011 EVENTS

CAREERS IN HEALTHCARE

On Tuesday October 4, 2011 students pursuing a career in healthcare management and administration attended *Make the Connection: Careers in Healthcare* event sponsored by the Center for Career Development and the Healthcare Leaders of New York. This event gave students a rare opportunity to receive one-on-one mentoring advice from leading healthcare professionals.

For those who missed the opportunity, Lloyd Torres, the Director of Health Information Management at North Shore Long Island Jewish Health System's Physician and Ambulatory Network Services (PAANS), provides advice for students:

Lloyd F. Torres, MHA Director of PAANS NSLIJ Health System

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Top 3 Tips for Students Considering a Career in Healthcare:

- Be a life long learner and a constant student. Learning doesn't end when you graduate and the healthcare delivery system is always changing. Take the time to read about your industry and your chosen profession so that you have a better understanding of the macro trends and the nuances of healthcare.
- 2. Love what you do. Those who are successful are very passionate about what they do. If you're lukewarm about your career or employment situation, find something else that'll make you excited to get up in the morning and want to go to work.
- 3. Join a professional association like Healthcare Leaders of New York (www.hlny.org). A good professional association will help you expand your network, meet colleagues in your local area, learn about other organizations, obtain continuing education credits and find a mentor.

NYC DEPARTMENT OF EDUCATION WANTS ADELPHI CANDIDATES



November 9, 2011 Recruiters from The NYC Department of Education conducted interviews with 15 Adelphi graduates to fill immediate vacancies in all five boroughs.

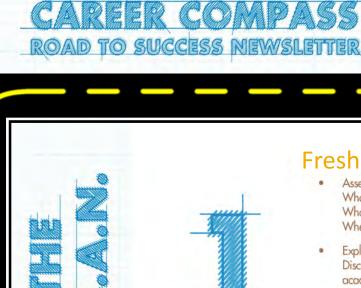
December 14, 2011 The New York City Department of Education returned to the university to discuss current hiring needs for teachers certified in Special Education, Science, TESOL, Speech Pathology, and Bilingual Education. Information was provided regarding the proper online application process. Ms. Janpeg Avignon-Steele, Recruitment Manager of the Office of Teacher Recruitment and Quality for the NYC Department of Education highlighted the benefits of becoming a New York City teacher. She mentioned the importance for teachers to find "the right fit in a school that's a good match for their skills and interests" by researching school's progress reports, school surveys, and quality reviews.

GEICO'S GECKO ON CAMPUS



October 12, 2011 GEICO visited campus for an information session on Corporate Culture: Transitioning from College to the Real World. The representatives, Jeanne Toscano and Rick Haas, spoke to students about how to make the leap from "college to career."

October 19, 2011 GEICO returned to campus to teach students how to conduct their own career scene investigation. Students learned how to tailor their skills and market themselves to potential employers during challenging circumstances.



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Freshman Year: PREPARE

- Assess your values, interests and skills: What do you want to do? What can you do? Where would you like to do it?
- Explore academic majors: Discuss taking a variety of courses with your academic adviser.
- Join clubs and organizations: Contact the Center for Student Involvement to participate in on-campus organizations.

Sophomore Year: LEARN

- Understand your options: Talk to your professors about career paths and internships.
- Identify key players in your industry of interest.
- Connect with alumni: Discover networking, shadowing and mentoring opportunities.

Junior Year: ACT

- Discover your passion: Make an appointment with a career counselor.
- Attend Center for Career Development workshops and events.
- Participate in résumé-building activities.

Senior Year: NEXT STEPS

For resume review, email dratts to careercounselor@adelphi.edu.

- Brush up on interview skills.
- Familiarize yourself with job search resources: Internet sites, campus recruitment programs, PantherZone and employer/alumni events.
- Think about and prepare for graduate schools: GRE, MCAT, LSAT, GMAT, etc.

If you are looking for employment on or off campus, work-study positions, full-time or part-time jobs or even an internship, the Center for Career Development can help you.

- LOG ON to <u>VCAMPUS</u> (https://portal.adelphi.edu)
- SIGN IN using your Adelphi username and password
- CLICK ON PantherZone under the Services tab

You will be redirected to your personal PantherZone profile. Make sure to update your profile. This will allow you to search for jobs and internships related to your individual interests and experience. Potential employers will also be able to contact you if you give them access to your contact information.

Take your time browsing through all listings available or filter through them using a keyword search based on location, title, or type of work. Don't forget to tag some of the listed jobs or internships as "favorites" to have easy access to them later or create a "Job Search Agent" to have new jobs emailed to you!

Check out our other online resources:

"Follow us " on HIREaPANTHER

"Like us" at Adelphi University Center for Career Development

"Watch us" on http://www.youtube.com/user/AdelphiUniv/videos



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Get AU2GO to view helpful career-related tips on your mobile phone



INTERNSHIPS

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Sophomores and Juniors!

The Center for Career Development

One-credit Internship Course

Get ahead of the competition through:

- Résumé writing
- Workplace etiquette
- Mock interviews
- Personal coaching
- Making connections
- Setting goals

Adelphi offers a one-credit course to prepare students for their first internship experience.

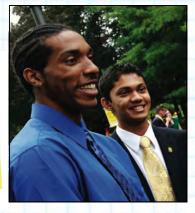
Register for the Interdisciplinary Studies Pre-Internship Course taught by our very own Associate Director of Internships, Jonathan Ivanoff.

•Course # 0137-299

THE BENEFITS OF INTERNSHIPS

- Allow students to explore careers
- Clarify vocational objectives
- Develop relevant experience
- Possibly earn academic credit or pay

Internships are available for the Spring & Summer!





Register Now! Course # **0137-299**



Find out more at students.adelphi.edu/career



HOME RUN INTERNSHIP

During my eight-month internship with the Staten Island Yankees, I managed the school fundraising program. This

brought in sales of over 15,000 tickets generating over \$54,000 for 95 local schools in the tri-state area. While man aging the program, I prepared collateral which included order forms and letters for parents. I also created databases to track ticket sales.

When ticket sales slowed down, I researched and identified nonprofit organizations for potential group sales like the Boy and Girl Scouts of America. This research allowed us to host special programs for these organizations. We even coordinated an event which allowed the Boy and Girl Scouts of America to camp on the outfield after a game.

When the spring internship ended, I was promoted to Lead Intern. Responsibilities included training, supervising and delegating assignments to five other interns. On the days where there were no games, I would initiate phone sales for ticket promotions.

On game day, I would make sure the guest relations' booth and prize redemption table for the school programs were stocked. Prior to the game, I would distribute *Game Day* agendas for all of the staff. During the game, I also had the opportunity to interact with customers. After the game, I would coordinate post-game on-field activities such as *Kids Run the Bases*; an event where children ages 4-12 are permitted on the official field to run through each base.

INTERNSHIP ON ICE

Last season, I was able to intern with the Federal Hockey League's Brooklyn Aviators Pro Hockey team. I helped supervise box office sales. For each game, I would sell tickets and handled any customer-related problems. 🐴 ADELPHI UNIVERSITY

After the box office closed in the second period, I helped with on-ice activities. I would pick fans to participate in activities and supervise them on the ice to ensure they did not get injured. Towards the end of the game, it was my responsibility to pick out "The Fan of the Game." After every weekend game, I became a liaison between the athletes and the fans during signing events.

Before the 2011 season, the new owners contacted me. They wanted me to return for another season. Since my return to the Aviators, I have helped with the box office as well as on-ice activities. The new staff has been very open to ideas and is happy to hear what I can offer. I was able to provide them with new ideas based off of what I learned from the Staten Island Yankees.



The Brooklyn Aviators are still a growing minor league team in the Metropolitan area. As a way to promote the team, I mentioned to my supervisor that we should have a fishbowl for people to drop their business card into in order to win tickets for their office. By the next game, there was a fishbowl on display at the box office. Another idea I offered was to pick fans to be a part of the on-ice activities prior to the game rather than at the end. My supervisor really liked the idea and confirmed it would be implemented in the upcoming season.

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While I was an intern, I still made time for things that mattered to me on a personal level. I am a member of the Delta Delta

Delta sorority on campus and spend some time as an EXCEL Mentor, while also working part time as a Tour Guide for Adelphi University Admissions. In addition, I am a student athlete



"I was able to provide the Brooklyn Aviators with new ideas, build on my experiences from the Staten Island Yankees and from what I learned in the classroom ."

on the AU bowling team.

ROAD TO SUCCESS NEWSLETTER

ON CAMPUS RECRUITMENT

UNLOCK YOUR POTENTIAL

Get a head start on the competition with the Center for Career Development's on-campus recruitment events.

WHY SHOULD YOU PARTICIPATE?

- Step-by-step preparation and guidance with resume and interview tips
- Opportunity for many interviews, on the same day, right on campus
- Increased odds of obtaining interviews, since you are competing only with AU graduates
- Feedback from employers on interview performance

HOW TO GET INVOLVED?

If you are an Adelphi student or alumnus graduating with a bachelor's or master's degree, register for one seminar date in your field. Visit Panther Zone and click on *Career Fairs and Events* tab to sign up.

ALUMNI SPOTLIGHT



The Career Center has had an extremely important role in my experience at Adelphi University. It was a great support for me not only during my MBA program, but even after graduation. I started at Adelphi as an international student from Romania and now I am working as a Marketing Specialist at Schwartz & Company, LLP. Currently I am developing a marketing plan to support the growth and expansion of the firm.

The Career Center helped me adjust to the American business environment, by introducing me to a solid network of professionals and improving my business skills. The on campus recruitment process proved to be very useful especially because it allowed me to meet different employers and better understand what they are looking for in a candidate.

SEMINAR DATES

College of Arts and Sciences or School of Business

| Tuesday | 2/07/12 3:30 p.m 5:30 p.m. Hauppauge Center |
|-----------|------------------------------------------------------------------------|
| Wednesday | 2/15/12 5:00 p.m 7:00 p.m. Career Center, Post Hall |
| Thursday | 2/23/12 4:00 p.m 6:00 p.m. Career Center, Post Hall |
| Monday | 2/27/12 6:00 p.m 8:00 p.m. Career Center, Post Hall |
| Saturday | 3/03/12 10: <mark>00 a.m</mark> 12:00 noon Career Center, Post Hall |
| Wednesday | 3/07/12 5:00 p.m 7:00 p.m. Career Center, Post Hall |

Interview Day with Local Businesses and Organizations

Thursday 4/26/12, 9:00 a.m. - 5:00 p.m. Ruth S. Harley University Center, Adelphi University

Ruth S. Ammon School of Education School of Social Work Gordon F. Derner Institute of Advanced Psychological Studies

| Thursday | 1/19/12 3:30 p.m 5:30 p.m. Hauppauge Center | | |
|----------------------------------------------------------|---------------------------------------------------|--|--|
| Friday | 1/27/12 3:30 p.m 5:30 p.m. UC 211-212 | | |
| Monday | 1/30/12 4:30 p.m 6:30 p.m. UC 215-216 | | |
| Wednesday | 2/01/12 12:00 noon-2:00 p.m. UC 211-212 | | |
| Saturday | 2/04/12 10:00 a.m 12:00 noon Alumni House | | |
| Tuesday | 2/07/12 6:30 p.m 8:30 p.m. CRS Campbell Lounge | | |
| Long Island Education Recruitment Consortium Out-of-Area | | | |
| Education Recruitment Day | | | |
| Thursday 3/08/12,8:30 a.m 5:00 p.m., | | | |

Hofstra University

Interview Day with Local Schools and Agencies

Thursday 3/22/12, 9:00 a.m. - 4:00 p.m. , Ruth S. Harley University Center, Adelphi University

AMERICA READS AMERICA COUNTS





SIGN UP TODAY

- Log on to students.adelphi.edu/ career/americareads/
- Click on the "How to Apply" link
- Register online for an Orientation
 Session on PantherZone

Check your email address for a confirmation and further instructions.

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America Reads/America Counts is a national tutoring program that provides college students with an opportunity to help children and teens raise, maintain, or excel in their reading and math scores. As an Adelphi student in the program, you'll join more than 100 of your fellow classmates and tutor elementary or middle school-aged children from 11 schools in the Long Island area. All tutors are first assigned to a local district and then assigned to a teacher and classroom.

PROGRAM ADVANTAGES

- Set your own schedule to accommodate your class schedule
- Earn \$10/hour or more towards your federal work-study award
- Looks great on your résumé because it is an "internship-like" experience
- Build great relationships—with teachers and students
- Transportation is provided to and from your tutoring session by the Adelphi shuttle service

PROGRAM EXPECTATIONS

- Attend orientation and training sessions
- Work a minimum of six hours/week (in blocks of at least two hours/day)
- Work closely with teachers on scheduling and classroom needs
- Have means of transportation to and from schools where transportation is not provided



To register for

upcoming workshops

log on to:

Adelphi.edu/leadership

LEARN HOW TO MAKE A DIFFERENCE

TOPICS FOR SPRING 2012 WORKSHOPS

- Titles Don't Make Leaders: Team Building & Group Dynamics
- Relay for Life: Community Service Event
- Networking: Make New Friends, But Keep The Old
- Innovative Problem Resolution and Strategic Thinking: How to Effect Change
- Public Speaking
- Challenge or Follow: Ethics of Leadership
- How to Differential Yourself from the Competition

These workshops allow you to grow as an individual and as leader, making you more marketable to potential employers.

"I enjoyed this workshop very much because of the group participation and the presenter's engaging personality." "These workshops have helped me understand that "Consciousness of Self" is the beginning of success as a leader."

"I learned to focus on maintaining a sense of integrity in order to gain the trust of others in the workplace."

100 % of the surveyed body agreed these workshops are essential for anyone who would like to be a leader in their profession





ROAD TO SUCCESS NEWSLETTER

THE INSTITUTE FOR PARENTING Offers AU students hands on experience right here on campus.



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The Institute for Parenting has provided me with a wealth of knowledge and experience in the field of Infant Mental Health (IMH), early childhood development, and dyadic psychotherapeutic work with parents and their young children.

Using my artistic abilities, I have also had the opportunity to create murals for the rooms in which our families meet, providing a warm and welcoming treatment environment. Between leading the *Raising A Thinking Child* classroom, to working with families involved in the foster care system, I believe that I will graduate from Adelphi University with a unique skill set and thorough understanding of the importance of child development and Infant Mental Health.

The field of Infant Mental Health is growing and gaining its proper footholds in both the psychology and social work fields, and I hope that with my MA in

Psychology and my MSW from Adelphi combined with my experience and opportunities provided to me by the Institute for Parenting, I will be able to provide support to strengthen families through intensive clinical work to help them develop healthy relationships and raise happy babies.

When I first started the internship at the Institute for Parenting, I had my heart set on continuing my education in the field of psychology in graduate school. Trained by other interns who were the team leaders, I developed new skills for working with children. In this role, I learned about the programs the Institute offered and how much they help families in need. Although I started out as a psychology intern, I learned a great deal about the field of social work. This is when I decided to switch to social work and pursue MSW graduate programs.

Raising a Thinking Child (RATC) is one of the learning experiences for which I am so grateful. Not only did I gain knowledge about child development and clinical interventions for children, I learned from the children in the program as well. It was also rewarding to see that the children learn from me and the other interns. It is a pleasure to see their moods become happier and their behavior more settled.



My experiences at the Institute for Parenting opened my eyes to new and different areas to study and how to interact with children differentially depending on a particular child's needs. This program has definitively helped me to decide to work with children and families in the future.



The Institute for Parenting is a site where interns can learn about the process and difficulties that come with research, clinical evaluations, and therapy. As a member of a research team, I gained experience with many different aspects of participating in a research project. Exposed to a variety of research tools, I transcribed interviews using the Parental Development Interview (PDI) which is an important clinical and evaluation tool that helps therapists know how well a parent understands his/her child's thoughts, feelings, needs and behavior and helps guide the treatment.

In addition, I have had the wonderful opportunity to shadow the research coordinator who was conducting the PDI interviews and who will be training me to conduct these interviews as well. I also help with literature searches and reviews related to the current ongoing projects at the Institute.

During my internship, I have done extensive research on attachment and

developmental theories that I wish to further examine. Conceptualizing my own research project from start to finish under the supervision of Dr. Laura Derose, my research thus far derives from a psychodynamic perspective. This is the particular area that I wish to focus on in graduate school, and in my future. My ultimate goal is to obtain a doctorate degree in Clinical Psychology.

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2012 JOB & INTERNSHIP EXPO

Wednesday, April 4, 2012 1:00 p.m. - 4:00 p.m. Ruth S. Harley University Center

Attention undergraduate, graduate students and alumni

- Meet with more than 75 employers offering full-time, part-time summer jobs, and internships.
- Dress professionally
- Bring plenty of copies of your resume

To learn more about participating companies, interview skills and resume preparation visit students.adelphi.edu/career/students/jobexpo.php or call the Center for Career and Development at 516.877.3130



THE COMMUNITY

WHAT CFP HAS TO OFFER:

- Provides an opportunity to gain real work experience
- Promotes Adelphi's dedication to community service
- Pays undergraduate students in all majors \$3,000 for their summer internship at a nonprofit organization

REQUIREMENTS

- Be a sophomore entering junior year or a junior entering senior year
- Have a minimum 3.0 GPA
- Demonstrate previous volunteer and/or community service experience and/or previous internship activity
- Obtain the recommendation of at least one Adelphi University professor

PARTICIPATING ORGANIZATIONS

In recent years, many nonprofit organizations have joined the Community Fellows Program. Some include:

- Alzheimer's Drug Discovery Foundation
- Boy Scouts of America
- Catholic Charities
- Citizens Campaign for the Environment
- Donors Choose.org
- Fair Media Council
- Girl Scouts of America USA
- Island Harvest
- Long Island Children's Museum
- Make-A-Wish Foundation
- Suffolk County Mental Health Association
- SCO Family of Services
- Sustainable Long Island
- YES Community Counseling Center



In an uncertain world, Adelphi is producing community fellows with some certainty. Our students are doing something extremely substantive, related to their major. It also looks great on their résumé, which helps them build practical, as well as some theoretical experience, and really helps them focus in on their goals and what they want to do.

Jonathan Ivanoff,
 Associate Director of Internships





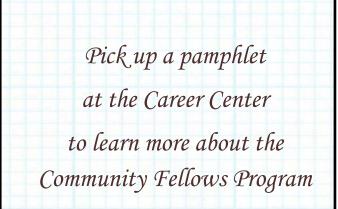
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FELLOWS PROGRAM

To apply, log into **PantherZone**, click on the **Resource Library**, and then find instructions in the **Community Fellows** folder

Application Deadline: March 1, 2012

Any questions, please contact: Jonathan Ivanoff Associate Director of Internships Center for Career Development 516.877.3135 jivanoff@adelphi.edu





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Last Summer, I worked for the Alzheimer's Drug Discovery Foundation as a Community Fellow. After I completed my fellowship, I wanted to do more to help out this great organization and the people who are suffering from this disease.

Organizing two events this past fall to raise awareness and money, I planned a successful lecture by Dr. Shineman from the Alzheimer's Drug Discovery Foundation and a Karaoke Night. I also sold t-shirts on campus to fundraise, where all the proceeds went to the Alzheimer's Drug Discovery Foundation. This internship helped me discover that one day, I would like to work counseling the elderly and helping families cope with loved ones who are diagnosed with Alzheimer's.

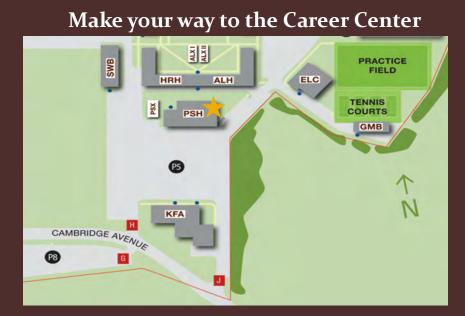
> 60 Positions available. Register now for your chance to participate!











The Center for Career Development is located in Post Hall near the south end of the Garden City campus. To get to the office near the Cambridge Avenue entrance, enter the Center directly from the northeast corner of the building (near the entrance to Post Dining Hall.)



THE CENTER FOR CAREER DEVELOPMENT

| CAMPUS DIRECTORY | | |
|------------------|--------------------------------------|--|
| | | |
| • ALH | Alumnae Hall | |
| • ALX I & II | Alumni Annex 1 & 2 | |
| • ELC | Alice Brown Early Learning Center | |
| • GMB | Grounds Maintenance Building | |
| • HRH | Harvey Hall | |
| • KFA | Klapper Center for Fine Arts | |
| • PSX | Post Hall Annex | |
| • PSH | Post Hall | |
| • SWB | Social Work Building | |



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CENTER FOR CAREER DEVELOPMENT

E careercounselor@adelphi.edu

POST HALL

7 516.877.3130

F 516.877.3136

1 SOUTH AVENUE GARDEN CITY NEW YORK 11530

SPRING 2012 EVENTS

CAREERS IN NONPROFIT ORGANIZATIONS

February 1, 2012, 1:00 p.m. CRS, Campbell Lounge

MOCK INTERVIEW NIGHT

March 6, 2012, 5:00 p.m. - 7:00 p.m. Alumni House

ANNUAL JOB & INTERNSHIP EXPO

April 4, 2012, 1:00 p.m. - 4:00 p.m. Ruth S. Harley University Center