



Career Compass

Road to Success Newsletter



NEWSLETTER FROM THE ADELPHI UNIVERSITY CENTER FOR CAREER DEVELOPMENT

NUMBER XXIV

SPRING 2009

ADELPHI UNIVERSITY

SPECIAL POINTS OF INTEREST:

- **STUDENT SPOTLIGHT:**
Two Adelphi students discuss their fall 2008 finance internships at Madison Square Garden (pg. 3)
- **A DAY IN THE LIFE OF...**
Three career changers in the Education field (pg. 11)

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GET IN THE GAME!

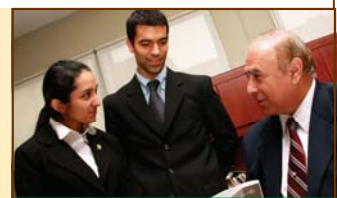
NY Rangers fan shares internship experience at MSG



Class of 2009 Teachers
On-Campus Recruitment



Class of 2009 Social Workers
On-Campus Recruitment



Class of 2009 Business Students
On-Campus Recruitment



ATTENTION ALL SENIORS !

ON-CAMPUS RECRUITMENT PROGRAMS

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Web site:

<http://www.adelphi.edu/career>

SERVICES

CHOOSING A MAJOR / CAREER COUNSELING

Career counselors are available by appointment to help you choose a major, provide resume critiques, navigate the job search process and prepare you for interviews. Through the use of assessment tools, counselors can help you identify what area of interest you might consider for your future by matching your interests to occupations.

INTERNSHIPS

Internships allow students to explore careers, clarify vocational objectives, and develop relevant experience for their résumé, while possibly earning academic credit or pay.

AMERICA READS/ COUNTS

This federal work study program encourages Adelphi students to become tutors for local public school children that need help in reading or math. Transportation is provided to some areas.

ON CAMPUS INTERVIEWS

Working with organizations, the Career Center arranges to bring employers to campus to interview interested students. Each year, more than 200 corporations, schools, hospitals and agencies visit campus for pre-scheduled interviews with selected candidates, or to attend our Annual Job and Internship Expo or Nursing Career Fairs.

JOB LISTINGS

If you are looking for on campus employment, work-study positions, full time or part time jobs or internships, the Career Center can help you in three easy steps.

Students and Alumni may:

1. Register for PantherZone at www.students.adelphi.edu/career/pantherzone
2. Create a free profile
3. Search jobs and internships that are related to your individual interests and experience.

PRESENTATIONS

Attend workshops on résumé writing, interview preparation, internship exploration and major/career decision making, to develop the skills to succeed. The Career Center provides special presentations for academic classes and student groups. To request a career-related presentation for your group, call (516) 877-3130.

S.W.A.T. TEAM

Through per diem employment on the Student Worker Action Team (SWAT), you can decide if and when you want to work. Short-term, on-campus jobs are announced over email, and positions are filled on a first-come, first-serve basis. To sign up to become a SWAT Team member, contact Jonathan Ivanoff at jivanoff@adelphi.edu.

Email

Students

Email careercounselor@adelphi.edu for rapid replies to your career related questions and to request a critique of your résumé and/or cover letter.

Email internships@adelphi.edu with inquiries regarding internships.

Employers

Send current job postings to us at pantherzone@adelphi.edu

Our Mission

The Center for Career Development is a team of career educators dedicated to the development and implementation of programs and services designed to promote lifelong career management skills for students and alumni.

We collaborate with students, faculty, alumni, university colleagues, and employers to build partnerships that enhance career development and generate career-based experiential education and employment opportunities for students and alumni.

STUDENT SPOTLIGHT: INTERNSHIPS



Being a senior majoring in Mathematics and Economics, I wanted to secure an internship in the finance area to discover if this was the right path for me.

Thanks to the help of the Center for Career Development, I learned about an opportunity to intern at the Finance Department of Madison Square Garden.

Having previously interviewed for many different jobs during the summer, I was well prepared for this one.

My time at the Garden has been invaluable. Working with my supervisor, I gained experience analyzing data, budgeting, forecasting, and using software such as Oracle which I would not have been able to use in class.



PRADIPAN JUNG THAPA

Year in School: Senior

Major: BS, Mathematics & Economics

Hometown: Kathmandu, Nepal

Serving as an intern this semester has been a challenge, balancing my school work, social life and internship, but I would recommend that every student get a taste of the outside world, before they become part of it.

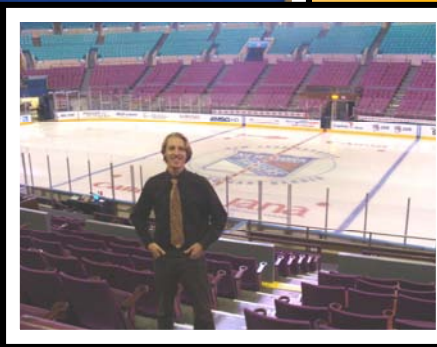


THOMAS KOWALSKI

Year in School: Senior

Major: BBA, Accounting

Hometown: Valley Stream, NY



As an accounting major in my senior year here at Adelphi, I was ready to take the next step in my life. Within a matter of weeks of working with the Career Center I started working at Madison Square Garden as a finance intern and had interviews scheduled with local and major CPA firms in New York. Ever since then, the direction of my life has changed completely.

As an intern at MSG, I have learned what it takes to work in a professional business environment and am transitioning from a college student to business person. Within MSG, three main segments comprise their operations: sports, entertainment, and special events. My internship focused on the finance operations of MSG's entertainment business and

required extensive work with budgeting and forecasting upcoming and current events.

My experience with the Career Center at Adelphi has been extremely positive and rewarding. Their experienced staff provided me a powerful weapon in getting my career in the right direction. Through their workshops and recruitment programs, they provide serious results for those who are serious about their career.

As a result of the Career Center's on-campus recruitment programs, I had the wonderful opportunity to meet many CPA firms and signed a contract for full time employment with PricewaterhouseCoopers.

TEACHFORAMERICA

Monday, February 2, 2009

6:00 p.m.–8:00 p.m.

Career Center, Post Hall

Call (516) 877-3130 to register

Discover the benefits of becoming a teacher, even if you are not declared as an Education major

Featuring Ms. Miriam Elfstrom
Senior Recruitment Associate

One day, all children in this nation will have the opportunity to attain an excellent education.

Nursing Career Fair

Monday, March 2, 2009
1:00 p.m.–3:00 p.m.
Adelphi University
University Center Ballroom
Garden City Campus

- Learn about full-time and part-time job opportunities for undergraduate students, graduate students, and alumni.
 - Explore a wide variety of nursing settings.
 - Meet representatives from the healthcare field.

Professional Business Attire Please



Attention Education Majors!

NYC Department of Education

Information Presentation
Featuring JanPeg Avignon-Steele

Wed. March 4, 2009
4:30 p.m.– 5:30 p.m.
University Center RM 313

All teaching candidates, especially those planning to teach this year, are encouraged to attend

Ms. Avignon will address the following issues pertaining to the NYC public schools:

- Current hiring needs
- New application procedures (where and how to apply)
- Special programs

Sponsored by the Center for Career Development

Call (516) 877-3130 for more information and to register



On Campus Recruitment Programs



Class of 2009 On-Campus Recruitment

Attend ONE of these Recruitment Seminars to be eligible for on-campus interviews in your field.

ARTS AND SCIENCES/BUSINESS

Thursday, December 4, 6:00 p.m.–8:00 p.m.
UC 213-214

Tuesday, January 27, 5:30 p.m.–7:30 p.m.
Hauppauge Center

Thursday, February 12, 4:00 p.m.–6:00 p.m.
Alumni House

Wednesday, February 18, 5:00 p.m.–7:00 p.m.
Alumni House

Monday, February 23, 6:00 p.m.–8:00 p.m.
UC 215-216

Wednesday, March 4, 6:00 p.m.–8:00 p.m.
UC 213-214

EDUCATION/SOCIAL WORK/PSYCHOLOGY

Tuesday, December 2, 4:00 p.m.–6:00 p.m.
UC 313

Tuesday, January 27, 5:30 p.m.–7:30 p.m.
Hauppauge Center

Thursday, January 29, 4:00 p.m.–6:00 p.m.
UC 215-216

Tuesday, February 3, 6:00 p.m.–8:00 p.m.
Alumni House

Wednesday, February 4, 5:00 p.m.–7:00 p.m.
UC 213-214

Monday, February 9, 5:00 p.m.–7:00 p.m.
UC 215-216

To register for your seminar, call the Center for Career Development at (516) 877-3130 or visit us at Post Hall.

Open to graduating bachelor's and master's candidates and alumni of:

- School of Education
- School of Social Work
- College of Arts and Sciences
- School of Business
- University College
- Derner Institute

Call to register:
(516) 877-3130

Interview Programs for Adelphi's Class of '09

In order to participate in these pre-scheduled interviews, you must be a graduating senior and attend one recruitment seminar listed above.

1. OUT-OF-AREA SCHOOL DISTRICTS INTERVIEWS:

Friday, March 13, 2009,
8:45 a.m.–4:30 p.m.
LIU/C.W. Post

Résumés due no later than
Friday, February 13.

2. EDUCATION/SOCIAL WORK INTERVIEWS:

Wednesday, March 25, 2009,
9:00 a.m.–5:00 p.m.
University Center

Résumés due no later than
Wednesday, February 18.

3. ARTS AND SCIENCES/BUSINESS INTERVIEWS:

Tuesday, April 7, 2009,
9:00 a.m.–5:00 p.m.
University Center

Résumés due no later than
Friday, March 13.

Also arrange to be available April 29, 2009 from 1:00 p.m.–4:00 p.m. for the Annual Job and Internship Expo in the University Center.

SPRING WORKSHOP DATES



RÉSUMÉ Workshops

Learn how to prepare a professional résumé. *Location: Career Center*

Wednesday, Jan. 28, 2:00 p.m.–3:00 p.m.

Tuesday, Feb. 4, 4:00 p.m.–5:00 p.m.

Saturday, Feb. 7, 11:00 a.m. – 12:00 noon

Saturday, Mar. 7, 11:00 a.m. – 12:00 noon

INTERVIEW Workshops (for ALL Majors)

Learn how to research for an interview and practice answering the tough questions. *Location: Career Center*



Thursday, Feb. 5, 1:00 p.m.–2:00 p.m.

Saturday, Feb. 7, 2:00 p.m.–3:00 p.m.

Thursday, Feb. 26, 5:00 p.m.–6:00 p.m.

Saturday, Mar. 7, 2:00 p.m.–3:00 p.m.

Tuesday, Mar. 24, 4:00 p.m.–5:00 p.m.

Friday, Apr. 3, 2:00 p.m.–3:00 p.m.

Tuesday, May 5, 1:00 p.m.–2:00 p.m.

INTERNSHIP Workshops

Explore a career from the inside:
learn how to get the internship you want. *Location: Career Center*

Wednesday, Jan. 28, 1:00 p.m.–2:00 p.m.

Thursday, Feb. 26, 4:00 p.m.–5:00 p.m.

Thursday, Mar. 26, 12:00 noon –2:00 p.m.



DISCOVER YOUR MAJOR

Cosponsored by Academic Services and Retention & Center for Career Development

Wednesday, Mar. 4, 2009

1:00 p.m.–2:00 p.m.

Career Center

Debra Kyriacou

Director of Academic Services

Thomas J. Ward, Jr

Director of Center for Career Development

**Undecided and stressed
about declaring your major?**

Hear about ways to help you come to a conclusion.

Tap into your interests to figure out what you can visualize yourself doing in the future.

Answer the Question

“What Can I Do with a Major in”

ARE YOU IN THE ZONE?

Join the nearly 4,000 Adelphi students who have already hit the mark!

Target your career and search for opportunities ranging from internships to full-time jobs on PantherZone.

PantherZone is Adelphi University's exclusive online career service that partners job seekers with perspective employers... all in one click!

Don't misfire... register today by visiting:
<http://students.adelphi.edu/career/pantherzone>



FUTURE FOCUS EVENTS:

<p>Monday, April 20, 2009 11:00 a.m.-1:00 p.m. <i>Career Center</i></p>	<p>RESUMANIA</p> <ul style="list-style-type: none"> • Highlight your education and experience correctly • Showcase your talents and skills in the proper place • Gain the tools to develop a professional résumé
<p>Tuesday, April 21, 2009 6:00 p.m.-8:00 p.m. <i>Alumni House</i></p>	<p>MOCK INTERVIEW NIGHT</p> <ul style="list-style-type: none"> • Learn the do's and don'ts of interviewing • Receive honest feedback from helpful alumni • Increase your chances of getting a job
<p>Wednesday, April 22, 2009 1:00 p.m.-2:00 p.m. <i>Career Center</i></p>	<p>HOW TO WORK A JOB FAIR</p> <ul style="list-style-type: none"> • Explore different techniques to feel prepared • Feel comfortable approaching employers • Learn follow up methods to remain organized
<p>Wednesday, April 29, 2009 1:00 p.m.-4:00 p.m. <i>UC Ballroom</i></p>	<p>ANNUAL JOB AND INTERNSHIP EXPO</p> <ul style="list-style-type: none"> • Part-time, full-time, and summer jobs and internships in all fields • Open to all Adelphi students and alumni • Bring résumés and dress professionally

INTERNSHIP OPPORTUNITIES



ROAD TRIP!

Ever dreamed about working in the sports or entertainment industries?
Want to get an “inside look” into these type of companies?

This spring, the Center for Career Development will be sponsoring “**Pathways to Success,**” a unique bus trip that will take Adelphi students on the road, in the course of one full day (from morning to late afternoon). You can visit several prominent New York City enterprises and be introduced to job and internship opportunities.

More details will be forthcoming as this new road trip program unfolds. As information becomes available, it will be featured on the Career Center’s web page: (<http://students.adelphi.edu/career>) and through other campus media sources to keep you informed of this exciting new career event!

INTERNSHIP ADVISORY COMMITTEE

Internships are an outstanding way to provide students with practical work experience in their chosen fields. An internship can allow a student to experience the actual responsibilities of a full-time job that the student may not normally be hired to perform in a short-term, mentored, learning environment.

An internship may be one semester, a summer or a length of time agreed upon by the student, employer and school, and may be paid or unpaid. Internships are primarily single, planned educational experiences for students. As such, they may receive academic credit for their internship work in agreement with and under the supervision of an Adelphi University department faculty member.

Review the Internship Standards set by Adelphi’s Internship Advisory Committee at <http://www.students.adelphi.edu/career/students/internships>

Mark Your Calendars

THE IMPORTANCE OF INTERNSHIPS & VOLUNTEERING

Wednesday, Feb. 4, 2009
UC 201

**1:00 p.m.-2:00 p.m. *Opportunities at Museums and
Nonprofit Organizations***

2:00 p.m.-3:00 p.m. *Make - A - Wish Foundation*

AMERICA READS

Attention Work-Study Students!!! It is not too late to become a tutor!

Would you like to help local children in elementary and middle school increase their interest and knowledge of math and/or reading?

To become a tutor, visit the America Reads/ America Counts webpage to learn how to apply online:

[http://students.adelphi.edu/career/
americanreads/howtoapply.php](http://students.adelphi.edu/career/americanreads/howtoapply.php)

Attend one of these Spring Orientation Sessions:

Jan. 26, 2009, 3:00 p.m.-4:30 p.m., Career Center
Jan. 27, 2009, 1:00 p.m.-2:30 p.m., Career Center

ALUMNI RELATIONS

Through collaboration with the Office of Alumni Relations, we have been able to promote C.O.A.C.H. and Backpack to Briefcase events.

ALUMNI INSIGHTS AND CONNECTIONS

Feb. 19, 2009, 6:00 p.m.-8:00 p.m., Farmingdale

**Coming Soon! COACH Programs on
Public Service, Performing Arts and
Wall Street**

Visit <http://alumni.adelphi.edu/>
for a complete list of events.
Call (516) 877- 3470 for more information.

A STUDENT'S GUIDE TO THE FOUR-YEAR CAREER P.L.A.N.

Freshman Year

Prepare

- **Assess your values, interests, and skills:**
What do you want to do? What can you do? Where would you like to do it?
- **Explore academic majors:**
Discuss taking a variety of courses with your academic adviser.
- **Join clubs and organizations:**
Contact the Center for Student Involvement to participate in on-campus organizations.

Sophomore Year

Learn

- **Understand your options:**
Talk to your professors about career paths and internships.
- **Identify key players in your industry of interest.**
- **Connect with alumni:**
Discover networking, shadowing, and mentoring opportunities.

Junior Year

Act

- **Discover your passion:**
Make an appointment with a career counselor.
- **Attend Center for Career Development workshops and events.**
- **Participate in résumé-building activities.**

Senior Year

Next Steps

- **Finalize résumé and cover letters:**
For résumé review, email drafts to careercounselor@adelphi.edu
- **Brush up on interview skills.**
- **Familiarize yourself with job search resources:**
Internet sites, campus recruitment programs, PantherZone, and employer/alumni events.
- **Think about and prepare for graduate schools:**
GRE, MCAT, LSAT, GMAT, etc.

A DAY IN THE LIFE OF... three student teachers!



MARY ROSE ANDREIUOLO



As a career changer, I had once considered teaching as an easy job that only

required minimal skill and a healthy dose of activities that would keep students placated. However, as a student teacher who is actually educating and not just observing students, I have experienced first hand the hours of preparation necessary to teach a class. Lessons must be designed to motivate and capture the attention of students.

One must also be mindful of tailoring lessons that are geared to specific age groups or run the risk of having unfocused and uninterested students. Teaching is an art and a skill that is developed over time. There are few newly certified educators or even seasoned instructors that can teach the perfect lesson. No lesson is actually perfect because there are the many other variables of student learning styles and abilities.

In time, student teachers develop the aptitude to self assess and revamp lessons as needed to improve their teaching abilities. One of the most valuable ways of learning to teach is to actually practice teaching, falling down,

and getting right back up with a refreshed outlook. However, I am lucky to have great mentors who share their teachings stories and give me sound and effective advice.

The Center for Career Development is also an indispensable part of a student teacher's effort for advice and counseling. The Center extends itself by supplying individual resume reviews, interview preparation and On Campus Recruitment. The staff members at the Center are dedicated to future teachers and it is vital place to visit for educational job searches. Both the Center's assistance and the guidance of mentor teachers combined enrich the learning experiences encountered by a student teacher.

SONIA KHAN



"I hear and I forget. I see and I remember. I do and I understand" is a Chinese proverb that sums up my student teaching experience. You can only understand something by trying it yourself. It was during my student

teaching experience in the Garden City Public School District when I began to recognize all that I learned at Adelphi from my exemplary teachers.

As I took on more and more responsibility from my mentor teacher, I realized what it was like to really walk in a teacher's shoes; and they are comfortable, cushioned shoes that support standing all day!

One week, I presented several science based lessons

on matter to my second grade class. We talked about solids, liquids, and gases and it was during the science experiment when it all came together for the class. Covering the neck of a soda bottle with a balloon, it was amazing watching the students' excitement as their balloon blew up from the gas in the soda bottle.

Teaching students about matter and reinforcing it with a hands-on activity reiterates my belief that we can better understand something after we try it ourselves. After planning, instruction and assessment, I can say that I prefer to learn by doing. Maybe our teachers were right all along when conducting "Show and Tell." When students are engaged and involved, it increases comprehension. Graduating in January 2009, with my M.A. in Childhood Education, I look forward to having my own class to teach.

Having completed all of my classes, I felt I was prepared for this latest adventure: Student Teaching. *What could go wrong?* Student teaching can really cause you to work up an appetite, so I brought a bag of microwave popcorn to school. Removing the bag from the microwave, I noticed it was on fire! Holding the smoldering bag out the window, with acrid plumes of

smoke billowing forth, tears from the smoke streaming down my face, I heard a loud voice booming, "What's that smell?" I turned to find the principal! My first thought was that all my hard work had gone up in smoke, literally. Fortunately, the principal understood and although I was still hungry, my future as a

teacher had not been jeopardized. My advice to future student

teachers: Leave the microwave popcorn at home!



PATSY ANN JOINNIDES



BE PART OF

recruitment

it

Career Center

**Over 200 employers
recruit on campus each year
specifically looking to hire
Adelphi students and alumni.**

**Participate in campus
recruitment programs.
For a list of recruitment
opportunities offered,
please visit:**

**[http://students.adelphi.edu/
career/students/recruit.php](http://students.adelphi.edu/career/students/recruit.php)**

www.adelphi.edu



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