



# Reaching my full potential—can you help with that?

At Adelphi, we know that college potential goes beyond grades and test scores.

Our philosophy is that each student is an individual who takes a different path to reach his or her goals. That's why we created our General Studies Learning Community. For more than 30 years, this one-year, innovative program has provided support for first-year students adapting to college life.

Here you'll benefit from individual mentoring and counseling to hone your academic abilities, allowing you to move forward with confidence. We'll work with you to improve your writing, problem-solving and study skills as well as your test-taking strategies.

By the end of your first year, you'll have gained the knowledge needed to succeed in your remaining undergraduate years—and beyond.



## Don't worry. We've got you covered.

Students should give themselves time to develop both as a student and as an individual because growth happens over time. And when you look back at your first year in General Studies once you're a senior, you'll see how far you've come."

### What kind of classes can I take?

You'll get to pursue your passions in the General Studies Learning Community, where you can discover a host of exciting new subjects.

The coursework is challenging and rigorous, but you won't be doing it alone—we'll be there to help you get ahead.

General Studies has benefited me so much with creative thinking and writing skills. If you show interest and apply yourself to your studies, the professors can see how hard you're working and applying yourself. Professors give their 50 percent and expect you to give your 50 percent as well."

Katherine Mendez, senior,Sport Management majorGeneral Studies Learning Community



## How will that help me succeed?

### **ACADEMIC REQUIREMENTS**

Our first-year seminar, World of Ideas, anchors the General Studies Learning Community curriculum. Here you'll explore a fascinating array of ideas in ethics, government, justice, science, faith and art.

You'll also take two required full-year courses—Freshman Composition and Western Civilization—as well as a one-semester General Psychology course and a one-semester mathematics course: Problem Solving Across the Curriculum.

Learning how to communicate is a cornerstone of our program. You'll write papers each semester in each of your required writing courses, so that by the end of the academic year, you'll be able to think and express yourself with imagination, critical skill and clarity. Don't worry: If you need assistance, faculty mentors are readily available.

Also by the end of your first year, you'll have met many of your general education requirements in the sciences, humanities and social sciences, leaving you with the freedom to pursue electives outside your field of study.

# YOUR OPPORTUNITIES ARE UNLIMITED

### **AFFORDABILITY**

We are committed to making your Adelphi education as affordable as possible through our financial aid programs. The Office of Student Financial Services at financial-aid.adelphi.edu or 516.877.3080 will work with you to ensure you receive the maximum aid consideration possible.

#### STUDY ABROAD

You can study at Adelphi programs all over the world, from Australia and Japan to Turkey, Norway, Scotland and many more places.

#### **INTERNSHIPS**

Our Jaggar Community Fellows Program offers competitive paid internships that pair students with local nonprofit organizations.



### You want to meet the people committed to helping you?

With the support of the program mentors, counselors and professors, you'll sharpen your academic abilities and receive invaluable guidance. In fact, many program graduates develop such a strong bond with their counselors during their year in the General Studies Learning Community that they continue to seek their advice and mentorship throughout their time at Adelphi.

Our faculty members are among the University's most inspiring and committed educators, dedicating their time and energy to both classroom instruction and individual mentoring sessions.



**CARLA DEAZLE '01, M.A.' 02**, director of the General Studies Learning Community, is an alumna of the General Studies Learning Community and Adelphi's Scholar Teacher Education Program (STEP). She is finishing her doctorate and teaches World of Ideas, Critical Reading and Writing, and Expository Writing.

**ANTHONY DOTTERMAN, Ph.D.**, the assistant director of the General Studies Learning Community, earned his doctorate in English literature at Stony Brook University. He teaches Expository Writing, Critical Reading and Writing, and World of Ideas.

**SARAH ELTABIB, M.A.**, teaches World of Ideas and Western Civilization Land II.

**JOHN RIZZI, Ph.D. '14, LCSW**, earned his doctorate in social work in 2014 at Adelphi. A member of the General Studies Learning Community since 2003, he teaches Expository Writing, Critical Reading and Writing and World of Ideas.

**DANIEL ROSENBERG, Ph.D.**, earned his doctorate in American history from the Graduate Center of the City University of New York, and has published widely in his field. He teaches Western Civilization.

**LAUREN ROSENBLUM, Ph.D.**, earned her doctorate in English at Stony Brook University and has taught at Marymount Manhattan and Queensborough colleges. She teaches World of Ideas, Critical Reading and Writing and Expository Writing.

**DESIREE WILTSHIRE '00, M.A. '05**, teaches General Psychology and works in the New York State mental health system. An accomplished dancer, she has been teaching in the General Studies Learning Community since 2009.

**DEE DONAT '90, M.S.**, holds a master's degree in counseling and has national counseling certification. A counselor in the General Studies Learning Community since 1993, she is a member of Adelphi's adjunct faculty and teaches courses in counseling, psychology, ethics and personality theory.

**KAREN SANDOVAL '12, M.S.W. '13, LMSW**, is a graduate of both Adelphi and the General Studies Learning Community. She has substantial experience with students, youth and families in Nassau County.

**ASHLEY VASQUEZ '13, M.A. '15, LMHC**, is an alumna of the General Studies Learning Community and Adelphi University with degrees in psychology and mental health counseling. She has worked in the Bridges to Adelphi program.

The wonderful faculty members are quick to lend a helping hand to any student, both academically and personally. Without them, I would not have been able to gain so much self-confidence."

—J. Michael Ashe O'Toole '16, General Studies Learning Community graduate

### HOW YOU'LL EXCEL

As soon as you join the General Studies Learning Community, you'll be assigned faculty mentors who will help strengthen your basic academic skills: critical reading and writing; problem solving; studying; and test-taking strategies.

We know adjusting to college life involves handling new challenges. So you'll also participate in counseling sessions, conducted by full-time academic counselors, who can assist with smoothing your journey from high school to higher education.

## Will it take longer to earn my diploma?

As part of the General Studies
Learning Community, you'll be
supported on your journey to
graduate in four years. We'll help
you hit your academic targets
and provide key support so you
can launch an exciting career. Our
students have pursued a wide range
of jobs in law, management, finance,
medicine, media, education and
more.

Successful alumni have also gone on to attend many of the nation's top graduate, law and medical schools, including:

BAYLOR UNIVERSITY MEDICAL SCHOOL
COLUMBIA UNIVERSITY SCHOOL OF SOCIAL WORK
FORDHAM UNIVERSITY LAW SCHOOL
GEORGE WASHINGTON UNIVERSITY
GEORGETOWN UNIVERSITY
HARVARD BUSINESS SCHOOL
NEW YORK UNIVERSITY
ST. JOHN'S UNIVERSITY LAW SCHOOL
STATE UNIVERSITY OF NEW YORK AT STONY BROOK





# What does my future look like?







#### SAFFTY FIRST

Colleges and universities are required under federal law to publish and make available an annual campus security report, which includes, among other information, statistics on campus crime. The crime statistics for all colleges and universities required to comply with this law are available from the United States Department of Education.

Adelphi University's annual security report includes statistics for the previous three years concerning reported crimes that occurred on campus; in certain off-campus buildings or property owned or controlled by Adelphi University; and on public property within, or immediately adjacent to and accessible from, the campus.

The report also includes institutional policies concerning campus security, such as policies concerning alcohol and drug use, crime prevention, the reporting of crimes, sexual assault, emergency response plan, timely warnings, fire statistics, missing students and other matters. The advisory committee on campus safety will provide upon request all campus crime statistics as reported to the United States Department of Education. You may obtain a copy of this report by contacting the Department of Public Safety and Transportation, Levermore Hall, lower level, 516.877.3500 or by accessing administration.

The United States Department of Education's website for campus crime statistics is ope.ed.gov/security.

As a reminder, the back of any Adelphi University ID card provides you with weather advisory and alert numbers to obtain information on any possible delayed openings or school closings. To register for the University Mass Notification System, log on to eCampus (ecampus.adelphi.edu) and click on University Mass Notification System.

#### ACCREDITATION

Adelphi University, an independent, comprehensive institution, is chartered by the University of the State of New York, and is accredited by the Middle States Association of Colleges and Schools, 3624 Market Street, Philadelphia, PA 19104-2680, 215.684.5000; the New York State Education Department, 89 Washington Avenue, Albany, NY 12234, 518.474.3852; the Commission on Collegiate Nursing Education, One Dupont Circle, NW, Suite 530, Washington, D.C. 20036, 202.887.6791; the American Speech-Language-Hearing Association, 2200 Research Blvd., Rockville, MD 20850-3289, 800.638.8255; the Council on Social Work Education, 1701 Duke Street, Suite 200, Alexandria, VA 22314, 703.683.8080; the National Council for Accreditation of Teacher Education (NCATE), 2010 Massachusetts Avenue, NW, Suite 500, Washington, D.C. 20036-1023, 202.466.7496; and AACSB International-The Association to Advance Collegiate Schools of Business, 777 South Harbor Island Blvd., Suite 750, Tampa, FL 33602-5730, 813.769.6500.

### EQUAL OPPORTUNITY AND NOTICE OF NONDISCRIMINATION

Adelphi University is committed to extending equal opportunity in employment and educational programs and activities to all qualified individuals and does not discriminate on the basis of race, religion, age, color, creed, sex, marital status, sexual orientation, ethnicity, national origin, disability, genetic predisposition or carrier status, veteran status, status as a disabled or Vietnam-era veteran, gender expression, or any other basis protected by applicable local, state or federal laws. Adelphi University does not discriminate on the basis of sex or gender in any education program or activity it operates as required by Title IX. All questions regarding Title IX should be referred to Title IX Coordinator and Director of Equity and Compliance Renaire Frierson, Room 207, Levermore Hall, 516.877.4819, titleix@adelphi.edu. The discrimination coordinator for student concerns pursuant to Section 504 of the Rehabilitation Act of 1973 is Rosemary Garabedian, Director of the Student Access Office, Post Hall, 516.877.3145, sao@ adelphi.edu; the discrimination coordinator for employee concerns pursuant to Section 504 of the Rehabilitation Act of 1973 is Jane Fisher, Director of Employment, Employee and Labor Relations, Room 203, Levermore Hall, 516.877.3222; the coordinator of Title VII and the affirmative action officer is Cindy Donnelly, Chief Human Resources Officer, Room 203, Levermore Hall, 516.877.3268.



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The General Studies Learning Community recognizes students' academic abilities by incorporating student self-interests through an interdisciplinary lens. The student-to-faculty ratio is small in order to encourage optimal learning and to maintain the rigor and student-centered learning, which is the foundation of our Learning Community."

—Daniel Rosenberg, Ph.D., director, General Studies Learning Community

