

Keynote Speaker Lori Rose Benson

Join Lori Rose Benson as she shares how the New York City Department of Education reshaped their strategic goals for health and fitness. Know where they stand now, and what their plans for the future are as part of an ambitious set of reforms called Children First. With a major commitment to revive physical and health education in New York City, you will hear how a system of 1,500 schools went from oblivion to being the 2007 recipient of the National Association for Sport and Physical Education's (NASPE) annual Ross Merrick Award. Ms. Benson hopes that this not only provides food for thought, but also serves as the impetus for you to consider how your school or district can challenge the status quo in health and fitness.

Lori Rose Benson is Director of the New York City Department of Education Office of Fitness and Health Education (OFHE). Her team supports 1.1 million students in almost 1,500 schools through curriculum and assessment development, hundreds of professional development sessions throughout the year, citywide implementation of NYC FITNESSGRAM, and operational support for the city's first middle school fitness and sports league.

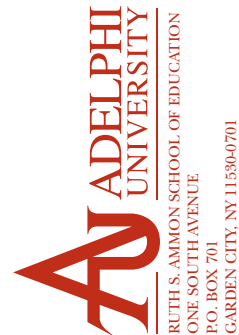
Ms. Benson received the National Association for Sport and Physical Education's 2007 Channing Mann Award, identifying her as the nation's outstanding physical education administrator. That honor was expanded two months later when NYCDOE became the first school district ever to receive NASPE's Ross Merrick National Recognition Award for achievement in comprehensive physical education.

This recognition acknowledged breakthrough efforts to use student fitness data, establish expansive relationships with NYC's Department of Health and Mental Hygiene and other community and corporate partners, and upgrade best instructional curriculum and practices to meet state learning standards.

Who Should Attend

Health teachers, physical education teachers, and other teachers; graduate and undergraduate students; community health educators, and other health professionals who work with children and adolescents; social workers, nurses, and other healthcare professionals; and administrators and chairpersons of health education, and physical education programs.

Talk to your administrator about using the conference to fulfill professional development hours required in your district.



Adelphi University

and



Present the

Eighth Annual Partnerships in Health Conference:

Campuses, Communities, and
Schools Working Together to Improve
the Health of Youth

Friday, March 27, 2009

7:30 a.m.–2:45 p.m.

Ruth S. Harley University Center
Second Floor

Ruth S. Ammon School of Education
One South Avenue
P.O. Box 701
Garden City, NY 11530-0701

www.adelphi.edu/healthnets



Conference Agenda

7:30 a.m.–8:15 a.m. **Registration/Continental Breakfast**

8:15 a.m.–8:30 a.m. **Conference Opening Remarks**

Jean Harris, HealthNets Chair

Welcome

Robert A. Scott, Adelphi University President

8:30 a.m.–9:15 a.m. **Keynote Address**

**"New York City: A Strategic Plan for
Creating a Culture of Health and Fitness"**

*Lori Rose Benson, Director, New York City Department of
Education, Office of Fitness and Health Education*

9:15 a.m.–9:45 a.m. **Health Education Research Poster Session**

9:45 a.m.–10:40 a.m. **First Workshop Session**

- Session 1A **Violence Prevention Strategies**
Charlie Barbieri, Transit Technology High School, Brooklyn, NY
- Session 1B **Alcohol, Drugs, and Gambling, Oh My!**
Melissa Wayne, The Pederson-Krag Center, NY
- Session 1C **Using Data to Drive a School System to Adopt a
Culture of Health and Fitness**
*Lori Rose Benson, Director,
Office of Fitness and Health Education, NYC DOE, NY*
- Session 1D **Revisiting Webquest**
Anne Gibbone, Adelphi University, NY
- Session 1E **Bring a Lesson to Share: The HealthNets Annual
Lesson Sharing Roundtable**
*HealthNets Participants and HealthNets Faculty,
Adelphi University, NY*

10:45 a.m.–11:40 a.m. **Second Workshop Session**

- Session 2A **Have Fun While You Teach**
Chris Homer, Cold Spring Harbor Central School District, NY
- Session 2B **Ethical Awareness Workshop****
Paul Failla, Educational Consultant, Suffolk County, NY
- Session 2C **The Inclusive Classroom**
Hanna Matatyaho, NYCDOE, NY
- Session 2D **Online Games for Health Education**
Keven Degnan, Oyster Bay-East Norwich Central School District, NY
- Session 2E **Journey with the NYS Health Education
Guidance Document****
Pat Loncto, New York State Student Support Services Center, NY

**This session is presented twice.

11:45 a.m.–12:40 p.m. **Third Workshop Session**

- Session 3A **Teaching Strategies for High Needs Students**
Larissa Cosenza, Hempstead Union Free School District, NY
- Session 3B **Ethical Awareness Workshop****
Paul Failla, Educational Consultant, Suffolk County, NY
- Session 3C **Tobacco, Spit, and Snus: What Else Is on the Loose and
How Schools Are Fighting Back**
Gail Volk and Karyn Kirschbaum, Western Suffolk BOCES, NY
- Session 3D **Podcasting in Health Education**
Emilia Zarco, Adelphi University, NY
- Session 3E **Journey with the NYS Health Education
Guidance Document****
Pat Loncto, New York State Student Support Services Center, NY

12:45 p.m.–1:30 p.m. **Lunch and Networking**

1:45 p.m.–2:45 p.m. **Closing Address**
Character Education in Motion
Paul Failla, Educational Consultant, Suffolk County, NY

Closing Address Paul Failla

"Creating a positive social climate within our schools and our homes can have a huge impact on the lives of those we encounter" is a philosophy internalized by Paul Failla. This creed is what drives his programs and creates the tone for each workshop. Through the soliloquy of humor and drama, Paul presents examples of societal prejudices and the harmful consequences of them. The workshop is used to heighten awareness of destructive decisions and to learn how to navigate the different courses that life presents.

Mr. Failla, a retired 27-year veteran of the Suffolk County Police Department, New York, has developed a unique array of programs relating to youth. Paul also is a seasoned actor and member of the Screen Actors Guild who believes that entertainment is a powerful avenue through which to relay information.

Over the past 20 years, Paul has been an invited guest speaker in schools and colleges at the local and regional level. His educational programs have been introduced in over 60 school districts as well as colleges and universities. Paul has received over 4,000 letters from students, parents, and educators who have attended his workshops as well as plaudits from *Newsday*, *Dan's Paper*, and various local and school papers for his engaging work.

For directions to Adelphi, visit <http://www.adelphi.edu/visitors/directions.php> or call (516) 877-6844.

For local hotel information, visit <http://www.adelphi.edu/visitors/stay/php>

Registration Form

Online registration is available until Tuesday, March 24, 2009 at www.adelphi.edu/healthnets, or detach and mail this form and your registration fee* (no cash or purchase orders please) to:

HealthNets
c/o Dr. M. Homer
Post Hall
Adelphi University
One South Avenue
P.O. Box 701
Garden City, NY 11530-0701

Payment instructions:

Make check/money order payable to Adelphi University.

*Registration fees are nonrefundable.

Name _____

Address _____

City _____ State _____ ZIP _____

Phone _____

Email _____

Employer _____

Job Title _____

CHES # _____

(5 Category 1 CECH credits for CHES have been applied for.)

Please check one:

- \$90 Registration fee (postmarked by March 15, 2009)
- \$105 Late and on-site registration fee
- \$60 Student registration fee (send photocopy of ID)

**No purchase orders will be accepted.
Registration fee includes continental breakfast and lunch.**

HealthNets supports and promotes professional development. Memberships in your zone, state, and national Alliance for Health, Physical Education, Recreation and Dance are encouraged.

Conference questions?

Contact: Dr. Jean Harris, Conference Chair

Telephone: (516) 877-4261

Email: healthnets@adelphi.edu

Should you require disability accommodations, please email DSS@adelphi.edu, giving notice of 72 hours before the event. Should you require ASL interpreting, seven days' notice is required.