Keynote Speaker Lori Rose Benson

Join Lori Rose Benson as she shares how the New York City Department of Education reshaped their strategic goals for health and fitness. Know where they stand now, and what their plans for the future are as part of an ambitious set of reforms called Children First. With a major commitment to revive physical and health education in New York City, you will hear how a system of 1,500 schools went from oblivion to being the 2007 recipient of the National Association for Sport and Physical Education’s (NASPE) annual Ross Merrick Award. Ms. Benson hopes that this not only provides food for thought, but also serves as the impetus for you to consider how your school or district can challenge the status quo in health and fitness.

Lori Rose Benson is Director of the New York City Department of Education Office of Fitness and Health Education (OFHE). Her team supports 1.1 million students in almost 1,500 schools through curriculum and assessment development, hundreds of professional development sessions throughout the year, citywide implementation of NYC FITNESSGRAM, and operational support for the city’s first middle school fitness and sports league.

Ms. Benson received the National Association for Sport and Physical Education’s 2007 Channing Mann Award, identifying her as the nation’s outstanding physical education administrator. That honor was expanded two months later when NYCDOE became the first school district ever to receive NASPE’s Ross Merrick National Recognition Award for achievement in comprehensive physical education. This recognition acknowledged breakthrough efforts to use student fitness data, establish expansive relationships with NYC’s Department of Health and Mental Hygiene and other community and corporate partners, and upgrade best instructional curriculum and practices to meet state learning standards.

Who Should Attend

Health teachers, physical education teachers, and other teachers; graduate and undergraduate students, community health educators, and other health professionals who work with children and adolescents, social workers, nurses, and other health care professionals; and administrators and chairpersons of health education, and physical education programs.

Talk to your administrator about using the conference to fulfill professional development hours required in your district.
Conference Agenda

7:30 a.m.–8:15 a.m. Registration/Continental Breakfast

8:15 a.m.–8:30 a.m. Conference Opening Remarks
Jen Harris, HealthNets Chair

Welcome
Robert A. Scott, Adelphi University President

8:30 a.m.–9:15 a.m. Keynote Address
"New York City: A Strategic Plan for Creating a Culture of Health and Fitness"
Lori Rose Benso, Director, New York City Department of Education, Office of Fitness and Health Education

9:15 a.m.–9:45 a.m. Health Education Research Poster Session

9:45 a.m.–10:40 a.m. First Workshop Session
Session 1A Violence Prevention Strategies
Charlie Barber, Transit Technology High School, Brooklyn, NY
Session 1B Alcohol, Drugs, and Gambling, Oh My!
Adina Wayne, The Pohmers-Krug Center, NY
Session 1C Using Data to Drive a School System to Adopt a Culture of Health and Fitness
Lori Rose Benso, Director, Office of Fitness and Health Education, NYC DOE, NY
Session 1D Revisiting Webquest
Annie Gibbon, Adelphi University, NY
Session 1E Bring a Lesson to Share: The HealthNets Annual Lesson Sharing Roundtable
HealthyNets Participants and HealthNets Faculty, Adelphi University, NY

10:45 a.m.–11:40 a.m. Second Workshop Session
Session 2A Have Fun While You Teach
Chris Hone, Cold Spring Harbor Central School District, NY
Session 2B Ethical Awareness Workshop**
Paul Failla, Educational Consultant, Suffolk County, NY
Session 2C The Inclusive Classroom
Hanna Matatyaho, NYCDOE, NY
Session 2D Online Games for Health Education
Kena Dugan, Oyster Bay-East Norwich Central School District, NY
Session 2E Journey with the NYS Health Education Guidance Document**
Pat Lasko, New York State Student Support Services Center, NY

11:45 a.m.–12:40 p.m. Third Workshop Session
Session 3A Teaching Strategies for High Needs Students
Larissa Contenza, Hewlett Union Free School District, NY
Session 3B Ethical Awareness Workshop**
Paul Failla, Educational Consultant, Suffolk County, NY
Session 3C Tobacco, Spit, and Snus: What Else Is on the Loose and How Schools Are Fighting Back
Gail Velk and Karyn Karchbaum, Western Suffolk BOCES, NY
Session 3D Podcasting in Health Education
Emilia Zarco, Adelphi University, NY
Session 3E Journey with the NYS Health Education Guidance Document**
Pat Lasko, New York State Student Support Services Center, NY

12:45 p.m.–1:30 p.m. Lunch and Networking

1:45 p.m.–2:45 p.m. Closing Address
Charter Education in Motion
Paul Failla, Educational Consultant, Suffolk County, NY

Closing Address Paul Failla

"Creating a positive social climate within our schools and our homes can have a huge impact on the lives of those we encounter" is a philosophy internalized by Paul Failla. This creed is what drives his programs and creates the tone for each workshop. Through the soliloquy of humor and drama, Paul presents examples of societal prejudices and the harmful consequences of them. The workshop is used to heighten awareness of destructive decisions and to learn how to navigate the different courses that life presents.

Mr. Failla, a retired 27-year veteran of the Suffolk County Police Department, New York, has developed a unique array of programs relating to youth. Paul also is a seasoned actor and member of the Screen Actors Guild who believes that entertainment is a powerful avenue through which to relay information.

Over the past 20 years, Paul has been an invited guest speaker in schools and workshops. Through the soliloquy of humor and drama, Paul presents examples of societal prejudices and the harmful consequences of them. The workshop is used to heighten awareness of destructive decisions and to learn how to navigate the different courses that life presents.

For directions to Adelphi, visit http://www.adelphi.edu/visitors/directions.php
For local hotel information, visit http://www.adelphi.edu/visitors/stay/php

Registration Form

Online registration is available until Tuesday, March 24, 2009 at www.adelphi.edu/healthnets, or detach and mail this form and your registration fee* (no cash or purchase orders please) to:

HealthNets
c/o Dr. M. Homer
Post Hall
Adelphi University
One South Avenue
P.O. Box 701
Garden City, NY 11530-0701

Payment instructions
Make check/money order payable to Adelphi University.

*Registration fees are nonrefundable.

Name ____________________________
Address ________________________________________________________________
City ____________________________ State ______ ZIP __________
Phone ____________________________
Email ____________________________
Employer ____________________________
Job Title ____________________________
CHES # ____________________________

(5 Category 1 CECH credits for CHES have been applied for.)

Please check one:
☑ $96 Registration fee (postmarked by March 15, 2009)
☑ $105 Late and on-site registration fee
☑ $60 Student registration fee (send photocopy of ID)

No purchase orders will be accepted.

Registration fee includes continental breakfast and lunch.

HealthNets supports and promotes professional development. Memberships in your zone, state, and national Alliance for Health, Physical Education, Recreation and Dance are encouraged.

Conference questions?
Contact: Dr. Jean Harris, Conference Chair
Telephone: (516) 877-4261
Email: healthnets@adelphi.edu

Should you require disability accommodations, please email DSS@adelphi.edu, giving notice of 72 hours before the event. Should you require ASL interpreting, seven days notice is required.