

WORKSHOP TITLE: HEALTH EDUCATORS CONFERENCE

DATE: TUESDAY, NOVEMBER 3, 2015

PRESENTER: Cynthia Proscia, Jean Harris, and Gary Quartararo
Three 1 hr 15 min workshops offered by the Adelphi University Health Ed Staff

TIME: Please arrive at **8:00am** to sign in
Workshops begin at **8:30am** and end at **1:00pm**
Each workshop will run approximately 75 minutes
****Light Refreshments will be served to start the day and at mid-day break**

PLACE: H. Frank Carey High School – Sewanhaka CHSD
230 Poppy Avenue
Franklin Square, NY 11010
[\(Googlemap\)](#)

Presentation Title: What is Authentic Education?

Description of Presentation: Generally – this session is about authenticating education (awareness of demographics) to be able to identify perception of each student audience, vulnerability to healthy vs. unhealthy decision making, and ID behavior change requirements. Then work on authentic assessments – what does it mean, why do we need to do it and what are some that have been proven to demonstrate affective objective and skill based education.

Presentation Title: Data is your friend

Description of Presentation: Identify health related databases and assessment tools that can impact health education in the schools. Explore ways to use this information to highlight adolescent behavior norms, develop pro-health education positions and address health education needs in your specific school or district. Sample lessons and advocacy activities will be shared.

Presentation Title: Why What You Do Matters...A Lot – Strategies and Methods for Positively Engaging Students in Risk Reduction Behaviors.

Description of Presentation: This workshop will address various risk behaviors and discuss types of methods and strategies to engage them in awareness of negative behaviors while providing motivation and skill for developing positive behaviors. Workshop participants will hear how they must “sell” this information not only to students but to the wider school/community. The presentation will include handouts, audience participation and power point slides.

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**Robert E. Lupinskie Center for Curriculum, Instruction and Technology
One Merrick Avenue, Westbury, New York 11590 Susan Pogor 516-608-6671**