

# Manhattan Center News

**NEWSLETTER FROM THE MANHATTAN CENTER 2009–2010** 

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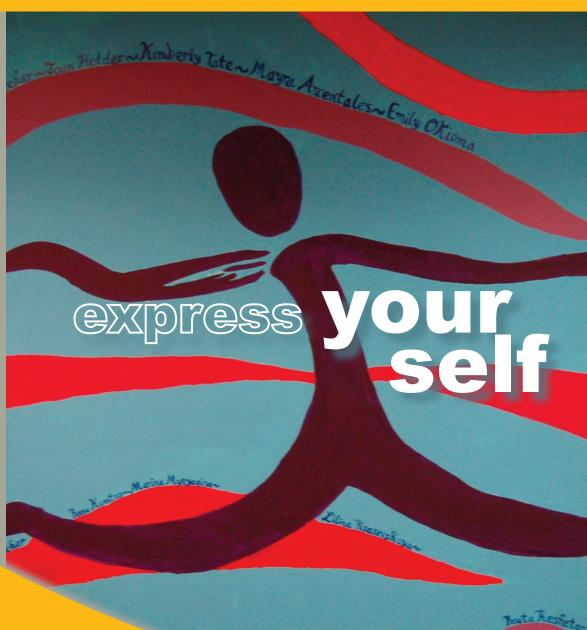
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Meet **Rehanna Ebrahim** M.A. '08

### **RUTH S. AMMON SCHOOL OF** EDUCATION

The Ruth S. Ammon School of Education is dedicated to enabling students to develop the skills and techniques to meet the challenges of teaching in a complex, multicultural society. The Ammon School at the Manhattan Center offers a range of options to meet the requirements for New York State licensure. You can:

- **Change your career** by completing the requirements for teacher certification
- Increase your marketability by extending your base certification to other areas
- Enhance your educational opportunities by getting an educational leadership certificate
- Study for dual certification

The Manhattan Center allows you to:

- Earn your master's degree at an accelerated rate
- Take conveniently scheduled weekend classes

We invite you to learn more about our people and programs in this newsletter and online at adelphi.edu/manhattan/education.php

## **Dean Ashdown**

The Ruth S. Ammon School of Education welcomes its new dean, Dr. Jane Ashdown, who assumed her leadership role this past summer.

Dr. Ashdown's career in education spans administrative and teaching experience in the United States and the United Kingdom.

Prior to accepting her Adelphi appointment, Dr. Ashdown served as university dean of academic affairs for teacher education at the City University of New York (CUNY) since 2007, and oversaw system-wide teacher education initiatives, including the CUNY Teaching Opportunity Program and the New York City Teaching Fellows Program.

Dr. Ashdown's expertise and current research is in teacher development and improving first-grade reading achievement through early literacy intervention. She earned her Ph.D. in interdisciplinary studies in human development from the University of Pennsylvania; a diploma in early childhood education and postgraduate certificate in primary education from Goldsmiths College, University of London; and her B.A., with honors, in modern history, economics, and politics from the University of Manchester.



Dean Jane Ashdown



## Meet Rehanna Ebrahim M.A. '08

#### M.A. in Adolescent Science Education

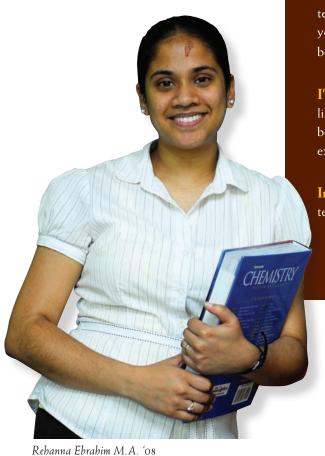
Now: Teaching chemistry and biology at the Bronx Lab School.

I wanted to teach because: I've always interacted with children and knew that my career would revolve around children. After completing my undergraduate degree, I got a job as an assistant teacher. I loved the influence I had on the students and how well they responded to science.

The economy's effect on me and my chosen career: Because teaching is one of the more stable careers and because this is my second year teaching, I don't feel much of an effect. I feel confident and excited to be pursuing a career that is not only rewarding but also secure.

I'd most like to be remembered for: In my classroom, I would like to be remembered for being firm yet understanding. And I want to be remembered for being a good listener because my students are often experiencing issues at home and always need someone to talk to.

In 10 Years, I will be: Most likely in the education industry. If not teaching, then counseling.



## RUTH S. AMMON SCHOOL OF EDUCATION

## ALISON WHOLEY '08, M.A. '09: TEACHING ABOUT THE PAST IS HER FUTURE

Rooted in a family of teachers, Alison Wholey '08, M.A. '09 has been fascinated by education and history for as long as she can remember.

As an undergraduate at Barnard College, Ms. Wholey decided to take a year off in 2005, during which she read voraciously about progressive and alternative approaches to education, as well as Howard Zinn's A People's History of the United States. She eventually resolved to combine her two areas of interest and forge a career as a high school history teacher.

With her career plans firm, she enrolled in Adelphi's Scholar Teacher Education Program (STEP), a five-year combined bachelor's and master's curriculum offered by the Ruth S. Ammon School of Education. Once in the program, she took advantage of the opportunity to become familiar with the energetic faculty members.

"They teach the way they want you to teach; they don't lecture at you," she said. "There is a lot of discussion and dialogue."

Ms. Wholey explored her interests in various areas of the field of education by conducting intensive readings and creating projects centered on her areas of interest, including classroom management.

In January 2008, Ms. Wholey embarked on her first teaching experience at Manhattan's Chelsea Career Educational and Technical High School. She believed the struggling school would hone her skills and give her further insight into the art of teaching.

She said her Adelphi education coupled with her own research equipped her to manage her students' classroom behavior and engage their attention

"It was a great experience to be in a challenging setting," she said. "I felt so prepared."

While a student worker at Adelphi, Ms. Wholey observed how Manhattan Center Director of Education Programs Christopher Church advised students, discussing their classes and reassuring them about the programs in which they had enrolled. In 2007, she followed his example and became an academic adviser at Adelphi's Manhattan Center, and in 2009 was promoted to assistant director. In this role, she converses with students about academic and life matters, and keeps them focused on obtaining their degrees. She also designs support programs and groups, which foster a stronger student community.

Ms. Wholey's ideal future plans include sharing her history knowledge with the students of a small Manhattan high It was a great experience to be in a challenging setting.
I felt so prepared.

school where she can interact with adolescents and remember what adults often forget: how much high school students have to offer intellectually. With more teaching and life experience behind her, she will, eventually, obtain her doctorate.



The Ruth S. Ammon School of Education at the Manhattan Center began offering a dual certification program in adolescence and special education and a tricertification program in bilingual childhood special education this past fall.



Alison Wholey '08, M.A. '09



#### RUTH S. AMMON SCHOOL OF EDUCATION MANHATTAN CENTER CONTACTS



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School of Business

## SCHOOL OF BUSINESS



#### **School of Business**

### amMBA Adelphi University

Have you been planning to pursue your M.B.A. but just never found the time? Adelphi University's Manhattan Center now offers a unique, part-time *amMBA* program for busy, working professionals.

With Adelphi's *amMBA*, you can advance your career and enhance your life. Courses are held before work, twice a week from 7:00 a.m. to 8:50 a.m., with small class sizes allowing you to receive personalized attention from our dedicated faculty.

#### 6

## SCHOOL OF SOCIAL WORK

## ACADEMIC E X C E L L E N C E

with a Personal Jouch

The Adelphi University School of Social Work at the Manhattan Center offers a warm, welcoming community where students benefit from the expertise and support of a professional, caring faculty and administration. Evening and Saturday classes, as well as flexible part-time and full-time programs, offer choices to students in their pursuit of B.S.W. and M.S.W. degrees. Students will find a "one-stop shopping" experience where they can interact with fellow classmates, consult with their academic adviser, meet with a tutor or financial aid counselor, and attend classes while working towards becoming a professional, licensed social worker. The field education experience includes extensive supervision and instruction in a variety of settings, including health and mental health clinics, schools, community residences, and hospitals. The diverse backgrounds and life experiences of our students and professors enrich the learning to create a lively environment.

Here are some of their stories:

#### Professor Godfrey Gregg, Ph.D., L.C.S.W.

Courses I currently teach and have taught: "Oppression and Human Diversity," "Human Behavior Theory," "Diagnosis and Assessment," and "Psychosocial Issues in Death and Dying."

**I began my Adelphi career in:** 2001, as an adjunct professor and was appointed to a full-time position in January 2002.

**Prior to joining the Adelphi faculty:** I was the assistant coordinator for primary care education in the Department of Medicine at St. Luke's/Roosevelt Hospital College of Physicians and Surgeons. Before that, I was the social work supervisor for Adult Ambulatory Care Clinics at Bellevue Hospital.

I decided on a career in social work because: It fulfilled my basic instincts to assist individuals, to promote social justice, and to give back to a society that had been beneficent and generous.

**My primary research is in:** Healthcare disparities, particularly as they impact women and minorities. My doctoral research focused on Black American women with breast cancer and their attitudes towards the use of advance directives.

**Recent grants and recognition include:** The Fahs-Beck Fellowship award for 2008–2009 and the Diane M. Greenstein

Fellowship from New York University Silver School of Social Work for 2008– 2009

In addition to my work at Adelphi: I maintain a private practice in Manhattan.

My Adelphi teaching experience in 10 words or less: Teachers have taught me much, but students have taught me more.



Professor Godfrey Gregg, Ph.D., L.C.S.W.

I try to impart to students: Earning an M.S.W. degree is merely a step in one's education and not the final destination. If I do my job well, then I encourage students to think and to pay their rent for living on the planet. Give comfort to the brokenhearted, give our voices to social justice, and give of our bounty to those less fortunate.

My favorite aspects of the School of Social Work at Adelphi's Manhattan Center: The balance of harmony and cacophony. The students at MC represent the changing landscape of our city and nation.



#### RONALD ASSUE M.S.W. '09

Why Adelphi: A friend recommended the school. I also found Adelphi's schedule to be flexible with my work schedule.

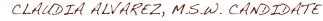
Besides Adelphi: I work full time.

My favorite aspects of Adelphi's School of Social Work at the Manhattan Center: The location and the size of the school. I did not feel lost there.



I am passionate about: Doing well in all areas of my life and making a positive difference.

**If I could change one thing in the world, it would be:** The ability to educate people with the hopes of erasing hate.



Why Adelphi: Great academics and location.

I chose a career in social work because: I have always liked helping people.

My favorite aspects of Adelphi's School of Social Work at the Manhattan Center: The one-on-one attention and the support from staff and fellow students.

**My fondest Adelphi experiences:** The friendships I have developed while at AU.

**I** am passionate about: My education and obtaining my master's in social work. The people that I currently serve, and the people that I will be serving in the future.

I am most proud of: The fact that I have returned to school.

**I'd like to be remembered for:** Who I am—flaws and positive attributes. It is not just the good things that we are or do that make us who we are, it is also our flaws and mistakes. So, I'd like to be remembered for everything.



#### DIJANA BEHREMOVIC, M.S.W. CANDIDATE

Why Adelphi: I have a friend who attended Adelphi in Garden City. She is the one who told me that I must give Adelphi a chance. I was won over by the curriculum of the social work program and, most of all, by the friendly staff who helped me make a transition

to graduate school, all the while reassuring me that success was imminent.

**Besides Adelphi, I am balancing:** Until recently, besides school, I was balancing a full time job as a child protective specialist for the Administration for Children's Services as well as being a wife and an expectant mother. Now, I am on maternity leave, and I am a fully committed mother and a committed Adelphi student. I am also an avid gardener, and this year, I have planted two plots in a Bronx community garden.

Why a career in social work: I hold undergraduate degrees in biology and psychology. Forever, I concentrated my thoughts on becoming a dentist, and I spent a significant amount of money preparing for the entrance exams as well as applying to dental schools. In the meantime, I

obtained a job with Administration for Children's Services, and, although a taxing job, I realized that I was about to make a big mistake if I pursued dentistry any further.

I am passionate about: Human rights. I often ask myself how I can help. It is a small comfort to know that by becoming a social worker, I can make a difference in the lives of many people.

I am most proud of: Who I am and the person I became, and will become. I have grown up in the worst times my country of Bosnia and Herzegovina has seen since the Second World War. I lost my father when I was 13 to the war. He died in a concentration camp. Shortly after, I was put in one such camp alongside my mother. We braved it all. Two years after the war ended, we made a decision to venture to the United States in search of a better life. This was a turning point. We started our lives, from the ground up, all over again.

**I'd like to be remembered as:** A person who always brought a bit of laughter into others' lives.

#### SCHOOL OF SOCIAL WORK MANHATTAN CENTER CONTACTS

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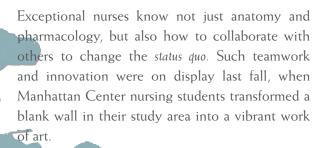
## SCHOOL OF NURSING

The Adelphi University School of Nursing at the Manhattan Center offers innovative bachelor's programs that enable aspiring and experienced nurses to meet the challenges and demands of today's healthcare environment. The undergraduate program combines the study of theory, research, clinical practice, and community service. Dedicated to the highest professional standards, it instills an appreciation for cultural diversity and an understanding of the different applications of healthcare in a wide range of settings. The program emphasizes the nurse's role in health promotion, long-term care, research, advocacy, teaching, change, and management.

We invite you to read more about our people and programs in this newsletter and online at adelphi.edu/manhattan/nursing.php

# Mural Promotes Self- and Selfless

# ERPRESSION.



The stark, white wall, the result of plastering over an unused entrance to the nursing suite, had been bothering Patricia Garofalo, Adelphi's director of nursing at the Manhattan Center, for about a month. "Sick of looking at the blank wall," she invited Bill Donovan, an art professor in Adelphi's University College, to work with students in his

introductory drawing class to create a mural that would serve as the final project of the semester.

With permission from Center Director June Trizzino, Mr. Donovan and his class of 16 nursing students, who were fulfilling an elective for their bachelor's degree, researched design options and proposed the final four to Ms. Trizzino.

"When I saw the various submissions, this one grabbed me," said Ms. Trizzino of her selection, which features a figure leaping or running amid a peacock blue background. Long, curving shapes of rose, pink, and lavender appear as scarves or flags floating near the figure.





"It spoke to every academic department and depicted free thinking and leaping forward toward a goal," said Ms. Trizzino. "Like any work of art, it allowed the viewer to interpret the design in a number of ways. I also liked the colors that brought vibrancy to an otherwise dull study area."

"Public art wasn't a part of the syllabus," said Mr. Donovan. "Murals are a community...It's about the group and the energy of the group rather than someone's personal creative drive. Lolita Asgarova, a senior, made the sketch based on images from the Internet."

Mr. Donovan said he selected colors and advised on a design that would be uplifting and convey gentle movement.

"I wanted it to be harmonious, and the drawing is dynamic and the colors harmonious so that it wouldn't be abrasive to sit in the room." "I wanted a pleasant sense of movement."

Rivka Fischer, a senior, enjoyed the camaraderie of the team project.

"It was a very fun experience, and it helped us to get to know each other," said Ms. Fischer. "It was a very good thing to add to our class instead of a solo project."

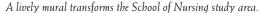
Jocelyn Santos and Kendy Rodriguez, seniors, echoed that the collaboration was a success.

"This project had more teamwork and participation than the other class I took with Bill," said Ms. Santos. "Everyone had their opinions and suggestions on how the mural should be completed...The project brought everyone together."











Painting with a purpose: Nursing students create a mural as the final project in their introductory drawing class.

#### SCHOOL OF NURSING MANHATTAN CENTER CONTACTS

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## MANHATTAN CENTER LIBRARY

## You Are What You

# -READ-

From our earliest days, the stories we read and hear shape us. The Manhattan Center library invites you to get to know some of our professors and administrators through the books they love most.



## James Paul Amato Assistant Director of Field Education The House of the Seven Gables

The House of the Seven Gables, written in 1851 by Nathaniel Hawthorne, examines the guilt and atonement of the members of the Pyncheon family. The drama that unfolds uncovers past secrets, but it is the beautiful writing that charms the reader. Is the mansion haunted, or is the Pyncheon family simply haunted by their ancestors' past transgressions?



## June Trizzino Director, Manhattan Center Do Penguins Have Knees?

I have been collecting penguins for over 30 years. That's why this book caught my eye. Every page is filled with answers to questions you never thought to ask. *Do penguins have knees?* You'll just have to read the book to find out!



## Alison Wholey Assistant Director, Manhattan Center Education Programs Guns, Germs, and Steel

Guns, Germs, and Steel is a favorite of mine because it examines the forces of history and inequality through geography and science, which are all things that interest me. Plus, it's well-written and easy to read.



## Christopher Church Director of Education Becoming a Man: Half a Life Story

I read Paul Monette's book, Becoming a Man: Half a Life
Story, when I was in college.
I was moved by the author's honesty and courage. I could see myself in his writing. This book changed how I saw myself and how much I'm thankful for those who walked before me.

## STUDENT SERVICES

#### **FINANCIAL AID FAOS**

The process of applying for financial aid can flummox even the savviest students. To guide you through what can be an unnerving process, the Adelphi Office of Student Financial Services has posted online a comprehensive list of 12 FAQs, conveniently available at ecampus.adelphi.edu/sfs/fast\_facts.php. The questions cover everything from how financial aid eligibility is determined to whether one needs to apply for financial assistance every year (Yes!). Students and applicants who have even more questions are, of course, welcome to contact a Manhattan Center Student Services coordinator for assistance.

#### **FEDERAL LOANS ARE BEST FOR STUDENTS**

Federal student loans\* have several advantages over private loans and credit cards.

**Interest rates:** The interest rates are lower than alternative and PLUS loans.

Deferment: The government allows you to defer payments if you go back to school or join the military.

Loan forgiveness: Depending on some professions, federal loans can be forgiven for graduates who go into teaching, health, or public service.

**Consolidation:** Once school is finished, it's easy to consolidate all federal student loans into one loan, which eases payment and bookkeeping. This sometimes lets you stretch out your repayment for as long as 30 years, which significantly reduces monthly payments.

Early repayment: Unlike some private lenders, the federal government won't charge you if you repay your loans ahead of schedule.

#### THE BEST FEDERAL LOANS

Perkins loans: Federally backed educational loans that are awarded only to students with the lowest incomes.

Subsidized Stafford loans: Another federally backed loan where interest is not charged while the student is in school.

Unsubsidized Stafford loans: Awarded to almost every student who applies, regardless of income. The interest keeps building up while the student is in school. Students do not have to make payments while they are enrolled at least part-time. But when they do finish school, the total amount they owe will have increased.

PLUS: Students who need more money after they have taken out their Perkins and Stafford loans can borrow their full remaining costs from the PLUS loan program.

\*To apply for any federal loans, students must fill out a FAFSA.

#### **KEY CONTACTS**

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James Ruddy Student Services Coordinator (212) 965-8340, ext. 8346 jruddy@adelphi.edu

#### **OFFICE HOURS**

The office is open seven days a week in the fall and spring semesters. Please call ahead to confirm days and times.



FAFSA on the Web	fafsa.ed.gov	
Federal Student Aid Processor	1-800-4-FED-AID	
	(1-800-433-3243)	
Financial Aid and Scholarship	fastweb.com	
	collegeboard.com	
Federal School Code	002666	
AU TAP Code Undergraduate	0010	
AU TAP Code Graduate	5000	
NYS Higher Education Services	1-888-NYSHESC	
Corporation (for TAP and Stafford Loan Inquiry)	(1-888-697-4372)	
Tuition Pay Plan (AMS)	1-866-884-8466	

#### STUDENT SERVICES

### OFFICE OF STUDENT FINANCIAL SERVICES IS THE BEST SOURCE FOR ADVICE ON PAYING FOR COLLEGE

As newly accepted and current University students prepare for the upcoming year, many are anxious about how to pay for college and where to turn for reliable loan information.

The financial aid process is complex and can seem overwhelming, and students often find themselves at sea amid the vast number of financing options and sometimes contradictory sources of information.

The New York State Higher Education Services Corp. (HESC), the state agency that helps people pay for college, reminds students and families that the best source for college financial aid information is the college financial aid administrator. Financial aid administrators are highly trained advisers available to help students and families avoid confusion and succeed in paying

for college. According to HESC president James C. Ross, college financial aid administrators are the people on the front line, staying on top of the current state of the industry and working hard to guide students through the financial aid maze.

At Adelphi, the Office of Student Financial Services in Garden City and the Office of Student Services at the Manhattan Center are committed to helping students fund their studies. The staff is experienced in guiding students through the application process and helping them to identify scholarships, grants, and loans. They offer personalized assistance with all aspects of college expenses, such as financial aid, tuition and fee charges, billing and payment options, student and parent loans, and student employment.

Adelphi's Manhattan Center Student Services coordinators are here to help. Please call, email, or stop by during office hours.

### **Student Services**

What are some of the things that I can do at Student Services?

- Pay my bill
- Register for classes
- Obtain information about tuition, fees, and financial aid
- Take my ID picture
- Obtain information about local student discounts





Prodigal Summer is a wonderful story of love, nature, ecology, poverty, and the search for dignity and human connection set against the backdrop of a luscious summer in southern Appalachia. A great summer read!



## Stephen P. Holzemer Assistant Dean, School of Nursing An Uncertain Inheritance: Writers on Caring for Family

It is so important to listen to the stories of clients who are sick and/or caring for others. Listening to the voice of clients is a necessary part of providing comprehensive care. Often, listening is the most therapeutic skill you can offer others. Listening is sometimes difficult, and always necessary.



Kristin Hart and son Jonathan Part-Time Faculty, Manhattan Center Library Goodnight Moon and Being and Nothingness

I am soothed by the great green room with the telephone and the red balloon. Jonathan prefers to examine the many intricate levels of human consciousness.



# Patricia Garofalo Director, Manhattan Center Nursing, Coordinator of Off-Site Programs Wutbering Heights

Wuthering Heights is a dark, stormy, gothic novel complete with bad weather and lost love. Exactly the opposite of Manhattan! That's why it's my favorite.





Derner Institute graduate student Adi Marom tutors Shandrika Potts-Mills M.S.W. '08 in the Manhattan Center Library.

At Adelphi's Manhattan Center, you will find a full-service library that puts information at your fingertips. Some features include:

- Access to hundreds of scholarly databases and thousands of electronic journals, from the library or remotely, 24 hours a day
- Librarians who will help you find the support you need to excel in your program—writing tutors, subject tutors, or one-on-one assistance finding and evaluating scholarly sources
- Real-time chat and email reference available at libraries.adelphi.edu/manhattan.php
- Access to the full collection at Adelphi's main campus library as well as the full collection
  of more than 20 other academic libraries through the ConnectNY consortium. Books are
  delivered to the Manhattan Center at your request.

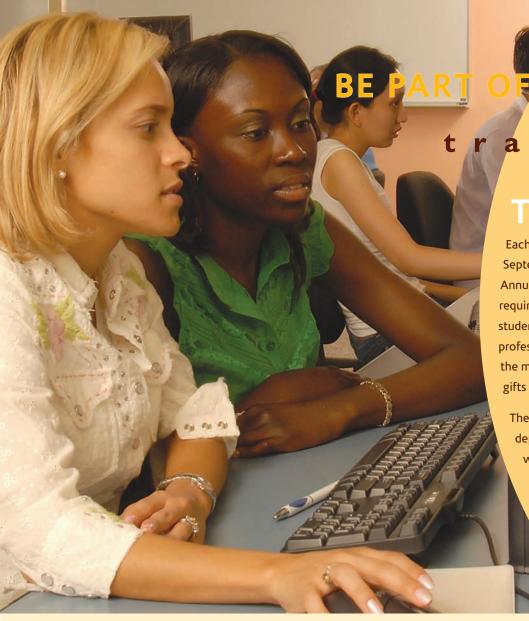
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## The Annual Fund

Each year, the Annual Fund campaign starts
September 1 and closes August 31. Gifts to the
Annual Fund work to fulfill student scholarship
requirements, create an exciting campus life for
students and faculty, provide our outstanding
professors with appropriate resources, and invest in
the maintenance of our 80-year-old campus. Annual
gifts play a crucial role in meeting all these needs.

The Adelphi teaching and learning experience depends on alumni support. The number of people who support the University annually is an important indicator of our strength.

Each year, new alumni join the ranks of donors and increased participation in annual giving is a priority of The Campaign for Adelphi University.

Simply put, all contributions, of any size, matter.

## Every Year. Every Day. Every One. adelphi.edu/giving



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